# Existence of Ground State of an Electron in the BDF Approximation. <br> Jérémy Sok 

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# Existence of Ground State of an Electron in the BDF Approximation. 

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#### Abstract

The Bogoliubov-Dirac-Fock (BDF) model allows to describe relativistic electrons interacting with the Dirac sea. It can be seen as a mean-field approximation of Quantum Electro-dynamics (QED) where photons are neglected. This paper treats the case of an electron together with the Dirac sea in absence of any external field. Such a system is described by its one-body density matrix, an infinite rank, self-adjoint operator which is a compact pertubation of the negative spectral projector of the free Dirac operator. We prove the existence of minimizers of the BDF-energy under the charge constraint of one electron assuming that the coupling constant $\alpha$ and the quantity $L=\alpha \log (\Lambda)$ are small where $\Lambda>0$ is the ultraviolet cut-off and chosen very large.

We then study the non-relativistic limit of such a system in which the speed of light $c$ tends to infinity (or equivalently $\alpha$ tends to zero) with $L$ fixed: after rescaling the electronic solution tends to the Choquard-Pekar ground state.


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## 1 Introduction

We study an approximation of no-photon Quantum Electrodynamics (QED) allowing to describe the behavior of relativistic electrons in an external field interacting with the virtual electrons of the Dirac sea via the electrostatic potential in a meanfield type theory. Here there will be one "real" electron and no external field.

We use relativistic units $\hbar=c=1$ and set the bare particle mass equal to 1 and $\alpha=e^{2} /(4 \pi)$. We denote by $D^{0}=-i \boldsymbol{\alpha} \cdot \nabla+\beta$ the free Dirac operator acting on the Hilbert space $\mathfrak{H}=L^{2}\left(\mathbf{R}^{3}, \mathbf{C}^{4}\right)$ and by $P^{0}=\chi_{(-\infty, 0)}\left(D^{0}\right)$ the projector on its negative spectral subspace. Later on we will use a modified Dirac operator $\mathcal{D}^{0}$ together with the free vacuum $\mathcal{P}_{-}^{0}$ introduced in $[8,11]$ instead of $D^{0}$ and $P^{0}$.

In the BDF model a system is described by a Hartree-Fock state $\Omega$ in Fock space completely characterized by its one-body density matrix $P$ (an orthogonal projector for pure states) containing both "real" and "virtual" electrons. It is infinite-rank. To manipulate such a system and in particular to define properly its density we consider the difference between $P$ and the free vacuum $\mathcal{P}_{-}^{0}$, that is $Q=P-\mathcal{P}_{-}^{0}$. Moreover an ultraviolet cut-off $\Lambda$ is needed, restricting our study to the Hilbert space

$$
\mathfrak{H}_{\Lambda}=\{f \in \mathfrak{H}: \operatorname{supp} \hat{f} \subset B(0, \Lambda)\} .
$$

Note that $\mathfrak{H}_{\Lambda} \subset H^{1}\left(\mathbf{R}^{3}, \mathbf{C}^{4}\right)$ is $D^{0}$ and $\mathcal{D}^{0}$ invariant. Indeed $\mathcal{P}_{-}^{0}$ is a translationinvariant projector on $\mathfrak{H}_{\Lambda}$ satisfying the Euler-Lagrange equation

$$
\left\{\begin{array}{l}
\mathcal{P}_{-}^{0}=\chi_{-\infty, 0}\left(\mathcal{D}^{0}\right),  \tag{1}\\
\mathcal{D}^{0}=D^{0}-\alpha \frac{\left(\mathcal{P}_{-}^{0}-1 / 2\right)(x, y)}{|x-y|} .
\end{array}\right.
$$

In Fourier space $\mathcal{D}^{0}$ takes the following form

$$
\begin{equation*}
\widehat{\mathcal{D}^{0}}(p)=\boldsymbol{\alpha} \cdot \omega_{p} g_{1}(|p|)+g_{0}(|p|) \beta, \omega_{p}=\frac{p}{|p|}, \tag{2}
\end{equation*}
$$

where $g_{0}$ and $g_{1}$ are real and smooth functions satisfying

$$
x \leq g_{1}(x) \leq x g_{0}(x) .
$$

In the regime $L:=\alpha \log (\Lambda)=O(1)$ following [11] we will be able to get further information on them via their self-consistent equation (that we have written in (55)).

We consider then $\widetilde{\mathcal{Q}}_{\Lambda}:=\left\{Q \in \mathfrak{S}_{2}\left(\mathfrak{H}_{\Lambda}\right): Q^{*}=Q, 0 \leq Q+\mathcal{P}_{-}^{0} \leq 1\right\}$ where $\mathfrak{S}_{p}\left(\mathfrak{H}_{\Lambda}\right)$ denotes the usual Schatten class of compact operators $A$ on $\mathfrak{H}_{\Lambda}$ such that $\operatorname{Tr}\left(|A|^{p}\right)<\infty$. The charge of $Q \in \mathcal{Q}_{\Lambda}$ is defined by its $\mathcal{P}_{-}^{0}$-trace that is by

$$
\operatorname{Tr}_{\mathcal{P}^{0}}(Q)=\operatorname{Tr}\left(\mathcal{P}_{-}^{0} Q \mathcal{P}_{-}^{0}\right)+\operatorname{Tr}\left(\mathcal{P}_{+}^{0} Q \mathcal{P}_{+}^{0}\right), \mathcal{P}_{+}^{0}:=1-\mathcal{P}_{-}^{0} ;
$$

it is known (cf [5]) that $\mathcal{P}_{-}^{0} Q \mathcal{P}_{-}^{0}$ and $\mathcal{P}_{+}^{0} Q \mathcal{P}_{+}^{0}$ are trace-class when $Q=P-\mathcal{P}_{-}^{0}$ and we introduce the set of $\mathcal{P}_{-}^{0}$-trace class operators

$$
\mathfrak{S}_{1}^{\mathcal{P}_{-}^{0}}\left(\mathfrak{H}_{\Lambda}\right)=\mathfrak{S}_{2}\left(\mathfrak{H}_{\Lambda}\right) \cap\left\{Q: Q^{++}:=\mathcal{P}_{+}^{0} Q \mathcal{P}_{+}^{0}, Q^{--}:=\mathcal{P}_{-}^{0} Q \mathcal{P}_{-}^{0} \in \mathfrak{S}_{1}\left(\mathfrak{H}_{\Lambda}\right)\right\},
$$

so we will work in

$$
\begin{equation*}
\mathcal{Q}_{\Lambda}:=\widetilde{\mathcal{Q}}_{\Lambda} \cap \mathfrak{S}_{1}^{\mathcal{P}^{0}-}\left(\mathfrak{H}_{\Lambda}\right) \tag{3}
\end{equation*}
$$

The density of $\Omega_{P}$ is represented by $\rho_{\left(P-\mathcal{P}_{-}^{0}\right)}(x)=\operatorname{Tr}_{\mathbf{C}^{4}}\left(\left(P-\mathcal{P}_{-}^{0}\right)(x, x)\right)$ (which makes sense as $Q$ is locally trace-class). Its Fourier transform is:

$$
\begin{equation*}
\widehat{\rho_{Q}}(k):=\frac{1}{(2 \pi)^{3 / 2}} \int_{\left|u+\frac{k}{2}\right|,\left|u-\frac{k}{2}\right| \leq \Lambda} \operatorname{Tr}_{\mathbf{C}^{4}}\left(\hat{Q}\left(u+\frac{k}{2}, u-\frac{k}{2}\right)\right) d u, \tag{4}
\end{equation*}
$$

The energy functional is defined on $\mathcal{Q}_{\Lambda}$ by

$$
\begin{equation*}
\mathcal{E}(Q):=\operatorname{Tr}_{\mathcal{P}^{0}}\left(\mathcal{D}^{0} Q\right)+\frac{\alpha}{2}\left(D\left(\rho_{Q}, \rho_{Q}\right)-\iint_{\mathbf{R}^{3} \times \mathbf{R}^{3}} \frac{|Q(x, y)|^{2}}{|x-y|} d x d y\right) \tag{5}
\end{equation*}
$$

where

$$
D(f, g):=4 \pi \int_{p} \frac{\overline{\hat{f}(p)} \hat{g}(p)}{|p|^{2}} d p
$$

coincides with $\iint \frac{\overline{f(x) g}(y)}{|x-y|} d x d y$ for sufficiently smooth functions. Here $Q(x, y)$ denotes the kernel of $Q$. The trace part is the kinetic energy while the two others are respectively the direct term and the exchange term. Moreover there holds [5], [8, 1]

$$
\begin{gather*}
\operatorname{Tr}_{\mathcal{P}^{0}}\left(\mathcal{D}^{0} Q\right)=\operatorname{Tr}\left(\left|\mathcal{D}^{0}\right|\left(Q^{++}-Q^{--}\right)\right) \geq \operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| Q^{2}\right),  \tag{6a}\\
\iint \frac{|Q(x, y)|^{2}}{|x-y|} d x d y \leq \frac{\pi}{2} \operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| Q^{2}\right), \tag{6b}
\end{gather*}
$$

we will assume that $\alpha<\frac{4}{\pi}$.
We introduce

$$
\mathcal{C}:=\left\{\rho \in \mathcal{S}^{\prime}\left(\mathbf{R}^{3}\right): D(\rho, \rho)<\infty\right\}
$$

along with its norm $\|\rho\|_{\mathcal{C}}:=\sqrt{D(\rho, \rho)}$. Moreover we introduce the following notations concerning the Dirac operator:
Notation 1.1. We note $\widetilde{E}(p):=\sqrt{g_{0}(p)^{2}+g_{1}(p)^{2}}=\left|\mathcal{D}^{0}(p)\right|$ and
$E(p):=\sqrt{1+|p|^{2}}=\left|D^{0}(p)\right|$.
We will designate by $g_{0}$ (respectively $g_{1}$ ) both functions
$g_{\star}: x \in[0, \Lambda] \rightarrow g_{\star}(x) \in \mathbf{R}^{+}$and $g_{\star}: p \in B(0, \Lambda) \rightarrow g_{\star}(|p|) \in \mathbf{R}^{+}$. The $\left(g_{0}\right)$ 's are $\mathcal{C}^{\infty}$ while $g_{1} \in \mathcal{C}^{1}(B(0, \Lambda))(c f$ Appendix A).

At last we note

$$
\left\{\begin{array}{l}
\mathbf{g}_{1}: p \in B(0, \Lambda) \rightarrow g_{1}(|p|) \omega_{p} \in \mathbf{R}^{3} \\
\mathbf{g}: p \in B(0, \Lambda) \rightarrow\binom{g_{0}(p)}{\mathbf{g}_{1}(p)} \in \mathbf{R}^{4}
\end{array}\right.
$$

Notation 1.2. $C_{1}>0$ denotes a constant verifying $g_{1}(r) \leq C_{1}|r|$ and $\left|g_{0}\right|_{\infty} \leq C_{1}$.

Notation 1.3. A recurrent function of this problem is

$$
\begin{equation*}
B_{\Lambda}(k):=\frac{1}{\pi^{2}|k|^{2}} \int_{\left|p=l+\frac{k}{2}\right|,\left|q=l-\frac{k}{2}\right| \leq \Lambda} \frac{\widetilde{E}(p) \widetilde{E}(q)-\mathbf{g}(p) \cdot \mathbf{g}(q)}{\widetilde{E}(p) \widetilde{E}(q)(\widetilde{E}(p)+\widetilde{E}(q))} d l \tag{7}
\end{equation*}
$$

We define $\alpha_{r}(k)$ by

$$
\begin{equation*}
\alpha_{r}(k):=\frac{\alpha B_{\Lambda}(k)}{1+\alpha B_{\Lambda}(k)} . \tag{8}
\end{equation*}
$$

In Appendix A it is shown that $B_{\Lambda}(k)=O(\log (\Lambda))$ and that for $L \ll 1$ there holds $B_{\Lambda}(0)=\frac{2}{3 \pi} \log (\Lambda)+O(L \log (\Lambda)+1)$.
Notation 1.4. Throughout this paper we work in the regime

$$
\begin{equation*}
\alpha \rightarrow 0, \Lambda \rightarrow+\infty, \alpha \log (\Lambda)=L \leq \varepsilon_{0}, \alpha(\log (\Lambda))^{3} \geq \varepsilon_{1}>0 \tag{9}
\end{equation*}
$$

so whenever we write $o(\cdot)$ and $O(\cdot)$ without specifying the limit it is understood that it holds in the regime (9).
Moreover, $K$ denotes a constant which is independent of $\alpha$ and $\Lambda$. It is understood that $\lesssim$ refers to such a constant.

## 2 Main results

Here we restrict our study to states $Q \in \mathcal{Q}_{\Lambda}$ such that $\operatorname{Tr}_{\mathcal{P}^{0}}(Q)=1$ : is there a minimizer on the surface of charge constraint 1 ? Following [7] it suffices to show that the energy function

$$
E(q):=\inf _{Q \in \mathcal{Q}_{\Lambda}, \operatorname{Tr}_{\mathcal{P}^{0}}(Q)=q}(\mathcal{E}(Q))
$$

satisfies binding inequalities at level 1 that is

$$
\begin{equation*}
E(1)<E(1-q)+E(q), \forall q \in \mathbf{R} \backslash\{0,1\} \tag{10}
\end{equation*}
$$

We will show that it is the case in the regime (9).
The difficult case of (2) is $0<q<1$, it will be a corollary of the fact that $E(1)<g_{0}(0):=m(\alpha)=\min \left(\sigma\left(\left|\mathcal{D}^{0}\right|\right)\right)$. The inequality $E(q) \leq|q| m(\alpha)$ is proven in [7]. For $0<q<1$ it is straightforward: it suffices to take trial tests of the form $Q=q|\psi\rangle\langle\psi|$ with $\psi \in \operatorname{Ran}\left(\mathcal{P}_{+}^{0}\right)$.

Indeed the first step will be to show
Theorem 1. There exist three constants $\alpha_{0}, L_{0}, \Lambda_{0}>0$ such that for $\alpha \leq \alpha_{0}, L \leq L_{0}, \Lambda \geq \Lambda_{0}$ there holds

$$
\begin{equation*}
E(1) \leq m(\alpha)+\frac{\left(\alpha \alpha_{r}(0)\right)^{2} m(\alpha)}{2 g_{1}^{\prime}(0)^{2}} E_{\mathrm{CP}}+o\left(\left(\alpha \alpha_{r}(0)\right)^{2}\right) \tag{11}
\end{equation*}
$$

where $E_{\mathrm{CP}}$ is the Choquard-Pekar energy

$$
E_{\mathrm{CP}}:=\inf _{\phi \in H^{1}\left(\mathbf{R}^{3}\right):\|\phi\|_{L^{2}}=1}\left\{\int|\nabla \phi|^{2} d x-D\left(|\phi|^{2},|\phi|^{2}\right)\right\}<0 .
$$

Remark 2.1. For sufficiently small $L$ there holds $g_{1}^{\prime}(0)>\varepsilon>0$. More generally all the results we need about $g_{0}$ and $g_{1}$ are proven in Appendix A.
Remark 2.2. The condition $\alpha \log (\Lambda)^{3} \gtrsim 1$ of (9) is not needed for this theorem.
We consider along with the authors of [7] that such a minimizer $Q$ should satisfy a self-consistent equation of the form (with $Q=\gamma+|\psi\rangle\langle\psi|$ )

$$
\begin{equation*}
\gamma+\mathcal{P}_{-}^{0}=\chi_{(-\infty, 0)}\left(\mathcal{D}_{Q}\right), \mathcal{D}_{Q}:=\mathcal{D}^{0}+\alpha\left(\rho_{Q} \star|\cdot|^{-1}-\frac{Q(x, y)}{|x-y|}\right) \tag{12}
\end{equation*}
$$

and $|\psi\rangle\langle\psi|=\chi_{[0, \mu]}\left(\mathcal{D}_{\mathcal{Q}}\right)$ where $\mu<m(\alpha)$ can be chosen such that $\mathcal{D}_{Q} \psi=\mu \psi$.

We thus take a trial test of the following form: let us first take $\phi_{1}^{\prime}$ the unique minimizer of the Choquard-Pekar energy ( $c f$ Theorem 1.), then consider $\phi_{1}:=\frac{P_{\mathfrak{S}_{\Lambda}} \phi_{1}^{\prime}}{\left\|P_{\mathfrak{S}_{\Lambda}} \phi_{1}^{\prime}\right\|_{L^{2}}}$ where $P_{\mathfrak{H}_{\Lambda}}$ is the projector onto $\mathfrak{H}_{\Lambda}$ and form the spinor $\psi_{1}:=\binom{\phi_{1}}{0}$. For $\lambda^{-1}:=\frac{\alpha \alpha_{r}(0) m(\alpha)}{g_{1}^{\prime}(0)^{2}}$ we take $\psi_{\lambda}:=\lambda^{-3 / 2} \psi_{1}\left(\lambda^{-1}(\cdot)\right)$ to form $N=N_{\lambda}:=\left|\psi_{\lambda}\right\rangle\left\langle\psi_{\lambda}\right|$ and $n_{\lambda}:=\left|\psi_{\lambda}\right|^{2}=\rho_{N}$. We define $\Gamma$ by:
$\Gamma:=N^{\prime}+\gamma$ with

$$
\begin{align*}
& \gamma=\chi_{(-\infty, 0)}\left(\mathcal{D}^{0}+\alpha\left(\left(\rho_{\gamma}+n\right) \star|\cdot|^{-1}-\frac{\gamma(x, y)+N(x, y)}{|x-y|}\right)\right)-\mathcal{P}_{-}^{0}  \tag{13a}\\
& \pi=\gamma+\mathcal{P}_{-}^{0}, N^{\prime}=\frac{\left|(1-\pi) \psi_{\lambda}\right\rangle\left\langle(1-\pi) \psi_{\lambda}\right|}{1-\left\|\pi \psi_{\lambda}\right\|_{L^{2}}^{2}} \tag{13b}
\end{align*}
$$

It is not obvious that such a trial test exists: in fact the fixed point method of [5] can be adapted to prove it. This last paper treats the case of $D^{0}$, in Appendix A it is shown that taking $\mathcal{D}^{0}$ does not change anything.

Then we calculate the energy of $\Gamma$.
Decomposing each term of the energy and considering that an electron does not see its own field (that is here $D\left(|\psi|^{2},|\psi|^{2}\right)-\iint \frac{|\psi(x)|^{2}|\psi(y)|^{2}}{|x-y|} d x d y=0$ ) we can write

$$
\begin{equation*}
\mathcal{E}(\Gamma)=T+\frac{\alpha}{2}(I-J) \tag{14}
\end{equation*}
$$

with $T=\operatorname{Tr}_{\mathcal{P} 0}\left(\mathcal{D}^{0} \Gamma\right)$ the kinetic energy and
$I=D\left(\rho_{\Gamma}, \rho_{\Gamma}\right)-D\left(n_{\lambda}, n_{\lambda}\right), J=\iint \frac{|\Gamma(x, y)|^{2}}{|x-y|} d x d y-D\left(n_{\lambda}, n_{\lambda}\right)$. We prove
Lemma 2.3. There holds

$$
\begin{aligned}
\operatorname{Tr}_{\mathcal{P}^{0}}\left(\mathcal{D}^{0} N^{\prime}\right) & =m(\alpha)+\frac{g_{1}^{\prime}(0)^{2}}{2 \lambda^{2} m} \int\left|\nabla \psi_{1}\right|^{2} d x+o\left(\lambda^{-2}\right), \\
\frac{\alpha}{2} I & =-\frac{\alpha\left(2 \alpha_{r}(0)-\alpha_{r}(0)^{2}\right)}{2 \lambda} D\left(n_{1}, n_{1}\right)+o\left(\frac{\alpha \alpha_{r}(0)}{\lambda}\right), \\
\alpha J & =o\left(\frac{\alpha \alpha_{r}(0)}{\lambda}\right), \\
\operatorname{Tr}_{\mathcal{P}^{0}}(D \gamma) & =\frac{\alpha\left(\alpha_{r}(0)-\alpha_{r}(0)^{2}\right)}{2 \lambda} D\left(n_{1}, n_{1}\right)+o\left(\frac{\alpha \alpha_{r}(0)}{\lambda}\right)
\end{aligned}
$$

such that in fine we get

$$
\mathcal{E}(\Gamma)=m(\alpha)+\frac{\alpha \alpha_{r}(0)}{2 \lambda} E_{\mathrm{CP}}+o\left(\frac{\alpha \alpha_{r}(0)}{\lambda}\right) .
$$

Lemma 2.3. is proved in section 4.1 and Theorem 1. follows immediatly.
A corollary is then
Proposition 2. For each $q \neq 0,1$ there holds $E(1)<E(1-q)+E(q)$.
Theorem 1.[7] assures that there exists a minimizer of $E(1)$.
We study such a minimizer taking the form $Q=\gamma+|\psi\rangle\langle\psi|$ with $D_{Q} \psi=\mu \psi$. We write $v_{\gamma}=\rho_{\gamma} \star|\cdot|^{-1}$ and $R_{\gamma}(x, y)=\frac{\gamma(x, y)}{|x-y|}$ : as $\left(|\psi|^{2} \star|\cdot|^{-1}-\frac{\psi(x) \psi(y)^{*}}{|x-y|}\right) \psi=0$ we have

$$
\begin{equation*}
\left(\mathcal{D}^{0}+\alpha\left(v_{\gamma}-R_{\gamma}\right)\right) \psi=\mu \psi \tag{15}
\end{equation*}
$$

A natural question arises: does it have a form similar to the previous trial test, in particular does its energy have the same asymptotic expansion at order 1?
Theorem 3. There exist three constants $\alpha_{1}, L_{1}, \Lambda_{1}>0$ such that for $\alpha \leq \alpha_{1}, L \leq L_{1}, \Lambda \geq \Lambda_{1}$ in the regime $\alpha(\log (\Lambda))^{3} \gtrsim 1$ there holds

$$
\begin{equation*}
E(1)=m(\alpha)+\frac{\left(\alpha \alpha_{r}(0)\right)^{2} m(\alpha)}{2\left(g_{1}^{\prime}(0)\right)^{2}} E_{\mathrm{CP}}+o\left(\left(\alpha \alpha_{r}(0)\right)^{2}\right) \tag{16}
\end{equation*}
$$

As it can be guessed we will follow the same path as the one for Theorem 1. We will first prove that
Lemma 2.4. $\|\psi\|_{H^{3 / 2}}=O(1)$,
enabling us to apply the fixed-point method with $n=|\psi|^{2}$ and $N=|\psi\rangle\langle\psi|$ and by so constructing the minimizer as a fixed point. Using the estimates that we deduce from the fixed-point method and equation (15) we then prove that
Lemma 2.5. $\left.\left.\langle | \nabla\right|^{2} \psi, \psi\right\rangle=O\left(\left(\alpha \alpha_{r}(0)\right)^{2}\right)$.
It implies that a minimizer of $E(1)$ has the same estimates of the trial test concerning the quantities $D(n, n), D\left(\rho_{\gamma}, \rho_{\gamma}\right)$ and $\iint \frac{|\gamma(x, y)|^{2}}{|x-y|} d x d y$ : they are respectively $O(L \alpha), O\left(L^{2}(L \alpha)\right)$ and $O\left((L \alpha)^{2}\right)$.

Following [7], we apply a scaling transform to the minimizer with a scale $\alpha \alpha_{r}(0)$ : we get $\underline{\psi}=\left(\frac{\varphi}{\underline{\chi}}\right) \in H^{1}\left(\mathbf{C}^{4}\right)$. The previous results will give
Lemma 2.6. $\|\underline{\psi}\|_{H^{3 / 2}}=O(1),\|\underline{\chi}\|_{H^{1}}=O(L \alpha)$.
This last lemma enables us to estimate $E(1)$ and to obtain the result of Theorem 3. Thus

Theorem 4. writing $C_{0}^{2}:=\frac{2 g_{1}^{\prime}(0)^{2}}{\left(\alpha \alpha_{r}(0)\right)^{2} m(\alpha)}$ there holds in the regime (9)

$$
\begin{equation*}
\liminf _{\alpha, \Lambda^{-1} \rightarrow 0} C_{0}^{2}(E(1)-m(\alpha))=\limsup _{\alpha, \Lambda^{-1} \rightarrow 0} C_{0}^{2}(E(1)-m(\alpha))=E_{\mathrm{CP}} . \tag{17}
\end{equation*}
$$

If $L=\alpha \log (\Lambda) \leq \min \left(L_{0}, L_{1}\right)$ is fixed then $\lim _{\alpha \rightarrow 0} \Lambda^{-1}=0$ so (17) holds with $\alpha \rightarrow 0$.
Remark 2.7. This answers an open question stated in [8].

## 3 Preliminary results

### 3.1 The fixed point method

Notation 3.1. For a compact operator $Q$ we will write $R_{Q}$ or $R(Q)$ the operator whose kernel is $\frac{Q(x, y)}{|x-y|}$ and $\varphi_{Q}$ the function $\rho_{Q \star}|\cdot|^{-1}$. In general we take the notation of [5].

As shown in [5] we can use the Cauchy expansion to write (at least formally)

$$
\begin{gather*}
\chi_{(-\infty, 0)}\left(\mathcal{D}^{0}+\alpha\left(\varphi_{Q}-R_{Q}\right)\right)-\chi_{(-\infty, 0)}\left(\mathcal{D}^{0}\right)=\sum_{k=1}^{\infty} \alpha^{k} Q_{k},  \tag{18a}\\
Q_{k}=-\frac{1}{2 \pi} \int_{-\infty}^{+\infty} \mathrm{d} \eta \frac{1}{\mathcal{D}^{0}+i \eta}\left(\left(R_{Q}-\varphi_{Q}\right) \frac{1}{\mathcal{D}^{0}+i \eta}\right)^{k} . \tag{18b}
\end{gather*}
$$

We also expand $(R-\varphi)^{k}: Q_{k}:=\sum_{j=0}^{k} Q_{j, j-k}$ like in [5] (the first number denotes the number of $(R)$ 's). This equation is about the vacuum without external field: to consider an electron (represented by $N:=|\psi\rangle\langle\psi|$ ) we have to add its field $n:=|\psi|^{2}$ together with the operator $\frac{N(x, y)}{|x-y|}$ in the exchange term and get:
$\rho^{\prime}=\rho+n, Q^{\prime}=Q+N, \varphi_{Q}^{\prime}=\varphi_{Q^{\prime}}$ and so the equation

$$
\begin{equation*}
\chi_{(-\infty, 0)}\left(\mathcal{D}^{0}+\alpha\left(\varphi_{Q}^{\prime}-R_{Q}^{\prime}\right)\right)-\chi_{(-\infty, 0)}\left(\mathcal{D}^{0}\right)=F_{Q}\left(Q^{\prime}, \rho^{\prime}\right)=\sum_{k=1}^{\infty} \alpha^{k} Q_{k}\left(Q^{\prime} \rho^{\prime}\right) \tag{19}
\end{equation*}
$$

There holds $\widehat{\rho}_{0,1}(p)=-\widehat{\rho^{\prime}}(p) B_{\Lambda}(p)$ so taking the density $\rho$ of that equation we obtain $\rho_{Q^{\prime}}=F_{\rho}\left(Q^{\prime}, \rho^{\prime}\right)$, with

$$
\begin{equation*}
\widehat{F_{\rho}}(p)=\frac{1}{1+\alpha B_{\Lambda}(p)}\left(\alpha\left(\widehat{\rho}_{1,0}(p)+\widehat{n}(p)\right)+\sum_{k \geq 2} \alpha^{k} \widehat{\rho_{k}}(p)\right) . \tag{20}
\end{equation*}
$$

Of course this is not enough: we must precise the domain of the function

$$
\begin{equation*}
F:=F_{Q} \times F_{\rho} . \tag{21}
\end{equation*}
$$

We will first consider the Banach space $\mathcal{X}=\mathcal{Q} \times \mathfrak{C}$ defined by the norms

$$
\|Q\|_{\mathcal{Q}}^{2}=\iint \widetilde{E}(p-q)^{2} \widetilde{E}(p+q)|\widehat{Q}(p, q)|^{2} d p d q,\|\rho\|_{\mathbb{C}}^{2}=\int \frac{\widetilde{E}(k)^{2}}{|k|^{2}}|\widehat{\rho}(k)|^{2} d k
$$

and $\|(Q, \rho)\|_{\mathcal{X}}=2 C_{1}^{3 / 2}\left(2 \sqrt{2}\|\rho\|_{\mathfrak{C}}+C_{R} \sqrt{2}\|Q\|_{\mathcal{Q}}\right)$ where $C_{R}$ is defined in [5] and $\left|g_{0}(p)\right| \leq C_{1},\left|g_{1}(p)\right| \leq C_{1}|p|$. Like in [5] we can show that we can apply the Banach fixed point theorem in $\mathcal{X} \cap B\left(0, R_{\Lambda}\right)$ where $R_{\Lambda}$ is $O(\sqrt{\log (\Lambda)})$ when $\sqrt{L \alpha} \leq \varepsilon$ : in our regime where $\alpha \log (\Lambda) \leq L_{0}$ the condition on $\alpha$ holds for $\alpha$ sufficiently small.

We will denote by $\nu$ the Lipschitz constant of $F$ in $B\left(0, R_{\Lambda}\right): \nu=O(\sqrt{L \alpha})$. Indeed we can show that $\|\mathrm{d} F\|_{L(\mathcal{X})} \lesssim \sqrt{L \alpha}$.

We also introduce the norms

$$
\begin{aligned}
& \|Q\|_{S}^{2}=\iint \frac{|Q(x, y)|^{2}}{|x-y|} d x d y, \quad\|Q\|_{F}^{2}=\operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| Q^{*} Q\right) \\
& \|Q\|_{E}^{2}=\iint \max \left(\widetilde{E}(p),(\widetilde{E}(p-q))^{2}, \widetilde{E}(p-q) \widetilde{E}(p+q)\right)|\widehat{Q}(p, q)|^{2} d p d q
\end{aligned}
$$

and $\sqrt{\frac{2}{\pi}}\|\cdot\|_{S} \leq\|\cdot\|_{F} \leq\|\cdot\|_{E} \leq\|\cdot\|_{\mathcal{Q}}$.
Remark 3.2. By looking closely at the estimates of [5] we realize that we can take another choice of norms for $F$ and so another choice of Banach space on which applying the Banach fixed point theorem. Indeed let us take a radial function $f: \mathbf{R}^{3} \rightarrow[1,+\infty):$ as long as there exists a constant $C>0$ such that

$$
f(p-q) \leq C\left(f\left(p-p_{1}\right)+f\left(p_{1}-q\right)\right), \quad \alpha\left(\int_{r=0}^{\Lambda} \frac{d r}{f(r)^{2}}\right)^{1 / 2}=: \theta=o(1)
$$

we can apply the theorem with the norms

$$
\star\|Q\|_{\mathcal{Q}}^{2}=\iint f(p-q)^{2} \widetilde{E}(p+q)|\widehat{Q}(p, q)|^{2} d p d q, \quad \star\|\rho\|_{\mathbb{C}}^{2}=\int \frac{f(k)^{2}}{|k|^{2}}|\widehat{\rho}(k)|^{2} d k
$$

even if it means changing the weights of the norms and restricting to $\theta \ll 1$. With $f(p)=\widetilde{E}(p)^{a}, \frac{1}{2} \leq a \leq 1$ we have $\theta=O(\sqrt{L \alpha}) \underset{\alpha \rightarrow 0}{\rightarrow} 0$ so there will be no problem in our regime.

### 3.2 Some inequalities

Let us recall Hardy's, Kato's and Kato-Seiler-Simon's inequalities we will use throughout this paper: for $\phi \in L^{2}\left(\mathbf{R}^{3}\right), f, g \in \mathcal{B}\left(\mathbf{R}^{3}, \mathbf{C}^{4}\right)$ (Borelian functions) there hold:

$$
\begin{gather*}
\left.\int \frac{|\phi(x)|^{2}}{|x|^{2}} d x \leq\left. 4\langle | \nabla\right|^{2} \phi, \phi\right\rangle,  \tag{22a}\\
\int \frac{|\phi(x)|^{2}}{|x|} d x \leq \frac{\pi}{2}\langle | \nabla|\phi, \phi\rangle,  \tag{22b}\\
\|f(x) g(i \nabla)\|\left\|_{\mathfrak{S}_{p}} \leq(2 \pi)^{-\frac{3}{p}}\right\| f\left\|_{L^{p}}\right\| g \|_{L^{p}}, 2 \leq p<\infty . \tag{22c}
\end{gather*}
$$

In particular (22b) and (22c) give
Lemma 3.3. Let $Q \in \mathcal{Q}_{\Lambda}$ and $\rho \in \mathcal{C}$, then we have $\left(\varphi=\rho \star|\cdot|^{-1}\right)$

$$
\begin{aligned}
& \left\|R_{Q}\left|\mathcal{D}^{0}\right|^{-\frac{1}{2}}\right\|_{\mathcal{B}},\left\|\left|\mathcal{D}^{0}\right|^{-\frac{1}{2}} R_{Q}\right\|_{\mathcal{B}} \leq\|Q\|_{S} \\
& \left\|\varphi\left|\mathcal{D}^{0}\right|^{-\frac{1}{2}}\right\|_{\mathfrak{S}_{6}},\left\|\left|\mathcal{D}^{0}\right|^{-\frac{1}{2}} \varphi\right\|_{\mathfrak{S}_{6}} \leq(\log (\Lambda))^{\frac{1}{6}}\|\rho\|_{\mathcal{C}} \\
& \left\|\varphi\left|\mathcal{D}^{0}\right|^{-t}\right\|_{\mathfrak{S}_{6}},\left.\| \| \mathcal{D}^{0}\right|^{-t} \varphi\left\|_{\mathfrak{S}_{6}} \leq K_{t}\right\| \rho \|_{\mathcal{C}}, t>1 / 2
\end{aligned}
$$

Let us consider $R=R_{Q}$ with $Q \in \mathcal{Q}_{\Lambda}$. [5] introduces the norm $\|R\|_{R}^{2}=\iint \frac{\widetilde{E}(p-q)^{2}}{\tilde{E}(p+q)}|\widehat{R}(p, q)|^{2} d p d q$ and the proof of Lemma 8.[5] enables us to say that
Lemma 3.4. Let $t \geq 0$.

$$
\begin{gather*}
\left|\left|\left|\mathcal{D}^{0}\right|^{-1 / 2} R\right| \mathcal{D}^{0}\right|^{-1 / 2} \|_{\mathfrak{S}_{2}}^{2} \lesssim \iint \widetilde{E}(p+q)|\widehat{Q}(p, q)|^{2} d p d q,  \tag{23a}\\
\iint \frac{\widetilde{E}(p-q)^{t}}{\widetilde{E}(q)^{2}}|\widehat{R}(p, q)|^{2} d p d q \lesssim \iint \widetilde{E}(p-q)^{t} \widetilde{E}(p+q)|\widehat{Q}(p, q)|^{2} d p d q,  \tag{23b}\\
\iint \frac{|\widehat{R}(p, q)|^{2}}{\widetilde{E}(q)} d p d q \lesssim \iint \widetilde{E}(p-q) \widetilde{E}(p+q)|\widehat{Q}(p, q)|^{2} d p d q . \tag{23c}
\end{gather*}
$$

(23a) is straightforward for $\widetilde{E}(p)^{-1} \widetilde{E}(q)^{-1} \lesssim \widetilde{E}(p+q)^{-1}$ and (23c) is due to the fact that $\widetilde{E}(q)^{-1} \lesssim \frac{\widetilde{E}(p-q)}{\tilde{E}(p+q)}$. Following the proof of 8.[5] we have

$$
\iint \frac{\widetilde{E}(p-q)^{t}}{\widetilde{E}(q)^{2}}|\widehat{R}(p, q)|^{2} d p d q \leq 8 \iint \widetilde{E}(2 v)^{t} \widetilde{E}(2 l) h(l, v)|\widehat{Q}(l+v, l-v)|^{2} d p d q
$$

$h(l, v) \leq \widetilde{E}(2 l)^{1}\left(2 \pi^{2}\right)^{-2} \iint d u d l^{\prime}\left(\widetilde{E}(u-v)^{2} \widetilde{E}\left(2 l^{\prime}\right)^{1+1}|l-u|^{2}\left|l^{\prime}-u\right|^{2}\right)^{-1} \lesssim 1$.

## 4 Proofs

### 4.1 Proof of Lemma 2.3.

We apply the Banach theorem with initial data $(N, n) \in \mathcal{X}$ : we note the iterations

$$
\begin{equation*}
\gamma_{j}^{\prime}=\gamma_{j}+N, \bar{\rho}_{j}^{\prime}=\bar{\rho}_{j}+n \tag{24}
\end{equation*}
$$

with $\gamma_{j+1}=\chi_{(-\infty, 0)}\left(\mathcal{D}^{0}+\alpha\left(\varphi_{\bar{\rho}_{j}}^{\prime}-R^{\prime}\left(\gamma_{j}\right)\right)\right)-\mathcal{P}_{-}^{0}\left(\right.$ so $\left.\gamma_{0}=0\right)$. All the estimates we need about $\gamma$ etc. are in Appendix B, in particular we will use (68): $\|\gamma\|_{E} \lesssim L \alpha$ where we recall $\|\cdot\|_{\mathfrak{S}_{2}} \leq\|\cdot\|_{E}$ and we define

$$
\begin{equation*}
\tau:=\alpha \alpha_{r}(0) \tag{25}
\end{equation*}
$$

Remark 4.1. Here $\lambda^{-1}$ and $\tau$ are of the same order $L \alpha$ but the use of $\tau$ means we estimate a quantity depending on $\gamma$ while the use of $\lambda^{-1}$ means we estimate a quantity depending on $\psi_{\lambda}$.

A direct calculation shows that $\left\|\mathcal{P}_{-}^{0}\left|\mathcal{D}^{0}\right| \psi_{\lambda}\right\|_{L^{2}}=O\left(\lambda^{-1}\right)$ and $\left\|\left|\mathcal{D}^{0}\right| \psi_{\lambda}\right\|_{L^{2}}=O(1)$. We will often use

$$
\begin{equation*}
\left\|\pi \psi_{\lambda}\right\|_{L^{2}} \leq\left\|\gamma \psi_{\lambda}\right\|_{L^{2}}+\left\|\mathcal{P}_{-}^{0} \psi_{\lambda}\right\|_{L^{2}} \leqq\left(\tau+\lambda^{-1}\right) \tag{26}
\end{equation*}
$$

Notation 4.2. Let us note $\phi_{\lambda}:=\frac{(1-\pi) \psi_{\lambda}}{\left\|(1-\pi) \psi_{\lambda}\right\|_{L^{2}}}$ and $N^{\prime}=\left|\phi_{\lambda}\right\rangle\left\langle\phi_{\lambda}\right|$.
$\bullet$ Looking at the kernel of $H=:\left[\left|\mathcal{D}^{0}\right|, \gamma\right]=\left[\left|\mathcal{D}^{0}\right|, \pi\right],\|H\|_{\mathfrak{S}_{2}} \leq\|\gamma\|_{E}$ is immediate.
4.1.1 $\quad J=\iint\left(|\gamma(x, y)|^{2}+2 \mathfrak{R}\left\langle\gamma(x, y), \Phi_{\lambda}(x, y)\right\rangle\right)|x-y|^{-1} d x d y$.
(6) and (68) show that $\|\gamma\|_{S}^{2}=O\left(\tau^{2}\right)$. By Cauchy-Schwarz inequality and (22a) ( $G=|f\rangle\langle g|$ )

$$
\left|\langle\gamma, G\rangle_{S}\right| \leq \min \left(\|\gamma\|_{S}\|G\|_{S}, 2\|\gamma\|\left\|_{\mathfrak{S}_{2}}\right\||\nabla| f\left\|_{L^{2}}\right\| g \|_{L^{2}}\right)
$$

Now thanks to (22b) and (72): $\iint\left|\pi \psi_{\lambda}(x)\right|^{2}|x-y|^{-1}\left|\pi \psi_{\lambda}(y)\right|^{2} d x d y \lesssim\left\|\pi \psi_{\lambda}\right\|_{L^{2}}^{2}\langle | \mathcal{D}^{0}\left|\pi \psi_{\lambda}, \pi \psi_{\lambda}\right\rangle$
and $\langle | \mathcal{D}^{0}\left|\pi \psi_{\lambda}, \pi \psi_{\lambda}\right\rangle \leq\left\|\pi \psi_{\lambda}\right\|_{L^{2}}\left(\|H\|_{\mathcal{B}}+\left\|\pi\left|\mathcal{D}^{0}\right| \psi_{\lambda}\right\|_{L^{2}}\right)$, so we obtain $\left(\tau+\lambda^{-1}\right)^{4}$.
In the same way
$\iint\left|\psi_{\lambda}(x)\right|^{2}|x-y|^{-1}\left|\pi \psi_{\lambda}(y)\right|^{2} d x d y \lesssim\left\|\pi \psi_{\lambda}\right\|_{L^{2}}^{2}\langle | \nabla\left|\psi_{\lambda}, \psi_{\lambda}\right\rangle \lesssim \frac{\left(\tau+\lambda^{-1}\right)}{\lambda}$ and
finally: $\left.\iint\left|\psi_{\lambda}(x)\right|^{2}|x-y|^{-2}\left|\psi_{\lambda}(y)\right|^{2} d x d y \leq\left.\left. 4| | \psi_{\lambda}\right|_{L^{2}}\langle | \nabla\right|^{2} \psi_{\lambda}, \psi_{\lambda}\right\rangle \leq 4 \lambda^{-2}$.
Thus $J=O\left(\tau^{2}+\lambda^{-2}\right)=O\left((L \alpha)^{2}\right)$.
4.1.2 $\quad I=D\left(\rho_{\gamma}, \rho_{\gamma}\right)+2 D\left(\rho_{\gamma},\left|\phi_{\lambda}\right|^{2}\right)$.

According to the self-consistent equation satisfied by $\rho_{\gamma}$, we write

$$
\begin{equation*}
\widehat{\rho_{\gamma}}(p)=-\alpha_{r}(p) \widehat{n}(p)+\left(1-\alpha_{r}(p)\right) \widehat{\rho}_{1,0}(p)+\left(1-\alpha_{r}(p)\right) \sum_{k=2}^{\infty} \alpha^{k} \widehat{\rho_{k}}(p) \tag{27}
\end{equation*}
$$

where we recall that $\alpha_{r}(p)=\frac{\alpha B_{\Lambda}(p)}{1+\alpha B_{\Lambda}(p)}$. Thus

$$
\begin{aligned}
D\left(\rho_{\gamma}, \rho_{\gamma}\right)=4 \pi & \int_{p}\left(\alpha_{r}(p)^{2}|\widehat{n}(p)|^{2}+\left(1-\alpha_{r}(p)\right)^{2}\left|\alpha \widehat{\rho}_{1,0}(p)\right|^{2}+\left(1-\alpha_{r}(p)\right)^{2}\left|\sum\right|^{2}\right. \\
& \left.+2 \Re\left(\alpha_{r}(p)\left(1-\alpha_{r}(p)\right) \overline{\widehat{n}(p)}\left(\alpha \widehat{\rho}_{1,0}(p)+\sum\right)+\left(1-\alpha_{r}(p)\right)^{2} \overline{\alpha \widehat{\rho}_{1,0}(p)} \sum\right)\right) \frac{d p}{|p|^{2}},
\end{aligned}
$$

and by Cauchy-Schwarz inequality, we just look at $\int \frac{|\widehat{\rho}(p)|^{2}}{|p|^{2}} d p$ with $\rho=n, \rho_{1,0}, \sum$. By Proposition 9. in a neighbourhood of 0 independent of $\alpha, \Lambda$ in the regime (9), for $\varepsilon=\frac{1}{6}$, there holds $\left(|k|=x<r_{\varepsilon}\right)$ :

$$
\begin{equation*}
\frac{\left|B_{\Lambda}(x)-B_{\Lambda}(0)\right|}{x} \lesssim\left(\Lambda^{-1}+x^{1 / 2}\right)=: z(x) \tag{28}
\end{equation*}
$$

Then

$$
\int_{p} \frac{\alpha_{r}(p)^{2}\left|\widehat{n_{\lambda}}(p)\right|^{2}}{|p|^{2}} d p=\frac{1}{\lambda} \int_{p} \frac{\alpha_{r}\left(\frac{p}{\lambda}\right)^{2}\left|\widehat{n_{1}}(p)\right|^{2}}{|p|^{2}} d p,
$$

For $\lambda \geq r_{\varepsilon}^{-4}$ and $p \in B\left(0, \lambda^{3 / 4}\right):\left|B_{\Lambda}(p / \lambda)-B_{\Lambda}(0)\right| \leq \frac{|p|}{\lambda}\left(z\left(\lambda^{-1 / 4}\right)+K \Lambda^{-1}\right)$. As $f_{1}: t \in \mathbf{R}^{+} \rightarrow \frac{t}{1+t}$ and $f_{2}=f_{1}^{2}$ have bounded derivatives (by 1 and 2 respectively), for $p$ with $B_{\Lambda}(p) \neq B_{\Lambda}(0)$,

$$
\begin{aligned}
\left|\alpha_{r}(p)-\alpha_{r}(0)\right| \leq \alpha\left|B_{\Lambda}(p)-B_{\Lambda}(0)\right|, \quad \mid \alpha_{r}(p)^{2}- & \alpha_{r}(0)^{2}|\leq 2 \alpha| B_{\Lambda}(p)-B_{\Lambda}(0) \mid \text { so } \\
\int_{|p| \leq \lambda^{3 / 4}}\left|f_{i}\left(\alpha B_{\Lambda}(p)\right)-f_{i}\left(\alpha B_{\Lambda}(0)\right)\right| \frac{\left|\widehat{n_{\lambda}}(p)\right|^{2} d p}{|p|^{2}} & \leq 2 \alpha \frac{z\left(\lambda^{-1 / 4}\right)+K \Lambda^{-1}}{\lambda} \int \frac{\left|\widehat{n_{1}}(p)\right|^{2} d p}{|p|} \\
& \leq \alpha \frac{z\left(\lambda^{-1 / 4}\right)+\Lambda^{-1}}{\lambda}\left\|n_{1}\right\| \mathcal{C}\left\|\psi_{1}\right\|_{L^{4}}^{2} .
\end{aligned}
$$

As $f_{1}(t), f_{2}(t) \leq t^{2}$ then

$$
\int_{|p|>\lambda^{3 / 4}} \alpha_{r}(p)^{i} \frac{\left|\widehat{n_{1}}(p)\right|^{2}}{|p|^{2}} d p \lesssim \lambda^{-3 / 2} L^{i} \int \widehat{\left.n_{1}(p)\right|^{2}} d p \lesssim \lambda^{-3 / 2} L^{i}\left\|\psi_{1}\right\|_{H^{1}}^{2}=O\left(L^{i} \lambda^{-3 / 2}\right)
$$

and
Lemma 4.3. $\int_{p} \alpha_{r}(p)^{i} \frac{\left|\widehat{n_{\lambda}}(p)\right|^{2}}{|p|^{2}} d p=\alpha_{r}(0)^{i} \frac{D\left(n_{1}, n_{1}\right)}{\lambda}+\underset{\lambda \rightarrow \infty}{o}\left(L^{i} \lambda^{-1}\right)$.
Furthermore $\int_{p} \alpha^{2}\left(1-\alpha_{r}(p)\right)^{2} \frac{\left|\widehat{\rho}_{1,0}(p)\right|^{2}}{|p|^{2}} d p \lesssim \alpha^{2}\left\|\rho_{1,0}\right\|_{\mathcal{C}}^{2}$ where
$\widehat{\rho}_{1,0}(p)=\frac{2^{-1}}{(2 \pi)^{3 / 2}} \int_{|l+k / 2|,|l-k / 2|<\Lambda} \operatorname{Tr}_{\mathbf{C}^{4}}\left(\widehat{R}_{\gamma^{\prime}}(l+k / 2, l-k / 2) M(l-k / 2, l+k / 2)\right) d l$,
writing $R\left(\gamma^{\prime}\right)=\sum_{k>1}\left(R_{\gamma_{k+1}}-R_{\gamma_{k}}\right)+R_{\gamma_{1}}+R_{N}$ we propagate by linearity in (29): thanks to (65b) and (70a) there holds

$$
\alpha^{2}\left\|\rho_{1,0}\right\|_{\mathcal{C}}^{2} \lesssim \alpha^{2}\left(\lambda^{-3}\left\|\psi_{\lambda}\right\|_{H^{1}}^{4}+L \sqrt{L \alpha} D\left(n_{1}, n_{1}\right)+O(\alpha \sqrt{L \alpha})\right)
$$

Then $\left\|\sum\right\|_{\mathcal{C}} \lesssim \alpha^{2}$ is immediate with the estimates of [5].
Now $\left|\phi_{\lambda}\right|^{2}(x)=\frac{1}{1-\left\|\pi \psi_{\lambda}\right\|_{L^{2}}^{2}}\left(\left|\psi_{\lambda}(x)\right|^{2}+\left|\pi \psi_{\lambda}(x)\right|^{2}-2\left\langle\pi \psi_{\lambda}(x), \psi_{\lambda}(x)\right\rangle\right)$. For the two last terms, we use Cauchy-Schwarz inequality to get thanks to (22b) $K \frac{\left(\tau+\lambda^{-1}\right)^{2}}{\lambda}$ (cf 4.1.1 and $\left|\left\langle\pi \psi_{\lambda}(x), \psi_{\lambda}(x)\right\rangle\right| \leq\left|\pi \psi_{\lambda}(x)\right|\left|\psi_{\lambda}(x)\right|$ etc.)

Then $D\left(\rho_{\gamma}, n_{\lambda}\right)=-4 \pi \int \alpha_{r}(p)\left|\widehat{n_{\lambda}}(p)\right|^{2} \frac{d p}{|p|^{2}}+D\left(\alpha \rho_{1,0}, n_{\lambda}\right)+D\left(\sum_{k \geq 2} \alpha^{k} \rho_{k}, n_{\lambda}\right)$.
With the same method as for $D\left(\rho_{\gamma}, \rho_{\gamma}\right)$ and Cauchy-Schwarz inequality:

$$
D\left(\rho_{\gamma},\left|\phi_{\lambda}\right|^{2}\right)=-\alpha_{r}(0) D\left(n_{\lambda}, n_{\lambda}\right)+\underset{\lambda \rightarrow \infty}{o}\left(\frac{L}{\lambda}\right)
$$

Since $\frac{1}{1-\left\|\pi \psi_{\lambda}\right\|_{L^{2}}^{2}}=1+O\left(\left(\tau+\lambda^{-1}\right)^{2}\right)$, we finally obtain:

$$
\begin{equation*}
I=-\frac{2 \alpha_{r}(0)+\alpha_{r}(0)^{2}}{\lambda} D\left(n_{1}, n_{1}\right)+\underset{\lambda \rightarrow \infty}{o}\left(\frac{L}{\lambda}\right) \tag{30}
\end{equation*}
$$

4.1.3 $\quad \operatorname{Tr}_{\mathcal{P}^{0}}\left(\mathcal{D}^{0} N^{\prime}\right)=\operatorname{Tr}\left(D N^{\prime}\right)=\left\langle\mathcal{D}^{0} \phi_{\lambda}, \phi_{\lambda}\right\rangle$.

We emphasize that $\psi_{\lambda}$ has no lower part as a spinor.
As in a) there holds $\left|\left\langle\mathcal{D}^{0} \pi \psi_{\lambda}, \pi \psi_{\lambda}\right\rangle\right| \leq\left\|\pi \psi_{\lambda}\right\|_{L^{2}}| |\left|\mathcal{D}^{0}\right| \pi \psi_{\lambda} \|_{L^{2}}$ and thanks to (72), $\left\|\left|\mathcal{D}^{0}\right| \pi \psi_{\lambda}\right\|_{L^{2}} \leq K\left(\tau+\lambda^{-1}\right)$ so $\left|\left\langle\mathcal{D}^{0} \pi \psi_{\lambda}, \pi \psi_{\lambda}\right\rangle\right|=o\left((L \alpha)^{2}\right)$.

Hence $\left\langle\mathcal{D}^{0} \phi_{\lambda}, \phi_{\lambda}\right\rangle=\frac{\left\langle\mathcal{D}^{0} \psi_{\lambda}, \psi_{\lambda}\right\rangle}{1-\left\|\pi \psi_{\lambda}\right\|_{L^{2}}^{2}}+\langle | \mathcal{D}^{0}\left|\mathcal{P}_{-}^{0} \psi_{\lambda}, \psi_{\lambda}\right\rangle+o\left((L \alpha)^{2}\right)$. Indeed $\left\langle\mathcal{D}^{0} \psi_{\lambda}, \pi \psi_{\lambda}\right\rangle=\left\langle\pi \mathcal{D}^{0} \psi_{\lambda}, \pi \psi_{\lambda}\right\rangle$ etc.
Notation 4.4. We will write $\left\langle g_{0} \psi, \psi\right\rangle$ for $(2 \pi)^{-3} \int g_{0}(p)|\widehat{\psi}(p)|^{2} d p$ etc.
As $g_{0}^{\prime}(0)=0$ and $\left\|g_{0}^{\prime \prime}\right\|_{\infty} \lesssim \alpha$ and the $\left(g_{1}^{\prime}\right)_{\alpha, \Lambda}$ 's are uniformly continuous in a neighbourhood of 0 ( $c f$ Proposition 5. in Appendix A)

$$
\begin{aligned}
\frac{\left\langle\mathcal{D}^{0} \psi_{\lambda}, \psi_{\lambda}\right\rangle}{1-\left\|\pi \psi_{\lambda}\right\|_{L^{2}}^{2}} & =\left\langle g_{0} \psi_{\lambda}, \psi_{\lambda}\right\rangle\left(1+\left\langle\mathcal{P}_{-}^{0} \psi_{\lambda}, \psi_{\lambda}\right\rangle\right)+o\left((L \alpha)^{2}\right) \\
& =g_{0}(0)+\frac{g_{0}(0)}{4}\left\langle\frac{g_{1}^{2}}{g_{0}^{2}} \psi_{\lambda}, \psi_{\lambda}\right\rangle+o\left((L \alpha)^{2}\right) \\
& \left.=g_{0}(0)+\left.\frac{g_{1}^{\prime}(0)}{4 g_{0}(0) \lambda^{2}}\langle | \nabla\right|^{2} \psi_{1}, \psi_{1}\right\rangle+o\left((L \alpha)^{2}\right) .
\end{aligned}
$$

Furthermore $\langle | \mathcal{D}^{0}\left|\mathcal{P}_{-}^{0} \psi_{\lambda}, \psi_{\lambda}\right\rangle=\frac{1}{2}\left\langle\left(\left|\mathcal{D}^{0}\right|-g_{0}\right) \psi_{\lambda}, \psi_{\lambda}\right\rangle=\frac{1}{4 g_{0}(0)}\left\langle g_{1}^{2} \psi_{\lambda}, \psi_{\lambda}\right\rangle+o\left(\lambda^{-2}\right)$. Finally

$$
\begin{equation*}
\left.\operatorname{Tr}_{\mathcal{P}^{0}}\left(\mathcal{D}^{0} N^{\prime}\right)=\left\langle\mathcal{D}^{0} \phi_{\lambda}, \phi_{\lambda}\right\rangle=g_{0}(0)+\left.\frac{g_{1}^{\prime}(0)^{2}}{2 \lambda^{2} g_{0}(0)}\langle | \nabla\right|^{2} \psi_{1}, \psi_{1}\right\rangle+o\left((L \alpha)^{2}\right) \tag{31}
\end{equation*}
$$

### 4.1.4 $\quad \operatorname{Tr}_{\mathcal{P}^{0}}(D \gamma)$.

Notation 4.5. Let us write $B=R_{\gamma}^{\prime}-\varphi_{\gamma}^{\prime}=R(\gamma+N)-\left(\rho_{\gamma}+n\right) \star|\cdot|^{-1}$.
Remark 4.6. Let us recall Lemma 1.[5]: if $P, \Pi$ are two projectors such that: $P-\Pi \in \mathfrak{S}_{2}$ then
$Q \in \mathfrak{S}_{1}^{P} \Longleftrightarrow Q \in \mathfrak{S}_{1}^{\Pi}$ and then $\operatorname{Tr}_{P}(Q)=\operatorname{Tr}_{\Pi}(Q)$.
Here we will take $P=\mathcal{P}_{-}^{0}$ and $\Pi:=\chi_{(-\infty, 0)}\left(\mathcal{D}^{0}+\alpha B\right)$ : formally (cf [9])

$$
\begin{gather*}
\operatorname{Tr}_{\mathcal{P}^{0}}\left(\left(\mathcal{D}^{0}+\alpha B\right) \gamma\right) \stackrel{?}{=} \operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| \gamma^{2}\right)+\alpha \operatorname{Tr}_{\mathcal{P}^{0}}(B \gamma)  \tag{32a}\\
\operatorname{Tr}_{\mathcal{P}^{0}}\left(\left(\mathcal{D}^{0}+\alpha B\right) \gamma\right) \stackrel{?}{=}-\operatorname{Tr}\left(\left|\mathcal{D}^{0}+\alpha B\right| \gamma^{2}\right) \stackrel{?}{=}-\operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| \gamma^{2}\right)+o\left(\operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| \gamma^{2}\right)\right) \tag{32b}
\end{gather*}
$$

so we would like to show that $\operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| \gamma^{2}\right)=-\frac{\alpha}{2} \operatorname{Tr}_{\mathcal{P}^{0}}(B \gamma)+o\left(\tau^{2}\right)$.
Two problems arise: are $B \gamma, B Q_{k}(\gamma)$ in $\mathfrak{S}_{1}^{\mathcal{P}^{0}}$ and how can we evaluate
$\left|\mathcal{D}^{0}+\alpha B\right|-\left|\mathcal{D}^{0}\right|$ ? We will deal with the last question in Appendix C and prove

## Lemma 4.7.

$$
\operatorname{Tr}\left(\left|\mathcal{D}^{0}+\alpha B\right| \gamma^{2}\right)=\operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| \gamma^{2}\right)+O\left(\alpha \tau^{2}\right)
$$

Supposing those facts are true we get $\operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| \gamma^{2}\right)=-\frac{\alpha}{2} \operatorname{Tr}_{\mathcal{P}^{0}}(B \gamma)+O\left(\alpha \tau^{2}\right)$. We use (23c):

$$
\left\|R_{\gamma}^{\prime} \gamma\right\|_{\mathfrak{S}_{1}} \leq\left.\left\|R(\gamma)\left|\mathcal{D}^{0}\right|^{-1 / 2}\right\|\right|_{\mathfrak{S}_{2}}\left\|\left|\mathcal{D}^{0}\right|^{1 / 2} \gamma\right\|_{\mathfrak{S}_{2}}+\|R(N)\|_{\mathfrak{S}_{2}}\|\gamma\|_{\mathfrak{S}_{2}} \lesssim\left(\tau+\lambda^{-1}\right) \tau .
$$

Then let us prove $\operatorname{Tr}_{\mathcal{P}^{0}}\left(\varphi_{\gamma}^{\prime} \gamma\right)=D\left(\rho_{\gamma}+n_{\lambda}, \rho_{\gamma}\right)$. In fact if $Q \in \mathfrak{S}_{1}^{\mathcal{P}^{0}-}$ and if $\int \operatorname{Tr}(\widehat{Q}(p, p)) d p$ exists then it is equal to $\operatorname{Tr}_{\mathcal{P}^{0}}(Q)$ for $\mathcal{P}_{-}^{0}=f(i \nabla)$ : in Fourier space $\operatorname{Tr}_{\mathbf{C}^{4}}\left(\widehat{\mathcal{P}_{-}^{0}}(p) \widehat{Q}(p, p) \widehat{\mathcal{P}_{+}^{0}}(p)\right)=0$.

$$
\begin{aligned}
(2 \pi)^{-3 / 2} \iint_{|p|,|q|<\Lambda} \widehat{\varphi_{\gamma}^{\prime}}(p-q)(\operatorname{Tr}(\widehat{\gamma}(p, q)))^{*} d p d q & =(2 \pi)^{-3 / 2} \quad \iint_{\left|u+\frac{k}{2}\right|,\left|u-\frac{k}{2}\right|<\Lambda} \widehat{\varphi_{\gamma}^{\prime}}(k)(\operatorname{Tr}(\widehat{\gamma}(u+k / 2, u-k / 2)))^{*} d u d k \\
& =\int_{k} \widehat{\varphi_{\gamma}^{\prime}}(k) \widehat{\rho_{\gamma}}(k)^{*} d k=4 \pi \int_{k} \frac{\widehat{\rho_{\gamma}^{\prime}}(k) \widehat{\rho_{\gamma}}(k)^{*}}{|k|^{2}} d k=D\left(\rho_{\gamma}, \rho_{\gamma}^{\prime}\right) .
\end{aligned}
$$

Like in the calculation of $I$ there holds

$$
D\left(\rho_{\gamma}, \rho_{\gamma}+n_{\lambda}\right)=\frac{\alpha_{r}(0)^{2}-\alpha_{r}(0)}{\lambda} D\left(n_{1}, n_{1}\right)+o\left(\frac{L}{\lambda}\right)
$$

so

$$
\begin{equation*}
\operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| \gamma^{2}\right)=\alpha \frac{\alpha_{r}(0)^{2}-\alpha_{r}(0)}{2 \lambda} D\left(n_{1}, n_{1}\right)+o\left(\frac{L}{\lambda}\right) \tag{33}
\end{equation*}
$$

Remark 4.8. The calculation above is correct if $\widehat{\gamma}(p, q) \in \mathcal{C}^{0}\left(B(0, \Lambda)^{2}\right)$ :

$$
A_{1}=\iint_{\left|u \pm \frac{k}{2}\right|<\Lambda} \frac{|\widehat{\rho}(k)|}{|k|^{2}}\left|\widehat{\gamma}\left(u+\frac{k}{2}, u-\frac{k}{2}\right)\right| d u d k \lesssim \Lambda^{3 / 2}\|\rho\|_{\mathcal{C}}\left(\Lambda^{3 / 2}\|\widehat{\gamma}\|_{L^{\infty}}+\|\gamma\|_{\mathfrak{S}_{2}}\right) .
$$

We conclude by continuity of $Q \in \mathfrak{S}_{1}^{\mathcal{P}^{0}} \mapsto \rho_{Q} \in \mathcal{C}$ shown in [7] and of $Q \in \mathfrak{S}_{1}^{\mathcal{P}_{-}^{0}} \mapsto \operatorname{Tr}_{\mathcal{P}^{0}}\left(\varphi_{\gamma}^{\prime} Q\right)$ and the density of $\mathcal{C}^{0}\left(B(0, \Lambda)^{2}\right)$ in $\mathcal{F}\left(\mathfrak{S}_{1}^{\mathcal{P}_{-}^{0}}\left(\mathfrak{H}_{\Lambda}\right)\right)$.

Indeed, using the notations of [5] and [4]: $\gamma^{e_{1} e_{2}}=\mathcal{P}_{e_{1}}^{0} \gamma \mathcal{P}_{e_{2}}^{0}$, there holds(cf 3.3.):

$$
\begin{equation*}
\left(\varphi_{\gamma}^{\prime} Q\right)^{--}=\left(\mathcal{P}_{-}^{0}\left[\varphi_{\gamma}^{\prime}, \mathcal{P}_{+}^{0}\right]\left|\mathcal{D}^{0}\right|^{-1 / 2}\right)\left|\mathcal{D}^{0}\right|^{1 / 2} Q^{+-}+\left(\varphi_{\gamma}^{\prime}\left|\mathcal{D}^{0}\right|^{-1 / 2}\right)^{--}\left|\mathcal{D}^{0}\right|^{1 / 2} Q^{--} \in \mathfrak{S}_{1}\left(\mathfrak{H}_{\Lambda}\right) \tag{34}
\end{equation*}
$$

and so $\left|\operatorname{Tr}_{\mathcal{P}^{0}}\left(\varphi_{\gamma}^{\prime} Q\right)\right| \leq\left\|\rho_{\gamma}^{\prime}\right\|{ }_{\mathcal{C}} \Lambda^{1 / 2}(\log (\Lambda))^{1 / 6}| | Q \|_{\mathfrak{S}_{1, \mathcal{P}_{-}^{0}}}$ with

$$
\begin{equation*}
\|Q\|_{\mathfrak{S}_{1, \mathcal{P}_{-}^{0}}}:=\left\|Q^{--}\right\|_{\mathfrak{S}_{1}}+\left\|Q^{++}\right\|_{\mathfrak{S}_{1}}+\left\|Q^{-+}\right\|_{\mathfrak{S}_{2}}+\left\|Q^{+-}\right\|_{\mathfrak{S}_{2}} \tag{35}
\end{equation*}
$$

$\underline{B Q_{k}(\gamma) \in \mathfrak{S}_{1}^{\mathcal{P}^{0}-}\left(\mathfrak{H}_{\Lambda}\right)}$. We recall: $\left|\mathcal{D}^{0}\right|^{-1 / 2} \varphi_{\gamma}^{\prime} \in \mathfrak{S}_{2}\left(\mathfrak{H}_{\Lambda}\right),\left|\mathcal{D}^{0}\right| \in \mathcal{B}\left(\mathfrak{H}_{\Lambda}\right)$, $\left|\mathcal{D}^{0}\right|^{-1 / 2} R_{\gamma}^{\prime} \in \mathfrak{S}_{2}\left(\mathfrak{H}_{\Lambda}\right)$, and thanks to [5] $\gamma^{++}, \gamma^{--} \in \mathfrak{S}_{1}\left(\mathfrak{H}_{\Lambda}\right)$.
These facts enable us to show: for $k \geq 4, Q_{k}(\gamma) \in \mathfrak{S}_{1}\left(\mathfrak{H}_{\Lambda}\right)$ since
$Q_{k}^{+\cdots+}=Q_{k}^{-\cdots-}=0$ (by the residuum formula in the formula of the kernel in Fourier space as shown in[5]).

We can adapt Lemma of [4] and prove in the same way:
Lemma 4.9. For $0 \leq t<1 / 2$ there holds with $A=\left\|\rho_{\gamma^{\prime}}\right\|_{\mathcal{C}}+\left\|\gamma^{\prime}\right\|_{S}$

$$
\begin{aligned}
& \left\|\left|\mathcal{D}^{0}\right|^{1 / 2+t} Q_{2}(\gamma)\right\|_{\mathfrak{S}_{3 / 2}} \leq K_{t} A^{2}, \quad\left\|\left|\mathcal{D}^{0}\right| Q_{3}(\gamma)\right\|_{\mathfrak{S}_{6 / 5}} \leq K_{t} A^{3}, \\
& \left\|\left|\mathcal{D}^{0}\right|^{t} \widetilde{Q}_{4}(\gamma)\left|\mathcal{D}^{0}\right|^{t}\right\|_{\mathfrak{S}_{1}} \leq K_{t}\left(A^{4}+\alpha A^{5}+\alpha^{2}\left(\frac{\left\|\rho_{\gamma}^{\prime}\right\| \|_{\mathcal{C}}^{6}}{\operatorname{dist}\left(0, \sigma\left(\mathcal{D}^{0}+\alpha B\right)\right)}+A^{6}\right)\right) .
\end{aligned}
$$

where $\gamma=\sum_{j=1}^{k-1} \alpha^{j} Q_{j}+\alpha^{k} \widetilde{Q}_{k}$.
Using the same method as in [4] with $D(x):=\mathcal{D}^{0}+x B\left(\left\|\rho_{\gamma^{\prime}}\right\|_{\mathcal{C}}+\|\gamma\| \|_{S}\right)^{-1}$ (there exists $0<x_{0} \in \mathbf{R}^{+}$with $|D(x)| \geq \frac{1}{2},-x_{0}<x<x_{0}$ ) we obtain
Lemma 4.10. Let $0 \leq t<1 / 2$, then there exists $K_{t}>0$ such that

Therefore $\gamma, \widetilde{Q}_{4}(\gamma), Q_{3}(\gamma), Q_{2}(\gamma) \in \mathfrak{S}_{1}^{\mathcal{P}^{0}}-\left(\mathfrak{H}_{\Lambda}\right)$ and so $Q_{1}(\gamma) \in \mathfrak{S}_{1}^{\mathcal{P}^{0}-}\left(\mathfrak{H}_{\Lambda}\right)$.
Then as in (34): $\mathcal{P}_{-}^{0}\left(B Q_{k}\right) \mathcal{P}_{-}^{0}=\underbrace{\mathcal{P}_{-}^{0}\left[B, \mathcal{P}_{+}^{0}\right]\left|\mathcal{D}^{0}\right|^{-1 / 2}}_{\in \mathfrak{S}_{2}\left(\mathfrak{S}_{\Lambda}\right)} \underbrace{\left|\mathcal{D}^{0}\right|^{1 / 2} Q_{k}^{+-}}_{\in \mathfrak{S}_{2}\left(\mathfrak{H}_{\Lambda}\right)}+\underbrace{\mathcal{P}_{-}^{0} B\left|\mathcal{D}^{0}\right|^{-1}}_{\in \mathfrak{G}_{6}\left(\mathfrak{F}_{\Lambda}\right)} \underbrace{\left|\mathcal{D}^{0}\right| Q_{k}^{--}}_{\in \mathfrak{G}_{1}\left(\mathfrak{H}_{\Lambda}\right)}$, so $B Q_{k}(\gamma) \in \mathfrak{S}_{1}^{\mathcal{P}_{-}^{0}}\left(\mathfrak{H}_{\Lambda}\right)$.
Remark 4.11. As $\Lambda \rightarrow+\infty$ there holds $\left.\left.\langle | \mathcal{D}^{0}\right|^{2} \psi_{1}, \psi_{1}\right\rangle-D\left(n_{1}, n_{1}\right)=E_{\mathrm{CP}}+o(1)$. In fact $\psi_{1}=\left(\phi_{1}, 0\right)^{T}$ where $\phi_{1}=P_{\Lambda} \phi_{1}^{\prime} /\left\|P_{\Lambda} \phi_{1}^{\prime}\right\|_{L^{2}}$ and $\phi_{1}^{\prime}$ is the minimizer of Choquard-Pekar energy. $P_{\Lambda}$ is the projector onto $\mathfrak{H}_{\Lambda}$ and by so $\phi_{1}^{(\Lambda)} \underset{\Lambda \rightarrow+\infty}{\stackrel{H^{1}}{\rightarrow}} \phi_{1}^{\prime}$. Then writing $n^{\prime}=\left|\phi_{1}^{\prime}\right|^{2}$ there holds by (22b)

$$
\begin{aligned}
\left|\left|\left|n_{1}\right|\right|_{\mathcal{C}}-\| n^{\prime}\right||\mathcal{C}| & \leq\left\|n_{1}-n^{\prime}\right\|_{\mathcal{C}} \lesssim\left(\langle | \nabla\left|\psi_{1}, \psi_{1}\right\rangle+\langle | \nabla\left|\phi_{1}^{\prime}, \phi_{1}^{\prime}\right\rangle\right)\left|\left\|\psi_{1}\right\|_{L^{2}}^{2}-\left\|\phi_{1}^{\prime}\right\|_{L^{2}}^{2}\right| \\
& \lesssim\langle | \nabla\left|\phi_{1}^{\prime}, \phi_{1}^{\prime}\right\rangle\left|\left\|\psi_{1}\right\|_{L^{2}}^{2}-\left\|\phi_{1}^{\prime}\right\|_{L^{2}}^{2}\right|_{\Lambda \rightarrow \infty}^{\rightarrow} 0 .
\end{aligned}
$$

### 4.2 Proof of Proposition 2.

Let us prove now the binding inequalities for $0<q<1$. According to Lieb's principle ([7]) for each $q$ we can take minimizing sequences for $E(q)$ of the form
$Q_{(k)}=P_{(k)}-\mathcal{P}_{-}^{0}+q\left|\psi_{k}\right\rangle\left\langle\psi_{k}\right|, Q_{(k)} \in \mathcal{Q}_{\Lambda}, P_{k}^{2}=P_{k}, P_{k} \psi_{k}=0, \operatorname{Tr}_{\mathcal{P}^{0}}\left(P_{k}-\mathcal{P}_{-}^{0}\right)=0, k \in \mathbf{N}$
and we note as before $\gamma_{k}=P_{k}-\mathcal{P}_{-}^{0}, n_{k}=\left|\psi_{k}\right|^{2}, N_{k}=\left|\psi_{k}\right\rangle\left\langle\psi_{k}\right|$. We will forget to emphasize the dependence in $k$.
Writing $I_{\gamma}(N)=\alpha \mathfrak{R e}\left(D\left(\rho_{\gamma}, n\right)-\iint \frac{\left.\operatorname{Tr}_{\mathbf{C}^{4}(N(x, y)}{ }^{*} \gamma(x, y)\right)}{|x-y|} d x d y\right) ; \mathcal{E}(Q)$ can be written:

$$
\mathcal{E}(Q)=\mathcal{E}(\gamma)+q\left\langle\mathcal{D}^{0} \psi, \psi\right\rangle+q I_{\gamma}(N)=(1-q) \mathcal{E}(\gamma)+q \mathcal{E}(\gamma+N)
$$

Taking the liminf, we obtain

$$
E(q)=\liminf _{k \rightarrow \infty}((1-q) \mathcal{E}(\gamma)+q \mathcal{E}(\gamma+N)) \geq(1-q) \liminf _{k \rightarrow \infty} \mathcal{E}(\gamma)+q E(1)
$$

Either $x=\liminf _{k \rightarrow \infty} \mathcal{E}(\gamma)>0$ and $E(q)>q E(1)$ or $x=0$. What happens in the second case ? Up to the extraction of a subsequence we can assume that $\lim \inf \mathcal{E}(\gamma)$ is a limit. Thanks to (6) it implies $\operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| \gamma^{2}\right)+D\left(\rho_{\gamma}, \rho_{\gamma}\right) \underset{k \rightarrow \infty}{\rightarrow} 0$. As $P_{k} \psi_{k}=0$ we obtain $\left\|\mathcal{P}_{+}^{0} \psi\right\|^{2}=\|\psi\|^{2}-\left\|\mathcal{P}_{-}^{0} \psi\right\|^{2}=1-\|\gamma \psi\|^{2} \rightarrow 1$ and $\left\langle\mathcal{D}^{0} \psi, \psi\right\rangle=\langle | \mathcal{D}^{0}\left|\psi^{+}, \psi^{+}\right\rangle+\langle | \mathcal{D}^{0}\left|\gamma \psi, \psi^{-}\right\rangle$where $\psi^{\varepsilon}=\mathcal{P}_{\varepsilon}^{0} \psi$. As $\mathcal{D}^{0}$ is bounded on $\mathfrak{H}_{\Lambda}$ and $\|\psi\|_{2}=1, \liminf _{k \rightarrow \infty}\left\langle\mathcal{D}^{0} \psi, \psi\right\rangle \geq m(\alpha)$, so by Cauchy-Schwartz inequality $I_{\gamma}(N) \rightarrow 0$ and

$$
\liminf _{k \rightarrow \infty} \mathcal{E}\left(Q_{k}\right)=E(q) \geq \liminf _{k \rightarrow \infty} \mathcal{E}(\gamma)+q \liminf _{k \rightarrow \infty} I_{\gamma}(N)+q \liminf _{k \rightarrow \infty}\left\langle\mathcal{D}^{0} \psi, \psi\right\rangle \geq q m(\alpha)
$$

It implies $E(q)=q m(\alpha)$, but we can use the method of Section 4.1. to prove that $E(q)<q m(\alpha)$ for sufficiently small $\alpha$ and $L$ in regard with $q$ :
$Q+\mathcal{P}_{-}^{0}=\chi_{(-\infty, 0)}\left(\mathcal{D}^{0}+\alpha\left(\varphi_{\gamma}+q n \star|\cdot|^{-1}-\frac{\gamma(x, y)+q N(x, y)}{|x-y|}\right)\right)+q \frac{\left|(1-\pi) \psi_{\lambda}\right\rangle\left\langle(1-\pi) \psi_{\lambda}\right|}{1-\left\|\pi \psi_{\lambda}\right\|_{L^{2}}^{2}}$.
If we assume that $E(q)=q m(\alpha)$ once $E(1)<m(\alpha)$ has been proven, we also obtain $E(q)>q E(1)$. We thus get $E(q)+E(1-q)>q E(1)+(1-q) E(1)=E(1)$.

There remains the case $q>1$. However it has been proven in [7] that for each integer $N, E$ is concave on $[N, N+1]$. Thus thanks to (6) there holds

$$
E(q) \geq q\left(1-\alpha \frac{\pi}{4}\right) m(\alpha)
$$

and it suffices that $E(2)>E(1)$ to obtain in fine $E(q)>E(1)$ for $q>1$. For $\alpha<\frac{2}{\pi}$ it is therefore true and as $E(q)>0$ for $q \neq 0$ we obtain the binding inequalities for $q>1$ and hence for all $q$.

### 4.3 Proof of Theorem 3.

Notation 4.12.

- Let $Q=\gamma+|\psi\rangle\langle\psi|$ be the minimizer written with the notation of Section 2.
- As before $N=|\psi\rangle\langle\psi|, n=|\psi|^{2}$.
- We have $|\psi\rangle\langle\psi|=\chi_{(0, \mu]}\left(D_{Q}\right)$ with $D_{Q}:=\mathcal{D}^{0}+\alpha\left(R_{\gamma}^{\prime}-\varphi_{\gamma}^{\prime}\right)$.
- $\mu$ is chosen such that $D_{Q} \psi=\left|D_{Q}\right| \psi=\mu \psi: \mu \leq m(\alpha)$.
- We note $C_{0}^{2}:=\frac{2 g_{1}^{\prime}(0)^{2}}{\left(\alpha \alpha_{r}(0)\right)^{2} m(\alpha)}$ and $c:=\frac{\left(g_{1}^{\prime}(0)\right)^{2}}{\alpha \alpha_{r}(0) m(\alpha)}$.
- As $\left(R(N)-\varphi_{|\psi|^{2}}\right) \psi=0$, there holds

$$
\begin{equation*}
\left(\mathcal{D}^{0}+\alpha\left(R(\gamma)-\varphi_{\gamma}\right)\right) \psi=\mu \psi \tag{37}
\end{equation*}
$$

- We note $v_{\gamma}:=\varphi_{\gamma}, b_{\gamma}:=v_{\gamma}-R_{\gamma}, d:=\mathcal{D}^{0}$. We remark:

$$
\begin{equation*}
\left\langle v_{\gamma} \psi, \psi\right\rangle=D\left(\rho_{\gamma}, n\right), \quad\left|\left\langle R_{\gamma} \psi, \psi\right\rangle\right| \leq\|\gamma\|_{S}\left\|_{n}\right\|_{\mathcal{C}} . \tag{38}
\end{equation*}
$$

- We mean by $\left\langle g_{0} \psi, \psi\right\rangle:(2 \pi)^{-3} \int_{p} g_{0}(p)|\widehat{\psi}(p)|^{2} d p$ etc.

Remark 4.13. Throughout this section we will prove estimates more and more precise of the norms of $\psi, n, \gamma, \rho_{\gamma}$.
4.3.1 $\|\psi\|_{H^{3 / 2}}=O(1)$.

First let us prove that we can construct $Q$ as a fixed point with the norm of [5]: it suffices to prove that $\|n\|_{\mathfrak{C}},\|N\|_{\mathcal{Q}}=O(1)$ and as $\|N\|_{\mathcal{Q}} \lesssim\|\psi\|_{H^{3 / 2}}^{2}$ we will first prove Lemma 2.4.

Thanks to 38 and (22b) there holds
$\left\langle\mathcal{D}^{0} \psi, \psi\right\rangle=\left\langle D_{Q} \psi, \psi\right\rangle-\alpha\left\langle b_{\gamma} \psi, \psi\right\rangle=\langle | D_{Q}|\psi, \psi\rangle+O\left(\alpha \sqrt{\langle | \mathcal{D}^{0}|\psi, \psi\rangle}\left(\|\gamma\|_{S}+\left\|\rho_{\gamma}\right\|_{\mathcal{C}}\right)\right)$.
Thanks to C.3. and the fact that $\|N\|_{S}^{2}-\|n\|_{\mathcal{C}}^{2}=0$ there holds by Cauchy-Schwartz inequality and (22b):

$$
\begin{aligned}
\mathcal{E}(Q) & =\mathcal{E}(\gamma)+\left\langle\mathcal{D}^{0} \psi, \psi\right\rangle+\alpha \mathfrak{R}\left(D(\rho, n)-\langle\gamma, N\rangle_{S}\right) \\
& \geq(1-K \alpha) \operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| \gamma^{2}\right)+\frac{\alpha}{2} D\left(\rho_{\gamma}, \rho_{\gamma}\right)+\left(1-C_{2} \alpha\right)\langle | \mathcal{D}^{0}|\psi, \psi\rangle-\alpha \sqrt{\langle | \mathcal{D}^{0}|\psi, \psi\rangle}\left(\|\gamma\|_{F}+\left\|\rho_{\gamma}\right\|_{\mathcal{C}}\right)
\end{aligned}
$$

as $\mathcal{E}(Q) \leq m(\alpha)$ we thus have

$$
\begin{equation*}
\operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| \gamma^{2}\right)+\alpha D\left(\rho_{\gamma}, \rho_{\gamma}\right)+\langle | \mathcal{D}^{0}|\psi, \psi\rangle=O(1) \tag{39}
\end{equation*}
$$

Thanks to (37) we have

$$
\begin{equation*}
\left\langle\mathcal{D}^{0} \psi, \mathcal{D}^{0} \psi\right\rangle=\mu^{2}\|\psi\|_{L^{2}}^{2}-2 \alpha \mu \Re\left\langle b_{\gamma} \psi, \psi\right\rangle+\alpha^{2}\left\|b_{\gamma} \psi\right\|_{L^{2}}^{2} . \tag{40}
\end{equation*}
$$

Then as

$$
\left|\left\langle b_{\gamma} \psi, f\right\rangle\right| \leq \sqrt{\frac{\pi}{2}}| ||\nabla|^{1 / 2} \psi\left\|_{L^{2}}\left(\left\|\rho_{\gamma}\right\|_{\mathcal{C}}+\|\gamma\| \|_{S}\right)\right\| f \|_{L^{2}}
$$

by duality

$$
\begin{equation*}
\left\|b_{\gamma} \psi\right\|_{L^{2}} \leq \sqrt{\frac{\pi}{2}}\left\||\nabla|^{1 / 2} \psi\right\|_{L^{2}}\left(\left\|\rho_{\gamma}\right\|_{\mathcal{C}}+\|\gamma\| \|_{S}\right) \tag{41}
\end{equation*}
$$

Furthermore

$$
\begin{array}{ll}
\alpha\left\langle v_{\gamma} \psi, \psi\right\rangle=\alpha D\left(\rho_{\gamma}, n\right)=O\left(\sqrt{\alpha\|\nabla \psi\|_{L^{2}}}\right), & \alpha^{2}\left|\left\langle v_{\gamma} \psi, v_{\gamma} \psi\right\rangle\right| \lesssim \alpha\left(\alpha\left\|_{\gamma}\right\|_{\mathcal{C}}^{2}\right)\langle | \nabla|\psi, \psi\rangle, \\
\left|\left\langle R_{\gamma} \psi, \psi\right\rangle\right| \leq\|\gamma\|_{S}\|n\|_{\mathcal{C}}=O(1), & \left|\left\langle R_{\gamma} \psi, R_{\gamma} \psi\right\rangle\right| \lesssim\|\gamma\|_{S}^{2}\langle | \nabla|\psi, \psi\rangle
\end{array}
$$

while there holds thanks to Proposition 5.

$$
\left.\left|\left\langle\left(g_{0}^{2}-g_{0}(0)^{2}\right) \psi, \psi\right\rangle\right| \leq\left. K \alpha\langle | \nabla\right|^{2} \psi, \psi\right\rangle
$$

Thus $\|\psi\|_{H^{1}}=O(1)$ and

$$
\begin{equation*}
\left\langle g_{1}^{2} \psi, \psi\right\rangle \lesssim \alpha^{2 / 3} \tag{42}
\end{equation*}
$$

In particular there holds $\|\psi\|_{L^{4}} \lesssim\|\widehat{\psi}\|_{L^{4 / 3}} \lesssim\|\psi\|_{H^{1}}$ and $\|n\|_{L^{2}}=O(1)$. Moreover there holds $D(n, n) \leq \frac{\pi}{2}\langle | \nabla|\psi, \psi\rangle$ such that $\|n\|_{\mathfrak{C}}=O(1)$.

Then by (37) we have $|d|^{2} \psi=\mu d \psi-\alpha d b_{\gamma} \psi$ such that

$$
\left.\left.\left.\langle | d\right|^{3} \psi, \psi\right\rangle=\mu\langle | d|d \psi, \psi\rangle+\left.\alpha\langle | d\right|^{1 / 2}\left(R_{\gamma}-v_{\gamma}\right)|d|^{-3 / 2}|d|^{3 / 2} \psi, d|d|^{1 / 2} \psi\right\rangle
$$

Then thanks to (23b) and C.2., writing

$$
|d|^{1 / 2} b_{\gamma}|d|^{-3 / 2}=\left[|d|^{1 / 2}, b_{\gamma}\right]|d|^{-3 / 2}+b_{\gamma}|d|^{-1}
$$

we get $\left|\left||d|^{1 / 2} b_{\gamma}\right| d\right|^{-3 / 2} \|_{\mathcal{B}} \leq\left(\|\gamma\|_{S}+\left.\left\|\rho_{\gamma}\right\|\right|_{\mathcal{C}}\right)+\sqrt{\iint \widetilde{E}(p-q) \widetilde{E}(p+q)|\widehat{\gamma}(p, q)|^{2} d p d q}$.
Thanks to Remark 3.2 and the fact that

$$
\int \frac{\widetilde{E}(p)}{|p|^{2}}|\widehat{n}(p)|^{2} d p, \quad \iint \widetilde{E}(p-q) \widetilde{E}(p+q)|\widehat{N}(p, q)|^{2} d p d q \leqq 1
$$

we can apply the fixed point method with the choice of norms

$$
\star\left\|q_{0}\right\|_{\mathcal{Q}}^{2}:=\iint \widetilde{E}(p-q) \widetilde{E}(p+q)\left|\widehat{q_{0}}(p, q)\right|^{2} d p d q, \text { etc. }
$$

and construct this minimizer as a fixed point with these norms. In the same way as in Appendix B we get that ${ }_{\star}\|\gamma\|_{\mathcal{Q}} \lesssim 1$ : we obtain $\left.\left.\langle | d\right|^{3} \psi, \psi\right\rangle=O(1)$. Therefore we can apply the fixed point method with the norm of $[5]:\|\cdot\| \mathcal{Q},\|\cdot\|_{\mathfrak{C}}$ etc.

### 4.3.2 $\left.\left.\langle | \nabla\right|^{2} \psi, \psi\right\rangle=O\left(\left(\alpha \alpha_{r}(0)\right)^{2}\right)$.

We note $x=\left(\left\langle g_{1}^{2} \psi, \psi\right\rangle\right)^{1 / 4}$. Thanks to (69), (70a) and B. 3 (that gives $\left\|\rho_{1,0}(N)\right\| \mathcal{C},\|n\|_{L^{2}} \lesssim$ $\left(\alpha^{1 / 3}\right)^{3 / 2}=\alpha^{1 / 2}$ with (42)), there holds

$$
\begin{gather*}
\left\|\rho_{\gamma}\right\|_{\mathcal{c}} \lesssim \alpha^{3 / 2}+(L \alpha)^{3 / 2}+L x+\alpha \sqrt{L \alpha} x^{2}  \tag{43a}\\
\|\gamma\|_{S} \leqq L \alpha+\sqrt{L \alpha} x+\alpha x^{2} \tag{43b}
\end{gather*}
$$

Thus going back to (40) we have ( $c f 5$. for $\left\|g_{0}^{\prime \prime}\right\|_{\infty}$ )

$$
\begin{aligned}
& \left.\left\langle d^{2} \psi, \psi\right\rangle=x^{4}+m(\alpha)^{2}+\left.\left\langle 2 g_{0} g_{0}^{\prime \prime}\right| \nabla\right|^{2} \psi, \psi\right\rangle=x^{4}+m(\alpha)+O\left(\alpha x^{4}\right) \\
& \alpha\left|\left\langle b_{\gamma} \psi, \psi\right\rangle\right|+\alpha^{2}\left\|b_{\gamma} \psi\right\|_{L^{2}}^{2} \leq K_{1} \alpha^{5 / 2} x+K_{2} L \alpha x^{2}+K_{3} \alpha^{2} x^{3}+K_{4}(L \alpha)^{2} x^{4}+K_{6} \alpha^{4} x^{6} \\
& \mu^{2}\|\psi\|_{L^{2}}^{2} \leq m(\alpha)^{2} .
\end{aligned}
$$

As $x=O\left(\alpha^{1 / 6}\right), \alpha^{4} x^{6}=O\left(\alpha^{5}\right)=O\left((L \alpha)^{2}\right)$, therefore

$$
\begin{equation*}
x^{4} \leq k_{0} c^{-2}+k_{1} \alpha^{5 / 2} x+k_{2}(L \alpha) x^{2}+k_{3} \alpha^{2} x^{3} \tag{44}
\end{equation*}
$$

Finally

$$
\begin{equation*}
x \leq k_{0}^{1 / 4} c^{-1 / 2}+k_{1}^{1 / 3} \alpha^{5 / 6}+k_{2}^{1 / 2}(L \alpha)^{1 / 2}+k_{3} \alpha^{2} \lesssim(L \alpha)^{1 / 2}+\alpha^{5 / 6} \tag{45}
\end{equation*}
$$

and there holds $x^{4} \leq K(L \alpha)^{2}=O\left(c^{-2}\right)$ provided that

$$
\alpha^{5 / 3}=O(L \alpha) \Leftrightarrow \alpha \log (\Lambda)^{3} \geq K>0
$$

Thus the same estimates as for the test function hold for the minimizer:

$$
\begin{array}{l|l}
\|\gamma\|_{\mathcal{Q}} \leqq \alpha, & \left\|\rho_{\gamma}\right\|_{\mathfrak{C}} \leqq L \sqrt{L \alpha} \\
\|\gamma\|_{E} \leqq L \alpha, & \left\|\rho_{\gamma}\right\|_{\mathcal{C}} \leqq L \sqrt{L \alpha}
\end{array}
$$

where for $\left\|\rho_{\gamma}\right\|_{\mathcal{C}},\left\|\rho_{\gamma}\right\|_{\mathfrak{C}}$ we use now $\left\|\rho_{1,0}(N)\right\|_{\mathcal{C}}^{2} \lesssim c^{-3}$ by B.3.

### 4.3.3 The spinor $\psi$.

Remark 4.14. We follow now the path of [7] and [3].
We consider the problem associated with $E_{c=1, \alpha, \Lambda}$. As in [7] we note

$$
\begin{aligned}
U_{c}^{*}: \begin{aligned}
\mathfrak{H}_{\Lambda} & \rightarrow \mathfrak{H}_{c \Lambda} \\
\phi & \mapsto
\end{aligned} c^{3 / 2} \phi(c(\cdot)),
\end{aligned}
$$

and so $U_{c} \phi(x)=c^{-3 / 2} \phi(x / c)$.
There holds a scaling correspondence between $(1, \alpha, \Lambda)$ and $(c, c \alpha, c \Lambda)$ :

$$
E_{c, c \alpha, c \Lambda}\left(U_{c}^{*} Q U_{c}\right)=c^{2} E_{1, \alpha, \Lambda}(Q)
$$

To distinguish the objects of $(c, c \alpha, c \Lambda)$ we underline them:

$$
\begin{array}{l|l}
\underline{\psi}(x)=U_{c}^{*} \psi(x)=c^{3 / 2} \psi(c x), & \underline{\mathcal{D}^{0}=c^{2} U_{c}^{*} \mathcal{D}^{0} U_{c}=\underline{m} c^{2} \beta+c T} \begin{array}{l}
\underline{\gamma}(x, y)=U_{c}^{*} \gamma U_{c}(x, y)=c^{3} \gamma(c x, c y), \\
\underline{m}=g_{0}(-i \nabla / c), \\
\rho_{\underline{\gamma}}(x)=c^{3} \rho_{\gamma}(c x), \underline{v}=\rho_{\gamma} \star|\cdot|^{-1}, \\
\underline{R}(x, y)=\underline{\gamma}(x, y)|x-y|^{-1},
\end{array} \\
T=c g_{1}(-i \nabla / c) \boldsymbol{\alpha} \cdot \frac{-i \nabla}{|\nabla|} \\
D=c g_{1}(-i \nabla / c) \sigma \cdot \frac{-i \nabla}{|\nabla|}
\end{array}
$$

There holds $|\nabla| \leq|D| \leq C_{1}|\nabla|$ and

$$
\left\{\begin{array} { l } 
{ \| \underline { \gamma } \| _ { S } = \sqrt { c } \| \gamma \| _ { S } , } \\
{ \| \rho _ { \underline { \gamma } } \| _ { \mathcal { C } } = \sqrt { c } \| \rho _ { \gamma } \| _ { \mathcal { C } } }
\end{array} \text { so } \left\{\begin{array}{l}
\left\|\left|D^{0}\right|^{-1 / 2} \underline{R}\right\|_{\mathcal{B}} \lesssim\|\gamma\|_{S}=\sqrt{c}\|\gamma\|_{S} \text { etc. } \\
\left\|\left|D^{0}\right|^{-1} \underline{v}\right\|_{\mathfrak{S}_{6}} \lesssim\left\|\rho_{\underline{\gamma}}\right\|_{\mathcal{C}}=\sqrt{c}\left\|\rho_{\gamma}\right\|_{\mathcal{C}} \text { etc. }
\end{array}\right.\right.
$$

We have shown $\left\langle g_{1}^{2} \psi, \psi\right\rangle=O\left((L \alpha)^{2}\right)$, so choosing $c:=\frac{g_{1}^{\prime}(0)^{2}}{\alpha \alpha_{r}(0)}$, $\underline{\psi}$ has finite $H^{1}$ norm.
Remark 4.15. Here the constant of scaling $c$ corresponds to $\lambda$ of the test function.
Moreover thanks to (37) it satisfies

$$
\begin{equation*}
\underline{m} c^{2} \beta \underline{\psi}+c T \underline{\psi}+\alpha c(\underline{v}-\underline{R}) \underline{\psi}=\mu c^{2} \underline{\psi} . \tag{46}
\end{equation*}
$$

Considering the upper part $\varphi$ and the lower part $\chi$ of $\psi$ :

$$
\begin{align*}
& \underline{m} c^{2} \underline{\varphi}+c D \underline{\chi}+\alpha c \underline{v} \underline{\varphi}-\alpha c(\underline{R} \underline{\psi})_{1}=\mu c^{2} \underline{\varphi}  \tag{47a}\\
& -\underline{m} c^{2} \chi+c D \varphi+\alpha c \underline{\chi}-\alpha c(\underline{R} \underline{\psi})_{2}=\mu c^{2} \underline{\chi} \tag{47b}
\end{align*}
$$

From (47b) we obtain

$$
\underline{\chi}=\frac{D \underline{\varphi}}{\underline{m} c+\mu c}+\frac{\alpha}{\underline{m} c+\mu c}\left(\left(\underline{R} \underline{)_{2}}\right)_{2} \underline{v} \underline{\chi}\right) .
$$

We take the $L^{2}$-norm:

$$
\|\underline{\chi}\|_{L^{2}} \lesssim \frac{\|\underline{\psi}\|_{H^{1}}}{c}+\frac{\alpha}{\sqrt{c}}\left(\left\|\rho_{\gamma}\right\|_{\mathcal{C}}+\|\gamma\|_{S}\right) \lesssim \frac{1}{c}+\frac{\alpha L \sqrt{L \alpha}}{\sqrt{c}}+\frac{\alpha L \alpha}{\sqrt{c}} \lesssim \frac{1}{c}
$$

In particular the lower part $\chi$ tends to 0 in $L^{2}(\mathfrak{H})$ at speed $c^{-1}$.
As $T$ exchanges upper and lower spinors, by Cauchy-Schwarz inequality:

$$
\begin{aligned}
\left\langle\mathcal{D}^{0} \psi, \psi\right\rangle & =\left\langle g_{0} \varphi, \varphi\right\rangle-\left\langle g_{0} \chi, \chi\right\rangle+2 \mathfrak{R e}\left(\left\langle g_{1} \sigma \cdot \frac{-i \nabla}{|i \nabla|} \varphi, \chi\right\rangle\right) \\
& =m(\alpha)\|\varphi\|_{2}^{2}+O\left(c^{-2}\right) \\
& =m(\alpha)+O\left(c^{-2}\right) .
\end{aligned}
$$

It enables us to estimate

$$
\begin{equation*}
\mu=m(\alpha)+O\left(c^{-2}\right) \text { and } E(1)=\mathcal{E}\left(\gamma^{\prime}\right)=m(\alpha)+O\left(c^{-2}\right) \tag{48}
\end{equation*}
$$

From (47a) we obtain

$$
D \underline{\chi}=\frac{\left(\mu c^{2}-\underline{m} c^{2}\right) \underline{\varphi}}{c}+\alpha\left[(\underline{R} \psi)_{1}-\underline{V} \underline{\varphi}\right] .
$$

As $\mu=m(\alpha)+O\left(c^{-2}\right)$, its $L^{2}$-norm has the following upper bound:

$$
\|D \underline{\chi}\|_{L^{2}} \lesssim \alpha+\alpha \sqrt{c}(L \alpha+L \sqrt{L \alpha}) \lesssim \alpha,
$$

writing $Y^{2}=\left\langle g_{1}^{3} \psi, \psi\right\rangle$, we get the middle estimates

$$
\begin{gather*}
\|\underline{\chi}\|_{H^{1}} \lesssim \alpha  \tag{49a}\\
\|\underline{\chi}\|_{H^{1}} \lesssim\left(\alpha Y+c^{-1}\right)+L \alpha \tag{49b}
\end{gather*}
$$

Indeed writing $\mu=m(\alpha)+\delta m, c^{2} \times \frac{\delta m}{c} \underline{\varphi}$ has $L^{2}$-norm lesser than $K c^{-1}$. Then:

$$
\left|g_{0}(p / c)-g_{0}(0)\right|= \begin{cases}\left|\int_{0}^{1} g_{0}^{\prime}(t p / c) d t \frac{|p|}{c}\right| & \leq K \alpha \frac{|p|}{c} \\ \left|\int_{0}^{1} g_{0}^{\prime \prime}(t p / c)(1-t) d t \frac{|p|^{2}}{c^{2}}\right| & \leq K \alpha \frac{|p|^{2}}{c^{2}}\end{cases}
$$

In particular

$$
\begin{equation*}
\left\langle g_{1} \chi, \chi\right\rangle \leq \sqrt{\langle\chi, \chi\rangle\left\langle g_{1}^{2} \chi, \chi\right\rangle}=O\left(c^{-1} \times\left(\alpha Y+c^{-1}\right) c^{-1}\right)=O\left(\alpha Y c^{-2}+c^{-3}\right) \tag{50}
\end{equation*}
$$

and there also holds the middle estimate: $\|\chi\|_{H^{1}} \lesssim c^{-1}+\alpha c^{-1}$.

### 4.3.4 $\left\|U_{c}^{*} \psi\right\|_{H^{3 / 2}}=O(1)$.

As before:

$$
|d|^{1 / 2} R_{\gamma} \psi=\left[|d|^{1 / 2}, R_{\gamma}\right]|d|^{-1}|d| \psi+R_{\gamma}|d|^{1 / 2} \psi
$$

and thanks to (23b)

$$
\left\|\left[|d|^{1 / 2}, R_{\gamma}\right]|d|^{-1}\right\|_{\mathfrak{S}_{2}}^{2} \lesssim \iint \widetilde{E}(p-q) \widetilde{E}(p+q)|\widehat{\gamma}(p, q)|^{2} d p d q \lesssim c^{-2}
$$

Thanks to (50) there holds (with $Y^{2}=\left\langle g_{1}^{3} \psi, \psi\right\rangle$ ):

$$
\left.\left|\mu\left\langle g_{1} \boldsymbol{\alpha} \cdot \frac{-i \nabla}{|i \nabla|} \psi,\right| \nabla\right| \psi\right\rangle\left|\lesssim\left\||\nabla|^{3 / 2} \varphi\right\|_{L^{2}}\right|\left\|\left.\nabla\right|^{1 / 2} \chi\right\|_{L^{2}}=O\left(Y c^{-3 / 2}+Y^{3 / 2} \sqrt{\alpha} c^{-1}\right)
$$

Then:

$$
\begin{aligned}
\left\langle g_{0}^{2} \psi, \psi\right\rangle & =m(\alpha)^{2}+2(2 \pi)^{-3} \int_{p}\left(\int_{t=0}^{1}(1-t) g_{0}(t p) g_{0}^{\prime \prime}(t p) d t\right)|p|^{3}|\widehat{\psi}(p)|^{2} d p \\
& =m(\alpha)^{2}+K \alpha Y^{2}, \\
\left\langle g_{0} \beta \psi,\right| \nabla|\psi\rangle & =(2 \pi)^{-3}\left(\int_{p} g_{0}(p)|p||\widehat{\psi}(p)|^{2} d p-2 \int_{p} g_{0}(p)|p||\widehat{\chi}(p)|^{2} d p\right) \\
& =\left\langle g_{0} \psi,\right| \nabla|\psi\rangle+O\left(\alpha Y c^{-2}+c^{-3}\right) \\
& =m(\alpha)\langle | \nabla|\psi, \psi\rangle+O\left(\alpha Y^{2}+\alpha Y c^{-2}+c^{-3}\right), \\
\left\langle\mathcal{D}^{0} \psi,\right| \nabla|\psi\rangle & =\left\langle g_{0} \beta \psi,\right| \nabla|\psi\rangle+2 \mathfrak{R e}\left(\left\langle g_{1} \sigma \cdot \frac{-i \nabla}{|i \nabla|} \varphi,\right| \nabla|\chi\rangle\right) \\
& =m(\alpha)\langle | \nabla|\psi, \psi\rangle+O\left(\alpha Y^{2}+\alpha Y c^{-2}+c^{-3}+Y c^{-3 / 2}+Y^{3 / 2} \sqrt{\alpha} c^{-1}\right), \\
\mu\left\langle\mathcal{D}^{0} \psi,\right| \nabla|\psi\rangle & =m(\alpha)^{2}\langle | \nabla|\psi, \psi\rangle+O\left(\alpha Y^{2}+Y^{3 / 2} \sqrt{\alpha} c^{-1}+Y c^{-3 / 2}+c^{-3}\right) .
\end{aligned}
$$

We write down $S=g_{1}(-i \nabla) \sigma \cdot \frac{-i \nabla}{i \nabla \eta}$.
With the same method as in C.2:

$$
\left\|[|\nabla|, v]|d|^{-3 / 2}\right\|_{\mathcal{B}}\left|\left\|\left[|\nabla|^{1 / 2}, v\right]|d|^{-1}\right\|_{\mathcal{B}},\left\|v|d|^{-1 / 2}\right\|_{\mathcal{B}} \lesssim\left\|\rho_{\gamma}\right\| \mathcal{C} \sqrt{\log (\Lambda)}\right.
$$

$$
\begin{aligned}
\left.\left|\left\langle R_{\gamma} \psi, S\right| \nabla\right| \psi\right\rangle \mid & \left.\left.\leq\left|\left\langle\left[|\nabla|^{1 / 2}, R_{\gamma}\right]\right| d\right|^{-1}|d| \psi, S|\nabla|^{1 / 2} \psi\right\rangle\left.\left|+\left|\left\langle R_{\gamma}\right| \nabla\right|^{1 / 2} \psi, S\right| \nabla\right|^{1 / 2} \psi\right\rangle \mid \\
& \leq\left. Y| | \gamma| |\right|_{S}(1+\underbrace{\langle | \nabla| | d|\psi, \psi\rangle}_{\text {from }| | R_{\gamma}|\nabla|^{1 / 2} \psi| |}), \\
\left.\left|\left\langle S v_{\gamma} \varphi,\right| \nabla\right| \chi\right\rangle \mid & \left.\leq 3 C_{1}|\langle | \nabla| v_{\gamma} \varphi,|\nabla| \chi\right\rangle \mid \\
& \left.\left.\leq 3 C_{1}\left|\left\langle\left[|\nabla|, v_{\gamma}\right]\right| d\right|^{-3 / 2}|d|^{3 / 2} \varphi,|\nabla| \chi\right\rangle\left.\left|+3 C_{1}\right|\left\langle v_{\gamma}\right| d\right|^{-1 / 2}|d|^{1 / 2}|\nabla| \varphi,|\nabla| \chi\right\rangle \mid \\
& \leq \alpha c^{-1} \sqrt{\log (\Lambda)| | \rho_{\gamma} \|_{\mathcal{C}} Y=K L(L \alpha)^{2} Y,} \\
\left.\left|\left\langle S v_{\gamma} \chi,\right| \nabla\right| \varphi\right\rangle \mid & \left.\leq|\langle | \nabla|^{1 / 2} v_{\gamma} \chi,|\nabla|^{3 / 2} \varphi\right\rangle \mid \\
& \left.\left.\leq\left|\left\langle\left[|\nabla|^{1 / 2}, v_{\gamma}\right]\right| d\right|^{-1}|d| \chi,|\nabla|^{3 / 2} \varphi\right\rangle\left.\left|+\left|\left\langle v_{\gamma}\right| d\right|^{-1 / 2}\right| d\right|^{1 / 2}|\nabla|^{1 / 2} \chi,|\nabla|^{3 / 2} \varphi\right\rangle \mid \\
& \leq Y \sqrt{\log (\Lambda)| | \rho_{\gamma}| | \mathcal{C} \times\left|||d| \chi|_{L^{2}}\right.} \leqq Y \sqrt{\log (\Lambda)} L \sqrt{L \alpha}\left(\alpha c^{-1}+c^{-1}\right), \\
\left.\left|\left\langle v_{\gamma} \varphi,\right| \nabla\right| \varphi\right\rangle \mid & =\left|\iint \frac{(|\nabla| \varphi)^{*}(x) \varphi(x) \rho(y)}{|x-y|} d x d y\right| \leq Y^{2}\left\|\rho_{\gamma}\right\| \text { etc. } \\
\left.\left|\left\langle R_{\gamma} \varphi,\right| \nabla\right| \varphi\right\rangle \mid & =\left|\iint \frac{(|\nabla| \varphi)^{*}(x) \gamma(x, y) \varphi(y)}{|x-y|} d x d y\right| \leq Y^{2}\|\gamma\|_{S} \text { etc. } \\
\text { Therefore : } Y^{2}(1-K \alpha) & \leq K_{0} c^{-3}+K_{1}\left(L \alpha^{2}\right) Y+K_{3} \sqrt{\alpha} c^{-1} Y^{3 / 2} . \\
\text { As } L \alpha^{2}={ }_{\Lambda \rightarrow+\infty}^{o}\left((L \alpha)^{3 / 2}\right), & \text { we deduce } \left.\left.\langle | \nabla\right|^{3} \psi, \psi\right\rangle=O\left(c^{-3}\right) \text { and so } \\
& \|\psi\|_{H^{3 / 2}}=O(1) .
\end{aligned}
$$

We now improve (49a) as written before:

$$
\begin{aligned}
g_{0}(p / c)-g_{0}(0) & =\int_{0}^{1} g_{0}^{\prime}(t p / c) \frac{|p|}{c} d t=\int_{0}^{1}(1-t) g_{0}^{\prime \prime}(t p / c) \frac{|p|^{2}}{c^{2}} d t \\
\left|g_{0}(p / c)-g_{0}(0)\right|^{2} & =\left|\int_{0}^{1} g_{0}^{\prime}(t p / c) d t \int_{0}^{1}(1-u) g_{0}^{\prime \prime}(u p / c) d u\right| \frac{|p|^{3}}{c^{3}}
\end{aligned}
$$

and therefore

$$
\begin{equation*}
\|(m(\alpha)-\underline{m}) c \underline{\psi}\|_{L^{2}} \leq K \sqrt{\frac{\left\|g_{0}^{\prime}\right\|_{\infty}\left\|g_{0}^{\prime \prime}\right\|_{\infty}}{c}}=K \alpha \sqrt{L \alpha}=o\left(c^{-1}\right) . \tag{51}
\end{equation*}
$$

So

$$
\begin{equation*}
\|\underline{\chi}\|_{H^{1}}=O\left(c^{-1}\right) \text { and }\||\nabla| \chi\|_{H^{1}}=O\left(c^{-2}\right) . \tag{52}
\end{equation*}
$$

### 4.3.5 Estimation of $E(1)$.

Thanks to (47b)

$$
\chi=\frac{S \varphi}{g_{0}+\mu}+\alpha \frac{\left(R_{\gamma} \psi\right)_{2}-v_{\gamma} \chi}{g_{0}+\mu}=\frac{S \varphi}{g_{0}+\mu}+\delta \chi
$$

where the remainder $\delta \chi$ has $L^{2}$-norm lesser than $K \alpha L \sqrt{L \alpha}=o\left(c^{-1}\right)$. Thus as $\left\|g_{1} \psi\right\|_{L^{2}}=O\left(c^{-1}\right)$, thanks to 5 . we have the following asymptotic expansion:

$$
\begin{aligned}
E(1)+\frac{\alpha \alpha_{r}(0)}{2 c} D(\underline{n}, \underline{n}) & =\left\langle g_{0} \varphi, \varphi\right\rangle-\left\langle g_{0} \frac{S}{g_{0}+\mu} \varphi, \frac{S}{g_{0}+\mu} \varphi\right\rangle+2 \mathfrak{R e}\left\langle\frac{S}{g_{0}+\mu} \varphi, S \varphi\right\rangle+o\left(c^{-2}\right) \\
& =m(\alpha)\left(1-2\left\langle\frac{g_{1}^{2}}{\left(g_{0}+\mu\right)^{2}} \varphi, \varphi\right\rangle\right)+2\left\langle\frac{g_{1}^{2}}{g_{0}+\mu} \varphi, \varphi\right\rangle+o\left(c^{-2}\right) \\
& =m(\alpha)-\left\langle\frac{g_{1}^{2}}{2 m(\alpha)} \varphi, \varphi\right\rangle+\left\langle\frac{g_{1}^{2}}{m(\alpha)} \varphi, \varphi\right\rangle+o\left(c^{-2}\right) \\
& =m(\alpha)+\frac{1}{2 m(\alpha)}\left\langle g_{1}^{2} \varphi, \varphi\right\rangle+o\left(c^{-2}\right) \\
& =m(\alpha)+\frac{1}{2 m(\alpha)}\left\langle g_{1}^{2} \psi, \psi\right\rangle+o\left(c^{-2}\right),
\end{aligned}
$$

where to deal with $g_{0}$ we use $\left.\left.\langle | \nabla\right|^{3} \varphi, \varphi\right\rangle=O\left(c^{-3}\right)$ and $\left|g_{0}^{\prime}\right|=O(\alpha)$ and treat the $\left(\left(g_{0}+\mu\right)^{-1}\right)^{\prime}$ s one after the other. For the last line we use the fact that
$\left.\left.\langle | \nabla\right|^{2} \chi, \chi\right\rangle=O\left(c^{-3}\right)$.

Writing with $\underline{\psi}$ :

$$
\begin{equation*}
C_{0}^{2}(E(1)-m(\alpha))=\frac{1}{\left(g_{1}^{\prime}(0)\right)^{2}(2 \pi)^{3}} \int c^{2} g_{1}\left(\frac{p}{c}\right)^{2}|\widehat{\widehat{\psi}}(p)|^{2} d p-\iint \frac{|\underline{\psi}(x)|^{2}|\underline{\psi}(y)|^{2}}{|x-y|} d x d y+o(1) \tag{53}
\end{equation*}
$$

We recall (cf 6.) the $\left(g_{1}^{\prime}\right)_{\alpha, \Lambda}$ 's are uniformly continuous in a neighbourhood of 0 ; cutting in Fourier space at level $|p|=\sqrt{c}$ there holds

$$
\begin{aligned}
\int_{|p| \leq \sqrt{c}} c^{2} g_{1}(p / c)^{2}|\underline{\widehat{\psi}}(p)|^{2} d p= & \int_{|p| \leq \sqrt{c}} g_{1}^{\prime}(0)^{2}|p|^{2}|\underline{\widehat{\psi}}(p)|^{2} d p+\int_{|p| \leq \sqrt{c}}\left(\int_{t=0}^{1}\left(g_{1}^{\prime}(t p / c)-g_{1}^{\prime}(0)\right) d t\right)^{2}|p|^{2}|\widehat{\widehat{\psi}}(p)|^{2} d p \\
& +2 g_{1}^{\prime}(0) \int_{|p| \leq \sqrt{c}}\left(\int_{t=0}^{1}\left(g_{1}^{\prime}(t p / c)-g_{1}^{\prime}(0)\right) d t\right)|p|^{2}|\widehat{\widehat{\psi}}(p)|^{2} d p \\
= & \int_{|p| \leq \sqrt{c}} g_{1}^{\prime}(0)^{2}|p|^{2}|\widehat{\widehat{\psi}}(p)|^{2} d p+O\left(\left.\sup _{|q| \leq c^{-1 / 2}}\left\{\left|g_{1}^{\prime}(q)-g_{1}^{\prime}(0)\right|\right\}| ||\nabla| \underline{\psi}\right|^{2}\right) \\
= & \int_{|p| \leq \sqrt{c}} g_{1}^{\prime}(0)^{2}|p|^{2}|\widehat{\psi}(p)|^{2} d p+{ }_{c \rightarrow+\infty}^{o}(1) .
\end{aligned}
$$

Moreover:

$$
\begin{aligned}
\int_{|p| \geq \sqrt{c}} c^{2} g_{1}(p / c)^{2}|\underline{\widehat{\psi}}(p)|^{2} d p & \lesssim \int_{|p| \geq \sqrt{c}} \frac{|p|^{3}}{|p|}|\underline{\widehat{\psi}}(p)|^{2} d p \\
& \left.\left.\lesssim \frac{1}{\sqrt{c}}\langle | \nabla\right|^{3} \underline{\psi}, \underline{\psi}\right\rangle \lesssim c^{-1 / 2} \underset{c \rightarrow+\infty}{\rightarrow} 0 .
\end{aligned}
$$

Thus

$$
\left.\frac{1}{\left(g_{1}^{\prime}(0)^{2}\right)}\left\langle c^{2} g_{1}^{2}(\cdot / c) \underline{\psi}, \underline{\psi}\right\rangle-D(\underline{n}, \underline{n})=\left.\langle | \nabla\right|^{2} \underline{\psi}, \underline{\psi}\right\rangle-D(\underline{n}, \underline{n})+o(1)
$$

By unicity of the asymptotic expansion and by definition of $E_{\mathrm{CP}}$ we thus have

$$
\begin{equation*}
E(1)=m(\alpha)+C_{0}^{-2} E_{\mathrm{CP}}+o\left(\left(\alpha \alpha_{r}(0)\right)^{2}\right) . \tag{54}
\end{equation*}
$$

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## Appendices

## A The operator $\mathcal{D}^{0}$

## A. 1 The functions $g_{0}$ and $g_{1}$

As established in [8], $\mathcal{D}^{0}$ is solution of the following equation in the Fourier space

$$
\begin{equation*}
\widehat{\mathcal{D}^{0}}=\widehat{D^{0}}+\frac{\alpha}{4 \pi^{2}} \frac{\widehat{\mathcal{D}^{0}}}{\left|\mathcal{D}^{0}\right|} \star \frac{1}{|\cdot|^{2}} \quad \text { in } \mathcal{B}\left(B(0, \Lambda), \operatorname{End}\left(\mathbf{C}^{4}\right)\right) \tag{55}
\end{equation*}
$$

and by a bootstrap argument $\widehat{\mathcal{D}^{0}} \in \cap_{m \geq 1} H^{m}(\overline{B(0, \Lambda)})$. With the notation of 1.1. it shows that $g_{0}, \mathbf{g}_{1}$ are smooth while $g_{1}(p)=\mathbf{g}_{1}(p) \cdot \omega_{p}$ is a priori $\mathcal{C}^{\infty}(B(0, \Lambda) \backslash\{0\})$ and there holds

$$
\begin{align*}
& g_{0}(|p|)=1+\frac{\alpha}{4 \pi^{2}} \int_{|r|<\Lambda} d r \frac{1}{|p-r|^{2}} \frac{g_{0}(|r|)}{\sqrt{g_{1}(|r|)^{2}+g_{0}(|r|)^{2}}}  \tag{56a}\\
& g_{1}(|p|)=|p|+\frac{\alpha}{4 \pi^{2}} \int_{|r|<\Lambda} d r \frac{\omega_{p} \cdot \omega_{r}}{|p-r|^{2}} \frac{g_{1}(|r|)}{\sqrt{g_{1}(|r|)^{2}+g_{0}(|r|)^{2}}} \tag{56b}
\end{align*}
$$

Remark A.1. We recall here that $C_{1}>0$ is a constant such that $g_{1}(r) \leq C_{1} r$ and $\left|g_{0}\right|_{\infty} \leq C_{1}$.

Let us show first that
Proposition 5. $g_{1} \in \mathcal{C}^{1}([0, \Lambda], \mathbf{R})$ and $g_{0}^{\prime}(0)=0$.
Moreover writing $\left\|\mathrm{d}^{2} g_{1}\right\|_{\star}=\sup _{0<|p| \leq \Lambda}\left\||p| \mathrm{d}^{2} g_{1}(p)\right\|$ we have

$$
\left\{\begin{array} { l } 
{ \| g _ { 0 } ^ { \prime } \| _ { \infty } = O ( \alpha ) } \\
{ \| g _ { 1 } ^ { \prime } \| _ { \infty } = O ( 1 ) }
\end{array} \text { and } \left\{\begin{array}{l}
\left\|g_{0}^{\prime \prime}\right\|_{\infty}=O(\alpha) \\
\left\|\mathrm{d}^{2} g_{1}\right\|_{\star}=O(1)
\end{array}\right.\right.
$$

In fact it suffices to differentiate (55) to get $g_{0}^{\prime}(p), g_{1}^{\prime}(p)$ and then taking the norm to obtain the first part; then we differentiate once more to get the second part.

## A.1.1 Proof of 5: part 1.

We can define $\mathrm{d} g_{1}(p)$ for $p \neq 0$. First we have

$$
\mathrm{d} g_{0}(p) h=\frac{\alpha}{4 \pi^{2}} \int \frac{d q}{|p-q|^{2}}\left(\frac{\mathrm{~d} g_{0}(q) h}{\widetilde{E}(q)}-\frac{g_{0}(q) \mathrm{d} g_{0}(q) h+g_{1}(q) \mathrm{d} g_{1}(q) h}{\widetilde{E}(q)^{2}} \frac{g_{0}(q)}{\widetilde{E}(q)}\right) .
$$

We remark that for $p \neq 0$ we have:

$$
\left\{\begin{array}{l}
\mathrm{d} g_{1}(p) h=g_{1}^{\prime}(|p|)\left\langle\omega_{p}, h\right\rangle \\
\left\langle\operatorname{dg}_{1}(p) \cdot \omega_{p}, \omega_{p}\right\rangle=g_{1}^{\prime}(|p|) .
\end{array}\right.
$$

Then

$$
\operatorname{dg}_{1}(p) \cdot h=h+\frac{\alpha}{4 \pi^{2}} \int \frac{d q}{|p-q|^{2}}\left(\frac{\mathrm{~d}_{1}(q) \cdot h}{\widetilde{E}(q)}-\frac{g_{0}(q) \mathrm{d} g_{0}(q) h+g_{1}(q) \mathrm{d} g_{1}(q) h}{\widetilde{E}(q)^{2}} \frac{\mathbf{g}_{1}(q)}{\widetilde{E}(q)}\right)
$$

so that for any $\omega \in \mathbf{S}^{2}$ :

$$
\begin{aligned}
g_{1}^{\prime}(x) & =1+\frac{\alpha}{4 \pi^{2}} \int_{|q|<\Lambda} \frac{d q}{|x \omega-q|^{2}}\left(\left(\frac{g_{1}(q)}{|q|}\left(1-\left\langle\omega, \omega_{q}\right\rangle^{2}\right)+g_{1}^{\prime}(q)\left\langle\omega_{q}, \omega\right\rangle^{2}\left(1-\frac{g_{1}^{2}(q)}{\widetilde{E}(q)^{2}}\right)\right) \frac{1}{\widetilde{E}(q)}\right. \\
& \left.-\frac{g_{1}(q)}{\widetilde{E}(q)} \frac{\left\langle\omega, \omega_{q}\right\rangle^{2}}{\widetilde{E}(q)} \frac{g_{0}(q) g_{0}^{\prime}(q)}{\widetilde{E}(q)}\right) .
\end{aligned}
$$

The regularity of $g_{1}$ (as a function of $\mathbf{R}^{+}$) will come from the continuous extension to $x=0$ of the formula above.

We have

$$
\begin{align*}
& \left|g_{0}^{\prime}(|p|)\right| \leq \frac{\alpha}{4 \pi^{2}} \int \frac{d q}{|p-q|^{2}}\left(\frac{\left|g_{0}^{\prime}\right|_{\infty}}{\widetilde{E}(q)}+\left|g_{0}\right|_{\infty} \frac{\left|g_{0}^{\prime}\right|_{\infty}+\left|g_{1}^{\prime}\right|_{\infty}}{\widetilde{E}(q)^{2}}\right)  \tag{57a}\\
& \left|g_{1}^{\prime}(|p|)\right| \leq 1+\frac{\alpha}{4 \pi^{2}} \int \frac{d q}{|p-q|^{2}}\left(\frac{\left|g_{1}^{\prime}\right|_{\infty}}{\widetilde{E}(q)}+\frac{\left|g_{0}^{\prime}\right|_{\infty}+\left|g_{1}^{\prime}\right|_{\infty}}{\widetilde{E}(q)}\right) \tag{57b}
\end{align*}
$$

Thus

$$
\left\{\begin{array}{l}
\left|g_{0}^{\prime}\right|_{\infty} \leq K_{1} \alpha \log (\Lambda)\left|g_{0}^{\prime}\right|_{\infty}+K_{2} \alpha\left|g_{1}^{\prime}\right|_{\infty} \\
\left|g_{1}^{\prime}\right|_{\infty} \leq 1+K_{3} \alpha \log (\Lambda)\left(\left|g_{0}^{\prime}\right|_{\infty}+\left|g_{1}^{\prime}\right|_{\infty}\right)
\end{array}\right.
$$

and $\left|g_{0}^{\prime}\right|_{\infty} \lesssim \alpha,\left|g_{1}^{\prime}\right|_{\infty} \leq 1+K \alpha \log (\Lambda)$.
Remark A.2. In particular we get $g_{1}^{\prime}(0)=1+O(L)>0$ for $L$ sufficiently small. Since $g_{0} \in \mathcal{C}^{\infty}(B(0, \Lambda), \mathbf{R})$ and radial, necessarily

$$
\mathrm{d} g_{0}(0)=0 \text { and } g_{0}^{\prime}(0)=\mathrm{d} g_{0}(0) \omega=0, \forall \omega \in \mathbf{S}^{2} .
$$

## A.1.2 Proof of 5: part 2.

Let us now calculate $\mathrm{d}^{2} \mathcal{D}^{0}$. We note $h_{\star}=\frac{g_{\star}}{E(\cdot)}$ and $j=\widetilde{E}(\cdot)^{-1}$ : the coefficient of $\beta$ in $\mathrm{d}^{2} \mathcal{D}^{0}(p) h^{2}$ is

$$
\mathrm{d}^{2} g_{0}(p) h^{2}=\frac{\alpha}{4 \pi^{2}} \int_{q} \frac{d q}{|p-q|^{2}} \mathrm{~d}^{2} h_{0}(q) h^{2},
$$

where

$$
\begin{aligned}
\mathrm{d}^{2} h_{0}(q) h^{2}= & \frac{\mathrm{d}^{2} g_{0}(p) \cdot h^{2}}{E(q)}-\frac{2}{E(q)^{3}} \mathrm{~d} g_{0}(q) h\left[g_{0}(q) \mathrm{d} g_{0}(q) h+g_{1}(q) \mathrm{d} g_{1}(q) h\right] \\
& -\frac{g_{0}(q)}{E(q)^{3}}\left[\left(\mathrm{~d} g_{0}(q) h\right)^{2}+g_{0}(q) \mathrm{d}^{2} g_{0}(q) h^{2}+\left(\mathrm{d} g_{1}(q) h\right)^{2}+g_{1}(q) \mathrm{d}^{2} g_{1}(q) h^{2}\right] \\
& +3 \frac{g_{0}(q)}{E(q)^{5}}\left[g_{0}(q) \mathrm{d} g_{0}(q) h+g_{1}(q) \mathrm{d} g_{1}(q) h\right]^{2} .
\end{aligned}
$$

Furthermore, there holds

$$
\mathrm{d}^{2} \mathbf{g}_{1}(p) h^{2}=\frac{\alpha}{4 \pi^{2}} \int \frac{d q}{|p-q|^{2}}\left(\frac{\mathrm{~d}^{2} \mathbf{g}_{1}(q) h^{2}}{\widetilde{E}(q)}+2 \mathrm{~d}_{\mathbf{1}}(q) h \mathrm{~d} j(q) h+\mathbf{g}_{1}(q) \mathrm{d}^{2} j(q) h^{2}\right)
$$

and taking the scalar product with $\omega_{p}$ we get

$$
\begin{aligned}
|p|\left|\mathrm{d}^{2} g_{1}(p)\right| \leq C_{1}+ & \frac{\alpha}{4 \pi^{2}} \int \frac{|p| d q}{|p-q|^{2}|q| E(q)}\left\|\mid \mathrm{d}^{2} g_{1}\right\|_{\star}+\frac{\alpha}{4 \pi^{2}} \int \frac{|p| d q}{|p-q|^{2} E(q)^{2}}\left\|\mathrm{~d}^{2} g_{1}\right\|_{\star} \\
& +\frac{\alpha}{4 \pi^{2}} \int_{q} \frac{|p| d q}{|p-q|^{2}}\left(\frac{1}{E(q)^{2}}\left(\left|\mathrm{~d} g_{0}\right|^{2}+\left|\mathrm{d} g_{1}\right|^{2}\right)+\frac{g_{0}(q)}{E(q)^{2}}\left|\mathrm{~d}^{2} g_{0}\right|+\frac{3}{E(q)^{2}}\left(\left|\mathrm{~d} g_{0}\right|+\left|\mathrm{d} g_{1}\right|\right)^{2}\right. \\
& \left.+2\left(\left|\mathrm{~d} g_{1}\right|+C_{1}\right) \frac{\left|\mathrm{d} g_{0}\right|+\left|\mathrm{d} g_{1}\right|}{E(q)^{2}}+\frac{1}{E(q)} \frac{2\left|\mathrm{~d} g_{1}\right|+4 C_{1}}{|q|}\right),
\end{aligned}
$$

as there holds $\langle | p\left|\mathrm{~d}^{2} \mathbf{g}_{1}(p) h^{2}, \omega_{p}\right\rangle=|p| \mathrm{d}^{2} g_{1}^{p} \cdot h^{2}+\frac{g_{1}(p)}{|p|}\left(\left\langle\omega_{p}, h\right\rangle^{2}-\|h\|^{2}\right)$.
Analogously there holds

$$
\begin{aligned}
\left|\mathrm{d}^{2} g_{0}(p)\right| \leq \frac{\alpha}{4 \pi^{2}} & \left(\int \frac { C _ { 1 } d q } { E ( q ) ^ { 2 } | p - q | ^ { 2 } } \left|\left|\mathrm{~d}^{2} g_{1}\right| \|_{\star}\right.\right. \\
& \int_{q} \frac{d q}{|p-q|^{2}}\left(\frac{\left|\mathrm{~d}^{2} g_{0}\right|}{E(q)}+2 \frac{\left|\mathrm{~d} g_{0}\right|\left(\left|\mathrm{d} g_{0}\right|+\left|\mathrm{d} g_{1}\right|\right)}{E(q)^{2}}+\frac{g_{0}(q)}{E(q)} \frac{\left|\mathrm{d} g_{0}\right|^{2}+\left|\mathrm{d} g_{1}\right|^{2}}{E(q)^{2}}\right. \\
& \left.\left.+\frac{g_{0}(q)^{2}}{E(q)^{2}} \frac{\left|\mathrm{~d}^{2} g_{0}\right|}{E(q)}+3 \frac{g_{0}(q)}{E(q)} \frac{\left(\left|\mathrm{d} g_{0}\right|+\left|\mathrm{d} g_{1}\right|\right)^{2}}{E(q)^{2}}\right)\right) .
\end{aligned}
$$

As $\frac{|p|}{|p-q|^{2}|q|} \leq 2 \max \left(\frac{1}{|p-q||q|}, \frac{1}{|p-q|^{2}}\right)$, there holds

$$
\int_{|q| \leq \Lambda} \frac{d q|p|}{|p-q|^{2}|q| E(q)} \leq 2\left(\int_{|q| \leq \Lambda} \frac{d q}{|p-q||q| E(q)}+\int_{|q| \leq \Lambda} \frac{d q}{|p-q| E(q)}\right)
$$

we recall then that the convolution of radial nonnegative functions is radial nonnegative. Hence we obtain

$$
\left\{\begin{array}{l}
\left\|g_{0}^{\prime \prime}\right\|_{\infty} \leq K \alpha \\
\left\|\mathrm{~d}^{2} g_{1}\right\|_{\star} \leq C_{1}+K \alpha \log (\Lambda)
\end{array}\right.
$$

## A.1.3 Variations of $\mathrm{dg}_{1}$.

Then we can show that for $p, q \in \mathbf{R}^{3} \cap B(0, \Lambda)$

$$
\begin{equation*}
\left.\int_{|l|<\Lambda}| | p-\left.l\right|^{-1}-|q-l|^{-1}\left|\frac{d l}{\widetilde{E}(l)} \leq 8 \pi\right| p-q\left|\int_{r=-\Lambda}^{\Lambda} \frac{d r}{\sqrt{1+r^{2}}} \lesssim \log (\Lambda)\right| p-q \right\rvert\, \tag{58}
\end{equation*}
$$

SO
Proposition 6. The function

$$
\operatorname{d} \mathbf{g}_{1}(p)=\operatorname{id}+\frac{\alpha}{4 \pi^{2}} \int_{|r|<\Lambda} \frac{d r}{|p-r| \widetilde{E}(r)}\left(\operatorname{d}_{1}(r)-\mathbf{g}_{1}(r) \frac{g_{0}(r) \mathrm{d} g_{0}(r)+g_{1}(r) \mathrm{d} g_{1}(r)}{\widetilde{E}(r)^{2}}\right)
$$

is in $\mathcal{C}^{0}\left(B(0, \Lambda), L\left(\mathbf{R}^{3}, \mathbf{C}^{4}\right)\right)$ and

$$
\left|\mathrm{d}_{1}(p)-\mathrm{d} \mathbf{g}_{1}(p)\right| \leq K L|p-q|
$$

In particular the same holds for $g_{1}(t)=\left\langle\mathbf{g}_{1}(t \omega), \omega\right\rangle$ and $K L t$.
In fact it suffices to split $B(0, \Lambda)$ in two domains:
We write $F_{p}=\mathbf{R}^{3} \cap\{r:|p-r| \leq|q-r|\}, F_{q}=\mathbf{R}^{3} \cap\{r:|q-r| \leq|p-r|\}$.
In $F_{p} \cap B(0, \Lambda)$ we take spherical coordinates centered in $p$, in $F_{q} \cap B(0, \Lambda)$ centered in $q$. There holds

$$
\left||p-r|^{-1}-|q-r|^{-1}\right| \leq \begin{cases}\frac{|p-q|}{|p-r|^{2}} & \text { for } r \in F_{p} \\ \frac{|p-q|}{|q-r|^{2}} & \text { for } r \in F_{q}\end{cases}
$$

Proposition 5. enables us to prove

Lemma A.3. Let $p, q \in B(0, \Lambda)$ and $k=p-q$. There holds

$$
\frac{\widetilde{E}(p) \widetilde{E}(q)-\langle\mathbf{g}(p), \mathbf{g}(q)\rangle}{\widetilde{E}(p) \widetilde{E}(q)(\widetilde{E}(p)+\widetilde{E}(q))} \leq \min \left(2, \frac{2 K|k|^{2}}{\tilde{E}(p)}, \frac{2 K|k|^{2}}{\widetilde{E}(q)}\right)
$$

where we can choose $K \leq 2$ for $\alpha \log (\Lambda)$ sufficiently small.
In fact we can write for $a, b, t=b-a \in \mathbf{R}^{3}:|a||b|-\langle a, b\rangle=\frac{a^{2} t^{2}-\langle t, a\rangle^{2}}{|a||b|+\langle a, b\rangle}$. If $\langle a, b\rangle>-\frac{|a||b|}{2}$ then $A=\frac{|a||b|-\langle a, b\rangle}{|a||b|} \leq \frac{2 a^{2} t^{2}}{a^{2} b^{2}}$, by symmetry there is also $A \leq \frac{2 b^{2} t^{2}}{a^{2} b^{2}}$. Else $\langle a, b\rangle \leq-\frac{|a||b|}{2}$, then $\frac{1}{|a||b|(|a||b|+\langle a, b\rangle\rangle} \geq 2\left(a^{2} b^{2}\right)^{-1}$ and

$$
\begin{aligned}
& 2 \frac{t^{2}}{b^{2}} \geq 2 \frac{a^{2}+b^{2}+|a||b|}{b^{2}} \geq 2 \\
& 2 \frac{t^{2}}{a^{2}} \geq 2 \frac{a^{2}+b^{2}+|a||b|}{a^{2}} \geq 2
\end{aligned}
$$

Remark A.4. This last estimate assures us that we can apply the fixed point method with $\mathcal{D}^{0}$ instead of with $D^{0}$. Indeed all the estimates of [5] remains the same modulo multiplicative constants: here because of A. 3 we must add $2 ; C_{1}$ also appear.

## A. 2 The function $B_{\Lambda}$

We recall that

$$
B_{\Lambda}(k)=\frac{1}{\pi^{2}|k|^{2}} \int_{\left|p=l-\frac{k}{2}\right|,\left|q=l+\frac{k}{2}\right|<\Lambda} \frac{\widetilde{E}(p) \widetilde{E}(q)-\langle\mathbf{g}(p), \mathbf{g}(q)\rangle}{\widetilde{E}(p) \widetilde{E}(q)(\widetilde{E}(p)+\widetilde{E}(q))} d l \geq 0
$$

This formula holds only for $k \neq 0$ : our first purpose is to extend it continuously to 0 . Thanks to A.3. we can say that $B_{\Lambda}(k) \leq K \log (\Lambda)$.
Notation A.5. Throughout this part, $p=l+\frac{k}{2}, q=l-\frac{k}{2}$.
Let us write $I=\pi^{2}|k|^{2} B_{\Lambda}(k)$, its integrand $f(l)$ and $x=|k|$. Le $0<\varepsilon<\frac{2}{3}$ and $s=\frac{1}{3}+\varepsilon$. We look at $x<1$ and split the domain in three:

$$
\begin{aligned}
& B=\left\{l:|l| \leq x^{s}\right\}, A=\left\{l: x^{s}<|l|<\Lambda-\frac{x}{2}\right\} \\
& C=\left\{l:\left|l-\frac{k}{2}\right|,\left|l+\frac{k}{2}\right|<\Lambda\right\} \backslash\left\{l:|l|<\Lambda-\frac{x}{2}\right\} \subset\left\{l: \Lambda-\frac{x}{2}<|l|<\Lambda\right\}=C^{\prime} .
\end{aligned}
$$

With A.3. we obtain the following behaviour independent of $\alpha, \Lambda$ in the regime (9)

$$
\begin{equation*}
\left|I_{B}\right| \leq K x^{2+3 s}=K x^{3+3 \varepsilon}=\underset{x \rightarrow 0}{o}\left(x^{3}\right), \quad\left|I_{C}\right| \leq K x^{2} \log \left(\frac{\Lambda}{\Lambda-\frac{x}{2}}\right) \underset{x \rightarrow 0}{\sim} \frac{K x^{3}}{\Lambda} \tag{59}
\end{equation*}
$$

There remains $I_{A}$ : we rewrite $f(l)$ as

$$
\begin{equation*}
f(l)=\frac{|\mathbf{g}(p) \wedge \mathbf{g}(q)|^{2}}{\widetilde{E}(p) \widetilde{E}(q)(\widetilde{E}(p)+\widetilde{E}(q))(\widetilde{E}(p) \widetilde{E}(q)+\mathbf{g}(p) \cdot \mathbf{g}(q))} \tag{60}
\end{equation*}
$$

where $|\mathbf{g}(p) \wedge \mathbf{g}(q)|^{2}=\sum_{i}\left|\Delta_{0 i}\right|^{2}+\sum_{i, j}\left|\Delta_{i j}\right|^{2}$,

$$
\begin{align*}
\Delta_{0 i} & =\left|\begin{array}{cc}
g_{0}(p) & g_{0}(q) \\
\left(\mathbf{g}_{1}(p)\right)_{i} & \left(\mathbf{g}_{1}(q)\right)_{i}
\end{array}\right|=\left|\begin{array}{cc}
\delta g_{0} & g_{0}(q) \\
\left(\delta \mathbf{g}_{1}\right)_{i} & \left(\mathbf{g}_{1}(q)\right)_{i}
\end{array}\right|  \tag{61a}\\
\Delta_{i j} & =\left|\begin{array}{ll}
\left(\mathbf{g}_{1}(p)\right)_{i} & \left(\mathbf{g}_{1}(q)\right)_{i} \\
\left(\mathbf{g}_{1}(p)\right)_{j} & \left(\mathbf{g}_{1}(q)\right)_{j}
\end{array}\right|=\left|\begin{array}{cc}
\left(\delta \mathbf{g}_{1}\right)_{i} & \left(\mathbf{g}_{1}(q)\right)_{i} \\
\left(\delta \mathbf{g}_{1}\right)_{j} & \left(\mathbf{g}_{1}(q)\right)_{j}
\end{array}\right| \tag{61b}
\end{align*}
$$

$\delta g_{\star}=g_{\star}(p)-g_{\star}(q)$.
If we take $k$ along a fixed ray: $k=x \omega$ we have

$$
\begin{aligned}
\frac{1}{x} \delta g_{0}(k, l) & =\int_{t=0}^{1} \mathrm{~d} g_{0}(l+(t-1 / 2) k) \cdot \omega d t \underset{x \rightarrow 0}{\rightarrow} g_{0}^{\prime}(|l|) \omega_{l} \cdot \omega \\
\frac{1}{x} \delta \mathbf{g}_{1}(k, l) & =\int_{t=0}^{\overline{1}} \mathrm{~d}_{1}(l+(t-1 / 2) k) \cdot \omega d t \underset{x \rightarrow 0}{\rightarrow} \mathrm{~d} \mathbf{g}_{1}(l) \cdot \omega
\end{aligned}
$$

We write $\mathbf{g}_{l}^{\omega}=\binom{g_{0}^{\prime}(|l|) \omega_{l} \cdot \omega}{\mathrm{~d}_{1}(l) \cdot \omega}$ and $\widetilde{E}_{l}^{\omega}=\left|\mathbf{g}_{l}^{\omega}\right|$.
In fact, as $A, g_{0}, g_{1}$ are radial symmetrics so is $I_{A}(k)$ and for $\omega \in \mathbf{S}^{2}$ fixed and $p^{\prime}=l+\frac{x \omega}{2}, q^{\prime}=l-\frac{x \omega}{2}$ there holds

$$
I_{A}\left(k=x \omega_{k}\right)=\frac{1}{\pi^{2} x^{2}} \int_{x^{s}<\left|| |<\Lambda-\frac{x}{2}\right.} \frac{\widetilde{E}\left(p^{\prime}\right) \widetilde{E}\left(q^{\prime}\right)-\left\langle\mathbf{g}\left(p^{\prime}\right), \mathbf{g}\left(q^{\prime}\right)\right\rangle}{\widetilde{E}\left(p^{\prime}\right) \widetilde{E}\left(q^{\prime}\right)\left(\widetilde{E}\left(p^{\prime}\right)+\widetilde{E}\left(q^{\prime}\right)\right)} d l,
$$

$f^{\prime}(l)=\frac{f(l)}{x^{2}} \chi_{l \in A}$ is also symmetric. By Proposition 5.:
$\left|f^{\prime}(l)\right| \leq K \frac{1}{\left.(1+|l|)^{2}\right)^{3 / 2}} \chi|l| \leq \Lambda-x / 2$ and by dominated convergence we have

## Proposition 7.

$$
\begin{equation*}
B_{\Lambda}(k) \underset{k \rightarrow 0}{\rightarrow} \frac{1}{\pi^{2}} \int_{|l| \leq \Lambda} \frac{\left|\mathbf{g}_{l}^{\omega} \wedge \mathbf{g}_{l}\right|^{2}}{4 \widetilde{E}(l)^{5}} d l=: B_{\Lambda}(0) \tag{62}
\end{equation*}
$$

As there holds by symmetry

$$
\begin{equation*}
\int_{\mathbf{n} \in \mathbf{S}^{2}}\langle\mathbf{n}, \omega\rangle^{2} d \mathbf{n}=\frac{4}{3} \pi, \quad \int_{\mathbf{n} \in \mathbf{S}^{2}}\left|\mathrm{~d}_{\mathbf{1}}(|l| \mathbf{n}) \cdot \omega\right|^{2} d \mathbf{n}=\frac{4}{3} \pi\left|\mathrm{~d} \mathbf{g}_{1}(l)\right|^{2} \tag{63}
\end{equation*}
$$

we have
$B_{\Lambda}(0)=\frac{1}{3 \pi}\left(\int_{u=0}^{\Lambda} u^{2} \frac{\left(\left(g_{0}^{\prime}\right)^{2}(u)+\left|\mathrm{d}_{1}(u)\right|^{2}\right)\left(g_{0}^{2}(u)+g_{1}^{2}(u)\right)}{\left(g_{0}(u)^{2}+g_{1}(u)^{2}\right)^{5 / 2}} d u-\int_{u=0}^{\Lambda} u^{2} \frac{\left(g_{0} g_{0}^{\prime}(u)+g_{1} g_{1}^{\prime}(u)\right)^{2}}{\left(g_{0}(u)^{2}+g_{1}(u)^{2}\right)^{5 / 2}} d u\right)$,
and

$$
B_{\Lambda}(0)=\frac{1}{3 \pi}\left(\int_{u=0}^{\Lambda} u^{2} \frac{\left(g_{0}^{\prime}\right)^{2}(u)+\left|\mathrm{d}_{1}(u)\right|^{2}}{\left(g_{0}(u)^{2}+g_{1}(u)^{2}\right)^{3 / 2}} d u-\int_{u=0}^{\Lambda} u^{2} \frac{\left(g_{0} g_{0}^{\prime}(u)+g_{1} g_{1}^{\prime}(u)\right)^{2}}{\left(g_{0}(u)^{2}+g_{1}(u)^{2}\right)^{5 / 2}} d u\right)
$$

Finally thanks to Proposition 5. and remark A.2, as $\left|\operatorname{dg}_{1}(u)\right|=\left|g_{1}^{\prime}(u)\right|$ :
Proposition 8.

$$
B_{\Lambda}(0)=\frac{2}{3 \pi} \log (\Lambda)+O(L \log (\Lambda)+1)
$$

Let us look at the variations $|k|^{-1}\left|B_{\Lambda}(k)-B_{\Lambda}(0)\right|$. Let $f_{0}$ be the integrand in Proposition 7.: we have $\left|\int_{B} f_{0}\right| \leq K x^{3 s}=\underset{x \rightarrow 0}{O}\left(x^{1+3 \varepsilon}\right)$ and
$\left|\int_{C} f_{0}\right| \leq K \log \left(\frac{\Lambda}{\Lambda-x / 2}\right)=\underset{x \rightarrow 0}{O}\left(\frac{x}{\Lambda}\right)$. There remains the integration over $A$.
For $|l| \geq x^{s}: \frac{x}{|l|}=O\left(x^{2 / 3-\varepsilon}\right)$ so we can expand the integrand of $I_{A}(x)$ at order 1 . Indeed:
$\widetilde{E}(p)^{-1}=\widetilde{E}(l)^{-1}\left\{1+\frac{\widetilde{E}(p)-\widetilde{E}(l)}{\widetilde{E}(l)}\right\}^{-1}=\widetilde{E}(l)^{-1}\left\{1+\frac{\widetilde{E}(l)-\widetilde{E}(p)}{\widetilde{E}(l)}+O\left(\frac{x^{2}}{\widetilde{E}(l)^{2}}\right)\right\}$ etc.
where as $\widetilde{E}(l) \geq 1$ the $O(\cdot)$ is independent of $l$.
Writing $h(l, k)=\widetilde{E}(p) \widetilde{E}(q)-\mathbf{g}(p) \cdot \mathbf{g}(q)$ there holds

$$
\begin{aligned}
I_{A}(x)= & \frac{1}{x^{2}} \int_{A} \frac{h(l, k)}{2 \widetilde{E}(l)^{3}} d l+\frac{1}{x^{2}} \int_{A} \frac{h(l, k)}{2 \widetilde{E}(l)^{3}}\left(\frac{2 \widetilde{E}(l)-\widetilde{E}(p)-\widetilde{E}(q)}{\widetilde{E}(l)}\right. \\
& \left.+\frac{2 \widetilde{E}(l)-\widetilde{E}(p)-\widetilde{E}(q)}{2 \widetilde{E}(l)}+O\left(\frac{x^{2}}{\widetilde{E}(l)^{2}}\right)\right)
\end{aligned}
$$

By Taylor formula (at order 2):

$$
|2 \widetilde{E}(l)-(\widetilde{E}(p)+\widetilde{E}(q))| \leq \int_{t} \int_{u} d t d u K x^{1+2 / 3-\varepsilon}=K x^{1+2 / 3-\varepsilon}
$$

Thanks to Proposition 6. we have by Taylor formula at order 1:

$$
\left|\frac{\delta \mathbf{g}}{x}-\mathbf{g}_{l}^{\omega}\right| \lesssim L x
$$

so in fine

Proposition 9. There exists $0<r_{\varepsilon} \in \mathbf{R}^{+}$, independent of $\alpha, \Lambda$ in the regime (9) such that
for $|k|<r_{\varepsilon}$ :

$$
|k|^{-1}\left|B_{\Lambda}(k)-B_{\Lambda}(0)\right| \leq K\left(\Lambda^{-1}+L^{2}|k|+|k|^{3 \varepsilon}+|k|^{2 / 3-\varepsilon}\right) .
$$

Choosing $\varepsilon:=6^{-1}$ there holds:

$$
|k|^{-1}\left|B_{\Lambda}(k)-B_{\Lambda}(0)\right| \leq K\left(\Lambda^{-1}+|k|^{1 / 2}\right) .
$$

## B Estimates in the fixed point method

Remark B.1. We note ${ }^{\star}| | Q \|_{\mathcal{Q}}^{2}=\iint \widetilde{E}(p+q)|\widehat{Q}(p, q)|^{2} d p d q$ and by the proofs of Lemmas 8.[5] and 11.[5] there hold

$$
\begin{equation*}
\left\|\rho_{1,0}(Q)\right\|_{\mathcal{C}} \leq K \sqrt{\log (\Lambda)}^{\star}\|Q\|_{\mathcal{Q}} \text { and }{ }^{\star}\left\|Q_{0,1}\right\|_{\mathcal{Q}} \leq K \sqrt{\log (\Lambda)}\|\rho\|_{\mathcal{C}} . \tag{64}
\end{equation*}
$$

## B. 1 Preliminary estimates.

Let us form the test function of Lemma 2.3. or construct the minimizer as a fixed point: let us decompose $\Gamma=\gamma+|\psi\rangle\langle\psi|$ where we know $\|\psi\|_{H^{3 / 2}}=O(1)$ and $\left.\left.\langle | \nabla\right|^{2} \psi, \psi\right\rangle \lesssim\left(\alpha \alpha_{r}(0)\right)^{2}$.
Notation B.2. We write as before $N=|\psi\rangle\langle\psi|$ and $n=|\psi|^{2}$. We also write the Choquard-Pekar minimizer $\psi_{\mathrm{CP}}$. We take the notation of Section 4.1 for the iterations of the fixed point method.

- As $\|(N, n)\|_{\mathcal{X}}=O(1)$, for $L, \alpha$ sufficiently small, $\left\|\left(\gamma_{k}, \overline{\rho_{k}}\right)\right\|_{\mathcal{X}}=O(1)$ due to the fact that $\left\|\left(\gamma_{1}, \bar{\rho} 1\right)\right\|_{\mathcal{X}} \lesssim\left(L+\alpha^{2}\right)\|(N, n)\|_{\mathcal{X}}$ and the function $F$ is a contraction of constant $\nu=O(\sqrt{L \alpha})$.
- By (22a) $\|R(N)\|_{\mathfrak{G}_{2}} \lesssim\|\nabla \psi\|_{L^{2}} \lesssim L \alpha$. Then by 11.[5]:

$$
\left\|Q_{1,0}(N)\right\|_{E} \lesssim\|R(N)\|_{\mathfrak{S}_{2}} \lesssim L \alpha
$$

- Moreover $\left.\mid \widehat{Q_{0,1}(N}\right)\left.(p, q)\right|^{2}=\frac{(4 \pi)^{2}}{2^{5} \pi^{3}} \frac{|\widehat{n}(p-q)|^{2}}{|p-q|^{4}}|M(p, q)|^{2}$ in the notation of [5] so
${ }^{\star}\left\|Q_{0,1}(N)\right\|_{\mathcal{Q}} \lesssim \sqrt{\log (\Lambda)}\|n\|_{\mathcal{C}}$. We recall: $\left\|Q_{0,1}(\rho)\right\|_{\mathcal{Q}} \lesssim \sqrt{\log (\Lambda)}\|\rho\|_{\mathfrak{C}}$.
- Now $\rho_{1,0}$ : there holds

$$
\begin{aligned}
\int_{k} \frac{f(k)^{2}}{|k|^{2}}\left|\widehat{\rho_{1,0}}(k)\right|^{2} d k & \lesssim \int_{k} f(k)^{2} d k\left(\iint_{|l|<\Lambda, r} \frac{|\widehat{\psi}(l-k / 2) \| \widehat{\psi}(l+k / 2)|}{r^{2} E(l+r)^{2}} d l d r\right)^{2} \\
& \lesssim K \int_{k} f(k)^{2} d k\left(\int_{|l|<\Lambda}|\widehat{\psi}(l-k / 2) \| \widehat{\psi}(l+k / 2)| d l\right)^{2}
\end{aligned}
$$

and by Young inequality

$$
\begin{gather*}
\left\|\rho_{1,0}\left(N_{\lambda}\right)\right\|_{\mathfrak{C}} \lesssim \lambda^{-3 / 2}\left\|\psi_{\mathrm{CP}}\right\|_{W^{1,4 / 3}}  \tag{65a}\\
\left\|\rho_{1,0}(N)\right\|_{\mathcal{C}} \lesssim \lambda^{-3 / 2}\|\widehat{\psi}\|_{L^{4 / 3}}^{2} \lesssim \lambda^{-3 / 2}\|\underline{\psi}\|_{H^{1}}^{2} \tag{65b}
\end{gather*}
$$

Remark B.3. In fact, if we know that $\psi_{A}:=A^{3 / 2} \psi(A x)=O(1)$ in $H^{1}$ then

$$
\left\|\rho_{1,0}(N)\right\|_{\mathcal{C}} \lesssim A^{-3 / 2}\left\|\psi_{A}\right\|_{L^{4}}^{2} \lesssim A^{-3 / 2}\left\|\psi_{A}\right\|_{H^{1}}
$$

and

$$
\|n\|_{L^{2}}=A^{-3 / 2}\left\|\psi_{A}\right\|_{L^{4}}^{2} \lesssim A^{-3 / 2}\left\|\psi_{A}\right\|_{H^{1}}
$$

By remark B.1. we have

$$
\begin{aligned}
\left\|\rho_{1,0}\left(\gamma_{1}\right)\right\|_{\mathcal{C}} & \lesssim \alpha\left\|\rho_{1,0}\left(Q_{1}(N, n)\right)\right\|_{\mathcal{C}}+\sum_{k \geq 2} \alpha^{k}\left\|\rho_{1,0}\left(Q_{k}(N, n)\right)\right\|_{\mathcal{C}} \\
& \lesssim\left(\alpha(L \alpha)^{3 / 2}+L \sqrt{L \alpha}\right)+\sqrt{\log (\Lambda)} \sum_{k \geq 2} \alpha^{k}\left\|Q_{k}\right\|_{\mathcal{Q}} \lesssim(\alpha(L \alpha)+L \sqrt{L \alpha}+\alpha \sqrt{L \alpha}) .
\end{aligned}
$$

Writing $\delta \gamma=\left(\gamma_{2}-\gamma_{1}\right)$ we also have $\left\|\rho_{1,0}(\delta \gamma)\right\|_{\mathcal{C}} \lesssim \sqrt{\log (\Lambda)^{\star}}\|\delta \gamma\|_{\mathcal{Q}}$. We note $\left.x=\left.\langle | \nabla\right|^{2} \psi, \psi\right\rangle^{1 / 4}$.
$\delta \gamma=\sum_{k \geq 1} \alpha^{k}\left(Q_{k}^{\prime}\left(\gamma_{1}, \bar{\rho}_{1}^{\prime}\right)-Q_{k}(N, n)\right)=\alpha Q_{1}\left(\gamma_{1}, \bar{\rho}_{1}\right)+\sum_{k \geq 2} \alpha^{k}\left(Q_{k}^{\prime}\left(\gamma_{1}^{\prime}, \bar{\rho}_{1}^{\prime}\right)-\right.$ $\left.Q_{k}^{\prime}(N, n)\right)$ and thanks to (23a) for $Q_{1,0}$, Lemmas 11, 13, 15 of [5] for $Q_{0,1}, Q_{k}$ we get

$$
\begin{equation*}
\alpha\left\|\rho_{1,0}(\delta \gamma)\right\|_{\mathcal{C}} \lesssim\left(\alpha^{2} \sqrt{L \alpha} x^{2}+L^{2} \alpha x+L \alpha^{2}\right) \tag{66}
\end{equation*}
$$

Indeed

$$
\begin{aligned}
{ }^{\star}\left\|Q_{1,0}\left(\gamma_{1}\right)\right\|_{\mathcal{Q}} & \leq \star\left\|\gamma_{1}\right\|_{\mathcal{Q}} \\
& \lesssim \sqrt{\operatorname{l\alpha } x+\alpha x^{2}+\alpha^{2}} \\
{ }^{\star}\left\|Q_{0,1}\left(\bar{\rho}_{1}\right)\right\|_{\mathcal{Q}} & \lesssim \sqrt{\log (\Lambda)}\left\|\bar{\rho}_{1}\right\|_{\mathcal{C}} \\
& \lesssim L \sqrt{\log (\Lambda)} x+\sqrt{L \alpha}
\end{aligned}
$$

## B. 2 Estimates of $\|\gamma\|_{\mathcal{Q}},\|\gamma\|_{E},\|\gamma\|_{F},\left\|\rho_{\gamma}\right\|_{\mathfrak{C}},\left\|\rho_{\gamma}\right\|_{\mathcal{C}}$.

We write: $\gamma=\sum_{k \geq 1}\left(\gamma_{k+1}-\gamma_{k}\right)+\gamma_{1}$ and $\gamma_{1}=\sum_{k \geq 1} \alpha^{k} Q_{k}^{\prime}$, taking the norm we obtain

$$
\begin{equation*}
\|\gamma\| \leq \sum_{k \geq 1} \nu^{k}\|F(N, n)-(N, n)\| \mathcal{X}+\left\|\gamma_{1}\right\|=\nu\left\|\left(\gamma_{1}, \bar{\rho}_{1}\right)\right\|_{\mathcal{X}}+\left\|\gamma_{1}\right\| \tag{67}
\end{equation*}
$$

Underlining the terms with the biggest estimates:

$$
\left\|\bar{\rho}_{1}\right\|_{\mathfrak{C}} \quad \underline{\|\check{W} \star n\|_{\mathfrak{c}}}+\underline{\alpha\left\|\rho_{1,0}(N)\right\|_{\mathfrak{C}}}+\sum_{k=2}^{\infty} \alpha^{k}\|(N, n)\|_{\mathcal{X}}^{k} \leqq \sqrt{L \alpha}+L x, \text { and finally }
$$

Depending on taking $\|\cdot\|_{E}$ or $\|\cdot\|_{\mathcal{Q}}$ we have

$$
\begin{gather*}
\left\|\gamma_{1}\right\|_{\mathcal{Q}} \lesssim \alpha \underline{\left(\left\|Q_{0,1}(n)\right\|_{\mathcal{Q}}+\left\|Q_{1,0}(N)\right\|_{\mathcal{Q}}\right)}+\sum_{k=2}^{\infty} \alpha^{k}\|(N, n)\|_{\mathcal{X}}^{k} \lesssim \sqrt{L \alpha}\left\|_{n}\right\|_{\mathfrak{C}}+\alpha \\
\left.\left\|\gamma_{1}\right\|_{E} \lesssim \alpha \underline{\left(\left\|Q_{0,1}(n)\right\|_{\mathcal{Q}}\right.}+\left\|Q_{1,0}(N)\right\|_{E}\right)+\sum_{k=2}^{\infty} \alpha^{k}\|(N, n)\|_{\mathcal{X}}^{k} \lesssim \sqrt{L \alpha}\|n\|_{\mathfrak{C}}+L \alpha \\
\|\gamma\|_{\mathcal{Q}} \lesssim \alpha, \quad\|\gamma\|_{E} \lesssim L \alpha \tag{68}
\end{gather*}
$$

Emphasizing the dependance of $x=\|\nabla \psi\|_{L^{2}}^{1 / 2}$ (for the proof of Lemma 2.5)

$$
\begin{aligned}
\|\gamma\|_{F} & \leq \sum_{k \geq 2}\left\|\gamma_{k+1}-\gamma_{k}\right\|_{\mathcal{Q}}+\left\|\gamma_{2}-\gamma_{1}\right\|_{F}+\left\|\gamma_{1}\right\|_{F} \lesssim L \alpha+\left\|\gamma_{2}-\gamma_{1}\right\|_{F}+\left\|\gamma_{1}\right\|_{F} \\
\left\|\gamma_{1}\right\|_{F} & \lesssim \alpha\left(\left\|Q_{1,0}(N)\right\|_{F}+\left\|Q_{0,1}(n)\right\|_{F}\right)+\alpha^{2} \lesssim \alpha x^{2}+(\sqrt{L \alpha} x)+\alpha^{2} \\
\left\|\gamma_{2}-\gamma_{1}\right\|_{F} & \lesssim \alpha\left(\left\|Q_{1,0}\left(\gamma_{1}\right)\right\|_{F}+\left\|Q_{0,1}\left(\bar{\rho}_{1}\right)\right\|_{F}\right)+\alpha^{2} \lesssim \alpha\left\|\gamma_{1}\right\|_{\mathcal{Q}}+\sqrt{L \alpha}\left\|\bar{\rho}_{1}\right\|_{\mathcal{C}}+\alpha^{2} \\
& \lesssim \alpha\left({ }^{\star}\left\|\gamma_{1}\right\|_{\mathcal{Q}}\right)+\sqrt{L \alpha}(L x+\sqrt{L \alpha})+\alpha^{2} \lesssim \alpha(\sqrt{L \alpha} x+\alpha)+L \sqrt{L \alpha} x+L \alpha \\
& \lesssim L \sqrt{L \alpha} x+L \alpha .
\end{aligned}
$$

So

$$
\begin{equation*}
\|\gamma\|_{F} \lesssim \alpha x^{2}+\sqrt{L \alpha} x+L \alpha \tag{69}
\end{equation*}
$$

Analogously

$$
\begin{aligned}
\left\|\rho_{\gamma}\right\|_{\mathcal{C}} & \lesssim\|\check{W} \star n\|_{\mathcal{C}}+\alpha\left(\left\|\rho_{1,0}(\delta \gamma)\right\|_{\mathcal{C}}+\left\|\rho_{1,0}\left(\gamma_{1}\right)\right\|_{\mathcal{C}}+\left\|\rho_{1,0}(N)\right\|_{\mathcal{C}}+\sum_{k \geq 2}\left\|\rho_{1,0}\left(\gamma_{k+1}-\gamma_{k}\right)\right\|_{\mathcal{C}}\right)+\alpha^{2} \\
& \lesssim L x+\alpha\left(\left(L^{2} x+\alpha \sqrt{L \alpha} x^{2}+L \alpha\right)+\left(L x+\sqrt{L \alpha} x^{2}+\alpha \sqrt{L \alpha}\right)+\left\|\rho_{1,0}(N)\right\|_{\mathcal{C}}\right)+(L \alpha)^{3 / 2}
\end{aligned}
$$

$$
\begin{equation*}
\left\|\rho_{\gamma}\right\|_{\mathcal{C}} \lesssim \alpha\left\|\rho_{1,0}(N)\right\|_{\mathcal{C}}+(L \alpha)^{3 / 2}+L x+\alpha \sqrt{L \alpha} x^{2} \tag{70a}
\end{equation*}
$$

where $(L \alpha)^{3 / 2}$ comes from $\alpha\left\|\rho_{1,0}\left(\sum\right)\right\|_{\mathcal{c}} \leq K \sqrt{L \alpha}\left\|\sum\right\|_{\mathcal{Q}}$, the other terms are negligible and $\left.x=\left.\langle | \nabla\right|^{2} \psi, \psi\right\rangle^{1 / 4}$.
With the test function we get: $\left\|\rho_{\gamma}\right\|_{\mathfrak{c}},\left\|\rho_{\gamma}\right\|_{\mathcal{C}} \lesssim L x\left\|\left|\psi_{\mathrm{CP}}\right|^{2}\right\| \mathfrak{c}$, it is easier for there is a simple estimate of $\rho_{1,0}(N)$.

## B. 3 Estimates of $\left\|\gamma S \psi_{\lambda}\right\|_{L^{2}}, S=\mathrm{id},\left|\mathcal{D}^{0}\right|$.

We write
$\left\|\gamma S \psi_{\lambda}\right\|_{L^{2}} \leq\|\gamma\|_{\mathcal{B}}\left\|S \psi_{\lambda}\right\|_{L^{2}}$. Looking at the expression of $Q_{k}\left(\gamma^{\prime} \rho_{\gamma}^{\prime}\right)(c f[5])$ it is straightforward that

$$
\begin{aligned}
\left\|Q_{1,0}\left(\gamma^{\prime}\right)\right\|_{\mathfrak{S}_{2}} & \lesssim\|R(N)\|_{\mathfrak{G}_{2}}+\|\left.\frac{\widehat{R}(p, q)}{\mid}\right|_{L^{2}} \widetilde{E}(p)+\widetilde{E}(q) \\
& \lesssim\|R(N)\|_{\mathfrak{G}_{2}}+{ }^{\star}\|\gamma\|_{\mathcal{Q}} \lesssim L \alpha \\
\left\|Q_{0,1}\left(\rho_{\gamma}^{\prime}\right)\right\|_{\mathfrak{S}_{2}} & \lesssim\left\|\rho_{\gamma}^{\prime}\right\| \|_{\mathcal{C}} \lesssim \sqrt{L \alpha} .
\end{aligned}
$$

So

$$
\begin{equation*}
\|\gamma\|_{\mathcal{B}} \leq\|\gamma\|_{\mathfrak{G}_{2}} \lesssim \alpha\left(\left\|Q_{1,0}\left(\gamma^{\prime}\right)\right\|_{\mathfrak{G}_{2}}+\left\|Q_{0,1}\left(\rho_{\gamma}^{\prime}\right)\right\|_{\mathfrak{G}_{2}}\right)+\alpha^{2} \lesssim \alpha \sqrt{L \alpha} \tag{71}
\end{equation*}
$$

Thus

$$
\begin{equation*}
\left\|\gamma\left|\mathcal{D}^{0}\right| \psi_{\lambda}\right\|_{L^{2}} \leq K \alpha \sqrt{L \alpha}=o(L \alpha) \tag{72}
\end{equation*}
$$

## C The operator $\left|\mathcal{D}^{0}+\alpha B\right|-\left|\mathcal{D}^{0}\right|$

C. $1 \operatorname{Tr}\left(\left|\mathcal{D}^{0}+\alpha\right| \gamma^{2}\right)$.

We use the following formula: for $x>0$

$$
\begin{equation*}
\sqrt{x}=\frac{1}{\pi} \int_{0}^{+\infty} \frac{x}{x+u} \frac{d u}{\sqrt{u}} \tag{73}
\end{equation*}
$$

by applying it to $\left|\mathcal{D}^{0}\right|^{2}$ and $\left|\mathcal{D}^{0}+\alpha B\right|^{2}$. Indeed we can write $\left|\mathcal{D}^{0}+\alpha B\right|^{2}=\left|\mathcal{D}^{0}\right|(1+\alpha T)\left|\mathcal{D}^{0}\right|$ where $T=G+\alpha W=O(1)$ in $\mathcal{B}\left(\mathfrak{H}_{\Lambda}\right)$ thanks to 3.3 .

Similarly we write

$$
\begin{aligned}
\left|\mathcal{D}^{0}+\alpha B\right|^{2}+u= & \sqrt{\left|\mathcal{D}^{0}\right|^{2}+u}\left(1+\alpha\left(G_{u}+\alpha W_{u}\right)\right) \sqrt{\left|\mathcal{D}^{0}\right|^{2}+u}, T_{u}=G_{u}+\alpha W_{u} . \\
\left|\mathcal{D}^{0}+\alpha B\right|= & \frac{1}{\pi} \int_{u}\left|\mathcal{D}^{0}\right|\left(1+\alpha G+\alpha^{2} W\right) \frac{\left|\mathcal{D}^{0}\right|}{\sqrt{\left|\mathcal{D}^{0}\right|^{2}+u}} \frac{1}{1+\alpha G_{u}+\alpha^{2} W_{u}} \frac{1}{\sqrt{\left|\mathcal{D}^{0}\right|^{2}+u}} \frac{d u}{\sqrt{u}} \\
=\left|\mathcal{D}^{0}\right| & +\frac{\alpha}{\pi} \int_{u}\left(\left|\mathcal{D}^{0}\right| G \frac{\left|\mathcal{D}^{0}\right|}{\sqrt{\left|\mathcal{D}^{0}\right|^{2}+u}} \frac{1}{\sqrt{\left|\mathcal{D}^{0}\right|^{2}+u}}-\left|\mathcal{D}^{0}\right| \frac{\left|\mathcal{D}^{0}\right|}{\sqrt{\left|\mathcal{D}^{0}\right|^{2}+u}} G_{u} \frac{1}{\sqrt{\left|\mathcal{D}^{0}\right|^{2}+u}}\right) \frac{d u}{\sqrt{u}} \\
& \quad+\int_{u}(\cdots)
\end{aligned}
$$

where the last integral is a bounded operator, $O\left(\alpha^{2}\right)$ as power series in $\alpha$ :

$$
\begin{gathered}
\int_{u}(\cdots)=\frac{\alpha^{2}}{\pi} \int_{u}\left(\left|\mathcal{D}^{0}\right| W\left|\mathcal{D}^{0}\right| \frac{1}{\left|\mathcal{D}^{0}+\alpha B\right|^{2}}-\left|\mathcal{D}^{0}+\alpha B\right|^{2} \frac{1}{\sqrt{\left|\mathcal{D}^{0}\right|^{2}+u}} W_{u} \frac{1}{\sqrt{\left|\mathcal{D}^{0}\right|^{2}+u}}\right) \frac{d u}{\sqrt{u}} \\
+\frac{\alpha^{2}}{\pi} \int_{u}\left|\mathcal{D}^{0}\right|(1+\alpha T) \frac{\left|\mathcal{D}^{0}\right|}{\sqrt{\left|\mathcal{D}^{0}\right|^{2}+u}} \frac{T_{u}^{2}}{1+\alpha T_{u}} \frac{1}{\sqrt{\left|\mathcal{D}^{0}\right|^{2}+u}} \frac{d u}{\sqrt{u}}
\end{gathered}
$$

Notation C.1. To simplify we will write

$$
\begin{array}{llll}
d=\mathcal{D}^{0}, & q=\mathcal{D}^{0}+\alpha B, & q^{2}=d^{2}+\alpha y, & d_{u}=\sqrt{\left|\mathcal{D}^{0}\right|^{2}+u} \\
g=G, G_{u}, & w=W, W_{u}, & m=g, v & b=B .
\end{array}
$$

Let $q_{1}, q_{2} \in \mathcal{Q}$ :
$\left|\operatorname{Tr}\left(|d| g \frac{|d|}{d_{u}^{2}} q_{1} q_{2}\right)\right|=\left|\operatorname{Tr}\left(g \frac{|d|}{d_{u}^{2}} q_{1} q_{2}|d|\right)\right| \leq\left\|g|d|^{1 / 4}| | \mathcal{B}\right\| \frac{|d|^{3 / 4}}{d_{u}^{2}}\left\|_{\mathcal{B}}\right\| q_{1}|d|^{1 / 2}| | \mathfrak{S}_{2}| ||d|^{-1 / 2} q_{2}|d| \|_{\mathfrak{S}_{2}}$,
as $\widetilde{E}(q)^{2} \widetilde{E}(p)^{-1} \leq 2 C_{1}^{2} \widetilde{E}(p-q) \widetilde{E}(p+q),\left|\left\|\left.d\right|^{-1 / 2} q_{2}|d|\right\|_{\mathfrak{G}_{2}} \leq K\left\|q_{2}\right\|_{E}\right.$ and $\left\|q_{1}|d|^{1 / 2}\right\|_{\mathfrak{S}_{2}} \leq\left\|q_{1}\right\|_{E}$ is immediate.
Then $G=b|d|^{-1}+|d|^{-1} b$ and $T=|d|^{-1} b^{2}|d|^{-1}$ such that

$$
\begin{aligned}
& g|d|^{1 / 4}=b|d|^{-3 / 4}+|d|^{-1}\left[b,|d|^{1 / 4}\right]+|d|^{-3 / 4} b \\
& T|d|^{1 / 4}=|d|^{-1} b b|d|^{-3 / 4}
\end{aligned}
$$

We treat the commutator in C.2, for the others Lemma 3.3 gives

$$
\left\|b|d|^{-3 / 4}\right\|_{\mathcal{B}} \leq K\left(\left\|\rho_{\gamma}^{\prime}\right\|_{\mathcal{C}}+\left\|\gamma^{\prime}\right\|_{\mathcal{Q}}\right) .
$$

For a bounded borelian function $f,\left\|f\left(\mathcal{D}^{0}\right)\right\|_{\mathcal{B}}=\sup _{x \in \sigma(d)}|f(x)|$; the function $x>$ $0 \rightarrow \frac{x^{s}}{x^{2}+u}, s \leq 1$ reaches its maximum at the point $x_{0}=\sqrt{\frac{s u}{2-s}}$ where $f\left(x_{0}\right)=$ $\frac{u^{s / 2}}{u\left(1+\frac{s}{2-s}\right)} \frac{s}{2-s} \leq u^{s / 2-1}$. For $x_{0}<1$ the norm is $f(1)$ and for $x_{0}>\widetilde{E}(\Lambda)$ it is $f(\widetilde{E}(\Lambda))$ such that

$$
\int\left\|\frac{|d|^{s}}{d_{u}^{2}}\right\|_{\mathcal{B}} \frac{d u}{\sqrt{u}} \leq \begin{cases}K_{s} & \mathrm{~s}<1 \\ K \log (\Lambda) & \mathrm{s}=1\end{cases}
$$

Similarly the trace $\operatorname{Tr}\left\{|d| T|d| d_{u}^{-1} v d_{u}^{-1} q_{1} q_{2}\right\}$ is equal to the trace of

$$
T \frac{|d|^{3 / 4}}{d_{u}}\left(|d|^{1 / 4} v\right) d_{u}^{-1}\left(q_{1}|d|^{1 / 2}\right)\left(|d|^{-1 / 2} q_{2}|d|\right)
$$

and $\operatorname{Tr}\left\{|d| m \frac{|d|}{d_{u}} m \frac{1}{d_{u}} q_{1} q_{2}\right\}$ to the trace of:

$$
\begin{gather*}
|d|^{-\frac{1}{2}} m|d|^{\frac{3}{4}} \frac{|d|^{\frac{1}{4}}}{d_{u}} m \frac{|d|^{\frac{1}{2}}}{d_{u}}\left(|d|^{-\frac{1}{2}} q_{1}|d|\right)\left(|d|^{-1} q_{2}|d|^{\frac{1}{2}}\right)  \tag{75a}\\
\text { and }\left\{\begin{array}{l}
|d|^{-\frac{1}{2}} G|d|^{\frac{3}{4}}=|d|^{-\frac{1}{2}} b|d|^{-\frac{1}{4}}+|d|^{-\frac{3}{2}}\left[b,|d|^{\frac{1}{2}}\right]+|d|^{-1} b \\
|d|^{-\frac{1}{2}} T|d|^{\frac{3}{4}}=|d|^{-\frac{3}{2}} b|d|^{\frac{1}{2}}|d|^{-\frac{1}{2}} b|d|^{-\frac{1}{4}}
\end{array}\right.
\end{gather*}
$$

Thanks to Lemma 3.3.,
$|d|^{-\frac{1}{2}} b|d|^{-\frac{1}{2}} \in \mathcal{B}\left(\mathfrak{H}_{\Lambda}\right)$ and there holds
Lemma C.2. $\left\||d|^{-\frac{3}{2}}\left[b,|d|^{\frac{1}{2}}\right]\right\|_{\mathcal{B}},\left\||d|^{-1}\left[b,|d|^{\frac{1}{4}}\right]\right\|_{\mathcal{B}} \leq\left(\left\|\gamma^{\prime}\right\|_{\mathcal{Q}}+\left\|\rho^{\prime}\right\|_{\mathcal{C}}\right)$.
The estimation with $R\left(\gamma^{\prime}\right)$ comes from (23b): indeed we have

$$
\left|\widetilde{E}(p)^{s}-\widetilde{E}(q)^{s}\right| \leq K \frac{|p-q|}{\widetilde{E}(p)^{1-s}+\widetilde{E}(q)^{1-s}}, s=\frac{1}{2}, \frac{1}{4} \text { etc. }
$$

Then with $f \in \mathfrak{H}_{\Lambda}$ there holds with $\Phi=|d|^{-\frac{3}{2}}\left[\varphi_{a}^{\prime},|d|^{\frac{1}{2}}\right]$

$$
\int_{p}|\widehat{\Phi f}(p)|^{2} d p \leq K \iint \frac{d p d q}{\widetilde{E}(p)^{3}} \frac{|\widetilde{E}(p)-\widetilde{E}(q)|^{2}}{|p-q|^{4}} \frac{\left|\widehat{\rho_{\gamma}^{\prime}}(p-q)\right|^{2}}{\widetilde{E}(p)+\widetilde{E}(q)} \int|\widehat{f}(q)|^{2} d q,
$$

and we do the same for the last term.
Let us now deal with $\operatorname{Tr}\left(\left|\mathcal{D}^{0}+\alpha B\right| \gamma^{2}\right)$. Using (73) we have the trace of an integral. We can change the order of summatiom for the integrand (which is the operator $\left.\frac{q^{2}}{q^{2}+u} \frac{\gamma^{2}}{\sqrt{u}}\right)$ is non-negative. Doing so, we then expand the operator $\frac{q^{2}}{q^{2}+u}$ into the six
operators we have written previously. Estimating the absolute value of the traces we obtain:

$$
\begin{equation*}
\operatorname{Tr}\left(\left|\mathcal{D}^{0}+\alpha B\right| \gamma^{2}\right)=\operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| \gamma^{2}\right)+O\left(\alpha\left(\left\|\gamma^{\prime}\right\|_{\mathcal{Q}}+\left\|\rho_{\gamma}^{\prime}\right\| \mathcal{C}\right)\|\gamma\|_{E}^{2}\right)=\operatorname{Tr}\left(\left|\mathcal{D}^{0}\right| \gamma^{2}\right)+O\left(\alpha(L \alpha)^{2}\right) \tag{76}
\end{equation*}
$$

where $\left(\left\|\gamma^{\prime}\right\|_{\mathcal{Q}}+\left\|\rho_{\gamma}^{\prime}\right\|_{\mathcal{C}}\right)$ comes from the estimates of the bounded operator $\left\|g|d|^{1 / 4}\right\|_{\mathcal{B}}$ etc.
The integration over $u$ gives a constant $K$ while $\|\gamma\|_{E} \lesssim L \alpha$.

$$
\text { C. } 2 \quad\langle | \mathcal{D}^{0}+\alpha B|\phi, \phi\rangle, \phi \in H^{1 / 2}
$$

We want to prove
Lemma C.3. There exists $C_{2}>0$ such that

$$
\begin{equation*}
\langle | \mathcal{D}^{0}+\alpha B|\phi, \phi\rangle \geq\left(1-C_{2} \alpha\right)\langle | \mathcal{D}^{0}|\phi, \phi\rangle . \tag{77}
\end{equation*}
$$

Indeed we go back to (73):

$$
\begin{aligned}
q\left(q^{2}+u\right)^{-1} q-d\left(d^{2}+u\right)^{-1} d & =q\left(d^{2}+u\right)^{-1} q-d\left(d^{2}+u\right)^{-1} d+q\left(\left(q^{2}+u\right)^{-1}-\left(d^{2}+u\right)^{-1}\right) q \\
& =\alpha b \frac{d}{d^{2}+u}+\alpha \frac{d}{d^{2}+u} b+\alpha^{2} b\left(d^{2}+u\right)^{-1} b-\alpha q\left(q^{2}+u\right)^{-1} y\left(d^{2}+u\right)^{-1} q \\
& =\alpha\left(x_{1}+x_{2}+\alpha x_{3}-x_{4}\right) .
\end{aligned}
$$

And then we do the same as before. For instance let us treat $x_{4}$ :
writing $s=|d|^{1 / 2}, r_{u}=\left(d^{2}+u\right)^{1 / 2}$ and $\phi^{+}, \phi^{-}$according to $\chi_{(0, \infty)}\left(\mathcal{D}^{0}+\alpha B\right)$, there holds:

$$
\begin{aligned}
\left\langle x_{4} \phi^{+}, \phi^{+}\right\rangle & =\left\langle s^{-1}\right| q\left|s^{-1} \underline{s r_{u}^{-1}} r_{u}\left(q^{2}+u\right)^{-1} r_{u} r_{u}^{-1} y r_{u}^{-3 / 4} \underline{r_{u}^{-5 / 4} s} s^{-1}\right| q\left|s^{-1} s \phi^{+}, s \phi^{+}\right\rangle \\
\left|\left\langle x_{4} \phi^{+}, \phi^{+}\right\rangle\right| & \lesssim\left\|s r_{u}^{-1}\right\|_{\mathcal{B}}\left\|r_{u}^{-5 / 4} s\right\|_{\mathcal{B}}\left\|r_{u}^{-1} y r_{u}^{-3 / 4}\right\|_{\mathcal{B}}\langle | d\left|\phi^{+}, \phi^{+}\right\rangle .
\end{aligned}
$$

Then $|d|^{-1} y|d|^{-3 / 4}=b|d|^{-3 / 4}+|d|^{-1} b|d|^{1 / 4}+\alpha|d|^{-1} b b|d|^{-3 / 4}$ and we finish as before.
We do the same for $\left(\phi^{-}, \phi^{+}\right)$etc.
Then integrating over $u$ we get

$$
\begin{equation*}
\left.\left|\langle | \mathcal{D}^{0}+\alpha B\right| \phi, \phi\right\rangle-\langle | \mathcal{D}^{0}|\phi, \phi\rangle \mid \leq K \alpha\left(\left\|\gamma^{\prime}\right\|_{\mathcal{Q}}+\left\|\rho^{\prime}\right\|_{\mathcal{C}}\right)\langle | \mathcal{D}^{0}|\phi, \phi\rangle . \tag{78}
\end{equation*}
$$

