

How much Vascular Disease is reported by the UK Media?

James Matthew Lloyd Williamson, David Hocken

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How much Vascular Disease is reported by the UK Media?

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 Letter to editor

Dear Sir,

We wonder if a new policy of media advocacy could be undertaken by health care professionals to enhance the reportage of vascular disease. Medical issues covered by print media must be generally 'newsworthy' – perhaps related to innovations, celebrities and world events. While newspapers are not primarily involved in health education, they may have an indirect role in how these issues are perceived [1-2]. Medical coverage may not be very in-depth, but is usually in an easily comprehendible format, written at an appropriate reading age for their readers [2].

Vascular disease is highly prevalent, with large numbers of people affected directly or indirectly. Vascular risk factors are the focus of sustained health promotion and political coverage, while recent medical innovations (e.g. Endovascular therapy) and celebrity illness (e.g. US Senator Bob Dole diagnosed with an abdominal aortic aneurysm in 1998) have received widespread reportage.

In order to estimate the reportage of vascular disease in the UK the top 10 newspapers were assessed for ten vascular terms (claudication, aneurysm, angioplasty, DVT, leg ulcers, vascular disease, amputation, blocked arteries, varicose veins and bypass surgery) over a 5-year period (via their on-line articles search facilities)[3]. 5713 articles were present (mean 10 articles per newspaper per month); the commonest terms were "Amputation" (1252)

 articles, 22%) and "Bypass Surgery" (1072 articles, 19%). The least number of articles related to "Claudication" (17 articles, 0.3%). Tabloid newspapers (which represent 31.5% of the daily UK circulation) reported 1266 vascular articles (22% total), while Broadsheet newspapers (9.7% UK circulation) reported 4447 articles (78% total)[3-4]. While there is some overlap with the search terms, this gives an estimate to the amount of coverage vascular disease receives in the media. As it was not possible to assess the content of each individual article, we are unsure if there is a genuine prevalence of certain terms in the media, or if they are secondary to world events (such as traumatic amputation in areas of conflict).

We are not sure how much reportage of vascular disease should exist in the media, but "any publicity is good publicity". If 6% of the population is directly affected by peripheral vascular disease, should 6% of all newspaper articles on health relate to this condition? At present we suspect that this level of reportage falls far below this. The print media coverage should be consistent, fair and relevant [5].

Health professionals, in conjunction with public health officials and journalists could form a partnership to ensure a co-ordinated approach in how relevant medical information is presented to the print media. This collaboration would ensure better dissemination of patient education to the population and hopefully enhance the background knowledge of common medical conditions. This new strategy would exist in conjunction with the presentation of medical information by traditional means (consultations and patient information

leaflets) and utilise a newspaper's own writing style and format to ensure optimal uptake by readership [6]. We agree with previous hypotheses that "The media may be the most important health information source available to the general population" and thus we are keen to ensure that health professionals can influence this resource [7].

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