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## **Low molecular weight fucoidan prevents intimal hyperplasia in rat injured thoracic aorta through the modulation of matrix metalloproteinase-2 expression.**

Hanna Hlawaty, Nadine Suffee, Angela Sutton, Olivier Oudar, Oualid Haddad, Veronique Olivier, Christelle Laguillier-Morizot, Liliane Gattegno, Didier Letourneur, Nathalie Charnaux

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4 **Low molecular weight fucoidan prevents intimal hyperplasia in rat injured**  
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7 **thoracic aorta through the modulation of matrix metalloproteinase-2**  
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9 **expression.**  
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12 Hanna Hlawaty <sup>a,\*</sup>, Nadine Suffee <sup>a,\*</sup>, Angela Sutton <sup>a,b</sup>, Olivier Oudar <sup>a</sup>, Oualid Haddad <sup>a</sup>,  
13  
14 Veronique Olivier <sup>a</sup>, Christelle Laguillier-Morizot <sup>a,b</sup>, Liliane Gattegno <sup>a,b</sup>, Didier Letourneur <sup>a</sup>,  
15  
16  
17 Nathalie Charnaux <sup>a,b,\*\*</sup>  
18  
19  
20  
21

22 <sup>a</sup> INSERM U698, Bio-ingénierie cardiovasculaire, Université Paris 13, France  
23

24 <sup>b</sup> Laboratoire de Biochimie, Hôpital Jean Verdier AP-HP Bondy, France  
25

26  
27 \* Contributed equally to the work  
28

29  
30 \*\* Corresponding author:  
31

32 INSERM U698  
33

34 Bio-ingénierie cardiovasculaire,  
35

36  
37 UFR SMBH, Université Paris 13,  
38

39 74 rue Marcel Cachin,  
40

41 F-93017, Bobigny  
42

43  
44 Tel: 33-1-48-02-65-13; Fax: 33-1-48-02-65-03;  
45

46  
47 E-mail: nathalie.charnaux@jvr.aphp.fr  
48

49 Short title: **Fucoidan Inhibits Intimal Hyperplasia in Rat**  
50

51 *Keywords:* Fucoidan; intimal hyperplasia; smooth muscle cell; endothelial cell; MMP-2  
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54 *Abbreviations:* LMWF, low molecular weight fucoidan; MMP, matrix metalloproteinase; SDF-1,  
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56 stromal cell-derived factor-1; VEGF, vascular endothelial growth factor; VSMC, vascular smooth  
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58 muscle cell  
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## Abstract

The therapeutic potential of low molecular-weight fucoidan (LMWF), a sulfated polysaccharide extracted from brown seaweed was investigated on vascular smooth muscle cell (VSMC) and human vascular endothelial cell (HUV-EC-C) proliferation and migration in vitro and in a rat model of intimal hyperplasia. Sprague-Dawley rats were subjected to balloon injury in the thoracic aorta followed by two weeks' treatment with either LMWF (5 mg/kg/day) or vehicle. Morphological analysis and proliferating cell nuclear antigen immunostaining at day 14 indicated that LMWF prevented intimal hyperplasia in rat thoracic aorta as compared with vehicle (neo-intima area,  $3 \pm 0.50$  versus  $5 \pm 0.30$  mm<sup>2</sup>,  $P < 0.01$ ). In situ zymography showed that LMWF significantly decreased the activity of matrix metalloproteinase (MMP)-2 in the neo-intima compared to vehicle. The in vitro study demonstrated that 10 µg/ml LMWF increased HUV-EC-C migration by  $45 \pm 5\%$  but reduced VSMC migration by  $40 \pm 3\%$ . LMWF also increased MMP-2 mRNA expression in HUV-EC-Cs and reduced it in VSMCs. MMP-2 level in the conditioned medium from cells incubated with 10 µg/ml LMWF was 5.4-fold higher in HUV-EC-C, but 6-fold lower in VSMCs than in untreated control cells. Furthermore, decreasing MMP-2 expression in HUV-EC-Cs or VSMCs by RNA interference resulted in reduced LMWF-induced effects on cell migration.

In conclusion, LMWF increased HUV-EC-C migration and decreased VSMC migration in vitro. In vivo, this natural compound reduced the intimal hyperplasia in the rat aortic wall after balloon injury. Therefore, LMWF could be of interest for the prevention of intimal hyperplasia.

Word count:248

## 1. Introduction

Cardiovascular disease, due essentially to atherosclerosis, causes a major part of deaths in western countries. The arterial wall consists of three layers: the (inner) intima, the media and the (outer) adventitia. Intimal hyperplasia is the principal mechanism of restenosis after balloon angioplasty, with intimal damage and media overstretch leading to vascular smooth muscle cell (VSMC) proliferation, platelet deposition and leukocyte recruitment [1]. It is currently believed that medial VSMC proliferation and migration, as well as transmigration and retention of blood borne inflammatory cells play roles in the formation of obstructive atherosclerotic lesions. As some attempts to modify the response to arterial injury failed [2,3], an understanding of the patho-physiological process of neo-intima formation, extracellular matrix (ECM) remodeling, and the identification of appropriate cellular or molecular targets for therapeutic treatment are still of interest.

The first response to vascular injury in the rat is a dramatic increase of VSMC proliferation in the media, which occurs 1 to 3 days after injury [4,5]. The second phase of lesion development, beginning at day 3, involves the migration of VSMCs into the intima [6], resulting in neo-intima formation, where VSMCs are normally not found in the rat. During the third phase of lesion development, VSMCs proliferate within the neo-intima [6]. Proliferation and migration of VSMCs lead to intimal hyperplasia, fibrous cap formation and atherosclerosis development [7].

Matrix metalloproteinases (MMPs) play an important role in the pathogenesis of restenosis after arterial angioplasty. They orchestrate ECM degradation, facilitate migration and proliferation of VSMCs leading to neo-intimal development [8]. MMP-2 (gelatinase A, type IV collagenase) is one of the MMP members that has been extensively studied and has been found to

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4 play an important role in increasing restenosis after either inflammatory or mechanical injury to  
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6 the vascular wall [9,10]. MMP-2 is expressed abundantly in atherosclerotic and restenotic lesions,  
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8 and the inhibition of its activity by synthetic compounds greatly reduces neo-intima formation  
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10 [11].  
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14 Vascular endothelial cells play an important role in the control of vascular function and  
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16 present a large surface area for the exchange of materials between blood and tissues. They  
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18 participate in vascular homeostasis, interacting with circulating cells, on the one hand, and cells  
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20 present in the vascular wall, VSMCs, on the other hand. In pathological processes, the balance  
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22 between vascular endothelial cells and VSMCs is disturbed by endothelial activation and  
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24 dysfunction leading to local inflammation, thrombosis and vasoconstriction [12].  
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29 Fucoidan is a sulfated polysaccharide extracted from brown seaweed that reduces rat  
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31 smooth muscle cell proliferation in vitro in a more intensive manner than heparin [13]. We have  
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33 previously shown the therapeutic potential of low molecular weight fucoidan (LMWF) in  
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35 reduction of in-stent restenosis in a rabbit model, vascular tissue repair [14] and in critical  
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37 hindlimb ischemia in a rat model [15]. Interestingly, LMWF has been shown to release the  
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39 glycosaminoglycan-bound stromal cell-derived factor-1 (SDF-1)/CXCL12, which mobilizes  
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41 progenitor cells [16-18] and may participate in angiogenesis with vascular endothelial growth  
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43 factor (VEGF) and fibroblast growth factor (FGF) [19].  
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51 The aim of this work was to evaluate the ability of LMWF to inhibit VSMC mobility and  
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53 stimulate HUV-EC-C migration in vitro and to assess its in vivo therapeutic effect using a rat  
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55 model of intimal hyperplasia after balloon injury.  
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## 2. Materials and methods

### 2.1. Polysaccharide

LMWF was isolated and hydrolyzed by a radical depolymerization process [20] from high molecular weight (HMW) extracts of brown marine algae. The characteristics of LMWF according to previously reported analytical methods [21] are as follows: weight average molecular mass  $8 \pm 1$  kDa; fucose content 35% (wt/wt); uronic acid content 3% (wt/wt); and sulfate content 34% (wt/wt). The anticoagulant activity in vitro of the LMWF has been established by an activated partial thromboplastin time (APTT), and the amount of LMWF required to obtain an APTT of 80 sec (control 40 sec) was 25 g/ml [22].

### 2.2. Rat model of intimal hyperplasia in thoracic aorta

The animal protocol was approved by the Bichat University Institutional Animal Care and Use Committee. Adult male Sprague-Dawley rats ( $n = 12$ , 280-300 g, purchased from Janvier, CERJ, Laval, France) were anesthetized with intraperitoneal pentobarbital injection (50 mg/kg, CEVA Santé Animale, Libourne, France) [15]. A 2F Fogerty balloon catheter (Baxter Healthcare Corporation, Irvine, CA, USA) was inserted through an incision made in the external carotid artery and advanced along the length of the common carotid artery to the thoracic aorta [23]. The balloon was then inflated and passed three times along the length of the aorta. The balloon catheter was removed, the external carotid artery was permanently ligated and the skin wound was repaired. Then, the animals were divided into two groups: the first one received the LMWF solution (5 mg/kg/day,  $n = 6$ ) and the second one received the saline solution (control animals,  $n = 6$ ) via intramuscularly injection (IM) in the right leg for 14 days. The LMWF injections were

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4 performed once a day in the morning and the LMWF concentration in plasma was stable at 10  
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6  $\mu\text{g/ml}$  up to 6 hours as described [14]. The rats were sacrificed by an overdose of pentobarbital  
7  
8 sodium. The uninjured arteries from control rats were divided into segments used for  
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10 morphological analysis. Blood samples (5 ml) were withdrawn by heart puncture at the time of  
11  
12 sacrifice. Finally, organs (lung, kidney, heart, liver and spleen) were weighted.  
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### 19 *2.3. Blood analysis and white blood cell count*

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21 Two weeks after balloon injury, the blood samples were harvested and were either centrifuged for  
22  
23 ELISA assays, or assayed for determination of blood cell counts (white blood cells, monocytes,  
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25 eosinophils, basophils, red blood cells, platelets, haemoglobin, hematocrit) or biochemical  
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27 analysis (creatinine, urea, glucose, aspartate and alanine aminotransferase, triglycerides, total and  
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29 HDL cholesterol) by an automated Coulter XE 2100 (Beckman Coulter France, Roissy, France)  
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31 or COBAS 6000 (Roche, Meylan, France).  
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### 38 *2.4. Tissue harvest and histology processing*

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40 Two weeks after balloon injury, rats were killed by pentobarbital overdose. The thoracic aortas  
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42 were harvested, flushed with saline solution, cleaned of adipose tissue and cut into 4-cm-long  
43  
44 tubes. The aortic tubes were divided into two groups. The first one (thoracic,  $n = 6$ ) was fixed in  
45  
46 4% para-formaldehyde (Sigma-Aldrich, Lyon, France), embedded in paraffin, and cut in 9- $\mu\text{m}$ -  
47  
48 thick cross sections for histology study. The second one (thoracic,  $n = 6$ ) was frozen in liquid  
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50 nitrogen-cooled isopentane, cut in 9- $\mu\text{m}$ -thick cross sections with a Leica CM1900 cryostat  
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52 (Leica Microsystems, Rueil-Malmaison, France) for immunohistochemistry study. Cell density in  
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54 the neo-intima was observed under a microscope and analyzed for 10 different sections per  
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65 group.



### 2.5. Morphological studies

After fixation in 4% paraformaldehyde, rat aortas were stained with hematoxylin and eosin solution (Sigma-Aldrich). The intimal and medial areas were quantified using a light microscope (Leica DMRXA microscope, Leica Microsystems) coupled to HistoLab image analysis software (HistoLab Software, Microvision Instruments, Evry, France). Digital planimetry with the use of a video camera mounted on a microscope analyzed the borders of the external elastic lamina, internal elastic lamina, and vessel lumen. Specific software (HistoLab Software) allowed quantification of the neo-intimal, medial, and adventitial areas. Neo-intimal growth was estimated by using the neo-intimal area, medial area and the ratio of intimal to medial areas. At least 3 sections of each stained samples were used for quantification, representing different levels of the arterial segment.

### 2.6. Immunofluorescence of carotid artery

Adjacent 9- $\mu$ m-thick fresh arterial cross sections were immunostained with mouse anti-human endothelium CD31 (rat cross-reactive, clone RECA-1, dilution 1/20; Abcam, Paris, France) and mouse anti-human smooth-muscle  $\alpha$ -actin ( $\alpha$ -SMA) (rat cross-reactive, clone 1A4, dilution 1/100; DAKO Corporation, Carpinteria, CA, USA) as previously described [1]. Afterwards, slides were co-incubated with the appropriate secondary antibodies (5  $\mu$ g/ml; Invitrogen, Cergy Pontoise, France). Negative control sections were incubated only with the secondary antibodies. Representative immunofluorescence photomicrographs were taken using a Leica DMRXA microscope (Leica Microsystems).

For proliferating cell nuclear antigen (PCNA) immunostaining, cryostat sections were incubated with a mouse monoclonal anti-human PCNA antibody (rat cross-reactive, clone PC10, dilution

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4 1/200; DAKO Corporation), revealed by incubation with rhodamine-stained goat anti-mouse IgG  
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6 (dilution 1/100; Invitrogen).  
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### 10 11 2.7. *Gel in situ zymography* 12

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14 The frozen tissue disposed above was sliced into 10  $\mu\text{m}$  with a cryostat. Then a polyethylene  
15 terephthalate-base film coated with 7  $\mu\text{M}$  crosslinked gelatin (Wako Pure Chemical industries,  
16 Osaka, Japan) was placed on and was incubated for 24 h at 37 °C in a humidified chamber. After  
17 incubation, the film was stained with 1% amido black 10B (Wako Pure Chemical industries) in  
18 70% (v/v) methanol (VWR, Strasbourg, France) and 10% (v/v) acetic acid (VWR) for 15 min.  
19 The film was destained with distilled water, 70% (v/v) methanol and 10% (v/v) acetic acid  
20 solution. Lysis of the substrate was assessed by examination under a fluorescent microscope  
21 (Zeiss Axiophot microscope, Carl Zeiss France, Le Pecq, France). The specificity of the  
22 proteolysis was examined on adjacent serial sections incubated on a film containing the protease  
23 inhibitor 1,10-phenanthroline, indicating that the activity was caused by MMPs.  
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### 41 2.8. *Cell culture* 42

43 Human Vascular Endothelial Cells (HUV-EC-Cs, N° CRL-1730, ATCC, LGC Molsheim,  
44 France) were cultured in Endothelial Cell Basal Medium 2 (ECBM2, PromoCell, Heidelberg,  
45 Germany) supplemented with 10% fetal bovine serum, EGF (Epidermal Growth Factor, 5.0  
46 ng/ml), hydrocortisone (0.2  $\mu\text{g/ml}$ ), VEGF (0.5 ng/ml), bFF (basic Fibroblast Factor, 10 ng/ml),  
47 R3 IGF-1 (Insulin like Growth Factor, 20 ng/ml), Ascorbic Acid (1  $\mu\text{g/ml}$ ), heparin (22.5  $\mu\text{g/ml}$ ),  
48 antibiotics (penicillin-streptomycin, 1%, Invitrogen) and L-Glutamine (1%, Invitrogen) at 37 °C  
49 in 5% CO<sub>2</sub>.  
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4 Human Vascular Smooth Muscle Cells (VSMC, PromoCell) were cultured in Smooth Muscle  
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6 Cell Basal Medium 2 (SMCBM2, PromoCell) supplemented with 5% fetal bovine serum, hEGF  
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8 (human Epidermal Growth Factor, 5.0 ng/ml), hbFF (human basic Fibroblast Factor, 2 ng/ml),  
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10 insulin (5 ng/ml), antibiotics (penicillin-streptomycin, 1%, Invitrogen) and L-Glutamine (1%,  
11  
12 Invitrogen) at 37 °C in 5% CO<sub>2</sub>.  
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16 The media was changed twice a week. Twenty-four hours before migration, HUV-EC-Cs and  
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18 VSMCs were plated in 24-well plates at a density of 5 x 10<sup>4</sup> cells per well and cultured at 37 °C  
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20 in 5% CO<sub>2</sub>.  
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24 As demonstrated [24,25], the presence of growth factors such as VEGF, EGF, bFGF and IGF-1 in  
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26 the culture medium of both HUV-EC-Cs and VSMCs, mimics the atherogenic conditions in in  
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28 vitro cultures. For migration, spreading, proliferation of HUV-EC-Cs, heparin was not added to  
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30 the supplemented basal cell culture medium.  
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### 33 34 35 36 *2.9. Spreading assay*

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38 Spreading of HUV-EC-C or VSMC cells were carried out in respective supplemented basal cell  
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40 culture media, as previously described [26]. Briefly, serum-deprived cells incubated with LMWF  
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42 (0.1, 1 and 10 µg/ml) were allowed to spread on fibronectin (BD Bioscience Pharmingen, Le  
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44 Pont de Claix, France) for 2 h. Then the cells were permeabilized in 0.05% Triton X-100 (Sigma-  
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46 Aldrich) and were stained with Alexa Fluor 546 phalloidin (dilution 1/100, Invitrogen) and  
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48 observed with a fluorescence microscope (Zeiss Axiophot, Carl Zeiss France). Cell areas were  
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50 evaluated on 30 cells by analysis with the NIH (release Beta 3b) software (National Institutes of  
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52 Health). Alternatively, HUV-EC-C cells were transfected either with MMP-2 siRNA-1 or MMP-  
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54 2 siRNA-2 or SNC RNA (Eurogentec, Seraing, Belgium) for 6 h, then washed and supplemented  
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4 endothelial cell medium was added for 24 h. Then, HUV-EC-C cells were allowed to spread on  
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6 fibronectin for 2 h.  
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### 10 11 *2.10. Wound migration assay* 12

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14 The in vitro migratory activity of HUV-EC-Cs and VSMCs was measured using a wound  
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16 migration assay and performed in respective supplemented cell basal culture media. HUV-EC-Cs  
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18 and VSMCs (50-70% confluence) were wounded uniformly using a sterile 1.15 mm diameter  
19  
20 pipette tip. Then, the cells were treated with LMWF (0.1, 1 and 10  $\mu\text{g}/\text{ml}$ ) during 24 h, then  
21  
22 washed and incubated with respective supplemented cell basal culture media. Standard  
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24 photographs of the wounded areas were taken using a phase contrast microscopy (Olympus CK40  
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26 microscope, X10 objective, Olympus France, Rungis, France) immediately after wounding and  
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28 then 48 h after migration (15 images at each time point). Distance between cells at both sides of  
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30 the wound was measured for 5 pairs of cells per image. The cell migration distance was  
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32 calculated by subtracting the distance at the lesion edge at 48 h from the distance measured at 0 h.  
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34 Then, HUV-EC-Cs were wounded uniformly using a sterile 1.15 mm diameter pipette tip and  
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36 photographs were taken 48 h later.  
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43 Alternatively, HUV-EC-Cs were transfected either with MMP-2 siRNA-1 or MMP-2  
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45 siRNA-2 or SNC RNA (Eurogentec) for 6 h, then washed and supplemented endothelial cell  
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47 basal culture medium was added for 24 h. The percentage of inhibition was  $[(D1-D2)/D1] \times 100$ .  
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49 D1 was the difference between the number of SNC RNA-transfected cells treated with LMWF  
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51 and that of untreated SNC RNA-transfected cells. D2 was the difference between the number of  
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53 MMP-2 siRNA-transfected cells treated with LMWF and that of untreated MMP-2 siRNA-  
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55 transfected cells.  
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### 2.11. Cell migration and invasion assays in Boyden chambers

HUV-EC-C and VSMC migration and invasion assays were performed in respective supplemented cell basal culture media using Bio-coat cell migration chambers (BD Bioscience Pharmingen) [27]. Briefly, inserts were coated with fibronectin (100  $\mu\text{g/ml}$ , BD Bioscience Pharmingen) for migration or Matrigel (320  $\mu\text{g/ml}$ , BD Bioscience Pharmingen) for invasion assays, respectively. Untreated control cells or cells treated with 10  $\mu\text{g/ml}$  LMWF were placed in the upper chamber and allowed to migrate or invade. After twenty-four hours, cells migrated through the porous membrane were stained with Mayer's hemalum (Sigma-Aldrich) and counted manually by two different observers who performed the blind data acquisition.

In order to analyze the influence of conditioned medium from HUV-EC-Cs pre-incubated or not with LMWF on VSMC migration, VSMCs were placed in the upper part of the Boyden chamber and allowed to migrate through fibronectin towards (placed in the lower part of the Boyden chamber): 1- unconditioned endothelial cell supplemented culture medium or 2- unconditioned endothelial cell supplemented culture medium in the presence of 10  $\mu\text{g/ml}$  LMWF, 3- conditioned HUV-EC-C supplemented culture medium or 4- conditioned HUV-EC-C supplemented culture medium from HUV-EC-Cs pre-incubated with 10  $\mu\text{g/ml}$  LMWF for 24 h. The percentage of inhibition was calculated as described [28].

### 2.12. Gelatin zymographic assay

HUV-EC-Cs and VSMCs were treated with 10  $\mu\text{g/ml}$  LMWF. Gelatinolytic activities of pro-MMP-2 and active MMP-2 were measured in cell conditioned media as previously described [29]. The MMP activities were estimated from the 72 and 66 kDa gelatinolytic bands corresponding to pro-MMP-2 and active MMP-2, as previously described [29]. Densitometric

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4 analysis of scanned gelatinolytic bands were performed with NIH (release Beta 3b) software.

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7 Total MMP activity was defined as the sum of the pro-form and the active form of MMP-2.  
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### 10 11 *2.13. Assessment of Viability and Cell Proliferation*

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13 Viable adherent HUV-EC-Cs and VSMCs were quantified after LMWF treatment, using a MTT  
14 test (Sigma-Aldrich). Untreated cells ( $3 \times 10^5$ ) or cells pre-treated with 10  $\mu\text{g/ml}$  LMWF for 24 h,  
15 were incubated with 10  $\mu\text{M}$  bromo-2-deoxyuridine (BrdU, Invitrogen) for 4 h for HUV-EC-Cs  
16 and 16 h for VSMCs before cell collection. After BrdU labelling, the cells were washed in PBS,  
17 fixed in 1% paraformaldehyde (Sigma-Aldrich) and permeabilized with 0.05% Triton X100  
18 (Sigma-Aldrich) for 3 min. The cells were then treated with DNaseI (Sigma-Aldrich) for 30 min  
19 at 37 °C, to expose incorporated BrdU, washed with PBS and stained with Alexa Fluor 647  
20 conjugated anti-BrdU antibody (dilution 1/100, Invitrogen), for 30 min at room temperature.  
21 Flow cytometry analysis was performed and the percentage of BrdU-positive cells was  
22 calculated.  
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### 40 41 *2.14. ELISA assay*

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43 ELISA assay of total MMP-2 level was performed in the conditioned medium from HUV-EC-C  
44 or VSMC cells pre-treated with 10  $\mu\text{g/ml}$  LMWF for 24 h. MMP2 Elisa kit (Quantikine  
45 Human/Mouse/Rat MMP-2 (total) Immunoassay, DMP200) was purchased from R&D Systems  
46 (Lyon, France).  
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### 55 56 *2.15. Western blotting*

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58 HUV-EC-Cs and VSMCs were incubated with 10  $\mu\text{g/ml}$  LMWF for 24 h and assayed for  
59 Western blot as previously described [30]. The supernatant was collected and protein  
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4 concentration was determined by bicinchoninic acid (BCA) assay (Pierce Biotechnology,  
5 Rockford, USA). Total MMP-2 protein was probed using anti-MMP-2 rabbit polyclonal IgG  
6 antibodies (dilution 1/500; Santa Cruz Biotechnology, Heidelberg, Germany) and revealed with  
7 horseradish peroxidase (HRP) anti-rabbit immunoglobulin G (dilution 1/2000; Santa Cruz  
8 Biotechnology). The gels were then washed and proteins were detected using Enhanced  
9 chemiluminescence detection reagents (GE Healthcare, Orsay, France).  
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### 21 *2.16. Real-time RT-PCR and siRNA transfection*

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23 Real-time RT-PCR assays were performed using a Step-One with a MMP-2 TaqMan kit (Applied  
24 Biosystem, Courtaboeuf, France). MMP-2 mRNA levels were normalized with two house-  
25 keeping gene levels as described in the manufacturer's instructions (TaqMan Inventoried Assay;  
26 GAPDH: Hs02758991\_g1,  $\beta$ -actin: Hs00357333\_g1, MMP-2: Hs1548724\_m1).  
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33 Two MMP-2 gene-specific sense and antisense 21-nt single stranded RNAs with symmetric 2 nt  
34 3'(2'-deoxy) thymidine overhangs were designed, chemically synthesized and HPLC purified  
35 (Eurogentec). Small-interfering RNA (siRNA) sequences corresponding to MMP-2 were: 5'-  
36 CAG-GUG-AUC-UUG-ACC-ACC-AGA-AdTdT-3', (reverse) 5'-UUC-UGG-UCA-AGA-UCA-  
37 CCU-GdTdT-3' for MMP-2 siRNA-1 and (forward) 5'-GAC-AAA-UUC-UGG-AGA-UAC-  
38 AdTdT-3', (reverse) 5'-UGU-AUC-UCC-AGA-AUU-UGU-CdTdT-3' for MMP-2 siRNA-2.  
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48 HUV-EC-Cs or VSMCs were transfected with 100 nM siRNA in serum-free medium using  
49 jetSI™-ENDO transfectant reagent (Eurogentec) following the manufacturer's instructions.  
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52 Mock cells were cultured in parallel and transfected with jetSI™-ENDO lacking siRNA. In each  
53 experiment, a SNC RNA (Eurogentec) was used as a negative control. Cells transfected with  
54 MMP-2 siRNA-1 or MMP-2 siRNA-2 or SNC RNA or mock-transfected were used 3 days post-  
55 transfection for further analysis.  
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## 2.17. Statistical Analysis

For the determination of statistical significance, an ANOVA test was performed with the Statview software (StatView 4.5 Abacus Concepts, Berkeley, USA). A  $P$  value of  $< 0.05$  was used as the criterion of statistical significance.

## 3. Results

### 3.1. LMWF prevents intimal hyperplasia in balloon-injured rat thoracic aorta.

Rats were submitted to balloon angioplasty followed by 2 weeks of treatment with saline or LMWF injections. No rat died during the procedures or the 14-day treatment with LMWF (5 mg/kg/day IM). Biochemical and haematological blood parameters and organ weight were not different in samples obtained from LMWF-treated versus control animals (data not shown). Histological sections of thoracic aortas that were uninjured (Fig. 1a, left panel) or balloon-injured and vehicle-treated (Fig. 1a, middle panel), or balloon-injured and LMWF-treated (Fig. 1a, right panel) are presented. Morphological analysis indicated that the balloon angioplasty of rat thoracic aortas increased significantly the neo-intimal area of these aortas compared with aortas in uninjured animals ( $5 \pm 0.30$  versus  $0.2 \pm 0.02$  mm<sup>2</sup> respectively,  $P < 0.01$ ,  $n = 6$ ), whereas the medial area was not different (Table 1). The neo-intimal area in the aortas was significantly reduced by  $40 \pm 5\%$  in LMWF-treated animals as compared with vehicle-treated ones ( $3 \pm 0.50$  versus  $5 \pm 0.30$  mm<sup>2</sup> respectively,  $P < 0.01$ ,  $n = 6$ ). The intima/media ratio was also significantly decreased by  $46 \pm 9\%$  in LMWF-treated animals as compared with vehicle-treated animals ( $0.27 \pm 0.04$  versus  $0.50 \pm 0.08$ ,  $P < 0.01$ ,  $n = 6$ ). Cell density was decreased by  $30 \pm 5\%$  in LMWF-treated animals as compared with vehicle-treated animals ( $28 \pm 4$  versus  $40 \pm 3$  cell/mm<sup>2</sup>, respectively,  $P < 0.01$ ,  $n = 6$ ) (Table 1). The decrease of VSMC proliferation was confirmed by



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4 the decrease of PCNA immunostaining intensity in neointima layer in aorta from LMWF-treated  
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6 animals as compared to vehicle ones (Fig. 1b, right versus middle panel).  
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9 To determine the presence of an endothelial cell lining in the vascular graft two weeks  
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11 after balloon injury and LMWF treatment, we performed immunohistochemistry analysis of  
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13 arterial cross sections using fluorescent antibodies against the endothelial cell marker CD31. The  
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15 immunohistological staining revealed the presence of CD31 positive cells located in the luminal  
16  
17 part of the neo-intima layer (Fig. 1c). Furthermore, treatment of rats with LMWF increased the  
18  
19 intensity levels of CD31 immunostaining in the neo-intima layer as compared to vehicle-treated  
20  
21 animals (Fig. 1c). To determine the localization of VSMCs,  $\alpha$ -SMA immunostaining was  
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23 performed. As expected, aorta from vehicle-treated rat exhibited high levels of  $\alpha$ -SMA staining  
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25 in the neo-intima (Fig. 1c). In contrast, aorta from LMWF-treated rats showed fewer  $\alpha$ -SMA  
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27 positive cells in the neo-intimas.  
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### 36 *3.2. Antagonistic effects of LMWF on migration and proliferation of human vascular endothelial* 37 38 *and smooth muscle cells*

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41 In order to determine the cellular and molecular mechanisms underlying the effects of  
42  
43 LMWF in reducing the intimal hyperplasia, we explored its influence on cell growth, spreading  
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45 and migration of both, human endothelial and vascular smooth muscle cells in vitro.  
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48 The proliferative activity of HUV-EC-Cs and VSMCs was quantified after 24 h of cell incubation  
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50 with LMWF, using MTT assay. No cell toxicity was observed even at high LMWF dose (100  
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52  $\mu$ g/ml) in both cell types (data not shown). LMWF increased significantly the number of viable  
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54 HUV-EC-Cs in a dose-dependent manner reaching a maximum at 10  $\mu$ g/ml, compared with  
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56 untreated cells ( $40 \pm 4\%$  increase,  $P < 0.05$ ,  $n = 3$ ) (Fig. 2a). Similarly, the number of BrdU-  
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4 positive HUV-EC-Cs, treated with 10  $\mu\text{g/ml}$  LMWF for 24 h, increased by  $25 \pm 8.1\%$  compared  
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6 to untreated cells after BrdU incorporation ( $P < 0.05$ ) (data not shown).  
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9 LMWF had no significant effect on the number of viable VSMCs, whatever the concentration  
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11 used (Fig. 3a) using MTT assay. However, the number of BrdU-positive VSMCs, treated with 10  
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13  $\mu\text{g/ml}$  LMWF for 24 h, decreased by  $35 \pm 9.9\%$  compared to untreated cells after BrdU  
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15 incorporation ( $P < 0.05$ ) (data not shown).  
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21 We then addressed the effects of LMWF on spreading and migration of both cell types in  
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23 vitro. Cells were allowed to spread on fibronectin and then observed by fluorescent microscopy 2  
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25 h after cell incubation with LMWF at increasing concentrations (0.1, 1, 10  $\mu\text{g/ml}$ ). As shown in  
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27 Fig. 2b, HUV-EC-C spreading was significantly increased by  $22.5 \pm 4\%$  when cells were  
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29 incubated with 10  $\mu\text{g/ml}$  LMWF as compared with untreated cells ( $P < 0.05$ ,  $n = 3$ ). However,  
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31 LMWF was devoid of effect on VSMC spreading in the same experimental conditions whatever  
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33 the concentrations used (Fig. 3b).  
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38 Two experimental approaches were used to explore the influence of LMWF treatment on cell  
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40 mobility. In the wound migration assay, LMWF significantly increased HUV-EC-C migration in  
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42 a dose-dependent manner up to  $45 \pm 5\%$  (at 10  $\mu\text{g/ml}$  LMWF) as compared with untreated cells  
43  
44 ( $P < 0.01$ ,  $n = 3$ ) (Fig. 2c). In contrast, LMWF decreased significantly VSMC migration in a  
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46 dose-dependent manner up to  $40 \pm 3\%$  (at 10  $\mu\text{g/ml}$  LMWF) as compared to untreated cells ( $P <$   
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48  $0.01$ ,  $n = 3$ ) (Fig. 3c).  
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53 Furthermore, the data described above on cell mobility were confirmed by the use of a  
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55 Boyden chamber approach. Indeed, when upper chambers were coated with Matrigel (referred to  
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57 as “invasion assay” in Fig. 2d), the ability of HUV-EC-Cs incubated with LMWF to invade  
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59 through the reconstituted extracellular matrix is 7.5-fold higher than that of untreated cells at 10  
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4  $\mu\text{g/ml}$  LMWF ( $P < 0.01$ ,  $n = 3$ ). In these experimental conditions,  $10 \mu\text{g/ml}$  LMWF significantly  
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6 decreased VSMC invasion by  $65 \pm 7\%$  as compared to untreated cells ( $P < 0.001$ ,  $n = 3$ ) (Fig.  
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8 3d).  
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11 It was previously demonstrated that endothelial cells could influence vascular smooth  
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13 muscle cell activities [22]. Therefore, we addressed the question whether the conditioned medium  
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15 of HUV-EC-Cs pre-incubated with LMWF could affect VSMC migration. As shown in Fig. 3e,  
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17 the conditioned medium from HUV-EC-Cs significantly induced the migration of VSMCs across  
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19 fibronectin ( $P < 0.001$ ,  $n = 3$ ) as compared to unconditioned endothelial cell medium.  
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21 Interestingly, the ability of VSMCs to migrate towards conditioned medium from HUV-EC-Cs  
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23 pre-incubated with  $10 \mu\text{g/ml}$  LMWF was reduced by  $58.3 \pm 4\%$  as compared with conditioned  
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25 medium from untreated HUV-EC-Cs ( $P < 0.01$ ,  $n = 3$ ). It is to note that the presence of LMWF in  
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27 unconditioned endothelial cell medium, placed in the lower chamber, slightly but significantly  
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29 increased VSMC migration ( $P < 0.05$ ) as compared to unconditioned medium (Fig. 3e).  
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### 38 *3.3. LMWF modulates MMP-2 activity in HUV-EC-Cs and VSMCs*

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41 To analyze the molecular mechanisms underlying the effects of LMWF on HUV-EC-C  
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43 and VSMC migration, we investigated whether this sulfated polysaccharide could have an  
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45 influence on MMP-2 level and activity. Fucoidan cell treatment induced an increase in the level  
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47 of mRNA encoding for MMP-2 in HUV-EC-Cs up to  $40 \pm 3\%$  at  $10 \mu\text{g/ml}$  LMWF ( $P < 0.05$ )  
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49 (Fig. 4a). As shown in Fig. 4b, we also demonstrated using an ELISA assay that the level of total  
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51 MMP-2 in the conditioned medium from HUV-EC-Cs pre-incubated with  $10 \mu\text{g/ml}$  LMWF for  
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53 24 h was increased by 5.4-fold as compared with untreated cells ( $P < 0.01$ ,  $n = 3$ ). Furthermore,  
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55 pro-MMP-2 expression detected by gelatin zymography was also significantly increased by 3.2-  
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57 fold in the conditioned medium from cells treated with  $10 \mu\text{g/ml}$  LMWF as compared to  
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4 untreated cells (Fig. 4c) ( $P < 0.01$ ,  $n = 3$ ). This result was confirmed by Western blot (up to 2.5-  
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6 fold increase at 10  $\mu\text{g/ml}$  LMWF) ( $P < 0.01$ ) (Fig. 4d). These data suggest that LMWF increased  
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8 MMP-2 expression in HUV-EC-Cs at both transcriptional and translational levels.  
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11 In contrast, 10  $\mu\text{g/ml}$  LMWF significantly decreased MMP-2 mRNA level in VSMCs by  
12  
13  $20 \pm 5\%$  as compared to untreated cells ( $P < 0.05$ ) (Fig. 5a). Furthermore, the incubation of  
14  
15 VSMCs with 10  $\mu\text{g/ml}$  LMWF resulted in a 6-fold decrease in total MMP-2 level in the  
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17 conditioned medium ( $P < 0.01$ ,  $n = 3$ ) (Fig. 5b). This result was strengthened by gelatin  
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19 zymography where pro-MMP-2 expression in LMWF-incubated VSMCs was reduced by about  
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21 3-fold at 10  $\mu\text{g/ml}$  LMWF ( $P < 0.01$ ,  $n = 3$ ) (Fig. 5c). This result was also confirmed by Western  
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23 blot (up to  $40 \pm 8\%$  decrease for 10  $\mu\text{g/ml}$  LMWF,  $P < 0.05$ ,  $n = 3$ ) (Fig. 5d).  
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29 MMPs have been demonstrated to be involved in cell migration. Therefore, in order to  
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31 demonstrate a causal link between LMWF effects on HUV-EC-C and VSMC migration and  
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33 MMP-2, MMP-2 RNA interference assays were carried out. When HUV-EC-Cs were transfected  
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35 with MMP-2 siRNA-1 or MMP-2 siRNA-2, MMP-2 mRNA expression was inhibited by  $60 \pm$   
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37  $5\%$  or  $70 \pm 7\%$  respectively as compared to control SNC RNA-transfected cells (data not shown).  
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39 The decrease in MMP-2 mRNA expression was similar in siRNA-2 MMP-2-transfected VSMCs  
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41 while no significant effect was observed with siRNA-1 MMP-2 (data not shown). As assessed by  
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43 the wound healing assay, migration of cells transfected with MMP-2 siRNA-1 or MMP-2 siRNA-  
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45 2 was decreased by  $50 \pm 5\%$  or  $60 \pm 5\%$  respectively as compared to SNC RNA-transfected cells  
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47 ( $P < 0.01$ ,  $n = 3$ ) (Fig. 6a). The migration of MMP-2 siRNA-1 or MMP-2 siRNA-2-transfected  
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49 cells induced by LMWF was inhibited by  $57.9 \pm 4\%$  or  $60.8 \pm 7\%$  when compared with SNC  
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51 RNA-transfected cells (Fig. 6a). In addition, migration of VSMCs transfected with MMP-2  
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53 siRNA-2 was decreased by  $45 \pm 5\%$  as compared to SNC RNA-transfected cells ( $P < 0.01$ ,  $n = 3$ )  
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55 (Fig. 6b). In this experimental condition, the migration of LMWF-treated MMP-2 siRNA-2-  
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4 transfected cells was not significantly different to that of LMWF-treated SNC-transfected cells  
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6 (Fig. 6b).

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9 This data suggest that LMWF affect both HUV-EC-C and VSMC migration at least partly  
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11 through MMP-2 expression.  
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### 15 16 *3.4. LMWF treatment decreases MMP expression and activity in vivo*

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18 To verify whether LMWF could decrease the MMP activities in vivo, in situ zymography was  
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20 carried out on the cross section of injured thoracic rat aortas. Gelatinolytic activity was markedly  
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22 detected as green light in the whole neo-intima layer due to gelatin digestion (the presence of  
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24 MMP-gelatinolytic activities), but not in the surrounding media layer (Fig. 6c). Treatment with  
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26 LMWF during 14 days decreased the MMP activities in the neo-intima layer compared to vehicle  
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28 treatment (Fig. 6c, lower versus upper panel of the middle column). These gelatinolytic activities  
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30 were specific since they were inhibited by 1,10-phenanthroline, a broad MMP inhibitor (Fig. 6c,  
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32 right column).  
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## 41 **4. Discussion**

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44 Restenosis of the treated vessel is a common limitation of endovascular procedures and is  
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46 one of the causes of recurrence of clinical symptoms after revascularization. Restenosis is closely  
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48 related to neo-intima formation which is a complex process, classically believed to be the  
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50 consequence of vascular smooth muscle cell proliferation and migration and the synthesis of  
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52 extracellular matrix [31]. Recently, it has been proposed that the neo-intimal lesion also consists  
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54 of progenitor cells attracted to the site of injury [32]. In this report, we provide evidences that  
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56 LMWF treatment prevents the formation of intimal hyperplasia in rat injured thoracic aorta, since  
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4 the thoracic aorta intima/media ratio was largely decreased (46%) in LMWF-treated rats as  
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6 compared to vehicle-treated rats. Fucoidan is a sulfated polysaccharide present in brown algae  
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8 belonging mainly to Fucales and Laminariales orders. Although much effort has been made  
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10 during the past years to elucidate the structures of sulfated polysaccharides such as heparin and  
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12 fucoidan, the structural complexity with respect to glycosidic linkage and sulfate position are still  
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14 limitations to correlate the structures and biological activities of these polysaccharides. It is  
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16 however established that fucoidan biological activities rely on the sulfate groups, and it is  
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18 assumed that the recognition of a particular pattern of sulfation may allow specific interaction  
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20 with targeted proteins. Nevertheless, reduced into low molecular weight fractions, fucoidans have  
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22 been used for in vivo animal studies. Fucoidan is often presented as a heparin-like molecule due  
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24 to its ability to interact with several cytokines (growth factors, chemokines) and to exert direct or  
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26 indirect modulating effect upon their biological activity. Fucoidan is of a particular  
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28 pharmacological interest because, in addition to its non-animal origin, it exhibits various  
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30 biological effects, among them anti-inflammatory activities and low anti-coagulant and anti-  
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32 thrombotic activities [33,34]. Fucoidans are known to bind growth factors, such as FGFs, and  
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34 protect them from proteolysis [33]. Fucoidans can release the glycosaminoglycan-bound SDF-  
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36 1/CXCL12 from its tissue storage sites and can also bind to this chemokine [17,34].  
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45 Our results obtained from an in vivo rat model are in accordance with previous studies which  
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47 demonstrated that fucoidans could reduce intimal hyperplasia. Indeed, it was previously reported  
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49 that LMWF prevents neo-intimal formation in a rabbit model of in-stent restenosis in iliac artery  
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51 [14] or after aortic allograft in rats [32]. LMWF promotes therapeutic revascularization in a rat  
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53 model of critical hindlimb ischemia [15,35]. Our data also suggest that LMWF increases vascular  
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55 endothelial cell proliferation, spreading and migration, but decreases vascular smooth muscle cell  
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57 migration. These data agree with previous in vitro and in vivo studies [14,36,37]. The molecular  
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4 mechanisms by which fucoidans may inhibit the neo-intima formation are multiple: On the one  
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6 hand, fucoidans, especially LMWF, promote growth factor effects, such as FGF-2 [15,33] or  
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8 VEGF [38] leading to neovascularization. The proposed mechanism is therefore that fucoidans  
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10 may act in vivo by trapping and protecting endogenously released growth factors from  
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12 deactivation and proteolytic cleavage or may also displace endogenous growth factors from their  
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14 tissue heparan sulfate storage sites thus increasing their bioavailability. However, LMWF was  
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16 also demonstrated to have therapeutic effects in angiogenesis on its own, since a beneficial effect  
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18 in revascularization was reported with LMWF alone in vivo [39]. On the other hand, another  
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20 reported effect of fucoidans is the ability to promote progenitor stem cell mobilization via the  
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22 release of the chemokine SDF-1/CXCL12 from heparan sulfate storage sites [34]. SDF-  
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24 1/CXCL12 is involved in angiogenesis [40] and regulates endothelial cell branching  
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26 morphogenesis [41].  
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33 Although most therapeutic strategies to prevent restenosis are designed to inhibit VSMC  
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35 proliferation directly, VSMC proliferation might be indirectly inhibited by re-endothelialization,  
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37 as endothelial cells secrete antiproliferative and antithrombotic substances [42]. Recently, a  
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39 strategy using in vivo gene transfer of human Hepatocyte Growth Factor that exclusively  
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41 stimulated endothelial cells without replication of VSMC growth into injured vessels, results in  
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43 the successful inhibition of neo-intima formation in rat balloon injured carotid artery [42]. It was  
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45 also demonstrated in post-angioplasty intimal hyperplasia that active vascular endothelial cells  
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47 participate in the secretion of growth factors for vascular smooth muscle cells [43] and contribute  
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49 to the pro-inflammatory response through the secretion of cytokines. In addition, active vascular  
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51 endothelial cells increase VSMC migration by elaborating factors like platelet-derived growth  
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53 factor and alter VSMC adhesion molecule expression. Thereafter, the interrelations between  
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55 vascular endothelial and smooth muscle cells may play a major role in the neo-intima  
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4 development. In that context, our data demonstrated that conditioned medium from vascular  
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6 endothelial cells induces the migration across fibronectin of vascular smooth muscle cells.  
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8 Interestingly, this induction is largely reduced when using conditioned medium from vascular  
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10 endothelial cells pre-incubated with LMWF. Strikingly, LMWF in unconditioned HUV-EC-C  
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12 culture medium, placed in the lower part of the Boyden chamber, induced slightly VSMC  
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14 migration as compared to control unconditioned HUV-EC-C medium. This data suggests that in  
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16 these experimental conditions, LMWF potentializes the migratory effects of growth factors  
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18 present in the unconditioned culture medium, such as VEGF, as described [38]. In contrast,  
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20 conditioned medium of HUV-EC-Cs pre-treated with LMWF reduced the migration of VSMCs  
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22 as compared to conditioned medium of untreated HUV-EC-Cs, suggesting that LMWF may  
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24 reduce the level of vascular endothelial cell-secreted molecules able to induce VSMC migration  
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26 or may interfere with them and inhibit their chemotactic effects on VSMCs.  
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33 In the present study, in situ zymography revealed that LMWF significantly decreases  
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35 MMP-2 activity in the neo-intima. According to the in vitro study, LMWF increases MMP-2  
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37 protein expression and activity in HUV-EC-Cs. In contrast, a decrease in MMP-2 protein  
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39 expression and activity is observed in VSMCs. Furthermore, the level of total MMP-2 in the  
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41 conditioned medium from cells incubated with 10  $\mu\text{g/ml}$  LMWF was 5.4-fold higher in HUV-  
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43 EC-Cs, but 6-fold lower in VSMCs than in untreated controls cells. The remodelling of the  
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45 vascular wall in response to injury critically depends on the action of extracellular proteases, such  
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47 as the MMPs, and is accompanied by the migration of VSMCs [29]. This enzyme family consists  
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49 of a number of structurally related proteinases capable of degrading ECM proteins, including  
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51 basement membrane collagen, denatured collagen (gelatin), laminin, various proteoglycans and  
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53 elastin [44]. Previous studies have shown that the MMP expression or activation is upregulated in  
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55 human atherosclerotic lesions and in rat arteries after balloon catheter injury [31]. Increased pro-  
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4 MMP-9, MMP-2 and pro-MMP-2 activities were detected at 1-st, 3-rd and 7-th days after arterial  
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6 injury, respectively in rabbit model of intimal hyperplasia [31]. Sweeney *et al.* [17] also indicated  
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8 that plasma MMP-9 significantly increased after intravenous injection of HMW fucoidan. In  
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10 contrast, LMWF did not induce an increase in MMP-9 level in vivo. It was also demonstrated  
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12 that fucoidan significantly inhibited UVB-induced MMP-1 mRNA expression in a dose-  
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14 dependent manner [45]. In addition, peptide-based inhibitors of MMP activity have been shown  
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16 to block VSMC migration [46]. Our data demonstrate that LMWF increase MMP-2 expression at  
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18 both transcriptional and translational levels, as well as MMP-2 activity. Furthermore, our results  
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20 suggest a direct linkage between LMWF and MMP-2, since MMP-2 downregulation by RNA  
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22 interference affects LMWF-induced effects on cell migration in vitro. The precise molecular  
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24 mechanisms of action of LMWF in various cells are in most cases unknown. It was demonstrated  
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26 that fucoidan can enter into cells through a endocytosis pathway [14] and regulate various  
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28 signalling pathways [45,47]. Our data hypothesize that LMWF could reduce intimal hyperplasia  
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30 through the modulation of MMP-2 expression in various cell types involved in the neo-intima  
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32 development. In vascular endothelial cells, LMWF would increase MMP-2 expression while  
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34 decreasing it in VSMCs and leading to antagonist effect on cell migration, enhanced for  
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36 endothelial and reduced for VSMCs.  
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46 In summary, our data highlight the protective effects of fucoidans on the undesired  
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48 formation of neo-intima after balloon injury and propose a new underlying mechanism besides  
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50 the known effect of fucoidans on growth factor activities and the promotion of progenitor stem  
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52 cell mobilization via the release of the chemokine SDF-1/CXCL12. Other LMW heparin  
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54 preparations have already shown properties similar to cellular effects induced by LMWF [14,37].  
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56 Nevertheless, LMWF exhibit lower anticoagulant activity [13] and a rapid degradation of  
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58 internalized heparin in VSMCs has been observed conversely to LMWF [37].  
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4 Therefore, LMWF could be of interest for the prevention of intimal hyperplasia.  
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6 Nevertheless, knowledge of underlying mechanisms of fucoidan effects and the establishment of  
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8 structure-activity relationship are essential steps for this new therapeutic approach.  
9

## 10 11 12 13 14 **Conflict of interest**

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17 None  
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23  
24  
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## References

## Figure legends

### **Fig. 1. LMWF reduced intimal hyperplasia after balloon injury in rat thoracic aorta.**

(a). Representative micrographs show histological cross-sections of uninjured (left panel), balloon-injured and vehicle-treated (middle panel) or balloon-injured and LMWF-treated (right panel) rat aorta staining in hematoxylin and eosin. Dotted line indicates the basal membrane defining the limit between the neo-intima and the media. n, neo-intima; m, media. Magnification, X10. Insets show at higher magnification the intima layer. (b). PCNA (red) immunostaining in uninjured (left panel), balloon-injured and vehicle-treated (middle) or balloon-injured and LMWF-treated (right panel) rat aortas. Magnification, X30. n, neo-intima; m, media. The green fluorescence corresponds to autofluorescence of the elastic lamina (c). Cell types were characterized by immunofluorescence staining with anti-CD31 mAbs for endothelial cells (red), mouse anti-human smooth-muscle  $\alpha$ -actin ( $\alpha$ -SMA) mAbs (green), DAPI (blue) for nucleus and merged for anti-CD31 mAb/DAPI (red/blue) of injured aortas. Magnification, X20. White dotted line indicated the basal membrane defining the limit between the neo-intima and the media. n, neo-intima; m, media.

### **Fig. 2. LMWF increased HUV-EC-C proliferation, spreading, migration and invasion.**

HUV-EC-Cs were either untreated or incubated with LMWF (at 0.1, 1 or 10  $\mu$ g/ml) and were assessed for viability (a), spreading (b), wound healing (c) or for invasion assay (d).

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4 (a). For viability MTT assay, the results for three independent experiments were expressed as  
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6 percentage of control cells without LMWF treatment. The number of viable untreated cells was  
7  
8 arbitrary set to 100%. \*,  $P < 0.05$  versus untreated cells.  
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11 (b). For spreading assay, the cells were incubated with LMWF at the indicated concentrations  
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13 (0.1, 1 or 10  $\mu\text{g/ml}$ ), allowed to spread on fibronectin for 2 h, and stained with Alexa Fluor 546  
14  
15 phalloidin. They were observed under a fluorescence microscope (lower panel), photographed  
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17 and their areas were evaluated by NIH (release Beta 3b) software (upper panel, histograms). The  
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19 results for three independent experiments were expressed as percentage of control cells without  
20  
21 LMWF treatment. The spreading of untreated cells was arbitrary set to 100%. Bar=5  $\mu\text{m}$ . \*,  $P <$   
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23 0.05 versus untreated cells.  
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28 (c). Wound migration assay was performed with a monolayer of HUV-EC-Cs, either untreated or  
29  
30 incubated with LMWF at the indicated concentrations. Lower panel: Representative phase  
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32 contrast photographs were taken 48 h after treatment. Bar = 200  $\mu\text{m}$ . Upper panel: Histograms  
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34 showing HUV-EC-C wound migration in each condition. The results were expressed in mm of  
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36 cell displacement. The data are expressed as mean  $\pm$  SEM. \*,  $P < 0.05$  versus untreated cells; \*\*,  
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38  $P < 0.01$  versus untreated cells.  
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43 (d). In the cell invasion assay (Boyden chamber), cells, incubated with 0.1, 1 or 10  $\mu\text{g/ml}$  LMWF  
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45 and migrated through the Matrigel-coated membrane, were stained with Mayer's hemalum and  
46  
47 counted. The results are expressed as cell number per field. The data are expressed as mean +  
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49 SEM for three independent experiments. \*,  $P < 0.05$  versus untreated cells; \*\*,  $P < 0.01$  versus  
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51 untreated cells.  
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58 **Fig. 3. LMWF decreased VSMC migration and invasion.**  
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4 VSMCs were either untreated or incubated with LMWF (at 0.1, 1 or 10  $\mu\text{g/ml}$ ) and were assessed  
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6 for viability (a), spreading (b), wound healing (c), invasion (d) or for migration assay (e).

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9 (a). For viability MTT assay, the results for three independent experiments were expressed as  
10  
11 percentage of control cells without LMWF treatment. The number of viable untreated cells was  
12  
13 arbitrary set to 100%.

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16 (b). The cells were incubated or not with 0.1, 1 or 10  $\mu\text{g/ml}$  LMWF and assayed for spreading.  
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18 Photographs were taken under a fluorescence microscope (lower panel) and the cell areas were  
19  
20 evaluated by NIH (release Beta 3b) software (upper panel, histograms). The results for three  
21  
22 independent experiments were expressed as percentage of control cells without LMWF treatment.  
23  
24 The spreading of untreated cells was arbitrary set to 100%. Bar=5  $\mu\text{m}$ .

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28 (c). Wound migration assay was performed with a monolayer of VSMCs, either untreated or  
29  
30 incubated with LMWF at the indicated concentrations. Lower panel: Representative phase  
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32 contrast photographs were taken 48 h after treatment. Bar = 150  $\mu\text{m}$ . Upper panel: Histograms  
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34 showing VSMC wound migration in each condition. The results were expressed in mm of cell  
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36 displacement. The data are expressed as mean  $\pm$  SEM. \*,  $P < 0.05$  versus untreated cells; \*\*,  $P <$   
37  
38 0.01 versus untreated cells.

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42 (d). In the cell invasion assay (Boyden chamber), cells, incubated with 0.1, 1 or 10  $\mu\text{g/ml}$  LMWF  
43  
44 and migrated through the Matrigel-coated membrane were stained with Mayer's hemalum and  
45  
46 counted. The results are expressed as cell number per field. The datas are expressed as mean +  
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48 SEM for three independent experiments. \*,  $P < 0.05$  versus untreated cells; §,  $P < 0.001$  versus  
49  
50 untreated cells.

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54 (e). VSMCs migrated across fibronectin towards conditioned medium from HUV-EC-Cs either  
55  
56 untreated or pre-incubated with 10  $\mu\text{g/ml}$  LMWF. The results are expressed in cell number per  
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58 field. The datas are expressed as mean + SEM for three independent experiments. \*,  $P < 0.05$  for  
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4 unconditioned medium in the presence of LMWF versus unconditioned medium; §,  $P < 0.001$  for  
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6 HUV-EC-C conditioned medium versus unconditioned medium; \*\*,  $P < 0.01$  for conditioned  
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8 medium from HUV-EC-Cs pre-treated with LMWF versus conditioned medium from untreated  
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10 HUV-EC-Cs.  
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16 **Fig. 4. LMWF increased MMP-2 expression in HUV-EC-Cs.**

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18 HUV-EC-Cs were either untreated or incubated with 1 or 10  $\mu\text{g/ml}$  LMWF for 24 h.

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21 (a). LMWF increased the level of mRNA encoding for MMP-2 in HUV-EC-Cs as assessed by  
22  
23 real-time PCR. Results are expressed in arbitrary unit (AU). Data are expressed as mean + SEM.

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25  
26 \*,  $P < 0.05$  versus untreated cells. MMP-2 mRNA level was arbitrary set to 1 in untreated cells.

27  
28 (b). Total MMP-2 expression was detected by ELISA assay in the conditioned medium from  
29  
30 HUV-EC-Cs either untreated or incubated with 10  $\mu\text{g/ml}$  LMWF. All data are expressed as mean  
31  
32 + SEM. \*,  $P < 0.05$  versus untreated cells; \*\*,  $P < 0.01$  versus untreated cells.  
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36 (c) Lower panel: MMP-2 activity in the cell conditioned medium was assessed by gelatin  
37  
38 zymography. Upper panel: Representative histograms of gelatin zymography. Results are  
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40 expressed in arbitrary unit (AU). All data are expressed as mean + SEM. \*\*,  $P < 0.01$  versus  
41  
42 untreated cells.  
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46 (d). Total MMP-2 protein was detected by Western blot in the conditioned medium from HUV-  
47  
48 EC-Cs either untreated or incubated with 1 or 10  $\mu\text{g/ml}$  LMWF. Results are expressed in  
49  
50 arbitrary unit (AU). All data are expressed as mean + SEM. \*\*,  $P < 0.01$  versus untreated cells.  
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55 **Fig. 5. LMWF decreased MMP-2 expression in VSMCs.**

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57 VSMC cells were either untreated or incubated with 1 or 10  $\mu\text{g/ml}$  LMWF for 24 h.  
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4 (a). LMWF decreased the level of mRNA encoding for MMP-2 in VSMCs as assessed by real-  
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6 time PCR. Results are expressed in arbitrary unit (AU). Data are expressed as mean + SEM. \*,  $P$   
7  
8 < 0.05 versus untreated cells. MMP-2 mRNA level was arbitrary set to 1 in untreated cells.

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10  
11 (b). Total MMP-2 expression was detected by ELISA assay in the conditioned medium from  
12  
13 VSMCs either untreated or incubated with LMWF. All data are expressed as mean + SEM. \*,  $P$  <  
14  
15 0.05 versus untreated cells; \*\*,  $P$  < 0.01 versus untreated cells.

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18 (c). Lower panel: MMP-2 activity was assessed in cell conditioned medium by gelatin  
19  
20 zymography. Upper panel: Representative histograms of gelatin zymography. Results are  
21  
22 expressed in arbitrary unit (AU). All data are expressed as mean + SEM. \*,  $P$  < 0.05 versus  
23  
24 untreated cells; \*\*,  $P$  < 0.01 versus untreated cells.

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26  
27 (d). Total MMP-2 protein was detected by Western blot in the conditioned medium from VSMCs  
28  
29 either untreated or incubated with 1 or 10  $\mu$ g/ml LMWF. Results are expressed in arbitrary unit  
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31 (AU). All data are expressed as mean + SEM. \*,  $P$  < 0.05 versus untreated cells.

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38 **Fig. 6. MMP-2 RNA interference decreased LMWF-induced effects in HUV-EC-Cs or**  
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40 **VSMCs.**

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43 (a). The migration of HUV-EC-Cs induced by 10  $\mu$ g/ml LMWF was reduced when cells were  
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45 transfected with MMP-2 siRNA-1 or MMP-2 siRNA-2 as compared to control SNC RNA-  
46  
47 transfected cells. The results were expressed in mm of cell displacement. The data are expressed  
48  
49 as mean  $\pm$  SEM. §,  $P$  < 0.01 versus LMWF-untreated SNC RNA-transfected cells; \*,  $P$  < 0.05  
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51 versus LMWF-untreated MMP-2- siRNA-1 or siRNA-2-transfected cells; \*\*,  $P$  < 0.01 versus  
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53 LMWF-untreated SNC RNA-transfected cells.

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4 (b). The migration of VSMCs induced by 10  $\mu\text{g/ml}$  LMWF was unchanged when cells were  
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6 transfected with MMP-2 siRNA-2 as compared to control SNC RNA-transfected cells. The  
7  
8 results were expressed in mm of cell displacement. The data are expressed as mean  $\pm$  SEM.  $^{\S}$ ,  $P <$   
9  
10 0.01 versus LMWF-untreated SNC RNA-transfected cells; \*,  $P < 0.05$  versus LMWF-untreated  
11  
12 SNC RNA-transfected cells.  
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18 (c). MMP activities were observed in rat injured thoracic aortas by in situ zymography.  
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20 Representative examples of cross-sections were observed using fluorescence microscopy (blue  
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22 fluorescence of DAPI nuclear staining, left column; green fluorescence of in situ gelatin lysis by  
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24 MMPs after in situ zymography, middle column; green fluorescence of in situ gelatin lysis by  
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26 MMPs after in situ zymography in presence of MMP inhibitor, right column. All pictures are  
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28 taken with X4 magnification. n, neo-intima; m, media. The arrows indicate the in situ MMP  
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30 activities in the neo-intima peripheral layer.  
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### 38 **Table 1. LMWF significantly reduced intimal hyperplasia**

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40 Treatment with LMWF significantly reduced the neo-intimal and media areas, the intima/media  
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42 ratio, cell number in neo-intima or media and cell density. The data are expressed as mean +  
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44 SEM.  
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	Uninjured aorta	Injured aorta+vehicle	Injured aorta+LMWF
Neo-intima area (mm <sup>2</sup> )	0.2 ± 0.02	5 ± 0.30 §§	3.0 ± 0.50 **
Media area (mm <sup>2</sup> )	9.0 ± 0.8	10 ± 0.5	8.1 ± 0.2 **
Lumen area (mm <sup>2</sup> )	23.3 ± 0.6	19.2 ± 0.2 §	22.6 ± 0.8 *
Intima/media ratio	ND	0.5 ± 0.08	0.27 ± 0.04 **
Cell density (cell/mm <sup>2</sup> )	20 ± 3	40 ± 3 §	28 ± 4 *
Neo-intima (cell)	-	200 ± 11	84 ± 4 **
Media (cell)	200 ± 8	400 ± 24 §	227 ± 14 *

§ P< 0.05, as compared to uninjured aorta (n=6)  
 §§ P< 0.01, as compared to uninjured aorta (n=6)  
 \* P< 0.05, as compared to vehicle (n=6)  
 \*\* P< 0.01, as compared to vehicle (n=6)

Table 1

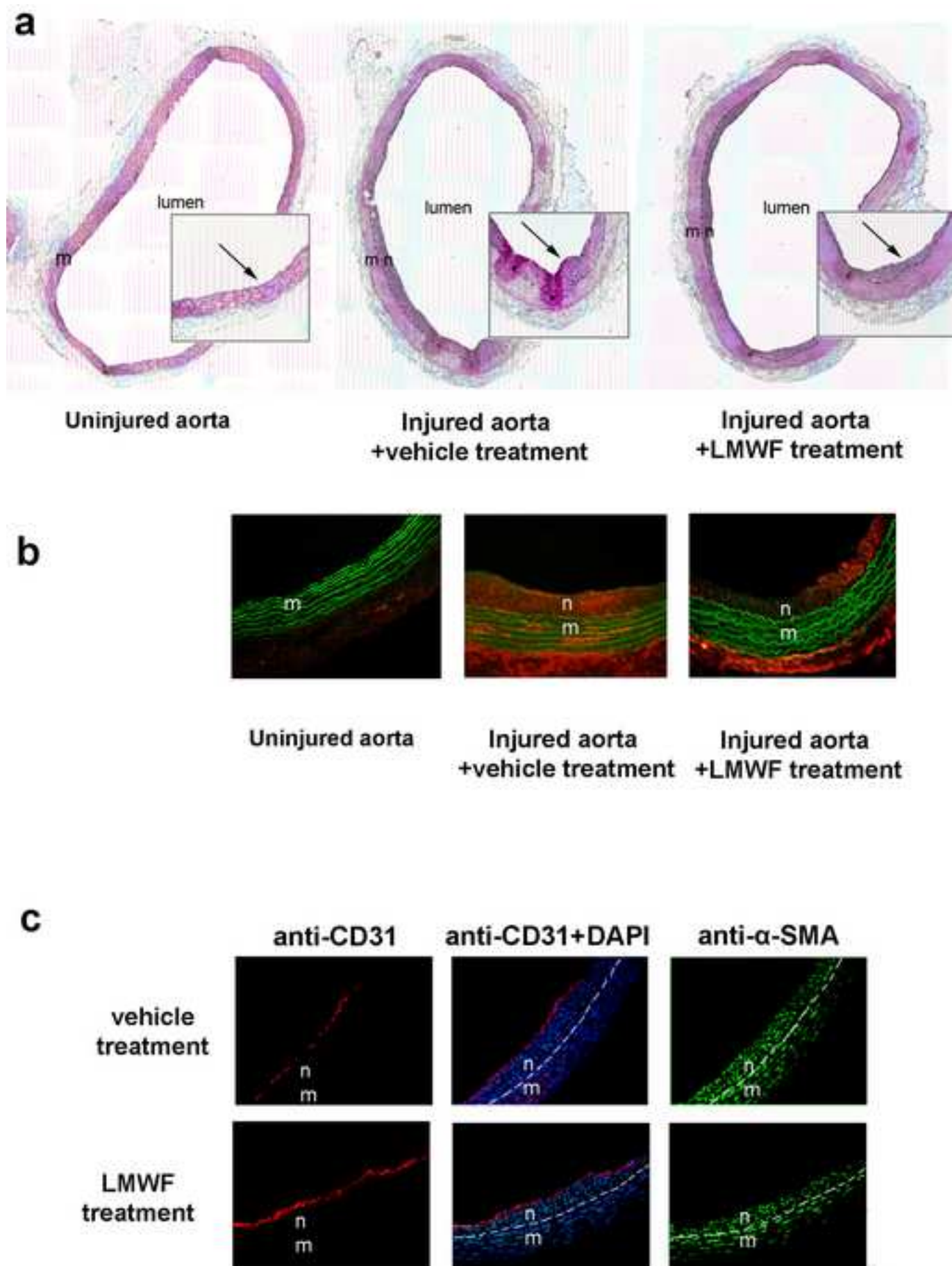


Figure 1



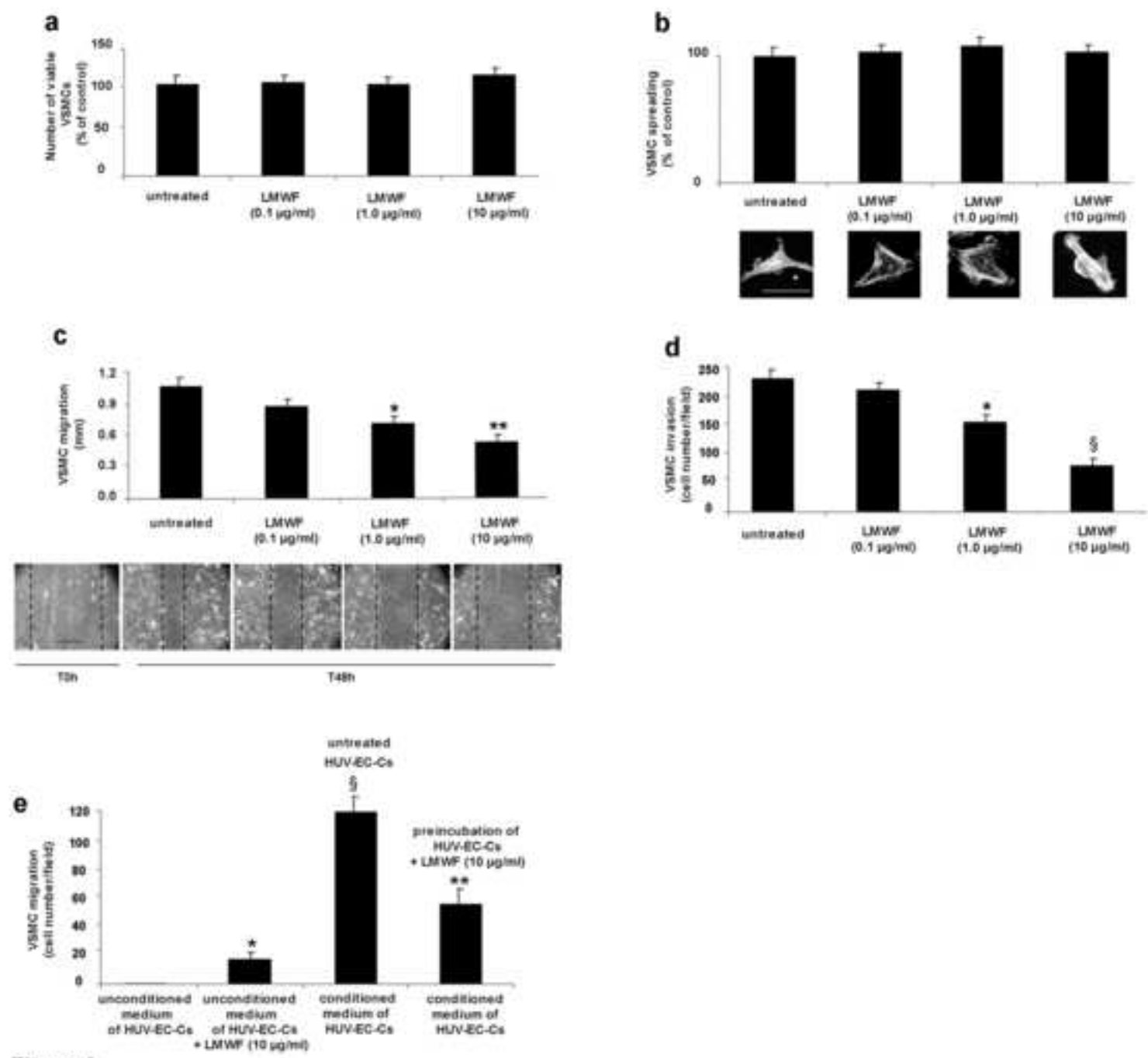


Figure 3

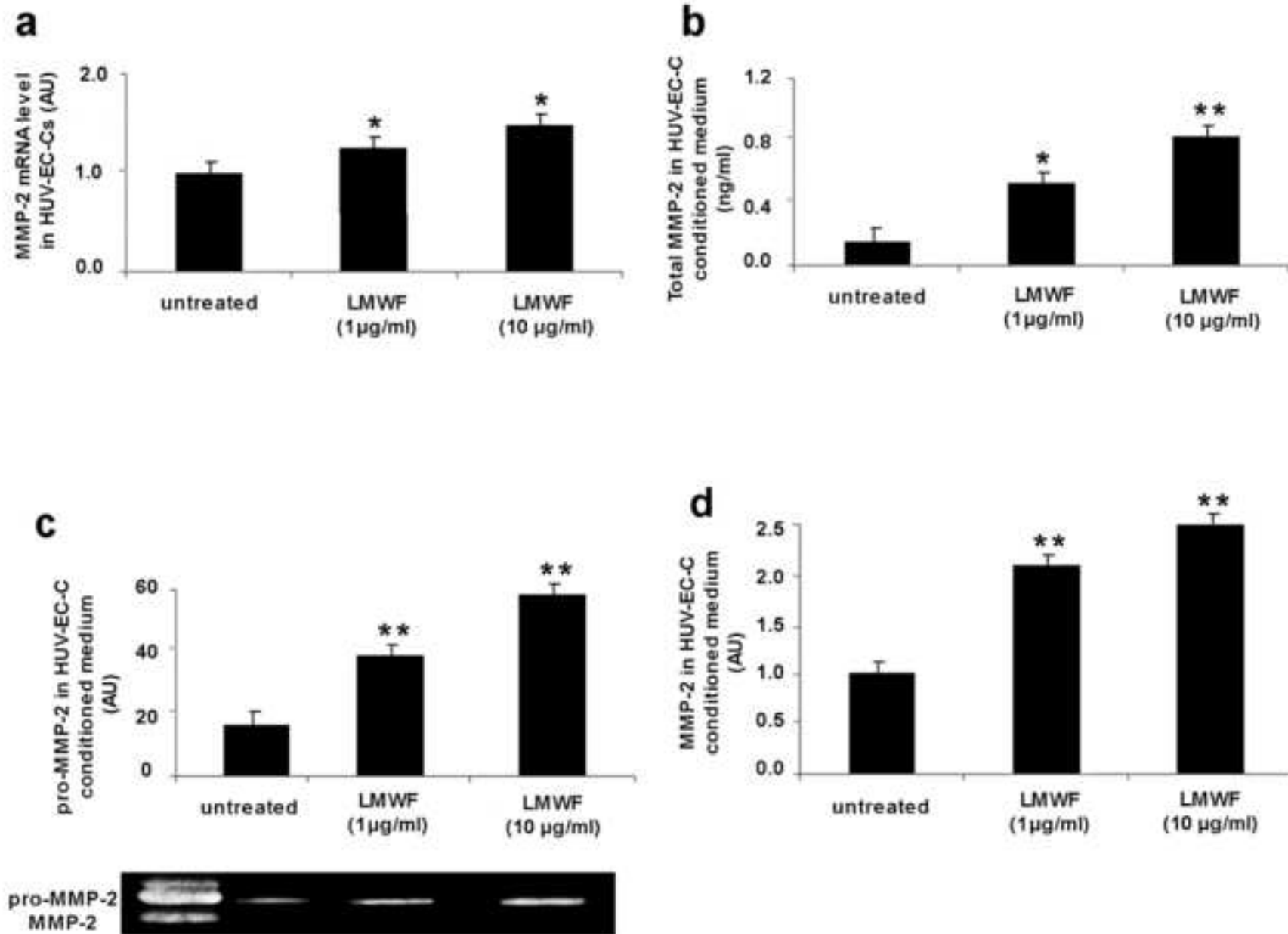


Figure 4

bioRxiv

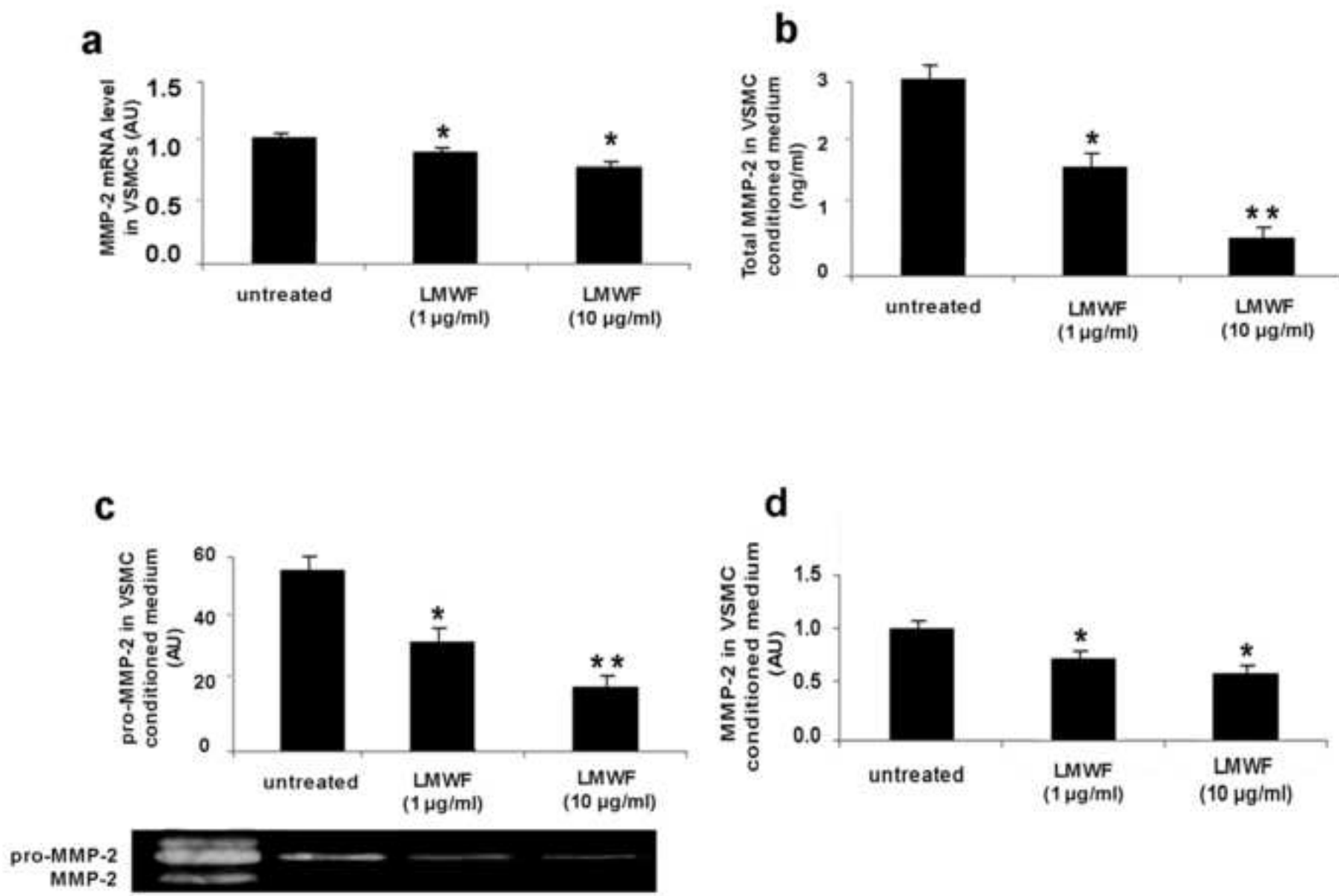


Figure 5

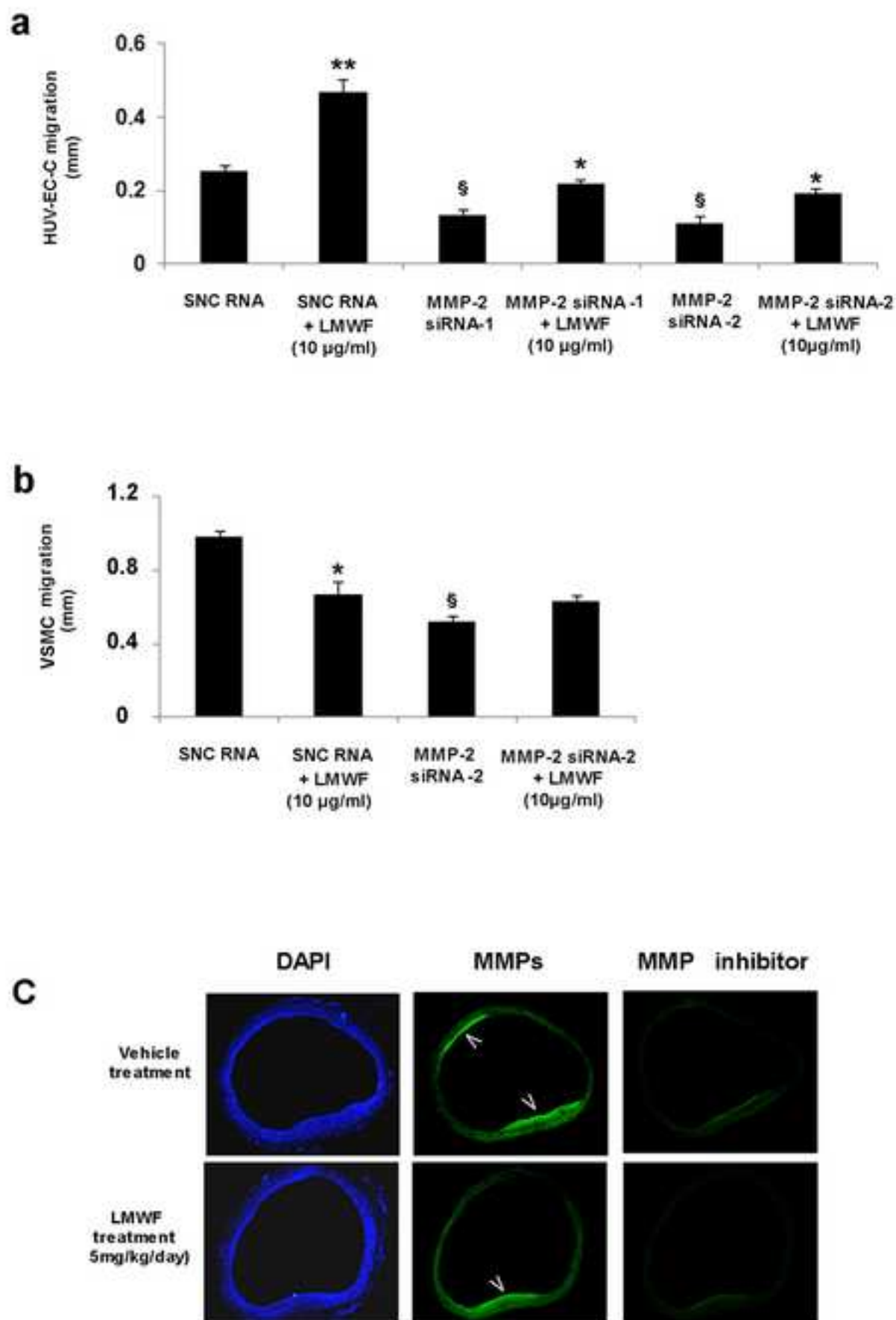


Figure 6

**\*Graphical Abstract**  
**Low molecular weight fucoidan prevents intimal hyperplasia in rat injured thoracic aorta through the modulation of matrix metalloproteinase-2 expression.**

Hlawaty H, Suffee N, Sutton A, Oudar O, Haddad O, Olivier V, Laguillier-Morizot C, Gattegno L, Letourneur D, Charnaux N

