

Sex-Specific Serum Biomarker Patterns in Adults with Asperger Syndrome

Sabine Bahn, Emanuel Schwarz, Paul Guest, Hassan Rahmoune, Lan Wang, Yishai Levin, Erin Ingudomnukul, Liliana Ruta, Lindsay Kent, Michael Spain, et al.

► To cite this version:

Sabine Bahn, Emanuel Schwarz, Paul Guest, Hassan Rahmoune, Lan Wang, et al.. Sex-Specific Serum Biomarker Patterns in Adults with Asperger Syndrome. Molecular Psychiatry, 2010, 10.1038/mp.2010.102. hal-00580337

HAL Id: hal-00580337 https://hal.science/hal-00580337

Submitted on 28 Mar 2011

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers. L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

Sex-Specific Serum Biomarker Patterns in Adults with Asperger Syndrome

Emanuel Schwarz¹, Paul C. Guest¹, Hassan Rahmoune¹, Lan Wang¹, Yishai Levin¹, Erin Ingudomnukul², Liliana Ruta^{2,3}, Lindsey Kent^{2,4}, Michael Spain⁵, Simon Baron-Cohen^{2*} and Sabine Bahn^{1,6*}. 3 4 5 6 ¹Institute of Biotechnology, University of Cambridge, Cambridge, UK. 7 ²Autism Research Centre, Department of Psychiatry, University of Cambridge, Cambridge, 8 UK. 9 ³Division of Child Neurology and Psychiatry, Department of Pediatrics, University of Catania, 10 11 Italy. 12 ⁴Bute Medical School, University of St Andrews, Scotland, UK. ⁵Rule Based Medicine, Austin, TX, USA. 13 ⁶Department of Neuroscience, Erasmus MC, Rotterdam, The Netherlands 14 15 16 *corresponding authors. 17 Running title: Sex-Specific Biomarkers in Asperger Syndrome 18 19 20 21 Address: Institute of Biotechnology, University of Cambridge, Tennis Court Road, CB 2 1QT 22 Cambridge, United Kingdom 23 24 Tel: +44 1223 334151 Fax: +44 1223 33416 25 E-mail address: ES: es404@cam.ac.uk SB: sb209@cam.ac.uk 26 27 Abbreviations: Analysis of Variance, ANOVA; Autism-Spectrum Quotient, AQ; Asperger 28 syndrome, AS; Brain Derived Neurotrophic Factor, BDNF; Diagnostic and Statistical Manual 29 of Mental Disorders, DSM; Empathy Quotient, EQ; Extreme Male Brain, EMB; Fetal 30 Testosterone, FT; PolyCystic Ovarian Syndrome, PCOS; Systemizing Quotient-revised, SQ-31 32 R; 33 34 35 Keywords: Asperger syndrome, serum, gender, sexual dimorphism, profiling, biomarker 36

40 Autism spectrum conditions have been hypothesized to be an exaggeration of normal male 41 low-empathizing and high-systemizing behaviours. We tested this hypothesis at the 42 molecular level by performing comprehensive multi-analyte profiling of blood serum from 43 adult subjects with Asperger syndrome (AS) compared to controls. This led to identification 44 of distinct sex-specific biomarker fingerprints for male and female subjects. Males with AS 45 showed altered levels of 24 biomarkers including increased levels of cytokines and other 46 inflammatory molecules. Multivariate statistical classification of males using this panel of 24 47 biomarkers revealed a marked separation between AS and controls with a sensitivity of 0.86 48 and specificity of 0.88. Testing this same panel in females did not result in a separation 49 between the AS and control groups. In contrast, AS females showed altered levels of 17 50 biomarkers including growth factors and hormones such as androgens, growth hormone and 51 insulin-related molecules. Classification of females using this biomarker panel resulted in a 52 separation between AS and controls with sensitivities and specificities of 0.96 and 0.83 53 respectively, and testing this same panel in the male group did not result in a separation 54 between the AS and control groups. The finding of elevated testosterone in AS females 55 confirmed predictions from the "extreme male brain" and androgen theories of autism spectrum conditions. We conclude that to understand the aetiology and development of 56 57 autism spectrum conditions, stratification by sex is essential.

- 58
- 59 60
- 61
- 62
- 63
- 64

67 Autism spectrum conditions are diagnosed on the basis of difficulties in communication and 68 social development, in addition to unusually narrow interests, repetitive behaviour and 69 resistance to change (1). The two major subgroups are classic autism and Asperger 70 syndrome (AS). AS differs from classic autism in that there is no history of language delay or 71 learning difficulties (2). The prevalence of autism spectrum conditions is 1% of the general 72 population (3) and there is a marked sex difference, with males being 4-10 times more likely 73 to be affected than females (4). This suggests that sex-linked factors might play a role in the 74 aetiology of the condition. In the general population, males on average perform at lower 75 levels on tests of empathy and social sensitivity and show stronger interest in systems. 76 People with autism spectrum conditions show an exaggeration of this cognitive profile which 77 has led to the "extreme male brain" (EMB) theory as an explanation of the psychological 78 manifestations (5). The EMB theory is supported by the finding of tomboyism and other 79 masculine behaviors in females with autism spectrum conditions (6). The EMB theory has 80 been extended recently to the neurological level. For example, in typical males the overall 81 brain volume and specific regions such as the amygdala are larger. In autism spectrum 82 conditions, these differences are even more extreme (7). However, little is known about the 83 molecular pathways underlying these effects.

84 The fetal androgen theory of autism spectrum conditions (7) suggests that increased 85 levels of fetal testosterone (FT) leads to typical sex differences in brain structure and 86 function. Individual differences in amniotic FT are positively-correlated with number of 87 autistic traits (8) and systemizing (9), and negatively-correlated with language development, 88 social development and empathy (10). This theory is also supported by the observation of an 89 increased rate of testosterone-related disorders such as polycystic ovary syndrome (PCOS), acne and hirsutism in women with autism spectrum conditions (11), a lower ratio of the 2nd 90 91 (index) and 4th (ring) digit lengths (2D:4D) in both males and females with autism spectrum 92 conditions (12), and an association of autism spectrum conditions with CAG repeats in the

androgen receptor gene (13), single nucleotide polymorphisms (SNPs) in the HOXD gene
(14), and an association between autistic traits and/or autism spectrum conditions with SNPs
in sex-steroid related genes (15).

96 Other molecular factors in the aetiology of autism spectrum conditions may not be 97 sex-linked. Neurotrophins such as brain-derived neurotrophic factor (BDNF) are elevated in 98 the blood of children with autism, which may be associated with early brain overgrowth (16) 99 and SNPs in genes related to neural connectivity and neurotrophic pathways may also be 100 involved (15). In addition, several studies have identified an over-activation of mast (17) and 101 natural killer (18) cells in autism spectrum conditions that may be associated with 102 autoimmunity or adverse immune interactions during critical periods of brain development. 103 Autism spectrum conditions are also associated with familial autoimmune diseases and the 104 presence of asthma, allergies and psoriasis during pregnancy (19). The interactions of these 105 pathways in the nervous system are likely to be mediated by hormones and cytokines.

Here we present the first systematic serum proteome profiling study of adults with the AS subtype of autism spectrum conditions. We had three major objectives: 1) to test the EMB theory at the molecular level using a multiplex analyte profiling approach, 2) to test the prediction from the fetal androgen theory that adult females with AS would have elevated testosterone levels and 3) to determine whether males and females with AS have distinct sex-specific serum biomarker fingerprints.

112

113

114

115

116

117

120 Sample collection

121 Protocols for recruitment, collection of clinical samples and the test methods were 122 carried out in compliance with the Standards for Reporting of Diagnostic Accuracy (STARD) 123 initiative (20). People with AS (n=45) were recruited via the Cambridge Autism Research 124 Centre database of volunteers (www.autismresearchcentre.com), the National Autistic 125 Society (UK) and local autism social groups in the United Kingdom. Controls (n=50) were 126 recruited from the general population using leaflets and advertising and these individuals 127 were matched to the AS group with respect to age, IQ, educational level, socioeconomic 128 status, handedness, sex and body mass index (BMI) (Supplementary Table S2). AS was 129 diagnosed by psychiatrists based on the Structured Clinical Interview for the Diagnostic and 130 Statistical Manual-IV-Text Review Disorders and accepted international criteria (DSM-IV-131 TR). The Wechsler Abbreviated Scale of Intelligence was administered to all participants to 132 measure Intelligence Quotient (IQ). All diagnoses and clinical tests were performed by 133 psychiatrists under Good Clinical Practice compliance to minimize variability. Any patients 134 whose clinical diagnosis required revision at a later stage were not included in the study. 135 Controls with a family history of serious mental illness or other medical conditions such as 136 type II diabetes, hypertension, cardiovascular or autoimmune diseases were excluded.

137

138 Psychological measures

All participants were tested on the Autism-Spectrum Quotient (AQ) (21), as a measure of the number of autistic traits an individual possesses, the Empathy Quotient (EQ) and the Systemizing Quotient-revised (SQ-R) (22) in order to test the EMB theory at the cognitive level. Normally, 80% of people with autism spectrum conditions score above a cut-off value of 32 (maximum = 50) on the AQ compared to only 2% for controls, a finding that has been confirmed cross-culturally (23, 24). AQ predicts clinical diagnosis (25) and has also been
shown to be elevated among parents of children with autism spectrum conditions (26),
suggesting a heritability component.

147

148

149

150 Immunoassay profiling

151

152 We carried out HumanMAP® profiling of 147 analytes (see Table S1) in serum 153 samples from the AS and control subjects in a Clinical Laboratory Improved Amendments-154 certified laboratory at Rules Based Medicine (Austin, TX, USA). This technology has already 155 been applied successfully in several clinical studies (27). Analytes were measured in 156 multiplexes in 25-50µL of serum samples. The assays were calibrated using standard curves 157 and raw intensity measurements converted to protein concentrations using proprietary 158 software. Analyses were conducted under blind conditions with respect to sample identities 159 and the samples were analyzed randomly to avoid any sequential bias due to the presence 160 or absence of diagnosis, participant age, or age of material.

161

162 Statistics

ANOVA was carried out on log-transformed data to investigate any interactions between sex and diagnosis for each molecular analyte and psychometric characteristic (AQ, EQ and SQ). To account for potential deviations from normality and homoscedasticity calculated interaction effects were compared against Aligned Rank Transform (ART) nonparametric analyses. For this purpose, Hodges-Lehmann estimates of the two main effects were subtracted from the raw scores, data ranked and analyzed using two-way ANOVA. P- values are stated without adjustment for multiple hypothesis correction as the necessity of

this procedure remains to be controversial (28).

- 171 Sensitivity and specificity values were calculated based on a leave-one out cross validation
- 172 procedure using the AdaBoost algorithm (29).

173

- 174
- 175 Results

176

177 Psychological measures

178

179 In this study, all participants were tested on the Autism-Spectrum Quotient (AQ) (21), the 180 Empathy Quotient (EQ) and the Systemizing Quotient-revised (SQ-R) (22). The AS group 181 had higher scores for AQ and SQ-R, and lower scores for EQ, replicating previous findings 182 (21, 22). Analysis of variance (ANOVA) testing showed a significant interaction between sex 183 and diagnosis for all three measures (AQ, p=0.004; EQ, p=0.014; SQ, p=0.016) with females 184 with AS having more "masculinized" scores compared to control females and compared to 185 males with AS (Supplementary Table S2, Fig. 1). Interaction effects were comparable to 186 results obtained form non-parametric analysis.

187

188

189 Immunoassay profiling

190

We carried out HumanMAP® profiling of 147 analytes in serum samples from the AS and control subjects. As a first step of the analysis, male and female subjects were analyzed separately due to the marked gender difference in prevalence rates. For this purpose, male and female subjects were randomized separately into training and blinded test sets to
 facilitate initial validation of gender specific biomarker signature. This is important since

196 AS subjects are rare, and the prevalence is approximately 10 times lower for females than 197 for males, making an independent replication of results difficult. Statistical analysis of the 198 male training set identified a panel of 9 analytes which showed significant differences in 199 expression between AS (n=12) and control (n=16) subjects (Supplementary Table S3). 200 Application of this panel to the male test set resulted in correct classification of 70% of AS 201 (n=10) and 100% of control (n=10) subjects (P=0.003) (Fig. 2a). In contrast, application of 202 the panel to the female test set could not distinguish AS subjects from controls (P=0.350). 203 Separate analysis of the female training set resulted in identification of 15 analytes with 204 significant differences in expression between AS subjects (n=13) and controls (n=14) 205 (Supplementary Table S3). Application of this panel to the female test set resulted in correct 206 classification of 90% of AS (n=10) and 90% of control (n=10) subjects (P=0.001) (Fig. 2b). 207 Application of the female-specific panel to the male test set could not discriminate AS 208 subjects from controls (P>0.99), as above for the male-female cross-testing.

209 As a next step, serum samples from were compared between the total set of AS and 210 control subjects. This led to identification 25 analytes which showed significant differences in 211 expression between the groups (Supplementary Table S4). ANOVA found that 15 of these 212 analytes also showed sex differences in expression. In addition, 14 separate analytes 213 showed significant interactions between diagnosis and sex. Total testosterone showed no 214 difference between AS and controls but free testosterone levels showed a significant 215 interaction between diagnosis and sex as determined by calculating the free androgen index 216 (FAI), defined as the ratio of total testosterone to sex hormone binding globulin (SHBG).

The significant gender-diagnosis interactions support the presence of gender-specific biomarker signatures. Given the biological reproducibility observed in independent training and test sets, we repeated the gender-specific analysis using all subjects to increase the statistical power. This approach resulted in identification of 24 analytes that were altered significantly in AS males (see Table 1a) and 17 that were altered significantly in AS females (see Table 1b). Only 4 analytes (IL-12p40, tissue factor, IL-1B, GOT1) were changed in the same direction in males and females, providing evidence for a minimal overlap of the molecular signatures (Fig. 3a). One protein (tenascin-C) showed the opposite regulation (increased in males and decreased in females).

226 Multivariate classification revealed that the combined panel of 24 differentially expressed 227 analytes in males produced a separation between AS and control subjects with a sensitivity 228 of 0.86 and a specificity of 0.88 (visualized using partial least squares discriminant analysis 229 in Fig. 3b). Testing this same panel of 24 analytes in the female group did not result in a 230 separation between AS and controls (Fig. 3b). Likewise, the combined panel of 17 231 differentially expressed analytes in females produced a separation between AS and control 232 subjects with a sensitivity of 0.96 and a specificity of 0.83 and testing this same panel in the 233 male group did not result in a separation between AS and controls (Fig. 3c).

Analytes that were altered in males with AS included several cytokines (IL-3, IL-4, IL-5, IL10, IL-12p70, TNFα, ENA-78), fatty acid binding protein (FABP), the neuroendocrine
secreted protein chromogranin A, and the cardiovascular and blood cell-associated proteins
thrombopoietin (TPO) and erythropoietin (EPO).

The female-specific AS analytes showed a marked difference in nature and included growth factors, growth hormone, endothelin-1, brain derived neurotrophic factor (BDNF), luteinizing hormone and free testosterone.

Due to the association of growoth hormone deficiency in adult life and decreased insulin sensitivity (30), we also measured the levels of insulin in AS compared to controls as this was part of the HumanMAP® panel. There was no change for male AS subjects (p=0.469) although AS females showed a non-significant 1.57-fold increase compared to levels observed in control females (p=0.208) (data not shown). As insulin is co-released with 246 residual levels of unprocessed proinsulin and the des31,32-proinsulin (31,32-PI) conversion 247 intermediate, we also measured the levels these molecules specifically using sensitive two-248 site time resolved fluorometric (TRF) assays (31). For insulin, the results of the TRF assay showed a high correlation ($r^2=0.98$) with the multiplexed xMAP[®] platform with an increase in 249 250 AS females of 1.81-fold compared to control females although, again, this did not reach 251 significance (Table 1c). The levels of proinsulin were not altered significantly although 252 des31,32-proinsulin showed a significant 1.89-fold increase in females. The finding that 253 glucose levels were relatively normal in the same subjects (1.11-fold; p=0.0670) suggested 254 that the relatively high levels of insulin-related molecules may be due to insulin resistance.

- 255
- 256
- 257
- 258

259

260

261

262 Discussion

263

This is the first study demonstrating that males and females with AS have distinct biomarker fingerprints which can be detected in blood serum. For many of these molecules, this is the first description for their association with autism spectrum conditions. The remainder have been described previously thereby adding an extra layer of validity to the results. The finding that the biomarker fingerprint for AS males was comprised mostly of increased levels of cytokines is consistent with previous reports showing effects on immune function and autoimmune disorders in autism spectrum conditions (17-19). The changes in testosterone and BDNF in females with AS are also consistent with the findings of other studies which have suggested that these molecules may be elevated in adults with autism spectrum conditions (11, 16). The observation of high testosterone levels and relatively low cytokine signature in females aligns well with previous studies which have suggested that testosterone may have protective effects on inflammatory disorders (32).

276 Our results showing that free testosterone levels were elevated in adults with AS lends 277 further support to the androgen theory of autism spectrum conditions (7). This effect was 278 specific for females, which underlines the importance of recognizing sex as a key variable in 279 autism research. Also, the finding of higher levels of biologically active testosterone in AS 280 females provides molecular evidence of the EMB theory (5). Females with AS showed an 281 extreme of the male brain phenotype as seen by the AQ, EQ and SQ-R psychological 282 measures suggesting that the masculinisation in cognition and androgens may be 283 correlated. The increases in testosterone levels in AS females were paralleled by increases 284 in the levels of luteinizing hormone in the same subjects. Previous studies have shown that 285 luteinizing hormone pulsatility may predispose or cause hyperandrogenism in female adolescents (33) and has been associated with polycystic ovarian syndrome (PCOS) (34). 286 287 This is consistent with our earlier work showing elevated rates of testosterone-related 288 disorders including PCOS in women with AS (11).

289

The serum levels of BDNF were also increased specifically in females with AS. This is interesting since previous studies have shown increased levels of this growth factor in children with autism spectrum conditions in association with atypical cerebral development (16). Females with AS also showed an approximate two-fold decrease in growth hormone levels, supporting a previous studies that found a growth hormone deficit in autism (35). The findings on growth hormone in autism spectrum conditions have not been consistent, with some studies reporting elevated levels of growth-related hormones (36) whereas others have found low cerebrospinal fluid insulin-like growth factor-I concentrations in children with
autism (37). However, it should be noted that all these previous studies were conducted
using children during the early developmental stages and not on adults as in the case of our
study.

301 Since growth hormone deficiency in adult life has been associated with decreased insulin 302 sensitivity (30), we also measured serum levels of insulin-related peptides and glucose. This 303 showed that insulin and the conversion intermediate, des31,32-proinsulin, were both 304 elevated even though glucose levels were relatively normal. This provided evidence 305 suggesting that at least some of the females with AS may have insulin resistance. This is 306 intriguing because of the link between hyperinsulinemia and hyperandrogenism as described 307 in previous studies of PCOS and post-menopausal women (38, 39). Importantly, treatment 308 with insulin sensitizing agents such as rosiglitazone has been shown to improve insulin 309 sensitivity, leading to alleviation of hyperandrogenism and the associated symptoms (40). 310 This highlights the importance of further studies exploring the relationships between 311 androgen abnormalities and BDNF, growth hormone and insulin signalling in autism 312 spectrum conditions.

313

314 In AS males, the specific serum biomarker fingerprint showed only a small overlap with that 315 in females with AS. In particular, the predominant feature of this signature in males was 316 increased levels of several cytokines and other inflammatory molecules, consistent with the 317 proposed role of these pathways in autism spectrum conditions (41, 42). In contrast, AS 318 females showed altered levels of biomarkers including growth factors and hormones such as 319 androgens, growth hormone and insulin-related molecules. The distinct nature of these sex-320 specific molecular fingerprints was exemplified by statistical classification analyses which 321 showed that these were only capable of providing good separation of AS and control 322 subjects within the respective male and female groups. The male-specific biomarkers 323 yielded good separation only of male AS and control subjects and the female-specific panel 324 was capable of separating only AS females from control females. Although the observed

325 classification accuracy needs to be reproduced in an independent cohort, these differences 326 underscore the importance of stratifying samples according to sex in biological studies of 327 autism spectrum conditions. The sex-specific molecular profiles observed here lead to the 328 suggestion that either different compensatory mechanisms occur in males and females with 329 autism spectrum conditions or that these conditions may develop through distinct sex-330 specific molecular pathways.

331 Assessing the specificity of the present fingerprints for AS against other autism spectrum 332 conditions in young, pubertal and adult subjects could lead to the development of much-333 needed novel diagnostic strategies associated with a personalised medicine strategy. The 334 analytes identified through the present study could also be assessed through comparison 335 with the biomarker fingerprints obtained for other neuropsychiatric disorders. In addition, 336 application of a convergent functional genomic strategy, such as that proposed by Le-337 Niculescu and colleagues (43) could be useful for improving the sensitivity and specificity of 338 emerging biomarker panels. Further studies of these factors could provide greater insight 339 into the molecular mechanisms involved in both the aetiology and development of autism 340 spectrum conditions.

341

342 Acknowledgements

343

This work was funded by the Stanley Medical Research Institute, Psynova Neurotech Ltd. and the Three Guineas Project Grant, Cambridge Lifespan Asperger Syndrome Service. Insulin-related assays were performed by Keith Burling at the NIHR Cambridge Biomedical Research Centre, Core Biochemistry Assay Laboratory, Addenbrookes Hospital, Cambridge, UK.

348

349

350 **Conflict of interest**

351 The study has been funded by Psynova Neurotech Ltd. There are no conflicts of interest.

352

353			
354			
355			
356			
357			
358			
359	Tables		
360 361 362 363	Table 1.		
364 265	a) Comparison of AS males and control males		
366	Analyte	p-value	FC
367	Interleukin-12p40 (IL-12p40)	0.0015	2.88
368	Fatty acid binding protein	0.0010	2.02
369	IL-3	0.0313	1.98
370	Erythropoietin (EPO)	0.0093	1.92
371	Tissue factor (TF)	0.0001	1.70
372	IL-5	0.0011	1.59
3/3	Granulocyte colony stimulating factor (G-CSF)	0.0042	1.47
374	Chromograpin A (CGA)	0.0034	1.44
375	Neuronal cell adhesion molecule (NrCAM)	0.0124	1.42
377	Tenascin-C	0.0300	1.00
378	Tumour necrosis factor alpha (TNF α)	0.0044	1.29
379	ENA-78	0.0493	1.26
380	IL-18	0.0186	1.24
381	Factor-VII	0.0316	1.21
382	Connective tissue growth factor (CTGF)	0.0090	1.19
383	IL-4	0.0267	1.19
384	Thrombopoietin (TPO)	0.0022	1.19
385	Stem cell factor	0.0098	1.18
380		0.0078	1.14
200	IL-10 IL 12p70	0.0333	1.12
380	Intercellular adhesion molecule 1 (ICAM-1)	0.0466	1.10
390	Serum Glutamic Oxaloacetic Transaminase (GOT1)	0.0008	0.83
391	ENA-78= epithelial-derived neutrophil-activating protein 78		
392			
393	b) Comparison of AS females and control females		
394			
395	Analyte	p-value	FC
396	NARG1	0.0082	2.87
397	IL-12p40	0.0011	2.74
398		0.0001	2.01
399 400	IL-ID	0.0073	1.75
401		0.0224	1.00
402	TF	0.0328	1.42
403	BDNF	0.0150	1.20
404	GOT1	0.0238	0.84
405	Apolipoprotein-CIII (Apo-CIII)	0.0438	0.83
406	Immunoglobulin M (IGM)	0.0130	0.76
407	sRAGE	0.0425	0.76

408	Apo-A1		0.0063	0.75
409	Tenasc	in-C	0.0021	0.68
410	Eotaxir	-3	0.0266	0.53
411	Endoth	elin-1	0.0369	0.50
412	Growth	hormone	0.0103	0.44
413	NARG1=	NMDA receptor regulated 1; sRAGE=receptor for advanced	d glycosylation end	products
414				
415				
416				
417				
418				
419	c) Two	-site TRF assays for insulin-related molecu	lles in female A	AS subjects
420	•,			
420 //21	Δnalvi	A	n-value	FC
421	Insulin		0.0594	1.81
422	Proins	ılin	0.0004	1.26
423	Des31	32-proinsulin (31 32-Pl)	0.0228	1.89
425	Glucos	e levels showed a trend increase in AS fen	nales compared	$\frac{1.00}{1.00}$
425	n=0.06	70) Glucose was determined spectrophotome	trically using an	adaptation of the hexokinase-
427	alucose	e-6-phosphate dehydrogenase method in a Dir	mension RXI C	linical Chemistry System (Dade
428	Behrind	: Milton Keynes, UK). Insulin was measured us	sing a two-step t	ime resolved fluorometric (TRF)
429	assav f	rom Perkin Elmer (Beaconsfield, Bucks, UK) (31). Proinsulin a	and des31.32-proinsulin (31.32-
430	PI) wei	e determined using two-site TRF assays em	ploving combina	tions of monoclonal antibodies
431	which c	an distinguish between the proinsulin forms (31	1).	
432		č	,	
433				
434				
435				
436				
437				
438				
439				
440				
441				
442	Refere	ences		
443				
444	1.	American Psychiatric Association. Diagnostic a	and Statistical M	anual of Mental disorders.
445		2000; 4th Edition Text Revision.		
446				
447	2.	Volkmar FR, State M, Klin A. Autism and autisi	m spectrum disc	orders: diagnostic issues for the
448		coming decade. J Child Psychol Psychiatry 200	9 Jan: 50 (1-2) : 1	.08-115.
449				
450	2	Paran Caban & Scott El Allison C Williams I	Polton D Matth	ows EE at al Drovalance of
450	5.	Baron-Conen S, Scott FJ, Anson C, Winans J,		ews FE et al. Prevalence of
451		autism-spectrum conditions: UK school-based	population stud	iy. Br J Psychiatry 2009 Jun;
452		194 (6): 500-509.		
453				
454	4.	Wing L. Asperger's syndrome: a clinical accour	nt. Psychol Med	1981 Feb; 11 (1): 115-129.
455				
456	5	Baron-Cohen S. The extreme male brain theor	ry of autism Tro	nds Coan Sci 2002 Jun 1. 6 /6).
450	5.		y of autistit. The	nus cogni sci 2002 juli 1, 0(0).
45/		240-204.		
458				
459	6.	Knickmeyer RC, Wheelwright S, Baron-Cohen	SB. Sex-typical p	olay:
460		masculinization/defeminization in girls with a	n autism spectru	um condition. J Autism Dev
461		Disord 2008 Jul; 38 (6): 1028-1035.	-	
462		· · · ·		

463 464 465	7.	Baron-Cohen S, Knickmeyer RC, Belmonte MK. Sex differences in the brain: implications for explaining autism. <i>Science</i> 2005 Nov 4; 310 (5749): 819-823.
466 467 468	8.	Auyeung B, Baron-Cohen S, Ashwin E, Knickmeyer R, Taylor K, Hackett G. Fetal testosterone and autistic traits. <i>Br J Psychol</i> 2009 Feb; 100 (Pt 1): 1-22.
469 470 471 472	9.	Auyeung B, Baron-Cohen S, Chapman E, Knickmeyer R, Taylor K, Hackett G. Foetal testosterone and the child systemizing quotient. <i>European Journal of Endocrinology</i> 2006; 155 (suppl_1): S123.
473 474 475 476	10.	Chapman E, Baron-Cohen S, Auyeung B, Knickmeyer R, Taylor K, Hackett G. Fetal testosterone and empathy: evidence from the empathy quotient (EQ) and the "reading the mind in the eyes" test. <i>Soc Neurosci</i> 2006; 1 (2): 135-148.
477 478 479 480	11.	Ingudomnukul E, Baron-Cohen S, Wheelwright S, Knickmeyer R. Elevated rates of testosterone-related disorders in women with autism spectrum conditions. <i>Horm Behav</i> 2007 May; 51 (5): 597-604.
481 482 483	12.	Manning JT, Baron-Cohen S, Wheelwright S, Sanders G. The 2nd to 4th digit ratio and autism. <i>Dev Med Child Neurol</i> 2001 Mar; 43 (3): 160-164.
484 485 486 487	13.	Henningsson S, Jonsson L, Ljunggren E, Westberg L, Gillberg C, Rastam M <i>et al.</i> Possible association between the androgen receptor gene and autism spectrum disorder. <i>Psychoneuroendocrinology</i> 2009 Jun; 34 (5): 752-761.
488 489 490	14.	Sugie Y, Sugie H, Fukuda T, Osawa J. Study of HOXD genes in autism particularly regarding the ratio of second to fourth digit length. <i>Brain Dev</i> 2009 Jun 17.
491 492 493	15.	Chakrabarti B, Dudbridge F, Kent L, Wheelwright S, Hill-Cawthorne G, Allison C <i>et al.</i> Genes related to sex steroids, neural growth, and social-emotional behavior are associated with autistic traits, empathy, and Asperger syndrome. <i>Autism Res</i> 2009; 2 (3): 157-177.
495 496	16.	Courchesne E, Carper R, Akshoomoff N. Evidence of brain overgrowth in the first year of life in autism. <i>JAMA</i> 2003 Jul 16; 290 (3): 337-344.
498 499 500	17.	Castellani ML, Conti CM, Kempuraj DJ, Salini V, Vecchiet J, Tete S <i>et al.</i> Autism and immunity: revisited study. <i>Int J Immunopathol Pharmacol</i> 2009 Jan-Mar; 22 (1): 15-19.
501 502 503 504	18.	Vojdani A, Mumper E, Granpeesheh D, Mielke L, Traver D, Bock K <i>et al.</i> Low natural killer cell cytotoxic activity in autism: the role of glutathione, IL-2 and IL-15. <i>J Neuroimmunol</i> 2008 Dec 15; 205 (1-2): 148-154.
505 506 507	19.	Enstrom AM, Van de Water JA, Ashwood P. Autoimmunity in autism. <i>Curr Opin Investig Drugs</i> 2009 May; 10 (5): 463-473.
508 509 510 511	20.	Bossuyt PM, Reitsma JB, Bruns DE, Gatsonis CA, Glasziou PP, Irwig LM <i>et al.</i> Towards complete and accurate reporting of studies of diagnostic accuracy: the STARD initiative. Standards for Reporting of Diagnostic Accuracy. <i>Clin Chem</i> 2003 Jan; 49 (1): 1-6.

512 513 514 515	21.	Baron-Cohen S, Wheelwright S, Skinner R, Martin J, Clubley E. The autism-spectrum quotient (AQ): evidence from Asperger syndrome/high-functioning autism, males and females, scientists and mathematicians. <i>J Autism Dev Disord</i> 2001 Feb; 31 (1): 5-17.
516 517 518 519	22.	Wheelwright S, Baron-Cohen S, Goldenfeld N, Delaney J, Fine D, Smith R <i>et al.</i> Predicting Autism Spectrum Quotient (AQ) from the Systemizing Quotient-Revised (SQ-R) and Empathy Quotient (EQ). <i>Brain Res</i> 2006 Mar 24; 1079 (1): 47-56.
520 521 522	23.	Wakabayashi A, Baron-Cohen S, Wheelwright S, Tojo Y. The Autism-Spectrum Quotient (AQ) in Japan: A cross-cultural comparison. <i>J Autism Dev Disord</i> 2006 Feb; 36 (2): 263-270.
523 524 525 526	24.	Hoekstra RA, Bartels M, Cath DC, Boomsma DI. Factor structure, reliability and criterion validity of the Autism-Spectrum Quotient (AQ): a study in Dutch population and patient groups. <i>J Autism Dev Disord</i> 2008 Sep; 38 (8): 1555-1566.
527 528 529 530	25.	Woodbury-Smith MR, Robinson J, Wheelwright S, Baron-Cohen S. Screening adults for Asperger Syndrome using the AQ: a preliminary study of its diagnostic validity in clinical practice. <i>J Autism Dev Disord</i> 2005 Jun; 35 (3): 331-335.
531 532 533 534	26.	Bishop DV, Maybery M, Maley A, Wong D, Hill W, Hallmayer J. Using self-report to identify the broad phenotype in parents of children with autistic spectrum disorders: a study using the Autism-Spectrum Quotient. <i>J Child Psychol Psychiatry</i> 2004 Nov; 45 (8): 1431-1436.
535 536 537 538 539	27.	Bertenshaw GP, Yip P, Seshaiah P, Zhao J, Chen TH, Wiggins WS <i>et al.</i> Multianalyte profiling of serum antigens and autoimmune and infectious disease molecules to identify biomarkers dysregulated in epithelial ovarian cancer. <i>Cancer Epidemiol Biomarkers Prev</i> 2008 Oct; 17 (10): 2872-2881.
540 541 542	28.	Rothman KJ. No adjustments are needed for multiple comparisons. <i>Epidemiology</i> 1990 Jan; 1(1): 43-46.
543 544	29.	Hastie T, Tibshirani R, Friedman JH. The Elements of Statistical Learning. Springer, 2003.
545 546 547 548	30.	Hana V, Silha JV, Justova V, Lacinova Z, Stepan JJ, Murphy LJ. The effects of GH replacement in adult GH-deficient patients: changes in body composition without concomitant changes in the adipokines and insulin resistance. <i>Clin Endocrinol (Oxf)</i> 2004 Apr; 60 (4): 442-450.
549 550 551 552	31.	Guest P, L Wang L, Harris L, Burling K, Levin Y, Ernst A <i>et al.</i> Increased levels of circulating insulin-related peptides in first onset, antipsychotic naïve schizophrenia patients. <i>Molecular psychiatry (in press)</i> .
553 554 555	32.	Kanda N, Tsuchida T, Tamaki K. Testosterone inhibits immunoglobulin production by human peripheral blood mononuclear cells. <i>Clin Exp Immunol</i> 1996 Nov; 106 (2): 410-415.
556 557 558 559 560	33.	Escobar ME, Ropelato MG, Ballerini MG, Gryngarten MG, Rudaz MC, Veldhuis JD <i>et al.</i> Acceleration of luteinizing hormone pulse frequency in adolescent girls with a history of central precocious puberty with versus without hyperandrogenism. <i>Horm Res</i> 2007; 68 (6): 278-285.
561 562	34.	Barontini M, Garcia-Rudaz MC, Veldhuis JD. Mechanisms of hypothalamic-pituitary-gonadal disruption in polycystic ovarian syndrome. <i>Arch Med Res</i> 2001 Nov-Dec; 32 (6): 544-552.

563		
564	35.	Ragusa L, Elia M, Scifo R. Growth hormone deficit in autism. J Autism Dev Disord 1993 Jun;
565		23 (2): 421-422.
566		
567 568 569	36.	Mills JL, Hediger ML, Molloy CA, Chrousos GP, Manning-Courtney P, Yu KF <i>et al.</i> Elevated levels of growth-related hormones in autism and autism spectrum disorder. <i>Clin Endocrinol (Oxf)</i> 2007 Aug; 67 (2): 230-237.
570	27	Vanhala B. Turnainan H. Bijkanan B. Law lavak of inculin like growth factor Lin
571 572 573	57.	cerebrospinal fluid in children with autism. <i>Dev Med Child Neurol</i> 2001 Sep; 43 (9): 614-616.
574	38	Kebancilar I. Taner CF. Kebancilar AG. Alacacioglu A. Sari I. Comparison of four different
575 576 577	50.	treatment regimens on coagulation parameters, hormonal and metabolic changes in women with polycystic ovary syndrome. Arch Gynecol Obstet 2009 Mar 28.
578	39	Golden SH Ding L Szklo M Schmidt MI Duncan BB Dobs A Glucose and insulin components
579 580 581		of the metabolic syndrome are associated with hyperandrogenism in postmenopausal women: the atherosclerosis risk in communities study. <i>Am J Epidemiol</i> 2004 Sep 15; 160 (6): 540-548.
562	40	Zhang Z. Li M. Lin V. Ma V. [Effect of regiglitations on inculin registrance and
585 585 586	40.	hyperandrogenism in polycystic ovary syndrome]. <i>Zhonghua Fu Chan Ke Za Zhi</i> 2002 May; 37 (5): 271-273.
580 587 588 589	41.	van Gent T, Heijnen CJ, Treffers PD. Autism and the immune system. <i>J Child Psychol Psychiatry</i> 1997 Mar; 38 (3): 337-349.
590 591 592 593	42.	Molloy CA, Morrow AL, Meinzen-Derr J, Schleifer K, Dienger K, Manning-Courtney P <i>et al.</i> Elevated cytokine levels in children with autism spectrum disorder. <i>J Neuroimmunol</i> 2006 Mar; 172 (1-2): 198-205.
594 595 596 597 598	43.	Le-Niculescu H, Kurian SM, Yehyawi N, Dike C, Patel SD, Edenberg HJ <i>et al.</i> Identifying blood biomarkers for mood disorders using convergent functional genomics. <i>Mol Psychiatry</i> 2009 Feb; 14 (2): 156-174.
500	Figuro	legends
222	inguie	iegenus
600		
601 602	Fig. 1.	AQ, EQ and SQ in males and females with AS compared to controls.
603 604 605 606 607 608	Fig. 2. Classification and prediction of AS and control (Cont) subjects using separate panels of a) 10 male-specific analytes and b) 15 female-specific analytes. The analytes were identified in separate training sets for male and female AS and control subjects. These were used for blinded prediction of male and female test subjects. The plus symbol indicate classification as AS and the minus symbol indicates classification as controls. P values indicate the significance of the classification and were calculated using Fisher's exact test.	

Fig. 3. a) Venn diagram showing distinct and common serum biomarker profiles for males and females with AS. Blue typeface and encircled area indicates hormones and growth factors. Red type face and encircled area indicates cytokines and inflammatory factors. Black typeface indicates markers that fit into other (non-specified) categories. Up arrows indicate analytes that show increased expression and down arrows indicate analytes with decreased expression relative to the values seen in the respective controls. b) Partial Least Squares Discriminant Analysis (PLSDA) showing the separation of AS and control subjects using differentially expressed analytes. Each spot represents an AS (red) or control (black) subject. The model built on males using 24 AS male specific analytes (left) does not yield a separation in prediction of AS in females (right). c) The model built on females with AS and female controls using 17 female specific analytes (left) does not yield a separation when predicting AS in males (right). This is a standard statistical technique for characterizing data variances. A simplified projection of multi-dimensional data is given such that the greatest variance lies on the first coordinate, the second greatest variance on the next coordinate, and so on.





