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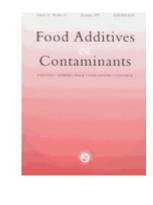
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Food Additives and Contaminants



Evidence that isopropylthioxanthone (ITX) is devoid of anxiolytic and sedative effect

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Abstract

Isopropylthioxanthone (ITX) is a well known photoinitiator in UV-cured inks frequently used in milk packaging materials, yoghurt, ready-to-feed infant formula and other drinks. Traces of ITX has been found in milk and, as a consequence, there was considerable interest in studying the biological activity of this molecule and its potential hazard for the human health. Although the ITX genotoxic effects have been excluded by the European Food Safety Authority (EFSA), the Environmental Protection Agency (EPA) in USA is still examining its possible toxic potential depending on a dose-effect ratio. Little is known about the ITX activity on the function of the Central Nervous System (CNS) and the cerebral neurotransmitters. Using behavioral, biochemical and electrophysiological tests, we have found that: (a) ITX did not exert *in vivo* anxiolytic or sedative effect, when administered orally to rats; (b) Did not affect the binding characteristics of central and peripheral benzodiazepine receptors studied in vitro; (c) Did not influence the ability of GABA to increase the chloride channel permeability studied by patch clamp technique in single neuron of cultured cerebellar granule cells.

Keywords: Isopropylthioxanthone (ITX), benzodiazepine receptors, anxiety, sedation, electrophysiology

Introduction

In November 2005, 30 million litres of baby milk were recalled from the market in Italy, France, Spain and Portugal after an announcement from the Italian authorities to the European Commission via a Rapid Alert System for Food and Feed (RASFF) notification. Some batches of liquid baby milk contained up to 250 μ g L⁻¹ (ppb) of ITX (Fig.1), a photoinitiator used in printing inks for offset printing on the outside of beverage cartons [RASFF Annual Report, 2005]. Its presence in milk was accidentally due to the manufacturing process in which the multilayer cardboard was rolled on reels and the substance was then transferred from the outer printed surface to the inner plastic surface prior to the construction of the individual cartons [RASFF Annual Report, 2005].

The European Food Safety Authority (EFSA), was requested by the European Commission to give an Opinion, and noted that levels of ITX in dairy products varied from 27 to 445 μ g/L and from 5 to 249 μ g/L in fruit juices, fruit nectars and drinks [EFSA, 2005]. In addition a German research institute also published positive findings of ITX in TetraPack fruit juices of 405 μ g/kg [Rothenbacher et al., 2007]. At the end of 2005, EFSA stated that the presence of ITX in food does not raise health concerns, so the Standing Committee decided to close the survey and to take no measures.

Little is known about ITX toxicity and its general biological activity, only a few studies refer that ITX seemed to have limited genotoxicity *in vitro* [Kirkland et al., 2005], but literature is lacking in certain proofs. ITX was tested *in vivo* in the mouse bone marrow micronucleus test [Notox, 2004a] and subsequently tested for its ability to induce unscheduled DNA synthesis in rat liver using an *in vivo/in vitro* procedure [Notox, 2004b]. In the first experiment, treatments were well tolerated with no signs of systemic toxicity, no increase in the incidence of micronucleated PCEs and no decrease in the ratio of polychromatic to normochromatic erythrocytes in treated animals compared to vehicle controls [Notox, 2004a]. Then in the second experiment, treatments did not produce clinical signs at any time, no increase in mean Net Grain Count (NNG) value and in the incidence of cells in repair (with NNG >5) was observed in rats treated with ITX compared to the vehicle group [Notox, 2004b].

Momo et al. (2007) demonstrated that ITX changes the lipid structure in multilamellar liposomes of saturated phospholipids of different length with and without cholesterol. As a matter of fact in the gel state, ITX acts as a disordering agent, increasing the mobility of the bilayer; while in the fluid state, it tends to rigidify the membrane, in a cholesterol like way [Momo et al., 2007].

During a meeting of CODACONS (private association for the defence of the consumer and the environment) in Modena (Italy) at the end of 2006, it was stated that ITX probably act as a benzodiazepine-like (BDZ) compound [CODACONS, 2006]. In addition, at the end of February 2009, a judge of Giarre (Catania, Italy) awarded against Nestlè and Tetrapack, compensation to two families for the psychological damage caused by the concern that their daughters might be contaminated by ITX present in the milk they drank [CORRIERE DELLA SERA, 2009].

The aim of the present study was to establish whether or not ITX exerts an anxiolytic-sedative effect and if it acts as a benzodiazepine-like compound.

Materials and methods

1. Behavioral studies

1.1. Animals

Adult male Sprague-Dawley rats (Harlan Italy, Udine, Italy) weighing 250 ± 1.9 g were used throughout the experiments. They were housed (2 rats each cage) in a controlled environment (air-conditioned room at 22 ± 1 °C and 60% humidity) maintained under a 12:12 h light/dark cycle. Rats had free access to water and food, a standard pellet containing water 10.68%, crude proteins 21.12%, crude fats 4.22%, fibers 4.11%, ashes 6.61% and other components 53.26% (Mucedola s.r.l., Settimo Milanese, Milano, Italy).

All procedures were performed in accordance with the guidelines of the National (D.L. no. 116/1992) and European legislation (EEC no. 86/609) and of the National Institute of Health on the use and care of laboratory animals. Behavioral experiments were conducted from 10:00 a.m. to 2:00 p.m.

1.2. Treatments

ITX (Isopropyl-9H-thioxanthen-9-one, mixture of 2- and 4-isomers; CAS 75081-21-9, purity 97%; Sigma-Aldrich Italy, Milano, Italy) was solubilized in Tween 80 (1%) and water and then administered at the doses of 1, 10 and 25 mg/kg in a volume of 5 ml/kg body weight (b.w.), by oral gavage, 60 min before tests. The control groups received the vehicle treatment (Tween 80 1% and water).

Pentobarbital sodium (Carlo Sessa S.p.A., Milano, Italy) was injected intraperitoneally (i.p.) at the dose of 35 mg/kg in a volume of 2 ml/kg b.w., 60 min after the treatment with the tested compounds.

Diazepam (Valium®; Roche S.p.A., Monza, Milano, Italy), used as reference drug in the elevated plus maze test, was i.p. injected at the dose of 1 mg/kg, 20 min before the test; in the open field test it was i.p. injected at the dose of 2 mg/kg, 20 min before the test.

1.3. Elevated plus maze test

The elevated plus maze was a wooden apparatus consisting of two opposite open arms (50 cm long, 10 cm wide) and two opposite closed arms of the same size, enclosed by 40 cm high walls. The apparatus was elevated 50 cm above the floor and illuminated from the top. A video camera was suspended above the maze to record trials for analysis. Following the procedure described by Pellow et al. [Pellow et al., 1985], rats were individually placed in the central square facing an open arm and observed for 5 min.

The number of entries and the time spent in the open and closed arms were recorded. The maze was cleaned following each trial to remove any residue or odour of the animals. For the purpose of analysis, open (or closed) arms activity was quantified as the percentage of number of entries into open (or closed) arms relative to the total number of entries into any arm and the percentage of the time spent in the open (or closed) arms relative to the total time spent in the maze.

1.4. Open field test

For the test a black painted arena 100 cmx100 cm square floor and 50 cm high walls was used. The test started by gently placing each animal in the centre of arena. Rats were continuously filmed for 10 min with a camera connected to a computerized system (Biomedica Mangoni s.n.c., Pisa, Italy), which divided the field into 25 squares of equal size. Sixteen squares delimited the peripheral area and nine squares the central area. The length of

Food Additives and Contaminants

the rat pathway in the total open field as well as in the peripheral and the central areas, and the number of rearings (when the rat reared upon its hind feet) were recorded. At the end of each trial, the open field was wiped clean to remove traces of the previous assay.

1.5. Pentobarbital-induced sleeping time

A single dose of pentobarbital sodium (35 mg/kg) was i.p. injected in rats 60 min after the oral administration of the vehicle or ITX. Sleeping time was determined as the interval between the loss and the recovery of the righting reflex.

2. Radioligand binding assay studies

2.1. Sample preparation

ITX (Sigma-Aldrich Italy) was dissolved in methanol (Carlo Erba Reagenti, Milano, Italy) to obtain the 10^{-2} M ITX-standard solution. The standard 10^{-2} M ITX-standard solution was diluted with sodium phosphate monobasic monohydrate buffer (Sigma-Aldrich Italy) 50 nM pH 7.40 or Tris(hydroxymethyl)aminomethane hydrochloride (Tris-HCl) (Sigma-Aldrich Italy) buffer 50 nM pH 7.70 to obtain the experimental ITX-solutions from 10^{-4} M to 10^{-9} M.

2.2. Central benzodiazepine receptor competition binding assay

The activity of ITX-solutions from 10⁻⁴ M to 10⁻⁹ M on the central benzodiazepine (BDZ) recognition binding site, was evaluated by a radioligand binding assay using [³H]RO 15-1788 (8-fluoro-3-carboethoxy-5,6-dihydro-5-methyl-6-oxo-4-himidazo[1,5-a]1,4 benzodiazepine) (specific activity 3.09 TBq/mmol; NENTM Life Science Products, PerkinElmer Italy, Monza, Milano, Italy) as specific ligand. Aliquots of ITX-solutions were tested for their ability to inhibit 1 nM [³H]RO 15-1788 specific binding to rat cerebellar membranes prepared as

previously described from Olasmaa [Olasmaa et al., 1990]. Rat cerebellar membranes (100 μ l, 500-1000 μ g of protein/ml), re-suspended in sodium phosphate monobasic monohydrate buffer, were incubated with 1 nM [³H]RO 15-1788 (25 μ l) and aliquots (100 μ l) of ITX-solutions or 1 μ M unlabeled diazepam (Roche S.p.A.) to assess non-specific binding. The final volume (250 μ l) was obtained by adding sodium phosphate monobasic monohydrate buffer.

The mixture was incubated at 0-4 °C for 1 h. The reaction was terminated by vacuum filtration through glass fibre filters (Whatman GF/C; Whatman International Ltd, United Kingdom) followed by three washings with 3 ml of ice-cold sodium phosphate monobasic monohydrate buffer. The filters were transferred to vials with liquid scintillation cocktail (3 ml) and radioactivity was measured in an LS 1701 Rack Beta liquid scintillation counter (Beckman Coulter S.p.A., Milano, Italy). Protein concentration was determined by the method of Bradford [Bradford, 1976] with Bovine Serum Albumin (BSA) used as a standard. The activity of the ITX solution was based on the displacement of [³H]RO 15-1788 from cerebellar membranes. This activity was quantified by comparison with a competition curve generated with diazepam at the same concentration of ITX-solutions.

2.3. Peripheral benzodiazepine receptor competition binding assay

The activity of ITX-solutions on peripheral benzodiazepine (BDZ) receptor was evaluated by a radioligand binding assay using [³H]PK 11195 (specific activity 3.18 TBq/mmol; NENTM Life Science Products, PerkinElmer Italy) as specific ligand. Aliquots of ITX-solutions were tested for their ability to inhibit 1 nM [³H]PK 11195 specific binding to rat adrenal glands membranes prepared as previously described from Anholt [Anholt et al., 1986]. Adrenal glands membranes (160 μ l, 100 μ g of protein/ml) resuspended in Tris-HCl buffer were

incubated with 1 nM [3 H]PK 11195 (20 µl) and aliquots (20 µl) of the ITX-solutions or 1 µM unlabeled PK 11195 (Sigma-Aldrich Italy) to assess non-specific binding. The mixture was incubated at 0-4 °C for 1 h. The reaction was terminated by vacuum filtration through glass-fibre filters (Whatman GF/C, Whatman International Ltd) presoaked in 0.5% polyethyleneimine (Sigma Aldrich Italy) followed by three washings with 3 ml of ice cold Tris-HCl buffer. The filters were transferred to vials with liquid scintillation cocktail (3 ml) and radioactivity was measured in an LS 1701 RackBeta liquid scintillation counter (Beckman Coulter S.p.A.). Protein concentration was determined by the method of Bradford [Bradford, 1976] with BSA used as a standard. The activity of the ITX solution was based on the displacement of [3 H]-PK11195 from adrenal glands membranes. This activity was quantified by comparison with a competition curve generated with unlabeled PK11195 at the same concentration of ITX-solutions.

2.4. Central benzodiazepine receptor saturation binding assay

In saturation binding assays, increasing concentrations of $[{}^{3}H]RO$ 15-1788 (25 µl, 0.37–12 nM) were incubated with rat cerebellar membranes (100 µl, 500-1000 µg of protein/ml) prepared as previously described from Olasmaa [Olasmaa et al., 1990], with and without ITX (25 µl at the dose of 10⁻⁴ M). The final volume (250 µl) was obtained by adding sodium phosphate monobasic monohydrate buffer. Non-specific binding was measured in the presence of diazepam 1 µM.

The mixture was incubated at 0-4 °C for 1 h. The reaction was terminated by vacuum filtration through glass fiber filters (Whatman GF/C, Whatman International Ltd) followed by three washings with 3 ml of ice-cold sodium phosphate monobasic monohydrate buffer. The filters were transferred to vials with liquid scintillation cocktail (3 ml) and radioactivity was

measured in an LS 1701 Rack Beta liquid scintillation counter (Beckman Coulter S.p.A.). Protein concentration was determined by the method of Bradford [Bradford, 1976] with BSA used as a standard. The activity of the ITX solution was based on its ability to act as an allosteric modulator to enhance or inhibit the effects of diazepam.

3 Electrophysiological studies

3.1 Primary cultures of cerebellar granule cells

Primary culture of cerebellar granule neurons were prepared from 7 days old Sprague-Dawley rats as previously described (Gallo et al. 1987; Luo et al 2002) following the European Community Guidelines for the use of experimental animals. Briefly, cells from cerebella were dispersed with trypsin (0.24 mg/ml; Sigma-Aldrich Italy) and plated at a density of 1.5 x 10⁶ cells/ml on 35 mm Falcon dishes coated with poly-L-lisine (10 µg/ml; Sigma-Aldrich Italy). Granule cells were grown in Basal Eagle's Medium (BME; Celbio S.p.A., Milano, Italy), supplemented with 10% foetal bovine serum (Celbio S.p.A.), 2 mM glutamine (Invitrogen s.r.l., Milano, Italy), and 100 µg/ml gentamycin (Sigma-Aldrich Italy) and maintained at 37°C in 5% CO₂. After 24 hours in vitro the medium was replaced with a half and half mixture of BME and Neurobasal medium containing 2% B27 supplement, 1% antibiotic, and 0.25% glutamine. At second day in vitro (DIV2) cytosine arabinofuranoside (Sigma-Aldrich Italy) was added at the final concentration of 10 µM. Recordings were made from DIV 9-11 neurons in culture.

3.2 Solutions and drugs

The recording chamber was continuously perfused at 5 ml/min with an extracellular medium composed of (mM): NaCl 145, KCl 5, CaCl₂ 1, Hepes 5, Glucose 5, Sucrose 20, pH 7.4 with NaOH all purchased from Sigma-Aldrich Italy. GABA (Sigma-Aldrich Italy) was dissolved in

the extracellular solution, ITX in dimethyl sulfoxide (DMSO) at 1 and 10 μ M, diazepam was dissolved in DMSO at 10-2M and then diluted in the extracellular medium. All drugs were applied directly by gravity through a Y-tube perfusion system. Drug application had a fast onset and achieved a complete local perfusion of the recorded cell.

3.3 Patch clamp recordings

Recordings were performed on single neuron after 7-9 days in culture of cerebellar granule cells at room temperature, under voltage -clamp in the whole-cell configuration of the patchclamp technique [Hamill et al. 1981]. Electrodes were pulled from borosilicate glass (Hidelberg, FRG) on a vertical puller (PB-7, Narishige) and had a resistance of 5-7 Ohm when filled with KCl internal solution. Currents were amplified with an Axopatch 1D amplifier (Axon Instruments, Foster City, California, USA), filtered at 5 kHz, digitised at 10kHz.

4 Statistical analysis

Data were analyzed using the GraphPad Prism program (GraphPad Software Inc., La Jolla, California, USA).

The behavioral data, expressed as mean \pm SEM, are obtained by groups of 5 animals each. One-way analysis of variance (ANOVA) with Dunnett's post-hoc comparisons between individual treatment groups and vehicle group was performed.

Elettrophysiological data, expressed as mean \pm SD, are obtained by 10 cells each group. Control group and diazepam group were compared with the t-test.

Results

As shown in Table 1, ITX was unable to affect animal behavior in the elevated plus maze test at any tested dose. As expected, diazepam significantly (p<0.05) increased the total number of entries, the percentage of open arms entries and the percentage of time spent in open arms in comparison with vehicle group, indicating and confirming its anxiolytic effect.

ITX, administered at the doses of 1, 10 and 25 mg/kg, altered neither the total pathway, nor the total number of rearings, as shown in table 2. Diazepam administered at the dose of 2 mg/kg, significantly reduced the total pathway (p<0.01) and the number of rearings (p<0.05) in comparison to the vehicle group.

The administration of ITX did not affect the latency to the loss of the righting reflex and the sleeping time induced by pentobarbital sodium in comparison with controls (tab.3). Furthermore ITX did not show the ability to bind the central or the peripheral benzodiazepine receptors, contrary to what diazepam or PK11195 did when used as control drugs, as clearly shown in figure 2 and 3.

Considering the possibility of an allosteric modulatory effect, ITX was challenged for its ability to modify the binding of diazepam to central benzodiazepines receptor (fig. 4) and the result was negative.

Moreover, by using the patch clamp technique in primary cultures of granule neurons we studied the effect of ITX on GABA- evoked currents. ITX applied at 1 and 10 μ M did not affect GABA current (n=10). In the same experiments diazepam (1 μ M), used as reference drug, was able to potentiate GABA-evoked current of 40% (n=10) (fig.5).

Discussion

There are mounting concern about the impact, sometimes not overt at all, of food contaminants on health and wellness of thousands of people in the world. This topic is particular stressful when one considers the worldwide distribution of food from one country to another with the modern fast transportation system. Hence it seems imperative to prevent massive event of human toxicity to know in advance or as fast as possible the safety of chemical compounds found in food for voluntary or accidental addiction. If the issue is related to infant food such as milk, the issue becomes particularly complex since the growing subjects are more sensible than the adults, especially as far as the impact of contaminants on the CNS development and in turn to behavioral disturbances are concerned. It is clear that for many chemical compounds present in food, we must accept the presence based on the so called ADI (Admissible Daily Intake) which derives from the data obtained after chronic exposure studies and which are in turn converted in the LOAEL (LOwest Adverse Effective Level), an index to calculate the risk and the MOS (Margin Of Safety).

In these last years many examples of contaminants in food from the family of colorants have emerged (i.e. the genotoxic and carcinogenic effect of the colorant Sudan I found in Europe as present in pepper and curry powder). It is imperative, however, to exercise caution before criminalizing some chemical compound present in food. First of all one has to accept traces of contaminants based on the dose-effect demonstration of real health risk. This acceptance is mainly related to the necessity to avoid unnecessary food wasting. Second, if necessary, the claimed potential toxicity of contaminants must be proved with accepted scientific methodology before alerting the public opinion. It is clear that when food contaminants are a real risk for human the law must be severely applied and the contaminant excluded drastically. In this paper we studied the potential anxiolytic or sedative effect of ITX since this photoinitiator was found in milk and someone blamed the producers for subtly administering psychoactive drugs [CODACONS]. According to our results, there was no evidence of ITX to exert any anxiolytic or sedative effect in rats as demonstrated by pharmacological, biochemical and electrophysiological experiments. These conclusions are based on the fact that the major sedative system in the CNS, the GABA receptor complex, is not affected by relevant doses of ITX.

Of course the importance of the issue will allow us to extend our studies on this topic for a better definition in terms of food safety and could avoid such type of accident in the future.

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Table 1

Effect of ITX on arms exploration in the elevated plus maze test

Treatment	Arms entries		Time spent in arms		
(mg/kg)	Total (n°)	Open (%)	Closed (%)	Open (%)	Closed (%)
Vehicle	7.0±1.6	13.3±9.7	86.7±9.7	3.5±3.3	89.6±3.9
Diazepam 1	15.0±1.1*	42.1±5.8*	57.9±5.8*	19.0±2.2*	69.1±3.1*
ITX 1	3.4±1.4	0.0±0.0	100.0±0.0	0.0±0.0	97.0±2.1
ITX 10	8.4±3.1	13.0±8.3	87.0±8.3	6.2±3.8	86.2±6.1
ITX 25	7.8±2.3	17.7±8.8	82.3±8.8	9.7±7.2	81.2±8.2

The data are expressed as mean \pm SEM (n=5) of the total number of arms entries and the percentage of open and closed arms entries and of the time spent in open and closed arms in a 5 min test. ANOVA followed by Dunnett's test: **p*<0.05 vs. vehicle.



Table 2

Effect of ITX on locomotor activity of rats in the open field test

Treatment (mg/kg)	Total pathway (cm)	Rearings (n°)	
Vehicle	5924±426.2	14.4±1.2	
Diazepam 2	2568±975.6**	3.6±1.0*	
ITX 1	5230±471.5	14.8±4.8	
ITX 10	5139±475.5	10.2±0.9	
ITX 25	5283±474.8	11.7±2.3	

Values are means±SEM (n=5). ANOVA followed by Dunnett's test: **p<0.01, *p<0.05 vs. vehicle.

Table 3

Effect of ITX on the latency to the loss of the righting reflex and on the sleeping time induced by

pentobarbital sodium in rats

Tractment (malles)	Latency to the loss of the	Slooping time (min)
Treatment (mg/kg)	righting reflex (min)	Sleeping time (min)
Vehicle	4.4±0.8	45.2±5.0
ITX 1	4.6±0.5	41.6±2.9
ITX 10	4.6±0.7	44.4±5.3
ITX 25	4.3±0.3	40.3±5.7

All animals received i.p. pentobarbital (35 mg/kg) 1 h after the oral administration of ITX.

The data are expressed as mean±SEM (n=5).

Figure Caption

Fig. 1. a) 2-isopropyl-9H-thioxanthen-9-one; b) 4-isopropyl-9H-thioxanthen-9-one; c) diazepam

Fig. 2. Central BDZ receptor competition binding assay; • ITX-solutions (from 10^{-4} to 10^{-9} M), • diazepam (from 10^{-4} to 10^{-9} M) EC₅₀ 0.111 μ M

Fig. 3. Peripheral BDZ receptor competition binding assay; • ITX-solutions (from 10^{-4} to 10^{-9} M), • PK 11195 (from 10^{-4} to 10^{-9} M) EC₅₀ 0.199 μ M

Fig. 4. Saturation binding assay; • diazepam added with ITX 10^{-4} M (B_{MAX} 13994 cpm, K_D 1.216 nM), • diazepam without ITX (B_{MAX} 13758 cpm, K_D 1.133 nM)

Fig. 5. Histograms showing the values (pA) of current evoked by GABA 1 μ M alone and in presence of ITX (1 μ M or 10 μ M) and diazepam 1 μ M. Each bar is the mean ± SD (n=10; **p<0.01, t test)

