



Effect of Enterococcus faecium M-74 strain on selected blood and production parameters of laying hens

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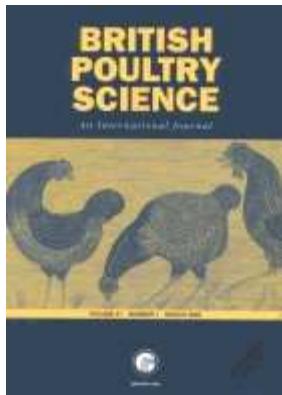
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1 1 Effects of *Enterococcus faecium* M 74 strain on selected blood and production
2 2 parameters of laying hens

3 3

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3 32 **Abstract:** 1. The aim of the present study was to evaluate the functional efficiency of a
4 33 probiotic strain, *Enterococcus faecium* M 74, in the feed on selected biochemical,
5 34 haematological and production parameters in ISA Brown hens.

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7
8 35 2. Feed in the experimental group was enriched with a probiotic preparation containing of
9 36 5×10^9 viable *Enterococcus faecium* M 74 per g. Blood samples were collected during the egg
10 37 laying period at 5 (w5), 25 (w25) and 45 (w45) weeks of production. Body weight, rate of lay
11 38 and egg weight were recorded every 4 weeks during the 48-week laying period.

12
13
14 39 3. Significantly lower concentrations of total cholesterol and total lipids in blood plasma were
15 40 observed in the experimental group at all sampling times compared with their respective
16 41 controls. Concentrations of triglycerides did not differ. Significantly lower concentrations of
17 42 plasma calcium were found in the experimental group at w5 and w45. Concentrations of
18 43 inorganic phosphorus in the experimental group were significantly higher at w25 but
19 44 significantly lower at w45. Erythrocyte count was significantly higher in the experimental
20 45 group at w25 and w45 when compared with controls. Leucocyte counts were significantly
21 46 lower in the experimental group at all sampling times. Significantly lower values of
22 47 haematocrit at w5 and w45 were observed in the experimental group than controls. Body
23 48 weight, number of eggs and average egg weight were not significantly affected by probiotic
24 49 addition.

25
26
27 50 4. In conclusion, the addition of probiotic strain *Enterococcus faecium* M 74 to the feed of
28 51 ISA Brown hens reduced cholesterol, lipids, calcium, leucocyte counts and haematocrit values
29 52 in blood plasma in at least two sampling times, while erythrocyte counts were increased. No
30 53 significant effects of probiotic on triglyceride concentration and egg production parameters
31 54 were observed.

32 55 INTRODUCTION

33 56 The European Union has banned the use of antibiotic feed additives due to the negative effect

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2
3 57 on human health (Immerseel *et al.*, 2004); antibiotic resistance is among the greatest threats to
4
5 58 public health (Finch and Sharland, 2009). Probiotics show promising effects as alternatives to
6
7 59 antibiotics as pressure to eliminate growth-promoting antibiotic use increases (Awad *et al.*,
8
9 60 2009).

10
11 61 The use of probiotic cultures in the poultry industry has recently become more common
12
13 62 (Torres-Rodriguez *et al.*, 2007). Probiotics are available as single microbial strains (*e.g.*,
14
15 63 *Bacillus clausii*, *Lactobacillus*) or as a mix of multiple strains of *Lactobacillus* (*acidophilus*,
16
17 64 *sporogenes*, *lactis*, *reuteri*, *plantarum*), *Bifidobacterium* (*bifidum*, *longum*, *infantis*),
18
19 65 *Streptococcus* (*thermophilus*, *lactis*, *fecalis*), *Saccharomyces boulardii* etc. (Singhi and
20
21 66 Baranwal, 2008). They have potential health benefits for conditions such as gastrointestinal
22
23 67 infections, genitourinary infections, allergies and certain bowel disorders, all of which afflict
24
25 68 a considerable proportion of the global population (Senok *et al.*, 2005). Research over the last
26
27 69 century has shown that lactic acid bacteria and certain other micro-organisms can increase
28
29 70 resistance to disease and that lactic acid bacteria can be enriched in the intestinal tract by
30
31 71 feeding specific carbohydrates (Patterson and Burkholder, 2003).

32
33 72 A single dose of *Lactobacillus* administered intragastrically improved weight gain and
34
35 73 food conversion efficiency (Khan *et al.*, 2007; Liu *et al.*, 2007; Zulkifli *et al.*, 2000), had a
36
37 74 growth-promoting effect in broiler chickens (Cavazzoni *et al.*, 1998) and modulating effects
38
39 75 on immune system of layer- and meat-type chickens (Koenen *et al.*, 2004). The application of
40
41 76 *Rhodobacter capsulatus* into diet may be a feasible way to reduce cholesterol concentration
42
43 77 and improve the ratio of unsaturated fatty acids to saturated fatty acids in broiler meat (Salma
44
45 78 *et al.*, 2007a). After *Bacillus subtilis* treatment, egg production, feed consumption and feed
46
47 79 conversion efficiency in layers (Li *et al.*, 2006) and growth performance of goslings (Wu *et*
48
49 80 *al.*, 2008) was improved.

50
51 81 Probiotic beneficial action in human and animals was also confirmed by Balevi *et al.*

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2
3 82 (2001), Juntunen *et al.* (2001), Wielen *et al.* (2002), Glück and Gebbers (2003), Weese and
4
5 83 Arroyo (2003), Gil de los Santos *et al.* (2005), Capcarova *et al.* (2008), Siggers *et al.* (2008),
6
7 84 Al-Salami *et al.* (2008) and others.
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9

10
11 85 Based on the data from literature and the trends of research in the field of probiotics, the
12
13 86 aim of the present study was to evaluate the functional efficiency of a probiotic strain
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15 87 *Enterococcus faecium* M 74 in the feed on selected biochemical, haematological and
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17 88 production parameters of laying hens.
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19

MATERIAL AND METHODS

Birds, management and diets

22
23 90 Forty ISA Brown laying hens were housed at 20 weeks of age in individual cages with a
24
25 91 space allowance of 573 cm² and given diet KKZ HYD 10 (Table 1). Feed and water were
26
27 92 provided *ad libitum*. Twenty birds acted as controls and 20 were given the experimental diet.
28
29 93 Blood collections were made at 5, 25 and 45 weeks of a 48-week laying period. The
30
31 94 experimental group of hens received a probiotic preparation with concentration of 5x10⁹
32
33 95 living organisms of *Enterococcus faecium* M 74 in 1 g. Probiotic preparation (Probiotics
34
35 96 International Ltd., UK) was in powder form for ease of incorporation into the diet, and added
36
37 97 to the feed at the rate of 0.5 g/1 kg to produce colony forming units (CFU) of 2.5x10⁹ in 1 kg
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39 98 of finished feed.
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Table 1 near here

Measurements

45
46 100 Blood was obtained from *vena basilica* and samples collected into EDTA treated tubes. A
47
48 101 0.2-ml blood sample was removed by micropipette to micro-capillaries for haematological
49
50 102 analyses and placed in a MPW-310 centrifuge for haematocrit measurement. The blood
51
52 103 plasma was separated from whole blood by centrifugation at 3000 g for 30 mins. Biochemical
53
54 104 parameters of mineral profile (calcium and inorganic phosphorus iP), energy profile (total
55
56 105 cholesterol, total lipids, triglycerides) and haematological parameters (erythrocytes and
57
58 106 chylomicrons).

1
2
3 107 leucocytes counts) were analysed using a semi-automated clinical chemistry analyser
4
5 108 Microlab 300 (Vilat Scientific, Dieren, The Netherlands) and Bürker chamber after dilution
6
7 109 with Natt-Herich solution. Haematocrit was determined by the micro-haematocrit centrifuge
8
9 110 method.

12
13 111 Body weight (BW), rate of lay and egg weight were determined. The birds were weighed
14
15 112 during whole laying period at 4-weekly intervals. The average egg weight was the mean of all
16
17 113 eggs produced during the 48-week laying period. Mortality was recorded daily.
18
19

20 114 **Statistical analysis**

21
22 115 SAS software was used to conduct statistical analyses. Analysis of variance and *t*-test were
23
24 116 used to calculate basic statistic characteristics and to determine significant differences
25
26 117 between experimental and control groups. The data presented concerning the biochemical and
27
28 118 haematological effects of probiotic strain are means of values obtained at three separate
29
30 119 sampling ages.
31
32

33 120 RESULTS
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36 121 **Blood biochemical parameters**

37
38 122 Clinical examination showed no changes in the health status of the control and experimental
39
40 123 groups. The effects of probiotic strain *Enteroccoccus faecium* on selected biochemical
41
42 124 parameters are shown in Table 2.

Table 2 near here

43
44 125 The concentration of total cholesterol in blood plasma was significantly lower in the
45
46 126 experimental group with probiotic supplementation compared with controls at all sampling
47
48 127 times (week 5, $P < 0.05$; weeks 25 and week 45, $P < 0.01$).
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50

51
52 128 Significantly lower mean concentrations of total lipids were found at all sampling ages in
53
54 129 comparison with controls. The lowest lipid concentration was found at week 45 in the
55
56 130 experimental group and the highest concentration at week 5 in the control group. Mean
57
58 131 concentrations of triglycerides were not significantly different throughout the study and
59
60

132 ranged from 12.51 mM to 13.06 mM in both groups.

133 Mean concentrations of plasma calcium were lower in the experimental group than
134 controls at all three sampling times, but the difference was only significant at weeks 5 and 45.
135 Mean concentrations of inorganic phosphorus were in a narrow range from 1.81mM to 1.92
136 mM in both groups, but that of the experimental group was significantly higher than controls
137 after 25 weeks of production but significantly lower at week 45.

138 **Haematological parameters**

139 Erythrocyte counts at week 5 were similar for the two groups, significantly higher at week 25
140 in the experimental group compared with the control group, but significantly lower than
141 controls at week 45 (Table 3). Mean leucocytes counts were significantly lower at all
142 sampling ages in the experimental group compared with controls ($P < 0.001$). The haematocrit
143 values fell within narrow limits in both the experimental and control groups, but the mean
144 haematocrit values in the experimental group were significantly lower than controls at weeks
145 5 and 45.

Table 3 near here

146 **Production parameters**

147 Results of production parameters are shown in Table 4. Although the BW of birds given the
148 probiotic strain treatment was higher than controls at all times, the differences between groups
149 were not statistically significant. *Enterococcus faecium* strain had slight beneficial effect on
150 egg production, with the experimental group averaging 308 eggs in the 48 weeks compared
151 with 285 eggs for the control group (data not shown). The average egg weight was also higher
152 in the experimental group than the controls, but again the difference was not statistically
153 significant. Only one bird died during whole experimental period, but a post-necropsy
154 investigation confirmed that the treatment had no negative effect on the health and internal
155 organs of the experimental hens. No other treatment-related sickness was found.

Table 4 near here

DISCUSSION

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2
3 157 In the present experiment, the probiotic strain *Enterococcus faecium* M 74 significantly
4
5 158 decreased concentrations of total cholesterol as well as total lipid in blood plasma. Since a
6
7 159 large proportion of the cholesterol in the body is synthesised *de novo*, mostly in the liver, the
8
9 160 search for feed additives to inhibit cholesterol biosynthesis has long been pursued as a means
10
11 161 of lowering the concentrations of plasma cholesterol (Regnstrom *et al.*, 1992). Regulation of
12
13 162 the serum cholesterol level is important to prevent atherosclerosis, as it has been shown that
14
15 163 atherosclerosis could be suppressed by controlling the concentration of cholesterol in the
16
17 164 serum (Kapila *et al.*, 2009).

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22 165 Lower concentrations of cholesterol in yolk and blood in connection with probiotic strains
23
24 166 supplementation have been described by Panda *et al.* (2003), Kurtoglu *et al.* (2004) Li *et al.*
25
26 167 (2006) and Salma *et al.* (2007b). Reduced blood plasma cholesterol concentrations effected
27
28 168 by *Lactobacillus acidophilus* were shown in some studies, and cholesterol decrease was
29
30 169 detected to be transient (de Roos and Katan, 2000). The mechanism of that action is still not
31
32 170 clear, though Buck and Gilliland (1994) and Pereira and Gibson (2002) suggested that
33
34 171 *Lactobacillus* was able to assimilate the cholesterol molecules. In a similar study, de Smet *et*
35
36 172 *al.* (1994) suggested that probiotic bacteria increase the synthesis of unconjugated bile acids,
37
38 173 thus contributing to the regulation of serum cholesterol, which is the precursor of bile acids.
39
40 174 The result of increased synthesis of these acids reduces the concentration of cholesterol. After
41
42 175 adding probiotics to the diet, the cholesterol concentrations in the liver and blood serum were
43
44 176 significantly lower in cockerels (Endo *et al.*, 1999) and in rats (Hosono, 2000, 2001).

45
46
47 177 According to Kurtoglu *et al.* (2004), supplementation of 250, 500 and 750 mg/kg
48
49 178 probiotic increased egg production, reduced the number of cracked eggs, and decreased the
50
51 179 egg yolk and serum cholesterol concentrations. Serum triglyceride concentrations were
52
53 180 reduced by diet supplementation with 500 and 750 mg/kg probiotic. There are indications that
54
55 181 probiotic supplementation of the diet may lead to changes in serum global lipid profiles, as

reflected in increased triglyceride levels (Kekkonen *et al.*, 2008). The results of Xiao *et al.* (2003) showed the potential of the probiotic *Bacterium longum* strain to improve the plasma lipid panel in rats when added to diet. The hypocholesterolaemic effect of *Lactobacillus* strains is attributed to its ability to reduce serum and liver total cholesterol concentrations, as was demonstrated in the hamster (Chiu *et al.*, 2006). However, results from Greany *et al.* (2008) do not support a beneficial effect of *Lactobacillus acidophilus* strain DDS-1 or *Bifidobacterium longum* strain UABL-14 on plasma lipids in young women and men who have a normal cholesterol concentration. Simon *et al.* (2006) suggested that *Lactobacillus fermentum* did not appear to produce a major change in serum lipid fractions in humans, but a small effect could not be excluded.

A lower mean concentration of plasma calcium was found at all weeks in the experimental group in comparison with the control group. These findings are in contrast with work of Panda *et al.* (2003), who reported significantly higher serum calcium levels following probiotic supplementation. Mean concentrations of iP in our experiment were within narrow limits in both groups of birds. No clear effect of probiotic supplementation on iP in blood plasma was observed and results seem to be inconclusive. Similarly, Panda *et al.* (2003), could not confirm an effect of probiotic supplementation on the concentration of plasma inorganic P.

In another report, Panda *et al.* (2006) confirmed that addition of a probiotic strain (*Lactobacilu sporogenes*) had a positive effect on bone breaking strength and bone ash content and could be attributed to the favourable environment in intestinal tract created by the feeding of a probiotic strain. This probiotic supplementation may have helped to digest and absorb more calcium and subsequently support bone metabolism resulting in a higher bone density and strength.

Tang *et al.* (2007) showed that fermenting calcium-fortified soya milk with selected

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3 207 probiotics can potentially enhance the calcium bioavailability of calcium-fortified soya milk
4
5 208 due to an increase in calcium solubility and bioactive isoflavone aglycone enrichment.
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7
8 209 Cetin *et al.* (2005) concluded that probiotic supplementation resulted in significant
9 increases in the erythrocyte count, haemoglobin concentration and haematocrit values, but
10
11 210 had no effect on total leucocytes and differential leucocytes counts. In contrast, the current
12
13 211 study only showed significantly higher erythrocytes counts in the experimental group at week
14
15 212 25. We found significantly lower leucocyte counts in all observed weeks, which is in contrast
16
17 213 to the findings of Cetin *et al.* (2005) and Zhou *et al.* (2000), who reported no significant
18
19 214 effect of probiotics on leucocyte count.
20
21
22 215

23
24 216 The current data show significantly lower mean haematocrit values in hens with probiotic
25 administration, which concurs with the report of Agawane and Lonkar (2004), who found a
26 significant decrease in the haemoglobin and packed cell volume in birds with probiotic
27 treatment.
28
29 219

30
31 220 Production parameters were not influenced by probiotic supplementation during our
32 experiment, which is in agreement with the findings of Balevi *et al.* (2001) that egg weight
33 was not influenced by probiotic addition. Kurtoglu *et al.* (2004) and Yörük *et al.* (2004)
34 reported increased egg production, reduced mortality, and improved feed conversion
35 efficiency with probiotic supplementation but with no improvement in egg quality. Irshad
36
37 223 (2006) found that poultry growth was promoted with gradually increasing doses of probiotics,
38
39 224 up to 1 g per 10 kg feed. However, doses of probiotics higher than that may have had reversed
40
41 225 effect on poultry growth.
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43
44 227

45
46 228 In conclusion, the addition of probiotic strain *Enterococcus faecium* M 74 to the diet of
47 ISA Brown hens lowered cholesterol, lipids, calcium, leucocyte counts and haematocrit, and
48 increased erythrocyte counts, in blood plasma in at least two sampling times. The effect of
49
50 229 probiotic on iP was inconclusive and no effect was observed on triglyceride concentrations or
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52 231

1
2 232 egg production parameters.
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6
7

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9
10 235 of this paper.
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386
387**Table 1.** Diet composition of feed formulation KKZ HYD-10

Ingredients	KKZ HYD-10
Crude protein	min. 153 g/kg
ME	min. 11.5 MJ/kg
Ash	max. 160 g/kg
Fibre	max. 60 g/kg
Lysine	min. 7 g/kg
Methionine and cystine	min. 6 g/kg
- of which methionine	min. 3.5 g/kg
Linoleic acid	min. 15 g/kg
Calcium	min. 28 - 45 g/kg
Phosphorus	min. 5 g/kg
Sodium	1.2 – 2.5 g/kg
Manganese	min. 40 mg/kg
Iron	min. 40 mg/kg
Copper	min. 4 mg/kg
Zinc	min. 60 mg/kg
Retinol	min. 5333 mg/kg
Riboflavin	min. 4 mg/kg
Cyanocobalamin	min. 0.01 mg/kg
Cholecalciferol	min. 1066 mg/kg
Vitamin E (α -tocopherol)	min. 10 mg/kg

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5 **Table 2.** Effects of dietary treatment (*Enterococcus faecium M 74*) on some blood
6 biochemical parameters of ISA Brown laying hens
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		Control group			Experimental group		
		Sampling times (weeks of production)					
		5	25	45	5	25	45
cholesterol mM	mean	3.96	3.53	3.17	3.80*	2.92**	2.63**
	SD	0.27	0.30	0.52	0.31	0.53	0.50
total lipids g/L	mean	11.05	10.29	10.20	10.71*	10.11*	9.80*
	SD	0.32	0.45	0.37	0.24	0.28	0.26
triglycerides mM	mean	12.64	12.97	12.91	12.51	12.92	13.06
	SD	0.25	0.46	0.66	0.45	0.18	0.44
calcium mM	mean	8.28	7.94	8.12	7.88*	7.88	7.93*
	SD	0.11	0.47	0.09	0.27	0.60	0.16
phosphorus mM	mean	1.86	1.81	1.92	1.85	1.85*	1.88*
	SD	0.06	0.05	0.05	0.05	0.08	0.07

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25 Significantly different from the control values of the same week (* $P < 0.05$; ** $P < 0.01$)
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3 **Table 3.** Effects of dietary treatment (*Enterococcus faecium M 74*) on some blood
4 haematological parameters of ISA Brown laying hens

		Control group			Experimental group		
		Sampling times (weeks of production)			5	25	45
		5	25	45			
erythrocytes	mean	3.39	3.04	3.06	3.40	3.08*	3.03*
	T/l	SD	0.08	0.05	0.07	0.06	0.05
leucocytes	mean	24.49	24.38	24.43	21.25***	20.60***	20.71***
	G/l	SD	0.54	0.15	0.13	0.61	0.11
hematocrit	mean	33.85	32.44	33.43	33.09*	32.48	32.72*
	%	SD	0.52	0.39	0.49	0.39	0.34

Significantly different from the control values of the same week (* $P < 0.05$; ** $P < 0.01$)

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3 **Table 4.** *Effect of dietary treatment (*Enterococcus faecium M 74*) on body weight,
4 rate of lay and egg weight of ISA Brown hens*

	Weeks of production											
	4	8	12	16	20	24	28	32	36	40	44	48
Body weight (g)												
C	1656	1702	1773	1749	1727	1735	1771	1781	1830	1825	1889	1907
SD	135	152	151	147	164	161	169	196	178	202	201	198
E	1702	1759	1803	1816	1787	1792	1834	1870	1887	1894	1941	1958
SD	142	124	121	125	155	165	152	173	192	199	210	215
Rate of lay (eggs/100 bird.d)												
C	91	93	95	95	92	96	95	92	92	87	85	80
SD	9.8	11.2	5.8	6.6	9.0	5.6	5.9	8.8	8.1	10.1	11.1	17.7
E	93	95	94	98	93	97	95	93	90	83	85	84
SD	8.1	6.6	7.9	4.0	7.8	4.8	6.7	9.4	10.2	17.2	14.8	15.4
Egg weight (g)												
C	51.2	57.5	62.1	63.3	63.5	62.7	62.9	63.6	63.4	62.9	61.9	63.5
SD	5.4	3.6	2.8	3.1	2.9	2.5	2.5	3.8	2.8	3.0	9.5	3.6
E	52.6	58.9	62.9	65.1	64.5	63.7	63.9	64.2	63.9	62.2	64.0	63.2
SD	4.1	4.4	3.9	3.7	3.7	3.3	2.9	4.1	4.0	6.5	4.0	4.2

25 No significant differences between groups ($P > 0.05$)