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2 **Connecting export fluxes to plankton food web efficiency in the Black Sea waters inflowing**
3 **into the Mediterranean Sea**
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34 Mediterranean
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41 **ABSTRACT**

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43 The short-time scale evolution of plankton carbon partitioning and downward flux in the modified
44 Black Sea Water (BSW) mass entering the northeast Aegean Sea was studied using a Lagrangian
45 approach (6-10/04/2008). The free-drifting sediment trap positioned at the bottom of the BSW layer
46 and the control drifter, followed the same path within the anticyclone that circulates the BSW in the
47 area. Zooplankton biomass increased (from 159 to 292 mg C m⁻²), as did faecal pellet production
48 (from 5 to 8 mg C m⁻² day⁻¹), whereas a generally decreasing trend was displayed by POC (from
49 2099 to 1440 mg C m⁻²), net primary production and biomass of plankton cells >5 μm (from 32 to
50 11 mg C m⁻² day⁻¹ and from 153 to 124 mg C m⁻², respectively). At the same time, the organic
51 carbon flux increased (from 131 to 311 mg C m⁻² day⁻¹), due to the contribution of zooplankton
52 detritus (from 30 to 165 mg C m⁻² day⁻¹). Normalized biomass-size spectra (NB-S) slopes suggest
53 an elevated grazing pressure upon microplankton cells and a non-steady state ecosystem. Moreover,
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2 both the overall shallow slope values and their high correlation to organic carbon flux indicate an
3 increased efficiency of energy transfer to higher trophic levels.
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7 INTRODUCTION

9 Plankton are a key component of the biological pump, incorporating carbon into their biomass in
10 the surface ocean and subsequently, by their downward flux, to the ocean floor (De La Rocha and
11 Passow, 2007). Identifying variability in plankton composition and its export out of the euphotic
12 zone provides a basis for connecting plankton food web functioning and biogeochemical cycles.
13 Downward flux is mainly channelled through the sinking of faecal pellets, marine snow and
14 phytoplankton (Turner, 2002). The strong variability of the relative contribution of these three
15 components to the downward flux and their remineralization rates depend on many factors
16 including stocks, composition, size spectra, sinking velocities as well as plankton productivity and
17 trophic interactions (Turner, 2002). The NB-S slopes of planktonic organisms have the potential to
18 reveal the transfer efficiency of biomass (energy) to larger pelagic organisms and it has been
19 suggested that these values can indicate the amount of carbon flux out of the upper ocean (San
20 Martin *et al.*, 2006a).
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30 The Aegean Sea is located in the Eastern Mediterranean Sea, which is characterised as one of the
31 most oligotrophic seas of the world (Azov, 1986; Krom *et al.*, 2004). Oligotrophy is maintained
32 despite the fact that the Aegean Sea receives an inflow of mesotrophic BSW mass in the northeast.
33 This inflow consists of very light, brackish water, which is typically located in the uppermost layer
34 (down to 20-30 m) of the Aegean Sea (Zervakis and Georgopoulos, 2002). The BSW mass is
35 enriched in dissolved organic carbon (Sempéré *et al.*, 2002) and nitrogen rather than inorganic
36 nutrients (Polat and Tugrul, 1996), and induces hydrological complexity (e.g. gyres and fronts) that
37 can be highly mobile in time scales of the order of 10 days (Zervakis and Georgopoulos, 2002).
38 These features result in plankton production that is among the highest of the Eastern Mediterranean
39 for both autotrophs (Ignatiades *et al.*, 2002) and heterotrophs (Siokou-Frangou *et al.*, 2002), and the
40 carbon flow within the pelagic food web seems to be quite efficient, affecting higher trophic levels
41 (Stergiou *et al.*, 1997; Siokou-Frangou *et al.*, 2002). In addition, the front created in this area is
42 characterized by increased plankton biomass and productivity (Isari *et al.*, 2006; Zervoudaki *et al.*,
43 2007), while the entire northeast Aegean Sea exhibits great spatial variability in hydrography and
44 circulation, as well as in zooplankton communities on a scale of few km (Siokou-Frangou *et al.*,
45 2009).
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59 Little is known regarding the downward flux of organic matter in the northeast Aegean except
60 that this flux is more substantial than in the south Aegean (Lykousis *et al.*, 2002), which was
assumed to be due to a more important export of the primary production (Siokou-Frangou *et al.*,

2002). Even less information exists on short-term variability (hours to days) of downward flux which has been proved to be as high as inter-seasonal flux variations, at a Western Mediterranean site (Goutx *et al.*, 2000). Thus, an emerging hypothesis for the area under the BSW influence is that short-term variability of downward flux can be significant.

The aim of the present study was to assess the short-time scale evolution of the organic carbon downward flux out of the BSW mass entering the Mediterranean Sea (northeast Aegean) in relation to water column plankton (stocks and rates) dynamics. Therefore, in order to follow a selected BSW mass, with minimum advection and mixing terms, a short-term Lagrangian study was carried out. Plankton stocks were examined in terms of composition, NB-S slopes and C and N stable isotopic signature. Overall, these data should provide information regarding the evolution of the ecosystem efficiency (as expressed by NB-S slopes) coupled to the geochemical fluxes along the BSW course into the northeast Aegean Sea.

METHOD

Experimental design

The strategy of the cruise (06-10 April 2008) was to use a multidisciplinary approach following the track of the BSW with Lagrangian drifters. The position of the BSW core was determined by satellite images of sea-surface temperature coupled with thermosalinograph records and CTD casts along the track of Lagrangian drifters (24.95-25.50°E, 40.10-40.55°N) (Fig. 1a, b). The latter consisted of a drifting sediment trap and a “control” drifter. The depth of the surface mixed layer (SML) occupied by the BSW was confined in the 0-16 m layer, as revealed by the CTD casts (Fig. 2) and therefore the sediment trap was deployed at 16 m depth. Drifters were designed following the TELEFOS drifter (Zervakis *et al.*, 2005) based on the standard Davis – CODE design (Davis, 1982) (George Messaritis Co., Greece). The second drifter (control, i.e. without trap) was deployed next to the drifting sediment trap in order to have an undisturbed control of the BSW track. Furthermore, comparison of their two tracks verified that the two instruments showed no windage, faithfully remaining in the same water body.

Several biogeochemical variables were studied in the sediment trap material and in the water column at 4 stations (3, 5, 6, 8); each station was sampled at the start of 4 successive trap deployment periods (A, B, C, D) that lasted from 0.3 to 1.3 days (Fig. 1c). Samples were additionally collected at station 2 prior to the first trap deployment at a nearby site. Water column samples were collected at 3, 10 and 20 m depth by means of a CTD-rosette. However, in order to compute the vertical fluxes out of the SML and given that the sediment trap was deployed at 16 m depth, the respective values of exported material at the bottom of the SML were obtained as the average of 10 and 20 m depth values. Mesozooplankton (200-2000 μm) samples were collected by

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2 vertical tows of a WP2 200 μm mesh net (0-20 m layer). Special care was taken during sampling of
3 sensitive organisms such as ciliates.
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7 **C and N elemental and isotopic analysis**

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9 For the determination of suspended POC and PON concentrations, 1.0-5.0 L of seawater, were
10 filtered through pre-combusted (450 °C), pre-weighed GF/F filters, then stored at -20 °C in the dark
11 and analysed in the laboratory with a Thermo Scientific FLASH 2000 CHNS elemental analyser
12 (Verardo *et al.*, 1990; Cutter and Radford-Knoery, 1991). Inorganic carbon was removed using 2
13 mol L⁻¹ HCl.
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17 For C and N stable isotopic analysis of sinking particulate organic matter (POM) 2-3 subsamples
18 from sediment trap material were filtered through pre-combusted (450° C), pre-weighed GF/F filters
19 and then stored at -20 °C until analysis. In the laboratory, GF/F filters were lyophilized until dry.
20 For organic C and N elemental and isotopic analyses, filters were then sealed in a desiccator and
21 exposed to an HCl vapour solution for >18 h. Samples were packaged into tin cups, and C and N
22 content and stable isotopic composition were analyzed using a PDZ Europa elemental analyser
23 interfaced with a isotope ratio mass spectrometer (Stable Isotope Facility, University of California
24 Davis).
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34 **Picoplankton to mesozooplankton abundance in water column samples**

35 For counts of heterotrophic bacteria and autotrophic cyanobacteria (*Synechococcus* spp. and
36 *Prochlorococcus* spp., cell size 0.2-2 μm) 2ml duplicate water samples were fixed with
37 paraformaldehyde (final concentration 1%), deep-frozen in liquid nitrogen and kept at -80 °C.
38 Analysis was performed using a FACSCalibur (Becton Dickinson) flow cytometer equipped with a
39 standard laser and filter set and using deionised water as sheath fluid. SYBRGreen I stain
40 (Molecular Probe) was used to stain heterotrophic bacterial DNA.
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46 For counts of auto- and heterotrophic nanoflagellates (AN and HN respectively, cell size: 1.5-20
47 μm), 30 mL water samples were fixed with borax-buffered formalin (final concentration 2%),
48 stained with DAPI (Porter and Feig, 1980), and filtered onto black polycarbonate filters of 0.6 μm
49 pore-size. AN and HN were distinguished using UV and blue excitation, then further classified in
50 size categories and the biovolume was calculated.
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55 Counting of larger nano- and micro- plankton (>5 μm cell size) was performed on samples
56 preserved in alkaline (for diatoms, coccolithophorids and dinoflagellates) or acid (for ciliates)
57 Lugol's solution (final concentration 2%) and refrigerated. Sub-samples of 100 mL were analysed
58 after sedimentation for 24 h (Utermöhl, 1958). Cells were counted, distinguished into size-classes
59 and major taxonomic groups and identified down to genus or species level. Cell sizes were
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2 measured and converted into cell volumes using appropriate geometric formulae and image analysis
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4 (Image-pro plus 6.0).

5 Mesozooplankton samples were preserved in 4% buffered formaldehyde. Taxonomic
6 identification was performed microscopically on subsamples (of known volume), further scanned
7 for abundance and size determination by image analysis (Image-pro plus 6.0). Macrozooplankton
8 (i.e. zooplankton >2000 μm) was also captured by the net, however since many empty size classes
9 were present above 2000 μm , the latter was chosen as upper limit for the size spectra analysis.
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15 16 **Conversions of abundance data to carbon units**

17 Heterotrophic bacterial abundance data were converted using 20 fg C cell⁻¹ (Lee and Fuhrman,
18 1987), 250 fg C cell⁻¹ for *Synechococcus* (Kana and Glibert, 1987) and 50 fg C cell⁻¹ for
19 *Prochlorococcus* (Campbell *et al.*, 1994). The biovolume-carbon conversion factor was 183 fg C
20 μm^{-3} for flagellates (Caron *et al.*, 1995) and 190 fg C μm^{-3} for ciliates (Putt and Stoecker, 1989).
21 For larger phytoplankton, cell volumes per species were converted to carbon content applying
22 appropriate conversion factors (Verity *et al.*, 1992; Montagnes *et al.*, 1994). The sizes of
23 zooplankters were converted to carbon based on literature size-carbon relationships (Uye, 1982;
24 Alcaraz *et al.*, 2003).
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34 **Primary production (PP)**

35 Photosynthetic carbon fixation rates were estimated by means of the ¹⁴C technique (Steemann
36 Nielsen, 1952), as modified for the oligotrophic Eastern Mediterranean (Psarra *et al.*, 2000).
37 Samples were placed in 250 mL polycarbonate bottles (3 light and 1 dark per depth), inoculated
38 with 5 μCi of $\text{NaH}^{14}\text{CO}_3$ tracer, and incubated *in situ* for ca. 2h around midday, yielding maximum
39 PP rates. Then samples were filtered onto 0.2 μm pore-size polycarbonate filters at <100 mm Hg
40 vacuum pressure. Size fractionation onto 0.2, 2.0 and 5.0 μm polycarbonate filters (parallel
41 filtration) allowed estimation of pico- (0.2-2.0), small nano- (2.0-5.0) and larger nano- and
42 microphytoplankton (>5 μm) contributions. To remove excess ¹⁴C-bicarbonate, filters were soaked
43 in 1 mL 0.1 N HCl in uncapped polyethylene vials overnight and then counted using a Packard
44 Liquid Scintillation Analyzer, after the addition of 4 mL of BSF scintillation cocktail. Daily (24h)
45 net PP rates integrated in the 0-16 m layer were estimated (Moutin *et al.*, 1999).
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56 **Mesozooplankton faecal pellet production**

57 For the measurement of mesozooplankton faecal pellet production, additional WP2 200 μm net
58 vertical tows were performed in the upper 20 m. Animals were incubated in prefiltered (GF/F)
59 seawater (four 250 mL bottles with a 100 μm mesh near the bottom) for 1 hour at the mean BSW
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2 temperature. Then, animals were separated from pellets and preserved with 4% formalin. Pellets
3 (number and size) were measured by inverted microscopy and mesozooplankton as described above
4 (Image-pro plus 6.0). The largest mesozooplankton faecal pellet value (610 μm length and 1.43×10^6
5 μm^3) was assumed to be the minimum size of macrozooplankton pellets and was used to distinguish
6 meso- from macrozooplankton pellets in the trap. Faecal pellet volume was converted to carbon using
7 Mediterranean literature values of faecal pellet density (Komar *et al.*, 1981), dry weight to wet weight
8 ratio (Elder and Fowler, 1977) and carbon content per dry weight (Marty *et al.*, 1994).
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16 **Sediment-trap parameters**

17 The sediment trap design was based on Knauer *et al.* (Knauer *et al.*, 1979) and consisted of a set of
18 8 PVC cylinders (8 x 65 cm) mounted on an aluminium cross frame and connected to one of the
19 above-described drifters. All cylinders were previously filled with filtered seawater (0.2 μm) of
20 increased salinity (plus ca. 3 psu), while a solution of ~4% buffered formalin was added as
21 preservative in 3 of them. The other 5 cylinders were left unpreserved to avoid the “swimmer
22 effect”. Here we present analysis only from the unpreserved cylinders. The trap was deployed
23 during 4 successive periods (varying from 0.3 to 1.3 days) (Fig. 1c). At the end of each deployment
24 period the content of the unpreserved cylinders was gently mixed. Water sub-samples were taken in
25 Lugol’s alkaline solution and formalin for phytoplankton and ciliate microscopic analyses,
26 respectively, and also filtered onto GF/F filters for elemental and stable C and N isotopic
27 composition analyses (as described above). The remaining sample was examined for swimmers,
28 which were removed (always <6% of the total zooplankters) and then concentrated (reverse
29 filtration over a 20 μm mesh) and preserved with formalin for larger particle analysis. Low dilution
30 subsamples were scanned, while high dilution subsamples were examined using an inverted
31 microscope. Carcasses and faecal pellets sizes were converted to carbon as described above and
32 corrected for carbon losses due to degradation (Lee and Fisher, 1994) considering the half-time of
33 the trap deployment period.
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50 **Biomass-size spectra data processing**

51 The above plankton biomass data from pico- to mesozooplankton (0.2 to 2000 μm) were integrated
52 over the depth of the BSW water column and organised into NB-S, expressed in carbon units and
53 plotted on a double logarithmic plot of normalised biomass versus particle size (Platt and Denman,
54 1978). Data were processed as in San Martin *et al.* (San Martin *et al.*, 2006a, b): the size classes with
55 zero biomass and the inflection points at the interfaces between different methodologies were not
56 included, as they can be subject to error resulting in curvature of the spectrum. Although the Platt and
57 Denman model is sensitive to missing size ranges in the size spectrum, all depth-integrated complete
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2 community spectra had an $r^2 > 0.98$ and a significant regression slope (ANOVA, $P < 0.001$) when
3 anomaly data (see results) were disregarded. A one-way ANOVA was applied to investigate
4 differences among NB-S slopes.
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8 9 **RESULTS**

10 **Hydrology, particle and plankton dynamics in the BSW layer**

11 Both the control drifter and the drifting sediment trap followed an anticyclonic track (Fig. 1b)
12 characterized by high speeds ($40 \pm 22 \text{ cm s}^{-1}$). Analysis of the salinity – temperature (T/S)
13 characteristics of the water column along the drifter tracks revealed the presence of three distinct
14 water types (Fig. 2). The surface layer was occupied by BSW having recently entered the Aegean
15 Sea. Below the BSW mass, the water column was occupied by waters of Levantine Sea origin (S
16 > 38.5 psu). Between these two layers, and only at the northern part of the drifter track, was also a
17 layer characterized by low salinity and temperature (Fig. 1b, Fig. 2). This layer is a remnant of
18 BSW exiting the Dardanelles in winter (winter BSW), which remains in the North Aegean and
19 gradually subsides under the lighter waters exiting the Dardanelles in spring (Zervakis and
20 Georgopoulos, 2002).
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30 The fully Lagrangian behaviour of both the sediment trap and the control drifter are confirmed not
31 only by their identical tracks, but also by the fact that these tracks followed the core of the sea-
32 surface salinity minimum, a clear index of “fresh” BSW in the region, as revealed by the ship’s
33 thermosalinograph (Fig. 1b). The evolution of the mean T/S characteristics of the surface water
34 mass in the above-mentioned core is presented in Fig. 2, overlaid on a T/S diagram from all the
35 CTD casts. As expected in a Lagrangian experiment, the T/S properties remain largely constant; the
36 small changes that are observed are attributed to mixing with the underlying water masses of
37 Levantine waters (mostly for stations 2, 3 and 8), and winter BSW (for stations 5 and 6). Hence,
38 while the Lagrangian drifters followed the water parcels of the surface layer, the water
39 characteristics in the subsurface layers changed due to the shear evident between the upper and
40 lower layers.
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50 Suspended POC decreased progressively along the drifter track from 2099 mg C m^{-2} to 1440 mg
51 C m^{-2} (Fig. 3a). Similarly, the C:N ratio in suspended POM, with the exception of low values
52 recorded at the first station, displayed a progressive decreasing trend from 9.3 to 7.7, though
53 variability among stations was rather low (coefficient of variation 7.7%).
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57 Phytoplankton carbon biomass ($> 5 \mu\text{m}$) in the BSW was always dominated by dinoflagellates
58 $> 10 \mu\text{m}$, followed by small ($5\text{--}10 \mu\text{m}$) nanoflagellates (Fig. 3b), while coccolithophores and diatoms
59 only represented < 4 and $< 1\%$ of total autotrophic biomass, respectively. A progressive decrease in
60 all 4 phytoplankton groups’ biomass was observed until station 5. After this station, diatom biomass

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2 decreased further reaching minimum values (>4-fold decrease), whereas coccolithophores,
3 nanoflagellates and small dinoflagellates increased again, leading to an overall increase of total
4 phytoplankton biomass to slightly lower than the initial levels.
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7 Meso- and macrozooplankton carbon biomass was always dominated by copepods, followed by
8 chaetognaths and salps (Fig. 3c). A general tendency of biomass increase was observed for: (a)
9 copepods >2 mm (*Calanus helgolandicus* adults and juveniles) and for mesozooplankton copepods
10 (with the exception of station 6), and (b) for chaetognaths and total zooplankton biomass, after the
11 first station. At station 2, only juvenile *C. helgolandicus* were collected (<2 mm). Big salps
12 (maximum 5 cm) were seen at the sea surface all along the drifter track except at the last station;
13 however WP2 net sampling collected them efficiently only at station 6, where their abundance was
14 estimated to be greater than 1 specimen m⁻².
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22 Primary productivity by larger nano- and microphytoplankton (>5 µm), representing cells mostly
23 prone to sinking, was rather elevated at the first stations (32.53 mg C m⁻² day⁻¹, at station 2), then
24 displayed an almost 3-fold decrease from station 2 to station 6 (11.57 mg C m⁻² day⁻¹), increased
25 again at the last station a 2-fold increase thereafter (21.12 mg C m⁻² day⁻¹ at the last station) (Fig.
26 3d). These >5 µm phytoplankton cells, were responsible for 24 to 34% of total PP (Fig. 3d).
27 Mesozooplankton faecal pellet production increased along the drifter track from 5.3 to 7.9 mg C m⁻²
28 day⁻¹ (Fig. 3d).
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36 **Biogeochemistry and plankton dynamics of the exported material out of the BSW layer**

37 The POC export out of the BSW layer ranged from 131 mg C m⁻² day⁻¹ at the first deployment
38 period to 311 mg C m⁻² day⁻¹ at the last (Fig. 3e). The material identified was plankton cells, faecal
39 pellets, zooplankton carcasses and marine snow. Plankton cells consisted of diatoms,
40 coccolithophores, dinoflagellates and ciliates. Temporal dynamics of total phytoplankton C flux
41 matched those of total POC flux, with plankton cells constituting always between 16 and 24% of
42 the POC flux (Table I), and both displaying an overall 3-fold increase from period A to period D
43 (Fig. 3f). Overall, phytoplankton community composition in the trap in terms of biomass was not
44 significantly different from the overlying water column, with dinoflagellates again dominating,
45 followed by coccolithophores and diatoms (Fig. 3f). Between the first and the last deployment
46 periods, there was a 4-fold decrease in the percentage diatom contribution accompanied by a slight
47 increase of coccolithophores and dinoflagellates, similar to the water column trends.
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57 Faecal pellets were primarily cylindrical in shape (>99%), followed by few of rectangular shape.
58 Zooplankton carcasses derived mostly from copepods, followed by chaetognaths and salps.
59 Phytoplankton carbon flux exceeded both that of faecal pellets and zooplankton carcasses only in
60 the first deployment period (Fig. 3f, g, h, Table I). Afterwards, faecal pellet and carcasses flux

1
2 increased, with carcasses becoming the dominant carbon flux over the last two deployment periods
3 (~10-fold increase). Carcass flux was dominated by mesozooplankton, except during the last
4 deployment period, where large copepod carcasses (*C. helgolandicus*) took over, with an overall
5 >10-fold increase. Faecal pellets constituted the highest carbon flux during the second deployment
6 period (Fig. 3h, Table I), and then decreased progressively, due to a decrease of macrozooplankton
7 pellet flux. In contrast, the carbon flux of mesozooplankton faecal pellets increased progressively
8 throughout the entire study (Fig. 3h).

9
10 A summary of export fluxes of organic carbon and nitrogen and the associated stable isotope
11 compositions are reported in Table II. We observed a large range of carbon and nitrogen fluxes
12 between sediment trap deployments, and also high variability between replicate samples of
13 individual deployments. The coefficient of variation ranged from 15 to 44% for POC fluxes and
14 from 5 to 19% for PON fluxes. The POC flux during deployment A was significantly lower than
15 that of deployment B ($P < 0.01$) while the final sediment trap deployment captured a significantly
16 higher POC flux than all previous deployment periods ($P < 0.01$). Deployment A also exhibited
17 significantly lower PON export fluxes than deployments B and D ($P < 0.04$). We observed no
18 significant differences in the carbon to nitrogen ratios (C:N) between any of the deployments,
19 however, an overall decreasing trend was observed (Fig. 3e).

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21 The average stable carbon isotopic composition of exported POC ($\delta^{13}\text{C}$) was similar for each
22 sediment trap deployment (approximately -24.0‰), and the variability between deployments was
23 less than that observed between replicate traps of individual deployments (i.e. $< 1.0\text{‰}$). The average
24 of stable nitrogen isotopic composition ($\delta^{15}\text{N}$) of exported PON ranged from 4.8‰ to 0.4‰ and
25 exhibited a decreasing trend over the course of the experiment. However, there was again
26 considerable variability between replicate samples of individual deployments whereas $\delta^{15}\text{N}$
27 compositions were not significantly different between deployments. This variability could have
28 resulted from the inclusion e.g. of a single, additional large copepod in a replicate sample.
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48 **Community normalised carbon biomass-size spectra**

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50 The NB-S slopes of the plankton community (pico- to mesozooplankton) in the BSW varied from -
51 1.09 to -1.00, the shallowest slope being found at the last station (Fig. 4a, b). These slopes were not
52 significantly different between stations ($P > 0.1$). Interestingly, a trough anomaly in the slopes of
53 these size spectra was present (Fig. 4a) at the size classes corresponding to large plankton cells (> 50
54 μm ESD) which were dominated by ciliates. This anomaly was more or less present at all stations
55 except station 3 (Fig. 4a), where the lowest meso- and macrozooplankton biomass was observed
56 (Fig. 3c). After disregarding these anomalies, r^2 in all stations increased above 0.98 and slope
57 values were slightly changed ($< 1\%$).
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2 The temporal evolution of the BSW NB-S slopes (Fig. 4b) was not significantly correlated to that
3 of the water column parameters (Fig. 3a, b, c, d) except with the biomass of total zooplankton
4 (excluding salps) and that of copepods (both $r^2 > 0.94$, $P < 0.01$). The NB-S slopes obtained at the
5 station corresponding to the beginning of each trap deployment period were plotted against
6 estimates of total exported POC (i.e. the sum of cells, carcasses and faecal pellets carbon) captured
7 during that period and found to be highly correlated ($r^2 = 0.93$, $P < 0.01$) (Fig. 4c).
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13 14 **DISCUSSION**

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16 The BSW entering the Aegean Sea is known to create a thin surface layer of brackish water,
17 overlying the highly saline waters of Levantine origin (Zervakis and Georgopoulos, 2002). In the
18 present study this water mass was observed in the upper 16 m of the water column. In addition, the
19 hydrology in the region is characterised by the presence of a fast permanent anticyclone around the
20 island of Samothraki which circulates the surface BSW layer within the North Aegean (Zervakis
21 and Georgopoulos, 2002). The anticyclonic circulation increases the residence time of the BSW
22 mass by “trapping” it in the interior of the anticyclone. Both drifters deployed followed the same
23 path along the periphery of this permanent anticyclone and the CTD profiles obtained along this
24 track indicated a progressive salinity modification of the BSW, however, this modification through
25 vertical mixing was delayed by the presence, at the northern edges of the anticyclone, of a layer
26 characterized by low salinity and temperature, which is a remnant of a winter BSW layer (Zervakis
27 and Georgopoulos, 2002) (Fig. 2).
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39 **Biogeochemistry, food-web and export dynamics of the BSW layer**

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41 Most of the biochemical parameters displayed strong temporal variability with rather progressive
42 trends. Similar overall increasing trends were only observed for zooplankton biomass and
43 mesozooplankton faecal pellet production with their respective downward fluxes. Due to the
44 shallow, short-time sediment trap deployments (i.e. reduced degradation) and the high sinking
45 velocities of zooplankton carcasses and faecal pellets ($> 25 \text{ m day}^{-1}$) (Frangoulis *et al.*, 2005), most
46 of the latter were quickly exported to the bottom of the BSW. Moreover, the C:N ratios both in
47 suspended and exported POM displayed an overall decreasing trend. Minimum C:N ratios recorded
48 at the end of the experiment denote a relatively “fresher” material (Gordon and Cranford, 1985),
49 indicative of enhanced *in situ* production and increased plankton metabolic and growth rates. This is
50 confirmed by the simultaneous increase of zooplankton biomass, faecal pellet production and
51 zooplankton detritus flux. On the other hand, opposite POC trends were observed, with suspended
52 POC values decreasing gradually along the drifter track (except for a slight increase at the last
53 station), whereas the respective POC flux in the trap significantly increased.
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2 Suspended POC concentration ($79\text{-}131\text{ mg C m}^{-3}$) was higher than that reported ($8\text{-}56\text{ mg C m}^{-3}$)
3 for different regions in the E. Mediterranean (Ediger *et al.*, 2005; Seritti *et al.*, 2003), but was
4 within the range ($20\text{-}196\text{ mg C m}^{-3}$) of that measured in the N. Aegean during Spring
5 (Krasakopoulou *et al.*, 2002). Previous studies suggest that these high POC values may originate
6 from river runoff or local biogenic production rather than from the BSW inflow (Karageorgis *et al.*,
7 2003).
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12 POC flux values in this study were higher than those recorded down to 50 m for the rest of the
13 Aegean Sea and other open Mediterranean waters (e.g. Moutin and Raimbault, 2002). This high
14 export may be attributed to the elevated primary production in the northeast Aegean, especially
15 during Spring, through an efficient omnivorous planktonic food web in this area (Siokou-Frangou *et*
16 *al.*, 2002; Zervoudaki *et al.*, 2007). It has been well documented that sedimentation in the form of
17 fresh phytoplankton material is highest during periods of new production in shelf seas (Smetacek,
18 1984). However, although the total net primary production values measured here for the 0-16 m
19 layer were elevated ($74.6 \pm 32.6\text{ mg C m}^{-2}\text{ day}^{-1}$, deriving from Figure 3d), typical for spring values
20 in the area ($41.5\text{-}157.1\text{ mg C m}^{-2}\text{ h}^{-1}$, for the 0-100 m layer) (Ignatiades *et al.*, 2002), they are
21 insufficient to explain the high values of POC flux, which far exceed those of primary production
22 by cells $>5\text{ }\mu\text{m}$. Neither can these primary production values be attributed to mineral nutrient
23 concentrations that were very low and displayed a decreasing trend in the BSW layer during this
24 study (NO_3+NO_2 : $0.11 \pm 0.07\text{ }\mu\text{mol L}^{-1}$, PO_4 : $4.4 \pm 0.5\text{ nmol L}^{-1}$, unpublished data), unless these
25 low nutrient concentrations are due to uptake processes. Moreover, the percentage contribution of
26 daily primary production ($>5\text{ }\mu\text{m}$) (Fig. 3d) to the respective phytoplankton C flux (Fig. 3f)
27 displayed a sharp decrease from 93.5% at the first deployment to 28.4%, at the last deployment.
28 This might be attributed to the progressive decrease in primary production, which in turn could be
29 related to the progressive exhaustion of DIN. A most probable explanation, however, could be that
30 phytoplankton cells becoming less active after mineral nutrient exhaustion tend to sediment at
31 higher rates, thus contributing to the increase of POC flux. It is worth noting however, that a direct
32 comparison of phytoplankton biomass and/or daily primary production to the respective
33 phytoplankton C flux would be misleading due to low sinking velocities of phytoplankton natural
34 assemblages compared to larger organisms and particles, namely zooplankton cells and carcasses,
35 as described above. Whole phytoplankton community sinking velocities in experimental
36 mesocosms during a spring diatom bloom ranged from $0.29\text{ to }1.53\text{ m day}^{-1}$ (Riebesell, 1989). In
37 this study, with mixed natural nano- and microphytoplankton assemblages dominated by smaller
38 cells (namely dinoflagellates), lower sinking velocities would be anticipated. Therefore, even if
39 maximum sinking rates of 1.53 m day^{-1} were be applied in our data, and depending on the vertical
40 distribution of phytoplankton cells, a minimum of 5 to 10 days would be required for them to sink
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2 to the bottom of the BSW. Given the time scale of the present study this point leads to a decoupling
3 of primary production and suspended phytoplankton biomass from the respective phytoplankton C
4 flux. Apparently, temporal dynamics of the latter reflect the state of the BSW phytoplankton
5 dynamics, at a time period some days prior to the beginning of our experiment.
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9 Overall, phytoplankton C flux constituted a rather consistent component of the total POC flux (16
10 to 24%), whereas zooplankton detritus (faecal pellets and carcasses) constituted a higher but more
11 variable contribution, always exceeding 60% of the POC flux, after the first deployment period.
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14 The faecal pellet C flux and its contribution to the total POC flux in this study (10 to 53%) was
15 higher than that reported in the oligotrophic South Aegean (<6% at 200 m depth) (Wassmann *et al.*,
16 2000) and in the open Western Mediterranean (6 to 30% at 50 m, Fowler *et al.*, 1991). This faecal
17 flux was initially dominated by macrozooplankton faecal pellets and at the end by mesozooplankton
18 faecal pellets. Considering the dominance of cylindrical pellets in the trap and that of copepods in
19 the water column, the origin of mesozooplankton faecal pellet flux appears to be copepods.
20 However, the origin of the cylindrical macrozooplankton faecal pellets is less evident. Salp faecal
21 pellets are excluded, as they are known to produce rectangular pellets (Frangoulis *et al.*, 2005).
22 Although large copepods (*C. helgolandicus*) could explain a fraction of the large pellets, the size of
23 some cylindrical pellets exceeded the size of *C. helgolandicus* body. The larger cylindrical pellets
24 could originate from chaetognaths (Dilling and Alldredge, 1993) which were found in the water
25 column, and/or other larger crustacean (e.g. euphausiids). The latter were not captured with the
26 WP2 net but may have been present in the water column and/or migrated into the BSW only during
27 the night.
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31 Sinking zooplankton carcasses also constituted an important C flux, exhibiting a progressive
32 increase over the course of the experiment, becoming the dominant organic carbon flux (>40%) in
33 the last two trap deployment periods. This increase could be related to the progressive increase in
34 zooplankton biomass observed in the water column and/or to a parallel progressive increase of non-
35 predatory mortality rate. The latter may be due to the progressive exhaustion of larger
36 phytoplankton (namely diatoms), resulting in the higher zooplankton detritus export recorded at the
37 last deployment period. Comparison of carcass flux with other studies is difficult as there are few
38 studies that accurately measure this flux. To our knowledge, no such measurements exist in the
39 open Mediterranean, and the only flux estimates (at 200 m) derived from a model study applied in
40 the NW Mediterranean, which estimated a maximum carcass C flux of $6.3 \text{ mg C m}^{-2} \text{ day}^{-1}$
41 (Andersen and Nival, 1988). This flux was lower than our minimum values ($14.3 \text{ mg C m}^{-2} \text{ day}^{-1}$).
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59 The above elevated C flux originating from zooplankton faecal pellets and carcasses, together
60 with the observed trends in the water column zooplankton, suggest that the latter were favoured by
the environment. These trends involve an overall increase of the mesozooplankton, chaetognaths

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2 and macrozooplankton copepod biomass, as well as that of mesozooplankton faecal pellet
3 production. As the latter probably results from increased food consumption, this might partially
4 account for the observed decrease in primary production and the biomass of larger phytoplankton
5 cells during the first half of the study, thus resulting in a respective increase of heterotrophic to
6 autotrophic biomass ratio (for organisms $>5 \mu\text{m}$ ESD: from 4.2 at the first station to 9.5 at the last
7 one). The increase of this ratio coupled to the increase of zooplankton biomass and faecal pellet
8 production, could suggest that zooplankton inhabiting the BSW layer enhanced their production
9 (biomass) and grazing along the anticyclonic track of the incoming water mass.

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11 As stated above, we observed increasing trends of POC and PON fluxes, and a decreasing,
12 though not significant, trend in C:N composition of sinking particles over the course of the
13 experiment. The above trends coincided with an increasing trend in phytoplankton sinking flux (3-
14 fold), but mostly with that in zooplankton carcasses (~ 10 -fold) and its relative contribution to the
15 total POC export (Fig. 3). Significant shifts in the stable isotopic composition of sinking POC or
16 PON were not observed during the sediment trap deployment period. The $\delta^{13}\text{C}$ signatures of all
17 sediment trap deployments were similar throughout the experiment (-24.0‰ to -24.5‰). These
18 values are slightly lighter than typical marine values (ca. -21‰) (e.g. Michener and Shell, 1994)
19 and may be indicative of terrigenous inputs to the system. The $\delta^{15}\text{N}$ signatures showed a general
20 decreasing trend during the sampling period (from $4.6 \pm 2.8\text{‰}$ to $0.4 \pm 3.4\text{‰}$, Table II) but were
21 highly variable both between deployments and between replicate samples of the sediment traps.
22 Given the substantial variability between replicates, it is difficult to interpret the $\delta^{15}\text{N}$ data. The
23 changes in the relative contribution of phytoplankton, zooplankton, and faecal pellets to the sinking
24 flux (Table I) captured by individual traps of each deployment appear to have dramatically altered
25 the integrated $\delta^{15}\text{N}$ signal. We note, however, that the significant increases of sinking zooplankton
26 carcasses during the sampling period did not coincide with similar increases in the $\delta^{15}\text{N}$ signature of
27 the sinking PON flux, as predicted by the $\sim 3\text{‰}$ isotopic enrichment of ^{15}N that is expected as N is
28 transferred to higher trophic levels (Checkley and Miller, 1989). Suspended PON and
29 mesozooplankton collected from the water column at 3 stations during this study also exhibited
30 decreasing trends in $\delta^{15}\text{N}$ signatures, ranging from $4.0 \pm 1.8\text{‰}$ to $1.3 \pm 0.1\text{‰}$, and from $5.4 \pm 0.3\text{‰}$
31 to $4.1 \pm 1.2\text{‰}$, respectively (unpublished data). The spatiotemporal trends in both suspended and
32 sinking PON of the evolving water mass suggest a shift in the $\delta^{15}\text{N}$ composition of N that was
33 initially assimilated into the food webs of these regions. This shift, from an isotopically enriched to
34 depleted N source, coincided with increased fluxes of POC, PON, and zooplankton carcasses. This
35 could have resulted from the removal (i.e. sinking) of ^{15}N -enriched PON and an increased
36 contribution of ^{15}N -depleted recycled N to production during the evolution of the BSW mass.

Characteristics of community normalised carbon biomass-size spectra

The overall shallow NB-S slopes (-1.09 to -1.00) indicate that there is more biomass transferred to higher trophic levels than might have been expected at equilibrium. This confirms a previous suggestion that the northeast Aegean ecosystem has a higher efficiency of carbon (energy) transfer channelled to mesozooplankton compared to the rest of the Aegean Sea (Siokou-Frangou *et al.*, 2002).

Interestingly, NB-S slopes in this study confirm their potential to reveal the efficiency of carbon flux not only to higher trophic levels but also as sinking out of the upper mixed layer (Richardson *et al.*, 2004). This is shown by the strong relationship between NB-S slopes and the total estimated organic carbon flux (Fig. 4c): higher trophic transfer efficiency indicated by shallower slopes corresponded to higher downward carbon export (end phase), relative to a lower trophic transfer efficiency indicated by steeper slopes, coinciding with a lower downward carbon export out of the BSW (initial phase). In addition, the higher C export values (shallower slopes) corresponded to a higher percentage contribution from higher trophic levels (i.e. zooplankton faecal pellets and carcasses) than under lower C flux values (steeper slopes). The observed relationship between NB-S slopes and carbon fluxes could be due to the fact that both constitute integration over recent time. In contrast, the lack of relationship between the NB-S slopes and the stock/production data (e.g. biomass, primary production), as found in the present study (except for zooplankton biomass) and in San Martin *et al.* (San Martin *et al.*, 2006b), could be attributed to the fact that the latter represent instantaneous measures.

Another peculiarity of the NB-S slopes determined in this study was the anomaly encountered in the size spectra (Fig. 4a). Such an anomaly (i.e. the shift towards lower biomass values) may correspond to excess mortality or migration losses (Zhou, 2006) at that particular section of the spectrum. This anomaly appeared in the carbon size classes that correspond to larger phytoplankton and ciliates biomass. Given the low migration capacity of these organisms, the most probable explanation for this anomaly is high mortality, namely due to grazing pressure. This phenomenon appears to be enhanced in the northeast Aegean, where a strong grazing impact by copepods on ciliates was recorded together with an important consumption of primary production (Zervoudaki *et al.*, 2007), supporting a previous hypothesis of strong top-down control of the ciliate population in this area (Pitta and Giannakourou, 2000). The absence of this anomaly at station 3 (Fig. 4a), where the lowest meso- and macrozooplankton biomass was encountered (Fig. 3c), further enhances this hypothesis.

The theoretical value predicted by a model characterising a near-steady state open ocean pelagic system, in terms of carbon, is -1.22 (Platt and Denman, 1978). The NB-S slopes of the present study (-1.09 to -1.00) being shallower than the above theoretical value imply a non-steady state

ecosystem. However, it is important to emphasize that it is more the regularity and the linearity of the NB-S spectrum, and not the numerical value of the slope alone that may characterise a close-to steady state system (Quinones *et al.*, 2003). Therefore, the above mentioned anomaly recorded in the NB-S further supports a non-steady state condition of the ecosystem.

CONCLUSIONS

During this experiment, the substantial variability observed for most biogeochemical variables confirms our original hypothesis that the area under the BSW influence exhibits significant variability in downward flux on short-time scales. The strongest signal was the increase of carbon export out of the BSW, essentially due to a sharp increase of the contribution of zooplankton detritus. A parallel increase in zooplankton biomass and faecal pellet production in the overlying BSW layer, in combination with the overall shallow NB-S slopes, confirmed the hypothesis of a more efficient energy transfer to higher trophic levels in the northeast Aegean Sea, as suggested by previous studies. The recorded anomaly in the NB-S slopes hints at an elevated grazing pressure upon ciliates and larger phytoplankton and a non-steady state condition of the ecosystem. Overall, this study provided evidence for connecting BSW plankton food web efficiency (as expressed by NB-S slopes) to carbon export fluxes in a Mediterranean area affected by the BSW inflow.

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TABLE AND FIGURE LEGENDS

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Fig. 1. (a) Geographic location of the study area. The box identifies the region shown on a larger scale in (b) showing a synthetic diagram of the cruise. The tracks of the drifting sediment trap (deployed at 16 m depth), the control drifter and the ship have been overlaid on a map of surface salinity, obtained through the thermosalinograph. Numbers in circles indicate stations; (c) Time series of the longitude of: the sediment trap drifter (thick line), the ship (thin line) and the stations (open circles) performed during the experiment. Dark circles indicate additional CTD casts. Letters above the horizontal bar indicate the sediment trap deployment periods (duration in days is indicated in parentheses).

Fig. 2. Synoptic T-S diagram identifying the water types present (top) and temperature and salinity profiles (bottom) from CTD casts made at the stations along the drifter track. The large symbols in the T-S diagram represent the mean values in the 0 to 16 m layer.

Fig. 3. Comparison of water column production and composition to vertical flux (organisms and particles $>5 \mu\text{m}$) in the BSW layer (0-16 m integrated values). (a) POC concentration and C:N ratio of suspended POM; (b) unicellular plankton groups biomass; (c) zooplankton biomass; (d) net primary production $>5 \mu\text{m}$ (percentages are ratios of net primary production $>5 \mu\text{m}$ to total net primary production), mesozooplankton faecal pellet production; (e) POC flux and C:N ratio of sinking POM; (f) unicellular plankton C flux; (g) zooplankton carcasses C flux; (h) faecal C flux. See the correspondence between stations and trap deployment periods in Fig. 1c. f.p.: faecal pellet. AN: autotrophic nanoflagellates

Fig. 4. (a) Normalized biomass-size (NB-S) spectra (carbon) of the pico- to mesozooplankton community in all stations. Example of regression line plotted for Station 3 ($y = -1.10x + 1.69$, $r^2 = 0.97$); (b) Temporal evolution of the BSW depth-integrated (0-16 m) community NB-S slopes. Standard error bars of the slopes are shown; (c) Relationship between NB-S slopes and total estimated carbon flux (from plankton cells, zooplankton carcasses and faecal pellets) ($r^2 = 0.95$; $P < 0.01$).

Table I. Percentages of plankton components and detritus carbon (estimated) to total carbon (measured POC) in water column stations and sediment trap deployment periods. Sediment trap mesozooplankton (values with asterisks) include copepods $<200 \mu\text{m}$. UP: unicellular plankton; NM: not measured.

1
2 Table II. Elemental composition of sediment trap material collected during the 4 deployment
3 periods. The values shown are averages (\pm sd) of pooled sediment trap samples ($n = 4$ for
4 deployments A and B, and $n = 3$ for deployments C and D). Stable isotope values are in the per mil
5 (‰) notation.
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Plankton component or detritus	Station (water column)					Sediment trap deployment period			
	2	3	5	6	8	A	B	C	D
Dinoflagellates	5.40	4.29	3.62	7.57	6.76	15.47	22.61	14.27	21.96
Other Flagellates	1.34	0.49	0.51	0.61	1.53	NM	NM	NM	NM
Diatoms	0.07	0.05	0.03	0.06	0.03	0.77	0.25	0.22	0.27
Coccolithophores	0.35	0.21	0.08	0.31	0.24	1.00	1.17	1.31	1.63
Ciliates	1.48	2.98	3.15	2.18	1.57	0.19	0.10	0.25	0.04
Total UP	8.64	8.02	7.38	10.72	10.12	17.44	24.13	16.04	23.91
Salps > 2mm	0.00	0.00	0.00	4.21	0.00	0.00	3.53	0.00	0.00
Chaetognaths > 2mm	3.28	0.31	1.72	3.21	3.74	0.00	3.53	0.00	0.00
Copepods >2mm	0.00	0.15	0.91	1.51	3.13	2.50	2.84	1.23	22.87
Mesozooplankton	4.34	4.99	9.72	6.99	13.42	8.48*	17.55*	25.08*	18.18*
Total Zoo	7.62	5.46	12.34	15.92	20.28	10.98	25.58	27.54	41.05
Total faecal pellets	NM	NM	NM	NM	NM	11.54	49.23	23.99	12.13

Deployment period	POC flux mg C m ⁻² d ⁻¹	PON flux mg N m ⁻² d ⁻¹	$\delta^{13}\text{C}_{\text{org}}$ (‰)	$\delta^{15}\text{N}$ (‰)	C:N
A	131 (22)	18 (5)	-24.0 (0.6)	4.6 (2.8)	8.6 (1.3)
B	189 (22)	29 (6)	-24.0 (1.0)	4.8 (1.9)	7.7 (0.7)
C	187 (44)	28 (13)	-24.3 (0.3)	2.4 (1.8)	7.8 (1.6)
D	311 (15)	47 (19)	-24.5 (0.3)	0.4 (3.4)	7.0 (1.2)

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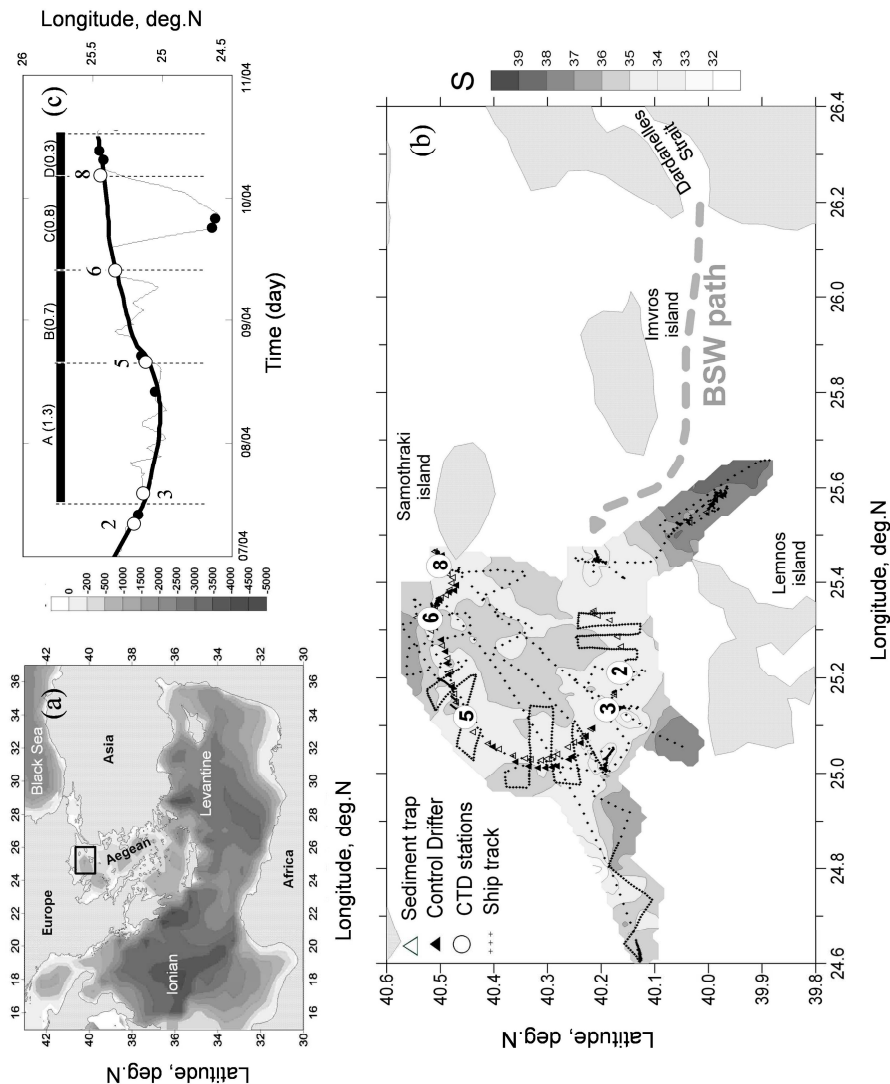


Fig. 1. (a) Geographic location of the study area. The box identifies the region shown on a larger scale in (b) showing a synthetic diagram of the cruise. The tracks of the drifting sediment trap (deployed at 16 m depth), the control drifter and the ship have been overlaid on a map of surface salinity, obtained through the thermosalinograph. Numbers in circles indicate stations; (c) Time series of the longitude of: the sediment trap drifter (thick line), the ship (thin line) and the stations (open circles) performed during the experiment. Dark circles indicate additional CTD casts. Letters above the horizontal bar indicate the sediment trap deployment periods (duration in days is indicated in parentheses).
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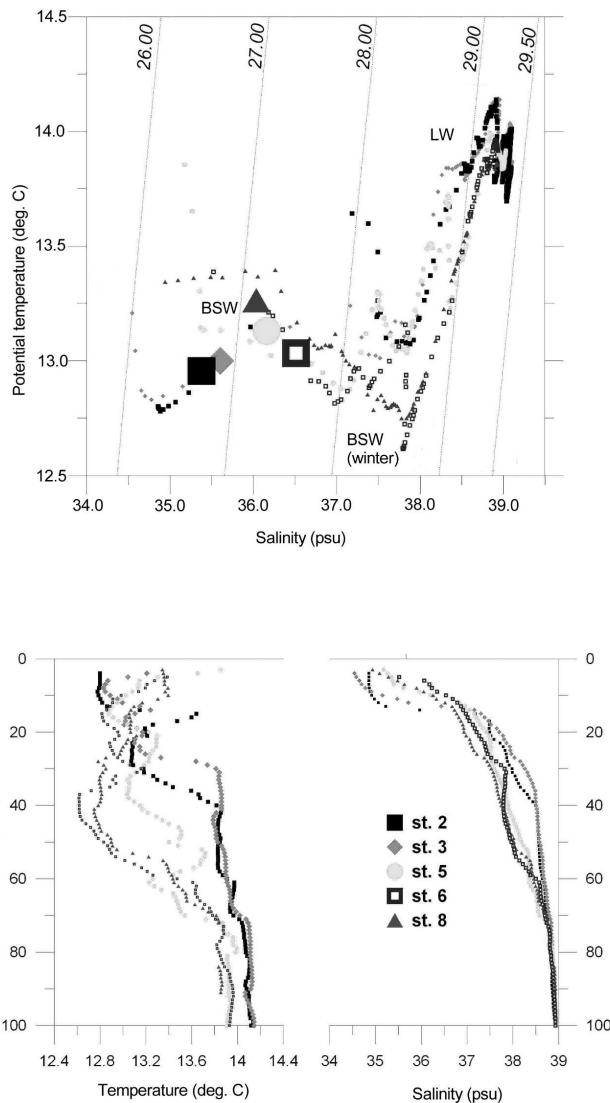


Fig. 2. Synoptic T-S diagram identifying the water types present (top) and temperature and salinity profiles (bottom) from CTD casts made at the stations along the drifter track (stations location indicated in Figure 1). The large symbols in the T-S diagram represent the mean values in the 0 to 16 m layer.
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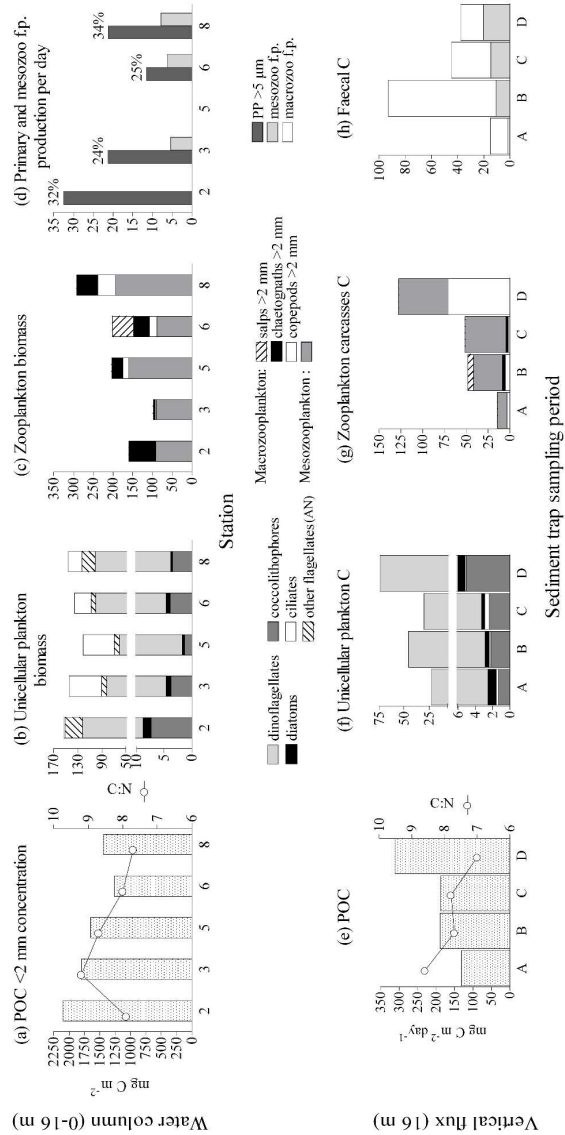


Fig. 3. Comparison of water column production and composition to vertical flux (organisms and particles >5 μm) in the BSW layer (0-16 m integrated values). (a) POC concentration and C:N ratio of suspended POM; (b) unicellular plankton groups biomass; (c) zooplankton biomass; (d) net primary production >5 μm (percentages are ratios of net primary production >5 μm to total net primary production), mesozooplankton faecal pellet production; (e) POC flux and C:N ratio of sinking POM; (f) unicellular plankton C flux; (g) zooplankton carcasses C flux; (h) faecal C flux. See the correspondence between stations and trap deployment periods in Fig. 1c. f.p.: faecal pellet. AN: autotrophic nanoflagellate
258x527mm (300 x 300 DPI)

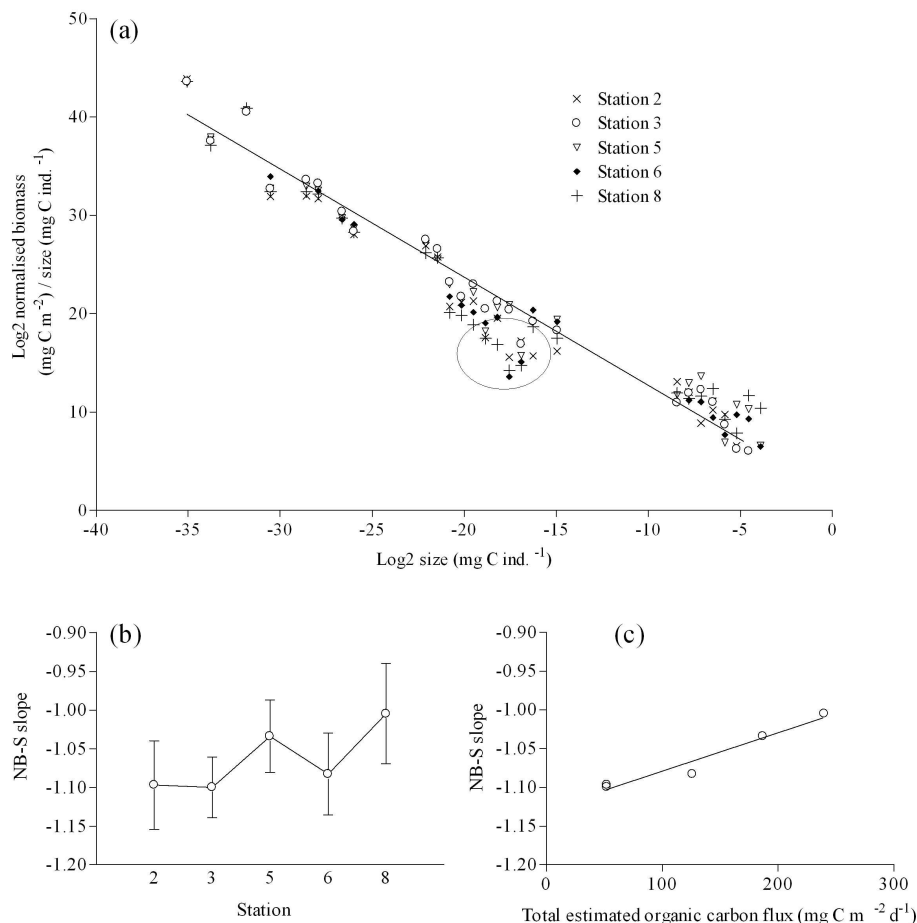


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Standard error bars of the slopes are shown; (c) Relationship between NB-S slopes and total estimated carbon flux (from plankton cells, zooplankton carcasses and faecal pellets) ($r^2 = 0.95$; $P < 0.01$).

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