

Acceleration of the direct identification of versus coagulase-negative staphylococci from blood culture material: a comparison of six bacterial DNA extraction methods

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- 1 Acceleration of direct identification of *Staphylococcus aureus* versus
- 2 Coagulase Negative Staphylococci from blood culture material: a comparison
- **3 of six bacterial DNA extraction methods**
- 4 Anne J.M. Loonen^{1,2,3}, Arjan R. Jansz¹, Herman Kreeftenberg⁴, Cathrien A. Bruggeman³,
- 5 Petra F.G. Wolffs³, and Adriaan J.C. van den Brule^{* 1,2,5}
- 6
- ⁷ ¹ PAMM Laboratory for Medical Microbiology, Eindhoven/Veldhoven, the Netherlands
- 8 ² Fontys University of Applied Science, Centre for Medical Molecular Diagnostics,
- 9 Eindhoven, the Netherlands
- ³ Maastricht University Medical Centre, Department of Medical Microbiology,
- 11 Maastricht, the Netherlands
- ⁴ Catharina Hospital, Department of Intensive Care, Eindhoven, the Netherlands
- ⁵ Catharina Hospital, Department of Molecular Diagnostics, Eindhoven, The
- 14 Netherlands
- 15 ***Corresponding author**:
- 16 Dr. Adriaan J.C. van den Brule
- 17 Department of Molecular Diagnostics
- 18 Catharina Hospital / PAMM Laboratory
- 19 Michelangelolaan 2
- 20 5623 EJ Eindhoven
- 21 The Netherlands
- 22 Phone +31-40-2396150
- 23 Fax +31-40-2396109
- 24 Email a.van.den.brule@pamm.nl
- 25
- 26 **Running title:** Accelerated detection of *S.aureus* vs. CNS from blood culture material
- 27 Keywords: Blood culture material, bacterial DNA isolation, real-time PCR, Staphylococci

28 Abstract

- 29 To accelerate differentiation between *Staphylococcus aureus* and Coagulase
- 30 Negative Staphylococci (CNS), this study aimed to compare six different DNA
- 31 extraction methods from 2 commonly used blood culture materials, i.e. BACTEC and
- Bact/ALERT. Furthermore, we analyzed the effect of reduced blood culture
- incubation for detection of staphylococci directly from blood culture material.
- A real-time PCR duplex assay was used to compare 6 different DNA isolation
- 35 protocols on two different blood culture systems. Negative blood culture material was
- 36 spiked with MRSA. Bacterial DNA was isolated with: automated extractor EasyMAG
- 37 (3 protocols), automated extractor MagNA Pure LC (LC Microbiology Kit M^{Grade}), a
- manual kit MolYsis Plus, and a combination between MolYsis Plus and the
- 39 EasyMAG. The most optimal isolation method was used to evaluate reduced
- 40 bacterial incubation times.
- 41 Bacterial DNA isolation with the MolYsis Plus kit in combination with the specific B
- 42 protocol on the EasyMAG resulted in the most sensitive detection of *S.aureus*, with a
- 43 detection limit of 10 CFU/ml, in Bact/ALERT material, whereas using BACTEC
- 44 resulted in a detection limit of 100 CFU/ml.
- 45 An initial *S.aureus* or CNS load of 1 CFU/ml blood can be detected after 5 hours of
- 46 incubation in Bact/ALERT3D by combining the sensitive isolation method and the tuf
- 47 LightCycler assay.

48 Introduction

49 S.aureus is a pathogen which can cause both hospital- and community associated infectious diseases, ranging from minor skin infections to endocarditis, bacteremia, 50 sepsis and septic shock [1]. Sepsis can result in high morbidity and mortality. In the 51 United States, blood stream infections develop in approximately 250.000 people 52 yearly [2]. In the Netherlands, the incidence of patients admitted to the ICU with 53 severe sepsis ranges around 8643 ± 929 per year [3]. Currently, blood culture is the 54 gold standard for identification of pathogens from suspected bacterial sepsis patients. 55 Unfortunately, blood culture is time-consuming taking at least 24-72 hours for final 56 determination of the bacteria causing the disease. Staphylococci are number one of 57 Gram positive organisms in blood cultures. Differentiating S.aureus from Coagulase 58 Negative Staphylococci (CNS) is important, because sepsis with S.aureus is 59 common and virulent with mortality rates in the range of 20-30% [4]. CNS are often 60 considered as being contaminants in blood cultures due to the fact that these species 61 are members of the normal skin flora and mucous membranes and can contaminate 62 63 the sample when it is taken. However, it is known that CNS infections are increasingly recognized as clinically relevant infections and confirmation on the 64 presence of these species in blood culture is therefore important (reviewed in [5-8]). 65 Several molecular methods for rapid accurate detection of bacteria, from positive 66 blood culture material have been described, including (commercial) real-time PCR 67 based diagnostic tests [9-11], fluorescence in situ hybridization [12, 13], MALDI-TOF-68 MS [14], but also DNA micro arrays [15, 16]. However, all these techniques are used 69 on positive blood culture material. Reduction in the time to result can be achieved by 70 applying molecular methods either directly on whole blood or on blood culture 71 material with reduced incubation times. Ideally usage of whole blood is preferred but 72 the techniques that are now available are often, clinically, not sensitive enough, as 73 has been shown by others investigating a commercial real-time PCR test available 74 [17-19]. Blood culture materials are known to contain inhibiting factors which can 75 reduce detection in a sensitive real-time PCR [20-23]. It is therefore important to 76 include a good isolation method, in the molecular diagnostic strategy, which is able to 77 efficiently remove inhibiting factors and one which still allows sensitive DNA detection 78 by PCR. In this study we compared 6 different, both manual and automated, bacterial 79 DNA isolation methods for 2 commonly used blood culture systems, i.e. BACTEC 80

- 81 (Becton Dickinson) and Bact/ALERT (bioMérieux), to be able to find the most
- sensitive bacterial DNA isolation method. Additionally, we investigated the
- 83 occurrence of inhibition in PCR amplification after DNA isolation. A sensitive real-time
- PCR assay was designed to be able to detect staphylococci and to differentiate
- 85 S.aureus from CNS [Loonen A.J.M. et al., manuscript submitted]. Subsequently, this
- real-time PCR was used in combination with the optimal DNA isolation method to
- investigate the level of time reduction to identify staphylococci from blood culture
- 88 material. Results were compared with conventional blood culture techniques used in
- 89 diagnostic laboratories.

90 Materials and Methods

Culture methods: Negatively cultured blood culture bottles, derived from routine
diagnostics of both BACTEC (Becton Dickinson, the Netherlands) and Bact/ALERT
(bioMérieux, the Netherlands) systems, were used in this study for spiking
experiments (bottles have been cultured for 1 week and remained negative).
Additionally, healthy volunteers donated 10 ml blood as input for the Bact/ALERT
bottles. Bottles were incubated and handled according to manufactures protocol.

DNA isolation methods: Methicillin-resistant S.aureus ATCC 33592 was cultured 97 overnight on bloodagar. Fresh plates were used to make a 2 McF solution which 98 was subsequently serially diluted (1:10) in negative blood culture material from both 99 systems (BACTEC and Bact/ALERT). One hundred µI was plated on bloodagar 100 plates to check CFU per sample. Three different isolation protocols on the NucliSens 101 EasyMAG (bioMérieux) were tested (generic, specific A and specific B protocol: main 102 difference between protocols is the number of washing steps, with least steps in the 103 generic protocol and most washing steps in the specific B protocol), 1 isolation kit 104 (LC Microbiology Kit M^{Grade}) on the MagNA Pure LC (Roche Diagnostics), the 105 MolYsis Plus kit (Molzym GmBh, Bremen, Germany) was used according to Molzym 106 107 instructions and in combination with the EasyMAG. When MolYsis was used in combination with the EasyMAG, manufacturer's instructions (Molzym) were followed 108 109 until the Buglysis step and subsequently bacterial DNA was extracted according to the specific B protocol on the EasyMAG. Input volume in each isolation was 200µl, 110 111 only for the MagNA Pure LC 100µl was used, and samples were always eluted in 100µl elution buffer provided with each isolation method. Each extraction was 112 performed at least 2-3 times in independent experiments. Phocine herpes virus type 113 1 (PhHV-1) was added to each sample eluate as an amplification and inhibition 114 control. Samples were analyzed with the LightCycler assay described below. 115 LightCycler assay: A duplex real-time PCR, detecting the *tuf* gene of both 116 staphylococci and S.aureus specifically, is used as described in detail elsewhere 117 [Loonen A.J.M. et al., submitted]. In brief, the positions of the primers and probes 118 were derived from the S. aureus tuf gene sequence (GenBank accession no. 119 AF298796). The sequences of the primers and probes were as follows; 120

121 Staphylococcus spp. forward primer ccaatgccacaaactcgtga (position 32-51),

Staphylococcus spp. reverse primer cacgaccagtgattgagaatacg (position 371-349), 122 S.aureus forward primer tcctggttcaattacaccacatactg (position 583-608), S.aureus 123 reverse primer ggaaatagaattgtggacgatagtttga (position 698-671), Staphylococcus 124 spp. probe VIC-ccattcatgatgccagttg-BHQ1 (position 326-344), S.aureus probe FAM-125 tgataatacgtatacttctgc-BHQ1 (position 637-617). Oligonucleotide primers were 126 obtained from Eurogentec (Liège, Belgium), Staphylococcus XS probe and the 127 S.aureus XS probe were obtained from Biolegio (Nijmegen, the Netherlands). PhHV-128 1 primers and VIC labeled probe [24] were obtained from Applied Biosystems 129 130 (Nieuwerkerk aan den IJssel, the Netherlands). PCR mixtures consisted of 5x LightCycler TagMan Master mixture (Roche Diagnostics), 0.9µM concentration of 131 each primer, 0.2µM concentration of each probe, and aquadest in a volume of 15µl to 132 which 5µl DNA sample was added, leading to a final reaction volume of 20µl in each 133 134 capillary. Primers and probe targeting PhHV had a concentration of 0.1µM each and were used in a separate single real-time PCR. All samples were amplified on the 135 136 LightCycler v2.0 (Roche Diagnostics) according to the following cycling parameters: an initial incubation step for 10 min at 95°C for enzyme activation and DNA 137 denaturation, subsequently 45 cycli of 15 sec 95 °C followed by 1 min 60°C. Results 138 were analyzed with LightCycler Software version 4.05 (Roche Diagnostics). 139

141 **Results**

142 Evaluation of different bacterial DNA extraction methods

In table 1 the results are presented of the comparison of 6 different bacterial DNA 143 extraction methods on S.aureus spiked blood culture material. The MagNA Pure LC 144 (Roche Diagnostics) resulted in a detection limit of 10⁴ CFU/ml for both culture 145 systems. On the EasyMAG 3 protocols were evaluated to isolate bacterial DNA from 146 spiked clinical material, generic, specific A and specific B. We tested all 3 protocols 147 and usage of the specific B protocol resulted in the best detection limit of 10² CFU/mI 148 of S.aureus in Bact/ALERT material. Although MolYsis Plus did not result in a low 149 detection limit, we tested this manual kit in combination with the specific B protocol 150 on the EasyMAG. By combining both methods all human DNA was removed and 151 bacteria were lysed by the MolYsis Plus kit, and subsequently the EasyMAG was 152 used for optimal washing and elution of bacterial DNA. It was possible to reduce 153 hands-on time and avoid possible contamination due to skipping of manual 154 handlings. This combination of methods resulted in the most sensitive detection limit, 155 156 i.e.10 CFU/ml, in Bact/ALERT material. Time to result for this combined method followed by real-time PCR is approximately 4-5 hours, but strongly depending on the 157 158 number of samples. No inhibition was observed in the real-time PCR, all samples and controls showed similar Cp values in one run (Cp±0.5). All experiments were 159 performed at least 2-3 times. 160

161 Reduced blood culture times

To investigate the effect of reduced blood culture incubation for pathogen detection 162 163 by PCR a combination between the sensitive *tuf* LightCycler assay and the sensitive isolation method, the MolYsis Plus Kit in combination with the specific B protocol on 164 the EasyMAG, was analyzed on S.aureus (ATCC 33592) spiked Bact/ALERT blood 165 culture bottles containing fresh blood of healthy volunteers. First it was investigated 166 167 how many CFU S.aureus per ml needed to be present to be able to detect a signal with the LightCycler assay, therefore 1000, 100 and 10 CFU were spiked in different 168 bottles, both SA (Standard Aerobic) and SN (Standard Anaerobic) Bact/ALERT 169 bottles. BACTEC bottles were not investigated due to poorer results obtained with all 170 isolation methods analysed. The results of this experiment are depicted in figure 2 171 and indicate that 1000 CFU of S.aureus (100 CFU/ml blood) could be detected by 172

PCR immediately after spiking indicating that no incubation step was required. The 173 bottles containing 100 CFU of S.aureus (10 CFU/ml blood) resulted in positive real-174 time PCR signals after 1 hour incubation in the Bact/ALERT 3D. The 10 CFU bottles 175 (1 CFU/ml blood) needed a maximum of 5 hours incubation in the Bact/ALERT3D to 176 be able to detect the S.aureus bacteria present using a subsequent PCR. The 177 experiment with 10 CFU S.aureus per bottle was repeated 8 times with both aerobe 178 and anaerobe bottles and showed reproducible results. Standard deviations (SD) of 179 the Cp values were calculated for the 10 CFU/bottle experiments (aureus probe). 180 Three hour time point (2/8 positive) showed SD of 3.44, 4hr timepoint (5/8 positive) 181 indicated SD of 1.09, and the 5 hr time point (8/8 positive) resulted in SD of 1.09. 182 Clinical strains of S.aureus and S.epidermidis were also spiked in Bact/ALERT blood 183 culture bottles (aerobe (SA) and anaerobe (SN)) containing blood of healthy 184 volunteers. The results of these experiments were similar as the results presented for 185 the S.aureus ATCC 33592 strain. With conventional detection methods, results of the 186 187 bottles containing 10 CFU S.aureus were available after at least 28 hours.

189 **Discussion**

In this study, 6 different bacterial DNA extraction protocols were evaluated, by using 190 a sensitive and specific tuf gene based real-time PCR detection assay, which 191 192 enabled the differentiation between S.aureus and CNS. From this study it can be concluded that the MolYsis Plus kit (Molzym) in combination with the specific B 193 194 protocol on the EasyMAG (bioMérieux) resulted in the most optimal isolation of bacterial DNA from Bact/ALERT blood culture material. A detection limit of 10 195 CFU/ml was obtained in the *tuf* LightCycler assay for Bact/ALERT material. By using 196 the *tuf* LightCycler assay 1 CFU/ml S.aureus or CNS could be detected from 197 Bact/ALERT blood culture material when an incubation step of a maximum of 5 hours 198 was applied. By using this reduced incubation time it was possible to identify 199 S.aureus versus CNS within one working day. 200

Six different bacterial DNA extraction methods were compared on two commonly 201 used blood culture systems (BACTEC and Bact/ALERT). The specific B protocol on 202 the EasyMAG contains most washing steps compared to the generic and specific A 203 204 protocol, possibly explaining the better results obtained with this isolation protocol. The bacterial DNA isolation performed with the MolYsis Plus kit resulted in a low 205 206 detection limit, for both culture systems. Gebert *et al.*, published a study in 2008 in which they show that the MolYsis Plus kit performs well in their hands [25]. They 207 used 500µl input material, and were able to conclude that PCR analysis in 208 combination with MolYsis Plus DNA isolation resulted in accelerated detection of 209 210 pathogens in blood culture samples. Inhibiting factors were not found to be present in the samples in the study of Gebert et al [25]. In our study, no PCR inhibition was 211 observed (all samples and controls showed similar Cp±0.5 values in one run). The 212 detection limit in the LightCycler assay, after MolYsis Plus isolation, was low i.e., 10⁴ 213 CFU/ml. The MolYsis Plus kit eliminates human background DNA from the samples 214 and enrichment of bacterial DNA takes place. Complete isolation with the MolYsis 215 Plus kit takes 3 hrs, of which 2 hours hands-on time. By using the EasyMAG specific 216 B protocol after completion of the MolYsis Plus Buglysis step, the total isolation time 217 is not significantly reduced. However, hands-on time and the chance for 218 contamination are drastically reduced, due to the fact that column handling is 219 skipped. A comparison between both culture systems resulted in a difference in 220 bacterial DNA isolation efficiency. Usage of Bact/ALERT blood culture material 221

leaded in most isolation methods to better results compared to BACTEC material.
We experienced difficulties in the bacterial DNA isolations due to the beads present
in BACTEC bottles, but we can not conclude that the beads leaded to the weaker
performance of BACTEC material compared to Bact/ALERT material. However, due

to this finding all experiments were continued with Bact/ALERT material.

227 By applying a 5 hour incubation step for blood culture bottles containing approximately 10 CFU of S.aureus or CNS it was possible to detect these bacteria by 228 the *tuf* LightCycler assay. These results could be produced within 1 working day 229 when starting early in the morning. Compared to conventional culture techniques for 230 staphylococci, results were available at least 19hrs faster. Gebert et al.[25], also 231 232 showed in their paper that by combining a sensitive real-time PCR and a sensitive isolation method, culture times can be reduced. They showed a 5.0-8.7 hours time 233 gain in spiking experiments and an average time gain of 10.7 hours was obtained 234 when the method was applied on blood culture bottles of septic patients. Maximum 235 time gain can be reached when starting either immediately in the morning or when 236 237 the microbiology laboratory has 24 hours service. Laboratories with a 24 hours setup will always benefit from this method. 238

239 The experiments described in this paper all focus on accelerated detection of staphylococci, especially on detection of S.aureus. Staphylococci were chosen as a 240 model system because Gram positive bacteria are frequently detected in blood 241 culture bottles, making it a relevant group of micro-organisms for such a study [26-242 28]. Infections are, however, caused by a variety of pathogens. Staphylococci are 243 fast growing bacteria and in this study a proof-of-principle is shown. Accelerated 244 245 detection, of other pathogens causing blood stream infections (i.e. *E.coli*), directly 246 from blood culture material in combination with reduced culture time and with this sensitive isolation method should be investigated in future experiments. It is of 247 clinical importance in the future to focus especially on fastidious pathogens or fungi, 248 since those pathogens are difficult to culture and for these pathogens time to result 249 can than hopefully be drastically reduced. A similar approach as presented in this 250 study can be applied to investigate reduced incubation times for other pathogens. 251

It is known from literature that staphylococci <u>are the most frequently causative agent</u>
 <u>of medical device related and surgical-site infections</u> [7],. Therefore it is interesting to

- apply the *tuf* LightCycler duplex assay in these patient groups using whole blood
 samples. Preliminary results showed that the MolYsis Complete kit (Molzym) has
 already proven to be successful in our hands (data not shown) as well as in the
 hands of others [29].
- In conclusion, by combining the MolYsis Plus kit and the specific B protocol on the
 EasyMAG 10 CFU/ml could be detected from *S.aureus* spiked Bact/ALERT blood
 culture material. By applying this isolation method followed by the sensitive *tuf*LightCycler duplex assay, using 5 hours incubated spiked blood culture material, 1
 CFU *S.aureus* or CNS per 1 ml blood could be detected. Future studies are needed
 to address the clinical application of this approach.

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Conflict of interest

269 The authors declare that they have no conflict of interest.

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Figures and Tables

Table 1. Evaluation of 6 different DNA isolation protocols on blood culture material spiked with 10-fold dilution series of *S.aureus*

$ \frac{1}{10^{5}} \frac{10^{4}}{10^{3}} \frac{10^{2}}{10^{2}} \frac{10^{2}}{10^{$											
$\frac{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10}{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10} = \frac{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10}{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10} = \frac{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10}{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10} = \frac{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10}{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10} = \frac{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10}{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10} = \frac{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10}{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10} = \frac{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10}{10^5 \ 10^4 \ 10^3 \ 10^2 \ 10} = 10^5 \ 10^4 \ 10^3 \ 10^2 \ 10^4 \ 10^3 \ 10^2 \ 10^4 \ 10^3 \ 10^2 \ 10^4 \ 10^3 \ 10^2 \ 10^4 \ 10^3 \ 10^2 \ 10^4 \ 10^3 \ 10^2 \ 10^4 \ 10^3 \ 10^2 \ 10^4 \ 10^3 \ 10^2 \ 10^4 \ 10^3 \ 10^2 \ 10^4 \ 10^3 \ 10^2 \ 10^4 \ 10^3 \ 10^2 \ 10^4 \ 10^3 \ 10^2 \ 10^4 \ 10^3 \ 10^2 \ 10^4 $		DNA isolation protocol	Detection limit in CFU/mI								
9 EasyMAG generic +* +* +* +* + - - - 1 EasyMAG specA +* +* +* +* + - - - 2 EasyMAG specB +* +* +* + - - - 3 MPLC +* +* - - - - - 4 MolYsis Plus + +* +* + - - - 5 MolYsis Plus + EasyMAG specB +* +* +* + + - - - - 6 MolYsis Plus + EasyMAG specB +* +* +* +* + + -			10 ⁵	10 ⁴	10 ³	10 ²	10	1			
D EasyMAG generic +* +* +* + -											
1 EasyMAG specA +* *		EasyMAG generic	+ *	+ *	+	-	-	-			
EasyMAG specB +* +* +* + MPLC +* +* MolYsis Plus + EasyMAG specB +* +* +* +* + - *BACTEC; + Bact/ALERT; - not detected BACTEC + Bact/ALERT; - not detected		EasyMAG specA	+ *	+ *	+ *	-	-	-			
A MPLC +* +* - <td></td> <td>EasyMAG specB</td> <td>+ *</td> <td>+ *</td> <td>+ *</td> <td>÷</td> <td>_</td> <td>_</td>		EasyMAG specB	+ *	+ *	+ *	÷	_	_			
4 MPLC +* +* - -			•	•	•	•					
MolYsis Plus +* +* +* -		MPLC	+ "	+ "	-	-	-	-			
MolYsis Plus + EasyMAG specB +* * <t< td=""><td></td><td>MolYsis Plus</td><td>+*</td><td>+*</td><td>-</td><td>-</td><td>-</td><td>-</td></t<>		MolYsis Plus	+*	+*	-	-	-	-			
7 * BACTEC; + Bact/ALERT; - not detected 9 0 1 2 3 4 5 5 7 2		MolYsis Plus + EasyMAG specB	+ *	+ *	+ *	+ *	+	-			
2 2 3 4 5 5 7		* BACTEC: + Bact/ALEDT: - not detected									
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Figure 2. *S.aureus* detection in relation to reduced bacterial culture times.

A, Overview of detection of S.aureus in relation to reduced culture times. 387 Bact/ALERT blood culture bottles with blood of healthy volunteers were spiked with 388 S.aureus and samples were taken every hour. The experiments with 1000 and 100 389 bacteria per bottle were performed once. Thousand bacteria/bottle did not need a 390 pre-culture step, a *tuf* real-time PCR signal could be detected immediately after 391 spiking (0 hr). Hundred bacteria/bottle needed a pre-culture step of 1 hour in the 392 Bact/ALERT 3D to obtain a positive signal in the real-time PCR. The experiment with 393 394 10 bacteria per bottle (10 ml blood) was repeated 8 times. Real-time PCR signal could be detected after a pre-culture step of 3-5 hours. All bottles, 8 of 8, were 395 positive after 5 hours pre-culture. Standard deviations (SD) for 10 CFU/bottle were 396 calculated; 3 hr SD 3.44, 4 hr SD 1.09, and 5 hr SD 1.09. B, LightCycler tuf real-time 397 PCR result in the 530nm fluorescence channel (S.aureus probe). 398