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► **To cite this version:**

Griselda María Guidoni, Michael Swain, Ingomar Jäger. Nanoindentation of wet and dry compact bone: influence of environment and indenter tip geometry on the indentation modulus. *Philosophical Magazine*, 2010, 90 (05), pp.553-565. 10.1080/14786430903201853 . hal-00560312

**HAL Id: hal-00560312**

**<https://hal.science/hal-00560312>**

Submitted on 28 Jan 2011

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Journal:	<i>Philosophical Magazine &amp; Philosophical Magazine Letters</i>
Manuscript ID:	TPHM-09-Feb-0069.R1
Journal Selection:	Philosophical Magazine
Date Submitted by the Author:	22-Jun-2009
Complete List of Authors:	GUIDONI, Griselda; Austrian Academy of Sciences, Erich Schmid Institute; University of Leoben, Materials Physics Department Swain, Michael; University of Sydney, Biomaterials Science Research Unit; United Dental Hospital, Faculty of Dentistry JÄGER, Ingomar; University of Leoben, Materials Physics Department
Keywords:	biological materials, composite materials, elasticity, mechanical behaviour, nanoindentation
Keywords (user supplied):	compact bone, Hank's balanced salt solution



## Nanoindentation of wet and dry compact bone: influence of environment and indenter tip geometry on the indentation modulus

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**Abstract**

The indentation derived elastic modulus,  $E$ , of bovine compact bone was obtained by means of nanoindentation. The indentation modulus of the dry condition (i.e. under atmospheric conditions) is 40 % higher than when measured wet (i.e. immersed in buffer solution). Although this difference is independent of orientation, there is a 20 % difference in indentation modulus within the same tested environment between longitudinal and transversal directions. In addition, the estimated indentation modulus of the same samples when tested wet in buffer solution after deep freezing ( $-15^{\circ}\text{C}$ ) was not affected. The discrepancy between wet and dry results was attributed to the non mineralized phase contribution and rationalized by a simple mechanical model [1]. Anisotropy effects could be explained in terms of deformation mechanisms with orientation. The effect of frozen storage temperatures may be clarified considering the biomechanics of the helicoidal arrangement of lamellar bone. Viscoelastic effects were also considered and incorporated into the analysis of the force-displacement data.

**Keywords:** compact lamellar bone; nanoindentation; Hank's balanced salt solution.

## 1. Introduction

Compact lamellar bone material is a composite material. It consists of an organic framework (mostly collagen) in which small particles of a mineral (mostly non-stoichiometric hydroxyapatite) are dispersed [2].

Collagen fibrils are organized in a staggered way [3]. The mineralized collagen fibre of about 100 nm in diameter is composed of bundles of mineralized fibrils embedded in an extra cellular matrix. The mineral individual nano-crystallites are generally assumed to be platelets elongated along the c axis. Collagen behaves visco-elastically whereas hydroxyapatite is a brittle ceramic. The small size of the mineral crystals is thought to impart theoretical strength [4] to their structure.

The mechanical properties of a composite material depends not only on the composition, but also on the microstructure arrangement [5]. Compact bone lamellae consist of an extra-fibrillar matrix with collagen fibres interweaving each other running in longitudinal, transverse, and various oblique directions [6]. Due to the young age of the sample investigated, the bone is of the fast-growing type as described by, e.g., [2], i.e. fibrolamellar bone, consisting of lamellar bone sheathing the blood vessels and other canaliculi, alternating with layers of woven or parallel-fibered bone (termed woven bone in the following for the sake of brevity). The structural difference between those two is that lamellar bone grows slower, but is better ordered, with its lamellae, and the mineralized collagen fibres within, oriented preferentially parallel to the long axis of the bone (the main stress direction), whereas woven bone is laid down faster, is much more disordered, but sometimes more highly mineralized. Due to the young age, no secondary osteons (“Haversian systems”) are expected to be present.

1  
2 Although a detailed quantitative description of the deformation mechanisms of bone at the  
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4 nanoscale remains unclear, several mechanisms have been proposed [1, 7-9]. In addition, the  
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6 influence of the environment on the mechanical properties of compact bone is still not well  
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8 understood.  
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14 Jäger and Fratzl [1] proposed a model with a staggered array of platelets that accounts for an  
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16 increase of both elastic modulus and fracture stress with the amount of mineral in the fibril. This  
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18 latter model includes shear stresses localised in the collagen phase between the overlapping mineral  
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20 platelets. Some of the limitations of this model are that the stress must occur along the main axis of  
21  
22 the mineral phase and the minerals are considered to be highly oriented. Gupta et al. [9] noted that  
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24 this model could be applied to the next higher hierarchical level where the mineral phase and the  
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26 organic phase arranged together into fibres (or fibrils) embedded in a ductile matrix.  
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33 Several authors reported moisture dependent properties of compact bone [9-12], however  
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35 the origin of such differences and the contribution of the involved hierarchical level on the  
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37 measured total mechanical property of lamellar bone (excluding the vascular and lacuno-canalicular  
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39 porosity) is still not well understood. Bushby et al. [12] carried out a comparison between dry  
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41 (replacing unbound water with different grades of ethanol), wet (immersed in a synthetic cartilage  
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43 lymph, SCL) and embedded in PMMA for specimens of 2 year old horse compact bone. They found  
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45 that there was a 10 to 30 % increase of indentation modulus from wet to dry conditions and that  
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47 embedding the samples in PMMA does make a difference in the measured properties. They based  
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49 their discussion on the influence water had on the mechanical properties. The present investigation  
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51 is an attempt to extend the understanding of the deformation mechanisms by also considering the  
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53 influence of composition and microstructural arrangement on the response of compact lamellar  
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55 bone.  
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2 In addition, deep freezing is sometimes used to store mineralized tissue like dentine [13, 14]  
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4 and bone [12, 15-17]; although hydrated storage media is generally recommended for teeth [18]. No  
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6 reports, to the best knowledge of the authors, are available on the effect of cryopreservation on the  
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8 elastic modulus of compact bone (Kang et al [17] studied the influence of thawing cycles but on  
9  
10 cancellous bone). Although a similar comparison to the present testing conditions was already  
11  
12 carried out by Bushby et al., they stored their samples as frozen bone prior to machining and there is  
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14 therefore a need to elucidate whether freezing permanently modifies the samples or not.  
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21 The aim of this paper is to develop an understanding of the mechanisms associated with  
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23 nano-indenting lamellar compact bone. The influence of temperature of storage and environment  
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25 were investigated. A rounded diamond conical indenter tip of 90° included angle and approximately  
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27 1200 nm nominal radius was used. This particular indenter tip shape was chosen for its rotational  
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29 symmetry avoiding indenter tip orientation effects and singularity effects associated with a sharp  
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31 tip. Initially the contact follows an elastic response predicted by Hertz [19] before the onset of  
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33 elastic-plastic behaviour. Once the rounded tip portion of the truncated cone (at ~350 nm depth) is  
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35 overcome a condition of effective constant contact strain prevails for further indentation penetration  
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37 depths [20].  
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## 43 2. *Sample preparation*

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45 A femur of a 1.5 years old steer was obtained from a butcher on the same day of slaughtering. It had  
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47 been refrigerated (stored at a temperature above zero) but never frozen. It had been dissected from  
48  
49 the muscle just prior to purchase. It was immediately taken to the laboratory and prepared for  
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51 testing and storage. The soft tissue was removed with a scalpel and the bone marrow was taken  
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53 away with high pressure air. The cleaned compact bone parts were kept in the refrigerator at 4°C  
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55 immersed in Hank's balanced salt solution (HBSS) with 0.1 wt% of sodium azide (NaN<sub>3</sub>, Merck  
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57 888) as an antibacterial. The above storage conditions have been shown to retain the integrity of  
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1  
2 dentin for more than two years of storage [21]. In addition, the samples were never frozen before  
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4 commencing the investigation.  
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9 Three main testing directions were defined: longitudinal (L), transversal (T) and radial (R).  
10 A schematic is presented in (Figure 1). 1. Thus, the nomenclature was chosen as follows; BL for the  
11 bovine compact bone sample tested parallel to the longitudinal direction and BT for the bovine  
12 compact bone sample tested in the transversal direction.  
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21 Two pieces of approx.  $8 \times 8 \text{ mm}^2$  were cut with a saw along the longitudinal direction of the  
22 diaphysis a short time after receiving the bovine bone. One of them was prepared leaving the cross  
23 section exposed for testing (BL) and the other one the transversal section (BT).  
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30 The exposed area of the compact bone pieces was ground and polished to a 2500 P grit  
31 finish with silicon carbide cloths, followed by polishing using  $0.3 \mu\text{m}$  alumina suspension. The final  
32 thickness of the sample was 2 mm. In the case of 'wet' conditions, the sample was continuously  
33 rinsed with HBSS while polishing, and stored under HBSS at all times to avoid accidental  
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45 The tested bovine samples, when not under investigation, were always kept at  $4^\circ\text{C}$   
46 immersed in HBSS. The first experiments, on both for BL and BT samples, were done in a wet  
47 condition. Once the sample was tested wet, the buffer solution was removed with a syringe; and the  
48 sample was wiped with a tissue paper and left to dry under laboratory conditions for more than 48 h  
49 and tested dry. The samples were then again immersed in HBSS and stored at  $-15^\circ\text{C}$  for at least 12  
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### 3. *Nanoindentation Tests*

Nanoindentation tests were carried out using an add-on nanoindentation device (Hysitron Triboscope, Hysitron Inc., Minneapolis, MN, USA) mounted on the scanner head of an AFM stage (Veeco – Digital Instruments, Santa Barbara, CA, USA).

Two kinds of configurations were tested: ‘dry indentations’, in which the samples were stored and indented under atmospheric conditions, and ‘wet indentations’, in which the sample and part of the indenter were immersed in HBSS during testing. For both cases the same indenter, mounted at the end of a tungsten rod ca. 9.5 mm long was used.

The indenter tip area function was calibrated with a fused quartz sample. Although the penetration depths during calibration are governed by the nature of the standard sample (fused quartz), the form of the area function is chosen to converge to the ideal area of the indenter at higher penetration depths [22] .

Nanoindentation tests were carried out in several loading-unloading steps: first the specimen was loaded at a constant loading rate to the maximum load (5000  $\mu\text{N}$ ) in 5 seconds, secondly the load was maintained 60 seconds in order to exhaust most of the creep before unloading, thirdly the sample was unloaded at a linear rate to an intermediate load of 1000  $\mu\text{N}$  within 10 s, fourthly this intermediate load was held for 20 s to monitor recovery effects and, finally, complete linear unloading within 2 s. Testing in all cases was at room temperature.

Indentation modulus,  $E$ , and hardness,  $H$ , were calculated by means of the load-displacement curves using the well known Oliver-Pharr [23] method. However, when indicated, the elastic modulus of the sample was derived using a Poisson’s ratio of 0.3.

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2 At least 15 measurements per condition were taken. The location for each nanoindentation  
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4 was chosen by means of AFM imaging, done with the same indenter tip. The indentations were  
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6 placed specifically in lamellar bone.  
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#### 9 10 **4. Results**

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12 Fig 2 shows a 3D projection of a BL sample taken by scanning the nanoindenter tip on the sample  
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14 at a 1  $\mu$ N load. Two osteons are observed in the lower part. In addition, five indents located inside  
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16 one lamella can be seen. The indents were placed manually in the desired positions, limiting  
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18 therefore the amount of repetitions needed to obtain representative data.  
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25 The load-displacement data for the BL sample and the three tested conditions is shown in  
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27 (Figure 3). Note the matching between the wet measurements (independent of the storage  
28  
29 temperature) and the discrepancy of the dry measurements. The same behaviour is found for the BT  
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31 samples.  
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36 The penetration depth-time and load-displacement curves were studied individually in  
37  
38 detail. All the extracted values (mean and standard deviation) are presented in (Table 1). Although  
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40 the visco-plastic creep effects seem to be slightly higher for the BT than for the BL samples,  
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42 independently of the environment, the penetration depth during unloading is considerable greater in  
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44 the former than in the latter condition.  
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50 The calculation of the indentation modulus depends on a fitting parameter,  $m$ , as described  
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52 in [23]. The  $m$  parameter has a physical meaning and is anticipated to be 2 for conical indenters  
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54 [23]. Thus, the sensitivity of the data to this parameter was studied by comparing the results  
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56 obtained with the TriboScope software supplied with the nanoindenter. (“E, GPa ( $m = \text{variable}$ )” in  
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58 (Table 1)) and by fixing  $m = 2$  (“E, GPa ( $m = 2$ )” in (Table 1)).  
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2 The BT W indentation moduli data were the most affected by the above calculation and the  
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4 corrected indentation moduli using  $m = 2$  led to a constant difference between wet and dry  
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6 measurements of 37%, independent of orientation. The difference between BL W and BT W and  
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8 between BL D and BT D lies around 20 %.

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14 Creep effects were corrected following the method of Ngan and co-workers [24] ( $E_{\text{creep}}$ ,  
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16 (Table 1)), although creep rates at the onset of unloading were in the range of the noise of the  
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18 instrument. As shown in (Table 1) there were no remarkable differences after the viscoelastic creep  
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20 correction, as anticipated.

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26 Recovery effects were more marked for the wet than for the dry conditions (Table 1). A  
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28 discussion about recovery effects and nanoindentation can be found in [25, 26]. The recovery  
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30 correction proposed in [25, 26] was tried, but the relatively long unloading times (10s) when  
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32 compared with the second holding period time (20 s) and the higher recovery rates obtained for  
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34 compact bone make the correction unreliable due to the extended extrapolation. Therefore, recovery  
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36 was not incorporated into the calculations of the indentation modulus, although it is considered  
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38 qualitatively in the interpretation and discussion of the data.

## 41 42 43 44 45 **5. Discussion**

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48 Bushby et al. [12] found considerably differences between samples embedded in PMMA and  
49  
50 simply immersed in fluid. Therefore, in the present study both wet and dry samples were chemically  
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52 glued to the sample holder. Only the inferior surface was constrained by the sample holder, while  
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54 the upper and lateral surfaces were free to deform.

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60 Three different levels of bone hierarchical organization are thought to explain the effects of  
storage temperature, anisotropy effects, and environment dependence, as follows:

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*5.1 The influence of storage temperature on mechanical properties: lamellar level.*

Storage of bone at -15°C for **at least 12 hours** does not appear to significantly influence the local indentation properties of compact lamellar bovine bone (Table 1). The 4% volume dilatation of water when frozen seems to be accommodated by the structure without producing irreversible damage. This may be explained by the multidirectional structured model of bone proposed by Ascenzi and coworkers [27] in which they stated that the spiral oriented lamellae of the osteons are able to withstand multidirectional shearing forces effectively.

Regarding moisture on the structure (beside the one filling the blood vessels, etc), not all the water surrounding collagen is thought to behave like bulk water [28, 29]. Chapman et al [28] stated that part of the hydration layer of collagen has a lower freezing point than bulk water. Moreover, water is also found in crystalline form, strongly bound to the apatite [29]. Thus, the effect of water expansion during freezing may be somewhat diminished.

Kang and coworkers [17] studied the influence of multiple thawing-freezing cycles on the indentation contact stiffness of bovine tibial cancellous bone. They found no considerably differences. Their discussion focused on the effects of freezing on the enzymatic activity, assuming the damage may come from a chemical degradation rather than a mechanical origin. Since the use of an antibacterial agent minimizes chemical degradation, in the present work, the effect of freezing the sample was evaluated from a mechanical point of view. Thus, the present work could be taken as a partially extension of the work of Kang [17] but for the case of compact bovine bone.

*5.2 Anisotropy of the same type of compact bone: fibre level.*

In the present work, while studying the influence of the environment on the mechanical properties it was found that the difference between BL W and BT W and between BL D and BT D lies around 20 %. This difference leads to consideration of the effect of the orientation tested on the mechanical response obtained. Zysset and coworkers [30] found a marked variability of indentation modulus

1  
2 and hardness of cortical bone taken from selected sites within an individual. Balooch [31] also  
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4 observed considerably differences between cross-sections of cortical mid-femur, distal tibia, and  
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6 central parietal bones of mice. Thus, in the present work, the samples were prepared from adjacent  
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8 sites within the diaphysis to avoid this variability. The latter plus the specific sites tested (lamellar  
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10 bone) leads us to assume that the differences in the mechanical properties stem, primarily, from the  
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12 structural anisotropy of one type of bone. The same argument was used by Hoc et al. [32] in which  
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14 considerable care was taken in obtaining contiguous bone samples from the same area, retrieved  
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16 from a single femur.  
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23 (Figure 3) is shown to avoid the supposition of an area function calibration error associated  
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25 with the measured final values. The different response of both orientations is clear.  
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30 The anisotropic trend found here is in good agreement with the measurements found in the  
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32 literature [10, 16, 33, 34] and the absolute values agree within  $\pm 30\%$ . The discrepancy in absolute  
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34 values between those measured here may be attributed to the different origin of the samples (bovine  
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36 vs human), specific environments and anatomical position.  
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42 Spears [35] developed a finite element model for enamel (the outer layer of the exposed  
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44 surface of teeth) in which marked differences were predicted between the elastic modulus in the  
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46 direction parallel to the enamel rod orientation (in analogy, BL orientation) and perpendicular to the  
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48 enamel rod orientation (in our case, BT orientation) while considering only elastic deformation of  
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50 the components. Habelitz and co-workers [36] observed anisotropy of up to 30% between the two  
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52 above mentioned directions in dental enamel with a sharp (20 nm radius) cube corner indenter.  
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54 They attributed this difference to the anisotropy and alignment of fibre-like apatite crystals within  
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56 the rods and to the composite architecture of enamel. Although the micro-structural arrangement of  
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58 enamel differs from compact bone [37, 38], as does the volumetric fraction of mineral (between  
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2 0.88 and 0.91) the sole effect of orientation led to a factor between 2 and 3 for the elastic modulus  
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4 in the direction parallel to the rod compared with the value perpendicular to the rods. Thus, as  
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6 expected for enamel, the anisotropy of bone can be attributed to the arrangement of its constituents.  
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11 The organic component of bone is higher than in the case or enamel. Therefore, the higher  
12 contribution of viscous effects of the organic phase may be the reason for the particular degree of  
13 anisotropy. Although not included in the above model, for the BL indentations, the load will be  
14 mainly carried by the mineralized organic fibres which may buckle or split. On the other hand, for  
15 the BT direction, the fibres would preferentially sustain small deformations. The differences in  
16 deformation mechanisms may also lead to an anisotropy effect.  
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### 27 *5.3 The influence of the hydration state on mechanical properties: constituents' level.*

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29 In the present work, the penetration depth exceeded the zone of variable contact angle of the  
30 spherical part of the indenter tip; thus at the higher loads the indentation strain was constant and  
31 directly related to the included cone angle of the indenter tip [20]. Since the loading history and the  
32 indentation strain were the same for all the conditions; and the same sample was tested under the  
33 different environments, the differences found between environments are mainly due to either  
34 genuine changes in elastic-plastic properties or to the occurrence of different deformation  
35 mechanisms depending on the tested environment.  
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59 If the arrangement between minerals and the organic matrix is simply represented by the  
60 modification of the staggered model [1, 4] as shown by Gupta et al [9], then the elastic modulus of  
bone is given by

$$E = (1 - \Phi) E_{\text{matrix}} + \Phi E_{\text{mineral}} \left( 1 + \frac{4(1 - \Phi) D^2 E_{\text{mineral}}}{\Phi L^2 G_{\text{matrix}}} \right)^{-1} \quad \text{Equation (1)}$$

$$\text{and } G_{\text{matrix}} = \frac{E_{\text{matrix}}}{2(1 + \nu_{\text{matrix}})}$$

where  $\Phi$  is the volume fraction of the mineral phase (hydroxyapatite),  $E_{\text{matrix}}$  and  $E_{\text{mineral}}$  are the elastic modulus of the organic phase (collagen) and of the inorganic phase (hydroxyapatite), respectively;  $D$  and  $L$  are the mineral thickness and length, respectively; and  $\nu_{\text{matrix}}$  is the Poisson ratio of the organic matrix (collagen).

$E_{\text{mineral}}$  is assumed to remain unchanged as it is a measure of the intrinsic modulus of the apatite component as demineralization is prevented.

By differentiating this equation with respect to  $E_{\text{matrix}}$  and  $\phi$  and rearranging it, a relation between the relative change of total elastic modulus and the necessary relative change in elastic modulus of the matrix and the volume fraction can be obtained,

$$dE = \left[ \frac{\phi^2 \beta}{\left( \frac{E_{\text{mineral}}}{E_{\text{matrix}}} + \beta \right)^2} + (1 - \phi) \right] dE_{\text{matrix}} + \left[ E_{\text{matrix}} + E_{\text{mineral}} \left( 1 + \frac{4(1 - \phi)(D/L)^2 E_{\text{mineral}}}{\phi G_{\text{matrix}}} \right) \frac{16(D/L)^4 E_{\text{mineral}}^2}{\phi^2 G_{\text{matrix}}^2} \right] d\phi$$

Equation (2)

$$\text{where } \beta = \frac{8(1 - \Phi)(1 + \nu_{\text{matrix}}) D^2}{\Phi L^2}$$

If it is assumed that  $D/L$  (aspect ratio of the mineral platelets) = 0.03, assuming that  $E$  of the mineral phase is 100 GPa and unaffected by moisture and demineralization is prevented by HBSS and using a Poisson ratio for the organic phase of 0.25 [1, 39], and considering only elastic

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2 deformations are involved in the differences between wet and dry measurements, then  $dE$  may be  
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4 estimated from the above equations. Then,  
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$$dE, \text{GPa} \approx 0,5dE_{\text{matrix}} + 175d\phi, \text{Equation (3)}$$

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14 Most of the water present will fill the osteons and the remaining water will produce a change  
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16 of the lateral packing of the collagen molecules of 1,5 nm in the wet state and 1,1 nm in the dry [40,  
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18 41], respectively. The above leads to an average mineral volume fraction in fibrils of  $\phi \approx 0.43$  in  
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20 fully mineralized cortical bone and  $\phi \approx 0.56$  as the upper possible limit [1]. Therefore,  $d\phi$  is equal to  
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24 0,13.  
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29 Since other phenomenological studies were not found in the literature on the effect of  
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31 demineralisation on the response of the organic phase of compact bone, and due to the similar  
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33 composition of dentine and bone, dentine literature has been drawn upon for the discussion. Based  
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35 thus on [42-45],  $E_{\text{matrix}}$  of the wet demineralised matrix was chosen equal to 10-40 MPa.  
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42 Therefore, when the difference of  $E$  in the BL orientation between wet and dry conditions is  
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44 40%, it is equivalent to a change in the elastic modulus of the organic matrix in bone,  $dE_{\text{matrix}}$ , of  $\approx$   
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46 -65 GPa; according to Equation (2). The above leads to a  $E_{\text{matrix, dry}} = 75$  to 105 GPa, i.e. a change of  
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48 3 to 8 times of the  $E_{\text{matrix, wet}}$ .  
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53 Where may this change in elastic modulus of the organic phase come from? Water is known  
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55 to plasticize collagen as it is the strongest known hydrogen bonding solvent, and together with its  
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57 high molar concentration (55 mol/l) prevents H-bonds forming between peptides of adjacent triple  
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59 helices leading to a more compliant structure [46]. When drying, the absence of water molecules  
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leaving free peptides bonds is the driving force to create new bonds between the peptide chains



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2 which are known to be stronger than the H-bond with water. This interpretation is supported by the  
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4 observation of shrinkage of the structure upon drying [47]  
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9 The fact that the wet measurements present higher penetration depths than their dry counter  
10 parts suggests a higher compliance for the former condition. Indenting bone may contribute to  
11 wedging open and breaking the weak bonds present while using HBSS due to the imposed tensile  
12 stresses, thereby increasing the measured penetration depths and resulting in a more compliant  
13 structure. Mullins and co-workers [48] found that for Berkovich, Vickers and cube corner indenters,  
14 only the latter generated cracks in their bovine compact bone samples (The effective half cone angle  
15 of cube corner indenters is  $42.28^\circ$ , which is close to the  $45^\circ$  half cone angle indenter used in the  
16 present work). Upon removal of the load the bonds are restored as observed with the higher  
17 viscoelastic recovery of the wet condition. The fluid environment may contribute to a higher  
18 mobility of short range bonding between neighbour collagen chain groups and, hence faster  
19 restoration of the structure. In the presence of water it seems the structure tends to form a more well  
20 ordered arrangement [49-51]. This explanation also agrees with the proposed sacrificial bond theory  
21 as found in bone [8, 52].  
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42 The indentation strain is the same for the case of the dry measurements; however, the  
43 reduction in water content with the consequent increment of stronger peptide bonds (which are  
44 more difficult to shear) between collagen triple helices, shrinkage of the structure and the resultant  
45 compressive state leads to a stiffer structure reflected in the lower penetration depth measured under  
46 this condition.  
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## 53 **6. Conclusions**

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58 (1) The fitting  $m$  parameter for the unloading indentation data for determination of the E modulus  
59 using the Oliver and Pharr method [23] must be checked and corrected in order to evaluate  
60 adequately wet data of calcified tissues such as bone.

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- (2) Deep freezing the samples for at least 12 h immersed in HBSS does not damage the structure as indicated by no change of the indentation moduli of the samples. Further studies investigating the dependence of the freezing times and cycles are warranted.
  - (3) The measured 20% anisotropy between BL and BT orientation may be explained by the inherent arrangement of the constituents. The influence of the viscous properties of the organic phase may generate different deformation mechanisms during nanoindentation, and therefore modify the anisotropy ratio.
  - (4) The measured 40 % difference in indentation modulus between wet and dry samples may be explained by a marked change in the elastic properties of the organic matrix.
  - (5) The change in the indentation modulus of the matrix with the chosen environment may be explained by the replacement and/or formation of inter-peptide bonds during hydration/dehydration.

## 17 7. Acknowledgement

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Financial aid through EC Contract No MEST-CT-2004-504465, „Marie Curie Host Fellowships for Early Stage Research Training”, is gratefully acknowledged. Griselda Guidoni wants to thank Dr. Himadri Gupta and Prof Peter Fratzl from Max Planck Institute of Colloids and Interfaces in Golm, Germany, for the discussions and literature given. Griselda Guidoni also kindly acknowledged Dr Markus Lengauer for the discussions and mechanical simulations provided.

## 27 8. References

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3 **Table**  
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6 Table 1. Visco-elastic and elastic parameter obtained from the analysis of the individual load-  
7 displacement curves. The data are the average value followed by their standard deviation.

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	BLW	BTW	BLD	BTD	BLFR	BTFR
<b>Creep rate (unloading), nm/s</b>	0.09 ± 0.2	0.09 ± 0.04	0.02 ± 0.05	0.11 ± 0.11	0.06 ± 0.05	0.33 ± 0.27
<b>Creep distance</b>	<b>69 ± 10</b>	<b>73 ± 14</b>	<b>46 ± 10</b>	<b>66 ± 13</b>	<b>75 ± 10</b>	<b>95 ± 17</b>
<b>Penetration during unloading</b>	<b>107 ± 7</b>	<b>157 ± 43</b>	<b>76 ± 6</b>	<b>101 ± 5</b>	<b>99 ± 7</b>	<b>153 ± 14</b>
<b>Recovery, nm</b>	<b>21 ± 8</b>	<b>33 ± 3</b>	<b>15 ± 3</b>	<b>17 ± 7</b>	<b>22 ± 3</b>	<b>29 ± 8</b>
<b>E, GPa m = variable</b>	<b>23 ± 3 (2.71 ± 0.32)</b>	<b>16 ± 1 (3.25 ± 0.25)</b>	<b>32 ± 3 (2.20 ± 0.20)</b>	<b>25 ± 2 (2.52 ± 0.22)</b>	<b>24 ± 2 (2.84 ± 0.27)</b>	<b>16 ± 2 (3.06 ± 0.40)</b>
<b>E, GPa m = 2</b>	<b>23 ± 4</b>	<b>20 ± 3</b>	<b>32 ± 3</b>	<b>27 ± 3</b>	<b>27 ± 3</b>	<b>20 ± 4</b>
<b>E creep, GPa m = 2</b>	<b>23 ± 4</b>	<b>19 ± 3</b>	<b>32 ± 2</b>	<b>26 ± 3</b>	<b>26 ± 3</b>	<b>19 ± 4</b>
<b>E, GPa ν = 0.3</b>	<b>21</b>	<b>17</b>	<b>30</b>	<b>24</b>	<b>24</b>	<b>18</b>

25 **Creep rate (unloading):** obtained by differentiating the exponential fitting of the first holding period in a  
26 displacement-time curve and calculating it at the onset of unloading.

27 **Creep distance:** average (creep) penetration during the first holding period (5mN, 60s).

28 **Penetration during unloading:** penetration depth during the first partial unloading period (0.4 mN/s, 10s).

29 **Recovery:** average viscoelastic recovery depth during the second holding period (1mN, 20s).

30 **E (m = variable):** indentation modulus calculated using the Triboscope software. Between brackets the m values  
31 followed by their standard deviations are found.

32 **E (m = 2):** indentation modulus calculated by manually fitting the unloading curves fixing m = 2.

33 **E creep (m = 2):** indentation modulus having corrected viscoelastic creep at maximum load.

34 **E (ν = 0.3):** elastic modulus of bone considering ν = 0.3 and correcting the compliance of the indenter.  
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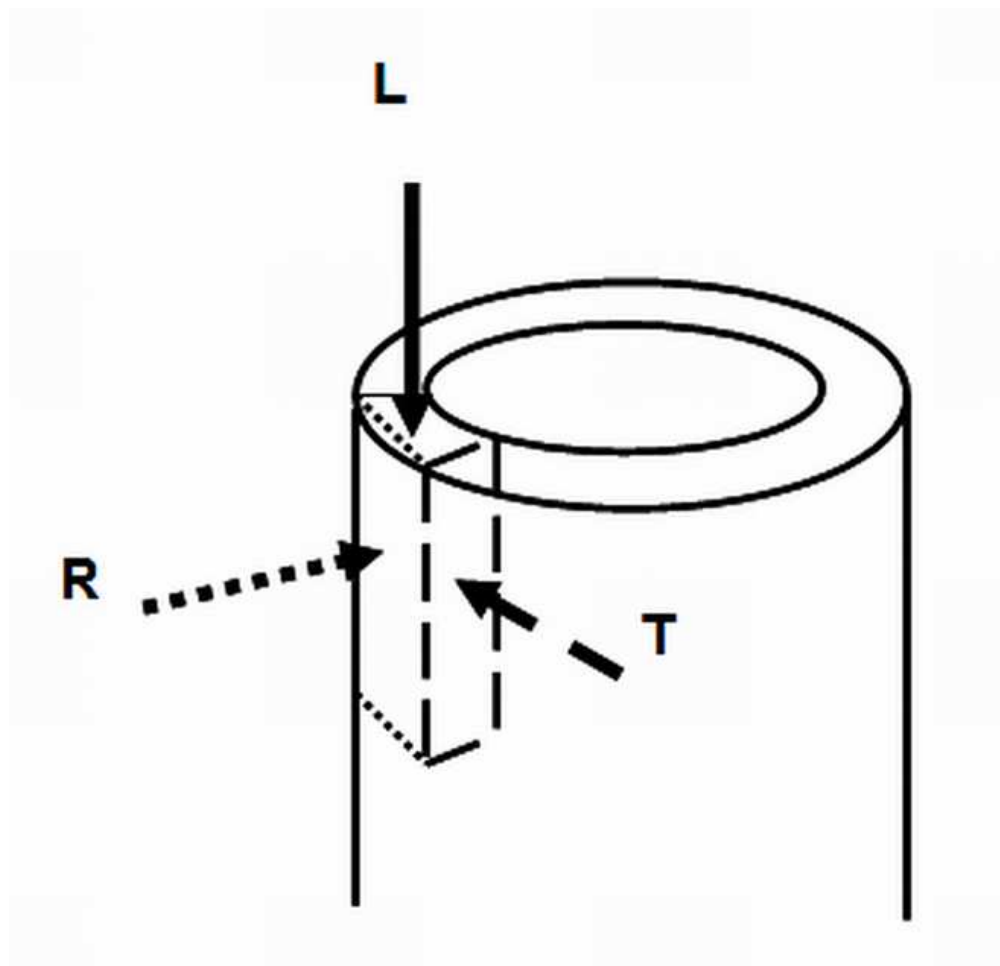
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7 Figure 1. Schematic showing the three different defined orientations in the long compact bone  
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11 Figure 2. Imaging taken using the scanning mode of the nanoindenter device. Two osteons can be  
12 observed in the lower part of the image. A group of 5 imprints are observed in one of the lamella.  
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15 Figure 3. Load-displacement curves of each individual test of the BL sample under the three  
16 different tested conditions: W, wet (under HBSS); D, dry and; FR (W) tested wet at room  
17 temperature although stored under frozen (HBSS) fluid at -15°C.  
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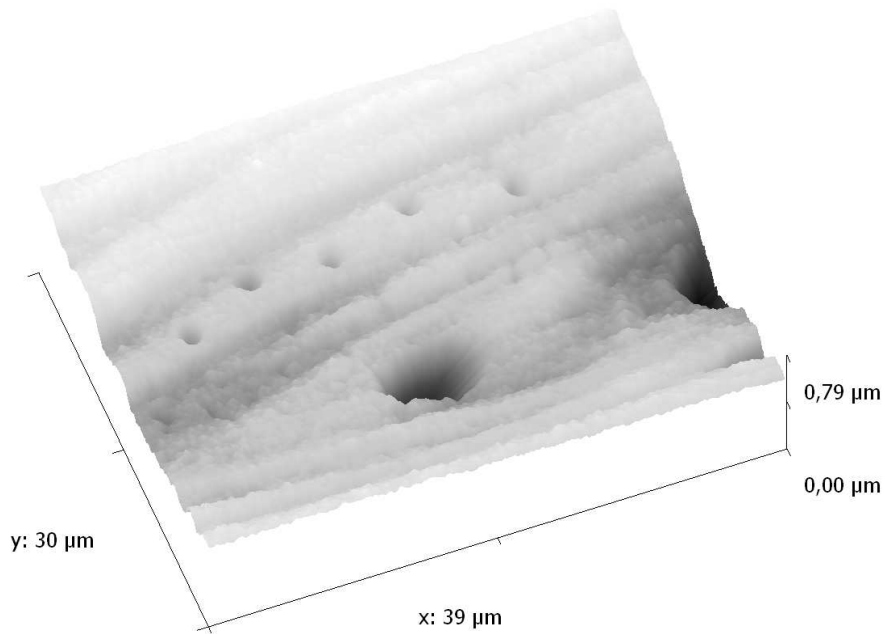
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Schematic showing the three different defined orientations in the long compact bone tested.  
27x26mm (600 x 600 DPI)

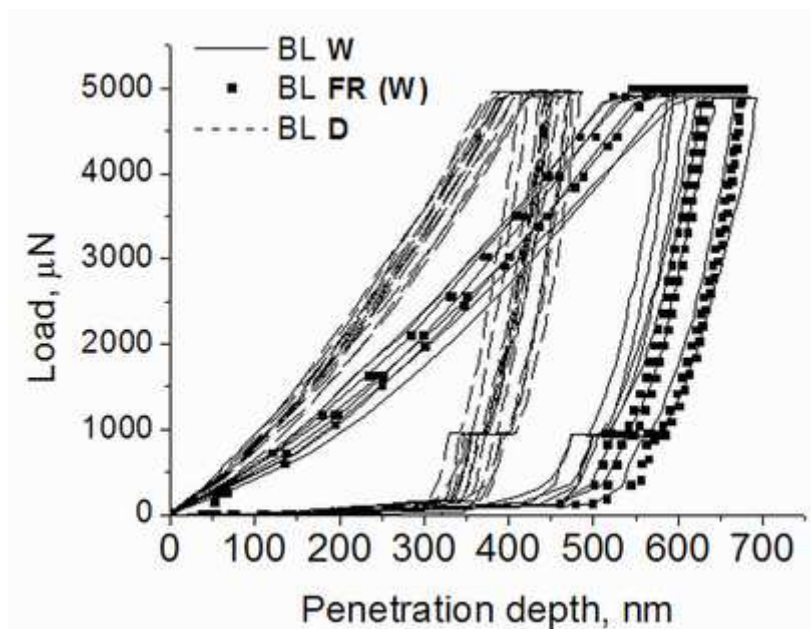
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Imaging taken using the scanning mode of the nanoindenter device. Two osteons can be observed in the lower part of the image. A group of 5 imprints can be observed in one of the lamella.  
436x341mm (72 x 72 DPI)

www Only



Load-displacement curves of each individual test of the BL sample under the three different tested conditions: W, wet (under HBSS); D, dry and; FR (W) tested wet at room temperature although stored under frozen (HBSS) fluid at  $-15^{\circ}\text{C}$ .  
17x13mm (600 x 600 DPI)