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#### **Food Additives and Contaminants**



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# SCHOLARONE<sup>™</sup> Manuscripts



# Effect of protein glycation in the presence or absence of wheat proteins on detection of soybean proteins by commercial ELISA

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### Abstract

Soybean (*Glycine max*) is the world's primary provider of protein and oil and is widely used in foodstuffs. However, the use of soybean in foodstuffs might pose a serious threat to the allergic consumers since some proteins can cause allergic reactions. To date, mostly ELISA methods are used for testing contamination of foodstuffs with soybean. In view of the complexity regarding allergen detection in foodstuffs and appropriate food product labelling, the aim of the present study was to investigate the impact of the Maillard reaction on the detectability of soybean proteins using commercial ELISA kits. Accumulation of protein bound carbonyls, modification of reactive lysine residues and severe aggregation as a result of incubation with glucose, in the presence or absence of soluble wheat proteins, were recorded. Moreover, detection of soybean proteins by means of three commercial ELISA kits was strongly altered and was highly dependent on the type of kit used.

14Keywords: Soybean allergy, Maillard reaction, ELISA, protein bound carbonyls, protein<br/>aggregation,reactivelysine.

#### Introduction

Food allergy is an abnormal immunological response due to sensitization to a food component. With its increasing incidence over the last years, it represents an important health problem, especially in industrialized countries, where it has been estimated to affect about 2% of the adult population and up to 8% of children (Monaci et al. 2006). Together with hen's egg, cow's milk, fish, crustacea, peanut, tree nuts and wheat, soybeans belong to the 'big eight', being responsible for 90% of all allergic reactions (Report of the FAO 1995). It also belongs to the list of 14 allergenic products which have to be declared on the label of a food product when present as an ingredient according to Directive 2007/68/EU (European Parliament and Council Directive 2007/68/EC 2007).

Soybeans (Glycine max) contain about 35% of proteins and at least 21 proteins have been shown to be IgE-reactive. Soybean allergy can occur as a result of primary sensitization, but can also be related to birch pollen allergy through structural similarities between the birch pollen allergen *Bet v 1* and the corresponding protein *Gly m 4* in soybeans (secondary allergy) (Ballmer-Weber and Vieths 2008; Mittag et al. 2004). The symptoms associated with soybean allergy are mostly mild, such as the Oral Allergy Syndrome (OAS), however, severe reactions have also been described (Foucard and Yman 1999; Kleine-Tebbe et al. 2002; Mittag et al. 2004). The incidence of soybean allergy has increased during the last years probably because more products are being produced with soybean (Wilson et al. 2005). Soybean is used as an ingredient in a broad range of food products, both for its texturizing and nutritional benefits. Due to its diverse functional properties, such as water and fat absorption, emulsification, foaming and gelation, soybean proteins are often included during food processing steps. However, extensive use of soybean proteins in foods might pose a serious threat to the allergic consumers due to unintentional contamination which might take place during food 

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processing. This can affect the safety of food products and lead to the presence of hiddenallergens, therefore making avoidance diets increasingly challenging.

Various approaches have been applied to reduce the allergenicity of soybean proteins. Enzymatic hydrolysis through fermentation is often applied to produce hypo-allergenic formulas, but is strongly dependent on the extent of the hydrolysis degree (Frias et al. 2008; Tsuji et al. 1997; Yamanishi et al. 1995). Reduction of soybean allergenicity has also been achieved by allergen conjugation with polysaccharides (Arita et al. 2001; Babiker et al. 1998). Similarly, the impact of protein modifications occurring as a result of the multitude of chemical reactions occurring during food processing has been studied as well (Burks et al. 1991; Codina et al. 1998; Muller et al. 2000). In contrast to these studies focusing on the impact of soy protein modification on the antigenicity, only limited studies are available with respect to the impact of these changes. In addition, the impact of these changes on the detectability using immunochemically methods, which are typically used by the industry and enforcement agencies (Bando et al. 1998; Tsuji et al. 1995) has rarely been studied in a systematic manner for soybean protein.. The above-mentioned methods are based on antibody - antigen interactions Therefore, immunoassays are subjected to complications due to the matrix effects, which may result in erroneous results. Moreover, the interaction of food allergens with other food components, which are expected to occur during thermal processing, may lead to changes in the allergen structure and might hinder their detection by the immunological methods. Therefore, it is important to gain knowledge on the influence of food processing on the tertiary structure of food allergens and the changes occurring at the amino acid level as a result of chemical reactions taking place during processing. Moreover, information on the further impact of these changes on the allergenic potential and the detectability of the allergens is invaluable. Van de Lagemaat et al. previously reported reductions of the antigenicity of soybean proteins after *in vitro* glycation using an in-house

developed ELISA assay (de Lagemaat et al. 2007). In this study the impact of glycation in the presence or absence of other proteins on the detectability of soybean proteins by commercial kits was investigated. A similar study on hazelnut proteins already showed that the detection was drastically affected as a result of protein glycation (manuscript submitted).

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# Materials and methods

#### **Reagents and standards**

Soluble wheat proteins "Meripro 711" were kindly provided by Syral Belgium N.V.
(Aalst, Belgium). Chemicals and standards of analytical grade were obtained from Sigma-Aldrich (Bornem, Belgium), VWR (Leuven, Belgium) and Acros Organics (Geel, Belgium).
Solvents were of analytical grade from Chem-Lab (Zedelgem, Belgium), except for hexane which was of technical grade. Gel and standards for SDS-PAGE were from Bio-Rad
(Nazareth, Belgium) while the Krypton protein stain was provided by Thermo Scientific (Aalst, Belgium). The commercial ELISA kits used were Veratox® Soy Allergen (Neogen, Lansing, USA), BioKits Soya Allergen Assay (Tepnel, Flintshire, UK) and Soy Residue (ELISA Systems, Queensland, Australia).

#### 82 Soybean protein extraction

Soybeans were provided by Alpro (Wevelgem, Belgium) and Cargill (Mechelen,
Belgium). A mixture was made by taking equal amounts of each kind. Soybeans were frozen with liquid nitrogen and ground in a two-step process, first with a blender (Moulinex, France)
and secondly with an Ultra Turrax t25 (IKA, Wilmington, US).

Soybean protein extracts were obtained according to the protocol described by Yeung et
al. with slight modifications (Yeung and Collins 1996). Briefly, 100 g of ground beans were
defatted with four times 1 L technical hexane. After an overnight evaporation of the solvent at
ambient temperature, 10 g defatted powder was mixed with 100 ml of extraction buffer and
mixed at 4°C over night. Protein extraction buffer consisted of a 1 M NaCl, 1.47 mM
KH<sub>2</sub>PO<sub>4</sub>, 2.7 mM KCl and 10 mM Na<sub>2</sub>HPO<sub>4</sub>. Sodium azide 0.2 g L<sup>-1</sup> was added to the
extraction buffer to avoid microbial growth. Further a mixture of protease inhibitors (2 mM

94 ethylenediaminetetraacetic acid (EDTA), 5 mM sodium diethyldithiocarbamate (DIECA), 0.5 mM benzamidine hydrochloride (BAHC) and 0.2 mM phenylmethylsulfonyl fluoride
96 (PMSF)) was added to the extraction buffer in order to increase the stability of the protein isolates during extraction and storage (Bjorksten et al. 1980). The protein mixtures were
98 further centrifuged for 1 h at 4°C and 20000 g to separate the lees. Subsequently, the clear supernatants were dialyzed (Spectra/Por 3 membrane tubing, MWCO 3.5 kDa) using the same
100 extraction buffer containing only 0.137 M NaCl, for 48 h at 4°C and then filtered through a 0.45 μm membrane filter (Puradisc FP 30, Novolab, Belgium). Finally, the protein solutions
102 were lyophilized and stored at -20°C until further use. This extract will further on in this paper be considered as the reference extract.

#### 104 Maillard reaction in the absence of soluble wheat proteins

 Before treatment, soybean protein extracts were dialyzed against the 0.1M phosphate
buffer pH 7.4 to remove the nitrogen containing additives (Spectra/Por 3 membrane tubing,
MWCO 3.5 kDa ). The reaction systems were prepared in the same phosphate buffer pH 7.4
by making a solution containing 1% (w/v) soybean proteins and 6% (w/v) glucose. The
reaction systems in closed falcon tubes were incubated in a water bath at 70°C for up to 48 h.
A reaction system without glucose was used as control. At different time periods, samples
were retrieved from the water bath and placed in an ice bath to stop the reaction. Further, the
modified protein solutions were immediately used for the determination of reactive lysine
residues, protein bound carbonyls and free amino groups. Aliquots for SDS-PAGE were
frozen at -20°C until further use.

#### Maillard reaction in the presence of soluble wheat proteins

116 Two types of model systems were considered. One model system contained 0.25% (w/v) of soybean proteins with 0.75% (w/v) of wheat proteins and 6% (w/v) of glucose in the

same 0.1 M phosphate buffer pH 7.4. Another model system contained 0.5% (w/v) soybean proteins with 0.5% (w/v) wheat proteins and 6% (w/v) glucose. Respective model systems
without glucose were prepared as control. Further these systems were treated similarly as the model systems containing no soluble wheat proteins.

#### 122 Assessment of the Maillard reaction

#### Determination of protein bound carbonyls

Protein bound carbonyls were measured after converting them to the corresponding 2,
4- dinitrophenylhydrazones. Briefly, 300 µl protein solution was incubated with 400 µl 2.4dinitrophenylhydrazine (DNPH) 10 mM in 2 M HCl. Further, the proteins were precipitated with 10% trichloroacetic acid (final concentration) and thoroughly washed with 1 ml
ethanol/ethyl acetate (1:1) after derivatization; hence any unreacted DNPH or DNPH bound to any other components than protein was removed. Finally the pellet was redissolved in 8 M
urea and absorbance was measured at 370 nm using a Bio-Rad Benchmark Plus microplate spectrophotometer (Nazareth, Belgium). The carbonyl content was calculated using a molar
absorption coefficient of 22000 M<sup>-1</sup> cm<sup>-1</sup> (Levine et al. 1994).

## Loss of reactive lysine residues

The loss of reactive lysine residues was monitored using derivatization with *ortho*-phthaldialdehyde (OPA) in the presence of 2–mercaptoethanol which yields a fluorescent
product with a maximum excitation wavelength of 340 nm and emission of 450 nm using a Spectramax Gemini XPS fluorimeter from Molecular Devices (Brussels, Belgium) (Ferrer et al. 2003). A standard of β–casein was used to prepare a calibration curve and samples were pre-treated and analyzed using a fluorimeter as previously described (Morales et al. 1996).

140 SDS-polyacrylamide gel electrophoresis (SDS-PAGE)

Protein cross-linking or fragmentation was analyzed by SDS-PAGE under reducing
conditions. A 4% acrylamide stacking gel and a 10% acrylamide resolving gel were used for
protein separation. An aliquot of 10 µL sample containing 6 µg of protein was added to 10 µl
Laemmli sample buffer containing β-mercaptoethanol and heated at 95°C for 5 min. The
samples were further loaded on the gel along with the molecular weight marker. Precision
plus protein unstained standard was used as a reference to determine the molecular weight of
proteins of interest. Krypton fluorescence staining was used for bands visualization. The gels
were further read using the Molecular Imager PharosFX Plus from Bio Rad (Nazareth, Belgium) where the molecular weights of the proteins were recorded.

150 Protein determination

 Protein determination was performed by determining the nitrogen content according to
the Kjeldahl procedure (AOAC Official Method 981.10 1981). A multiplication factor of 5.71 was used to convert nitrogen content to soybean protein content, and a factor of 6.25 to
convert to soybean protein content for the mixtures of soybean and wheat protein. The non protein nitrogen (NPN) fraction was determined in the supernatant after a previous protein
precipitation with 15% TCA (final concentration).

#### ELISA assays

Samples of the above-described model systems were analyzed using different commercial ELISA kits: Veratox® Soy Allergen, BioKits Soya Allergen and Soy Residue.
These samples include the glucose-free model system containing only soybean proteins (system 1), the model system containing soybean proteins with glucose (system 2), the two
model systems containing different ratio's of soybean proteins and soluble wheat proteins (0,5% soybean proteins + 0,5% soluble wheat proteins (system 3) and 0,25% soybean proteins

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+ 0.75% soluble wheat proteins (system 4), respectively) and the two model systems 3 and 4 containing different ratio's of soybean proteins and soluble wheat proteins, in the addition of 6% glucose ((system 5) resp. (system 6)). Of the different model systems, samples retrieved after 0, 24 and 48 h incubation at 70°C were analyzed. The untreated sample (= 0 hours of thermal treatment) of the glucose-free model system (1) containing only soybean proteins is referred to as the reference sample. For each sample of the different model systems a dilution series was made (0 - 50 - 100 - 500 - 1500 - 1500 ng/ml soybean protein) in the extraction buffer/dilution solution of the respective kit. For the BioKits Soya Allergen Assay additional dilutions had to be analyzed. The actual concentrations are the concentrations of soybean proteins based on the absolute protein determination using the Kjeldahl procedure and do not include the wheat proteins that were added in some of the model systems. The dilution series were analyzed *in duplo* in a similar manner as sample extracts according to the respective manufacturers' manuals. Absorbance measurements were made in a microtiter plate reader (Multiskan MCC/340, Titertek, Huntsville, Alabama). Each kit was calibrated using the respective standard protein solutions included in each kit. The absorbance values were fitted to the protein concentration of the standard solutions, according to a four-parameter-logistic dose-response curve corresponding to following equation (2.1). This equation presents a standard way for the expression of immunoassay data, where a is the maximum dose (protein concentration), b is the minimum concentration, c is the  $E_{50}$ -value (concentration at halfmaximal saturation), d is the slope of the curve and *conc* is the concentration of the standard or sample.

Absorbance = 
$$\left[\frac{(b-a)}{\left(1+\frac{conc}{c}\right)^{\wedge}d}\right] + a$$
 (2.1)

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Only the data obtained within the range of the respective standard curve were considered in the results. In case of the Veratox® Soy Allergen kit, the kit's procedure , μ fun Lesidue and L Les ure to fit the data. Let risk (\*) or a 'ker. prescribes to fit the data to log-logit function, which is a linearization of the four-parameter logistic function. For the Soy Residue and the BioKits Soya Allergen Assay no suggestion is made as to which function to use to fit the data. Data above or below the calibration range are indicated by an asterisk (\*) or a 'zero' charts.

**Results** 

#### **Progress of the Maillard reaction**

An increase in protein bound carbonyl amounts as result of the incubation in the presence of glucose has been recorded. A 5 fold increase in protein bound carbonyls was recorded after 24 h incubation of 1% soybean with glucose while after 48 h incubation a 10 fold increase was observed (Figure 1). For the model system containing no glucose a 2 time increase was observed. Similarly, an increase in protein bound carbonyls was observed when soluble wheat proteins were added to the model systems. After 48 h incubation with glucose a 7 fold increase in protein bound carbonyls was observed in the case of the model system containing 0.5% soybean proteins. For the model system containing 0.25% soybean proteins a 4 fold increase was observed.

Further, changes in the reactive lysine residues have been recorded. About 80%
decrease of reactive lysine residues has been recorded upon incubation of 1% soybean proteins with glucose (Figure 2). Interestingly, a 23% decrease in reactive lysine residues
after 6 h incubation in the absence of glucose was also recorded. A further decrease in reactive lysine residues was however not recorded, while in the presence of glucose, a steady
decrease was obtained throughout the whole incubation experiment. Further, about 90% of the reactive lysine residues were modified in the model system containing 0.5% soybean proteins
after 48 h of incubation with glucose while for the model system containing 0.25% soybean proteins almost all the reactive lysine residues were modified.

Figure 3 shows the SDS-PAGE pattern of the native and glycated soybean proteins.
Changes in the SDS-PAGE pattern of the soybean proteins incubated in the absence of
glucose were observed (lane 1-3). The intensity of the bands representing the α-, α- and βchain of the Gly m 5 allergen with the molecular weight of 70, 74 and 50kDa respectively,
decreased markedly with the incubation time (I.U.I.S.Allergen Nomenclature 2009;

UniProtKB/Swiss-Prot 2010). However, the acid and basic subunits of the Gly m 6 allergen (32 and 19 kDa, respectively) remained stable upon the whole incubation time. More severe changes were observed however, in the SDS-PAGE pattern of the soybean proteins incubated with glucose either in the presence or absence of soluble wheat proteins. Most of the allergenic proteins have been affected as manifested by the loss of intensity of their respective bands. Similarly as with the incubation in the absence of glucose, the  $\alpha$ -,  $\alpha$ '- and  $\beta$ -chain of the Gly m 5 allergen were affected the most with the acid and basic subunits of the Gly m 6 allergen being the most resistant. The respective bands of the Gly m 6 allergen were still visible after 24 h incubation in the presence of glucose although with slightly fainted intensity. All the other proteins were highly modified as evidenced by the smearing towards the top of the gel which progressed with the incubation time. After 48 h of incubation with glucose only the bands corresponding to the acid and basic subunits of the *Gly m* 6 allergen were still slightly visible. Aggregates with masses of over 300 kDa were also formed which hindered their migration into the resolving gel. 

## Detection with commercial ELISA kits

The soybean protein concentration of the standards provided by each individual kit is expressed in parts per million (ppm) which equals ng analyte mg<sup>-1</sup> of food product. When testing the commercial kits, the objective was to compare the actual soybean protein concentration of the analyzed samples with the measured concentration, derived from the calibration curve obtained with the kit's standards. To this end, the concentration of the kits standards was converted to the same dimension of that from the model system samples. This was done according to formula 3.1, considering the weight of the sample (mg) extracted by a particular volume of extraction buffer (mL).

$$\frac{ng \ analyte}{mg \ food} (ppm) \times \frac{weight \ of \ extracted \ sample \ (mg)}{volume \ of \ extraction \ buffer \ used \ (ml)} = \frac{ng \ analyte}{ml \ solution}$$
(3.1)

For the evaluation of the kits performance, dilution series of the soy protein solutions obtained from the six different model systems were applied in the appropriate concentration range of each kit. The obtained absorbance values were converted to a measured soy protein concentration, which was compared with the actual protein concentration presents in each diluted solution (Figure 4).

248 Biokits Soya Allergen

With the standard solutions included in the BioKits Soya Allergen assay, a calibration curve was constructed according to the four-parameter logistic model, ranging from zero to 200 ng mL<sup>-1</sup> soybean protein. The soybean protein concentration in the reference samples was overestimated on average by 290% in a concentration dependent manner (Figure 4A). Therefore, at the highest concentrations absorbance values exceeding those obtained in the calibration curve were observed. Upon heating at 70°C without glucose for 24 h the signal decreased with 14% (not shown) and an additional 8% when the treatment was extended up to 48 h. When soluble wheat proteins were added to the model system the average overestimation of the concentration of the samples was diminished to 250%, irrespective the soy/wheat protein ratio. However, at the lowest soybean/wheat protein ratio, a sharper decline in the measured soybean protein concentration was observed upon heating; after 48 h the signal dropped on average 38% (0.75% soluble wheat proteins) compared to an average of 27% (0.5% soluble wheat proteins, not shown). Addition of glucose resulted in a further decrease of the measured concentration compared to the samples treated without glucose; the signal was declined with 60% after 48 h heat-treatment.

A calibration curve was established with the standard solutions provided in the Veratox® Soy Allergen kit. The standard consists of Soy Protein Isolate and covers a range from zero to 4000 ng mL<sup>-1</sup> after conversion of the concentration expressed in ng  $g^{-1}$ , according to formula 3.1. As can be observed from Figure 4B, the actual soybean protein concentration present in the reference solution and its dilutions was highly overestimated on average by 300%. Therefore, the obtained absorbance values for the reference samples with 1500 and 1000 ng mL<sup>-1</sup> soybean protein were beyond the range of the calibration curve and were not included in Figure 4B. Upon the presence of soluble wheat proteins in the model system the overestimation was even increased up to on average 400% (0.5% soybean protein + 0.5% soluble wheat proteins, not shown) or on average 600% (0.25% soybean proteins + 0.75% soluble wheat proteins). However, already after heating the reference sample for 24 h in the absence of glucose the signal disappeared completely. In the presence of soluble wheat proteins only 1% (0.5% soluble wheat proteins) or 8% (0.75% soluble wheat proteins) of the soybean proteins was detected after 24 h heating (not shown) and extension to 48 h lead to a complete loss of signal. Heating the proteins in the presence of glucose confirmed the lack of robustness of the kits. 

#### Soy Residue

In the Soy Residue assay the soybean trypsin inhibitor is used as the analytical target. The kit includes standard solutions containing 5, 2.5, 1 and 0 ppm soybean protein
corresponding to 500, 250, 100 and 0 ng mL<sup>-1</sup> soybean protein after conversion which were used to construct a four-parameter logistic calibration curve. The 5 and 2.5 ppm standards
returned equal absorbance values, amounting 2.8-3, consequently quantification can only be performed up to a level of 2.5 ppm. In addition, the 1 ppm standard, being the lowest standard
containing the analyte, returned a quite high absorbance value of 2.5. Therefore, it was

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decided to dilute the available standards provided with the kit in order to obtain a more suitable calibration curve. The protein concentration of the native reference sample was underestimated for the samples containing 50 and 100 ng mL<sup>-1</sup> soybean protein in a concentration depend manner with on average 12% (Figure 4C). Exceeding the calibration range, the reference samples containing 500, 1000 and 1500 ng mL<sup>-1</sup> soybean protein could not be considered and the latter two were not included in Figure 4C. Upon heating without glucose for 24 h at 70°C, only about 2% of the proteins could be detected (not shown) with an additional decrease to only 1% when extended to 48 h. When soluble wheat proteins were added to the system, the measured concentration was lower compared to the reference sample (15 - 20%); in contrast to the observations described for the Veratox® Soy Allergen, a lower signal was measured when more wheat proteins were added. Also here an almost complete loss of signal was observed after heating in the presence of soluble wheat proteins, with only 1% of the soybean proteins being detected after 24 h (not shown) and 0.2% after 48 h. Similarly, no additional effect of adding glucose during the heat-treatment could be seen.

#### Discussion

In this study, different commercial ELISA kits for the detection of soy proteins and the influence of protein glycation hereon was investigated. Application of the reference soybean protein solution in the various kits resulted in an extreme overestimation of the actual protein concentration in the Veratox Soy Allergen and BioKits Soya assays, while for the Soy Residue assay an underestimation was recorded. In addition, the amount of soybean proteins that was measured was dependent on the concentration in the sample that was applied. Similar observations have been made in a validation study of five commercial ELISA kits for peanut detection (Poms et al. 2005). A possible explanation for the differences between the actual and the measured soybean protein concentration that were obtained with the different kits could be found in the nature of the standard solutions of the respective kits. In the Soy Residue kit a single protein, namely the Soy Trypsin Inhibitor, is used as the target analyte. Possibly the factor used to convert the soy trypsin inhibitor concentration to total soy protein concentration is not the same as the actual proportion soy trypsin inhibitor present in the soybean protein extract used in this study. Strategically, the choice for a single marker protein for the detection of soybean proteins in processed food products is especially risky in terms of susceptibility to protein modification and its impact on the detection, as was moreover demonstrated in this study. The high overestimation of the actual soy protein with the BioKits Soya Allergen assay demonstrate that the antibodies that are used to develop the assay recognize better the proteins that are present in the soybean protein extract used in this study than the ones present in the standard solutions of the kit. This could be due to the use of different soybean varieties to produce the protein extract. Immunochemical activity of peanut proteins has also been shown to depend on the peanut variety that is used (De Meulenaer et al. 2005). These observations indicate that the test results heavily depend on the assay that is

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used and urge the need for reference materials for the development and validation of 328 standardized methods.

Upon heating the reference soybean protein solution in absence of glucose, a decreased detection was observed in the BioKits Soya Allergen, however, still overestimating the actual soybean protein concentration. In contrast, both the Veratox Soy Allergen and the Soy Residue assay lacked total robustness. The complete loss of detectability can probably be due to the denaturation of soybean proteins especially because only minor changes in terms of formation of protein carbonyls and losses of lysine residues were observed as compared to the changes observed in the model systems containing glucose (Figure 1&2). However, the observed loss of intensity of the Gly m 5 allergen upon heating without glucose, indicating denaturation, might explain the lowered detection by the BioKits Soya Allergen Assay (Kitabatake et al. 1989). The *Gly m* 6 allergen, with a denaturation temperature of about 90°C could then account for the remaining detection. The Soy Trypsin Inhibitor shows a thermal transition at 60-65°C which could explain the decreased detection with the Soy Residue assay after heating at 70°C (Roychaudhuri et al. 2004). Although the denaturation of this protein has been shown to be reversible, fast cooling of the model systems, by putting the samples on ice after heat-treatment, could have prevented a proper refolding.

When soybean proteins are present in a food product, protein cross-linking can occur with other (bulk) proteins, which could have an additional impact on the detection. Therefore the impact of heating soybean proteins in the presence of soluble wheat proteins was investigated as well. In a previous study on hazelnut proteins it was seen that soluble wheat soluble wheat proteins can have an additional impact (manuscript submitted). However, no additional impact on the detection of soybean proteins was seen when soluble wheat proteins were added to the model systems.

During heating of the reference soybean proteins with glucose either with our without soluble wheat proteins, changes on molecular level took place as evidenced by a number of parameters investigated (**Figure 1-3**). As a consequence, these changes on protein level led to further decreases in detectability especially for the BioKits Soya Allergen Assay. Nevertheless, in the same kit, additional protein cross-linking with other soluble wheat proteins via the produced protein bound carbonyls during glycation, did not further affect the detectability of the soybean proteins. As a complete lack of robustness of the Veratox Soy Allergen and the Soy Residue was observed upon heating soybean proteins alone, no additional impact of their heating with glucose either in the presence or absence of soluble wheat proteins could be seen.

The results presented show that the detection of soybean proteins by means of commercial ELISA kits is strongly influenced by processing. This implies that certain assays could falsely declare a processed food product as "free of soybean proteins", while soybean proteins might still be present. Consequently, this holds a risk for the allergic consumer. In the same time some other kits, such as BioKits Soya Allergen and Veratox Soy Allergen, show strong overestimation especially for the native soybean proteins which presents risks for the food industry where the product withdrawal from the market is based on the results obtained with similar commercial kits. In conclusion, there is still a lack of sensitive analytical methods for the detection of traces of allergens in processed foods and thus controls cannot be carried out in a reliable way. Moreover, in this study, by inducing Maillard reaction in soybean proteins in a buffered system, abstraction of possible consequences of protein insolubility and eventual extractability was made. This implies that, within a real food product, it might be expected that estimations of the contamination levels would be even more severely affected. It should therefore be emphasized that the tested ELISA assays can be useful to give an indication of the presence of contaminants, rather than an exact quantitative value of the

contamination level. But even if such assays are used in a mere qualitative context, outmost care should be given with respect to the interpretation of the results.

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#### **Figure captions**

Figure 1 Formation of protein bound carbonyls in soybean protein in the presence or absence
of soluble wheat proteins due to incubation with glucose. The data points represent mean values ±SD of three independent determinations. □ 1% soybean proteins with 6% glucose; ○
0.5% soybean with 0.5% soluble wheat proteins and 6% glucose; △ 0.25% soybean and 0.75% soluble wheat proteins and 6% glucose; ◇ 1% soybean proteins

494 Figure 2 Loss of available lysine due to incubation of soybean proteins in the presence or in the absence of soluble wheat proteins with glucose, data points represent mean values ±SD of
496 four independent determinations. □ 1% soybean proteins with 6% glucose; ○ 0.5% soybean with 0.5% soluble wheat proteins and 6% glucose; △ 0.25% soybean and 0.75% soluble wheat
498 proteins and 6% glucose; ◊ 1% soybean proteins

Figure 3 SDS-PAGE pattern of the soybean proteins incubated in the presence or absence of
wheat proteins with glucose Lanes 1-3: 1% soybean proteins non-treated, 24 h and 48h incubated resp.; lanes 4-6: 1% soybean proteins and 6% glucose non-treated, 24 h and 48 h
incubated resp.; lanes 7-9: 0.5% soybean proteins with 0.5% wheat proteins and 6% glucose non-treated, 24 h and 48 h incubated resp.; lanes 10-12: 0.25% soybean proteins with 0.75%
wheat proteins and 6% glucose non-treated, 24 h and 48 h incubated resp.; MWM - molecular weight marker

506 Figure 4 Ratio of measured over actual soybean protein concentration in different ELISA kits of a dilution series of a reference soybean protein solution and after heating in the presence or
508 absence of glucose and soluble wheat proteins. (\* = absorbance value of sample above the calibration range, 0 = absorbance value of sample below the calibration range)

510 ■ -reference sample, ■ -reference heated for 48 h, ■ -reference heated for 48 h in the presence of glucose, ■ -0.25% soybean proteins and 0.75% soluble wheat proteins, ■ -0.25% soybean

512	proteins and 0.75% soluble wheat proteins heated for 48 h, $\square$ -0.2 % soybean proteins and
	0.75% soluble wheat proteins heated for 48 h in the presence of glucose
512	proteins and 0.75% soluble wheat proteins heated for 48 h, $\Box$ -0.2 % soybean proteins and 0.75% soluble wheat proteins heated for 48 h in the presence of glucose
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Figure 1 Formation of protein bound carbonyls in soybean protein in the presence or absence of soluble wheat proteins due to incubation with glucose. The data points represent mean values  $\pm$ SD of three independent determinations.  $\Box$  1% soybean proteins with 6% glucose;  $\circ$  0.5% soybean with 0.5% soluble wheat proteins and 6% glucose;  $\Delta$  0.25% soybean and 0.75% soluble wheat proteins and 6% glucose;  $\diamond$  1% soybean proteins

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Figure 2 Loss of available lysine due to incubation of soybean proteins in the presence or in the absence of soluble wheat proteins with glucose, data points represent mean values ±SD of four independent determinations.  $\Box$  1% soybean proteins with 6% glucose;  $\circ$  0.5% soybean with 0.5% soluble wheat proteins and 6% glucose;  $\Delta$  0.25% soybean and 0.75% soluble wheat proteins and 6% glucose;  $\diamond$  1% soybean proteins



Figure 3 SDS-PAGE pattern of the soybean proteins incubated in the presence or absence of wheat proteins with glucose Lanes 1-3: 1% soybean proteins non-treated, 24 h and 48h incubated resp.; lanes 4-6: 1 % soybean proteins and 6 % glucose non-treated, 24 h and 48 h incubated resp.; lanes 7-9: 0.5 % soybean proteins with 0.5 % wheat proteins and 6 % glucose non-treated, 24 h and 48 h incubated resp.; lanes 4 h incubated resp.; lanes 10-12: 0.25 % soybean proteins with 0.75 % wheat proteins and 6 % glucose non-treated, 24 h and 48 h incubated resp.; lanes 6 % glucose non-treated, 24 h and 48 h incubated resp.; MWM - molecular weight marker 99x57mm (199 x 199 DPI)

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Figure 4 Ratio of measured over actual soybean protein concentration in different ELISA kits of a dilution series of a reference soybean protein solution and after heating in the presence or absence of glucose and soluble wheat proteins. (\* = absorbance value of sample above the calibration range, 0 = absorbance value of sample below the calibration range)

-reference sample, -reference heated for 48 h, -reference heated for 48 h in the presence of glucose, -0.25% soybean proteins and 0.75% soluble wheat proteins, -0.25% soybean proteins and 0.75% soluble wheat proteins and 0.75% soluble wheat proteins heated for 48 h, -0.2 % soybean proteins and 0.75% soluble wheat proteins heated for 48 h in the presence of glucose



Figure 4 Ratio of measured over actual soybean protein concentration in different ELISA kits of a dilution series of a reference soybean protein solution and after heating in the presence or absence of glucose and soluble wheat proteins. (\* = absorbance value of sample above the calibration range, 0 = absorbance value of sample below the calibration range)

-reference sample, -reference heated for 48 h, -reference heated for 48 h in the presence of glucose, -0.25% soybean proteins and 0.75% soluble wheat proteins, -0.25% soybean proteins heated for 48 h, -0.2 % soybean proteins and 0.75% soluble wheat proteins heated for 48 h in the presence of glucose

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