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Maintenance of sperm production in bucks during a third year of short photoperiodic cycles

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Summary — We have previously shown that reproductive seasonality of bucks was prevented for 2 consecutive years by short photoperiodic cycles. To determine the effect of the length of treatment time on bucks subjected to the same photoperiod conditions, experiments were continued for a third consecutive year on 3 groups of 6 Alpine and Saanen bucks. The control group was kept under natural photoperiodic conditions, while the experimental groups were exposed alternately to 1 month of long days and 1 month of short days (group 2M) or to 2 months of long days and 2 months of short days (group, 4M). Prolactin profiles indicated that bucks from both experimental groups responded adequately to rapid photoperiod changes as their plasma prolactin levels were significantly higher in long days (mean \pm SEM; 2M: 61.1 ± 15.9 ng/ml; 4M: 102.2 ± 13.5 ng/ml) than in short days (2M: 35.3 ± 8.2 ng/ml; 4M: 46.1 ± 9.0 ng/ml). Testosterone secretion was also dependent on day length ($P < 0.0001$), since testosterone concentrations of experimental animals were higher during long days (2M: 7.0 ± 0.7 ng/ml; 4M: 10.2 ± 1.1 ng/ml) than during short days (2M: 4.3 ± 0.4 ng/ml; 4M: 5.0 ± 0.9 ng/ml). Furthermore, controls displayed a high level of sexual behavior (always higher than 10%) and the proportion of bucks unable to ejaculate was significantly lower ($P < 0.01$) than the experimental animals (2M: 25.6%; 4M: 28.1%). In controls, the testis weights exhibited distinct seasonal variations, increasing from 120.0 ± 0.1 g in May to 155.0 ± 4.2 g in November, whereas in the experimental animals, the testis weights remained elevated (2M: May = 160.0 ± 7.3 g, November = 151.6 ± 7.3 g; 4M: May = 155.00 ± 11.8 g, November = 160.0 ± 12.2 g). Importantly, the mean total number of spermatozoa per ejaculate throughout the year was higher ($P < 0.05$) in experimental animals (2M: $7.8 \pm 0.5 \times 10^9$; 4M: $7.8 \pm 0.3 \times 10^9$) than in the controls ($5.0 \pm 0.2 \times 10^9$) and the mean daily sperm output, measured after exhaustion tests at the end of the photoperiodic treatments, was also higher ($P < 0.05$) in experimental animals (2M: $3.68 \pm 0.59 \times 10^9$; 4M: $6.25 \pm 0.61 \times 10^9$) than in controls ($2.96 \pm 0.36 \times 10^9$). It was concluded that bucks exposed to rapid alternations between long and short days for a third year maintained a high sperm production and, thus, the seasonality of hypothalamo-pituitary-testis activity was abolished.

photoperiod / testosterone / prolactin / testis / goat

Résumé — Maintien d'une production spermatique élevée chez les boucs soumis à une 3^e année de régime photopériodique accéléré. Des rythmes photopériodiques accélérés atténuent, pendant 2 années consécutives, le saisonnement de la reproduction chez le bouc. Afin d'étudier la

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persistance de l'augmentation de production de semence chez les mâles soumis à ces traitements photopériodiques, les animaux ont été soumis à de tels rythmes pendant une troisième année d'étude. Trois groupes de 6 boucs de races Alpine et Saanen ont été utilisés. Le groupe témoin est maintenu dans les conditions photopériodiques naturelles, tandis que les groupes expérimentaux sont soumis à une alternance d'1 mois de jours longs et d'1 mois de jours courts (lot 2M), ou de 2 mois de jours longs et 2 mois de jours courts (lot 4M). Les variations des taux de prolactine indiquent que les boucs des 2 groupes expérimentaux répondent aux changements lumineux, puisque la concentration plasmatique est significativement plus élevée en jours longs (moyenne \pm esm; 2M : $61,1 \pm 15,9$ ng/ml et 4M : $102,2 \pm 13,5$) qu'en jours courts ($35,3 \pm 8,2$ et $46,1 \pm 9,0$ respectivement). Les concentrations plasmatiques de testostérone varient également selon la durée du jour ($P < 0,0001$). Dans les 2 groupes expérimentaux la concentration plasmatique est plus élevée en jours longs (2M : $7,0 \pm 0,7$ ng/ml et 4M : $10,2 \pm 1,1$) qu'en jours courts ($4,3 \pm 0,4$ et $5,0 \pm 0,9$ respectivement). Les boucs du groupe témoin manifestent un comportement sexuel intense puisque le pourcentage de boucs refusant d'éjaculer ne dépasse jamais 10%. Au contraire, dans les lots expérimentaux, le pourcentage de refus est plus élevé: 25,6% dans le groupe 2M et 28,1% dans le 4M ($P < 0,01$). Dans le groupe témoin, le poids testiculaire varie avec la saison de $120,0 \pm 0,09$ g en mai à $155,0 \pm 4,2$ g en novembre. Par contre, dans les lots expérimentaux, cette variation saisonnière n'existe plus et le poids testiculaire est maintenu à une valeur élevée. Dans le groupe 2M, le poids testiculaire est identique entre mai ($160,0 \pm 7,3$ g) et novembre ($151,6 \pm 7,3$ g); la même observation est faite dans le groupe 4M ($155,0 \pm 11,8$ et $160,0 \pm 12,2$ g, respectivement). Le nombre total moyen de spermatozoïdes par éjaculat au cours de l'année est plus élevé ($P < 0,05$) dans les lots 2M ($7,8 \pm 0,5 \times 10^9$ spz) et 4M ($7,8 \pm 0,3 \times 10^9$ spz) que dans le lot témoin ($5,0 \pm 0,2 \times 10^9$ spz). La production spermatique par jour, mesurée pendant des collectes intensives à la suite de tests d'épuisement situés à la fin de la période expérimentale, est également plus élevée ($P < 0,05$) dans les lots 2M ($3,68 \pm 0,59 \times 10^9$ spz) et 4M ($6,25 \pm 0,61 \times 10^9$ spz) que dans le lot témoin ($2,96 \pm 0,36 \times 10^9$ spz). Il est conclu que les alternances rapides entre jours longs et jours courts atténuent, pendant la troisième année d'application, le saisonnement de l'activité de l'axe hypothalamus-hypophyse-testicule et permettent le maintien d'une production spermatique élevée.

photopériode / testostérone / prolactine / testicule / bouc

INTRODUCTION

Photoperiod is the main environmental cue that controls the reproductive activity of sheep and goats originating in temperate latitudes (Ortavant *et al*, 1985; Chemineau *et al*, 1986; Branca and Cappai, 1989) and in males of these species, the breeding season starts in September and ends in February (Corteel, 1977; Lincoln, 1989). In Alpine and Saanen bucks, the breeding season is preceded by a progressive rise in luteinizing hormone (LH) secretion from June to September and a more rapid increase in testosterone secretion from August to September (Rouger, 1974; Delgadillo and Chemineau, 1992). Due to the increase in the secretion of these reproductive hormones, there is an increase in

sexual behavior, testis weight and quantitative and qualitative sperm production during the breeding season (Pelletier *et al*, 1988; Delgadillo *et al*, 1991, 1992).

It has recently been reported that rapid alternations between long and short days decreased or abolished the seasonal variation in LH and testosterone secretion and sperm production in Ile-de-France rams (Pelletier and Almeida, 1987; Almeida and Pelletier, 1988; Chemineau *et al*, 1988) and Alpine and Saanen bucks (Delgadillo *et al*, 1991; Delgadillo and Chemineau, 1992). In these bucks, 1 or 2 months of long days alternated with 1 or 2 months of short days prevented reproductive seasonality for 2 consecutive years (Delgadillo *et al*, 1991). To investigate the long-term effect of short photoperiodic cycles on the sexual activity

of these animals, a third consecutive year of study was carried out on the same bucks experiencing the same photoperiod photoperiodic treatments. The testosterone and testis weight data obtained during this additional experimental year and those obtained from sperm exhaustion tests, performed at the beginning of the fourth year, are presented in this paper.

MATERIALS AND METHODS

The general materials and methods used in this study have been described previously (Delgadillo *et al*, 1991; Delgadillo and Chemineau, 1992).

Photoperiodic treatments

Experimental groups comprised the same Alpine and Saanen bucks which had previously been divided into 3 groups of 6 bucks and maintained for 3 yr in the same photoperiodic treatments. The control group was kept in open sheds under natural day length, which varied from 16 h light at the summer solstice to 8 h light at the winter solstice (group C). The second group (2M) was subjected alternately to 1 month of long days (16 h light and 8 h darkness; 16 L / 8 D) and 1 month of short days (8 L / 16 D). The third group (4M) was exposed to alternations of 2 months of long days (16 L / 8 D) and 2 months of short days (8 L / 16 D).

Blood sampling and assays

All blood samples were collected once a week at 14.00 h throughout the year by jugular venipuncture; the plasma removed after centrifugation at 2 500 g for 20 min and then stored at -15°C until they were assayed for prolactin and testosterone. Prolactin was determined by a single assay using the method of Kann (1971) and the sensitivity of this assay was 1.7 ng/ml, with an intra-assay coefficient of variation (CV) of 8.9% at 74 ng/ml. Testosterone was assayed by a single assay using the method of Garnier *et al* (1978) and the sensitivity of this assay was

0.2 ng/ml, with intra-assay CVs of 5.4% at 5.4 ng/ml and 17.4% at 0.65 ng/ml.

Measurement of reproductive parameters

Testicular weight was measured once a month by comparative palpation with an orchidometer (Oldham *et al*, 1978) and sexual behavior assessed twice a week in each semen collection session by recording the percentage of bucks unable to ejaculate into an artificial vagina. The bucks, which had been trained previously to mount a teaser doe, were allowed 3 min to mount an intact oestrus-induced doe.

The semen of bucks was simultaneously collected and, in each collection session, there was only 1 attempt to obtain 1 ejaculate. The total number of spermatozoa per ejaculate was calculated by measuring the volume and sperm concentration with a spectrophotometer (Spectronic 21; Bausch & Lomb) of the ejaculate. Two months after the end of the third experimental year, in February, daily sperm output (DSO) was assessed in control and experimental bucks from collections made twice daily for 9 consecutive days following sperm exhaustion tests. Sperm exhaustion tests were composed of 12 attempts of collection per d during the 3 days preceding the 9 days of DSO measurements.

Analysis of data

In the control group, monthly means of prolactin and testosterone were estimated and analyzed by Analysis of Variance (ANOVA) with repeated measurements (bucks, time). In groups 2M and 4M, mean concentrations were calculated during 2 consecutive (group 2M) or successive (group 4M) months of long days or short days, and then these mean concentrations were analyzed by ANOVA with repeated measurements (group, prevailing day length and time).

In each group, an individual monthly mean of testicular weight, sexual behavior (defined as the percentage of successful collections over 8–10 attempts per month) and quantitative sperm production was calculated. Groups then were compared by ANOVA with repeated measure-

ments (bucks, time) and monthly means of the 3 groups were compared by Duncan's new Multiple Range test.

In the 3 groups the mean daily sperm output was calculated and analyzed by ANOVA with repeated measures (group, time and interaction) and the daily means compared by Duncan's new Multiple Range test. Results are expressed as mean \pm SEM and all statistical analyses were performed with Superanova software (Abacus Concept).

RESULTS

Prolactin secretion

In the control group, there was a significant effect of time ($P < 0.0001$) on the plasma concentration of prolactin. In this group, prolactin release showed marked seasonal variations and high plasma prolactin concentrations occurred in spring and summer, with the highest value in May (61.9 ± 14.5 ng/ml). In contrast, lower plasma prolactin concentrations were recorded in autumn and winter, with the lowest value observed in November (4.9 ± 0.8 ng/ml). There was a significant effect of day length on prolactin secretion in both experimental groups. The mean plasma levels of prolactin were much higher ($P < 0.005$) during long days (2M: 61.1 ± 15.9 ng/ml; 4M: 102.2 ± 13.5 ng/ml) than during short days (2M: 35.3 ± 8.2 ng/ml; 4M: 46.1 ± 9.0 ng/ml).

Testosterone secretion

Testosterone secretion in the control group varied significantly with time ($P < 0.0001$). Testosterone plasma levels remained basal from January to June, rose suddenly from August to September and then decreased progressively until December (fig 1). In light-treated bucks, plasma

testosterone concentration was affected by day length ($P < 0.0001$), since secretion was enhanced by short days in both experimental groups. In group 4M, a distinct rise occurred following transfer from long to short days, while in group 2M, the cyclicity was less clear, probably due to more frequent photoperiodic shifts. In both groups, testosterone concentrations were significantly higher ($P < 0.05$) during long days (2M: 7.0 ± 0.7 ng/ml; 4M: 10.2 ± 1.1 ng/ml)

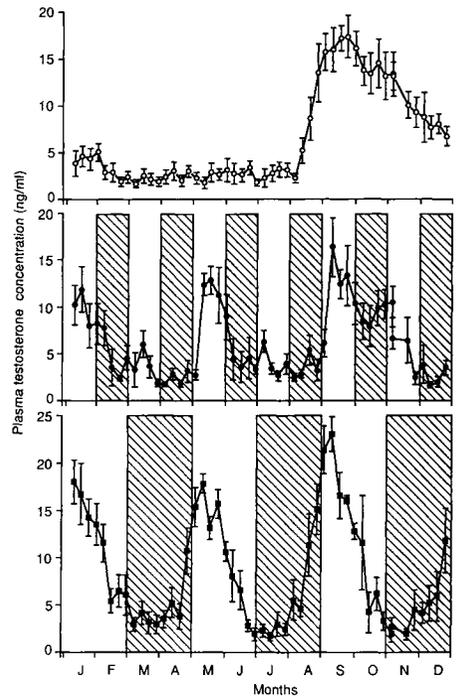


Fig 1. Mean weekly changes (\pm SEM) in the mean concentration of plasma testosterone of Alpine and Saanen bucks of 3 groups subjected to photoperiodic changes. The grey areas indicate the months when the experimental animals were exposed to short days. Control (\circ): natural photoperiodic variations at 46°N latitude; 2M (\bullet): alternation between 1 month of long days (16L / 8 D) and 1 month of short days (8 L / 16 D); 4M (\blacksquare): alternation between 2 months of long days (16 L / 8 D) and 2 months of short days (8 L / 16 D).

than during short days (2M: 4.3 ± 0.4 ng/ml; 4M: 5.0 ± 0.9 ng/ml).

Sexual behavior

There was a significant difference in the sexual behavior between the 3 groups ($P < 0.001$). Although the control group was different from group 2M ($P < 0.05$), there was no significant difference between the controls and group 4M nor between groups 2M and 4M. Further, bucks from the control group did not show seasonal variation in their sexual behavior and the percentage that were unable to ejaculate never exceeded 10% (fig 2). In both experimental groups, the percentage of bucks that did not ejaculate varied considerably throughout the year. The highest percentages of bucks from groups 2M and 4M that did not ejaculate were observed in December (25.6%) and August (28.1%). An aggressive behavior towards humans appeared in both experimental groups and this behavior was more marked in group 4M than in group 2M.

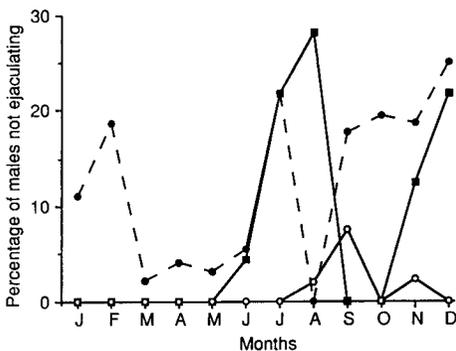


Fig 2. Monthly mean percentage of Alpine and Saanen bucks refusing to ejaculate in the 3 groups, subjected to photoperiodic changes. Control (○): natural photoperiodic variations at 46°N latitude; 2M (●): alternation between 1 month of long days (16L/8 D) and 1 month of short days (8 L/16 D); 4M (■): alternation between 2 months of long days (16 L/8 D) and 2 months of short days (8 L/16 D).

Testicular weight

A significant effect of the group ($P < 0.0001$) and time ($P < 0.01$) was detected on testis weight, but the interaction between group and time was not significant. The mean testis weight of the control group was different from experimental groups ($P < 0.005$) but the experimental groups were not different from each other.

Testis weights of controls displayed large seasonal variations, with the lowest values recorded in May (120.0 ± 0.0 g) and peak values in November (155.0 ± 4.2 g; fig 3). Conversely, these seasonal variations were abolished in experimental animals and testicular weight remained at the levels observed during the breeding season in control bucks. Relative to this, in group 2M, the mean testicular weight was 160.0 ± 7.3 g in June and 151.6 ± 7.3 g in November, while the corresponding values in group 4M were 155.0 ± 11.8 g and 160.0 ± 12.2 g, respectively.

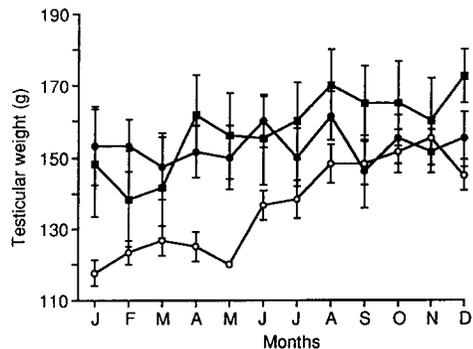


Fig 3. Monthly mean testis weight (\pm SEM) of Alpine and Saanen bucks of 3 groups, subjected to photoperiodic changes. Control (○): natural photoperiodic variations at 46°N latitude; 2M (●): alternation between 1 month of long days (16L/8 D) and 1 month of short days (8 L/16 D); 4M (■): alternation between 2 months of long days (16 L/8 D) and 2 months of short days (8 L/16 D).

Quantitative sperm production during the third year

A significant effect of the group ($P < 0.01$) was detected on volume of the ejaculate, sperm concentration and total number of spermatozoa per ejaculate. No significant effect of time was detected on these parameters, a significant interaction between group and time was detected only on sperm concentration ($P < 0.02$). The control group was different from both experimental groups for the 3 parameters ($P < 0.05$).

The mean volume of ejaculate from the controls (1.47 ± 0.07 ml) was lower than that of the experimental animals (2M: 2.15 ± 0.12 ml; 4M: 1.89 ± 0.05 ml).

Important seasonal variations in the mean sperm concentration of ejaculates in the controls were observed. The highest sperm concentration was observed during spring (June: $4.61 \pm 0.35 \times 10^9$ spermatozoa/ml). In both experimental groups, seasonal variations in sperm concentration were eliminated since in group 2M, similar values were observed in June (3.40 ± 0.57) and December (3.9 ± 0.15) and in group 4M, sperm concentration also remained elevated (4.20 ± 0.25 and 4.57 ± 0.38). Importantly, the mean total number of spermatozoa per ejaculate in the control group ($5.09 \pm 0.23 \times 10^9$ spermatozoa) was lower than that of the experimental animals (2M: 7.70 ± 0.49 ; 4M: 7.74 ± 0.30).

Daily sperm output (DSO) during intensive collections after exhaustion tests

DSO was significantly different between groups ($P < 0.05$). Number of days of semen collection (time) had a significant effect on this parameter ($P < 0.0001$) and a significant interaction between group and time was also found ($P < 0.05$).

Both experimental groups produced more spermatozoa than the control group. Bucks of group 4M produced significantly more spermatozoa than controls during all the days of semen collection, while DSO of 2M bucks was higher than that of controls for 7 out of 9 days (fig 4). On the ninth day of semen collection, the mean DSO in the experimental groups (2M: 3.68 ± 0.59 ; 4M: 6.25 ± 0.61) was significantly higher than in the controls (2.96 ± 0.36 ; $P < 0.05$).

Comparison with the second year of production (Delgadillo 1990; Delgadillo *et al*, 1992)

Monthly mean ejaculate volumes of control and 4M bucks were in the same range as those observed during the second year of treatment (0.8–1.6 ml, 2nd yr *versus* 1.1–1.7, 3rd yr in control bucks, and 1.8 ml *versus* 1.9 in 4M bucks). Mean ejaculate volume of 2M bucks was higher than that of

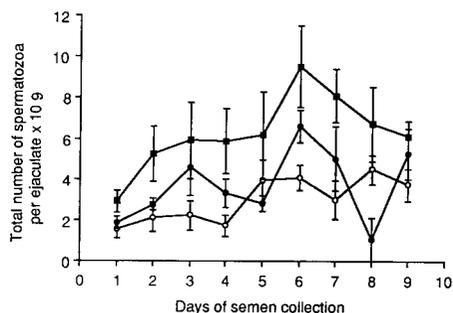


Fig 4. Mean daily sperm output (DSO) (\pm SEM) during intensive collection (2 daily collections after exhaustion tests) of Alpine and Saanen bucks of 3 groups after exposure during 3 consecutive yr to photoperiodic changes. Control (○): natural photoperiodic variations at 46°N latitude; 2M (●): alternation between 1 month of long days (16L/8 D) and 1 month of short days (8 L/16 D); 4M (■): alternation between 2 months of long days (16 L/8 D) and 2 months of short days (8 L/16 D).

the second year (1.3 *versus* 2.2). Monthly mean sperm concentrations of ejaculates of control and 4M bucks were in the same range as those observed during the second year of treatment ($3.0\text{--}4.3 \times 10^9$ spermatozoa/ml, 2nd yr *versus* $2.8\text{--}4.6$, 3rd yr in control bucks and $3.6\text{--}4.7 \times 10^9$ spermatozoa/ml, 2nd yr *versus* $4.2\text{--}4.3$, 3rd yr in 4M bucks). Monthly mean sperm concentrations of ejaculates of 2M bucks were generally lower than that of the second year ($3.7\text{--}5.3 \times 10^9$ spermatozoa/ml, 2nd yr *versus* $3.4\text{--}3.9$, 3rd yr).

DISCUSSION

In the experimental groups, seasonal variations in the prolactin release varied according to the photoperiodic shifts, with long days stimulating and short days inhibiting prolactin secretion. These results and those reported for the first 2 yr of this study by Delgadillo and Chemineau (1992) are very similar and, thus, suggest that bucks are able to interpret adequately rapid changes in day length, which is in agreement with previous studies on bucks and rams (Buttle, 1974; Pelletier *et al*, 1985; Langford *et al*, 1987).

In treated bucks, testosterone secretion was also linked, as in the 2 preceding yr, to rapid changes in day length, since in these groups, short days significantly stimulated testosterone secretion. As mentioned previously (Delgadillo and Chemineau, 1992), variations in testosterone secretion suggest that steroidogenesis in the testes is able to follow rapid changes in photoperiod. Short photoperiodic cycles dramatically decreased the seasonality of testis weight and sperm production, although the percentage of bucks unable to ejaculate increased in both experimental groups. In group 2M increase in the percentage of bucks unable to ejaculate was

registered throughout the year confirming the observations during the first 2 yr of the experiment (Delgadillo *et al*, 1991). However, in 4M bucks, the sexual behavior was different from the previous 2 yr of experiment, since during the last 6 months of the study, a decrease in the sexual behavior appeared and the percentage of bucks that did not ejaculate exceeded 20%. In both experimental groups, the percentage of bucks unable to ejaculate, in some months, reached values identical to those reported for bucks during the rest season (Rouger, 1974; Corteel, 1977). In controls, the percentage of bucks exhibiting decreased sexual behavior during this third experimental year, was lower than that recorded in the same animals during the first 2 yr of this study (Delgadillo *et al*, 1991) and previous studies (Rouger, 1974; Corteel, 1977) but agrees with results from Cashmere bucks (Restall *et al*, 1991).

Testosterone secretion, the main hormone responsible for sexual behavior, responded to the prevailing photoperiod, indicating that the inhibited sexual activity of the experimental animals probably had a post-gonadal origin. It is possible that in some 2M bucks, plasma testosterone levels were able to maintain high spermatogenesis, but that these levels were insufficient to properly stimulate sexual behavior. Indeed, individual variations in the response of the sexual behavior to the same levels of testosterone were reported in rams by D'Occhio and Brooks (1982). However, if this were the reason, then it would be difficult to explain the decreased sexual behavior observed in group 4M at the end of the study, in which the plasma levels of testosterone were much higher than those of 2M bucks.

The aggressive behavior, particularly that registered in group 4M, may result from the unusual sustained presence of testosterone during the year in the 2 light-treated groups of bucks, compared with

the control group. In controls testosterone concentration was lower than 5 ng/ml of plasma for 29 weeks (59%), while the corresponding values for groups 2M and 4M were 26 (53%) and 20 weeks (40%), respectively. For the 2 light-treated groups, unlike the control group, these weeks were not consecutive.

As a consequence of the seasonal decrease in testis weight of controls, the bucks of the light-treated groups produced a larger number of spermatozoa per ejaculate than controls (50% more spermatozoa). This superiority also appeared in the same range during the 2 previous experimental years (+50 and +70%, respectively; Delgadillo *et al*, 1991) and is in accordance with results reported for Ile-de-France rams (Chemineau *et al*, 1988). Moreover, the DSO during intensive collection after exhaustion tests, clearly confirmed that bucks from both experimental groups produced more spermatozoa than controls, and that the superior sperm production of the light-treated bucks probably originates from higher efficiency in the spermatogenic processes which differentiate spermatogonia into spermatozoa. This finding suggests that a more frequent collection intensity (5–10 ejaculate per week, instead of 2) from experimental groups during the 3 years of the experiment preceding the measurement of DSO, would probably have led to an increase in the total number of deep-frozen sperm-cells stored throughout the year. As reported in Ile-de-France rams (De Reviere *et al*, 1992), the superiority of the experimental bucks could be due to the fact that photoperiodic treatments enhanced the differentiation of A0 into A1 spermatogonia maintaining a high spermatogenic activity throughout the year. From a practical point of view, the use of the 4M treatment in artificial insemination centers seems preferable as it allows a higher DSO than the 2M treatment.

In conclusion, these results and those by Delgadillo *et al* (1991) and Delgadillo and Chemineau (1992), show that rapid alternation of long and short days prevents seasonality of testosterone secretion and testis weight and increases sperm production during 3 consecutive yr, although sexual behavior is slightly, but significantly, decreased.

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