

C-Terminal Provasopressin (Copeptin) as Prognostic Marker after Acute Non ST Elevation Myocardial Infarction - Leicester Acute Myocardial Infarction Peptide II (LAMP II) study.

Hafid Narayan, Onkar S Dhillon, Paulene Quinn, Joachim Struck, Iain B Squire, Joan E Davies, Leong L Ng

▶ To cite this version:

Hafid Narayan, Onkar S Dhillon, Paulene Quinn, Joachim Struck, Iain B Squire, et al.. C-Terminal Provasopressin (Copeptin) as Prognostic Marker after Acute Non ST Elevation Myocardial Infarction - Leicester Acute Myocardial Infarction Peptide II (LAMP II) study.. Clinical Science, 2011, 121 (2), pp.79-89. 10.1042/CS20100564. hal-00685072

HAL Id: hal-00685072 https://hal.science/hal-00685072

Submitted on 4 Apr 2012

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers. L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.



1 Clinical Investigations

- C-Terminal Provasopressin (Copeptin) as Prognostic Marker after Acute Non ST Elevation
 Myocardial Infarction Leicester Acute Myocardial Infarction Peptide II (LAMP II) study.
- 4 Hafid Narayan^a, Onkar S Dhillon^a, Pauline A Quinn^a, Joachim Struck^b, Iain B Squire^a, Joan E
- 5 Davies^a, Leong L Ng^a
- 6 a. University of Leicester, Department of Cardiovascular Sciences, University of Leicester, and
- 7 Leicester National Institute for Health Research Cardiovascular Biomedical Research Unit,
- 8 Glenfield Hospital, Leicester, United Kingdom
- 9 b. BRAHMS GmbH / Thermo Fisher Scientific, Hennigsdorf, Germany
- 10 Corresponding author: Hafid Narayan
- 11 Department of Cardiovascular Sciences
- 12 Clinical Sciences Building
- 13 Leicester Royal Infirmary
- 14 Leicester LE2 7LX, UK
- 15 And Leicester National Institute for Health Research Cardiovascular Biomedical Research Unit,
- 16 Glenfield Hospital, Leicester
- 17 Phone:+441162523132 ; fax:+441162523108; e-mail:hn31@le.ac.uk
- 18 Key Words: Copeptin, GRACE, NTproBNP, Biomarkers, Relative Utility
- 19 Short Title: Copeptin for prognosis following NSTEMI

20 Word Count: 5764

21	
22	
23	
24	
25	
26	$\overline{\mathbf{O}}$
27	
28	
29	
30	
31	
32	
33	
34	
35	
36	
37	





38 Abstract

3940 Background

41 Copeptin, the 39 amino acid C-terminal portion of provasopressin, has been shown to be an

- 42 independent predictor for adverse events following ST elevation myocardial infarction. We
- 43 hypothesized that plasma copeptin was an independent predictor for adverse outcomes following
- 44 acute non ST elevation myocardial infarction (NSTEMI) and evaluated whether copeptin added
- 45 prognostic information to the GRACE score compared to NTproBNP.46

47 Methods

Plasma copeptin and NTproBNP were measured in 754 consecutive patients admitted to hospital
 with chest pain and diagnosed as having NSTEMI in this prospective observational study. The
 endpoint was all cause mortality at 6 months.

Results: Upper median levels of copeptin were strongly associated with all cause mortality at 6 53 months. Copeptin was a significant predictor of time to mortality (HR = 5.98 [3.75 to 9.53], p <

54 0.0005) in univariate analysis and remained a significant predictor in multivariate analysis (HR =

3.03 [1.32 to 6.98], p = 0.009). There were no significant differences between the area under ROC

56 curves of copeptin, NTproBNP and the GRACE score. Copeptin improved accuracy of risk

57 classification when used in combination with the GRACE score as determined by net

reclassification improvement whereas NTproBNP did not. The relative utility of the GRACE score
 was increased more by copeptin than by NTproBNP over a wide range of risks.

Conclusions: Plasma copeptin is elevated after NSTEMI and higher levels are associated with worse outcomes. Copeptin used in conjunction with the GRACE score improves risk stratification enabling more accurate identification of high risk individuals.



90 Introduction

91 Recent guidelines recommend risk stratification of all patients following admission with non-ST 92 elevation myocardial infarction (NSTEMI) in order to identify those individuals at maximum risk of 93 adverse outcomes who may benefit from early aggressive therapy [1]. Currently clinical risk 94 assessment tools such as the TIMI (Thrombolysis in Myocardial Infarction) [2] and GRACE 95 (Global Registry of Acute Coronary Events) [3] scores are the most commonly used method of risk 96 stratification, although more recently plasma biomarkers have emerged as a potentially alternative 97 or complementary technique [4]. 98 99 Copeptin is the 39 amino acid C-terminal portion of provasopressin, the precursor of arginine 100 vasopressin (AVP) [5]. Copeptin has the advantages of a longer plasma half life and reduced 101 propensity for protein binding compared to AVP making its measurement more accurate [6]. 102 Copeptin has recently been demonstrated to be an independent predictor for adverse events 103 following ST elevation myocardial infarction (STEMI) [7]. 104 105 We hypothesized that plasma copeptin is an independent predictor for adverse outcomes following 106 acute NSTEMI and further sought to evaluate whether copeptin provided additional prognostic 107 information to NTproBNP (N Terminal pro B Type Natriuretic Peptide) and the GRACE score, 108 established risk stratification markers. 109 110 This paper presents a post hoc analysis of a subset of patients with NSTEMI recruited to the

111 original LAMP (Leicester Acute Myocardial Infarction Peptide) cohort study of patients with acute 112 myocardial infarction supplemented with a new cohort of NSTEMI patients.

Methods

115 <u>Study population</u>

We analyzed patients admitted to the Leicester Royal Infirmary and Glenfield Hospital, Leicester with acute myocardial infarction (MI). The population for this LAMP II study was comprised of patients recruited as follows:- (1) 239 NSTEMI patients who were included in the original LAMP study which included both NSTEMI and STEMI patients, who were recruited between March 2000 and July 2005 and (2) a new group of 515 NSTEMI patients who were recruited between August 2005 and April 2007. As a control group plasma copeptin and NTproBNP were also measured in 82 healthy males over 65 and 41 females over 70 years of age.

123

113 114

124 This study abided by the Declaration of Helsinki and was approved by the local ethics committee. 125 Written informed consent was obtained from all the patients. Acute NSTEMI was diagnosed if the patient described a history of cardiac sounding chest pain lasting greater than 20 minutes not 126 127 associated with ST segment elevation with a plasma creatine kinase- MB level twice the upper limit of normal or cardiac troponin L level > 0.1 mg/mL (8). NSTEMI was confirmed in all patients prior 128 to inclusion. The Centaur cTnI Ultra immunoassay (Siemens Healthcare Diagnostics) was used to 129 130 measure troponin I which has a coefficient of variation 10% at 0.03 ng/mL with a 99th percentile of 131 0.04 ng/mL. We chose this cut-off to ensure patients had a definite diagnosis of NSTEMI. 132

Patients with known malignancy or surgery in the previous month were excluded. The estimated glomerular filtration rate (eGFR) of the study patients was calculated from the simplified formula derived from the Modification of Diet and Renal Disease (MDRD) study validated in patients with heart failure [9].

130 noui 137

138 Plasma samples

139 Blood samples were taken within 24 hours of admission (at a median time of 25.75 h following

140 onset of chest pain) for determination of plasma levels of copeptin and NTproBNP. After 15



- 141 minutes of bed rest 20mL of blood was collected into tubes containing EDTA and aprotinin. All 142 plasma was stored at -70°C until assayed in a blinded fashion in a single batch.
- 143
- 144 Copeptin assay
- 145 Copeptin was detected with a novel commercial assay. Briefly, tubes were coated with a purified 146 sheep polyclonal antibody raised against a peptide that represented amino acids 132 to 147 of preproAVP. A purified sheep polyclonal antibody raised against a peptide representing amino acids 147 148 149 to 164 of preproAVP was labeled with methyl acridinium N-hydroxysuccinimide ester (InVent GmbH, Bielefeld, Germany) and used as tracer. Dilutions of a peptide representing amino acids 132 149 150 to 164 of preproAVP in normal horse serum served as standards. The immunoassay was performed 151 by incubating 50 µL of samples/standards and 200 µL of tracer in coated tubes for 2 hours at room 152 temperature. Tubes were washed 4 times with 1 mL of wash solution (BRAHMS AG), and bound 153 chemiluminescence was measured with an LB952T luminometer (Berthold, Bad Wildbad, 154 Germany). The assay limit of detection was 0.4 pmol/L, with functional assay sensitivity < 1155 pmol/L. The interassay coefficient of variation was 10% at 3 pmol/L and <7% for values >10156 pmol/L. 157

158 NTproBNP assay

The NTproBNP assay used was based on a non-competitive assay [10]. Sheep antibodies were 159 raised to the N-terminal of human NTproBNP, and monoclonal mouse antibodies were raised to the 160 161 C-terminal. Samples or NTproBNP standards were incubated in C-terminal IgG-coated wells with 162 the biotinylated N-terminal antibody for 24 hours at 4°C. Detection was with methyl-acridinium 163 ester-labeled streptavidin on an MLX plate luminometer (Dynex Technologies Ltd, Worthing, UK). 164 The lower limit of detection was 0.3pmol/L. There was no cross-reactivity with atrial natriuretic

peptide, B-type natriuretic peptide, or C-type natriuretic peptide. 165

166 167 Endpoints

We assessed the utility of plasma copeptin and NTproBNP level for prediction of the endpoint of all 168 169 cause mortality at 6 months. Endpoints were obtained by reviewing the Office of National Statistics 170 Registry and by contacting each patient. The Office of National Statistics Registry collates death 171 certificate records. The endpoints were not adjudicated separately. There was a minimum 6 months 172 follow-up of all surviving patients.

173 174 Statistical analysis

175 R 2.12 [11] was used to conduct statistical analyses. Non parametric variables were expressed as 176 median [range] and parametric variables as mean [95% Confidence Interval]. Associations between copeptin and NTproBNP levels with demographic data, risk factors and clinical status were 177 178 analysed using the Mann Whitney U test and Spearman correlations. Independent predictors for 179 time to mortality were identified using Cox proportional hazards regression, with significant univariate predictors used as covariates in multivariate analysis. Troponin, copeptin and NTproBNP 180 181 were included as continuous log₁₀ transformed variables. Thus hazard ratios refer to a 10-fold rise in 182 levels. The impact of copeptin levels on prognosis was visualised using Kaplan-Meier curves 183 stratified for median of plasma concentration and compared using the log rank test. 184 185 The prognostic accuracy of plasma copeptin was compared to the GRACE score by comparison of

- 186
- area under curve (AUC) of receiver operating characteristic (ROC) curves. The AUC of ROC 187 curves was derived by the method of Hanley and McNeil [12].
- 188
- 189 The GRACE score was calculated for each patient derived from clinical and demographic data
- 190 using the algorithm for estimation of risk for 6 month all cause mortality [3]. The additional
- 191 prognostic utility of copeptin and NTproBNP to the GRACE score was assessed using



193

5

NRI is described in detail by Pencina et al [13]. 194 195 Relative utility was calculated according to the method described by Baker et al [14]. The relevant 196 region was the risk greater than the prevalence of the endpoint in our cohort at 6 months. 95% 197 confidence intervals were derived from 25 bootstrap replications of the original data. 198 199 The prognostic accuracy of using combinations of the GRACE score, copeptin or NTproBNP was 200 estimated using a logistic regression model for the outcome of total mortality at 6 months. 201 A 2-tailed probability value of less than 0.05 was deemed to be statistically significant. All authors 202 203 had full access to and take full responsibility for the integrity of the data. All authors have read and 204 agree to the manuscript as written. 205 206 Results 207 Patient Characteristics 754 consecutive patients were recruited of whom 519 were male, median age 70 [37 to 97] years. 208 209 No patients were lost to follow up and there was a minimum length of follow up of 6 months. In 6 210 months, 56 patients (7.4%) had died and 49 (6.5%) had a recurrent myocardial infarction. The baseline characteristics of patients and 123 healthy controls are shown in Table 1. The median time 211 212 from symptom onset to blood draw in patients was 25 hours 45 minutes. Both copeptin and 213 NTproBNP were significantly raised in the NSTEMI patients compared to the healthy controls 214 (Table 1). 215 216 Factors Associated with Elevated Plasma Copeptin and NTproBNP 217 Univariate associations between demographic and risk factors and copeptin and NTproBNP levels 218 in NSTEMI patients are shown in Table 2. 219 220 Elevated copeptin levels were significantly associated with a past history of MI, heart failure, 221 diabetes, Killip class > 1 on admission and left ventricle ejection fraction (LVEF) < 40%, ST 222 segment deviation at admission as well as prior prescription of aspirin, betablockers, angiotensin 223 converting enzyme inhibitors (ACEi) or angiotensin II receptor blockers (ARB). Copeptin was 224 strongly associated with the endpoint of all cause mortality at 6 months. 225 226 Copeptin level was significantly positively correlated with age and Killip class, creatinine and 227 NTproBNP levels in NSTEMI patients, while being inversely correlated with eGFR (Table 2). For comparison in healthy controls, copeptin was significantly higher in males compared to females 228 229 (4.2 pmol/L [2.4 to 28.7] vs 3.5 pmol/L [1.5 to 11.8], p = 0.006) but not correlated with eGFR ($r_s =$ 230 .05, p = 0.602) or age ($r_s = -.047$, p = 0.614). 231 NTproBNP levels were significantly higher in females compared to males and were further 232 233 associated with a past history of MI, heart failure, diabetes, higher Killip class, LVEF < 40%, ST segment deviation at admission as well as previous aspirin, ACEi/ARB, betablocker and statin use. 234 235 236 Higher NTproBNP levels were significantly associated with the endpoints of mortality at 6 months 237 in addition to being strongly positively correlated with age, Killip class and creatinine levels while 238 being inversely correlated with eGFR. 239 240 Prognostic Utility of Plasma Copeptin and NTproBNP 241 Plasma copeptin and NTproBNP were significant predictors of all cause mortality at 6 months in 242 univariate analysis (HR = 5.98 [3.75 to 9.53], p < 0.0005 and 6.07 [2.98 to 12.37], p < 0.0005243 respectively) along with increasing age, LVEF < 40%, GRACE score, ST segment deviation at

reclassification tables with calculation of Net Reclassification Improvement (NRI). Calculation of

THIS IS NOT THE VERSION OF RECORD - see doi:10.1042/CS20100564



244 admission, past history of MI, hypertension, Killip Class >1 and eGFR. Only copeptin retained 245 significant independent prognostic utility (HR = 3.03 [1.32 to 6.98], p = 0.009) when entered into a 246 multivariate model (Table 3). Stratification by inpatient PCI produced only minor differences in 247 hazard ratios (Table 3, * values). 248 249 Kaplan-Meier Analysis 250 Upper median levels of copeptin (>7.9 pmol/L) at admission significantly indicated a worse 251 outcome (p < 0.0005) (Figure 1). 252 253 Prognostic Utility of the GRACE score, Copeptin and NTproBNP 254 255 a. Comparison of area under ROC curves The prognostic accuracy of plasma copeptin for all cause mortality at 6 months (AUC = 0.79 [0.73]256 257 to (0.86) was not significantly different from the GRACE score (AUC = 0.81 [0.75 to (0.87)]) or 258 plasma NTproBNP (AUC = 0.75 [0.67 to 0.82]), p = 0.126 for overall differences between them 259 (Figure 4a). 260 261 The combined prognostic accuracy of the GRACE score & copeptin (AUC = 0.84 [0.78 to 0.89] 262 was greater than for the GRACE score & NTproBNP (AUC = 0.80 [0.74 to 0.87] and copeptin & NTproBNP (AUC = 0.81 [0.76 to 0.87] with an overall significant difference between them (p = 263 264 0.016) but no significant pairwise differences (Figure 4b). 265 The AUC of the combination of copeptin & NTproBNP was significantly better than that of 266 267 NTproBNP alone (p = 0.020) but not copeptin alone (p = 0.285). 268 269 b. Comparison of Relative Utilities 270 Relative utility curves for the GRACE score, NTproBNP and copeptin are shown in Figure 2. 271 Over the range of baseline risks from 0.15 to 0.6, copeptin had a consistently greater relative utility 272 for prediction of the outcome compared to the GRACE score or NTproBNP. When used in 273 combination, the relative utility of the GRACE score & copeptin was consistently greater than the 274 GRACE score & NTproBNP as well as copeptin & NTproBNP (Figure 3). 275 276 Additional Prognostic Utility of Copeptin and NTproBNP 277 278 We further evaluated the additional prognostic utility of copeptin and NTproBNP when used in combination with the GRACE score compared to the GRACE score used alone as a baseline model. 279 280 281 a. Comparison of area under ROC curves Copeptin combined with the GRACE score improved prognostic accuracy (AUC = 0.84 [0.78 to 282 (0.89) compared to the GRACE score alone (AUC = 0.81 [0.75 to 0.87], but this difference did not 283 284 achieve statistical significance (p = 0.079). NTproBNP combined with the GRACE score (AUC = 285 0.80 [0.74 to 0.87]) again showed no significant increase in AUC (p = 0.871) compared to the 286 GRACE score alone. 287 288 b. Difference in Relative Utility 289 At a base line risk of 0.15, using copeptin combined with the GRACE score increased the relative 290 utility of the GRACE score by 0.097 [-0.106 to 0.127] compared to 0.009 [-0.103 to 0.097] for NTproBNP, at a risk of 0.2 copeptin increased the relative utility of the GRACE score by 0.089 [-291 292 0.095 to 0.132] compared to 0.007 [-0.080 to 0.087] for NTproBNP and at a risk of 0.4 copeptin 293 increased the relative utility by 0.048 [-0.043 to 0.082] compared to 0.0002 [-0.005 to 0.047] for

294

295

NTproBNP.

THIS IS NOT THE VERSION OF RECORD - see doi:10.1042/CS20100564



296 These translate into test thresholds for copeptin of 139, 151 and 283 compared to 1562, 2058 and 297 56314 for NTproBNP for the added use of these biomarkers to the GRACE score at baseline risks 298 of 15%, 20% and 40% respectively. 299 300 For comparison, when copeptin is used as the baseline model, the additional relative utility of 301 adding NTproBNP was 0.038 [0.025 to 0.216], 0.017 [0.004 to 0.197] and 0.001 [-0.013 to 0.099] at baseline risks of 0.15, 0.2 and 0.4, while the reverse of adding copeptin to a baseline model of 302 303 NTproBNP adds 0.194 [0.180 to 0.372], 0.154 [0.141 to 0.334] and 0.034 [0.021 to 0.133] of 304 relative utility for the same baseline risks. 305 306 These translate into test thresholds of 351, 782 and 21295 for the addition of NTproBNP to a 307 baseline model of copeptin and test thresholds 70, 88 and 393 for the addition of copeptin to a 308 baseline model of NTproBNP at baseline risks of 15%, 20% and 40% respectively. 309 310 c. Reclassification 311 Integer GRACE scores were used to assign patients into categories at low, intermediate and high risk of mortality at 6 months as per the GRACE website (www.outcomes-umassmed.org/GRACE/). 312 A binary logistic regression model with GRACE score as a single continuous covariate was then 313 314 used to calculate the range of probabilities associated with each category. New predicted risks of mortality with either copeptin or NTproBNP added to the GRACE score were then calculated which 315 316 were used to reclassify individuals. Changes in classification group were then used to calculate the net reclassification improvement (NRI). 317 318 319 In those who did not experience the endpoint at 6 months, the addition of copeptin improved risk 320 classification in 100 individuals but made it worse in 44, while in those who did have the endpoint, copeptin reduced the risk classification in 1 individual while increasing the classification in 2. The 321 322 NRI was 13.3% (95% C.I. [3.5 to 23.1]), p = 0.008, demonstrating a significant overall 323 improvement in accuracy of risk classification compared to using the GRACE score alone (Table 324 4). 325 326 NTproBNP combined with the GRACE score failed to significantly improve risk stratification 327 compared to using the GRACE score alone for outcome of mortality at 6 months (NRI = -4.9% [-328 12.5 to 2.8], p = 0.211) (Table not shown).

329 The addition of copeptin to baseline model of NTproBNP improved risk classification by tertiles 330 331 (NRI = 10.1 [-5.1 to 25.2], p = 0.193) to a greater extent than the reverse of adding NTproBNP to a 332 baseline model of copeptin (NRI = 3.4 [-10.4 to 17.2], p = 0.631) although both improvements were 333 non-significant (Tables not shown).

Discussion

334

335 We have shown that an elevated plasma copeptin following admission with NSTEMI is strongly 336 337 associated with adverse outcomes and has independent prognostic value when included in a 338 multivariate risk model. This study demonstrates that copeptin could be used as a prognostic 339 biomarker following admission with NSTEMI, which supports our previous work in a 340 predominantly STEMI population [7]. In this previous study plasma copeptin levels were observed to decline significantly in the days following admission, which likely accounts for the slightly 341 342 higher levels observed here (7.9 pmol/L) which were sampled at admission compared to levels measured in the STEMI population (7.2 pmol/L) which were sampled at 3-5 days post admission. 343 344 This may also account for the significant association between copeptin levels and past history of MI 345 observed here but not shown in the predominantly STEMI cohort. 346



347 Copeptin levels in the healthy controls were not only significantly less than in NSTEMI patients but 348 were also distributed over a narrower range, resulting in no significant correlations with either age 349 or eGFR in contrast to the case in NSTEMI patients. Similarly, the wider variation of copeptin 350 levels in NSTEMI patients results in there being no significant difference in levels between men 351 and women unlike in the healthy controls here and a previously reported healthy cohort [15]. 352 353 The inclusion of copeptin levels to a logistic regression risk model including the GRACE score 354 produced significant incremental benefit in prognostic accuracy for mortality at 6 months, making 355 copeptin a strong candidate for inclusion into a multimarker model, which has been suggested as the 356 optimal approach for combining information from different risk markers [16]. 357 358 This analysis has shown that adding copeptin to the GRACE score or NTproBNP resulted in only 359 minor increases in ROC performance in contrast to our previous study in a predominantly STEMI 360 population [7]. However ROC curves have been shown to have poor sensitivity in evaluating the 361 incremental benefit of risk predictors [17]. Furthermore in order for a biomarker to be clinically 362 useful it must show an incremental benefit over previous risk stratification methods sufficient to 363 alter treatment decisions, which comparison of ROC curves is not able to quantify in an easily 364 understandable manner [18]. 365 Thus in this paper we have used the newer methods of reclassification and relative utility to 366 367 evaluate the potential benefit of using copeptin in addition to more established risk stratification measures, the GRACE score and NTproBNP. 368 369 370 Reclassification showed that copeptin was particularly useful in down classifying patients from 371 higher to lower risk groups in those that did not go on to reach the endpoint compared to using the 372 GRACE score alone. In contrast, NTproBNP did not show any significant incremental benefit 373 above the GRACE score in risk stratifying individuals into low, intermediate and high risk groups. 374 375 Relative utility is defined as the fraction of perfect prediction that is achieved at the optimal cut off 376

point for the risk model, where utility refers to the sum of harms and benefits measured in the same 377 units [19]. A relative utility of 1 indicates perfect prediction of the outcome by the prognostic 378 model. Relative utility curves illustrate a risk model's performance over a range of risk thresholds 379 and allow comparison with other prognostic models. The increment in relative utility produced by a new risk factor added to the baseline model can be used to calculate the test threshold, the minimum 380 number of tests that would have to be traded for a true positive prediction. For example a test 381 382 threshold of 100 means that 100 tests would need to performed in order to identify one person who 383 will go on to have the endpoint. Our analysis showed that NTproBNP added only marginal utility to 384 the GRACE score, with the number of tests required to identify a true positive ranging between 385 1562 and 56314 for baseline risks between 15% and 40%. In contrast copeptin added consistently more utility, with test thresholds between 139 and 283 for the same baseline risks. This means that 386 387 far fewer copeptin tests than NTproBNP would need to be performed in order to identify true 388 positives for the outcome.

Evidence of the superior prognostic value of copeptin compared to NTproBNP was further
supported by finding that the additional relative utility and NRI of adding copeptin to a baseline
model of NTproBNP was greater than the reverse of adding NTproBNP to a baseline model of
copeptin.

394

Thus in this analysis we have shown that measurement of plasma copeptin levels adds important prognostic information to the GRACE score as well as NTproBNP. We suggest more accurate assignment of patients into different risk groups following admission to hospital with NSTEMI



398 would be helpful in guiding subsequent treatment decisions, although prospective clinical trials are 399 needed to test this hypothesis.

400 401

408

413

416

423

402 **Study Limitations**

403 The diagnostic and prognostic performance of copeptin would need to be compared against existing 404 risk stratification tools such as exercise testing, and would require external validation in further 405 patient cohorts. We acknowledge the low rates of in-hospital percutaneous coronary intervention 406 (PCI), treatment with GPIIb/IIIa inhibitors and clopidogrel as this cohort was recruited at a period 407 when these treatments were not so frequently used.

409 Conclusion

410 Plasma copeptin is a novel independent prognostic biomarker in patients following non-ST 411 elevation acute coronary syndrome and improves the early prognostic accuracy of the GRACE

412 score compared to NTproBNP.

414 Acknowledgments

Dr. Struck is an employee of BRAHMS GmbH, part of Thermo Fisher Scientific. 415

417 Author Contributions

418 Hafid Narayan analysed the data and wrote and the manuscript, Onkar Dhillon recruited and 419 followed up patients, Pauline Quinn performed laboratory analyses of the plasma samples, Joachim 420 Struck prepared the copeptin assays, Iain Squire assisted with manuscript revision, Joan Davies 421 performed echocardiography, Leong Ng designed the study and assisted with data analysis. 422

Funding

424 Dr. Dhillon and Dr. Narayan were supported by British Heart Foundation Junior Research Fellowships [grant numbers FS/05/004 and FS/09/040 respectively] and Prof. Ng, Squire and Dr. 425 426 Davies by the Leicester National Institute for Health Research Cardiovascular Biomedical Research 427 Unit. 428

429 References

430 1. Anderson, J.L., Adams, C.D., Antman, E.M., Bridges, C.R., Califf, R.M., Casey, D.E. Chavey 431 432 WE 2nd, Fesmire, F.M., Hochman, J.S., Levin, T.N., Lincoff, A.M., Peterson, E.D., Theroux, P., 433 Wenger, N.K., Wright, R.S., Smith, S.C. Jr, Jacobs, A.K., Halperin, J.L., Hunt, S.A., Krumholz, 434 H.M., Kushner, F.G., Lytle, B.W., Nishimura, R., Ornato, J.P., Page, R.L., Riegel, B. (2007) 435 ACC/AHA 2007 guidelines for the management of patients with unstable angina/non ST-elevation myocardial infarction: a report of the American College of Cardiology/American Heart Association 436 437 Task Force on Practice Guidelines (Writing Committee to Revise the 2002 Guidelines for the 438 Management of Patients With Unstable Angina/Non ST-Elevation Myocardial Infarction): 439 developed in collaboration with the American College of Emergency Physicians, the Society for 440 Cardiovascular Angiography and Interventions, and the Society of Thoracic Surgeons: endorsed by 441 the American Association of Cardiovascular and Pulmonary Rehabilitation and the Society for 442 Academic Emergency Medicine. Circulation. 116, 148-304 443 444 2. Antman, E.M., Cohen, M., Bernink, P.J., McCabe, C.H., Horacek, T., Papuchis, G., Mautner, B.,

445 Corbalan, R., Radley, D., Braunwald, E. (2000) The TIMI risk score for unstable angina/non-ST

446 elevation MI: A method for prognostication and therapeutic decision making. JAMA. 284, 835-842 447



448 3. Fox, K.A., Dabbous, O.H., Goldberg, R.J., Pieper, K.S., Eagle, K.A., Van de Werf F., Avezum, 449 A., Goodman, S.G., Flather, M.D., Anderson, F.A. Jr, Granger, C.B. (2006) Prediction of risk of 450 death and myocardial infarction in the six months after presentation with acute coronary syndrome: 451 prospective multinational observational study (GRACE). BMJ. 333, 1091 452 453 4. Roberts, R., Fromm, R.E. (1998) Management of acute coronary syndromes based on risk 454 stratification by biochemical markers: an idea whose time has come. Circulation. 98, 1831-1833 455 5. Holwerda, D.A. (1972) A glycopeptide from the posterior lobe of pig pituitaries. I. Isolation and 456 457 characterization. Eur J Biochem. 28, 334-339 458 459 6. Morgenthaler, N.G., Struck, J., Jochberger, S., Dunser, M.W. (2008) Copeptin: clinical use of a 460 new biomarker. Trends Endocrinol Metab. 19, 43-49 461 462 7. Khan, S.Q., Dhillon, O.S., O'Brien, R.J., Struck, J., Quinn, P.A., Morgenthaler, N.G., Squire, 463 I.B., Davies, J.E., Bergmann, A., Ng, L.L. (2007) C-terminal provasopressin (copeptin) as a novel 464 and prognostic marker in acute myocardial infarction: Leicester Acute Myocardial Infarction 465 Peptide (LAMP) study. Circulation. 115, 2103-2110 466 8. Thygesen, K., Alpert, J.S., White, H.D. (2007) Joint ESC/ACCF/AHA/WHF Task Force for the 467 468 Redefinition of Myocardial Infarction. Universal definition of myocardial infarction. Eur Heart J. 469 **28**, 2525-2538 470 471 9. Smilde, T.D., van Veldhuisen, D.J., Navis, G., Voors, A.A., Hillege, H.L. (2006) Drawbacks and 472 prognostic value of formulas estimating renal function in patients with chronic heart failure and 473 systolic dysfunction. Circulation. 114, 1572-1580 474 10. Omland, T., Persson, A., Ng, L.L., O'Brien, R., Karlsson, T., Herlitz, J., Hartford, M., Caidahl, 475 476 K. (2002) N-terminal pro-B-type natriuretic peptide and long-term mortality in acute coronary 477 syndromes. Circulation. 106, 2913-2918 478 479 11. R Development Core Team (2010). R: A language and environment for statistical computing. R 480 Foundation for Statistical Computing, Vienna, Austria. ISBN 3-900051-07-0, URL http://www.R-481 project.org/ 482 483 12. Hanley, J.A., McNeil, B.J. (1982) The meaning and use of the area under a receiver operating 484 characteristic (ROC) curve. Radiology. 143, 29-36 485 486 13. Pencina, M.J., D'Agostino, R.B., Sr., D'Agostino, R.B., Jr., Vasan, R.S. (2008) Evaluating the 487 added predictive ability of a new marker: from area under the ROC curve to reclassification and 488 beyond. Stat Med. 27,157-172 489 490 14. Baker, S.G., Cook, N.R., Vickers, A., Kramer, B.S. (2009) Using relative utility curves to 491 evaluate risk prediction. J R Stat Soc Ser A Stat Soc. 172, 729-748 492 493 15. Bhandari, S.S., Loke, I., Davies, J.E., Squire, I.B., Struck, J., Ng, L.L. (2009) Gender and renal 494 function influence plasma levels of copeptin in healthy individuals. Clin Sci (Lond). 116, 257-63 495 496 16. Sabatine, M.S., Morrow, D.A., de Lemos, J.A., Gibson, C.M., Murphy, S.A., Rifai, N.,

497 McCabe, C., Antman, E.M., Cannon, C.P., Braunwald, E. (2002) Multimarker approach to risk

498 stratification in non-ST elevation acute coronary syndromes: simultaneous assessment of troponin I,

499 C-reactive protein, and B-type natriuretic peptide. Circulation. 105, 1760-1763

Licenced copy. Copying is not permitted, except with prior permission and as allowed by law. © 2011 The Authors Journal compilation © 2011 Portland Press Limited



501

502 503

504

505

17. Cook, N. R. (2007) Use and misuse of the receiver operating characteristic curve in risk prediction. Circulation. 115, 928-935
18. Morrow, D.A., de Lemos, J.A. (2007) Benchmarks for the assessment of novel cardiovascular biomarkers. Circulation. 115, 949-952
19. Baker, S.G. (2009) Putting risk prediction in perspective: relative utility curves. J Natl Cancer

506 19. Baker, S.G. (2009) Putting risk prediction in perspective: relative utility curves. J Natl Cancer
507 Inst. 101,1538-1542
508

Figure 1. Kaplan Meier curves comparing time to total mortality in patients stratified to above or
below median plasma copeptin, median copeptin = 7.9 pmol/L, p < 0.0005 for difference (Log Rank
test).

Figure 2 Comparison of relative utility curves of the GRACE score, copeptin and NTproBNP for
endpoint of total mortality at 6 months. The relevant region is the risk > 0.074, the prevalence of the
endpoint at 6 months.

Figure 3 Comparison of relative utility curves of the GRACE score & NTproBNP, GRACE score
& copeptin and copeptin & NTproBNP for endpoint of total mortality at 6 months. The relevant
region is the risk > 0.074, the prevalence of the endpoint at 6 months.

Figure 4 ROC curves for outcome of all cause mortality at 6 months. a) GRACE score AUC = 0.81
[0.75 to 0.87]), copeptin AUC = 0.79 [0.73 to 0.86], NTproBNP AUC = 0.75 [0.67 to 0.82]. p =
0.126 for overall difference between them. b) GRACE Score & NTproBNP AUC = 0.80 [0.74 to
0.87], GRACE score & copeptin AUC = 0.84 [0.78 to 0.89], copeptin & NTproBNP AUC = 0.81
[0.76 to 0.87]. p = 0.016 for overall difference between them.

12

526 527

Table 1 Baseline Characteristics

528

	NSTEMI	Healthy Controls		
	Patients		Р	
	n = 754	n = 123		
Male (% of n)	519 (68.8)	82 (66.7)	0.620	
Age * (yrs)	70 (37 to 97)	71.5 (65 to 81)	0.032	
Creatinine * (µmol/L)	99 (39 to 455)	89 (25 to 146)	< 0.005	
eGFR \dagger (ml.min ⁻¹ .1.73m ⁻² surface area)	63.5 (62 to 65)	65.8 (64 to 67)	0.142	
LV Ejection Fraction*(%)	39 (13 to 61)	-		
LV Ejection Fraction < 40% (% of n)	227 (44.2)‡	-		
Killip Class > 1 (% of n)	271 (36.0)			
TIMI score*	4 (0 to 10)			
6 Month GRACE score†	122 (119 to 125)	-		
Troponin I* (µg/L)	1.9 (0 to 67)	-		
Copeptin* (pmol/L)	7.9 (0.3 to 523)	3.9 (1.4 to 28.7)	< 0.005	
NTproBNP* (pmol/L)	1135 (0 to 11779)	51 (6 to 992)	< 0.005	
ST Deviation at Admission (% of n)	334 (44.1)	-		
In Hospital PCI	132 (17.5)	-		
Past History (% of n)				
MI	209 (27.7)	-		
Hypertension	435 (57.7)	-		
Diabetes	200 (26.5)	-		
Smoker	255 (33.8)	-		
HF	17 (2.3)	-		
Admission Medication (% of n)				
Aspirin	300 (39.8)	-		
BetaBlocker	228 (30.2)	-		
Statin	273 (36.6)	-		
ACEi or ARB	264 (35.0)	-		
Diuretics	150 (19.9)	-		
Inpatient Medication (% of n)	• • •			
GPIIa/IIIb Inhibitor Use	34 (6.6)‡	-		
Discharge Medication (% of n)				
Aspirin	622 (82.5)	-		
Clopidogrel	310 (60.2)‡	-		
Betablocker	563 (74.7)	-		
Statin	587 (77.9)	-		
ACEi or ARB	523 (69.4)	-		
Diuretics	239 (31.7)	-		
* median (range), † mean (95% C.I.), eGFR = est	timated Glomerular Filtra	tion Rate, PCI = Percutane	eous Coronary	
Intervention, LV = Left Ventricle, MI = Myocard	al Infarction, HF = Hear	t Failure, ACEi = Angiotei	nsin Converting	

Enzyme Inhibitor, $ARB = Angiotensin II Receptor Blocker <math>\ddagger \%$ Data available for 515 patients out of total 754



Table 2 Univariate Analysis of Plasma Copeptin and NTproBNP Levels in NSTEMI Patients

	Copeptin Levels (pmol/L)	р	NTproBNP (pmol/L)	р	
Males vs Females, median (range)	7.2 (0.8 to 523.0) vs 8.7 (0.3 to 233.0)	0.340	932 (0 to 10474) vs 1773 (4 to 9734)	< 0.0005	
Previous medical history:		1			
MI vs None	13.1 (1.4 to 523.0) vs 7.0 (0.3 to 485.0)	< 0.0005	2365 (73 to 10474) vs 873 (0 to 10354)	< 0.0005	
HF vs None	26.6 (4.0 to 233.0) vs 7.7 (0.3 to 523.0)	< 0.0005	4025 (325 to 6776) vs 1149 (0 to 10474)	0.030	
Diabetes vs None	12.0 (1.0 to 523.0) vs 7.0 (0.3 to 485.0)	< 0.0005	1643 (2 to 11779) vs 990 (0 to 10904)	0.030	
Killip class > 1 vs Killip class 1	15.9 (1.0 to 523.0) vs 6.0 (0.3 to 485.0)	< 0.0005	2743 (30 to 10474) vs 729 (0 to 6034)	< 0.0005	
LVEF<40% vs LVEF >40%	9.1 (1.0 to 523.0) vs 6.4 (0.3 to 485.0)	< 0.0005	2174 (22 to 10474) vs 644 (0 to 10354)	< 0.0005	
ST Deviation at Admission vs	8.6 (0.8 to 523.0) vs 7.2 (0.3 to 485)	0.014	1439 (11 to 11779) vs 1004 (0 to 8111)	0.01	
None					
Admission medications:					
Aspirin vs None	9.5 (0.8 to 330.0) vs 6.9 (0.3 to 523.0)	0.003	990 (0 to 10354) vs 2360 (7 to 10474)	< 0.0005	
ACEi or ARB vs None	8.7 (0.3 to 523.0) vs 6.9 (0.6 to 485.0)	0.004	1104 (4 to 10474) vs 1427 (0 to 10249)	0.016	
Betablocker vs None	Betablocker vs None 9.1 (0.3 to 523.0) vs 7.2 (0.6 to 485.0)		1027 (4 to 10354) vs 1846 (0 to 10474)	< 0.0005	
Statin vs None	8.5 (0.9 to 523.0) vs 7.7 (0.3 to 485.0)	0.073	1059 (0 to 10474) vs 2816 (7 to 8314)	< 0.0005	
End point at 6 Months:					
Mortality vs Event free survival	32.0 (2.4 to 330.0) vs 7.2 (0.3 to 523.0)	< 0.0005	3669 (184 to 10249) vs 1067 (0 to 10474)	< 0.0005	
Spearman correlation					
Age	0.328	< 0.0005	0.556	< 0.0005	
eGFR	-0.477	< 0.0005	-0.481	< 0.0005	
Creatinine	Creatinine 0.480		0.374	< 0.0005	
Killip class	0.377	< 0.0005	0.426	< 0.0005	
NTproBNP	0.467	< 0.0005	-	-	
MI = Myocardial Infarction, HF = Heart Failure, LVEF = Left Ventricle Ejection Fraction, ACEi = Angiotensin Converting Enzyme Inhibitor, ARB = Angiotensin II Receptor					
Blocker, eGFR = estimated glomerular filtration rate					



Table 3 Cox Proportional Hazards Regression Analysis in NSTEMI Patients

	Univariate Analys	is	Multivariate Analysis			
	HR (95% C.I.)	р	HR (95% C.I.)	р		
Age	1.09 (1.06 to 1.12)	< 0.0005	1.05 (0.98 to 1.13)	0.141		
_	1.09 (1.06 to 1.12)*	< 0.0005*	1.05 (0.98 to 1.13)*	0.135*		
Gender	0.88 (0.51 to 1.53)	0.650				
	0.91 (0.52 to 1.58)*	0.732*				
LVEF <40%	2.34 (1.22 to 4.50)	0.011	1.34 (0.60 to 2.99)	0.472		
	2.31 (1.20 to 4.45)*	0.012*	1.35 (0.60 to 3.02)*	0.470*		
GRACE Score	1.03 (1.02 to 1.04)	< 0.0005	1.01 (0.98 to 1.04)	0.659		
	1.03 (1.02 to 1.04)*	< 0.0005*	1.01 (0.98 to 1.03)*	0.612*		
ST Segment	1.85 (1.09 to 3.15)	0.024	1.32 (0.57 to 3.05)	0.512		
Deviation	1.86 (1.09 to 3.17)*	0.022*	1.48 (0.67 to 3.28)*	0.332*		
Previous History						
MI	2.56 (1.51 to 4.32)	< 0.0005	0.85 (0.38 to 1.91)	0.700		
	2.54 (1.50 to 4.29)*	< 0.0005*	0.90 (0.40 to 2.05)*	0.809*		
Heart Failure	1.55 (0.38 to 6.37)	0.540				
	1.47 (0.36 to 6.03)*	0.595*				
Hypertension	2.03 (1.13 to 3.67)	0.019	1.07 (0.49 to 2.33)	0.863		
	2.00 (1.11 to 3.62)*	0.021*	1.03 (0.47 to 2.26)*	0.939*		
Diabetes	1.58 (0.91 to 2.72)	0.103				
	1.55 (0.90 to 2.69)*	0.114*				
Killip class ≥1	3.32 (1.92 to 5.74)	<0.0005	2.56 (0.94 to 6.99)	0.067		
	3.27 (1.89 to 5.65)*	<0.0005*	2.56 (0.94 to 6.97)*	0.065*		
Troponin I	1.15 (0.74 to 1.78)	0.543				
	1.13 (0.73 to 1.76)*	0.579*				
Copeptin	5.98 (3.75 to 9.53)	< 0.0005	3.03 (1.32 to 6.98)	0.009		
	5.94 (3.72 to 9.50)*	<0.0005*	3.13 (1.38 to 7.09)*	0.006*		
NTproBNP	6.07 (2.98 to 12.37)	< 0.0005	1.24 (0.41 to 3.73)	0.698		
	6.00 (2.90 to 12.44)*	< 0.0005*	1.22 (0.41 to 3.60)*	0.724*		
eGFR	0.96 (0.94 to 0.97)	< 0.0005	1.01 (0.99 to 1.04)	0.426		
	0.96 (0.94 to 0.97)*	< 0.0005*	1.01 (0.98 to 1.03)*	0.493*		
* Stratified by Inpat	tient PCI					



Table 4 Reclassification for 6 Month Risk All Cause Mortality in NSTEMI Patients

	GRACE Score + Copeptin						
GRACE Score	Number of Individuals		Reclassification		% Correctly		
Risk Group	Low	Intermediate	High	Increased	Decreased	Reclassified	р
Individuals without Endpoint at 6 Months n = 523							
Low	77	24	1		•		
Intermediate	32	90	19	44	100	10.7	
High	2	66	212				
Individuals with Endpoint at 6 Months n = 39							
Low	0	0	0				
Intermediate	0	2	2	2	1	2.6	
High	0	1	34				
% Net Reclassification Improvement [95%]						13.3 [3.5 to 23.1]	0.008











Licenced copy. Copying is not permitted, except with prior permission and as allowed by law.

 $\ensuremath{\mathbb{C}}$ 2011 The Authors Journal compilation $\ensuremath{\mathbb{C}}$ 2011 Portland Press Limited

