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#### **Food Additives and Contaminants**



# Determination of PAH profiles by GC-MS/MS in salmon muscle meat processed with four cold smoking techniques





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# **ABSTRACT:**

An analytical method based on gas chromatography / tandem mass spectrometry (GC-MS/MS) (triple quadrupole device) has been developed for quantification of polycyclic aromatic hydrocarbons (PAHs) in smoked salmon. This method was applied to determine PAH concentrations in smoked fish and to assess the impact of four industrial smoking processes on their profiles. Two smokehouse temperatures and three times of smoke exposure were applied. All the smoking techniques used lead to acceptable PAH levels: 12 the quantities recovered are one hundred times lower than the legal limit (5  $\mu$ g.kg<sup>-1</sup>) concerning the principal PAH of concern, i.e. benzo(a)pyrene. In order to compare 14 different smoking processes, the TEQ (Toxic Equivalent Quantity) approach was chosen. Smouldering leads to the highest TEQ while liquid smoke leads to the lowest TEQ.

**KEYWORDS:** PAH, smoked salmon, smoking process, TEQ, purification, tandem mass

spectrometry

#### **INTRODUCTION**

Polycyclic aromatic hydrocarbons (PAHs) are carcinogenic food and environmental contaminants (Baird et al., 2005; Mottier et al., 2000). Environmental exposure can be through inhalation (Easton et al., 2002; Storelli et al., 2003; Grova et al., 2005) and deposition from the air can lead to contamination of cereals and vegetables, resulting in human exposure from uncooked foodstuffs (SCF, 2002). However, home-cooking and industrial food processes represent the major source of human exposure from the diet (Zabik et al., 1996; Kannappan et al., 2000; Stołyhwo et al., 2005). Smoked foods (Chen et al., 1996; Jira, 2004) have been known for several decades, to be a source of PAHs especially benzo(a)pyrene (Šimko, 1991; Kazerouni et al., 2001)

od processes represent the major source of human exposure, 1996; Kannappan et al., 2000; Stolyhwo et al., 2005). Smoke Jira, 2004) have been known for several decades, to be a senzo(a)pyrene (Šimko, 1991; Kazerouni et al., In the smoking process, PAHs are generated during smoke production by wood pyrolysis. Because of their lipophilic properties (log Kow range between 4 and 7), PAHs can accumulate in the lipid fraction of food products and are not easily extracted from food with a high fat content, such as smoked salmon. Moreover, many analytical strategies have been developed to detect and measure these compounds (Rivera et al., 1996; Moret et al., 2000) such as de-fatting, which is especially used during the extraction step (Nyman et al., 1993; Yeakub Ali et al., 2001; Dugay et al., 2002). Accelerated Solvent Extraction (ASE), Solid-Phase Extraction (SPE) clean-up on selected cartridges, and saponification have been developed in order to avoid lipids suspected of disrupting the analysis (Wang et al., 1999; Kishikawa et al., 2003; Marcé et al., 2000). All the studies dealing with PAH analysis in smoked food have been carried out with a single detector and GC/MS (Šimko, 2002; Yurchenko et al., 2005) and HPLC/FD (Chen et al., 1996; Koffi Houessou et al., 2005) are the two main analytical methods for their measurement at low levels. However, co-elution which could be attributed to co-extracted lipids as in the case 27 of smoked fish (Wang et al., 1999) cannot be totally removed (Chiu et al., 1997; Moret et al., 1999). Indeed, the lipidic substances of food matrices can disrupt the extraction step 29 but they are also involved in chromatographic coelutions, disturbing the detection of PAHs by creating interferences with the analytes or by increasing the global noise. Gas chromatography coupled to tandem mass spectrometry appears to be a candidate method to lower the limit of detection (LOD) of PAHs even in oily matrices (Munoz et al., 2001 ; Veyrand et al., 2006) and leads to low limits of detection (e.g. 0.07  $\mu$ g.kg<sup>-1</sup> for benzo(g,h,i)perylene in oil) (Ballesteros et al., 2006). Nevertheless, this detection system has not been used for PAHs monitoring in smoked food and especially in smoked salmon. 

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The presence of PAHs - especially benzo(a)pyrene - in smoked fish has previously been reported (Šimko et al., 2002) but little information is available concerning the influence of the smoking processes. Most work on PAHs and smoked fish has focused on methods of extraction and determination (Järvenpää et al., 1996; Wang et al., 1999; De Boer et al., 2003). Some studies compare modern and traditional kilns (Karl, 1996 and 1997) but, to our knowledge, no study is available that compares modern industrial smoking processes for fish with respect to the twenty PAHs suspected to be carcinogens (EC, 2005b). This is one of the reasons that justifies this study.

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In order to reduce PAH levels in smoked fish, a liquid smotoses has been developed in recent decades. It consists of the<br>
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gal maximum Moreover, in order to reduce PAH levels in smoked fish, a liquid smoke atomization smoking process has been developed in recent decades. It consists of the vaporization of liquid smoke obtained from a condensation process of wood smoke, onto the fish. However, legal maximum residue limit for PAHs have not been set for this technique. Studies concerning PAHs in liquid smoke have only focused on the PAH composition of liquid smoke itself or the PAH composition of food smoked with this technique (Guillén et al., 2000a,b; Šimko, 2005), but no comparison of liquid smoke with traditional smoking techniques applying wood pyrolysis are available.

The aims of this work were, firstly, to assess a GC-MS/MS (SRM acquisition) quantification method for PAHs in smoked salmon by comparison with GC-MS (SIM acquisition). To carry out PAH quantification, an extraction method for smoked salmon was developed. It consists of a liquid-solid extraction followed by an optimized SPE 23 purification step. Secondly, we have applied this method to carry out a determination of PAHs in salmon flesh, smoked according to the four smoking processes most used in industry. The effect of time of smoke exposure and smokehouse temperatures on PAH 26 content has also been assessed.

#### **MATERIALS AND METHODS**

# **Materials and reagents**

All solvents for PAH analysis were analytical or HPLC grade and purchased from SDS (Peypin, France) except toluene and tetrahydrofurane from Fluka (Buchs, Switzerland).

ENVI Chrom P cartridges of 6 mL, 0.50 g bonded phase were obtained from Supelco (Bellefonte, USA). All PAH standards (fluorene, phenanthrene, anthracene, cyclopenta(c,d)pyrene, benzo(b)fluoranthene, benzo(j)fluoranthene, benzo(k)fluoranthene, indeno(1,2,3-c,d)pyrene, dibenzo(a,e)pyrene, dibenzo(a,i)pyrene, benzo(g,h,i)perylene, dibenzo(a,h,)anthracene, dibenzo(a,l)pyrene and dibenzo(a,h)pyrene) were from LGC Promochem (Wessel, Germany) except benzo(a)anthracene, chrysene and 1 benzo(a)pyrene, which were obtained from Chiron (Trondheim, Norway). All  $^{13}$ C-labelled PAHs were from CIL (Cambridge Isotope Laboratories, USA) except for 3 cyclopenta(c,d)pyrene, dibenzo(a,h)pyrene and dibenzo(a,l)pyrene for which  $^{13}$ C-labelled 4 standards were not available. Ultrapure water was obtained from a MilliQ<sup>®</sup> system (resistivity < 18 MΩ.cm).

#### **Fish processing**

8 Salmon (Salmo salar) reared in Norway were purchased from a seafood wholesaler (Nantes, France). The time between their capture and their filleting was not more than one 10 week. Nine gutted fish of  $3 \sim 4$  kg of the same batch were received in a box in ice. They 11 were directly filleted, trimmed and put on grids in a cold chamber at  $+3^{\circ}C$  for 2 h. All the fillets were about 1 kg. Next, they were hand-salted with refined salt (Salins du Midi, France) and left for 3 h at +12°C before being rinsed on grids with water (15°C) and 14 stored at 3°C for 18 h until smoking.

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gutted fish of  $3 \sim 4$  kg of the same batch were received in a b<br>
filleted, trimmed and p Before smoking, a drying step was carried out by putting the fillets in the smokehouse at 17 18 $\degree$ C for 15 min. The aim of this step is to dry the product surface for a better smoke penetration according to industrial procedures. Secondly, this step allows the 19 standardization of the internal temperature at  $8^{\circ}$  for all the samples which were 20 previously stored in cold room at  $+ 2^{\circ}$ C. Then, at the beginning of the smoking process, smoke was introduced into the cell on fillets that had the same internal temperature 22 whatever the smokehouse temperature. The smoked fillets were stored for less than one 23 week at  $+ 2^{\circ}$ C prior to sensorial analysis. The medium parts of smoked fillets (about 200 24 g) were put at  $-80^{\circ}$ C and freeze-dried for PAH analysis.

Raw salmon coming from the same batch of salmon were separated in order to prepare 27 blank matrices to measure the environmental contamination in PAHs in salmon.

# **Smoking equipment and procedures**

30 The smokehouse was an HMI Thirode (PC90 Model) device (Thirode, France), 1500 x 1300  $\times$  2250 mm with a capacity of 380 kg, mounted on a trolley with 28 grids on which the fillets were deposited. For each smoking technique, the fillets were placed at the same level (grid numbers 10, 12 and 14) 20 cm from the door of the smokehouse. The air/smoke circulation was horizontal. To study the effect of time of smoke exposure and smokehouse temperatures, salmon fillets were swept by the smoke for 1, 2 or 3 hours at a temperature of 22 or 32°C.

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The exhaust valve opening was 1/3 but was closed for liquid smoke vaporization and the 2 relative hygrometry was set at 60 %. For each process, except liquid smoke, the smoke 3 was introduced into the smokehouse at a flow-rate of 90  $m^3/h$ .

For the production of wood smoke, four processes are used: smouldering, thermostated plates and friction, which generate smoke from wood sawdust, chips and logs, respectively, and atomization of liquid smoke (Varlet et al., 2006).

**Smouldering parameters** 

**For Performally and Syntyn Synthetics**<br> **For Performally CONDEG Synth** Synthesian and parameters (Thirode, France) produced smoke by pyrolysis (between 40 sawdust using the smoother of any of the ignit further only by el A generator (Thirode, France) produced smoke by pyrolysis (between 400 and 450 °C) from beech sawdust using the smouldering method. The sawdust was poured onto an electrically heated ring and pyrolyzed. The pyrolysis temperature was determined with a probe placed onto the heated ring. The ring was heated only for the ignition period and was treated further only by electric pulses. The pyrolysis was also maintained through an air intake producing a continuous flow around the heated ring by a fan. The sawdust fell on the heated ring by gravity from a hopper. Introduction of sawdust was programmed every 6 min. The sawdust was before moistened and homogenized in order to obtain a moisture rate of 20 %.

**Thermostated plates parameters** 

22 A generator  $720 \times 1120 \times 1730$  mm (Thirode, France) produced smoke by pyrolysis (500 °C) of beech chips. The pyrolysis temperature was determined with a probe placed on the plates. A system spreads the chips on thermostated plates and the plates were cleaned 25 after 3 minutes of combustion. The smoke was pulsed by a ventilator in order to obtain the same flow rate of smoke in the smokehouse than smouldering and friction.

**Friction parameters** 

A generator type FR 1002 (Muvero, The Netherlands) produced smoke by friction (380  $\degree$ C) by pressing a beech log (8 × 8 × 10 cm) against a rotating friction wheel during 10 seconds and every 30 seconds. The pyrolysis temperature was determined with a probe placed into the log. The beech log is pressed pneumatically by means of a wood gripper with a pressure of 3,5 bars.

#### **Liquid smoke parameters**

Liquid smoke was purchased from a smoke flavouring manufacturer (France). It was a purified condensate of beech smoke. Liquid smoke is utilised by atomising by pressurized air in the smokehouse at ambient temperature. The vaporization device (Lutetia, France) allows the setting of air and liquid smoke pressures in order to obtain a consumption of liquid smoke of 1 L/h as in industrial procedures. Liquid smoke was injected in the smokehouse for 2 min every 3 min. For this type of smoking process, the hygrometry of the smokehouse was set at 70 %.

#### **Solid-Liquid extraction of PAH**

**For Period III and Space Space III** and Space Translate of 20 TC-PAHS at 1 µg.kg and that the more for 30 min, then centrifuged at 5000 g for 30 min at 0°C. The lated and evaporated to dryness under a gentle stream of dis 2 g of freeze-dried fillet spiked with a mixture of 20<sup>13</sup>C-PAHs at 1  $\mu$ g.kg<sup>-1</sup>, considered as internal standards, was homogenized in 40 mL of cyclohexane / ethyl acetate (50:50;v/v) 10 and shaken for 30 min, then centrifuged at 5000 g for 30 min at 0°C. The liquid part was carefully isolated and evaporated to dryness under a gentle stream of nitrogen. The residue was dissolved in 6 mL of cyclohexane. Each PAH quantification was the result of the mean of triplicate measurements carried out on three individual fillets which have been smoked.

#### **SPE Clean-up procedure**

Solid-phase extraction cartridges placed on a Vac Elut system were conditioned with 5 mL of water, then 5 mL of methanol and finally with 5 mL of cyclohexane. 6 mL of sample in cyclohexane was introduced into the cartridge and washed with 3 mL of cyclohexane in order to remove the fat. The PAHs were eluted with 12 mL of a mixture of cyclohexane 21 and ethyl acetate (50:50;  $v/v$ ) then evaporated to dryness under a nitrogen stream. Finally, 22 the residue was dissolved in 40  $\mu$ L of toluene.

# **GC/MS/MS analysis**

For GC/MS/MS experiments, an HP-6890 gas chromatograph (Agilent Technologies, Palo-Alto, USA) was coupled to a triple stage quadrupole Quattro Micro mass spectrometer (Waters Milford, USA). A liner, 4 mm i.d., loosely filled with silanized glass wool, was used in splitless mode GC injector (280°C). The GC column Zebron was a ZB-5MS 30 m × 0.25 mm i.d., film thickness 0.25 µm (Phenomenex, Torrance, USA). The GC oven temperature was maintained at 110°C for 1 min after injection then programmed at 20 °C.min<sup>-1</sup> to 240 °C, then at 5 °C.min<sup>-1</sup> to 340 °C. Helium was used as carrier gas. Electron ionization was used and SRM (Selected Reaction Monitoring) was selected as acquisition technique. The monitored ions were those listed amongst the recommended ones by the European Commission (European Commission, 2005b) with, in addition, fluorene, phenanthrene, anthracene, fluoranthene, pyrene from the US EPA 16 priority pollutants (INERIS, 2003). The range of mass to charge ratio (m/z) was 166 (fluorene), 178 (phenanthrene, anthracene), 202 (fluoranthene, pyrene), 226 (cyclopenta(c,d)pyrene),

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228 (benzo(a)anthracene, chrysene), 242 (5-methylchrysene), 252 (benzo(b), (j) and (k)fluoranthene, benzo(a)pyrene), 276 (benzo(g,h,i)perylene, indeno(1,2,3-c,d)pyrene), 278 (dibenzo(a,h)anthracene) and 302 (dibenzopyrenes).

Analytes were identified on the basis of their retention time and at least two transitions; <sup>13</sup> C-labelled internal standards corresponding to each PAHs studied were used for quantification excepted for cyclopenta(c,d)pyrene, reported to  $^{13}$ C benzo(a)anthracene, 8 dibenzo(a,h)pyrene reported to <sup>13</sup>C dibenzo(a,i)pyrene and dibenzo(a,l)pyrene reported to  $9^{13}$ C dibenzo $(a,e)$ pyrene.

To express the concentrations in µg.kg-1 of wet tissue, the concentrations expressed in 12 µg.kg-1 of freeze-dried tissue have been multiplied by individual freeze-drying factor for each PAH. These factors have taken into account the loss of weight due to water removing and the loss of analytes signal during freeze-drying. They were determined by addition of internal standards before and after this step.

# **GC-MS analysis**

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the concentrations in  $\mu$ g.kg-1 of wet tissue, the concentration-<br> **Freez-** dried tissue have b For GC-MS experiments, an HP-6890 gas chromatograph was coupled to an HP-5973 (Agilent Technologies, Palo-Alto, USA) quadrupole mass spectrometer (low-resolution 20 single MS). Injector and transfer-line temperatures were  $250^{\circ}$ C and  $305^{\circ}$ C, respectively, 21 and source and analyzer temperatures were  $230^{\circ}$  and  $150^{\circ}$ C, respectively. A glass insert, 4 mm i.d., loosely filled with silanized glass wool was used in the split/splitless GC 23 injector (250°C, purge splitless 1,5 min). The GC column was 30 m  $\times$  0,25 mm i.d., film thickness 0,25 µm, OV-1 (Ohio Valley). The GC oven temperature was maintained at 25 110 °C for 10 min after injection then programmed at 20 °C min<sup>-1</sup> to 160 °C and then at 15 26  $^{\circ}$ C.min<sup>-1</sup> to 300°C which was maintained for 10 min. Helium (N55) was used as carrier gas 27 at 1,1 mL.min<sup>-1</sup>. The acquisition mode was SIM (Single Ion Monitoring). Electron ionization was used with energy of 70 eV.

# **Statistical analysis**

Analysis of variance (ANOVA) was performed on PAH concentrations data using Statgraphics Plus 5.1 software (Statistical Graphics Corp., USA). The significant statistical level was set at p < 0.05 (Cardinal et al. 2006). Multivariate data processing was performed with Uniwin Plus 5.1 software (Sigma Plus, France). A correspondence factorial analysis (CFA) was carried out on the PAH content according to the smoking parameters (3hrs of smoke exposure, 32°C) and the type of smoking process.

# **RESULTS AND DISCUSSION**

# **Efficiency of the analytical method**

#### Extraction method and recovery yields

is aner the concentration with introgen and to prevent tast containmeter. The potential loss caused by the cyclohexane washis<br>pensated by repeatable recovery yields (Table 1) for each m<br>tion of recovery yields were perform The main critical point for PAH analysis in food remains their lipophilic properties. Indeed, PAHs are often co-extracted with lipids. In order to decrease the fat content in the final sample, the volumes of washing and elution have been precisely chosen in order to avoid lipid residues after the concentration with nitrogen and to prevent fast contamination of the mass spectrometer. The potential loss caused by the cyclohexane washing step during SPE is compensated by repeatable recovery yields (Table 1) for each monitored PAH. The estimation of recovery yields were performed with three replicates on spiked unsmoked freeze-dried salmon (1 ng/g of each PAH). When the number of rings increases in the PAH molecule, the polarity decreases and the PAH concerned has a high 14 affinity for the lipid fraction and is less extracted by the solvent mixture (cyclohexane / ethyl acetate). As required for benzo(a)pyrene (EC 2005/10, 2005c), the recovery yields of all PAHs are between are between 50 and 120 %, from 43 % (for dibenzo(a,e)pyrene and dibenzo(a,l)pyrene) to 99 % (for phenanthrene). These results are results are acceptable for fatty matrices such as salmon in which we have previously measured a fat content of 13 % before smoking.

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21 Good reproducibility of extraction can be observed with coefficients of variation less than 22 10 % for all the molecules studied except for dibenzopyrenes. Nevertheless, in all cases, 23 the coefficient of variation is under the 15 % required for other structure-like contaminant analysis (EC 2002/69, 2002).

# GC-MS/MS approach and comparison with GC-MS (SIM)

GC-MS/MS analysis provides several advantages in PAH detection and quantification in food. The first benefit is that it allows treatment of the food matrix under gentler conditions of extraction than those developed until now, which remove lipids under strong conditions such as saponification. The extraction must lead to samples which can be injected after removing lipids and the detection is improved because of further specific monitored transitions, which enables co-extracted lipid substances to be minimized and separated from the PAHs.

The second advantage is that the specificity of GC-MS/MS allows a focus on the transitions of PAHs. It enables the extraction to be optimised to improve the signal, especially in the chromatographic zone of the peaks of analytes. Consequently, the levels

of detection are decreased (Monteau et al., 2005 ; Veyrand et al., 2006). Comparing GC-2 MS with SIM mode acquisition and GC-MS/MS with SRM acquisition (Figure 1), especially for high molecular weight PAHs like benzo(g,h,i)perylene, the signal for GC-MS/MS appears with fewer interferences and a more stable baseline. Therefore, detection limits were significantly improved. For lipophilic PAHs like benzo(g,h,i)perylene, suspected of 6 being co-eluted with lipid substances, a level of detection is reached at 0.5  $\mu$ g.kg<sup>-1</sup> with GC-MS (SIM) and less than 0.1  $\mu$ g.kg<sup>-1</sup> with GC-MS/MS. Therefore, gas chromatography coupled to MS/MS detection increases by more than five times the sensitivity in this type of food matrix, noticeably for the main heavy PAHs. These results are in accordance with other studies applying tandem mass spectrometry to the recovery of PAHs in food oils (Ballesteros et al., 2006).

**For Peer Review Synchetics** of the main rive times the sensitive, noticeably for the main heavy PAHs. These results are in a s applying tandem mass spectrometry to the recovery of PAI et al., 2006).<br> **For Peer Review Only** The improvement of the chromatographic signals is also due to the chemical structures of 14 PAHs. Indeed, PAHs are highly condensed and stable so the  $M^+$  >  $M^+$  transition can be monitored. Their stability increases with the number of rings in their chemical structure. For this reason, the energy in the collision cell is increased from 25 to 35 eV for dibenzo(a,h)anthracene, indeno(1,2,3-c,d)pyrene, benzo(g,h,i)perylene and all the dibenzopyrenes in order to cause a loss of two protons and to generate the ion M-2 (Table 2). This second ionization causes a decrease in the noise by fragmenting the co-extracted substances co-eluted with PAHs whereas PAHs are weakly affected. With GC-MS/MS 21 analysis, thanks to the energy of collision and the monitoring of specific transitions, a mass clean-up is carried out that reduces the noise due to lipidic substances thus increasing simultaneously the signal-to-noise ratio of PAHs.

25 The method reported here provides a suitable analysis of PAHs in investigative studies. It is faster in extraction time and takes place under gentle conditions, which avoid the 27 generation of potential interferences or matrix effects. The benefits brought by the extraction step are only noticeable because the GC-MS/MS analysis has been optimized for the monitoring of PAHs.

# **PAH content in smoked salmon according to the smoking process**

The analytical method presented above was employed to investigate PAHs in salmon smoked by four different industrial smoking processes: smouldering, thermostated plates, friction and liquid smoke. In parallel, PAH quantification in unsmoked salmon are compiled as comparison points in the tables of each smoking process in order to differentiate PAHs coming from the environment and salmon feed and those generated during the smoking process (Tables 4 to 7). The environmental contamination due to the bioaccumulated

PAHs is in agreement with the literature (Easton et al., 2002). PAHs of low molecular weight are predominant but in weak concentrations (between 0.06 for fluorene to 0.19 ug.kg<sup>-1</sup> for pyrene) and all PAHs of heavy molecular weight are all below 0.02  $\mu$ g.kg<sup>-1</sup>.

Concerning the four processes studied, it can be noted that 5-methylchrysene, indeno(1,2,3-c,d)pyrene, dibenzo(a,h)anthracene and all the dibenzopyrenes were not found in all the samples whatever the time of smoke exposure and the smokehouse temperature. These PAHs are considered as more toxic than low molecular weight PAHs 8 like fluorene.

**Formulation** of the same level of toxicity, a TEF (TC TRE)<br> **FORMAL CONDECT CONDECT** (Table 3). The concentration of each PAH is may TEF and then added in order to obtain a single value that<br> **FORMAL CONDECT EVALUAT CONDE** Because the PAHs do not all have the same level of toxicity, a TEF (Toxic Equivalent Factor) expressed in comparison to benzo(a)pyrene, the leading substance for PAH, was defined for each PAH (Table 3). The concentration of each PAH is multiplied by its corresponding TEF and then added in order to obtain a single value that illustrates the toxicity of the foodstuff studied. This value corresponds to the TEQ (AFSSA, 2003). TEQ approach was chosen to express the total PAH contamination of a smoked or unsmoked product. Even if this presentation of PAH content is empirical because the effects of PAHs in a mixture are not sufficiently known, we have used this approach for its possibility to express PAH contamination of food by a single value.

The contamination of the samples for each experimental point (one smokehouse temperature and one time of exposure) is summarized in the form of the TEQ in each 22 table from Table 4 to Table 7. Except for thermostated plates, the analysis of the variance 23 of the TEQs does not show a significant influence of time of smoking or smokehouse temperature. The low level of PAHs at 1 hour in fish fillets smoked with thermostated 25 plates could be due to the inertia of the device.

27 Whatever the settings of the parameters, all the smoking processes lead to high levels of PAHs of low molecular weight, which seem to be generated mainly during smoking (Figure 2). The concentrations of PAH from fluorene to fluoranthene are comprised 30 between 1 and 5  $\mu$ g.kg<sup>-1</sup>. Smouldering leads to the highest concentrations of PAHs of low molecular weight and liquid smoke to the lowest concentrations of the same PAHs. Friction and thermostated plates lead to intermediary similar levels of contamination, 33 especially for fluoranthene and pyrene (from  $0.10$  to  $0.40\mu q.kq^{-1}$ ). These PAHs and especially phenanthrene whose bioavailability in water is significant, can form the fingerprint of the initial contamination of marine organisms (Pointet et al., 2000; Marsili et al., 2001, Easton et al., 2002). It is interesting to note that this predominance of PAHs of low molecular weight is also remarkable after the smoking of the fish.

# **Effects of the time of smoke exposure and smokehouse temperature on the generation of PAHs according to the process used**

Smouldering

**For Peer Review Only** O.05 **pg.kg** . No effect of time of smoke exposure of<br>was noticeable for this PAH in smouldering mode (results corets<br>smoked by smouldering, there are more low molecular weight PAHs. An analysis of v All the fillets smoked according to this technique are acceptable because none of the 6 samples exceeded the legal limit (benzo(a)pyrene concentration  $< 5 \mu q.kq^{-1}$ ) (EC 208/2005, 2005a). Under the more extreme conditions (3 h, 32°C), benzo(a)pyrene 8 reached only  $0.05 \mu g kg^{-1}$ . No effect of time of smoke exposure or smokehouse temperature was noticeable for this PAH in smouldering mode (results compiled in Table 4). In fish fillets smoked by smouldering, there are more low molecular weight PAHs than high molecular weight PAHs. An analysis of variance showed a significant influence of the parameters studied (smokehouse temperature and time of smoke exposure) on the quantity of PAHs recovered in salmon fillets, especially phenanthrene and chrysene (p-values ≤ 0.05). Increasing the smokehouse temperature and the time of smoke exposure raises the concentration of phenanthrene in salmon fillets. For chrysene, only an effect of increasing smokehouse temperature is noticeable. This effect could be explained by a 17 higher amount of salmon lipids in liquid state at 32°C than at 22°C. Thus, PAHs that are lipophilic could be better adsorbed in the fillet (Moret et al., 1999). Measurements on a greater number of fillets could confirm this trend.

#### Thermostated plates

The results presented in Table 5 show that this mode generates low levels of PAHs 23 (benzo(a)pyrene concentration  $\langle$  0.04  $\mu$ g.kg<sup>-1</sup> whatever the setting of parameters) 24 whereas it is the technique that reaches the highest temperature of pyrolysis (500 $\degree$ C) and it was reported that PAH occurrence was greater with a high temperature of pyrolysis (Clifford et al., 1980). Thus, the generation of PAHs at high pyrolysis temperature can be 27 compensated by the device used in the smoke production. Below  $400^{\circ}$ C, the smoke contains very low amounts of PAHs but also fewer odour-active compounds and molecules that influence the required organoleptic characteristics of the final product (Hamm, 1977). Clearly, pyrolysis must be optimized in order to obtain a flavoured smoke while minimizing PAH generation. For anthracene, benzo(b) and benzo(j)fluoranthene and benzo(a)pyrene, the results of ANOVA show a significant effect of time of smoke exposure with a 5 % risk. A significant effect of smokehouse temperature is also noticeable for anthracene.

An increase in the smoking parameters (especially time of smoke exposure) generated PAHs, nevertheless all the PAH quantities were below the European legal limit for smoked fish. The highest concentration of benzo(a)pyrene was found after three hours of smoke 2 exposure and reaches 0.04  $\mu$ g.kg<sup>-1</sup>, still clearly below 5  $\mu$ g.kg<sup>-1</sup>. In general, there is an important difference between the benzo(a)pyrene concentrations found in smoked salmon whatever the smoking processes and parameters and the maximum legal value. The heterogeneity in the PAH contamination of food in the different European countries and the different diets can explain this high legal limit.

Friction

**Example 1** at the mondering process, there are half as many low morton the smouldering process (Table 6.). All the PAH quantities of thermostated plates. However, the benzo(a)pyrene contented plates (0.06 μg.kg<sup>-1</sup> and 0 Like with the thermostated plates process, there are half as many low molecular weight PAHs as for the smouldering process (Table 6.). All the PAH quantities are generally below those of thermostated plates. However, the benzo(a)pyrene content is higher than 12 in thermostated plates (0.06  $\mu$ g.kg<sup>-1</sup> and 0.04  $\mu$ g.kg<sup>-1</sup> respectively) and at 32°C, 3 hours of smoke exposure, benzo(g,h,i,)perylene concentration is double that in the thermostated plates method. That is why this process could be more hazardous than thermostated plates due to a higher occurrence of certain high molecular weight PAHs, even if the PAH content is lower than with the smouldering process.

18 Benzo(a) pyrene reaches a content close to 0.06  $\mu$ g.kg<sup>-1</sup> after three hours of smoking. It is the highest concentration found for all the smoking processes studied but this quantity is 20 much lower than the legal limit. A concentration of benzo(a)pyrene of 0.10  $\mu$ g.kg<sup>-1</sup> has already been reported in commercial smoked fish (Kazerouni et al., 2001), which 22 strengthens our results and shows that the conditions of the smoking process used are similar to those found in industry. However, greater amounts of benzo(a)pyrene have also 24 been reported in commercial smoked herring with  $0.5 \mu$ g.kg<sup>-1</sup> and eel with 0.3  $\mu$ g.kg<sup>-1</sup> (Storelli et al., 2003).

27 It is not surprising to find very low quantities of PAHs because friction is the smoking technique that leads to the lowest wood pyrolysis temperature (380°C). It has already 29 been reported that when the thermal degradation of the wood does not exceed 425 °C. PAHs are nearly absent in wood smoke (Sainclivier, 1985). Friction is the only modern smoking process that produces wood smoke under 400°C, which is the natural temperature of wood ignition.

#### Liquid smoke

This process leads to the lowest amounts of PAHs (Table 7). As it is reported in Regulation 2065/2003 (EC 2065/2003, 2003), the use of smoke flavourings is generally considered to be of less concern than traditional smoking process. The low PAH

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as reached. The highest benzo(a)pyrene concentration is 0.05<br>of smoke exposure and 32°C. If liquid smoke atomization is c<br>ocess, this value is one and a half times the legal limit (0.03 µ<br>d as a smoking process, this value quantities found in salmon treated with liquid smoke confirm the legislation view and the 2 improvements during the process of producing liquid smoke. Nevertheless, liquid smokes can be very different in their composition according to the process of their production and the nature of the wood used not only from an organoleptic point of view but also from a PAH content point of view (Hattula et al., 2001). The ANOVA results do not show any effects of time of smoke exposure or smokehouse temperature. Thus, the maximum amount of PAHs that can be adsorbed from this liquid smoke by the product could be 8 considered as reached. The highest benzo(a)pyrene concentration is 0.05  $\mu$ g.kg<sup>-1</sup>, found 9 for one hour of smoke exposure and 32°C. If liquid smoke atomization is considered as a 10 flavouring process, this value is one and a half times the legal limit  $(0.03 \mu g.kg^{-1})$  but, if it 11 is considered as a smoking process, this value is well below the legal limit of 5  $\mu$ g.kg<sup>-1</sup>. Actually, the use of liquid smoking should be ruled by EC 88/388. Thus, it leads to non 13 compliant products (benzo(a)pyrene concentration of 0.05  $\mu$ g.kg<sup>-1</sup> in the product versus 14 the legal limit of 0.03  $\mu q \cdot kg^{-1}$ ). However, this contamination is below these brought by 15 traditional smoking process whose legal limit has been set at 5  $\mu$ g.kg<sup>-1</sup> of benzo(a)pyrene (EC 208/2005, 2005a). Clearly, the liquid smoke process must be further investigated. Indeed, for the same product, different liquid smokes exist that lead to different limit values of contamination. Much work has already been done on the volatile composition of liquid smokes (Guillén et al., 1996a and b; 1999) but not enough on their PAH composition. Today, the same kind of investigation must be led to assess the PAH content 21 of smoked products treated by liquid smokes and to understand the kinetic of deposition 22 and penetration of PAHs brought by smoke flavourings in the smoked products.

#### Comparison of the four processes

Smouldering seems to be the smoke generation process that leads to smoked fish with the highest TEQs. This difference is caused by higher amounts of low molecular weight PAHs than in the fish smoked by other techniques. Fish smoked by liquid smoke vaporization present the lowest TEQs. When friction is used, the smoked fish fillets have the lowest PAH content but the benzo(a)pyrene concentration is high. Therefore, as the TEF of this PAH is 1, the TEQ is significantly increased. Conversely, when the thermostated plates process is used, individual PAH concentrations are higher while the benzo(a)pyrene concentration is lower than with the friction technique. Consequently, the TEQs of the thermostated plates mode are always lower than for the friction mode. Thus, smoke generation by thermostated plates is the technique applying wood pyrolysis that leads to the lowest TEQs and the least contaminated fillets.

ntnenes. For 3 rits of smoke exposure and a temperature of some<br>entration of benzo(a)pyrene is 0.03  $\mu$ g.kg<sup>-1</sup> in fillets treated b<br>in fillets smoked by thermostated plates and 0.05  $\mu$ g.kg<sup>-1</sup> in fill<br>smouldering. Afte A correspondence factorial analysis (CFA) (Figure 3) performed on the PAH content of 2 fish smoked for 3 h at 32°C shows the main effects of the four smoking processes studied according to PAH contamination. The three processes applying wood pyrolysis seem to form a homogeneous group against liquid smoke according to their effect on the PAH composition of smoked fish. In fact, the PAH composition of the four groups of smoked fish is very similar but the fish fillets smoked by processes applying wood pyrolysis present higher quantities of fluorene, phenanthrene cyclopenta(c,d)pyrene and benzofluoranthenes. For 3 hrs of smoke exposure and a temperature of smokehouse of 32°C, the concentration of benzo(a)pyrene is 0.03  $\mu$ g.kg<sup>-1</sup> in fillets treated by liquid smoke, 10 0.04  $\mu$ g.kg<sup>-1</sup> in fillets smoked by thermostated plates and 0.05  $\mu$ g.kg<sup>-1</sup> in fillets smoked by friction and smouldering. After fluorene, phenanthrene presents the highest content in all 12 the smoking processes studied. This result has been reported in other studies (Karl, 1996; Wang et al., 1999; Storelli et al., 2003). This PAH could deserve special interest but its toxicity is not very high. However, the determination of phenanthrene content could be an indicator of the intensity of the smoking process or be used to discriminate products smoked by processes applying wood pyrolysis and products treated with liquid smoke, especially with long times of smoke exposure. Indeed, phenanthrene concentration is the second highest PAH concentration by comparison with the other PAH concentrations in salmon smoked by liquid smoke but phenanthrene concentration with this technique is the 20 smallest concentration of phenanthrene  $(1.53 \mu g.kg^{-1})$  by comparison with those found 21 with the other smoking techniques (from  $2.73 \mu$ g.kg<sup>-1</sup> with friction to 5.20  $\mu$ g.kg<sup>-1</sup> with smouldering). This difference seems to increase with the time of smoke exposure.

### **CONCLUSIONS**

The method reported here provides a suitable analysis of PAHs in investigative studies. However, this kind of analysis is only possible thanks to technologies like GC-MS/MS and 27 the use of C-labelled internal standards, which demonstrates their suitability and accuracy for the determination and quantification of contaminants in food. It offers reduced extraction times and takes place under gentle conditions, which avoid the generation of potential interferences or matrix effects. The benefits brought by the extraction step are only noticeable thanks to GC-MS/MS analysis optimized for the monitoring of PAHs.

This study assesses the occurrence of PAHs in smoked salmons following the four smoking processes most used in industry. The potential effects of two essential parameters (time of smoke exposure and smokehouse temperature) have been evaluated. Among the three techniques applying wood pyrolysis, smouldering, which is

Examples and the remove exposure and smokenouse temptation of the production. This studing other important information of PAH generation. This studing to study the influence of smoking parameters on the deposity<br>to study t the most used, leads to the more contaminated products. Salmons smoked by the friction mode have the lowest quantities of PAHs except for benzo(a)pyrene, which mainly contributes to the increase in TEQ of smoked products. The thermostated plates mode generates higher PAH amounts but the benzo(a)pyrene concentration is lower than in the friction mode, which leads to the lowest overall contamination. More research should be carried out about the conditions of generation of PAHs in modern smoking processes to 7 better understand these TEQs. Variation of the parameters settings of smoking such as moisture of sawdust, others time of smoke exposure and smokehouse temperature, wood nature could bring other important information of PAH generation. This study focused on the impact of various process parameters on PAH profiles. More investigations should be 11 led in order to study the influence of smoking parameters on the deposition kinetics of PAHs (adsorption, migration in the product) during the process. Liquid smoke is a particular case because, when considered as a smoking process, the lowest individual quantities of PAHs and TEQ are then found. However, when considered as a flavouring process, the benzo(a)pyrene value is higher compared to its legal value thus the legislation about liquid smoke in the fish smoking process should be clarified. Finally, the TEQ approach was chosen to express the total PAH contamination of a smoked or unsmoked product. This presentation of PAH content is empirical because the effects of PAHs in a mixture are not sufficiently known. Nevertheless, we have shown that the TEQ approach can compare and discriminate products smoked by various smoking processes. However, this kind of analysis is only possible thanks to technologies like GC-MS/MS and 22 the use of  $^{13}$ C-labelled internal standards, which demonstrates their suitability and accuracy for the determination and quantification of contaminants in food.

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- 1 Table 1. Recovery yields carried out on unsmoked salmon of the 20 studied PAHs and
- 2 coefficient of variation of the extraction method



 

1

2 3



5 for the 20 studied PAHs





60

8 9

4 Table 3. Toxic Equivalent Factor for the studied PAHs



 





6 TEQ are calculated with TEFs from INERIS table.<br>
TEO are lower-bound TEOs (PAH contents below t

7 TEQ are lower-bound TEQs (PAH contents below the limit of quantitation were not been taken into account).<br>8 For 1 h, 32°C, fluoranthene concentration was temptatively quantified because of its very weak quantities.

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4 Table 5. Toxic Equivalent Factor and PAH content in salmon muscle smoked by thermostated

- 5 plates at three different times of smoke exposure at two smokehouse temperatures (in  $\mu$ g.kg<sup>-1</sup>)
- ± standard deviation of wet tissue).



 

 

8 TEQ are calculated with TEFs from INERIS table.<br>9 TEO are lower-bound TEOs (PAH contents below

TEQ are lower-bound TEQs (PAH contents below the limit of quantitation were not been taken into account).



4 Table 6. Toxic Equivalent Factor and PAH content in salmon muscle smoked by friction at three different times of smoke exposure at two smokehouse temperatures (in  $\mu$ g.kg<sup>-1</sup> ± standard deviation of wet tissue).

 $\mathsf{r}$ 



TEQ are calculated with TEFs from INERIS table.

TEQ are lower-bound TEQs (PAH contents below the limit of quantitation were not been taken into account).

4 Table 7. Toxic Equivalent Factor and PAH content in salmon muscle smoked by liquid smoke 5 at three different times of smoke exposure at two smokehouse temperatures (in  $\mu$ g.kg<sup>-1</sup> ± 6 standard deviation of wet tissue).

 



8 TEQ are calculated with TEFs from INERIS table.<br>9 TEO are lower-bound TEOs (PAH contents below t TEQ are lower-bound TEQs (PAH contents below the limit of quantitation were not been taken into account).

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Figure 1. A : GC-MS, SIM acquisition. Ion chromatograms corresponding to benzo(a)pyrene, indeno(1,2,3-c,d)pyrene and benzo(g,h,i)perylene in commercial smoked salmon extracts (masses monitored: m/z 252 and 276). B : GC-MS/MS, SRM acquisition. Ion chromatograms corresponding to benzo(g,h,i)perylene in smoked salmon extract (transition  $276 > 274$ ). F1A: Friction technique, 1 hour of smoke exposure, 22°C in the smokehouse. F3A: Friction technique, 3 hours of smoke exposure, 22°C in the smokehouse.



Figure 2. Predominance of PAHs of low molecular weight according to the smoking process (1 or 3 hours of smoke exposure at 32°C).

Concentration (µg.kg-1)



FL: Fluorene, PHE: Phenanthrene, AN: Anthracene, FA: Fluoranthene, PY: Pyrene, BA: Benzo(a)anthracene, CPP: Cyclopenta(c,d)pyrene, CHR: Chrysene, B(b+j)F: Benzo(b)fluoranthene + Benzo(j)fluoranthene, BkF: Benzo(k)fluoranthene, BaP: Benzo(a)pyrene and BghiP: Benzo(g,h,i)perylene.





For the smoking processes (in bold), S: Smouldering, TP: Thermostated Plates, F: Friction and LS: Liquid Smoke and for PAHs, FL: Fluorene, PHE: Phenanthrene, AN: Anthracene, FA: Fluoranthene, PY: Pyrene, BA: Benzo(a)anthracene, CPP: Cyclopenta(c,d)pyrene, CHR: Chrysene, B(b+j)F: Benzo(b)fluoranthene + Benzo(j)fluoranthene, BkF: Benzo(k)fluoranthene, BaP: Benzo(a)pyrene and BghiP: Benzo(g,h,i)perylene.