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1 2 3 4	<i>Toxocara</i> and <i>Ascaris</i> seropositivity among patients suspected of visceral and ocular larva migrans in the Netherlands: trends from 1998 to 2009
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1 Abstract

2 Toxocara canis, Toxocara cati and Ascaris suum are roundworms of dogs, cats and 3 pigs respectively that can also infect humans. These zoonotic helminths have a 4 worldwide distribution and are also endemic in the Netherlands. Infection with Toxocara sp. may result in visceral larva migrans (VLM) or ocular larva migrans 5 6 (OLM) caused by the migrating larvae. Although A. suum has been reported to 7 occasionally mature to the adult stage in humans, clinical cases of VLM suspected to 8 be caused by A. suum, has been described. Diagnosis of these helminth infections 9 relies mainly on serology. Here we analyse the results from the Toxocara and Ascaris 10 IgG-ELISA from a total of 2838 serum samples from VLM and OLM suspected 11 patients that were sent to our institution from 1998 to 2009. Results indicate that for 12 each year the Ascaris seropositivity is significantly higher compared to the Toxocara 13 seropositivity. Furthermore, while Toxocara seropositivity has decreased in time, the 14 Ascaris seropositivity has not significantly changed for the past 12 years. The Ascaris 15 and *Toxocara* seropositivity was also shown to increases with age and while gender has no influence on the Ascaris seropositivity, males showed higher Toxocara 16 17 seropositivity.

18

1 Introduction

2 Dogs, cats and pigs are the final hosts for Toxocara canis, Toxocara cati and Ascaris 3 suum respectively. Female worms present in the intestine of these animals shed large 4 numbers of eggs that together with the feces contaminate the environment. The eggs 5 of Toxocara sp. and Ascaris suum become infectious only after embryonation in soil, 6 which at optimal temperature and humidity occurs within 4 to 6 weeks [1,2]. 7 Transmission of both *Toxocara sp.* and *Ascaris suum* to humans usually takes place 8 after accidental ingestion of larvae-containing eggs. Young children with geophagia 9 (deliberate ingestion of soil) are at highest risk, but can also occur in adults [3]. 10 People can also become infected with *Toxocara canis* by eating unwashed vegetables 11 grown in contaminated soil and by consumption of raw or undercooked meat from 12 potential paratenic hosts such as chicken and lambs [4,5]. Transmission of Ascaris 13 suum by ingestion of liver and lungs from infected chickens has also been described 14 [6]. After ingestion of contaminated soil or food, *Toxocara* larvae reach the 15 gastrointestinal tract, penetrate the intestines and migrate throughout the body to 16 various organs such as the liver and lungs. Humans are accidental host for Toxocara 17 sp. and the larvae do not reach the adult stage. Few studies have reported that in some cases A. suum can develop to adult worms in the human host [7,8]. However, others 18 19 have reported on clinical VLM cases suspected to be caused by A. suum with larval 20 migration and pathology with no mention of the larvae maturing to the adult stage 21 [9,10]. 22 Although usually asymptomatic, infection with T. canis can cause in humans a 23 syndrome known as visceral larva migrans (VLM) which is characterized by fever, 24 pulmonary infiltrates, coughs, neurological distress, hyperglobulinemia and 25 hepatomegaly. Eosinophilic pneumonitis (Loeffer's pnenumonia) which has a clinical

1	resemblance to pulmonary inflammation observed in asthmatic patients, has been
2	described [11]. One serious complication is migration of the larvae to the eyes causing
3	ocular larva migrans (OLM) often resulting in granulomatous reaction in the retina,
4	leading in the worst cases to blindness. The brain, heart, and other organs can also be
5	affected [12].
6	Diagnosis of VLM and OLM relies mainly on serology. The most recommended
7	serological assay used is the ELISA and the ES (excretory/secretory) antigen derived
8	from the migrating larvae. For nearly thirty years we have been using the same
9	ELISA procedure [13] based on the ES antigen derived from Toxocara canis or
10	Ascaris suum larvae.
11	To study the importance of exposure to these zoonotic helminths for the public health
12	we determined the trends of Toxocara and Ascaris seropositvity among patients
13	suspected of suffering from VLM or OML over the past 12 years in the Netherlands.
14	Age and gender distribution of the observed seropositivity was also investigated.
15	

1 Materials and Methods

3 Serum samples

4 A total of 2838 serum samples from suspected VLM and OLM patients sent to our 5 institution from 1998 to 2009 were used in this study. We are the only institution in 6 the Netherlands that routinely carries out serology for these worm infections and 7 serum samples from different hospitals throughout the country are referred to us. Since Ascaris and Toxocara infections can not be clinically distinguished from each 8 9 other, serum samples from VLM and OLM suspected patients are routinely tested in 10 both the Toxocara and Ascaris IgG-ELISA. Information on clinical manifestations 11 and laboratory examination of these patients are usually not reported to our institution 12 however when reported, they include eosinophilia, malaise, fever, tiredness, 13 respiratory complaints, diarrhea, pneumonia, abdominal pain and/or uveitis. 14 15 Preparation of *Toxocara canis* and *Ascaris suum* excretory/secretory antigen 16 17 The excretory-secretory (E/S) antigen derived from Toxocara canis and Ascaris suum 18 was prepared as previously described [14]. Briefly, adult T. canis worms were 19 collected from the faeces of naturally infected dogs and A. suum from the intestine of 20 pigs kindly provided by a slaughter house. Eggs were collected from the uteri of 21 female worms and were allowed to embryonate in 0.05 M H₂SO₄ in the dark at room 22 temperature for 4-6 weeks. Embryonated eggs were stored in 0.05 M H₂SO₄ at 4 °C until use. 23 24 Larvae were freed from the egg shells and allowed to migrate through cotton wool 25 contained in Pasteur pippets that were placed in tubes filled with medium, at 37°C

26 overnight. The migrating larvae were collected and counted. A suspension of 150

larvae per ml medium was incubated at 37°C. After 24 h the medium was discarded
due to the content of high levels of phosphorylcholine which were determined using
an ELISA [14]. Fresh medium was added and after a week the harvested medium was
used as the E/S antigen. The content of crossreactive components such as
phosphorylcholine and tropomyosin were shown for *T. canis* and *A. suum* ES [14], to
be below the detection limit of the respective assays.

7

8 Detection of anti-Toxocara and Ascaris IgG antibodies

9 Detection of anti-Toxocara and Ascaris IgG antibodies was performed using an ELISA and the excretory/secretory (E/S) antigen derived either from T. canis or A. 10 11 suum larvae. Medium binding ELISA microtiter plates (Nunc, Roskilde, Denmark) 12 were used for the Toxocara ELISA and high binding plates (Greiner, Frickenhausen, 13 Germany) were used for the Ascaris ELISA as previously described [14]. The plates 14 were coated with E/S antigen (10 µg/ml) diluted in 0.1 M sodium carbonate (Na₂CO₃), pH 9.6. Plates were incubated overnight (without lids) at 37 °C to allow the 15 16 E/S antigen to dry on to the wells. Plates were washed three times with phosphate-17 buffered saline (pH 7.2) containing 0.05% v/v Tween-20 (PBS/Tween). For the 18 Ascaris ELISA an additional blocking step was performed by adding to every well 2 19 % bovine serum albumin (BSA) (Boehringer Mannheim, GmbH, Germany) solution in PBS/Tween. Plates were incubated for 30 min. at 37 °C and thereafter washed three 20 21 times with PBS/Tween. Serum samples were diluted 1:40 in 2% BSA/PBS/Tween and 22 added to the plates. After 1h incubation at 37 °C, plates were washed and anti-human 23 IgG conjugated to alkaline phosphatase (DAKO, Glostrup, Denmark) diluted in 4 % 24 BSA/PBS/Tween were added for 1 h at 37 °C. After plates were washed, substrate, H₂O₂, 0.05% and 5-ASA was added for 1 h at room temperature after which the 25

absorbance was read at 450 nm. The extinction value of the tested serum and of the
cut-off serum was used to calculate a ratio. A ratio higher or equal to 1.0 was
considered positive. The cut-off value was defined as the mean absorbance of 20
serum samples from healthy blood donors plus three times the standard deviation.

5

6 Specificity and Sensitivity of the Toxocara and Ascaris ELISA

7 The specificity of the *Toxocara* and *Ascaris* ELISA was determined using sera from

8 patients with other parasitic and bacterial infections: *Toxoplasma gondii* (n=10),

9 *Taenia solium* (n=14), *Trichinella sp.*(n=10), *Echinococcus granulosus.*(n=10),

10 Leishmania sp. (n=10) Entamoeba histolytica (n=10), Borrelia sp.(n=10), Treponema

11 *pallidum* (n=10) and *Bordetella pertusis* (n=100). Results indicate a specificity of 89

12 % for the *Toxocara* IgG-ELISA and 76% for the *Ascaris* IgG-ELISA [14]. Since sera

13 from patients parasitologically confirmed for Ascaris suum infections were not

14 available, sensitivity of this ELISA could not determined. The sensitivity of the

15 Toxocara ELISA was calculated using serum samples from patients with toxocariasis

16 diagnosed based on clinical disease, hematological and serological findings . The

17 sensitivity of the *Toxocara* ELISA was calculated to be 82%. The quality of the

18 Toxocara IgG ELISA is since 2006 periodically evaluated by an external quality

19 control assessment organized by the UK NEQAS Microbiology, with so far a 100%

20 correct score.

21

22 Statistical methods

In order to identify seropositivity trends over the past twelve years and differences in age and gender of subjects testing positive for *Ascaris sp.* or *Toxocara sp.* univariate models were developed using logistic regression. Differences were considered

- 1 significant at p values of ≤ 0.05 . In the results odds ratios and their 95% confidence
- 2 intervals are given.

- 1 Results
- 2

3 Toxocara and Ascaris seropositivity from 1998 to 2009

4 From 1998 to 2009 a total of 2838 serum samples from patients suspected of a 5 Toxocara or Ascaris infection were received at the RIVM. On average 237 serum 6 samples ranging from a minimum of 206 to a maximum of 315 samples were sent 7 yearly to our laboratory with request for Toxocara and Ascaris serology. Figure 1 8 shows the distribution in time of the seropositivity for these helminths. On average 9 33% (95% C.I. 31-35%) were found to be Ascaris positive while 8% (95% C.I. 7-9%) 10 was *Toxocara* positive. The percentage of *Ascaris* positive patients varies from 24.5% 11 to 47.0% and fluctuates over the years. From 1998 to 2009 the Ascaris seropositivity 12 did not change significantly (Table 1a). In contrast, the percentage of Toxocara 13 positive patients has significantly decreased over time (p < 0.01) from a maximum of 14 17.7% in 1998 to a minimum of 4.0% in 2002 (Table1b). From 2006 to 2009 a 15 significant (p < 0.05) increase in the seropositivity was observed. However, in 2009 the Toxocara seropositivity was 11.2% which was still lower compared to 1998 16 17 (Table1b).

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19 Age distribution of *Toxocara* and *Ascaris* seropositivity

Figure 2 shows the age distribution of the number of serum samples send to our
laboratory from 1998 to 2009 with the request for *Toxocara* and *Ascaris* serology. For
the age groups of 60 years and older there was a smaller number of serum samples
compared to the other age groups.
The age distribution of *Toxocara* and *Ascaris* seropositivity is shown in Fig. 3. The

percentage of *Ascaris* seropositivity shows a significant (p < 0.01) increase with age,

1	ranging from 19% for the age group 0-10 years up to 50% for the age group of 70
2	years and older. This results in an odds ratio of 4.3 (CI 2.8-6.7) for the age group of
3	70 years and older as compared to the 0-10 years age group. The Toxocara
4	seropositivity shows a different distribution, with the age group 0-10 showing a
5	slightly higher seropositivity (8%) compared with the age group of 21-30
6	(seropositivity: 6%). This difference is however not significant. The seropositivity
7	thereafter clearly increases with age reaching 15% for the age group of 61-70 years
8	(p< 0.01, OR 1.9 CI 1.3-3.1). Since the age group 0-10 is rather broad, the same
9	analysis was performed for intervals of 5 years. Comparable results were found,
10	namely that for age group 0-5 (8.4%, 95% C.I. 5.3-13.2%) and 6-10 (7.9%, 95% C.I.
11	4.9-12.5%) a higher seropositivity was found compared to the age group 11-15 (4.8%,
12	95% C.I. 2.5-8.8%), but the differences were not signiicant.
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13 14	Gender difference in the Toxocara and Ascaris seropositivity
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2 Zoonotic helminths such as A. suum, T. canis and T. cati have a cosmopolitan 3 distribution and toxocariasis has been described as one of the most common zoonotic 4 infections throughout the world [15]. 5 Different techniques and parasite antigens have been used for serodiagnosis of Toxocara and Ascaris infections. The ELISA based on the use of the 6 7 excretory/secretory (ES) antigens produced by the larvae of these helminhs is the 8 most common approach for serodiagnosis [15,18]. In this study we describe an ELISA 9 based on the ES products from T. canis and A. suum larvae that has been used in our 10 laboratory for nearly thirty years [13]. It is important to realize that due to 11 crossreactivity the Toxocara ELISA can not distinguish between a T. canis or T. cati 12 infections and that the Ascaris ELISA can not distinguish between infections with A. 13 suum and A. lumbricoides. However, A. lumbricoides infections are practically absent 14 in the Netherlands as indicated from two different population studies on 15 gastroenteritis where stool samples from dutch patients and healthy controls where 16 examined for different intestinal parasites and no helminth eggs where found [19,20]. 17 Although Toxocara sp. and Ascaris sp. have antigens in common that can lead to crossreactivity [21] we have previously shown that in the A. suum ES products the 18 19 content of crossreactive components such as phosphorylcholine and tropomyosin are below the detection limit of the respective assays [14]. The content of these 20 21 components were also shown to be below the detection limits in the T. canis ES 22 products (data not shown). 23 Both of these zoonotic infections are endemic in the Netherlands and although 24 crossreactivity is commonly suggested, results from this study show clear differences 25 in the percentage of *Toxocara* or *Ascaris* seropositivity in the past 12 years.

Meanwhile, the overall *Toxocara* seropositivity among the patients suspected of VLM or OLM is 8 % the *Ascaris* seropositivity is 4 times higher. In addition, the trends of seropositivity over the years is also different for both pathogens. For the past twelve years a decrease in the *Toxocara* seropositivity is observed compared to no changes for the *Ascaris* seropositivity.

6 Campaigns on deworming dogs and cats exists for many years in the Netherlands 7 which is one of the recommended measures for control of animal and human 8 toxocariasis [22,23]. Recently, up-to-date guidelines for deworming and prevention 9 of parasitic infections in pets and zoonotic infections in man has become available 10 (http://www.esccap.org/). This might explain the observed decrease of *Toxocara* 11 seropositivity in the past twelve years. Very litle however, is known about ascariasis 12 in humans due to A. suum. The Netherlands is one of the largest pig producers in 13 Europe and from a study carried out in this country on the prevalence of 14 gastrointestinal parasites in pigs it has been shown that infections with A. suum is 15 very common, particularly in pigs with outdoor facilities [24]. What is still unknown, 16 is the route of transmission of this helminth to the human population. Early studies 17 have shown the presence of A. suum eggs in sewage sludge which has been widely used as fertilizer on agricultural grounds, public parks and potting compost usually 18 19 used for gardening [18]. These authors suggest that this contaminated soil could be de 20 source of Ascaris infections in the Netherlands. Exposure to A. suum could therefore 21 affect not only persons working in pig farms but also those living in other areas. 22 Whether exposure to these helminths in the Netherlands is also due to consumption of 23 meat from infected pigs and intermediate hosts such as chickens and cattle remains to 24 be investigated.

1	What is also interesting from the data presented here is that although we receive
2	comparable number of serum samples from patients from different age groups, the
3	percentage of Toxocara seropositive children in the age group 0 to 10 is slightly
4	higher compared with age groups 11 to 40. This could be explained by the fact that
5	young toddlers usually put things in their mouth including sand from sandpits or soil
6	from playgrounds or backyards that can be contaminated with Toxocara eggs.
7	The Ascaris seropositivity increased with age to more than 50% for the age group of
8	70 and older, indicating a continuous exposure to this helminth. Since all serum
9	samples here analyzed were tested in both Toxocara and Ascaris ELISAs, the
10	difference in seropositivity for these helminths in the age group of 1 to 10 years
11	compared with the other age groups might indicate differences in the route of
12	transmission. Whether Ascaris transmission for this age group is food-borne rather
13	than by direct ingestion of contaminated soil remains to be investigated.
14	The influence of gender was also found to be different between the Ascaris and
15	Toxocara seropositivity. While gender had no effect on the Ascaris seropositivity,
16	males showed a higher Toxocara seropositivity. This has been previously reported for
17	male children from different seroprevalence studies [25,26]. However, here we show
18	that males older than 20 years were the ones that had a higher Toxocara
19	seropositivity. Whether this finding has an association with the occupational history
20	of the male patients is a question that could be addressed in future studies. Deutz et al.
21	carried out a study on the risk of Toxocara infections for several occupational groups
22	and they found that farmers showed the highest Toxocara seroprevalence (44%),
23	followed by veterinarians (27%), slaughterhouse staff (25%) and hunters (17%),
24	whereas only 2% of the individuals of the control group were seropositive. The

authors suggest that the main source of infection in rural areas appears to be roaming
 of farm cats and dogs that have not been dewormed [27].

3 Several studies on the epidemiology, pathology and diagnosis of toxocariasis are 4 available [15,28] however, much less is known about human infections with A. suum. 5 Few studies have reported on Ascaris suum being able to mature to the adult stage in the human host [7,8,29]. Neijsum et al refer to this infection as zoonotic ascariasis and 6 7 have recently reported that A. suum can also mature to the adult stages in chimpanzees 8 [30]. There are however other studies reporting VLM cases that are suspected to be 9 caused by Ascaris suum in which pulmonary and liver lesions have been described 10 [9,10]. As suggested by Arizono et al. the pathogenic or physiogenetic factors that 11 determine the course of human infection with pig-derived Ascaris remain to be 12 elucidated [8]..

13 Recently, we have shown a positive association between Ascaris seropositivity and 14 allergic manifestations in 4-year old children in the Netherlands [14]. In an earlier 15 study carried out with elementary Dutch school children it was suggested that allergic 16 manifestations occur more often in *Toxocara*-seropositive children. Studies in other 17 countries have also reported that Toxocara infections may be associated with an increased risk for allergic manifestations [31]. Using murine models we have shown 18 19 that indeed infection with T. canis results in exacerbation of experimental airway 20 inflammation [32].

Clinical awareness and diagnosis of infection with these helminths is essential, not
only because of the syndromes that they may cause but also to prevent exacerbation of
ongoing allergic manifestations which has increased in the past decades throughout
the world. Furthermore, identification of the source of infection and proposing

1 preventive measures to avoid contamination of the environment with these helminth

2 eggs are of great important for public health.

3 In this study we describe a *Toxocara-* and *Ascaris-*ELISA and an overview of the

4 seropositivity for these roundworms in the past twelve years in the Netherlands.

5 Results indicate a decrease in the *Toxocara* but not in the *Ascaris* seropositivity.

6 Epidemiological studies must be carried out in order to determine risk factors for

7 infection and propose appropriate preventing measures against infection with these

8 roundworms.

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17		
18		
19		

- 3 Table 1
- 4 Number and percentage of *Ascaris* (a) and *Toxocara* (b) positive samples per year,
- 5 with corresponding odds ratios, confidence intervals and p-values calculated by
- 6 logistic regression using 1998 as a reference.

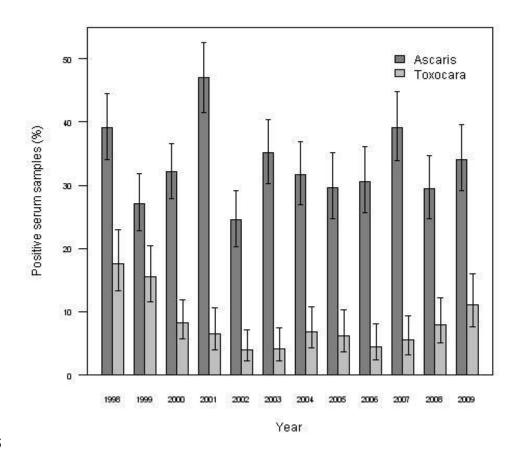
Table 1a	

Ascaris											
	no.	no.	%				р-				
Year	samples	positive	positive	OR	lowerCI	upperCI	value				
1998	235	92	39.1%	reference							
1999	259	70	27.0%	0.58	0.39	0.84	<0.01				
2000	315	101	32.1%	0.73	0.52	1.04	0.09				
2001	217	102	47.0%	1.38	0.95	2.01	0.09				
2002	253	62	24.5%	0.50	0.34	0.74	<0.001				
2003	242	85	35.1%	0.84	0.58	1.22	0.36				
2004	234	74	31.6%	0.72	0.49	1.05	0.09				
2005	209	62	29.7%	0.66	0.44	0.97	0.04				
2006	206	63	30.6%	0.68	0.46	1.02	0.06				
2007	217	85	39.2%	1.00	0.69	1.46	1.00				
2008	225	66	29.3%	0.65	0.44	0.95	0.03				
2009	219	75	34.2%	0.81	0.55	1.19	0.28				

- 11 Table 1b

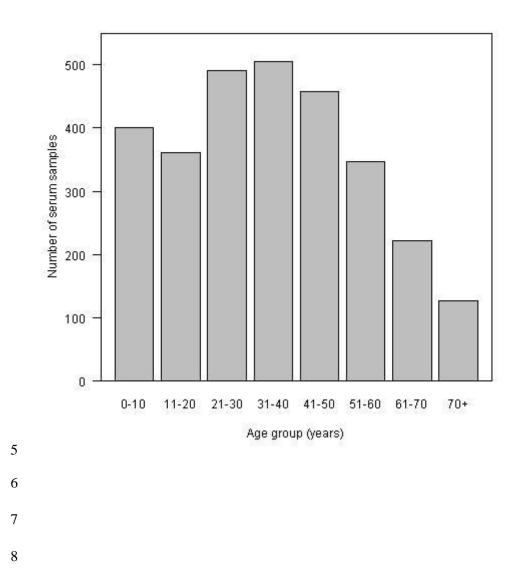
Toxocara											
	no.	no.	%				p-				
Year	samples	positive	positive	OR	lowerCI	upperCI	value				
1998	238	42	17.7%	reference							
1999	259	40	15.4%	0.85	0.53	1.37	0.51				
2000	315	26	8.3%	0.42	0.25	0.70	<0.01				
2001	216	14	6.5%	0.32	0.17	0.60	<0.001				
2002	253	10	4.0%	0.19	0.09	0.38	<0.001				
2003	243	10	4.1%	0.20	0.09	0.39	<0.001				
2004	234	16	6.8%	0.34	0.18	0.62	<0.001				
2005	210	13	6.2%	0.31	0.15	0.58	<0.001				
2006	206	9	4.4%	0.21	0.10	0.43	<0.001				
2007	217	12	5.5%	0.27	0.13	0.52	<0.001				
2008	227	18	7.9%	0.40	0.22	0.71	<0.01				
2009	214	24	11.2%	0.59	0.34	1.00	0.05				

Fig 1. Percentage of *Ascaris* or *Toxocara* IgG positive patients from 1998 to 2009
Bars represent seropositivity with their 95% confidence intervals given by the error
bars.

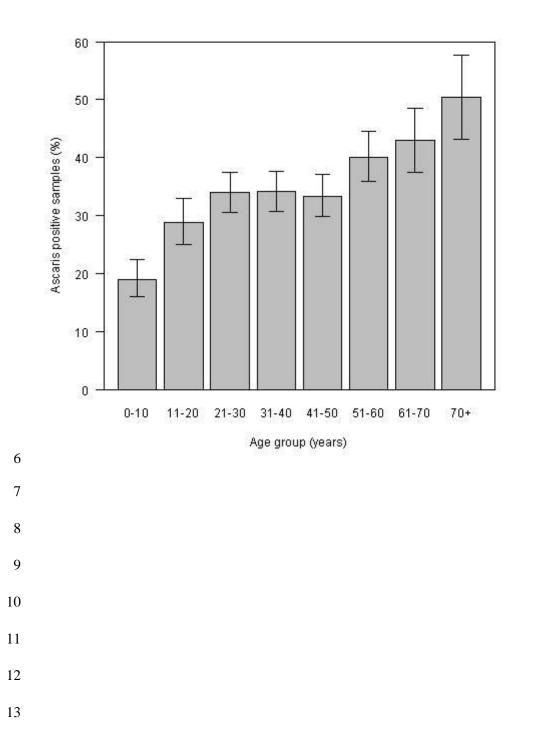




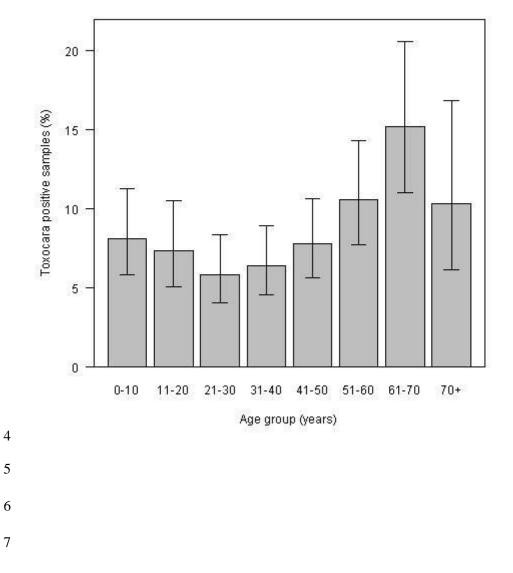
- 2 Fig. 2. Age distribution for number of serum samples received at the RIVM from
- 3 1998 to 2009 with request for *Toxocara* and *Ascaris* serology.
- 4



- 1 Fig 3. Age distribution of percentage Ascaris (a) or Toxocara (b) IgG positive sera
- 2 received at the RIVM from 1998 to 2009. Bars represent seropositivity with their 95%
- 3 confidence intervals given by the error bars.
- 4
- 5 Fig. 3a

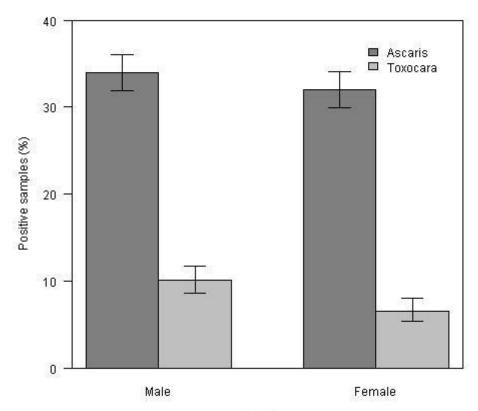


2 Fig. 3b



- Fig 4. Gender distribution of the (a) percentage *Ascaris* or *Toxocara* IgG positive sera
 received at the RIVM from 1998 to 2009 and (b) its association with age. Bars
- 3 represent seropositivity with their 95% confidence intervals given by the error bars.

6 Fig. 4a



Gender

2

Fig. 4b

