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### THE TIME SCALE OF EVOLUTIONARY TRAJECTORIES

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A fundamental question in biology is the following: what is the time scale that is needed for evolutionary innovations? There are many results that characterize single steps in terms of the fixation time of new mutants arising in populations of certain size and structure<sup>1-13</sup>. But here we ask a different question, which is concerned with the much longer time scale of evolutionary trajectories: how long does it take for a population exploring a fitness landscape to find target sequences? Our key variable is the length, L, of the sequence that undergoes adaptation. In computer science there is a crucial distinction between problems that require algorithms which take polynomial or exponential time<sup>14-16</sup>. The latter are considered to be intractable. Here we develop a theoretical approach that allows us to estimate the time of evolution as function of L. We show that adaptation on many fitness landscapes takes time that is exponential in L, even if there are broad selection gradients and many targets uniformly distributed in sequence space. These negative results lead us to search for specific mechanisms that allow evolution to work on efficient time scales. We study a regeneration process and show that it enables evolution to work in polynomial time.

Our planet came into existence 4.6 billion years ago. There is clear chemical evidence for life on earth 3.5 billion years  $ago^{17,18}$ . The evolutionary process generated procaria, eucaria and complex multi-cellular organisms. Throughout the history of life, evolution had to discover sequences of biological polymers that perform specific, complicated functions. The average length of bacterial genes is about 1000 nucleotides, that of human genes about 3000 nucleotides. The longest bacterial genes contain more than  $10^5$  nucleotides, the longest human gene more than  $10^6$ . Here we ask how the time scale of evolution depends on the length of the sequence that needs to be adapted.

Evolutionary dynamics operates in sequence space, which can be imagined as a discrete multi-dimensional lattice that arises when all sequences of a given length are arranged such that nearest neighbors differ by one point mutation<sup>19</sup>. For constant selection, each point in sequence space is associated with a nonnegative fitness value (reproductive rate). The resulting fitness landscape is a high dimensional mountain range. Populations explore fitness landscapes searching for elevated regions, ridges, and peaks<sup>20–27</sup>.

We consider an alphabet of size four, as is the case for DNA and RNA, and a nucleotide sequence of length L. We consider an asexual population of size N. The mutation rate, u, is small: individual mutations are introduced and evaluated by natural selection and random drift one at a time. A sequence of type i is i steps away from the target, where i is the Hamming distance between this sequence and the target. The probability that a type i sequence mutates to a type i - 1 sequence is given by ui/(3L). The fixation probability of the new mutant,  $\rho_{i,i-1}$ , depends on the fitness landscape and the population size. For a Moran process we have  $\rho_{i,i-1} = [1 - (f_i/f_{i-1})]/[1 - (f_i/f_{i-1})^N]$  where  $f_i$  denotes the fitness of type i sequences. In order to maintain maximum symmetry we consider that all type i sequences have the same fitness. The probability that the evolutionary process moves from a type i sequence to a type i-1 sequence is given by  $P_{i,i-1} = [Nui/(3L)]\rho_{i,i-1}$ . Thus we have an evolutionary random walk, where each step is a jump to a neighboring sequence of Hamming distance one. The stochastic process is a Markov chain on the one-dimensional grid 0, 1, ..., L.

We first consider a broad peak of targets. There is an ideal sequence, and any sequence within a certain Hamming distance of that sequence belongs to the target set. Specifically, we consider that the evolutionary process has succeeded, if the population discovers a sequence that differs from the ideal sequence in no more than a fraction c of positions. For example, if L = 100 and c = 0.1, then the ideal sequence is surrounded by a cloud of approximately  $10^{18}$  sequences. For a broad peak the target set contains at least  $2^{cL}/(3L)$  sequences, which is an exponential function of L.

At first we consider neutral drift. The fitness landscape outside the broad peak is flat. The population needs to discover any one of the target sequences in the broad peak, starting from some sequence that is not in the broad peak. Our result is as follows (see Corollary 2 in SI): (i) If c < 3/4, then the expected discovery time is exponential in L; a lower bound for the expected discovery time, t, is given by  $t \ge \exp[(3-4c)\frac{L}{16}\log\frac{6}{4c+3}]$ . (ii) If  $c \ge 3/4$ , then the expected discovery time is at most  $O(L^3/u)$ , which is polynomial in L. Thus, we have derived a strong dichotomy result which shows a sharp transition from polynomial to exponential time depending on whether a specific condition on c does or does not hold.

For the four letter alphabet most random sequences have Hamming distance 3L/4 from the target center. If the population is further away than this Hamming distance, then random drift will bring it closer. If the population is closer than this Hamming distance, then random drift will push it further away. This argument constitutes the intuitive reason that c = 3/4 is the critical threshold. If the peak has a width of less than c = 3/4, then we prove that the expected discovery time by random drift is exponential in the sequence length L (see Figure 1). This result holds for any population size, N, as long as  $4^L >> N$ , which is certainly the case for realistic values of L and N.

Next we consider a multiplicative fitness landscape,  $f_{i-1} = rf_i$ , where r > 1 is a constant factor representing fitness gain. Sequences that are closer to the target set are fitter than those that are further away. Each mutation that brings us one step closer to the target set has the same multiplicative fitness gain. These are unrealistically favorable conditions for natural selection: the fitness landscape increases exponentially and is completely symmetric around the target set. First we consider when the fitness slope extends to all sequences. Again we derive a strong dichotomy result (see Corollary 2 in SI): (i) If  $c(1 + r^{N-1}/3) \ge 1$ , then the expected discovery time is polynomial in L; and (ii) otherwise, for all fitness gains, r, and population sizes, N, there exists a constant  $L_0$  such that if  $L > L_0$ , then the discovery time is exponential in L. We note, however, that  $L_0$  can be very large and, therefore, this particular result may only be of mathematical interest.

The polynomial discovery time for a broad peak surrounded by a fitness slope, requires the slope to extend to a Hamming distance greater than 3L/4. What happens then, if the slope only extends to a certain maximum distance less than 3L/4? Suppose the fitness gain only arises, if the sequence differs from the ideal sequence in not more than a fraction s of positions. Formally, we can consider any fitness function, f, that assigns zero fitness to sequences that are at a Hamming distance of at least sL from the ideal sequence. Now our previous result for neutral drift with broad peak applies. Since we must rely on neutral drift until the fitness gain arises, the discovery time in this fitness landscape is at least as long as the discovery time for neutral drift with a broad peak of size c = s. If s < 3/4, then the expected discovery time starting from any sequence outside the fitness gain region is exponential in L (Figure 1). Figure 1 summarizes all the above scenarios.

We highlight two important aspects of our results. First, when we establish exponential lower bounds for the expected discovery time, then these lower bounds hold even if the starting sequence is only a few steps away from the fitness slope of the target set. Second, we present strong dichotomy results, and derive mathematically the most precise and strongest form of the boundary condition.

Let us now give a numerical example to demonstrate that exponential time is intractable. Bacterial life on earth has been around for 3.5 billion years, which correspond to  $3 \times 10^{13}$  hours. Assuming fast bacterial cell division of 20-30 minutes on average we have at most  $10^{14}$  generations. The expected discovery time for a sequence of length L = 1000 with a very large broad peak of c = 1/2 is approximately  $10^{65}$  generations; see Table 1.

If individual evolutionary processes cannot find targets in efficient time, then perhaps the success of

evolution is based on the fact that many populations are searching independently and in parallel for a particular adaptation. We prove that multiple, independent parallel searches are not the solution of the problem, if the starting sequence is far away from the targets. If an evolutionary process takes exponential time, then polynomially many independent searches do not find the target in polynomial time with reasonable probability (Theorem 4 in SI). In such a case, one could quickly exhaust the physical resources of an entire planet. The estimated number of bacterial cells<sup>28</sup> on earth is about 10<sup>30</sup>. To give a specific example let us assume that there are  $10^{24}$  independent searches, each with population size  $N = 10^6$ . The probability that at least one of those independent searches succeeds within  $10^{14}$  generations for sequence length L = 1000 and broad peak of c = 1/2 is less than  $10^{-26}$ .

In our basic model, individual mutants are evaluated one at a time. The situation of many mutant lineages evolving in parallel is similar to the multiple searches described above. As we show that whenever a single search takes exponential time, multiple independent searches do not lead to polynomial time solutions, our results imply intractability for this case as well.

The broad peak constitutes a particular geometry, where all target sequences are arranged around a center. Let us now explore another geometry where there are m target sequences, which are randomly and uniformly distributed in sequence space. Around each target sequence there is a selection gradient extending up to a distance sL. Formally we can consider any fitness function f that assigns zero fitness to a sequence whose Hamming distance exceeds sL from all the target sequences. We derive the following result: if  $m \ll 4^L$  and  $s \ll 3/4$  then the expected discovery time is at least  $t \ge (1/m) \exp[2L(3/4-s)^2]$ . The lower bound holds also in the case where there is a broad peak of width sL around each target sequence. Whether or not the function  $(1/m) \exp[2L(3/4-s)^2]$  is exponential in L depends on how m changes with L. But even if we assume exponentially many target sequences, m, we need not obtain polynomial time (Figure 2 and Theorem 5 in SI).

It is known that recombination can accelerate evolution on certain fitness landscapes<sup>29-31</sup>. Recombination, however, reduces the discovery time only by a linear factor in sequence length<sup>29-31</sup>. A linear or even polynomial factor improvement over an exponential function does not convert the exponential function into a polynomial one. Hence, recombination can make a significant difference only if the underlying evolutionary process (without recombination) already operates in polynomial time.

What are then adaptive problems that can be solved by evolution in polynomial time? We propose a "regeneration process". The basic idea is that evolution can solve a new problem efficiently, if it is has solved a similar problem already. Suppose gene duplication or genome rearrangement can give rise to starting sequences that are at most k point mutations away from the target set, where k is a number that is independent of L. It is important that starting sequences can be regenerated again and again. We prove that  $L^{k+1}$  many searches are sufficient in order to find the target in polynomial time with high probability (see Figure 3 and Section 10 in SI). The upper bound,  $L^{k+1}$ , holds for neutral drift (without selection). In this case, the expected discovery time for any single search is still exponential. Therefore, many searches do not succeed. The key is regeneration of the starting sequence. The upper bound,  $L^{k+1}$ , can possibly be further reduced, selection and/or recombination are included.

The regeneration process formalizes the role of several existing ideas. First, it ties in with the proposal that gene duplications and genome rearrangements are major events leading to the emergence of new genes<sup>32</sup>. Second, evolution can be seen as a tinkerer playing around with small modifications of existing sequences rather than creating entirely new ones<sup>33</sup>. Third, the process is related to Gillespie's suggestion<sup>34</sup> that the starting sequence for an evolutionary search must have high fitness. In our theory, proximity in fitness value is replaced by proximity in sequence space. Our process can also explain the emergence of orphan genes arising from non-coding regions<sup>35</sup>. Section 12 of the SI discusses the connection of our approach to existing results.

There is one other scenario that must be mentioned. It is possible that certain biological functions are hyper-abundant in sequence space<sup>21</sup> and that a process generating a large number of random sequences will find the function with high probability. For example, Bartel & Szostak<sup>36</sup> isolated a new ribozyme from a pool of about  $10^{15}$  random sequences of length L = 220. While such a process is conceivable for small effective sequence length, it cannot represent a general solution for large L.

Our theory has clear empirical implications. The regeneration process can be tested in systems of in vitro evolution<sup>37</sup>. A starting sequence can be generated by introducing k point mutations in a known protein encoding sequence of length L. If these point mutations destroy the function of the protein, then the expected discovery time of any one attempt to find the original sequence should be exponential in L. But only polynomially many searches in L are required to find the target with high probability in polynomially many steps. The same setup can be used to explore whether the biological function can be found elsewhere in sequence space: the evolutionary trajectory beginning with the starting sequence could discover new solutions. Our theory also highlights how important it is to explore the distribution of biological functions in sequence space both for RNA<sup>20,21,36,38</sup> and in the protein universe<sup>39</sup>.

In summary, we have developed a theory that allows us to estimate time scales of evolutionary trajectories. We have shown that various natural processes of evolution take exponential time as function of the sequence length, L. In some cases we have established strong dichotomy results for precise boundary conditions. We have proposed a mechanism that allows efficient evolution. There are two key aspects to this 'regeneration process': (a) the starting sequence is only a small number of steps away from the target; and (b) the starting sequence can be generated repeatedly. This process enables evolution to overcome the exponential barrier.

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Figure 1: Broad peak with different fitness landscapes. For the broad peak there is an ideal sequence, and all sequences that are within Hamming distance cL are part of the target set. (a) If the fitness landscape is flat outside the broad peak and if c < 3/4, then the discovery time is exponential in sequence length, L. (b) If the broad peak is surrounded by a multiplicative fitness landscape whose slope extends over the whole sequence space, then the discovery time is either polynomial or exponential in L depending on whether  $c(1 + r^{N-1}/3) \ge 1$  or not. (c) If the fitness slope extends to a Hamming distance less than 3L/4, then the discovery time is exponential in L. (d) Numerical calculations for broad peaks surrounded by flat fitness landscapes. We observe exponential discovery time for c = 1/3 and c = 1/2. (e) Numerical calculations for broad peaks surrounded by multiplicative fitness landscapes. The broad peak extends to c = 1/6 and the slope of the fitness landscape to s = 1/2. The discovery time is exponential, because s < 3/4. The fitness gain is r = 1.01 and the population size is as indicated. As the population size, N, increases the discovery time converges to that of a broad peak with c = 1/2 embedded in a flat fitness landscape.



Figure 2: The search for randomly, uniformly distributed targets in sequence space. (a) The target set consists of m random sequences; each one of them is surrounded by a broad peak of width up to sL. The figure shows a pictorial illustration where the L-dimensional sequence space is projected onto two dimensions. From a randomly chosen starting sequence outside the target set, the expected discovery time is at least  $(1/m) \exp[2L(3/4 - s)^2]$ , which can be exponential in L. (b) Computer simulations showing the average discovery time of m = 100, 150, and 200 targets, with c = 1/3. We observe exponential dependency on L. The discovery time is averaged over 200 runs. (c) Success probability estimated as the fraction of the 200 searches that succeed in finding one of the target sequences within  $10^4$  generations. The success probability drops exponentially with L. (d) Success probability as a function of time for L = 42, 45, and 48. (e) Discovery time for a large number of randomly generated target sequences. Either  $m = 2^{L/3+2}$  or  $m = 4^{L/3}$  sequences were generated. For b = 0 and b = 3 the target set consists of balls of Hamming distance 0 and 3 (respectively) around each sequence. The figure shows the average discovery time of 100 runs. As expected we observe that the discovery time grows exponentially with sequence length, L.



**Figure 3:** Regeneration process. Gene duplication (or possibly some other process) generates a steady stream of starting sequences that are a constant number k of mutations away from the target. Many searches drift away from the target, but some will succeed in polynomially many steps. We prove that  $L^{k+1}$  searches ensure that with high probability some search succeed in polynomially many steps.

**Table 1:** Numerical data for the discovery time of broad peaks with width c = 1/3, 1/2, and 3/4 embedded in flat fitness landscapes. First the discovery time is computed for small values of L as shown in Figure 1d. Then the exponential growth is extrapolated to L = 100 and L = 1000, respectively. We show the discovery times for c = 1/2, and 1/3. For c = 3/4 the values are polynomial in L

r = 1	$c = \frac{1}{3}$	$c = \frac{1}{2}$	$c = \frac{3}{4}$
$n = 10^2$	$1.02\cdot 10^{18}$	$7.36\cdot 10^7$	182.71
$n = 10^{3}$	$5.89 \cdot 10^{170}$	$1.28\cdot 10^{65}$	2666.2

**Table 2:** Numerical data for the discovery time of broad peaks embedded in multiplicative fitness landscapes. The width of the broad peak is either c = 1/12 or c = 1/6 and L = 1000. The fitness slope extends to s = 1/3 and s = 1/2. The data are extrapolated from numbers obtained for small values of L. For population sizes N = 1000 and greater, there is no difference in the discovery time of c = 1/6 and c = 1/12. For  $N \to \infty$  the discovery time for a particular s converges to the discovery time for a broad peak with c = s embedded in a flat fitness landscape

	r = 1.01	$N = 10^{2}$	$N = 10^{3}$	$N = \infty$
$s = \frac{1}{3}$	$c = \frac{1}{12}$	$1.87 \cdot 10^{337}$	$5.89 \cdot 10^{170}$	$5.89 \cdot 10^{170}$
	$c = rac{1}{6}$	$5.96 \cdot 10^{260}$	$5.89 \cdot 10^{170}$	$5.89 \cdot 10^{170}$
$s = \frac{1}{2}$	$c = \frac{1}{12}$	$3.28 \cdot 10^{264}$	$1.28\cdot 10^{65}$	$1.28 \cdot 10^{65}$
2	$c = \frac{1}{6}$	$1.39 \cdot 10^{188}$	$1.28\cdot 10^{65}$	$1.28\cdot 10^{65}$

## SUPPLEMENTARY INFORMATION: DETAILED PROOFS FOR "THE TIME SCALE OF EVOLUTIONARY TRAJECTORIES"

#### 1. Overview and Organization

We will present detailed proofs of all our results. In this section we present an overview of the proof structure and the organization of our results.

- 1. In Section 2 we present relevant lower and upper bounds on hitting time for Markov chains on an onedimensional grid. The results of this section are technical and the basis for the results of the following sections. However, a reader does not need to understand the technical proofs of this section for the following sections. We will only use the results of Lemma 3 and Lemma 4 (and their consequence Corollary 1); and Lemma 5 (and its implication) in the following subsections. We present the results in the most general form for Markov chains, and they might possibly be used in other contexts as well; and then present simple applications of the general results of Markov chains for the discovery time of evolutionary processes.
- 2. In Section 3 we introduce evolutionary processes and for simplicity we introduce them for evolutionary adaptation of bit strings. Also for mathematically elegant proofs we first introduce the Fermi evolutionary process in this section, and later consider the Moran process.
- 3. In Section 4 we present our results for the Fermi evolutionary process with neutral fitness landscapes and a broad peak of targets.
- 4. In Section 5 we present our results for constant selection in the Fermi evolutionary process with a broad peak of targets.
- 5. In Section 6 we show how the results of Section 4 and Section 5 imply all the desired results for the Moran evolutionary process.
- 6. In Section 7 we show how the results of Section 4, Section 5, and Section 6, extend from bit strings to strings over alphabet of any size (and obtain the results for four letter alphabet as a special case).
- 7. In Section 8 we present the results for multiple independent searches; and in Section 9 we discuss some cases of distributed targets.
- 8. In Section 10 we discuss the results for a mechanism to enable evolution to work in polynomial time. Finally, in Section 11 we present details of some numerical calculations used in the main article.
- 9. In Section 12 we discuss and compare our results with relevant related work, and end with additional simulation results in Section 13.

#### 2. Bounds on hitting times of Markov chains on a line

In this section we will present our basic lower and upper bounds on hitting times of Markov chains on a line. The results of this section will be used repeatedly in the later sections to provide lower and upper bounds on the discovery time for several evolutionary processes. We start with the definition of Markov chains, and then define the special case of Markov chains on a line. **Definition 1** (Markov chains). A finite-state Markov chain  $MC_L = (S, \delta)$  consists of a finite set S of states, with  $S = \{0, 1, \ldots L\}$  (i.e., the set of states is a finite subset of the natural numbers starting from 0), and a stochastic transition matrix  $\delta$  that specifies the transition probabilities, i.e.,  $\delta(i, j)$  denotes the probability of transition from state i to state j (in other words, for all  $0 \le i, j \le L$  we have  $0 \le \delta(i, j) \le 1$  and for all  $0 \le i \le L$  we have  $\sum_{j=0}^{L} \delta(i, j) = 1$ ).

We now introduce Markov chains on a line. Intuitively a Markov chain on a line is defined as a special case of Markov chains, for which in every state, the allowed transitions are either self-loops, or to the left, or to the right. The formal definition is as follows.

**Definition 2** (Markov chains on a line). A Markov chain on a line, denoted as  $M_L$ , is a finite-state Markov chain  $(S, \delta)$  where  $S = \{0, 1, ..., L\}$  and for all  $0 \le i, j \le L$ , if  $\delta(i, j) > 0$ , then  $|i - j| \le 1$ , i.e., the transitions allowed are only self-loops, to the left, and to the right (see Supplementary Figure 4).



Figure 4: Markov chain on a line. Pictorial illustration of Markov chain on a line.

We now define the notion of hitting times for Markov chains on a line.

**Definition 3** (Hitting time). Given a Markov chain on a line  $M_L$ , and two states  $n_1$  and  $n_2$  (i.e.,  $0 \le n_1, n_2 \le L$ ), we denote by  $H(n_1, n_2)$  the expected hitting time from the starting state  $n_2$  to the target state  $n_1$ , i.e., the expected number of transitions required to reach the target state  $n_1$  starting from the state  $n_2$ .

The recurrence relation for hitting time. Given a Markov chain on a line  $M_L = (S, \delta)$ , and a state  $n_1$  (i.e.,  $0 \le n_1 \le L$ ), the following recurrence relation holds:

- 1.  $H(n_1, n_1) = 0$ ,
- 2.  $H(n_1, i) = 1 + \delta(i, i+1) \cdot H(n_1, i+1) + \delta(i, i-1) \cdot H(n_1, i-1) + \delta(i, i) \cdot H(n_1, i)$ , for all  $n_1 < i < L$ , and
- 3.  $H(n_1, L) = 1 + \delta(L, L-1) \cdot H(n_1, L-1) + \delta(L, L) \cdot H(L, L).$

The argument is as follows: (a) Case 1 is trivial. (b) For case 2, since  $i \neq n_1$ , at least one transition needs to be taken to a neighbor state j of i, from which the hitting time is  $H(n_1, j)$ . With probability  $\delta(i, i + 1)$  the neighbor j is state i + 1, while with probability  $\delta(i, i - 1)$  the neighbor j is state i - 1. On the other hand, with probability  $\delta(i, i)$  the self-loop transition is taken, and the expected hitting time remains the same. (c) Case 3 is a degenerate version of case 2, where the only possible transitions from the state L are either to the state L - 1, which is taken with probability  $\delta(L, L - 1)$ , or the self-loop, which is taken with probability  $\delta(L, L)$ . Also note that in Case 3 we have  $\delta(L, L - 1) = 1 - \delta(L, L)$ . In the following lemma we show that using the recurrence relation, the hitting time can be expressed as the sum of a sequence of numbers.

**Lemma 1.** Consider a Markov chain on a line  $M_L$ , with a target state  $n_1$ , such that for all  $n_1 < i \leq L$  we have  $\delta(i, i - 1) > 0$ . For all  $n_1 < i \leq L$  we have that  $H(n_1, i) = \sum_{j=L-i}^{L-n_1-1} b_j$ , where  $b_j$  is the sequence defined as:

(1) 
$$b_0 = \frac{1}{\delta(L, L-1)};$$
 (2)  $b_j = \frac{1 + \delta(L-j, L-j+1) \cdot b_{j-1}}{\delta(L-j, L-j-1)}$  for  $j > 0$ 

*Proof.* We consider the recurrence relation for the hitting time and first show that for all  $0 \le i < L - n_1$  we can write  $H(n_1, L - i)$  as

$$H(n_1, L-i) = b_i + H(n_1, L-i-1)$$

for the desired sequence  $b_i$ .

(Base case). For i = 0 we have

$$\begin{aligned} H(n_1,L) &= 1 + \delta(L,L-1) \cdot H(n_1,L-1) + \delta(L,L) \cdot H(n_1,L) \\ &= 1 + \delta(L,L-1) \cdot H(n_1,L-1) + (1 - \delta(L,L-1)) \cdot H(n_1,L) \\ &= \frac{1}{\delta(L,L-1)} + H(n_1,L-1), \end{aligned}$$

thus the statement holds with  $b_0 = \frac{1}{\delta(L,L-1)}$ .

(Inductive case). Assume that the statement holds for some i - 1 (inductive hypothesis) and we will show that it also holds for i. Let  $y = \delta(L - i, L - i + 1)$  and  $x = \delta(L - i, L - i - 1)$ . We establish the following equality:

$$\begin{aligned} H(n_1, L-i) &= 1 + y \cdot H(n_1, L-i+1) + x \cdot H(n_1, L-i-1) + (1-x-y) \cdot H(n_1, L-i) \\ &= 1 + y \cdot \left(b_{i-1} + H(n_1, L-i)\right) + x \cdot H(n_1, L-i-1) + (1-x-y) \cdot H(n_1, L-i) \\ &= \frac{1 + y \cdot b_{i-1}}{x} + H(n_1, L-i-1). \end{aligned}$$

The first equality follows from the recurrence relation (case 2) by substituting *i* with L - i; the second equality follows by substitution and the inductive hypothesis; the third equality is simple re-writing, since  $x \neq 0$ . Thus we have  $H(n_1, L - i) = b_i + H(n_1, L - i - 1)$ , where

(1) 
$$b_0 = \frac{1}{\delta(L, L-1)};$$
 (2)  $b_j = \frac{1 + \delta(L-j, L-j+1) \cdot b_{j-1}}{\delta(L-j, L-j-1)}$  for  $j > 0.$ 

Hence we have  $H(n_1, L - i) = \sum_{j=i}^{L-n_1-1} b_j$  and by substituting back  $i \leftarrow L - i$  we obtain  $H(n_1, i) = \sum_{j=L-i}^{L-n_1-1} b_j$ . The desired result follows.

**Definition 4.** For positive real-valued constants A and B, we define the sequence  $a_i(A, B)$  as follows:

(1) 
$$a_0(A,B) = \frac{1}{B}$$
 (2)  $a_i(A,B) = \frac{1+A \cdot a_{i-1}(A,B)}{B}$  for  $i > 0$ 

**Lemma 2.** For positive real-valued constants A and B, the following assertions hold for the sequence  $a_i(A, B)$ :

- If A > B and  $B \le 1$ , then  $a_i(A, B) \ge \left(\frac{A}{B}\right)^i$ , with  $\frac{A}{B} > 1$ .
- If  $A \leq B$ , then  $a_i(A, B) = O(\frac{i}{B})$ .

*Proof.* The result is as follows:

• Case A > B: Then we have

$$a_i(A,B) = \frac{1+A \cdot a_{i-1}(A,B)}{B} > \frac{A}{B} \cdot a_{i-1}(A,B) \ge \left(\frac{A}{B}\right)^i \cdot a_0(A,B) = \left(\frac{A}{B}\right)^i \cdot \frac{1}{B} \ge \left(\frac{A}{B}\right)^i$$

(by just ignoring the term 1 in the numerator and since  $B \leq 1$ ).

• Case  $A \leq B$ : Then  $\frac{A}{B} \leq 1$  and  $a_i(A, B) = \frac{1 + A \cdot a_{i-1}(A, B)}{B} \leq \frac{1}{B} + a_{i-1}(A, B) \leq \frac{i}{B} + \frac{1}{B} = O(\frac{i}{B}).$ 

The desired result follows.

Exponential lower bound. We will use the following standard convention in this paper: a function t(L) is lower bounded by an exponential function, if there exist constants c > 1,  $\ell > 0$  and  $L_0 \in \mathbb{N}$  such that for all  $L \ge L_0$  we have  $t(L) \ge c^{\ell \cdot L} = 2^{c^* \cdot \ell \cdot L}$ , where  $c^* = \log c > 0$ , i.e., it is lower bounded by a linear function in the exponent.

Exponential lower bound on hitting times for Markov chains on a line. In the following lemma we will show an exponential lower bound on the hitting time. We consider a Markov chain on a line  $M_L$ , such that there exist two states x and y = x + k, for k > 0, such that in the whole contiguous segment between x and y the ratio of the probability to drift towards the right as compared to the left is at least 1 + A, for a constant A > 0 (strictly bounded away from 1). Then the expected hitting time from any starting point right of x to a target to the left of x is at least  $(1 + A)^{k-1}$ .

**Lemma 3** (Lower bound). Consider a Markov chain on a line  $M_L$ . If there exist two states  $x, y \leq L$  with y = x + k, for k > 0, and a constant A > 0 such that for all x < i < y we have  $\frac{\delta(i,i+1)}{\delta(i,i-1)} \geq 1 + A$ , then for all  $n_1, n_2 \leq L$  such that  $n_1 \leq x < n_2$  we have  $H(n_1, n_2) \geq (1 + A)^{k-1}$ .

*Proof.* From Lemma 1 we have that  $H(n_1, n_2) = \sum_{j=L-n_2}^{L-n_1-1} b_j$ :

$$H(n_1, n_2) = \sum_{j=L-n_2}^{L-n_1-1} b_j \ge \sum_{j=L-(x+1)}^{L-(x+1)} b_j = b_{L-x-1}.$$

We have  $\frac{\delta(i,i+1)}{\delta(i,i-1)} \ge 1 + A$  by the given condition of the lemma. We show by induction that for all j between L - y and L - x - 1 (i.e.,  $L - y \le j \le L - x - 1$ ) we have  $b_j \ge a_{j-L+y}(1 + A, 1)$ .

- 1. (Base case). We have  $b_{L-y} \ge 1 = a_0(1+A,1)$ , since  $b_j$  is non-decreasing and  $b_0 = \frac{1}{\delta(L,L-1)} \ge 1$ .
- 2. (Inductive case). By inductive hypothesis on j-1 we have  $b_{j-1} \ge a_{j-1-L+y}(1+A,1)$ , and then we have

$$b_j = \frac{1 + \delta(L - j, L - j + 1) \cdot b_{j-1}}{\delta(L - j, L - j - 1)} \ge 1 + (1 + A) \cdot a_{j-1-L+y}(1 + A, 1) = a_{j-L+y}(1 + A, 1)$$

since 
$$\frac{\delta(L-j,L-j+1)}{\delta(L-j,L-j-1)} \ge 1 + A$$
 and  $\delta(L-j,L-j-1) \le 1$ . Thus we have  $b_j \ge a_{j-L+y}(1+A,1)$ .

Thus for all  $L - y \leq j \leq L - x - 1$  we have  $b_j \geq a_{j-L+y}(1 + A, 1)$ . Hence  $H(n_1, n_2) \geq b_{L-x-1} \geq a_{y-x-1}(1 + A, 1) = a_{k-1}(1 + A, 1) \geq (1 + A)^{k-1}$  (from Lemma 2, since 1 + A > 1).

**Lemma 4** (Upper bound). Given a Markov chain on a line  $M_L$  and  $0 \le n_1 < n_2 \le L$ , if for all  $n_1 < i < L$  we have  $\delta(i, i - 1) \ge \delta(i, i + 1)$ , then  $H(n_1, n_2) = O(\frac{L^2}{B^*})$ , where  $B^* = \min_{n_1 < i \le L} (1 - \delta(i, i))$ .

*Proof.* From Lemma 1 we have that  $H(n_1, n_2) = \sum_{j=L-n_2}^{L-n_1-1} b_j$ . Let  $B = \min_{n_1 < i \le L} \delta(i, i-1)$ . We show by induction that for all  $0 \le j \le L - n_1 - 1$  we have  $b_j \le a_j(1, B)$ .

- 1. (Base case). We have  $b_0 = \frac{1}{\delta(L,L-1)} \leq \frac{1}{B} = a_0(A,B)$  (because of our choice of B we have  $B \leq \delta(L,L-1)$ ).
- 2. (Inductive case). By inductive hypothesis on j-1 we have  $b_{j-1} \leq a_{j-1}(1,B)$ . Then

$$b_{j} = \frac{1 + \delta(L - j, L - j + 1) \cdot b_{j-1}}{\delta(L - j, L - j - 1)} \leq \frac{1}{\delta(L - j, L - j - 1)} + \frac{\delta(L - j, L - j + 1) \cdot a_{j-1}(1, B)}{\delta(L - j, L - j - 1)} \leq \frac{1}{B} + a_{j-1}(1, B) \leq \frac{1 + a_{j-1}(1, B)}{B} = a_{j}(1, B).$$

since  $\frac{1}{\delta(L-j,L-j-1)} \leq \frac{1}{B}$ ,  $\frac{\delta(L-j,L-j+1)}{\delta(L-j,L-j-1)} \leq 1$ , and  $\frac{1}{B} \geq 1$ . Thus  $b_j \leq a_j(1,B)$ .

It follows that for all  $L - n_2 \leq j \leq L - n_1 - 1$  we have  $b_j \leq a_j(1, B)$  and thus  $b_j = O(\frac{j}{B})$  from Lemma 2. Then  $H(n_1, n_2) = \sum_{j=L-n_2}^{L-n_1-1} b_j = O\left((n_2 - n_1) \cdot (L - n_1 - 1) \cdot \frac{1}{B}\right) = O(\frac{L^2}{B})$ . Let  $j = \arg\min_{n_1 < i \leq L} \delta(i, i-1)$ . We have

$$B = \delta(j, j-1) \ge \frac{1}{2} \cdot (\delta(j, j-1) + \delta(j, j+1)) = \frac{1}{2} \cdot (1 - \delta(j, j)) \ge \frac{1}{2} \cdot B^*$$

because  $\delta(j, j-1) \ge \delta(j, j+1)$  and  $1 - \delta(j, j) \ge B^*$ . We conclude that  $H(n_1, n_2) = O(\frac{L^2}{B^*})$ .

Markov chains on a line without self-loops. A special case of the above lemma is obtained for Markov chains on a line with no self-loops in states other than state 0, i.e., for all  $0 < i \leq L$  we have  $1 - \delta(i, i) = 1 = B^*$ . We consider a Markov chain on a line without self-loops  $M_L$ , such that there exist two states x and y = x + k, for k > 0, such that in the whole contiguous segment between x and y the probability to drift towards the right is at least a constant  $A > \frac{1}{2}$  (strictly bounded away from  $\frac{1}{2}$ ). We also assume A < 1, since otherwise transitions to the left are never taken. Then the expected hitting time from any starting point right of x to a target to the left of x is at least  $c_A^{k-1}$ , where  $c_A = \frac{A}{1-A} > 1$  (see Supplementary Figure 5).

**Corollary 1.** Given a Markov chain on a line  $M_L$  such that for all  $0 < i \leq L$  we have  $\delta(i,i) = 0$ , the following assertions hold:

- 1. Lower bound: If there exist two states  $x, y \leq L$  with y = x + k, for k > 0, and a constant  $A > \frac{1}{2}$  such that for all  $x \leq i < y$  we have  $\delta(i, i + 1) \geq A > \frac{1}{2}$ , then for all  $n_1, n_2 \leq L$  such that  $n_1 \leq x < n_2$  we have  $H(n_1, n_2) \geq c_A^{k-1}$  for  $c_A = \frac{A}{1-A} > 1$ .
- 2. Upper bound: For  $0 \le n_1 < n_2 \le L$ , if for all  $n_1 < i < L$  we have  $\delta(i, i-1) \ge \frac{1}{2}$ , then  $H(n_1, n_2) = O(L^2)$ .

*Proof.* Since  $\delta(i, i) = 0$ , we have that  $\delta(i, i+1) \ge A$  implies that  $\frac{\delta(i, i+1)}{\delta(i, i-1)} \ge \frac{A}{1-A}$ , and then the first item is an easy consequence of Lemma 3. For item (2), we have  $\delta(i, i-1) \ge \frac{1}{2}$  implies  $\delta(i, i-1) \ge \delta(i, i+1)$  and hence the result follows from Lemma 4 with  $B^* = 1$  since  $\delta(j, j) = 0$  for all  $n_1 < j < L$ .

Unloop variant of Markov chains on a line. We will now show how given a Markov chain on a line with self-loops we can create a variant without self-loops and establish a relation on the hitting time of the original Markov chain and its variant without self-loops.

**Definition 5** (Unloop variant of Markov chain on a line). Given a Markov chain on a line  $M_L = (S, \delta)$ , we call its unloop variant a Markov chain on a line  $\overline{M}_L = (S, \overline{\delta})$ , with the following properties:

- $\overline{\delta}(0,1) = 1;$
- For all 0 < i < L, we have  $\overline{\delta}(i, i-1) = \frac{\delta(i, i-1)}{\delta(i, i-1) + \delta(i, i+1)}$  and  $\overline{\delta}(i, i+1) = \frac{\delta(i, i+1)}{\delta(i, i-1) + \delta(i, i+1)}$ , i.e., the probabilities of transitions to right and left are normalized so that they sum to 1; and
- $\overline{\delta}(L, L-1) = 1.$

We now show the following: (1) the hitting time of the original Markov chain on a line  $M_L$  is always at least the hitting time of the unloop variant; and (2) the hitting time of the original Markov chain is at most  $z^*$  times the hitting time of the unloop variant, where  $z^*$  is the maximum of the inverse of the 1 minus the self-loop transition probabilities.

**Lemma 5.** Consider a Markov chain on a line  $M_L = (S, \delta)$  and its unloop variant  $\overline{M}_L = (S, \overline{\delta})$ . Let  $0 < n_1, n_2 \leq L$  and  $n_1 < n_2$ , and let  $H(n_1, n_2)$  denote the hitting time to state  $n_1$  from state  $n_2$  in  $M_L$ , and  $\overline{H}(n_1, n_2)$  denote the corresponding hitting time in  $\overline{M}_L$ . The following assertions hold:

- (i)  $\overline{H}(n_1, n_2) \le H(n_1, n_2).$
- (*ii*)  $H(n_1, n_2) \le z^* \cdot \overline{H}(n_1, n_2)$ , where  $z^* = \max_{0 \le i \le L} \frac{1}{1 \delta(i, i)}$ .





Figure 5: Lower and upper bound on hitting times for Markov chain on a line. Figure (a) shows a Markov chain on a line without self-loops, where for a length k between x and y the transition probabilities to the right are at least a constant  $A > \frac{1}{2}$ , and then the hitting time from any starting point  $n_2$  to the right of x to a target  $n_1$  to the left of x is at least exponential in the length k; figure (b) shows a Markov chain on a line without self-loops where all the transition probabilities to the left upto the target  $n_1$  are at least  $\frac{1}{2}$ , and then the hitting time for any start point to the right of the target  $n_1$  to the target is at most  $O(L^2)$ ; the graph (c) shows the exponential lower bound (red) and polynomial upper bound (green) on the hitting times  $H(n_1, n_2)$  in the log-scale.

*Proof.* From Lemma 1 we have that for all  $0 < i \leq L$ , we can write  $H(n_1, i) = \sum_{j=L-i}^{L-n_1-1} b_j$  and  $\overline{H}(n_1, i) = \sum_{j=L-i}^{L-n_1-1} \overline{b}_j$  where  $b_j$  and  $\overline{b}_j$  are the sequences defined as:

(1) 
$$b_0 = \frac{1}{\delta(L, L-1)};$$
 (2)  $b_j = \frac{1 + \delta(L-j, L-j+1) \cdot b_{j-1}}{\delta(L-j, L-j-1)}$  for  $j > 0.$ 

and

(1) 
$$\overline{b}_0 = 1;$$
 (2)  $\overline{b}_j = \frac{1 + \delta(L - j, L - j + 1) \cdot b_{j-1}}{\overline{\delta}(L - j, L - j - 1)}$  for  $j > 0.$ 

- (i) We prove inductively that for all 0 < j < L 1, we have  $\overline{b}_j \leq b_j$ .
  - 1. (Base case).  $\bar{b}_0 = 1 \le \frac{1}{\delta(L,L-1)} = b_0.$
  - 2. (Inductive Step). The inductive hypothesis guarantees that  $\overline{b}_{j-1} \leq b_{j-1}$ . Observe that  $\frac{\overline{\delta}(L-j,L-j+1)}{\overline{\delta}(L-j,L-j-1)} = \frac{\delta(L-j,L-j+1)}{\delta(L-j,L-j-1)} = R$ . Then

$$\overline{b}_{j} = \frac{1 + \overline{\delta}(L - j, L - j + 1) \cdot \overline{b}_{j-1}}{\overline{\delta}(L - j, L - j - 1)} = \frac{1}{\overline{\delta}(L - j, L - j - 1)} + R \cdot \overline{b}_{j-1}$$

$$\leq \frac{1}{\delta(L - j, L - j - 1)} + R \cdot b_{j-1} = \frac{1 + \delta(L - j, L - j + 1) \cdot b_{j-1}}{\delta(L - j, L - j - 1)} = b_{j}$$

because of the inductive hypothesis and  $\overline{\delta}(L-j, L-j-1) \ge \delta(L-j, L-j-1)$ .

Thus for all such j, we have  $\overline{b}_j \leq b_j$ , and  $\overline{H}(n_1, n_2) = \sum_{j=L-n_2}^{L-n_1-1} \overline{b}_j \leq \sum_{j=L-n_2}^{L-n_1-1} b_j = H(n_1, n_2).$ 

(ii) We prove inductively that for all 0 < j < L - 1, we have  $b_j \leq z^* \cdot \overline{b}_j$ .

- 1. (Base case).  $b_0 = \frac{1}{\delta(L,L-1)} = \frac{1}{1-\delta(L,L)} \le z^* = z^* \cdot \overline{b}_0.$
- 2. (Inductive Step). The inductive hypothesis guarantees that  $b_{j-1} \leq z^* \cdot \overline{b}_{j-1}$ . Observe that  $\frac{\overline{\delta}(L-j,L-j+1)}{\overline{\delta}(L-j,L-j-1)} = \frac{\delta(L-j,L-j+1)}{\delta(L-j,L-j-1)} = R$ . Moreover, let  $x = \delta(L-j,L-j-1)$  and  $y = \delta(L-j,L-j+1)$ , and then we have:

$$z^* \ge \frac{1}{1 - \delta(L - j, L - j)} \implies z^* \ge \frac{1}{x + y} \implies z^* \cdot (x + y) \ge 1 \implies z^* \cdot \frac{x + y}{x} \ge \frac{1}{x}.$$

Thus

$$b_{j} = \frac{1+y \cdot b_{j-1}}{x} = \frac{1}{x} + R \cdot b_{j-1} \le z^{*} \cdot \frac{x+y}{x} + R \cdot z^{*} \cdot \overline{b}_{j-1} = z^{*} \cdot \frac{1+\overline{\delta}(L-j,L-j+1) \cdot \overline{b}_{j-1}}{\overline{\delta}(L-j,L-j-1)} = z^{*} \cdot \overline{b}_{j}$$
since  $\frac{x+y}{x} = \frac{1}{\overline{\delta}(L-j,L-j-1)}$ .

Thus for all 0 < j < L-1, we have  $b_j \le z^* \cdot \overline{b}_j$ , and hence  $H(n_1, n_2) = \sum_{j=L-n_2}^{L-n_1-1} b_j \le \sum_{j=L-n_2}^{L-n_1-1} z^* \cdot \overline{b}_j = z^* \cdot \overline{H}(n_1, n_2)$ .

This completes the proof.

Implication of Lemma 5. The main implication of Lemma 5 is as follows: any lower bound on the hitting time on the unloop variant is a lower bound on the hitting time of the original Markov chain; and an upper bound on the hitting time on the unloop variant multiplied by  $z^*$  gives an upper bound on the hitting time of the original Markov chain.

#### 3. Evolutionary Process

In this section we consider a simple model of evolutionary process, where organisms/genotypes are represented as strings of length L, and view evolution as a discrete time process. For simplicity, we will first consider the case of bit strings and present all our results with bit strings because all the key proof ideas are illustrated there. We will then generalize our results to strings for any alphabet size in Section 7. For a bit string s, at any time point a random mutation can appear with probability u, which will invert a single bit of the string s. Such mutations can be viewed as transitions between genotypes which form a random walk in the L-dimensional genotypic space of all  $2^{L}$  strings.

**Notations.** For  $L \in \mathbb{N}$ , we denote by B(L) the set of all L-bit strings. Given a string  $s \in B(L)$ , the neighborhood Nh(s) of s is the set of strings that differ from s by only one bit, i.e., Nh(s) = { $s' \in B(L) : s, s'$  differ in exactly one position}. In order to model natural selection, we will consider a constant selection intensity  $\beta \in \mathbb{R}$  and each string s will be associated with a fitness according to a fitness function  $f(s) \in \mathbb{R}$ . The selection intensity and the fitness function will determine the transition probabilities between s and its neighbors.

**Transition probability between strings.** Given a string s and  $s' \in Nh(s)$ , the transition probability  $\Delta(s,s')$  from s to s' depends (i) on the fitness of s and the fitness of the neighbors in Nh(s), and (ii) the selection intensity. For all  $s'' \in Nh(s)$ , let df(s,s'') = (f(s'') - f(s)) denote the difference in fitness of s and s'', and let  $g(s,s'') = \frac{1}{1+e^{-\beta \cdot df(s,s'')}}$ . Then the transition probability is defined as follows:

$$\Delta(s,s') = u \cdot \frac{g(s,s')}{\sum_{s'' \in \mathsf{Nh}(s)} g(s,s'')} \tag{1}$$

The intuitive description of the transition probability (which is referred as Fermi process) is as follows: the term u represents the probability of a mutation occurring in s, while the choice of the neighbor s' is based on a normalized weighted sum, with each sigmoid term  $\frac{1}{1+e^{-\beta \cdot df(s,s')}}$  being determined by the fitness difference between s, s' and the selection intensity. The selection intensity acts like the temperature function. The high values of the selection intensity will favor those transitions to neighbors that have higher fitness, while setting  $\beta = 0$  turns all the possible transitions of equal probability and independent of the fitness landscape (we refer to this case as *neutral* selection).

**Discovery time.** Given a string space B(L), a fitness function f and a selection intensity  $\beta$ , for two strings  $s_1, s_2 \in B(L)$ , we denote by  $T(s_1, s_2, f, \beta)$  the expected discovery time of the target string  $s_1$  from the starting string  $s_2$ , i.e., the average number of steps necessary to transform  $s_2$  to  $s_1$  under the fitness landscape f and selection intensity  $\beta$ . Given a start string  $s_2$  and a target set U of strings we denote by  $T(U, s_2, f, \beta)$  the expected discovery time of the target set U starting from the string  $s_2$ , i.e., the average number of steps necessary to transform  $s_2$  to some string in U. In the following section we will present several lower and upper bounds on the discovery times depending on the fitness function and selection intensity.

Moran evolutionary process. The evolutionary process we described is the Fermi process where the transition probabilities are chosen according to the Fermi function and the fitness difference. We will first present lower and upper bounds for the Fermi evolutionary process for mathematically elegant proofs, and then argue how the bounds are easily transferred to the Moran evolutionary process.

#### 4. NEUTRAL SELECTION

In this section we consider the case of neutral selection, and hence the transition probabilities are independent of the fitness function. Since  $\beta = 0$  for all strings s, the transition probability equation (Eqn 1) simplifies to  $\Delta(s, s') = \frac{u}{L}$  for all  $s' \in \mathsf{Nh}(s)$ . We will present an exponential lower bound on the discovery time of a set of targets concentrated around the sequence  $\vec{0}$ , and we will refer to this case as *broad peak*. For a constant 0 < c < 1, let  $U_c^L$  denote the set of all strings such that at most cL bits are ones (i.e., at least  $(1-c) \cdot L$  bits are zeros). In other words,  $U_c^L$  is the set of strings that have Hamming distance at most cL to  $\vec{0}$ . We consider the set  $U_c^L$  as the target set. Because there is neutral selection the fitness landscape is immaterial, and for the sequel of this section we will drop the last two arguments of  $T(\cdot, \cdot, f, \beta)$  since  $\beta = 0$  and the discovery time is independent of f.

We model the evolutionary process as a Markov chain on a line,  $M_{L,0} = (S, \delta_0)$  (0 for neutral), which is obtained as follows: by symmetry, all strings that have exactly *i*-ones and (L-i)-zeros form an equivalence class, which is represented as state *i* of the Markov chain. The transition probabilities from state *i* are as follows: (i) for 0 < i < L we have  $\delta_0(i, i-1) = \frac{u \cdot i}{L}$  and  $\delta_0(i, i+1) = \frac{u \cdot (L-i)}{L}$ ; (ii)  $\delta_0(0, 1) = u$ ; and (iii)  $\delta_0(L, L-1) = u$ . Then we have the following equivalence: for a string *s* in  $B(L) \setminus U_c^L$  the discovery time  $T(U_c^L, s)$  from *s* to the set  $U_c^L$  under neutral selection is same as the hitting time H(cL, i) in the Markov chain on a line  $M_{L,0}$ , where *s* has exactly *i*-ones.

Each state has a self-loop with probability (1 - u), and we ignore the self-loop probabilities (i.e., set u = 1) because by Lemma 5 all lower bounds on the hitting time for the unloop variant are valid for the original Markov chain; and all upper bounds on the hitting time for the unloop variant need to be multiplied by  $\frac{1}{u}$  to obtain the upper bounds on the hitting time for the original Markov chain. In other words, we will consider the following transition probabilities: (i) for 0 < i < L we have  $\delta_0(i, i - 1) = \frac{i}{L}$  and  $\delta_0(i, i + 1) = \frac{(L-i)}{L}$ ; (ii)  $\delta_0(0, 1) = 1$ ; and (iii)  $\delta_0(L, L - 1) = 1$ .

**Theorem 1.** For all constants  $c < \frac{1}{2}$ , for all string spaces B(L) with  $L \ge \frac{4}{1-2\cdot c}$ , and for all  $s \in B(L) \setminus U_c^L$ , we have  $T(U_c^L, s) \ge c_A^{\ell \cdot L-1}$ , where  $A = \frac{3-2\cdot c}{4} = \frac{1}{2} + \frac{1-2\cdot c}{4} > \frac{1}{2}$ ,  $c_A = \frac{A}{1-A} > 1$  and  $\ell = \frac{1-2\cdot c}{4} > 0$ .

*Proof.* We consider the Markov chain  $M_{L,0}$  for  $L \ge \frac{4}{1-2\cdot c}$  and let us consider the midpoint *i* between cL and  $\frac{1}{2} \cdot L$ , i.e.,  $i = \frac{1+2\cdot c}{4} \cdot L$ . Such a midpoint exists since  $L \ge \frac{4}{1-2\cdot c}$ . Then for all *j* such that  $cL \le j \le i$  we have

$$\delta_0(j, j+1) = \frac{L-j}{L} \ge \frac{L-i}{L} = \frac{3-2 \cdot c}{4} = A > \frac{1}{2}$$

The first inequality holds since  $j \leq i$ , while the second inequality is due to  $c < \frac{1}{2}$ . We now use Corollary 1 (item 1) for  $M_{L,0}$  with  $n_1 = x = cL$ , y = i, and  $k = (\frac{1+2\cdot c}{4} - c) \cdot L = \ell \cdot L$  and vary  $n_2$  from x + 1 to L to obtain that  $H(n_1, n_2) \geq c_A^{\ell \cdot L-1}$ , and hence for all  $s \in B(L) \setminus U_c^L$  we have  $T(U_c^L, s) \geq c_A^{\ell \cdot L-1}$ .



(b)

Figure 6: Neutral selection with broad peaks. The figure shows that when the target set is  $U_c^L$  of strings that have at most  $c \cdot n$  ones (blue in (a)), for  $c < \frac{1}{2}$ , for a region of length  $\ell \cdot L - 1$ , which is from  $c \cdot n$  to the mid-point between cL and  $\frac{L}{2}$ , the transition probability to the right is at least a constant  $A > \frac{1}{2}$ , and this contributes to the exponential hitting time to the target set. Figure (b) shows the comparison of the exponential time for multiple targets and single target under neutral selection.



Figure 7: Constant selection with broad peaks. The figure shows the illustration of the dichotomy theorem. The blue region represents the states that correspond to targets, while the green region depicts the states where the transition probability to the left is greater than  $\frac{1}{2}$ . Intuitively given a selection intensity  $\beta$ , the selection intensity allows to reach the region  $\frac{1}{1+e^{\beta}} \cdot L$  in polynomial time. In figure (a), there exists a region between the blue and green, of length  $\ell \cdot L$ , where the probability of transitioning to the right is a constant, greater than  $\frac{1}{2}$ . In other words, when the blue and green region do not overlap, in the mid-region between the blue and green region the transition probability to the right is at least  $A > \frac{1}{2}$ , and hence the hitting time is exponential. When  $\beta$  and c are large enough so that the two regions overlap (figure (b)), then all transitions to the left till the target set is at least  $\frac{1}{2}$ , and hence the hitting time is polynomial.

#### 5. Constant Fitness Difference Function

In this section we consider the case where the selection intensity  $\beta > 0$  is positive, and the fitness function is linear. For a string s, let h(s) denote the number of ones in s, i.e., the hamming distance from the string  $\vec{0}$ . We consider a linear fitness function f such that for two strings s and  $s' \in Nh(s)$  we have df(s,s') = (f(s') - f(s)) = -(h(s') - h(s)), the difference in the fitness is constant and depends negatively on the hamming distance. In other words, strings closer to  $\vec{0}$  have greater fitness and the fitness change is linear with coefficient -1. We call the fitness function with constant difference as the *linear fitness function*. Again we consider a broad peak of targets  $U_c^L$ , for some constant  $0 < c < \frac{1}{2}$ . Since we consider all strings in  $U_c^L$  as the target set, it follows that for all strings  $s \in B(L) \setminus U_c^L$  the difference in the hamming distance between s and  $s' \in Nh(s)$  from 0 and the target set  $U_c^L$  is the same. Similarly as in the neutral casel, due to symmetry of the linear fitness function f, we construct an equivalent Markov chain on a line, denoted  $M_{L,\beta} = (S, \delta_{\beta})$ , as follows: state i of the Markov chain represents strings with exactly i-ones, and we have the following transition function: (i)  $\delta_{\beta}(0, 1) = 1$ ; (ii)  $\delta_{\beta}(L, L-1) = 1$ ; and (iii) for 0 < i < L we have

$$\delta_{\beta}(i,i+1) = \frac{1}{1 + e^{\beta} \cdot \frac{i}{L-i}}; \qquad \qquad \delta_{\beta}(i,i-1) = \frac{1}{1 + e^{-\beta} \cdot \frac{L-i}{i}};$$

(also see the technical appendix for the derivation of the above probabilities).

Again the discovery time corresponds to the hitting time in the Markov chain  $M_{L,\beta}$ . Note that again we have ignored the self-loops of probability (1 - u), and by Lemma 5 all lower bounds for hitting time for the unloop variant are valid for the original Markov chain; and all upper bounds on the hitting time for the unloop variant need to be multiplied by  $\frac{1}{u}$  to obtain upper bounds on the hitting time for the original Markov chain.

We will present a *dichotomy* result: the first result shows that if  $c \cdot (1 + e^{\beta}) < 1$ , for selection intensity  $\beta > 0$ , then the discovery time is exponential, while the second result shows that if  $c \cdot (1 + e^{\beta}) \ge 1$ , then the discovery time is polynomial. We first present the two lemmas.

**Lemma 6.** For the linear fitness function f, for all selection intensities  $\beta > 0$  and all constants  $c \leq \frac{1}{2}$  such that  $c \cdot v < 1$ , where  $v = 1 + e^{\beta}$ , there exists  $L_0 \in \mathbb{N}$  such that for all string spaces B(L) with  $L \geq L_0$ , for all  $s \in B(L) \setminus U_c^L$  we have  $T(U_c^L, s, f, \beta) \geq c_A^{\ell:L-1}$  where  $A = \frac{1}{2} + \frac{v \cdot (2-c \cdot v)}{2 \cdot (v \cdot (c \cdot v + 2 - 2 \cdot c) - 2)} > \frac{1}{2}$ ,  $c_A = \frac{A}{1-A} > 1$  and  $\ell = \frac{1-c \cdot v}{2 \cdot v} > 0$ .

*Proof.* We consider the Markov chain  $M_{L,\beta}$  for  $L \ge L_0 = \frac{2 \cdot v}{1 - c \cdot v}$ . Consider the midpoint *i* between cL and  $\frac{L}{v}$ , i.e.,  $i = \frac{1 + c \cdot v}{2 \cdot v} \cdot L$  (such a midpoint exists because  $L \ge L_0$  and the choice of *c*). For all  $cL < j \le i$  we have:

$$\begin{split} \delta_{\beta}(j,j+1) &= \frac{1}{1+e^{\beta}\cdot\frac{j}{L-j}} \geq \frac{1}{1+e^{\beta}\cdot\frac{i}{L-i}} = \frac{1}{1+(v-1)\cdot\frac{1+c\cdot v}{L-\frac{1+c\cdot v}{2\cdot v}\cdot L}} \\ &= \frac{2\cdot v-1-c\cdot v}{c\cdot v^2+2\cdot v\cdot (1-c)-2} \\ &= \frac{1}{2} + \frac{v\cdot (2-c\cdot v)}{2\cdot (v\cdot (c\cdot v+2-2\cdot c)-2)} = A > \frac{1}{2}. \end{split}$$

The first inequality holds as  $\frac{j}{L-j} \leq \frac{i}{L-i}$  since  $j \leq i$ ; the second equality is obtained since  $(v-1) = e^{\beta}$  and substituting *i* with its value  $\frac{1+c\cdot v}{2\cdot v} \cdot L$ ; and the result of the equalities are simple calculation; and the description of the final inequality is as follows: (i) since  $c \cdot v < 1$ , we have  $2 - c \cdot v > 0$ , (ii) the fact that  $c \leq \frac{1}{2}$  and  $c \cdot v \geq 0$  implies that  $c \cdot v + 2 - 2 \cdot c \geq 1$  and since we have v > 2, it follows that  $v \cdot (c \cdot v + 2 - 2 \cdot c) > 2$ ; establishing that the term along with  $\frac{1}{2}$  in *A* is strictly positive. We now use Corollary 1 (item 1) for  $M_{L,\beta}$  with  $n_1 = x = cL$ , y = i, and  $k = \frac{1-c\cdot v}{2\cdot v} \cdot L = \ell \cdot L$  and vary  $n_2$  from x + 1 to *L* to obtain that  $H(n_1, n_2) \geq c_A^{\ell \cdot L-1}$ , and hence for all  $s \in B(L) \setminus U_c^L$  we have  $T(U_c^L, s, f, \beta) \geq c_A^{\ell \cdot L-1}$ .

**Lemma 7.** For all string spaces B(L), for all  $c < \frac{1}{2}$  and the linear fitness function, for all selection intensities  $\beta > 0$  with  $c \cdot (1 + e^{\beta}) \ge 1$ , for all  $s \in B(L) \setminus U_c^L$  we have  $T(U_c^L, s, f, \beta) = O(L^2)$ .

*Proof.* We consider the Markov chain  $M_{L,\beta}$ , where  $\beta$  is such that we have  $c \geq \frac{1}{1+e^{\beta}}$ . For every cL < j < L we have:

$$\delta_{\beta}(j,j-1) = \frac{1}{1 + e^{-\beta} \cdot \frac{L-j}{j}} \ge \frac{1}{1 + e^{-\beta} \cdot \frac{L-cL}{cL}} = \frac{1}{1 + e^{-\beta} \cdot \frac{1-c}{c}} \ge \frac{1}{2}$$

The first inequality holds because  $\frac{L-j}{j} \leq \frac{L-cL}{cL}$  since cL < j; the second inequality holds since  $c \cdot (1+e^{\beta}) \geq 1$  which implies that  $1 \geq \frac{1}{e^{\beta}} \cdot (\frac{1}{c}-1)$ , and hence  $1+e^{-\beta} \cdot (\frac{1}{c}-1) \leq 2$ . Thus for all cL < j < L we have  $\delta_{\beta}(j,j-1) \geq \frac{1}{2}$ , and by Corollary 1 (item 2) we have that  $H(cL,n_2) = O(L^2)$  for all  $n_2 > cL$ . Thus we conclude that  $T(U_c^L, s, f, \beta) = O(L^2)$  for all  $s \in B(s) \setminus U_c^L$ . The desired result follows.

**Theorem 2.** For the linear fitness function f, selection intensity  $\beta > 0$ , and constant  $c \leq \frac{1}{2}$ , the following assertions hold:

- 1. If  $c \cdot (1 + e^{\beta}) < 1$ , then there exists  $L_0 \in \mathbb{N}$  such that for all string spaces B(L) with  $L \ge L_0$ , for all  $s \in B(L) \setminus U_c^L$  we have  $T(U_c^L, s, f, \beta) \ge c_A^{\ell \cdot L 1}$  where  $A = \frac{1}{2} + \frac{v \cdot (2 c \cdot v)}{2 \cdot (v \cdot (c \cdot v + 2 2 \cdot c) 2)} > \frac{1}{2}$ ,  $c_A = \frac{A}{1 A} > 1$  and  $\ell = \frac{1 c \cdot v}{2 \cdot v} > 0$ .
- 2. If  $c \cdot (1+e^{\beta}) \ge 1$ , then for all string spaces B(L), for all  $s \in B(L) \setminus U_c^L$  we have  $T(U_c^L, s, f, \beta) = O(L^2)$ .

#### 6. MORAN PROCESS MODEL

In the previous section we considered the constant selection intensity with Fermi process. We now discuss how from the results of the previous section we can obtain similar results if we consider the Moran process for evolution.

**Basic Moran process description.** A population of N individuals mutates with probability u in each round, at  $N \cdot u$  rate. Consider that the population is currently in state i (which represents all bit strings with exactly i ones): the probability that the next state is i - 1 is the rate of an i - 1 mutant to be introduced, times the fixation probability of the mutant in the population. Formally, the transition probability matrix  $\delta_M$  (M for Moran process) for the Markov chain on a line under the Moran process is as follows:

(1) 
$$\delta_M(i,i-1) = N \cdot u \cdot \frac{i}{L} \cdot \rho_{i,i-1};$$
 (2)  $\delta_M(i,i+1) = N \cdot u \cdot \frac{L-i}{L} \cdot \rho_{i,i+1};$  (3)  $\delta_M(i,i) = 1 - \delta_M(i,i-1) - \delta_M(i,i+1)$ 

We assume that  $N \cdot u < 1$  and  $\rho_{i,j}$  is the fixation probability of a j mutant in a population of N-1 individuals of type i. In particular,

$$\rho_{i,j} = \frac{1 - \frac{f_i}{f_j}}{1 - \left(\frac{f_i}{f_j}\right)^N}$$

and  $\rho_{i,j} \in (0,1)$  for positive fitness  $f_i$  and  $f_j$ , where  $f_i$  (resp.  $f_j$ ) denotes the fitness of strings with exactly i (resp. j) ones. We first show a bound for the self-loop probabilities  $\delta_M(i,i)$ : since strings closer to the target have a greater fitness value we have  $f_{i-1} \ge f_i$ ; and hence the probability of fixation of an (i-1)-mutant in a population of type i is at least  $\frac{1}{N}$ . Thus we have

$$\delta_M(i,i-1) = N \cdot u \cdot \frac{i}{L} \cdot \rho_{i,i-1} \ge N \cdot u \cdot \frac{i}{L} \cdot \frac{1}{N} \ge \frac{u}{L}$$

Then,  $1 - \delta_M(i, i) \ge \delta_M(i, i-1) \ge \frac{u}{L}$ , and  $\frac{1}{1 - \delta_M(i, i)} \le \frac{L}{u}$ . Hence we will consider the unloop variant of the Markov chain and by Lemma 5 all lower bounds on discovery time for the unloop variant hold for the original Markov chain; and the upper bounds for the unloop variant need to by multiplied by  $\frac{L}{u}$  to obtain

the upper bounds for the original Markov chain. Hence if we consider the unloop variant of the Markov chain on a line obtained from the Moran process we have:

$$\overline{\delta}_M(i,i-1) = \frac{\delta_M(i,i-1)}{\delta_M(i,i-1) + \delta_M(i,i+1)} = \frac{i}{i + (L-i) \cdot \frac{\rho_{i,i+1}}{\rho_{i,i-i}}} = \frac{1}{1 + \frac{L-i}{i} \cdot \frac{\rho_{i,i+1}}{\rho_{i,i-i}}}$$

and  $\overline{\delta}_M(i, i+1) = 1 - \overline{\delta}_M(i, i-1)$ . We now consider the case of multiplicative fitness function. **Multiplicative fitness rates.** We consider the case where we have multiplicative fitness function where  $\frac{f_{i-1}}{f_i} = r_i \ge 1$ , as the fitness function increases as we move closer to the target. Then

$$\frac{\rho_{i,i+1}}{\rho_{i,i-1}} = \frac{\frac{1-r_{i+1}}{1-r_{i+1}^{N}}}{\frac{1-r_{i}^{-1}}{1-r_{i}^{-N}}} = r_{i}^{-(N-1)} \cdot \frac{r_{i}^{N}-1}{r_{i+1}^{N}-1} \cdot \frac{r_{i+1}-1}{r_{i}-1}$$

and

$$\overline{\delta}_M(i,i-1) = \frac{1}{1 + \frac{L-i}{i} \cdot \frac{\rho_{i,i+1}}{\rho_{i,i-1}}} = \frac{1}{1 + \frac{L-i}{i} \cdot r_i^{-(N-1)} \cdot \frac{r_i^N - 1}{r_{i+1}^N - 1} \cdot \frac{r_{i+1} - 1}{r_i - 1}}.$$

For constant factor  $r_i = r$  for all i, we obtain

$$\overline{\delta}_M(i,i-1) = \frac{1}{1 + \frac{L-i}{i} \cdot r^{-(N-1)}}.$$

Let us denote by  $\overline{\delta}_{M,r}(i, i-1) = \frac{1}{1+\frac{L-i}{i}\cdot r^{-(N-1)}}$  the transition probabilities of the unloop variant of the Markov chain on a line for the Moran process with multiplicative constant r. Then we have the following cases:

- 1. (Neutral case). In the neutral case we have r = 1, and then the Markov chain with transition probabilities  $\overline{\delta}_{M,1}$  is the same as the transition probabilities  $\delta_0$  of the Markov chain  $M_{L,0}$  in Section 4 for neutral selection.
- 2. (Constant r multiplicative fitness). The transition probabilities  $\overline{\delta}_{M,r}(i, i-1)$  has the same form as the transition probabilities of the Markov chain  $M_{L,\beta}$  under positive selection intensity and linear fitness function, in Section 5. In particular, for  $e^{\beta} = r^{N-1}$ , we have  $\delta_{\beta}$  of  $M_{L,\beta}$  is the same as  $\overline{\delta}_{M,r}$ , and thus from the results of Section 5 we obtain similar results for the Moran process.

Summary of results for Moran process with multiplicative fitness landscape. From the results of Section 4 and Section 5, and the equivalence of the transition probabilities of the Markov chains in Section 4 and Section 5 with those in the Moran process, we obtain the following results for Moran process of evolution under constant multiplicative fitness landscape r:

- 1. (Single target). For a single target, for all constants r and population size N, the discovery time from any non-target string to the target is exponential in the length of the bit strings.
- 2. (Broad peaks). For broad peaks with constant c fraction of clustered targets with  $c \leq \frac{1}{2}$ , if  $c \cdot (1+r^{N-1}) < 1$ , then the discovery time from any non-target string to the target set is at least exponential in the length L of the bit strings; and if  $c \cdot (1+r^{N-1}) \geq 1$ , then the discovery time from any non-target string to the target set is at most  $O(\frac{L^3}{u})$  (i.e., polynomial).

#### 7. General Alphabet

In previous sections we presented our results for L-bit strings. In this section, we consider the case of general alphabet, where every sequence consists of letters from a finite alphabet  $\Sigma$ . Thus, B(L) is the space of all

*L*-tuple strings in  $\Sigma^L$ . We fix a letter  $\sigma \in \Sigma$ , and consider a target set  $U_c^L$ , consisting of all the *L*-tuple strings, such that every  $s \in U_c^L$  differs from the target string  $t = \sigma^L$  (of all  $\sigma$ 's) in at most cL positions (i.e., Hamming distance at most  $c \cdot L$  from the target string t). We will prove a dichotomy result that generalizes Theorem 2.

We can again consider a Markov chain on a line  $M_{L,\beta}$ , where its *i*-th position encodes all the strings in B(L) which differ from t in exactly *i* positions. We consider a string s that corresponds to the *i*-th state of  $M_{L,\beta}$ , for 0 < i < L. Then we have the following cases:

- There are exactly *i* neighbors of *s* in state i 1, since in each position among the *i* positions that *s* does not agree with *t*, there is exactly one mutation that will make *s* and *t* match in that position.
- There are exactly  $(L-i) \cdot (|\Sigma|-1)$  neighbors of s in state i+1, since in each position among the L-i positions in which s agrees with t, there are  $|\Sigma|-1$  mutations that will make s not agree with t in that position.
- There are exactly  $i \cdot (|\Sigma| 2)$  neighbors of s in state i, since in each position j among the i positions that s does not agree with t, there are  $|\Sigma| 2$  mutations that will preserve this disagreement.

Let us denote  $|\Sigma| = 1 + \kappa$ , where  $\kappa \ge 1$ . Based on the above analysis and Equation 1, the following holds for the transition probabilities of  $M_{L,\beta}$ :

$$\frac{\delta_{\beta}(i,i+1)}{\delta_{\beta}(i,i-1)} = \frac{(L-i)\cdot\kappa\cdot\frac{1}{1+e^{\beta}}}{\frac{i}{1+e^{-\beta}}} = \frac{L-i}{i}\cdot\kappa\cdot e^{-\beta}$$

while for  $\delta_{\beta}(i, i)$  we have:

- $(\kappa = 1)$ : Then  $\delta_{\beta}(i, i) = 0$ , since every mutation changes the distance from t.
- $(\kappa > 1)$ : Then by Equation 1, for  $0 < i \le L$ :

$$\delta_{\beta}(i,i) = \frac{1}{1 + \frac{2}{\kappa \cdot (1 + e^{-\beta})} + \frac{2 \cdot (L - i) \cdot (\kappa + 1)}{i \cdot \kappa \cdot (1 + e^{\beta})}}$$

which is maximized when i = L to  $\delta_{\beta}(L, L) = \frac{1}{1 + \frac{2}{\kappa \cdot (1 + e^{-\beta})}}$ , constant for a fixed alphabet  $\Sigma$ .

**Lemma 8.** For the linear fitness function f, for all selection intensities  $\beta \ge 0$  and all constants  $c \le \frac{\kappa}{\kappa+1}$  such that  $c \cdot v < 1$  for  $v = 1 + \frac{e^{\beta}}{\kappa}$ , there exists  $L_0 \in \mathbb{N}$  such that for all string spaces B(L) with  $L \ge L_0$ , for all  $s \in B(L) \setminus U_c^L$  we have  $T(U_c^L, s, f, \beta) \ge A^{\ell \cdot L - 1}$ , where  $A = \frac{v \cdot (2-c) - 1}{1 + c \cdot v} \cdot \kappa \cdot e^{-\beta} > 1$  and  $\ell = \frac{1 - c \cdot v}{2 \cdot v}$ .

*Proof.* We consider the Markov chain  $M_{L,\beta}$  for  $L \ge L_0 = \lceil \frac{2 \cdot v}{1 - c \cdot v} \rceil$ . Consider the midpoint *i* between cL and  $\frac{L}{v}$ , i.e.,  $i = L \cdot \frac{1 + c \cdot v}{2 \cdot v}$  (such a midpoint exists because  $L \ge L_0$  and the choice of *c*, as i > cL). For all  $cL < j \le i$  we have:

$$\frac{\delta_{\beta}(j,j+1)}{\delta_{\beta}(j,j-1)} = \frac{L-j}{j} \cdot \kappa \cdot e^{-\beta} \geq \frac{L-i}{i} \cdot \kappa \cdot e^{-\beta} = \frac{L-L \cdot \frac{1+c \cdot v}{2 \cdot v}}{L \cdot \frac{1+c \cdot v}{2 \cdot v}} \cdot \kappa \cdot e^{-\beta} = \frac{2 \cdot v - 1 - c \cdot v}{1 + c \cdot v} \cdot \kappa \cdot e^{-\beta} = A > 1$$

The first inequality holds because  $j \leq i$  and thus  $\frac{L-j}{j} \geq \frac{L-i}{i}$ . The equalities follow as simple rewriting, while  $A > \frac{2 \cdot v - 2}{2} \cdot \kappa \cdot e^{-\beta} = (v - 1) \cdot \kappa \cdot e^{-\beta} = 1$ , since  $c \cdot v < 1$ . We now use Lemma 3 for  $M_{L,\beta}$  with  $n_1 = x = cL$ , y = i, and  $k = L \cdot \frac{1 - c \cdot v}{2 \cdot v} = \ell \cdot L$  and vary  $n_2$  from x + 1 to L to obtain that  $H(n_1, n_2) \geq A^{\ell \cdot L - 1}$ , and hence for all  $s \in B(L) \setminus U_c^L$  we have  $T(U_c^L, s, f, \beta) \geq A^{\ell \cdot L - 1}$ .

**Lemma 9.** For all string spaces B(L), for all  $c \leq \frac{\kappa}{\kappa+1}$  and the linear fitness function f, for all selection intensities  $\beta \geq 0$  with  $c \cdot v \geq 1$  for  $v = 1 + \frac{e^{\beta}}{\kappa}$ , for all  $s \in B(L) \setminus U_c^L$  we have  $T(U_c^L, s, f, \beta) = O(\frac{L^2}{M})$ , where  $M = \min_{0 < i \leq L} 1 - \delta_{\beta}(i, i) = 1 - \frac{1}{1 + \frac{2}{\kappa \cdot (1 + e^{-\beta})}}$ .

*Proof.* We consider the Markov chain  $M_{L,\beta}$ , where  $\beta$  is such that we have  $c \cdot v \ge 1$ . For every cL < j < L we have:

$$\frac{\delta_{\beta}(j,j-1)}{\delta_{\beta}(j,j+1)} = \frac{j}{L-j} \cdot \frac{e^{\beta}}{\kappa} \ge \frac{cL}{L \cdot \kappa \cdot (1-c)} \cdot e^{\beta} = \frac{c \cdot e^{\beta}}{\kappa - c \cdot \kappa} \ge 1$$

The first inequality holds because cL < j; the second inequality holds because  $c \cdot (1 + \frac{e^{\beta}}{\kappa}) \ge 1$  and thus  $\frac{c \cdot e^{\beta}}{\kappa - c \cdot \kappa} \ge 1$ . Thus for all cL < j < L we have  $\delta_{\beta}(j, j - 1) \ge \delta_{\beta}(j, j + 1)$ , while  $M = \min_{0 < i \le L} 1 - \delta_{\beta}(i, i) = 1 - \frac{1}{1 + \frac{2}{\kappa \cdot (1 + e^{-\beta})}}$ . Then, by Lemma 4 we have that  $H(cL, n_2) = O(\frac{L^2}{M})$  for all  $n_2 > cL$ . We conclude that  $T(U_c^L, s, f, \beta) = O(\frac{L^2}{M})$  for all  $s \in B(s) \setminus U_c^L$ . The desired result follows.

Lemmas 8 and 9 yield the following dichotomy (recall that  $|\Sigma| = 1 + \kappa$ ):

**Theorem 3.** For alphabet size  $|\Sigma|$ , for the linear fitness function f, selection intensity  $\beta \ge 0$ , and constant  $c \le \frac{\kappa}{\kappa+1}$ , where  $|\Sigma| = 1 + \kappa$ ; the following assertions hold :

- 1. if  $c \cdot (1 + \frac{e^{\beta}}{\kappa}) < 1$ , then there exists  $L_0 \in \mathbb{N}$  such that for all string spaces B(L) with  $L \ge L_0$ , for all  $s \in B(L) \setminus U_c^L$  we have  $T(U_c^L, s, f, \beta) \ge A^{\ell \cdot L 1}$  where  $A = \frac{v \cdot (2 c) 1}{1 + c \cdot v} \cdot \kappa \cdot e^{-\beta} > 1$  and  $\ell = \frac{1 c \cdot v}{2 \cdot v}$ , with  $v = \frac{e^{\beta} + \kappa}{\kappa}$ ; and
- 2. if  $c \cdot (1 + \frac{e^{\beta}}{\kappa}) \ge 1$ , then for all string spaces B(L), for all  $s \in B(L) \setminus U_c^L$  we have  $T(U_c^L, s, f, \beta) = O(\frac{L^2}{M})$ , where  $M = 1 \frac{1}{1 + \frac{2}{\kappa \cdot (1 + e^{-\beta})}}$ .

Note that Theorem 3 with the special case of  $|\Sigma| = 2$  and  $\kappa = 1$  gives us Theorem 2.

**Corollary 2.** For alphabet size  $|\Sigma| = 1 + \kappa$ , consider the Moran process with multiplicative fitness landscape with constant r, population size N, and mutation rate u. Let  $c \leq \frac{\kappa}{\kappa+1}$ . The following assertions hold :

- 1. if  $c \cdot (1 + \frac{r^{N-1}}{\kappa}) < 1$ , then there exists  $L_0 \in \mathbb{N}$  such that for all string spaces B(L) with  $L \ge L_0$ , for all  $s \in B(L) \setminus U_c^L$  the discovery time from s to some string in  $U_c^L$  is at least  $A^{\ell \cdot L-1}$  where  $A = \frac{v \cdot (2-c)-1}{1+c \cdot v} \cdot \kappa \cdot r^{1-N} > 1$  and  $\ell = \frac{1-c \cdot v}{2 \cdot v}$ , with  $v = 1 + \frac{r^{N-1}}{\kappa}$ ; and
- 2. if  $c \cdot (1 + \frac{r^{N-1}}{\kappa}) \ge 1$ , then for all string spaces B(L), for all  $s \in B(L) \setminus U_c^L$  the discovery time from s to some string in  $U_c^L$  is at most  $O(\frac{L^3}{M \cdot u})$ , where  $M = 1 \frac{1}{1 + \frac{2}{\kappa \cdot (1 + r^{-(N-1)})}}$  is constant.

Explicit bounds for four letter alphabet. We now present the explicit calculation for  $L_0$  and  $\ell$  of Corollary 2 for four letter alphabet. For the four letter alphabet we have  $\kappa = 3$ , and for the exponential lower bound we have cv < 1. In this case we have

$$v = \frac{3+r^{N-1}}{3}$$
 and  $\ell = \frac{1-3c-cr^{N-1}}{6+2r^{N-1}} = \frac{3(1-c)-cr^{N-1}}{6+2r^{N-1}}.$ 

Since cv < 1 we have

$$A = 3r^{1-N}\frac{2v - cv - 1}{1 + cv} \ge \frac{2(v - 1)}{1 + cv} = 3r^{1-N}\frac{2\frac{r^{N-1}}{3}}{\frac{3+3c + cr^{N-1}}{3}} = \frac{6}{3(1 + c) + cr^{N-1}}$$

By changing the exponential lower bound to base 2, we have that the discovery time is at least  $2^{(\ell L-1)\log_2 A}$ . Thus we have the following two cases:

• Selection: With selection (i.e., r > 1) the exponential lower bound on the discovery time when cv < 1 is at least:

$$2^{\left(\frac{3(1-c)-cr^{N-1}}{6+2r^{N-1}}L-1\right)\log_2\frac{6}{3(c+1)+cr^{N-1}}}$$

for all  $L \ge L_0 = \frac{6+2r^{N-1}}{3(1-c)-cr^{N-1}}$ .

• Neutral case: Specializing the above result for the neutral case (i.e., r = 1) we obtain the exponential lower bound on the discovery time when cv < 1 is at least:

$$2^{\left(\frac{3-4c}{8}L-1\right)\log_2\frac{6}{4c+3}}$$
;

for all  $L \ge L_0 = \frac{8}{3-4c}$ . We ignore the factor 1 as compared to L and have that  $2^{\left(\frac{3-4c}{8}L-1\right)\log_2\frac{6}{4c+3}} \ge \exp\left(\left(\frac{3-4c}{16}L\right)\log_2\frac{6}{4c+3}\right)$ .

**Discussion about implications of results.** We now discuss the implications of Corollary 2.

- 1. First the corollary implies that for a single target (which intuitively corresponds to c = 0) even with multiplicative fitness landscape (which is an exponentially increasing fitness landscape) the discovery time is exponential.
- 2. The discovery time is polynomial if  $c \cdot (1 + \frac{r^{N-1}}{\kappa}) \ge 1$ , however this requires that the slope of the fitness gain extends over the whole sequence space (at least till Hamming distance  $(\kappa/(\kappa+1)) \cdot L)$ .
- 3. Consider the case where the fitness gain arises only when the sequence differs from the target in not more than a fraction of s positions, i.e., the slope of the fitness function only extends up to a Hamming distance of  $s \cdot L$ . Now our result for neutral drift with broad peak applies. Since we must rely on neutral drift until the fitness gain arises, the discovery time of this process is at least as long as the discovery time for neutral drift with a broad peak of size c = s. If r = 1 (neutral drift), then we have that the discovery time is polynomial if  $c(1+\frac{1}{\kappa}) \ge 1$ , and otherwise it is exponential. Hence if the fitness gain arises from Hamming distance  $s \cdot L$  and  $s < \kappa/(\kappa + 1)$ , then the expected discovery time starting from any sequence outside the fitness gain region is exponential in L. Moreover, there are two further implications of this exponential lower bound. First, note that if r = 1, then  $r^{N-1}$  is 1 independent of N, and thus the exponential lower bound is independent of N. Second, note that if the fitness gain arises from Hamming distance  $s \cdot L$ , and it is neutral till the fitness gain region is reached, then the exponential lower bound for  $s < \kappa/(\kappa + 1)$ , is also independent of the shape of the fitness landscape after the fitness gain arises. Formally, if we consider any fitness function f that assigns zero fitness to strings that are at Hamming distance at least  $s \cdot L$  from the ideal sequence, and any nonnegative fitness value to other strings, then the process is neutral till the fitness gain arises, and the exponential lower bound holds for the fitness landscape, and is independent of the population size. For a four letter alphabet (as in the case of RNA and DNA) the critical threshold is thus s = 3/4.

*Remark* 1. Note that we have shown that all results for bit strings easily extend to any finite alphabet by appropriately changing the constant. For simplicity, in the following sections we present our results for strings over 4-letter alphabet, and they also extend easily to any finite alphabet by appropriately changing the constants.

*Remark* 2. We have established several lower bounds on the expected discovery time. All the lower bounds are obtained from hitting times on Markov chains, and in Markov chains the hitting times are closely concentrated around the expectation. In other words, whenever we establish that the expected discovery time is exponential, it follows that the discovery time is exponential with high probability.

#### 8. Multiple Independent Searches

In this section we consider multiple independent searches. For simplicity we will consider strings over 4-letter alphabet, and as shown in Section 7 the results easily extend to strings over alphabets of any size.

8.1. Polynomially many independent searches. We will show that if there are polynomially many multiple searches starting from a Hamming distance of at least  $\frac{3L}{4}$ , then the probability to reach the target in polynomially many steps is negligibly small (smaller than a inverse of any polynomial function). We will present our results for Markov chain on a line, and it implies the results for the evolutionary processes. We start with two simple lemma. In all the following lemmas we consider the Markov chain on a line for a four letter alphabet.

**Lemma 10.** From any point  $n_2 \geq \frac{3L}{4}$  the probability that  $\frac{3L}{4}$  is not reached within  $L^5$  steps is exponentially small in L (i.e., at most  $e^{-L}$ ).

*Proof.* We have already established that the expected hitting time from  $n_2$  to  $\frac{3L}{4}$  is  $L^2$ . Hence the probability to reach  $\frac{3L}{4}$  within  $L^3$  steps must be at least  $\frac{1}{L}$  (otherwise the expectation would have been greater than  $L^2$ ). Since from all states  $n_2 \geq \frac{3L}{4}$  the probability to reach  $\frac{3L}{4}$  is at least  $\frac{1}{L}$  within  $L^3$  steps, the probability that  $\frac{3L}{4}$  is not reached within  $k \cdot L^3$  steps is at most  $\left(1 - \frac{1}{L}\right)^k$ . Hence the probability that  $\frac{3L}{4}$  is not reached within  $L^5$  steps is at most

$$\left(1 - \frac{1}{L}\right)^{L \cdot L} \le e^{-L}.$$

The desired result follows.

**Lemma 11.** The contribution of the expectation to reach after  $L^2 \cdot 2^{L \cdot \log L}$  steps to the expected hitting time is at most a constant (i.e., O(1)).

*Proof.* From any starting point, the probability to reach the target within L steps is at least  $\frac{1}{L^L}$ . Hence the probability not reaching the target within  $k \cdot L^L$  steps is  $e^{-k}$ . Hence the probability to reach after  $\ell \cdot L^2 \cdot 2^{L \cdot \log L}$  steps at most  $e^{-\ell \cdot L^2}$ . Thus expectation contribution from  $L^2 \cdot 2^{L \cdot \log L}$  steps is at most

$$\sum_{\ell=1}^{\infty} \frac{(\ell+1) \cdot L^2 \cdot 2^{L \cdot \log L}}{e^{\ell \cdot L^2}} \le \frac{L^2 \cdot 2^{L \cdot \log L}}{e^{L^2}} \cdot \sum_{\ell=1}^{\infty} \frac{(\ell+1)}{e^{\ell}} \le \frac{2^{2 \cdot \log L + L \cdot \log L}}{2^{L^2}} \cdot \sum_{\ell=1}^{\infty} \left(\frac{\ell}{e^{\ell}} + \frac{1}{e^{\ell}}\right) \le \frac{e}{(e-1)^2} + \frac{1}{(e-1)} = O(1)$$
The desired result follows

The desired result follows.

**Lemma 12.** In all cases, where the lower bound on the expected hitting time is exponential, for all polynomials  $p_1(\cdot)$  and  $p_2(\cdot)$ , the probability to reach the target set from any state  $n_2$  such that  $n_2 \ge \frac{3L}{4}$  within the first  $p_1(L)$  steps is at most  $\frac{1}{p_2(L)}$ .

Proof. We first observe that from any start point  $n'_2 \geq \frac{3L}{4}$  the expected time to reach  $\frac{3L}{4}$  is  $L^2$ , and the probability that  $\frac{3L}{4}$  is not reached within  $L^5$  steps is exponentially small (Lemma 10). Hence if the probability to reach the target set from  $\frac{3L}{4}$  within  $p_1(L)$  steps is at least  $\frac{1}{p_2(L)}$ , then from all states the probability to reach within  $L^5 \cdot p_1(L)$  steps is at least  $\frac{1}{L \cdot p_2(L)}$ . In other words, from any state the probability that the target set is not reached within  $k \cdot L^5 \cdot p_1(L)$  steps is at most  $(1 - \frac{1}{L \cdot p_2(L)})$ . Hence from any state the probability that the target set is not reached within  $k \cdot L^5 \cdot p_1(L)$  steps is at most  $(1 - \frac{1}{L \cdot p_2(L)})^k$ . Thus from any state the probability that the target set is not reached within  $k \cdot L^5 \cdot p_1(L)$  steps is at most  $(1 - \frac{1}{L \cdot p_2(L)})^k$ . Thus from any state the probability that the target set is not reached within  $L^3 \cdot p_1(L)$  steps is at most  $(1 - \frac{1}{L \cdot p_2(L)})^k$ .

$$\left(1 - \frac{1}{L \cdot p_2(L)}\right)^{L \cdot p_2(L) \cdot L^2} = e^{-L^2}$$

Hence the probability to reach the target within  $L^8 \cdot p_1(L) \cdot p_2(L)$  steps is at least  $1 - \frac{1}{e^{L^2}}$ . By Lemma 11 the expectation contribution from steps at least  $L^2 \cdot 2^{L \cdot \log L}$  is constant (O(1)).

Hence we would obtain an upper bound on the expected hitting time as

$$L^{8} \cdot p_{1}(L) \cdot p_{2}(L) \cdot \left(1 - \frac{1}{e^{L^{2}}}\right) + \frac{L^{2} \cdot 2^{L \cdot \log L}}{e^{L^{2}}} + O(1) \le L^{9} \cdot p_{1}(L) \cdot p_{2}(L)$$

Note that the above bound is obtained without assuming that  $p_1(\cdot)$  and  $p_2(\cdot)$  are polynomial functions. However, if  $p_1(\cdot)$  and  $p_2(\cdot)$  are polynomial, then we will obtain a polynomial upper bound on the hitting time, which contradicts the exponential lower bound. The desired result follows.

**Corollary 3.** In all cases, where the lower bound on the expected hitting time is exponential, let us denote by h denote the expected hitting time. Given numbers  $t_1$  and  $t_2$ , the probability to reach the target set from any state  $n_2$  such that  $n_2 \geq \frac{3L}{4}$  within the first  $t_1 = \frac{h}{L^9 \cdot t_2}$  steps is at most  $\frac{1}{t_2}$ .

*Proof.* In the proof of Lemma 12 first we established that the hitting time is at most  $L^9 \cdot p_1(L) \cdot p_2(L)$  (without assuming they are polynomial). By interpreting  $t_1$  as  $p_1(L)$  and  $t_2 = p_2(L)$  we obtain that  $h \leq L^9 \cdot t_1 \cdot t_2$ . The desired result follows.

**Theorem 4.** In all cases, where the lower bound on the expected hitting time is exponential, for all polynomials  $p_1(\cdot)$ ,  $p_2(\cdot)$  and  $p_3(\cdot)$ , for  $p_3(L)$  independent multiple searches, the probability to reach the target set from any state  $n_2$  such that  $n_2 \geq \frac{3L}{4}$  within first  $p_1(L)$  steps for any of the searches is at most  $\frac{1}{p_2(L)}$ .

*Proof.* Consider the polynomial  $\overline{p}_2(L) = p_3(L) \cdot p_2(L)$ . Then by Lemma 12 for a single search the probability to reach the target within  $p_1(L)$  steps is at most  $\frac{1}{\overline{p}_2(L)}$ . Hence the probability that none of the search reaches the target in  $p_1(L)$  steps is

$$\left(1 - \frac{1}{\overline{p}_2(L)}\right)^{p_3(L)} = \left(1 - \frac{1}{\overline{p}_2(L)}\right)^{p_3(L) \cdot \frac{p_2(L)}{p_2(L)}} = \left(1 - \frac{1}{\overline{p}_2(L)}\right)^{\overline{p}_2(L) \cdot \frac{1}{p_2(L)}} = e^{-\frac{1}{\overline{p}_2(L)}} \le 1 - \frac{1}{2 \cdot p_2(L)};$$

since  $e^{-2 \cdot x} \leq 1 - x$ , for  $0 \leq x \leq \frac{1}{2}$ . The desired result follows.

*Remark* 3. Observe that in Theorem 4 the independent searches could start at different starting points, and the result still holds, because in all cases we established an exponential lower bound, the lower bound holds for all starting points outside the target region.

8.2. Probability of hitting in a given number of steps. We now present a simple approximation of the probability that none of M independent searches succeed to discover the target in a given number of b steps, where the expected discovery time for a single search is d, for  $b \ll d$ . First we observe that the expected discovery time is the hitting time in a Markov chain, and the probability distribution of the hitting time is largely concentrated around the mean d. Hence the probability that a single search succeeds in b steps is at most  $\frac{b}{d}$ , for  $b \ll d$ . The probability that none of the searches succeed is at least

$$\left(1 - \frac{b}{d}\right)^M = e^{-\frac{M \cdot b}{d}}$$

#### 9. DISTRIBUTED TARGETS

We now discuss several cases of distributed targets for which the exponential lower bounds can be obtained from our results. We discuss the results for four letter alphabet.

- 1. Consider the example of distributed targets where the letters in a given  $L_0$  number of positions are immaterial (e.g., the first four positions, the tenth position and the last four positions are immaterial, and hence  $L_0 = 9$  in this case). Then we can simply apply our results ignoring the positions which are immaterial, i.e., the string space of size  $L L_0$ , and apply all results with effective length  $L L_0$ .
- 2. Consider the example where the target set is as follows: instead of the target of all  $\sigma$ 's (i.e.,  $t = \sigma^L$ ), the target set has all sequences that have at least an  $\alpha \cdot L$  length segment of  $\sigma$ 's, for  $\alpha > 1/2$ . Then all the targets have an overlapping segment of  $(2 \cdot \alpha 1) \cdot L$  number of  $\sigma$ 's from position  $(1 \alpha) \cdot L$  to  $\alpha \cdot L$ . We can then obtain a lower bound on the discovery time of these targets by considering as target set the superset containing all sequences with  $\sigma$ 's in that region. In other words, we can apply our results with single target but the effective length is  $(2 \cdot \alpha 1) \cdot L$ . A pictorial illustration of the above two cases is shown in Supplementary Figure 8.
- 3. We now consider the case of distributed targets that are chosen uniformly at random and independently, and let  $m \ll 4^L$  be the number of distributed targets. Let the selection gradient extend up to a distance of sL from a target, for  $s \ll 3/4$ . Formally we consider any fitness landscape f that assigns zero fitness to a string whose Hamming distance exceeds sL from every target. We consider a starting sequence for the search and argue about the estimate on the expected discovery time.



Figure 8: Distributed target examples. Figure (a) shows that if there are positions of the string that are immaterial, then the effective length decreases. Figure (b) considers the case when the evolutionary process searches for a string of length  $\alpha \cdot L$ , and it shows that it searches for a single string of length at least  $(2 \cdot \alpha - 1) \cdot L$ .

- First we consider the Markov chain M defined on B(L) where every string s in B(L) is a state of the Markov chain. The transition probability from a string s to a neighboring string in Nh(s) of Hamming distance 1 is  $\frac{1}{|Nh(s)|}$ . The Markov chain M has the following two properties: it is (i) *irreducible*, i.e., the whole Markov chain M is a recurrent class; and (ii) *reversible*, i.e., if there is a transition probability from s to s', there is also a transition probability from s' to s.
- Since M is irreducible and reversible, and due to its symmetric nature, it has a very fast *mixing* time (the number of steps required to converge to the stationary distribution). In particular, the stationary distribution, which is the uniform distribution over B(L), is converged to with in  $O(L \cdot \log L)$  steps [1].
- Since s < 3/4, the expected time to reach a string from where the selection gradient to a specific target is felt is exponential (by Corollary 2). Thus given  $m << 4^L$  and s < 3/4, a string from where the selection gradient to any target is felt is reached with in the first  $O(L \cdot \log L)$  steps with low probability.
- Since any string from where the selection gradient is felt to a target is reached with in the first  $O(L \cdot \log L)$  steps with low probability, and after  $O(L \cdot \log L)$  steps M converges to the uniform distribution, a lower bound on the expected discovery time can be obtained as follows: consider the probabilistic process that in every step chooses a string in B(L) uniformly at random and the process succeeds if the chosen string has a Hamming distance at most sL from any of the target sequence. The expected number of steps required for the success of the probabilistic process is a lower bound on the expected discovery time. Hence we first estimate the success probability of every step for the probabilistic process. Consider a target string and a string chosen uniformly at random. Since the string is chosen uniformly at random, we can equivalently think that the process is generating uniform distribution over the alphabet for every position of the string sequence. The probability that the *i*-th position of the sequence of a target differs from the chosen sequence has probability 3/4 (since we have a four letter alphabet). In other words, the generation of the positions of the string are Bernoulli random variables with mean 3/4. Let X denote the random variable for the number of positions of a target that differ from the chosen sequence (in other words, X denotes the Hamming distance), and hence X is distributed according to Bionomial (L, 3/4). We now apply Hoeffding's inequality and obtain that the probability that chosen string lies within the selection gradient from a specific target is at most

$$\mathbb{P}[X \le sL] \le \exp\left(-2 \cdot (3/4 - s)^2 \cdot L\right)$$

By union bound, the probability of success in every step is at most  $m \cdot \exp\left(-2 \cdot (3/4-s)^2 \cdot L\right)$ , and thus the expected discovery time is at least  $\frac{\exp\left(2 \cdot (3/4-s)^2 \cdot L\right)}{m}$ . Note that in proof of the lower bound above any sequence with positive fitness is considered as a target, and hence the lower bound on the expected discovery time holds even if there is a broad peak of width sL around each of the m target sequences.

**Theorem 5.** Consider the four letter alphabet, and a starting sequence in B(L). Let the target set of  $m \ll 4^L$  sequences be chosen uniformly at random, with selection extending up to a distance of sL from each target sequence, with  $s \ll 3/4$ . Then with high probability the expected discovery time of the target set is at least  $\frac{\exp(2\cdot(3/4-s)^2\cdot L)}{m}$ .

Hence, if *m* is polynomial, or even an exponential smaller than  $\exp\left(2\cdot(3/4-s)^2\cdot L\right)$ , then the expected discovery time is exponential with high probability.

#### 10. A Mechanism for Polynomial Time

In the previous sections we have shown the scenarios where the discovery time is not polynomial. We now discuss a way that can ensure polynomial bounds. In the *regeneration process*, the process of evolution keeps

on generating strings close to the target (say of distance k from the target). If the initial distance is k and constant, then we show with very high probability in polynomially many regenerations the target is reached.

**Polynomially many regenerations.** First note that from every string s, if there is a transition from the string s to a neighbor Nh(s), then there is at least a probability of  $\frac{1}{4 \cdot L}$  to move closer to the target (in expectation a transition to a neighbor occurs in every  $\frac{1}{u}$  steps). Then with probability at least  $\alpha = \left(\frac{1}{4 \cdot L}\right)^k$  the target is reached for a single trial in  $O(\frac{k}{u})$  steps, and thus the probability to not reach in  $L^{k+1} = L \cdot \frac{1}{\alpha}$  trials is at most

$$(1-\alpha)^{\frac{1}{\alpha}\cdot L} = e^{-L};$$

i.e., exponentially small in L. In other words, with  $L \cdot (4 \cdot L)^k = L \cdot \frac{1}{\alpha}$  trials (regenerations) the target is discovered in time at most  $O(\frac{k}{u} \cdot L \cdot \frac{1}{\alpha})$  with very high probability; i.e., if k is constant, then with regenerations the target is discovered in polynomial time with very high probability.

#### 11. CALCULATIONS AND DETAILS OF DATA OF ARTICLE

We first present a calculation of the number of targets in a broad peak.

Calculation 1. For a four letter alphabet, the number of sequences that differ in at most cL positions form  $\vec{0}$  is

$$\sum_{i=0}^{cL} 3^{i} \binom{L}{i} \ge 3^{cL} \binom{L}{cL} = 3^{cL} \frac{L!}{(cL)!((1-c)L)!}$$

By Stirling's approximation we have  $n! \ge \frac{\left(\frac{n}{e}\right)^n}{\sqrt{2\pi n}}$  and thus we have

$$\frac{L!}{(cL)!((1-c)L)!} \simeq \frac{\left(\frac{L}{e}\right)^L \sqrt{2\pi L}}{\left(\frac{cL}{e}\right)^{cL} \sqrt{2\pi cL} \left(\frac{(1-c)L}{e}\right)^{(1-c)L} \sqrt{2\pi (1-c)L}} \\ = \frac{1}{c^{cL+0.5} (1-c)^{(1-c)L+0.5} \sqrt{2\pi L}} \ge \frac{(1-c)^{(c-1)L}}{\sqrt{2\pi L}}$$

where we first apply Stirling's approximation, and for the inequality use that since  $c < \frac{3}{4}$  we have  $\frac{1}{c^{cL+0.5}} \ge 1$ . By converting the exponential to base 2 we obtain

$$\frac{(1-c)^{(c-1)L}}{\sqrt{2\pi L}} = \frac{2^{(c-1)L\log_2(1-c)}}{\sqrt{2\pi L}} \ge \frac{2^{c(1-c)L}}{\sqrt{2\pi L}}$$

since  $-\log_2(1-c) \ge c$  for  $0 \le c < \frac{3}{4}$ . Hence the number of sequences at hamming distance at most cL from  $\vec{0}$  grows exponentially, as

$$\frac{3^{cL}2^{c(1-c)L}}{\sqrt{2\pi L}} \ge \frac{2^{cL}}{\sqrt{2\pi L}} \ge \frac{2^{cL}}{3L}$$

as  $3^{cL} \ge 2^{c^2L}$  since c < 1, and  $\sqrt{2\pi L} < 3L$ .

Calculation 2. For L = 100 and c = 0.10, the number of strings in the cloud around the target is as follows:

$$\sum_{i=1}^{10} \binom{100}{i} \cdot 3^i \approx 1.06 \cdot 10^{18}$$

Calculation 3. We now apply the approximation results of Section 8.2 for calculation of success probability for multiple searches to discover the target in bounded number of steps. Let us consider  $b = 10^{14}$  steps (upper bound for 4 billion years), and  $M = 10^{24}$  independent searches, and let L = 1000 and c = 1/2. Then the expected discovery time for a single search is at least  $10^{65}$ . Thus applying the formula  $(1 - b/d)^M$  for the probability that none of the searches succeed we have the probability of failure for all searches is:

$$\left(1 - \frac{10^{14}}{10^{65}}\right)^{10^{24}} = \left(1 - \frac{1}{10^{51}}\right)^{10^{24}} = \left(1 - \frac{1}{10^{51}}\right)^{10^{51} \cdot 10^{-27}} \simeq \left(\frac{1}{e}\right)^{10^{-27}} = \frac{1}{10^{27}\sqrt{e}} \ge 1 - 10^{-26}$$

Thus the probability of at least one search succeeding within  $10^{14}$  generations is at most  $10^{-26} \simeq 0$ . More precise version of Table 1 of article. A more elaborate and precise version of Table 1 of article is given below.

r = 1	$c = \frac{1}{3}$	$c = \frac{1}{2}$	$c = \frac{3}{4}$
$L = 10^{2}$	$1.027309 \cdot 10^{18}$	$7.366173 \cdot 10^{7}$	182.71
$L = 10^{3}$	$5.891566 \cdot 10^{170}$	$1.285790 \cdot 10^{65}$	2666.2

(	a)	Neutral	drift	with	broad	peaks
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r = 1.01		$N = 10^{2}$	$N = 5 \cdot 10^2$	$N = 10^{3}$	$N = 10^{4}$	$N = \infty$
$s = \frac{1}{3}$	$c = \frac{1}{12}$ $c = \frac{1}{6}$	$\begin{array}{c} 1.872592 \cdot 10^{337} \\ 5.962263 \cdot 10^{260} \end{array}$	$\begin{array}{c} 6.149382 \cdot 10^{170} \\ 6.149382 \cdot 10^{170} \end{array}$	$5.893335 \cdot 10^{170}$ $5.893335 \cdot 10^{170}$	$5.891566 \cdot 10^{170}$ $5.891566 \cdot 10^{170}$	$5.891566 \cdot 10^{170}$ $5.891566 \cdot 10^{170}$
$s = \frac{1}{2}$	$c = \frac{1}{12}$ $c = \frac{1}{6}$	$\begin{array}{c} 3.285017 \cdot 10^{264} \\ 1.396805 \cdot 10^{188} \end{array}$	$\frac{1.307607 \cdot 10^{65}}{1.307607 \cdot 10^{65}}$	$\begin{array}{c} 1.285938 \cdot 10^{65} \\ 1.285938 \cdot 10^{65} \end{array}$	$\begin{array}{c} 1.285790 \cdot 10^{65} \\ 1.285790 \cdot 10^{65} \end{array}$	$\begin{array}{c} 1.285790 \cdot 10^{65} \\ 1.285790 \cdot 10^{65} \end{array}$

(b) Multiplicative fitness with broad peaks for L = 1000.

Table 3: Table 1 and Table 2 with higher precision. Table of numerical data for discovery time

#### 12. Related Work

In this section we discuss and compare our results with relevant related works from population genetics.

Genetic adaptation on continuous and sequence space. The subject of genetic adaptation has been an active research area for several decades, and has been nicely summarized by Orr [2]. In a seminal work [3], Fisher introduced the geometric model of adaptation in order to capture the statistical properties of beneficial mutations and their effect in a continuous phenotypic space. He concluded that evolution proceeds via mutations of small effect, a view that was first reconsidered later by Kimura [4]. Orr [5] extended this work of Kimura by studying the distribution of sizes of mutations for the whole evolutionary walk, and showed that it is an exponential distribution which retains its shape (but gradually shrinking) for the whole of the walk (also see [6] for a review and summary of this work). Kimura is also known for having introduced the neutral theory of molecular evolution [7]. To quote from Orr [2] "Throughout the 1960s and 1970s, evolutionary geneticists grew increasingly convinced that much, if not most, molecular evolution reflects the substitution of neutral [7,8] or nearly neutral [4,9–11] mutations, not beneficial ones." In [12,13], Maynard Smith conceived the idea that organisms evolve in the discrete, high-dimensional space of DNA and protein sequences, and the adaptive walk proceeds via unit mutational steps to fitter sequences. The idea of exploring sequence space was expanded in [14], where evolution in rugged fitness landscapes was captured by the NK model. Gillespie [15] described a simple stochastic substitution model under strong selection and weak mutation, and by means of extreme value theory concluded that the mean number of gene substitutions until fixation is small. This view was further developed in [16,17], where the assumption that the starting sequence must be highly fit was necessary for efficient evolution. In a similar setting, Orr [18] showed that finding local optima in sequence spaces takes at least e - 1 steps where e = 2.71.

Other works, such as [19, 20] studied the rate at which populations cross fitness valleys between peaks, and characterize the rate by means of the population size, the barrier width, the rate of emergence of beneficial mutants, but not as a function of L. The work in [21] also studied the rate at which populations acquire mutations sequentially to cross a fitness valley and concluded that fixation is slower when mutations have to be acquired in a particular order.

The speed of adaptation has also frequently been characterized in terms of fixation rates of beneficial mutations. Orr [22] studied the rate of adaptive substitutions in asexuals as a function of the mutation rate under the assumption that selection against the deleterious mutations is stronger than selection in favor of the beneficial one. It was shown that the mutation rate which maximizes the adaptation rate depends only the strength of selection against deleterious mutations. This work was later extended in [23] where it was shown that beneficial alleles with relatively small beneficial advantage also have relatively small probability of fixation.

Other works have studied the rate of adaptation by means of fitness change and fitness variation. In [24], a setting of large asexual populations was studied where the effect of beneficial mutations is smaller than the effect of deleterious ones, and was found that the speed of adaptation, defined as the change of log fitness over time, changes logarithmically in the population size. The authors in [25,26] studied the fitness variation maintained by the mutation/selection balance, and its implications in the rate that beneficial mutations are accumulated. This was further developed in [27] where the results were extended from moderate speeds of adaptation to high speeds.

Role of recombination. A key research question is what phenomenon contributes to speed-up of the evolutionary search process. The classical work of Crow and Kimura shows that recombination leads to a speed in evolution. Crow and Kimura [28, 29] studied the advantage that recombination confers to an adapting sexual population over its asexual counterpart, by eliminating the clonal interference between simultaneously emerging beneficial mutants. In [28] the length L of the genome sequence is not a parameter, and the results show that the speed-up due to recombination is proportional to the population size. The speed-up of recombination in various models with L also as a parameter was considered by Maynard Smith, and Table 1 in [30] summarizes the relative speed-up under various models. In the best case, the speed-up due to recombination is proportional to the product of the population size and the length L of the genome. Charlesworth in [31] also examined the advantage in the population mean fitness that sexual populations have over asexuals, for various dynamic selection functions, and showed that this advantage is substantial for various breeding systems.

As in asexual populations, the rate of adaptation in sexual populations has been studied in analogous settings. In [32] the authors considered the case of fitness-valley crossing assisted by recombination, and identified a transient behavior in the benefit of recombination depending on the ratio between the rate of recombination and the selective advantage of adaptation, with low recombination rates contributing more than high rates. The work in [33] also addressed the question of the fixation probability of a beneficial allele in a sexual population, which in turn limits the rate of adaptation, and derived a formula in which the rate of adaptation depends on the population size, the chromosome length, the beneficial mutation rate and the selective advantage of beneficial mutations. In [34] a similar question was asked, and concluded that for sufficiently small populations, the rate of adaptation is linear in the product of the population size and the rate of beneficial mutations, while for larger populations the rate of adaptation grows logarithmically on this product.

Our results. In this work our contributions are as follows:

1. We present the mathematical foundations to estimate the expected number of steps for evolutionary

processes as a function of L;

- 2. we characterize scenarios when the expected time is exponential in L;
- 3. we present strong dichotomy results between exponential vs polynomial time;
- 4. we suggest a mechanism that enables to break the infeasible exponential barrier and allows evolution to work in polynomial time.

Our results nicely combine and explain several existing results. The regeneration process that breaks the exponential barrier requires that (i) the starting sequence starts only a constant number of steps away from the target and (ii) the starting sequence can be repeatedly generated. The first aspect is related to the results of Gillespie [16, 17] that using extreme value theory suggests that the starting sequence must be a highly fit sequence for efficient evolution (i.e., in our setting close to the target). The second aspect ties in with the long-standing ideas that gene (and genome) duplications are the major events leading to the emergence of new genes [35] and that evolution is a 'tinkerer' playing around with small modifications of existing sequences rather than creating entirely new sequences [36]. Our work shows that the combination of these two ideas break the exponential barrier. Our results also nicely combine with the existing results on recombination. Recombination that leads to a linear factor speed-up does not change an exponential function to a polynomial one, but can contribute greatly to the efficiency of a polynomial process. The polynomial upper bound of  $L^{k+1}$  for regeneration process holds without selection and recombination. But the polynomial bound of  $L^{k+1}$  can still be inefficient, and then selection and recombination plays the role to make the feasible polynomial bound much more efficient.

#### 13. Additional Simulation Results

In this section we describe some additional computer simulation results. Our first simulation result is for the Moran process and per-bit mutation rate. The second simulation result is for another classical evolutionary process, namely, the Wright-Fisher process. The details are described in Supplementary Figure 9 and Supplementary Figure 10, respectively.

#### A. TECHNICAL APPENDIX: LINEAR FITNESS TRANSITION PROBABILITIES

We derive the transition probabilities of the corresponding Markov chain on a line  $M_{L,\beta}$  for the case of the linear fitness landscape and any selection intensity. That is, given s and  $s' \in Nh(s)$ , we have df(s,s') = (f(s') - f(s)) = -(h(s') - h(s)). Our goal is to show that for 0 < i < L we have:

(i) 
$$\delta_{\beta}(i, i+1) = \frac{1}{1 + e^{\beta} \cdot \frac{i}{L-i}}$$
 (ii)  $\delta_{\beta}(i, i-1) = \frac{1}{1 + e^{-\beta} \cdot \frac{L-i}{i}}$ 

For s in equivalence class 0 < i < L, i.e. h(s) = i, there exist exactly i neighbors  $s' \in \mathsf{Nh}(s)$  with h(s') = i - 1 and df(s, s') = 1, and L - i neighbors  $s'' \in \mathsf{Nh}(s)$  with h(s'') = i + 1 and df(s, s'') = -1. Then from the normalized sum of Eqn 1 we obtain:

(i)

(ii)

$$\delta_{\beta}(i,i+1) = \frac{\frac{L-i}{1+e^{\beta}}}{\frac{L-i}{1+e^{\beta}} + \frac{i}{1+e^{-\beta}}} = \frac{1}{1 + \frac{i}{L-i} \cdot \frac{1+e^{\beta}}{1+e^{-\beta}}} = \frac{1}{1 + \frac{i}{L-i} \cdot e^{\beta} \cdot \frac{e^{-\beta}+1}{1+e^{-\beta}}} = \frac{1}{1 + e^{\beta} \cdot \frac{i}{L-i}}$$
Let  $x = e^{\beta} \cdot \frac{i}{L-i}$ 

$$\delta_{\beta}(i,i-1) = 1 - \delta_{\beta}(i,i+1) = 1 - \frac{1}{1+x} = \frac{x}{1+x} = \frac{1}{\frac{1}{x}+1} = \frac{1}{1+e^{-\beta} \cdot \frac{L-i}{i}}$$

because  $\frac{1}{x} = e^{-\beta} \cdot \frac{L-i}{i}$ .



Figure 9: Moran process with per-bit mutation rate. The figure shows the results of the average discovery time obtained from computer simulation of a Moran process with per-bit mutation rate. We consider the case of neutral drift with broad peak of c = 1/2. We consider a population of size N, and in each round an individual A is chosen at random to reproduce, and the off-spring A' of A is produced from the string of A with per-bit mutation rate of 1%. Then an individual is chosen at random to die and the off-spring A' replaces the dead individual (thus population size remains constant). The process stops as soon as one individual reaches a string with Hamming distance at most cL from the target (one individual hits the broad peak). The discovery time is the number of generations (reproductions) required by the individual who reaches the peak the first time. We ran the computer simulation for 1000 samples for each experiment and then plot the average discovery time, and the figure shows the result for N = 100, 500, and 1000, and shows the average discovery time as a function of the gene length <math>L. We again observe that the discovery times grow exponentially in n in all cases.



Figure 10: Wright-Fisher Process. The figure shows the evolution of populations in the Wright-Fisher model, for population size  $N = 10^4$ , for various values of L. We consider the multiplicative fitness landscape with r = 1.01, and the selection is felt from L/2 away from the ideal sequence  $\vec{0}$ . At every generation a new population replaces the old one, such that the expected number of off-springs of an individual of the old population to the new one is proportional to its fitness. These off-springs are mutated with a uniform mutation rate per bit  $(u = 10^{-4})$ . The first two figures depict the evolution of the mean fitness and normalized mean fitness of the population, while the last figure depicts the normalized average distance of the population from the target sequence  $\vec{0}$ . The results are obtained from a computer simulation where for each value of L the simulation was ran for 50 cases, and the averages are shown.

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