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ARTICLE

Evaluation of the Xpert MRSA assay for rapid detection of methicillin-resistant *Staphylococcus aureus* from nares swabs of geriatric hospitalized patients and failure to detect a specific SCC*mec* type IV variant

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Abstract Rapid and reliable detection of methicillin-resistant *Staphylococcus aureus* (MRSA) carriers is crucial for control of MRSA nosocomial transmission. We aimed to evaluate the performance of the GeneXpert real-time PCR system using the Xpert MRSA assay on a collection of 40 representative Belgian MRSA strains and for MRSA screening of geriatric inpatients. Double nasal swabs were used: the first swab for the Xpert MRSA assay and the second for culture onto chromogenic selective medium and enrichment broth. All but 1 of the 40 collection strains were recognized as MRSA by the Xpert MRSA assay. Nares swabs were prospectively collected from 246 inpatients including 25 nasal MRSA carriers.

Compared with enriched cultures, the sensitivity, the specificity, and the positive and negative predictive values of the Xpert MRSA assay were 69.2%, 97.7%, 78.3%, and 96.3% respectively. The 7 evaluable false-negative results according to the assay were due to its possible lack of sensitivity (n=3) and to the occurrence of a Belgian MRSA clone carrying a particular staphylococcal chromosomal cassette mec (SCCmec) type IV variant (n=4) not targeted by the current Xpert MRSA assay. Because of the evolution of SCCmec in MRSA, new primers should be designed and further studies are warranted to ensure continuous monitoring of this assay.

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Introduction

Methicillin-resistant Staphylococcus aureus (MRSA) is one of the major nosocomial pathogens responsible for a wide spectrum of infections and associated with high morbidity and mortality rates, particularly in geriatric patients [1–4]. In Belgium, studies carried out in nursing home residents suggest that the prevalence of MRSA carriage in older population has significantly increased over the last few years, rising from 4.7% in 2002 [4] up to 19% in 2005 [5]. In acute care hospitals, the current importation rate exceeds the nosocomial acquisition rate. In 2008, the report of the Belgian Scientific Institute of Public Health showed between January and June 2008 a nosocomial incidence of 2 patients/ 1,000 admissions, whereas the importation rate averaged 8.3 patients/1,000 admissions. Nursing homes were identified as a major reservoir of MRSA, since 16.1% of all patients colonized with MRSA upon hospital admission were elderly residents transferred from a long-term care facility (http:// www.iph.fgov.be/nsih/surv mrsa/download fr.asp).



Highly efficient admission screening protocols and rapid implementation of additional precautions are essential to control the nosocomial spread of MRSA [6]. The current national guidelines for MRSA screening in Belgium recommend culture swabs from nares and other skin and mucosal sites using both enrichment broth and selective culture media (http://www.belgianinfectioncontrolsociety.be). Although the use of chromogenic selective culture media has shortened the turnaround detection time the results are usually not available before 48 h [7]. Rapid MRSA detection using commercial or in-house PCR assays has been recently developed and is potentially relevant for patient management [8]. The Xpert MRSA kit (Cepheid; Sunnyvale, CA, USA) is a second-generation, real-time PCR assay targeting MRSA-specific DNA sequences at the chromosomal orfX-staphylococcal chromosomal cassette mec (SCCmec) junction and it is approved for the screening of MRSA on nasal swab specimens using the GeneXpert real-time PCR platform.

The aim of the present study was to assess the performance of the Xpert MRSA assay for screening MRSA carriage in geriatric patients at admission and compare it with culture on selective chromogenic agar media (CAM) with prior broth enrichment. In addition, we challenged the ability of the Xpert kit to detect MRSA selected from a well-characterized collection representative of MRSA recovered in Belgium between 2002 and 2007.

Materials and methods

MRSA strain collection

A collection of 40 MRSA strains representative of MRSA isolates recovered in Belgium between 2002 and 2007 were analyzed to assess the ability of the Xpert MRSA kit to

detect the major Belgian epidemic MRSA clones. These MRSA strains were collected from national MRSA surveys and from the Reference Laboratory collection and characterized by pulsed field gel electrophoresis (PFGE), spa typing and multilocus sequence typing (MLST) as previously described [9]. SCCmec types of strains were determined by methods described by Oliveira and de Lancestre [10], Zhang et al. [11] and Kondo et al. [12]. The collection included three sets of distinct MRSA strains. The first included 30 healthcare-associated (HA) MRSA isolates collected during the national survey conducted in 2003. The second set included 7 Panton-Valentine leucocidin (PVL)-positive community-acquired (CA) MRSA strains collected in Belgium between 2002 and 2005. The last set included three MRSA strains recovered from pigs in Belgium in 2007 (Table 1).

Isolates were prepared in saline suspensions at a concentration of 10^6CFU/ml ($100 \, \mu \text{l}$ of a 0.5 McFarland suspension diluted in 10 ml of physiological saline solution) and absorbed onto double Copan swabs. One swab was tested with the Xpert MRSA assay and the other swab was cultured onto CAM and in TSB enrichment broth. Any isolate negative according to the Xpert MRSA kit was retested a second time on the GeneXpert system with an Xpert MRSA cartridge and was also tested with an Xpert SA SSTI cartridge able to detect independently mecA, spa, and the SCCmec cassette.

Patients and clinical samples

The study was conducted prospectively in a 32-bed geriatric ward of a 390-bed tertiary-care hospital (Mont-Godinne University Hospital, Yvoir, Belgium). Geriatric ward staff were given the instructions to include in the study all patients admitted to the geriatric ward between November 2007 and July 2008 and who

Table 1 Representative methicillin-resistant *Staphylococcus aureus* (MRSA) isolates (*n*=40) from a collection recovered in Belgium 2002–2007

| Origin | PFGE type (number of isolates) | MLST (ST) | SCCmec type | Isolation year |
|----------|--------------------------------|-----------|-------------|----------------|
| HA-MRSA | A20 (5) | ST8 | IV | 2003 |
| | A1 (2) | ST247 | I | 2003 |
| | B2 (5) | ST45 | IV | 2003 |
| | G10 (5) | ST5 | II | 2003 |
| | L1 (4) | ST22 | IV | 2003 |
| | D8 (4) | ST228 | I | 2003 |
| | C2, C3 (5) | ST5 | IV | 2003 |
| CA-MRSA | J4 (2) | ST30 | IV | 2002-2005 |
| | A23, A24 (2) | ST8 | IV | 2002-2005 |
| | Sporadic (1) | | IV | 2002-2005 |
| | Sporadic (2) | | V | 2002-2005 |
| Pig MRSA | NT (1) | ST398 | IV | 2007 |
| | NT (2) | ST398 | V | 2007 |

PFGE, pulsed field gel electrophoresis; NT, not typable by PFGE analysis; MLST, multilocus sequence typing; SCC mec, staphylococcal chromosomal cassette mec



presented at least one risk factor for MRSA carriage (i.e., antimicrobial therapy within the last 3 months, transfer from another hospital or from a nursing home, hospitalization in the previous year, presence of chronic wounds, past history of MRSA carriage or infection). Since the primary goal of this study was to evaluate the technical performance of the Xpert MRSA assay without any specific clinical endpoint, all nasal specimens sent to the laboratory including those collected from patients without risk factors were run on GeneXpert. Each subject was enrolled in the study only once per admission. Subjects who had received systemic or topical antibiotics active against MRSA isolates during a period up to 1 week prior to enrolment were excluded from the study. The study protocol was approved by the ethics committee of our institution.

Selective cultures and Xpert MRSA assays

Methicillin-resistant Staphylococcus aureus screening was performed as recommended by the Belgian Infection Control Society (BICS) by swabbing nares, throat, axilla, perineum, and any skin wound (when present). Nasal swabs were collected using a double swab (Copan 139 C; Copan Italia SPA, Brescia, Italy). The first swab was tested using the Xpert MRSA assay on a GeneXpert DX system, version 1.2 (Cepheid) according to the manufacturer's instructions. The second swab was inoculated on a chromogenic agar (CAM) MRSA Select (Bio-Rad, Marne La Coquette, France) and subsequently cultured into tryptic soy broth (TSB) (BD211825; Becton Dickinson) supplemented with 6.5 % NaCl. Extra-nasal samples were collected with single Copan swabs, pooled together in sterile water and processed by the same routine culture techniques as were used for nasal swabs. Since the Xpert MRSA kit was only approved for nasal swabs, extra-nasal specimens were not run with this assay. The CAM and the enrichment broth were incubated for 24 h at 35°C. For negative primary culture on CAM, TSB (10 µl) was subcultured onto CAM and was further incubated for 24 h at 35°C.

Specimens for Xpert MRSA assay and for culture were processed 6 days a week (Monday to Saturday from 8 a.m. to 7 p.m.). The Xpert MRSA assays were processed upon arrival of the specimens to the laboratory (whenever possible) while all cultures were processed in batches once a day (at noon). All specimens were stored at +4°C until testing.

MRSA identification

Growth was confirmed as MRSA using VITEK 2 identification and antimicrobial susceptibility testing galleries (GP-ID and AST-P549 cards; bioMérieux, Craponne, France) and the presence of *mec*A was further confirmed by a

conventional in-house PCR assay [7]. All MRSA isolates were preserved at -70° C on cryoprotective beads.

The MRSA isolates recovered from specimens yielding culture-positive results and kit-negative results were prepared in suspensions in saline solution at concentrations of 10^6 CFU/ml, adsorbed on Copan swabs and retested using the Xpert MRSA kit. The strains not recognised as MRSA by Xpert MRSA were also tested with an Xpert SA SSTI cartridge able to detect independently mecA, spa, and the SCCmec cassette.

Molecular typing

All MRSA isolates were characterized using PFGE analysis (*SmaI*) and *spa* typing, as previously described [9]. SCC*mec* types were determined by multiplex PCR [10, 11]. MRSA isolates that were SCC*mec* non-typable by multiplex PCR had their *ccr* type and *mec* class determined by the PCR described by Kondo et al. [12]. Five types of *ccr* (1 to 5) and three classes of *mec* (A to C) were reported and SCC*mec* type was defined by a combination of *ccr* and *mec* complexes [12].

Calculation of turnaround time

We calculated the median total turnaround time on a sample of 150 nasal specimens. For Xpert MRSA results available before 7 p.m., we estimated the time elapsed between the sample arriving and the PCR result being encoded in our computer system and thus, when it would be available for geriatric staff. Xpert MRSA results obtained after 7 p.m. were arbitrarily considered as available at 8.30 a.m. on the next working day. Since culture for MRSA specimens are processed in batches everyday at noon, results for specimens arriving before 12 a.m. were considered to be available on the next day at 12 a.m. Results for each specimen arriving after 12 a.m. were considered to be available at 12 a.m. on the second day after arriving in the laboratory. For specimens that yielded isolation of MRSA isolates only following enrichment culture, 24 additional hours were taken into account.

Data analysis

In the clinical trial, sensitivities, specificities, and positive and negative predictive values of the Xpert MRSA results were calculated according to a standard formula for nasal specimens only and compared with those obtained both with direct and enrichment cultures as the gold standard. True-positive and true-negative results were defined as giving identical results by culture and PCR. For patients with positive PCR, but negative culture, medical charts of patients were reviewed and Xpert MRSA were considered to be possibly true-positive



if the patients had been previously positive for MRSA within the last 12 months or were culture-positive at another site.

Results

MRSA strain collection

The Xpert MRSA assay detected all but two MRSA strains belonging to epidemic genotypes frequently recovered in Belgian hospitals, community and animals. One of the strains (A20-ST8-SCC*mec* type IV) yielded a positive result upon retesting with the Xpert MRSA cartridge. The other bacterial isolate (A1-ST247-SCC*mec* type I) still remained undetected as MRSA following retesting; the SCC*mec* cassette of this strain was not recognized by the Xpert SA SSTI cartridge.

Clinical study

Out of 394 patients admitted to the geriatric department over an 8-month period (between October 2007 and August 2008), the geriatric staff sampled 246 patients for MRSA carriage by culture and PCR (192 with risk factor[s] for MRSA carriage and 54 without risk factor[s] for MRSA carriage). Five samples (2%) were excluded from the study analysis because of invalid PCR results.

Methicillin-resistant *Staphylococcus aureus* was recovered by culture in specimens from 32 patients (13.0%) including 30 with at least one risk factor. Among the 32 culture-positive specimens, MRSA were recovered from nasal swab specimens (n = 25) and from extra-nasal sites (n = 7).

Of the 25 MRSA-positive nasal swab specimens, 22 were detected by primary culture plating on selective chromogenic agar and 3 were detected by enrichment culture only. Twenty-three nasal specimens tested positive according to the Xpert MRSA assay, including 17 that were also positive according to culture (Table 2). One of six patients positive according to nasal sample tested by PCR, but negative according to culture had MRSA isolated from a wound culture specimen and was hence considered as a true-positive (Table 2). On the other hand, 8 out of 25 specimens (32.0%) yielding MRSA by culture showed false-negative Xpert MRSA results. The sensitivity, specificity, and positive and negative predictive values of the Xpert MRSA assay were 78.3%, 97.7%, 78.3%, and 97.7% respectively compared with direct culture, while they reached 69.2%, 97.7%, 78.3%, and 96.3% respectively compared with enriched culture.

Seven out of the 8 culture-positive PCR-negative MRSA strains were available for retesting by GeneXpert directly from single colonies. Three of these were correctly assigned as MRSA, suggesting troubleshooting during the initial

Table 2 Results obtained with the Xpert MRSA assay and culture from 246 nasal samples (one per patient)

| | Xpert MRSA | | | | |
|--|------------|----------|----------|-------|--|
| | Positive | Negative | Invalide | Total | |
| Direct culture-positive ^a | 17 | 5 | 0 | 22 | |
| Enrichment culture- positive ^b | 0 | 3 | 0 | 3 | |
| Total culture-positive | 17 | 8 | 0 | 25 | |
| Culture-negative ^c | 6^{d} | 210 | 5 | 221 | |

^a Includes the number of specimens that were positive according to direct culture on MRSA Select

detection by Xpert MRSA assay (poor quality swabbing or lack of sensitivity) while 4 of the MRSA isolates remained undetected by the Xpert MRSA assay. Testing of these strains with the Xpert SA SSTI kit showed that, whereas *mec*A could be detected, the SCC*mec* cassette was not revealed by the system.

Among the 7 extra-nasal swab specimens, 5 were detected by primary culture and 2 were detected by enrichment culture only. As expected, the Xpert MRSA assay yielded negative results on all nasal samples of the 7 patients found to be colonized by MRSA at the culture of extra-nasal sites only. Extra-nasal specimens were not challenged on the GeneXpert system with the Xpert MRSA kit or with another cartridge.

Molecular typing

Only 24 out of 25 isolates recovered from positive cultures of nasal swabs were available for additional characterization. Molecular typing using PFGE analysis revealed six PFGE types A20, A21, A22, B2, C1, and C3 (Table 3). The majority of these MRSA clone types had been found to be predominant in previous Belgian national surveys. Analysis by *spa* typing confirmed PFGE classification showing identical or related *spa* types presenting up to two genetic mutational events (Table 3). Using Oliveira's and Zhang's PCR typing methods, SCC*mec* types II and IV were recovered in 3 (13%) and 17 (71%) MRSA isolates respectively. Intriguingly, the 4 MRSA isolates that could not be recognized as such by the Xpert MRSA assay were



^b Includes the number of specimens that were positive only after enrichment into 4 ml tryptic soy broth (6.5% NaCl)

^c Includes number of specimens that were negative according to direct and enrichment culture

^d One of the 6 Xpert MRSA-positive/culture-negative specimens was considered to be a true-positive in the calculation of sensitivities, specificities, and positive and negative predictive values because of the simultaneous presence of MRSA at another site (wound specimen)

e Invalid results according to Xpert MRSA assay

Table 3 Molecular analysis of MRSA nasal strains $(n=24^{a})$

| Number of isolates | Xpert MRSA assay result (pure culture result ^b) | PFGE type | spa type | spa profile | SCC <i>mec</i> type ^d |
|--------------------|---|-----------|----------|----------------------------------|----------------------------------|
| 2 | Positive | A20 | t068 | 11-19-19-12-21-17-34-24-34-22-25 | IV |
| 4 | Positive | A20 | t008 | 11-19-12-21-17-34-24-34-22-25 | IV |
| 4 | Negative (Negative) | A20 | t008 | 11-19-12-21-17-34-24-34-22-25 | NT |
| 2 | Positive | A21 | t008 | 11-19-12-21-17-34-24-34-22-25 | IV |
| 1 | Positive | A22 | t024 | 11-12-21-17-34-24-34-22-25 | IV |
| 1 | Positive | A22 | t068 | 11-19-19-12-21-17-34-24-34-22-25 | IV |
| 1 | Positive | A22 | t008 | 11-19-12-21-17-34-24-34-22-25 | IV |
| 1 | Positive | A22 | t121 | 11-19-21-17-34-24-34-22-25 | IV |
| 1 | Positive | B2 | t1011 | 08-39-34 | IV |
| 1 | Positive | B2 | t598 | 08-39-34-13-13-17-34-16-34 | IV |
| 1 | Negative (Positive) | B2 | t4287 | 08-39-34-34-13-17-34-34-16-13 | IV |
| 1 | Negative (Positive) | B2 | t655 | 08-39-34-34-17-34-16-34 | IV |
| 1 | Invalid ^c | B2 | t598 | 08-39-34-13-13-17-34-16-34 | IV |
| 1 | Positive | C1 | t003 | 26-17-20-17-12-17-17-16 | II |
| 1 | Positive | C3 | t003 | 26-17-20-17-12-17-17-16 | II |
| 1 | Negative (positive) | C3 | t151 | 26-17-20-17-16 | II |

Isolates showing discordant results between culture and Xpert MRSA assay are indicated in italics

found to be untypeable by both methods, suggesting the possible occurrence of a particular cassette in those strains (Table 3). Determination of *ccr* and *mec* gene complexes in these isolates revealed *mec* class B and the presence of *ccr* of type 2 (*ccrA2B2*) and of type 5 (*ccrC*; data not shown). These findings suggested a recombined SCC*mec* type IV, containing *mec* class B and *ccr* complex 2 as defined, but combined to a fragment of the *ccr* complex 5 described in SCC*mec* type V or in SCC*mec* type VII [13, 14].

Evaluation of turnaround time

The median turnaround time from receipt of the samples to availability of the results for the clinicians was 1.9 h (P25= 1.4; P75=4.2) with Xpert MRSA versus 42.6 h (P25=26.7; P75=44.3) for positive primary culture (n=14) and 66.9 h (P25=50.9; P75=67.9) for definitive culture results (n=136).

Discussion

Methicillin-resistant *Staphylococcus aureus* constitutes a worrisome problem among geriatric patients who often present risk factors for its acquisition [5, 15]. Improvement of screening strategies to diagnose MRSA carriers upon

admission and implementation of additional precautions are crucial to limiting the nosocomial transmission of this pathogen during hospitalization [6].

Recently, the introduction of selective chromogenic agar [7, 8] has improved the detection rate of MRSA and has reduced the detection time in screening samples. It has also been shown that PCR-based detection systems could further decrease the turnaround time of MRSA detection to a few hours [8].

The Xpert MRSA is a fully automated, friendly to use, real-time PCR assay allowing rapid detection of MRSA carriage. In this study, the Xpert MRSA detected all but one of the 40 MRSA challenged strains, but it identified only 17 of the 32 (53%) MRSA carriers. Specimens from 8 patients with culture-positive nasal samples were missed by the PCR assay and 7 MRSA carriers who were only positive in extra-nasal sites could not be identified since the Xpert MRSA assay was only approved for nasal samples. The relatively low sensitivity (69.2%) of the Xpert MRSA assay could limit the routine utility of the system. However, other evaluations of nasal screening using the Xpert MRSA assay reported higher sensitivities, e.g., 95% by Rossney et al. in Ireland [16], 86% by Wolk et al. in the United States for both patients and health care workers [17], and 87% by Kelley et al. in Australia [18].



^a Only 24 of the 25 isolates recovered from positive cultures of nasal swabs were available for molecular characterization

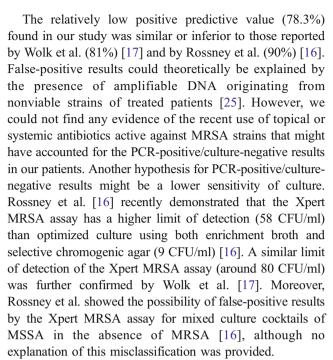
^b For samples testing negative with the Xpert MRSA assay, the result of retesting of the isolate in pure culture in saline suspension at a concentration of 10⁶ CFU/ml with the Xpert MRSA assay

^c Invalid results according to the Xpert MRSA assay

^d As determined according to Oliveira's and/or Zhang's methods

Among the 8 MRSA isolates recovered by culture and not detected by the Xpert MRSA assay, 7 were available for retesting and further characterization. Three isolates were recognized as MRSA by a second PCR assay performed directly on single colony suspensions, suggesting a lack of sensitivity of the test (presence of MRSA at a low inoculum level or poor quality swabbing for the PCR swab). Similar false-negative results have previously been described [16, 19]. Rossney et al. found 18/19 culture-positive/PCRnegative MRSA strains that were recognized as MRSA by PCR assay performed on colony suspensions [16]. Recently, te Witt et al. also showed in an external quality assessment of molecular diagnostic testing that several commercial real-time PCR assays for MRSA detection vielded a sensitivity below 50% when a culture inoculum of as low as 10^2 CFU/ml was tested [20]. In this study, four other MRSA isolates remained negative after retesting on pure culture suspensions. All four isolates had similar PFGE (A20) and spa type profiles (t008), but had a nontypable SCCmec according to both Oliveira's and Zhang's techniques. This MRSA clone corresponds to the A20-ST8-SCCmec IV clone that has been previously reported in Belgium [21] as well as in France [22]. Isolates belonging to this specific MRSA clone apparently carried a variant of SCCmec type IV, which carries a combination of two ccr gene complexes (ccrA2B2 and ccrC). Additional analysis, including complete sequence determination of the SCCmec element, should be performed in order to understand why the current Xpert MRSA assay was unable to detect this variant. Inclusion of new primers/probe sets in an updated version of Xpert MRSA could increase the sensitivity of the GeneXpert System. Interestingly, Bartels et al. also reported a common type IVa variant of SCCmec in Denmark that could not be detected with the BD GeneOhm MRSA assay until new primers designed by the manufacturer were used [23].

One limitation of this study is that only local Belgian MRSA strains were run on the Xpert MRSA assay. While it appears that the performance of the Xpert MRSA assay would probably have been significantly increased without the presence of the A20-ST8-SCCmec IV clone, the comparison with results from other publications remains difficult for several reasons. As a matter of fact, the prevalence of MRSA isolates carrying variants of SCCmec cassettes is usually unknown or not analyzed in most studies. Further, molecular typing of the MRSA strains or PCR retesting from colony suspensions of culture-positive/PCR-negative MRSA strains are often not performed, except in the study by Rossney et al. [16]. Our data reemphasize the need to evaluate the performance of commercial PCR assays on local strains and also stress the importance of regular updates by the manufacturers of molecular assays to follow the genetic evolution of nosocomial pathogens [24].



The possible occurrence of methicillin-susceptible *S. aureus* (MSSA) strains containing an SCC element lacking the *mecA* gene could also have accounted for some of the false-positive results observed with different diagnostic molecular assays of MRSA [19, 20, 26, 27]. The real prevalence of such variants is unknown, but could vary geographically and it should be closely monitored when commercial PCR assays are used for screening [24]. In our study the possibility of such an occurrence would have been impossible to demonstrate, since we did not use nonselective culture media that could have made possible the recovery of MSSA strains.

Besides these technical considerations, it should also be emphasized that few studies have been able to demonstrate that rapid MRSA detection by PCR has a clinical impact in comparison to culture-based methods [28, 29]. Several reports have shown reduced rates of surgical site infections and of nosocomial transmission when a real-time PCR assay was used [30-32]. On the other hand, in a recent meta-analysis, Tacconelli et al. failed to observe a decrease in the nosocomial acquisition rate of MRSA with the use of rapid molecular screening tests compared with culture [33]. Several studies clearly demonstrated a shortened turnaround time with the use of real-time PCR methods [29, 30, 34, 35], while a possible benefit in reducing the costs generated by the reduction of preemptive patient isolation could usually not be demonstrated [35, 36]. Further, most studies were performed in populations with a low prevalence of MRSA; these results should therefore be confirmed by further evaluations in populations with higher MRSA prevalence.

In conclusion, the Xpert MRSA assay is a fully automated and user-friendly real-time PCR assay allowing reduction in turnaround time for 53% of the MRSA carriers



in our geriatric unit, but the impact on MRSA transmission could not be evaluated because of the small number of patients included. However, we observed a substantial number of false-positive and false-negative results with the Xpert MRSA assay, possibly due to a lack of sensitivity or to the emergence in Belgian hospitals of MRSA strains containing a SCCmec type IV variant. The possibility of misclassification of MRSA as well as the high cost of PCR in comparison to culture underlines the need for more in-depth local evaluations before implementing this technology for routine MRSA screening on admission.

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Conflicts of interest None.

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