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Original article

Phosphorus and organic matter in wetland sediments: analysis through gel permeation chromatography (GPC)

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Abstract – Sequential extraction defines fractions of phosphorus of distinct natures and properties in sediments. The organic fraction is partially characterised, sometimes regarded as refractory and stable in spite of variations observed in situ. The unidentified fractions are generally judged complex forms associated with the humic substances. The organic forms of phosphorus were extracted by alkaline solution, following extraction of the inorganic and hydrolysable organic forms in an acid solution. In the sediment of an eutrophic coastal lagoon, organic phosphorus extracted with NaOH accounts for 18% of total phosphorus and 79% of the organic fraction. In order to better characterise the organic phosphorus in the sediments, the GPC chromatography technique was used. Thus several distinct organic fractions were observed: condensed humic acids, with a low phosphorus content, and molecules of molecular compactness, such as ful-vic acid which contains the majority of the phosphorus.

phosphorus / organic matter / sediment / wetland / gel permeation chromatography

Résumé – Interactions du phosphore et de la matière organique dans le sédiment d'une zone humide. Des extractions séquentielles permettent de définir des fractions de phosphore de nature et de propriétés distinctes dans les sédiments. La fraction organique est partiellement caractérisée, parfois considérée comme réfractaire et stable malgré des variations quantitatives observées in situ. Les fractions non identifiées sont généralement assimilées à des formes complexes associées aux substances humiques. Des formes organiques du phosphore ont été extraites par une solution alcaline, après extraction des formes inorganiques et des formes organiques hydrolysables en milieu acide. Dans le sédiment d'une lagune côtière eutrophe, elles représentent 18 % du phosphore total et 79 % de la fraction organique. Dans le but de mieux caractériser la nature du phosphore organique des sédiments, nous avons utilisé la technique de chromatographie de perméation sur gel. Ceci a permis de définir plusieurs fractions organiques distinctes : des acides humiques condensés contenant peu de phosphore et des molécules de plus faible encombrement moléculaire, de type acide fulvique, contenant la majorité du phosphore.

phosphore / matière organique / sédiment / zone humide / chromatographie de perméation sur gel

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1. Introduction

In order to characterise the status of phosphorus in sediments, sequential extractions have been developed [23, 46]. These schemes use NaOH (0.1 M or 1 M) for extraction of iron and aluminium-bound phosphorus and HCl (0.5 M) for extraction of calcium-bound phosphorus. Others [34] use bicarbonate dithionite to extract iron-bound phosphorus under reducing conditions. The organic phosphorus pool is quantified by the difference between total phosphorus and the other inorganic fractions. These methods have been strongly criticised [4, 5]. During NaOH extraction, a re-precipitation of extracted phosphorus with calcium causes an underestimation of iron-bound and organic phosphate. Organic phosphate is also hydrolysed during acid extraction.

To avoid these disadvantages, an extraction scheme using chelating agents was developed for the extraction of inorganic phosphorus pools with lesser modifications of the organic pool, the "EDTA method" [14, 15]. Ca-saturated EDTA (avoids Cabound phosphate removal) renders the iron soluble at the same time as the phosphate and the pH avoids re-precipitation. Then, Na-EDTA renders calcium and bound phosphate soluble, minimising the extraction of organic materials. Developed by De Groot [4], the "EDTA method" authorises the extraction of two fractions of phosphorus called humic and fulvic bound (Humic-P and Fulvic-P). Applied to sediments of two coastal lagoons, these pools represented respectively 20 and 60% of organic phosphorus [31]. The use of NaOH and H_2SO_4 for obtaining these two fractions corresponds to the classical methods of separation of humic and fulvic acids in soils. For a better characterisation of these extracts, further measurements are needed.

A specific enzymatic analysis using phytases [4, 31] allows us to characterise the part of phosphorus extracted with fulvic acids such as phytate (inositol hexaphosphate). Such organic molecules, derived from plants, accumulate in soils [40] and are likely to accumulate in sediments of wetlands, depending on the pH conditions [6, 45], in spite of their algal or bacterial origin [31].

The Gel Permeation Chromatography (GPC) technique on Sephadex gels (Pharmacia Fine Chemicals, Uppsala, Sweden) was largely utilised for biomedical applications [8, 11]. It was also used for the separation of the phosphorus forms in water [26, 28, 30 32]. The separated molecules are dissolved humic substances [30]; the phosphorus they contain is expected to be partly bioavailable [38]. GPC also allows the separation and identification of small molecules, such as free esters of inositol [10] or phytate linked to molecules of high molecular weights (fulvic acids, proteins and lipids) [22]. This technique was initially applied to soil extracts derived from solid phases of the soil [1, 2, 41], then on organic extracts of sediments, in order to study the distribution of the humic substances [36]. Studies with GPC showed relations between metals and phosphates and organic matter in coastal sediments [25] or dissolved organic phosphorus from sediments characterised as phytate [27].

GPC seems an advantageous technique in order to study the fractions of organic phosphorus, especially those linked to the humic substances.

Wetlands are defined as areas where water covers the soil, or is present either at or near the surface of the soil all year or for varying periods of time during the year [43]. In France, urban waste water treated for organic matter but not for phosphorus removal reaches some coastal wetlands that become hypereutrophic. Such wetlands seem appropriate for the study of phosphorus linked to organic matter.

The aim of our work was to examine the ability of the GPC technique to describe organic compounds extracted from sediments of a wetland. Molecular weight distribution of organic molecules and phosphorus associated in the extracts have to be measured. This will contribute to a better characterisation of the phosphorus status in wetland sediments.

2. Materials and methods

2.1. The site

Sediment and algae were sampled in a brackish saltwater lagoon: the "Étang de Méjean", on the

Mediterranean coast (4°E and 43°40°N, Hérault, France. 7.47 \times 10⁶ m²). Water salinity ranges from 9 to 31‰. It receives pollution mainly from urban waste water of Montpellier (300 000 inhabitants). Surface sediment (0–5 cm) is very small (the < 63 µm fraction represents 79%) and is always submerged. Water content (63% of wet weight) and porosity (80%) are fairly constant throughout the year. The low depth of water (< 1 m), isolation from the sea and slow rate of water renewal make this lagoon hypereutrophic [18–20], which appears by a macroalgae proliferation.

The period chosen for sampling Ulva and sediment (spring) corresponds to the beginning of macroalgae growth (Ulva rigida C. Agardh and Gracillaria verrucosa (Huds.) Papenfuss are the dominant species in this lagoon), where surface sediment is still oxic. Undisturbed sediments, under a 0.7 m water column, were sampled with a manual corer [35]. The 0-5 cm layer was sampled. Sediment temperature was 13.5 °C and the pH 7.7. The $E_{\rm H}$ profile showed oxidising conditions in the 0-5 cm layer (190 to 0 mV) and reducing conditions between 5 and 20 cm (-80 mV). Initial sediment characteristics for in vitro experiments were determined after sieving to 2 mm. Ulva thalli were sampled, sieved, and rinsed with tap water in order to eliminate salt before determination of dry matter. Water used for the in vitro experiment was nutrientpoor seawater (filtered on Whatman GF/C).

2.2. In vitro experiment

Phosphorus fractionation and GPC were carried out on the sampled sediment in its initial form and after in vitro *Ulva* addition. The aim of this macroalgae addition was to increase the organic content of the sediment, as it occurs in the lagoon when macroalgae reach the sediment. The mixture was incubated in salt oxic conditions for 69 days: 500 g of fresh sediment ($63 \pm 5\%$ d.w. water content; 3.23 ± 0.07 mgN·g⁻¹ d.w.; 45 ± 5 mgC·g⁻¹ d.w. Corg; C/N= 12 ± 2) and 500 g of fresh *Ulva* thalli ($87 \pm 5\%$ d.w.water content; 44 ± 1 mgN·g⁻¹ d.w.) were incubated with 4 L of seawater (20 °C, in the dark) in a 25×50 cm glass aquarium equipped with an oxygenation system (compressed air injected), in order to maintain oxidising conditions. Sediment was analysed for phosphorus and GPC was used to study organic extracts after 69 days of incubation.

2.3. Analytical methods

Soluble reactive phosphate (SRP) was analysed according to the APHA "Ascorbic acid" Standard Method (1992) [3]: Ammonium molybdate and potassium antimonyl tartrate react in an acidic medium with orthophosphate to form a heteropoly acid –phosphomolybdic acid– that is reduced to intensely coloured molybdenum blue by ascorbic acid. Total phosphorus was analysed as SRP after persulphate digestion, according to the APHA Standard Method (1992) [3].

Phosphorus in sediment, algae and in the in vitro mixture was fractionated following the sequential extraction scheme (Fig. 1) according to De Groot and Golterman (1993) [6]. First, the sample was washed with H₂O and analysed as SRP (H₂O-P fraction). Then, inorganic forms of phosphorus in the sediment (Inorganic-P) were extracted: ironbound phosphate was extracted with buffered CaEDTA/dithionite (CaEDTA-P) and calciumbound phosphate with Na₂EDTA (Na₂EDTA-P) [14], both analysed as SRP. Then a dilute acid solution (H_2SO_4 0.25 M) was used to extract acid-soluble organic phosphorus (Organic-P_{ac}), analysed as SRP. The molecules extracted are considered as having biochemical components such as nucleic acids, lipids and sugars [4, 17, 31].

The remaining Organic-P (Organic- P_{alk}) was extracted with 2 M NaOH, 90 °C for 30 minutes. Humic acids were precipitated from the NaOH extract by acidification to pH = 1 with HCl and collected by filtration (Whatman GF/F). Humic-P is defined as the part of Organic- P_{alk} that precipitates at pH = 1 as humic acids, analysed as total phosphate after persulphate digestion. Fulvic-P, remaining in solution, was analysed as total phosphorus. In the same extract, SRP was analysed, and phytate was determined by enzymatic hydrolysis with phytase (Sigma - Crude, from *Aspergillus ficuum*) [4].



Figure 1. Fractionation scheme. Organic-P_{ac}: acid-soluble organic phosphorus, Organic-P_{alk}: alkali-soluble organic phosphorus.

pH and temperature (WTW pH meter), and redox potential (Ingold Pt 4800-M5 electrode corrected for the standard-H₂ electrode) were measured in situ in water and in the sediment core. Kjeldahl nitrogen was determined for both sediment and algae according to the APHA Standard Methods (1992) [3]. Weights of dry matter of the sediments and algae were provided at 110 °C for 24 h.

All reagents were of analytical grade. All glassware was acid washed by immersion in a 10% HCl (24 h) bath and then rinsed with distilled water. All analysis and fractionation schemes were performed in triplicate, and results are given as means with their 95% confidence interval ($\pm 1.96 \sigma/\sqrt{3}$).

2.4. Gel Permeation Chromatography (GPC)

Organic- P_{ac} , Organic- P_{alk} , Humic-P (dissolved in NaOH 2M, 20 °C) and Fulvic-P extracts obtained

by sequential processes were analysed by GPC on two types of suitably prepared Sephadex gels (Pharmacia Fine Chemicals, Uppsala, Sweden) [8, 11, 13]. G75 medium was used for the separation of molecules < 50 000 Da, and G25 for molecules < 5 000 Da.

Ten to forty ml of each extract were eluted with NaCl 0.5 M in Tris 0.05 M at pH = 9.5 in the case of alkaline extracts and with NaCl 0.5 M + HCl at pH = 2 in the case of acid extracts. Forty-seven to forty-nine 20 ml elution fractions were collected for the analysis of SRP, phytate, Total-P and compared to phosphorus content in the extracts.

Organic matter was detected by UV 254 nm absorbance (E_{254}) [12, 25, 38]. Absorbance ratios, the E4/E6 ratio (430/665 nm) and the E2/E3 ratio (254/365 nm) [7], were used in order to characterise organic matter: the highest ratios E4/E6 (~ 9.6)

5 column	
5	
4 × 50 628 196 ± 7 Ve (ml) Kav	
6 ± 7 0.00 ± 0.04	
2 ± 35 3 ± 25 1.17 ± 0.08 0.77 ± 0.04	
	$50 \\ 50 \\ (ml) \\ 50 \\ 100 \\ $

Table I. GPC Columns characteristics. (Ve and Kav means \pm 95% confidence interval on three replicates).

characterise the smaller molecules; the lowest ratios E2/E3 (~ 4) characterise fulvic acids with relatively high molecular weights (> 5 000 Da) and with high phenolic polymer content.

To allow direct comparison of results using different GPC columns, UV absorbance (E_{254}) and phosphorus values were plotted against the partition coefficient Kav [37]:

$$Kav = \ \frac{Ve-Vo}{Vt-Vo}$$

where Ve = elution volume, Vo = void volume, Vt = total volume.

Blue Dextran (Pharmacia Fine Chemicals, Uppsala, Sweden), with a nominal molecular weight of 2×10^6 Daltons (excluded from the gel) was used to estimate the void volume of the GPC columns [8].

The characteristics of the two columns used are described in Table I. For each column, the void volume (Kav = 0), the Kav for orthophosphate (KH₂PO₄ 1 M) and phytate (1 M) were determined. Total volume (Kav = 1) of the GPC columns was calculated. Each chromatogram shows the distribution of phosphorus and UV Absorbance (E_{254}).

3. Results

The sediment sample was representative of the Méjean lagoon sediments previously described [19, 31]. It contained 723 μ gP·g⁻¹(d.w.) of phosphorus

with 50% Na₂EDTA-P, 23% CaEDTA-P and 18% Organic-P (Tab. II). The Organic-P fraction was mainly alkali-soluble (21% Organic-P_{ac}; 79% Organic-P_{alk}), and phytate represented 25% of Organic-P. *Ulva* contained 3465 μ gP·g⁻¹(d.w.), mainly as inorganic forms. Its addition doubled the sediment Total-P (1330 μ gP·g⁻¹ d.w.). The inorganic fractions increased by 395 μ gP·g⁻¹ in CaEDTA-P, 32 μ gP·g⁻¹(d.w.) in Na₂EDTA-P and 26 μ gP·g⁻¹(d.w.) in H₂O-P. In the organic fraction, phytate increased by a factor of 2.6 (85 μ gP·g⁻¹ d.w.) and Humic-P doubled (43 μ gP·g⁻¹ d.w.).

Figure 2 shows the SRP, phytate and organic matter (E_{254}) chromatograms for the sediment extracts (Organic- P_{ac} , Organic- P_{alk} , Humic-P and Fulvic-P). Table III shows total inputs and outputs of phosphorus for each extract (SRP, phytate and Total-P). When comparing SRP in the inputs and in the eluate (sum of the elution fractions), recoveries were good in the Organic- P_{ac} extract. For the other extracts there was a lack of sensitivity for Total-P and phytate measurement due to the dilution. Thus, chromatograms gave information more qualitative than quantitative.

In the chromatograms, when SRP was eluted jointly with organic matter, a weak linkage was expected. This linkage was broken by the SRP reagent. The same was true for phytate and organic matter.

Phosphorus in the Organic- P_{ac} extract was measured mainly as SRP (> 90%). GPC (Figs. 2a, 2b) showed two distinct peaks: one of organic matter



5	7	3	
2	1	5	

		Sediment (µgP•g ⁻¹ d.w.)	Ulva (µgP•g ⁻¹ d.w.)	Sediment + $Ulva$ ($\mu g P \cdot g^{-1} d.w.$)
Inorganic-P				
H2O-P		6 ± 2	3356 ± 49	32 ± 2
CaEDTA-P		166 ± 18		561 ± 22
Na ₂ EDTA-P		364 ± 16		397 ± 20
Organic-P				
Organic-P		27 ± 5	1 ± 1	23 ± 1
Fulvic-P	SRP	18 ± 1	5 ± 3	24 ± 2
	Phytate	47 ± 15	107 ± 9	85 ± 16
	non id. P	14 ± 7	8 ± 1	116 ± 10
Humic-P		23 ± 2	7 ± 1	43 ± 2
Residual-P		56 ± 4	0 ± 1	49 ± 2
Sum Fractions		722 ± 17	3484 ± 96	1330 ± 24
Total-P		725 ± 9	3465 ± 106	1380 ± 32

Table II. Characteristics of the Sediment, *Ulva*, and Sediment + *Ulva*. In μ gP·g⁻¹ of dry matter (Mean \pm 95% confidence interval on three replicates).

with a low molecular weight (Kav = 0.6), and one of orthophosphate (Kav = 0.7). Our results (presence of free phosphate probably hydrolysed from extracted organic matter) confirm that this phosphorus pool consisted of small, easily acid-hydrolysed organic molecules.

The Organic-P_{alk} extract chromatogram (Figs. 2c, 2d) showed three organic matter peaks (254 nm). The first peak (Kav = 0 - 0.2) was humic acids with high molecular weight (> 50 000 Da; E4/E6 = 2.8). These humic acids did not contain phosphorus. The second peak (Kav = 1.2 - 1.4; E2/E3 = 5 - 6; E4/E6 = 8.3) was less condensed humic substances (humic acids of low molecular weight or fulvic acids). The third peak (Kav = 1.7 - 2) consisted in organic molecules of the lowest molecular weights (E2/E3 = 2.5 - 3; E4/E6 = 4.5). SRP and phytate were linked to these organic compounds.

In order to confirm the origin of the three observed peaks, humic acids were precipitated by acidification, re-dissolved on NaOH 2 M (20 °C) and analysed with GPC (Figs. 2e, 2f). This procedure induced a phosphate transfer from the solution to the humic precipitate. This implies that the method proposed for the quantification of Humic-P overestimates the amount of phosphorus linked to humic acids and underestimates the Fulvic-P pool.

The Fulvic-P extract was injected into the G25 column (Figs. 2g, 2h). A fraction (Kav = 0; E2/E3 = 4.2, molecular weight > 5 000 Da) was excluded. It contained a few phosphorus. The organic matter eluted at Kav = 0.7 - 0.8 contained SRP and phytate. In spite of the humic precipitation procedure, the phosphorus remained linked to fulvic acids. However, conclusions cannot be drawn concerning the nature of this linkage.

Figure 2. Gel Permeation Chromatograms of organic extracts from the sediments. X-axis: Kav. Y-axis: mgP·L⁻¹ (left axis) and Absorbance Unit E_{art} (right axis) - unequal scales.

1	Y-axis: r	ngP·L ⁻¹ (left axis) and Absorbance Unit E ₂	, (right axis) - unequal sc
((a)	Organic-P _{ac} extract of sediment	(G25 - Injection 40 ml)
((b)	Organic- P_{ac}^{m} extract of sediment + Ulva	(G25 - Injection 40 ml)
((c)	Organic-P ^{alk} extract of sediment	(G75 - Injection 10 ml)
((d)	Organic- P_{alk}^{alk} extract of sediment + Ulva	(G75 - Injection 10 ml)
((e)	Humic-P extract of sediment	(G75 - Injection 10 ml)
((f)	Humic-P extract of sediment + Ulva	(G75 - Injection 10 ml)
((g)	Fulvic-P extract of Sediment	(G25 - Injection 20 ml)
((h)	Fulvic-P extract of Sediment + Ulva	(G25 - Injection 20 ml)

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		IN (μg P)		OUT (µg P)			
Extract	Sediment type	SRP	phytate	Total-P	SRP	phytate	Total-P
Organic-P _{ac}	Sediment	54 ± 9	ND	59 ± 9	56		
- 40	Sediment + Ulva	54 ± 2	ND	65 ± 11	83		
Organic-P _{alk}	Sediment	17 ± 1	24 ± 8	51 ± 3	7	4	66
e aik	Sediment + Ulva	12 ± 2	43 ± 8	134 ± 5	24	70	115
Humic-P	Sediment			230 ± 28	251	27	
	Sediment + Ulva			240 ± 10	229	14	
Fulvic-P	Sediment	27 ± 1	38 ± 12	82 ± 7	21	21	
	Sediment + Ulva	19 ± 2	68 ± 13	225 ± 9	64	48	

Table III. Inputs and outputs of phosphorus (SRP, Phytate and Total-P) in the GPC of the sediment extracts.

4. Discussion

Extraction schemes allow the separation of several P pools, but extractants can modify organic compounds, and most of them are not selective. Results obtained with GPC depend on the quality of these extractants. GPC is a useful tool to determine links between phosphorus and organic matter in the extracts: the results showed whether SRP and phytates measured in the different extracts are free or linked with organic matter.

Interactions with the gel of the GPC method have to be examined [27, 37]. Elution times are modified by ionic interactions. As a consequence, results obtained from this work are not useful for the attribution of a molecular weight of organic compounds. Indeed, the partition coefficient Kav was always > 1 for alkaline extracts. Adsorption of organic compounds on the gel surface was already observed [20], especially with humic substances [24]. Shaw et al. [37] stressed that these molecules, ionised, can undergo a reversible adsorption on the gel matrix. It was shown to be influenced by the pH and the ionic strength [33, 37]. Moreover, humic substances are modified in their size by a factor of two in terms of ionic strength and pH. We chose a high ionic strength for the elution (0.5) to match the nature of the sediment extracts, but weaker ionic strengths (0.02 to 0.05) as well as the use of sodium tetraborate buffers would have been preferable to decrease electrostatic exclusions and adsorption on the gel [21, 42]. Research in progress enabled us to optimise eluent and to improve the chromatography of the extracts, but there was no improvement on the chromatograms. The use of fluorescence, more significant than UV absorbance to identify the organic compounds [7, 29, 39, 44] was also tested. Results obtained confirm those of this study.

Phosphorus associated with humic acids has been considered either as an integral part of humic acids or as a phosphate/metal/organic matter complex [38]. Considering the extraction scheme, complexes with metals should have already been partly extracted from the sediment in the first steps (CaEDTA-P).

Thus, the preliminary results obtained in the present research seem to indicate that organic phosphorus is bonded to organic matter such as fulvic acids rather than humic acids.

In wetlands like the Méjean lagoon, the seasonal cycle of phosphorus was shown to depend on the biological cycle of macroalgae and release from the sediment [18]. The Organic- P_{alk} organic fraction increased two times from spring to winter. The turnover of this fraction illustrates the mobility of phytates and fulvic-P.

5. Conclusion

The GPC technique, in spite of its limits, allows us to clear up a few questions relative to phosphorus/organic matter relations. In sediments of the studied wetland, phosphorus is associated with organic matter of molecular weight that ranged from 500 to 2500 Da (i.e. fulvic acids). The procedure for Humic-P precipitation overestimates the amount of phosphorus linked to humic acids and underestimates the Fulvic-P pool.

It would be interesting to apply it to the extracts of inorganic phosphorus likely to contain organic matter [31] within the same extraction scheme. And even more, a systematic comparison of the various diagrams of phosphorous extraction would be desirable to target more exactly the nature of the compounds in the extracts. Non-destructive techniques used along with the chemical extraction would allow the interpretation of the role of the organic matter in the fate of phosphorus in these aquatic ecosystems.

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