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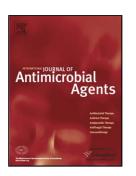
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New penicillin susceptibility breakpoints for *Streptococcus pneumoniae* and their effects on susceptibility categorisation in Germany (1992–2008)

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Abstract

Continuous nationwide surveillance of invasive pneumococcal disease (IPD) has been conducted in Germany. From 1992–2008, 12 137 IPD isolates were collected, including 2201 isolates (18.1%) from patients with meningitis and 9936 isolates (81.9%) from nonmeningitis cases. Data on penicillin susceptibility were available for 11 814 invasive isolates. Categorisation of penicillin susceptibility according to the former Clinical and Laboratory Standards Institute (CLSI) guidelines resulted in 4.3% intermediate and 1.2% resistant isolates. When the new CLSI 2008 guidelines are applied, considerably higher resistance rates are observed in the meningitis group (6.5% resistant) than among the non-meningitis cases (0.0% resistant, 0.3% intermediate).



1. Introduction

Streptococcus pneumoniae is a leading pathogen in bacterial pneumonia, sepsis and meningitis worldwide [1]. Penicillin is still the preferred antimicrobial agent for susceptible *S. pneumoniae* infections. In January 2008, new breakpoints were published by the Clinical and Laboratory Standards Institute (CLSI) to be used for defining penicillin non-susceptibility of invasive isolates.

The former breakpoints for penicillin were based on concentrations that could be reached in cerebrospinal fluid and the minimum inhibitory concentration (MIC) considered necessary for successful treatment. The new breakpoints are the result of accumulated evidence for successful treatment of patients with pneumococcal infections, even when the isolates showed reduced susceptibility in vitro [2].

Under the former criteria, susceptible, intermediate and resistant breakpoints (MICs) for penicillin were ≤ 0.06 , 0.12-1 and $\geq 2 \mu g/mL$, irrespective of clinical syndrome, route of penicillin administration or point of origin of the pneumococcal isolate. These breakpoints remain unchanged for patients treated with oral penicillin in the new guidelines [2]. Furthermore, according to the new guidelines [2] different breakpoints for parenteral use of penicillin with regard to meningitis and non-meningitis cases have to be applied. In non-meningitis cases the new breakpoints are ≤ 2 , 4 and $\geq 8 \mu g/mL$, respectively. For meningitis cases no intermediate category exists; isolates are categorised as susceptible ($\leq 0.06 \mu g/mL$) or resistant ($\geq 0.12 \mu g/mL$) (Table 1).

The aim of this study was to evaluate penicillin susceptibility of all *S. pneumoniae* isolates from invasive pneumococcal disease (IPD) sent to the German National Reference Center for Streptococci (NRCS) between 1992 and 2008 and to evaluate potential differences in susceptibility categorisation when applying the new [2] and old CLSI guidelines, respectively.

2. Materials and methods

2.1. Study design

The NRCS has carried out surveillance for IPD in Germany since 1992. In the current study, a population- and laboratory-based approach was used to collect data regarding IPD in Germany. Isolates were sent to the NRCS by diagnostic microbiology laboratories throughout Germany on a voluntary basis. Cases from 1 January 1992 to 31 December 2008 were included in this study. A case of IPD was defined by the isolation of *S. pneumoniae* from a normally sterile site. In cases of unclear invasiveness, samples were considered to represent invasive disease only after a review of all available laboratory information, specimen type, physician's specialty and comments on request forms.

2.2. Microbiological investigations

Isolates were identified by standard procedures, including bile solubility and optochin sensitivity. MIC testing was performed using the broth microdilution method as recommended by the CLSI and amended from time to time [2]. *Streptococcus pneumoniae* ATCC 49619 was used as a control strain.

3. Results

A total of 12 137 isolates from IPD was collected between 1 January 1992 and 31 December 2008. The number of cases for each epidemiological year (1 July to 30 June) varied between 225 cases and 1979 cases (mean 656.3 cases). In total, 2201 isolates (18.1%) originated from patients with meningitis and 9936 isolates (81.9%) were from non-meningitis cases. Data regarding penicillin susceptibility were available for 11 814 isolates.

According to the former CLSI guidelines, overall 4.3% of isolates were intermediate and 1.2% were resistant to penicillin. When the isolates were classified into meningitis and non-meningitis cases, which is not indicated by the former guidelines, a slightly higher rate of non-susceptibility was observed among the meningitis cases (5.5% intermediate, 1.0% resistant) than the non-meningitis group (4.1% intermediate, 1.2% resistant). When the new CLSI guidelines are applied, higher resistance rates are detected in the meningitis

group (6.5% resistant) than among the non-meningitis cases (0.0% resistant, 0.3% intermediate). When summing up resistance rates from the meningitis and non-meningitis groups, overall 0.2% of all isolates are intermediate and 1.2% are resistant to penicillin.

The percentage of all invasive isolates susceptible at 0.06, 1, 2 and 4 µg/mL is shown in Fig. 1, and MICs are illustrated in Fig. 2.

4. Discussion

In this paper, we present the results of 17 years of surveillance regarding penicillin susceptibility of IPD in Germany. Whilst the prevalence of antibiotic-resistant *S. pneumoniae* continues to increase worldwide [3,4], in Europe high resistance rates for penicillin have been reported from France, Spain and Eastern European countries. Germany and the Northern European countries are affected to a lesser extent [5]. All isolates associated with meningitis that were formerly categorised as intermediate are now categorised as resistant under the new CLSI guidelines, leading to higher resistance rates. In contrast, considerably lower resistance rates result for non-meningitis cases. Similar data have been published recently from the USA on the basis of a higher underlying level of resistance [6].

Finally, application of the new guidelines results in a lower overall rate of penicillin-resistant pneumococcal isolates owing to the numerical predominance of non-meningitis cases. This should be kept in mind when interpreting surveillance studies on pneumococcal penicillin resistance.

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Competing interests: RRR has acted as an advisor for GSK, Wyeth and Aventis Pasteur MSD; since 2007 he is an employee at Wyeth Vaccines Research.

Ethical approval: Not required; epidemiological study.

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Table 1

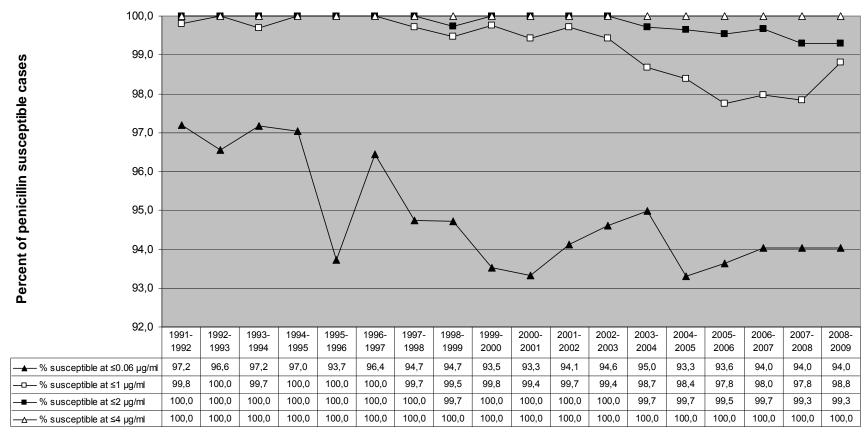
Clinical and Laboratory Standards Institute (CLSI) breakpoints for Streptococcus pneumoniae

	Susceptible (μ g/mL)	Intermediate (µg/mL)	Resistant (µg/mL)			
Pre-2008 penicillin interpretations for S. pneumoniae						
	≤0.06	0.12–1 ^a	≥2			
2008 and 2009 penicillin interpretations for <i>S. pneumoniae</i>						
Parenteral, non-meningitis	≤2	4	≥8			
Parenteral, meningitis	≤0.06	_	≥0.12			
Oral	≤0.06	0.12–1	≥2			

^a High doses of intravenous penicillin (e.g. ≥2 million units every 4 h in adults with normal renal function) are effective in treating

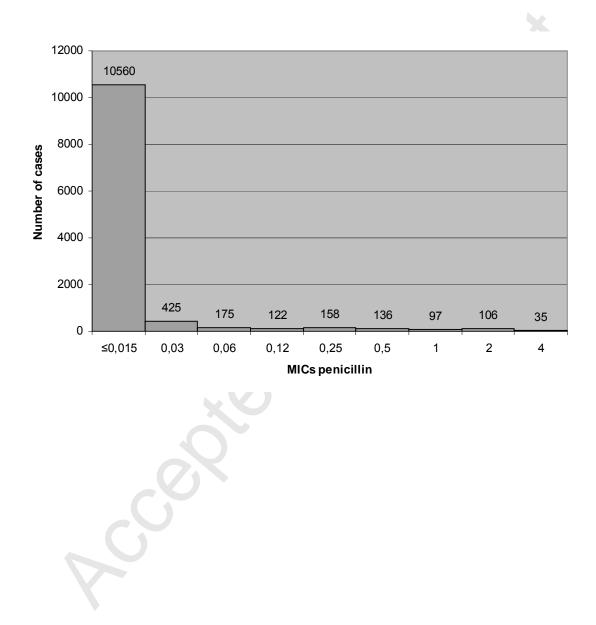
pneumococcal pneumonia due to strains in the intermediate category.

Fig. 1. Percentage of isolates susceptible at 0.06, 1, 2 and 4 μ g/mL of all invasive isolates, 1992–2008 (*n* = 11 814).



Epidemiological years

Fig. 2. Minimum inhibitory concentrations (MICs) of all invasive isolates, 1992–2008 (n = 11814).



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