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Foot pad dermatitis in growing turkeys is associated with cytokine and cellular changes indicative of an inflammatory immune response

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Short title: Inflammatory responses in foot pad dermatitis

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Abstract

Cell and cytokine responses during the development of foot pad dermatitis (FPD) in growing turkeys were studied in a model system. The objective was to evaluate the hypothesis that FPD is an allergic response to the environmental materials. Hybrid female turkeys at 28 days of age were exposed to wet litter for 48 hours in a randomised block experiment. Expression levels of pro-inflammatory (IL-1 β , IL-6, and CXCLi2) and signature Th1 (IFN- γ), Th2 (IL-13) and Treg (IL-10) cytokines were measured in the foot pad tissues using real-time quantitative RT-PCR. Sections of foot pad tissue were stained for CD4⁺ and CD8⁺ T lymphocytes, B lymphocytes and macrophages using antibodies which specifically recognise the relevant cell types in the turkey. In the footpads of birds suffering from FPD, there were large fold increases in mRNA expression levels for the pro-inflammatory cytokines IL-1 β (+ 635), IL-6 (+ 65), and CXCLi2 (+ 1924), and IFN- γ (+ 32) whereas there was only a small increase in IL-13 mRNA (+ 2) and no change in IL-10 mRNA expression levels. CD4⁺ and CD8⁺ T lymphocytes were present in the footpads of more than 90 % of birds housed on wet litter compared with 25 % or less on dry litter. Macrophages were observed in the footpads of approximately 85 % of birds housed on wet litter compared with none in birds housed on

dry litter. B lymphocytes were not detected in tissue from any of the birds. The data suggest that FPD is associated with a rapidly occurring inflammatory response, rather than a Th2-mediated allergic reaction.

Introduction

Foot pad dermatitis (FPD) is very common in flocks of growing turkeys and is a potential welfare and economic problem in intensive production systems. FPD develops rapidly in commercial flocks where fully developed lesions occur by 3 weeks of age and from 6 weeks lesions simply increase in size (Mayne *et al.*, 2006; Mayne *et al.*, 2007a). FPD is associated with redness, swelling and tissue necrosis and may also be accompanied by pain (Martland, 1984, 1985; Mayne, 2005; Mayne *et al.*, 2007b). Histopathologically, FPD is associated with massive increases in heterophils and macrophages and the loss of surface keratin (Mayne *et al.*, 2006)

We have developed a simple model for inducing FPD in turkeys that consists of exposing 6 birds at 28 days of age to clean wet wood shavings in large floor pens for 6 to 8 days (Mayne *et al.*, 2007b). We have also shown that the presence of excreta is not necessary for the development of FDP and that wet litter alone causes similarly severe lesions as wet dirty litter (Mayne *et al.*, 2007b). The rate of progression and extent of lesions are variable both within and between different experiments but external signs of FPD are evident as soon as 24 hours after initial exposure. Similar responses to those on wood shavings litter were obtained with paper and cardboard litters, and FPD was worse in birds housed on long barley straw, suggesting that any putative causal factor is not specific to wood shavings (Mayne *et al.*, 2007b). What is not clear is whether FPD in this model represents an inflammatory immune response or an allergic reaction to an environmental stimulus.

Inflammatory responses are driven by pro-inflammatory cytokines and chemokines (typically IL-1β, IL-6 and IL-8) produced mainly by macrophages. The cytokines cause

dilation of local small blood vessels and changes in the endothelial cells lining their walls. This leads to the extravasation of leukocytes, initially heterophils and monocytes, but followed by T and B lymphocytes, into the inflamed tissue, guided by the chemokines produced by the activated macrophages. Plasma proteins and fluids also leak into the tissues as the blood vessels become more permeable. In mammals, dermatitis is typically caused by an inflammatory response, although allergic dermatitis is caused by a Th2 cytokine-driven immunological reaction following previous exposure (sensitisation) to an allergen.

Cytokines and chemokines are soluble chemical messengers that regulate all aspects of immune responses. Measurement of the change in levels of specific cytokines can be indicative of the level of inflammation and potential tissue damage. $CD4^+$ T lymphocytes are helper cells (Th) that, through the production of specific cytokine subsets, drive either inflammatory, cell-mediated immune responses (Th1, for which the signature cytokine is IFN- γ) or humoral (allergic) immune responses (Th2, for which the signature cytokines are IL-4 and IL-13) or act as regulatory cells (Treg, for which the signature cytokines are IL-10 and TGF- β 1).

We recently characterised the chicken genome's full complement of cytokines and chemokines (Kaiser *et al.*, 2005). The chicken genome encodes orthologues of mammalian IL-1 β , IL-6, IFN- γ , IL-4, IL-13, IL-10 and TGF- β 1 (called TGF- β 4 in the chicken). However, it has a different repertoire of pro-inflammatory chemokines, for which we proposed a simple nomenclature until their biological functions and ligand-receptor relationships are better characterised. For example, in human IL-8 is a single copy gene. By contrast, the chicken genome contains two genes, CXCLi1 (K60: Sick *et al.*, 2000) and CXCLi2 ((IL-8/CAF: Martins-Green and Feugate 1998; Kaiser *et al.*, 1999), both of which

have high identity with human IL-8 and share similar biological properties. We have also cloned many of these cytokines and chemokines, and developed reagents to them, to measure their expression in the turkey (Lawson *et al.*, 2001/ F. Powell, M. Clarkson and P. Kaiser, unpublished results).

The hypothesis tested in this experiment was that the reaction to wet litter in FPD was caused by an allergy rather than an inflammatory response. Cellular and cytokine responses were evaluated in foot pad tissue from turkeys that were housed on wet or dry wood shavings litter for 48 h. Immunohistochemistry of turkey foot pad sections was carried out to identify $CD4^+$ and $CD8^+$ T lymphocytes, macrophages and B lymphocytes and the expression of proinflammatory (IL-1 β , IL-6, and CXCLi2), signature Th1 (IFN- γ), Th2 (IL-13) and Treg (IL-10) cytokines was measured using real-time quantitative RT-PCR.

Materials and Methods

Birds and husbandry. 72 newly-hatched female T8 Large White Broad Breasted turkeys (British United Turkeys, Chester, UK) were obtained from a commercial hatchery. The birds were housed in a single large pen for 7 days and then distributed equally to 12 pens measuring 2m by 3m. The pens were littered with clean white wood shavings that had been polythene wrapped by the suppliers but had not been sterilised. Excreta were removed from all pens daily to maintain clean litter. Each pen contained a hanging bell drinker, a feeder and a suspended heat lamp. The air temperature was maintained at 28 °C by controlled ventilation and heating. The daily photoperiod was 14 hours of light with 10 hours of darkness and light

intensity was 20 lux throughout the experiment.

Experimental treatments. Starting at 28 days, approximately 10 l of tap water was added to the litter of 6 pens to achieve a litter score of at least 4 on the Tucker and Walker (1999) scale. After 24 hours a further 5 l were applied to the wet pens and excreta and soiled litter were removed. The remaining 6 pens were kept dry (score 1) and clean by removing excreta and soiled litter.

Observations. At 48 hours post-treatment all turkeys were assessed for FPD and assigned an external foot pad score on a 7-point scale (Mayne *et al.*, 2007b). Three birds, two for the experiments and one as a back-up, were randomly selected from each pen and killed with an overdose of sodium pentabarbitone and the remaining birds were used for another experiment (Mayne *et al.*, 2007b). The dissecting table, instruments and gloves were cleaned with RNAzap (Ambion, Cambridgeshire, UK) and these procedures was repeated between bird dissections. The skin of the foot pad was removed and cut into 2 pieces. One small piece (approximately 5 mm x 5 mm) was placed on a round cork tile (20 mm x 3 mm), covered in OTC (BDH Laboratory Supplies, Dorset, UK), snap-frozen in liquid nitrogen and placed in a zip-lock bag in liquid nitrogen until it could be stored in a -80 °C freezer. The second part of the skin of the foot pad was stored in RNAlater (Ambion, Cambridgeshire, UK) in a sterile 15 ml centrifuge tube and kept on ice until being transferred to a refrigerator at 4°C.

Preparation of tissue sections. Sections, 6 µm thick, were cut from the frozen tissue and cork blocks in a Leica CM 1900 cryostat (Leica Microsystems, Wetzlar, Germany) and

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mounted on slides. After fixation in ice-cold acetone for 10 min, they were air-dried and then stored at -80 °C until used.

Immunohistochemistry. Processed sections were circled with a hydrophobic pen and allowed to dry for 2 min. Foot pad sections were rehydrated with 200 μ l of PBS pipetted onto each sample and left for 5 min. Processed sections were stained using a Vectastain ABC α -mouse IgG HPR staining kit (Vector Laboratories, Burlingham, CA, USA), following the manufacturer's instructions. Staining for the different cells used the following murine antichicken antibodies, previously demonstrated to cross-react with the equivalent turkey cells (Lawson et al., 2001): CD4+ (AV29; 1:5 dilution), CD8+ (11-39, 1:5), macrophage (KuL01,1:500) and B lymphocytes (AV10, 1:5). NovaRed (200 μ l) was pipetted onto each sample and left for 30 s to 3 min depending on the colour intensity required (Vector NovaRED substrate kit SK-4800, Vector Laboratories, Burlingham, CA, USA). Slides were allowed to dry overnight before mounting with a cover slip using Surgipath Clearium Mounting Medium (Surgipath, Illinois, USA). Slides stained for specific cell types, and foot pad sections stained with haematoxylin and eosin, were examined under a light microscope and samples with positive staining were recorded.

RNA extraction and real-time quantitative RT-PCR. Approximately 30 mg foot pad tissue was homogenised in 600 µl lysis buffer (RLT, Qiagen, Crawley, UK) using a bead mill (Retsch MM300, Retsch UK Ltd, Leeds, UK). Complete disruption of tissue was ensured by using a QIAshredder (Qiagen, Crawley, UK) following the manufacturer's instructions. Total RNA was prepared from the homogenised tissues using an RNeasy mini kit (Qiagen,

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Crawley, UK), again following the manufacturer's instructions. Purified RNA was eluted in $50 \mu l$ RNase-free water and stored at -70 °C.

Cytokine and chemokine mRNA levels in foot pad tissues were quantified using previously described method (Kaiser *et al.*, 2000; Kaiser *et al.*, 2003; Kogut *et al.*, 2003a; Kogut *et al.*, 2003b; Peters *et al.*, 2003; Sijben *et al.*, 2003). Turkey IFN- γ had been cloned previously (Lawson *et al.*, 2001). The remaining turkey cytokine and chemokine cDNAs (except IL-6) were cloned and sequenced (F. Powell and P. Kaiser, unpublished). For IL-1 β , IL-6 and the housekeeping gene 28S the previously described chicken primer-probe sets could be used. For others (CXCLi2, IL-10 and IL-13) turkey-specific primer-probe sets were developed.

Primers and probes were designed using the Primer Express software program (Applied Biosystems, Foster City, CA) and details are given in Table 1. For all cytokines and chemokines, either a primer or probe was designed, from the sequence of the relevant genes, to lie across intron:exon boundaries. All probes were labelled with the fluorescent reporter dye 5-carboxyfluorescein (FAM) at the 5' end and the quencher N, N, N, N'-tetramethyl-6-carboxyrhodamine (TAMRA) at the 3' end.

Real-time quantitative RT-PCR was performed using the Reverse Transcriptase qPCR Master Mix RT-PCR kit (Eurogentec, Seraing, Belgium). Amplification and detection of specific products were performed using the ABI PRISM 7700 Sequence Detection System (Applied Biosystems) with the following cycle profile: one cycle of 50 °C for 2 minutes, 60 °C for 30 minutes, and 95 °C for 5 minutes, and 40 cycles of 94 °C for 20 seconds, 59 °C for 1 minute. Quantification was based on the increased fluorescence detected due to hydrolysis of the target-specific probes by the 5'-exonuclease activity of the *rTth* DNA polymerase during PCR amplification. The passive reference dye 6-carboxy-c-rhodamine, which is not

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involved in amplification, was used for normalization of the reporter signal. Results are expressed in terms of the threshold cycle value (Ct), the cycle at which the change in the reporter dye passes a significance threshold (ΔR_n).

To account for variation in sampling and RNA preparation, the Ct values for cytokine- or chemokines-specific product for each sample were standardised using the Ct value of 28S rRNA product for the same sample. To normalise RNA levels between samples within an experiment, the mean Ct value for 28S rRNA-specific product was calculated by pooling values from all samples in that experiment. Tube to tube variations in 28S rRNA log₁₀ dilution series regression line was used to calculate differences in input total RNA. Using the slopes of the respective cytokine, chemokine or 28S rRNA log₁₀ dilution series regression line, the difference in input total RNA, as represented by the 28S rRNA, was then used to adjust cytokine- and chemokine-specific Ct values, as follows: Corrected Ct value = Ct + (Nt-Ct')* S/S' where Ct = mean sample Ct, Nt = experimental 28S mean, Ct'= mean 28S of sample, S = cytokine or chemokine slope, S'= 28S slope. Results were expressed as 40-Ct values and each sample was assayed in triplicate.

Statistical analysis. The experiment was a randomised block design with 2 blocks of 6 pens and 2 treatments (wet and dry litter). External foot pad scores were analysed with a one-way ANOVA of pen means (n=3). Cellular responses were compared by maximum likelihood χ^2 of the number of birds with or without positive staining in the two treatments (n=12). Results for qRT-PCR were analysed using a split plot ANOVA of pen means (n=2).

Results

Mean external scores of FPD of turkeys after 48 hours on wet and dry litter respectively were 6.2 and 1.2 on a 7-point scale (Mayne *et al.*, 2007b), illustrating the extent of inflammation that can be caused in a comparatively short period of time by housing birds on wet litter. Furthermore all the birds on the wet litter treatment were strongly affected: the range of external foot pad scores was 5 to 7 compared with 0 to 3 on the dry treatment.

Cell staining. Typical sections stained for macrophages, CD4⁺ and CD8⁺ T lymphocytes and B lymphocytes respectively for birds on wet and dry litter with different external footpad scores are presented in Figures 1 to 4. Positively stained cells are dark red-brown. Artefacts of processing, likely to be contaminants, were present in most sections and appeared as large black particles, greater in size and darker in colour than positively stained cells. Artefacts of processing also had an uneven edge, whilst cells were more regularly shaped. The pale brown background stain on all sections was non-specific.

Positive staining for macrophages (Figure 1) was seen in 85 % of birds (10 of 12) housed on wet litter within the uppermost layer of the epidermis just below the keratin layer (surface keratin had been lost), whereas there was no staining for macrophages in birds housed on dry litter ($\chi^2 = 21.8$, *P*<0.001). CD4⁺ T lymphocytes (Figure 2) were evident throughout the upper and lower dermis of all birds housed on wet litter compared with only 15 % (2 of 12) housed on dry litter ($\chi^2 = 15.5$, *P*<0.001). Positive staining for CD8⁺ T lymphocytes (Figure 3) was present in over 90 % of birds (11 of 12) housed on wet litter

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compared with 25 % of birds (3 of 12) housed on dry litter ($\chi^2 = 13.7$, *P*<0.001). No staining for B lymphocytes was observed in any of the sections (Figure 4).

qRT-PCR. Means, standard errors and fold changes of corrected 40-C_t values for each cytokine and chemokines are presented in Table 2. There was a significant difference (P<0.05) between the mRNA expression levels of the majority of cytokines and chemokines measured in the foot pad tissues of birds housed on wet and dry litter after 48 hours, the only exception being the Treg cytokine IL-10, for which there was no significant difference in mRNA expression levels. For the pro-inflammatory cytokines, mRNA expression levels were upregulated dramatically in foot pad tissues from birds housed on wet litter, as opposed to those housed on dry litter, from 65-fold for IL-6 to 1924-fold for CXCLi2. IFN- γ mRNA expression levels were also greatly increased (32-fold). IL-13 mRNA expression levels, although significantly different, were only increased 2-fold.

Discussion

Our primary objective was to determine whether the inflammation associated with FPD in turkeys was due to an allergic reaction to an allergen in the litter, or a classical inflammatory response. To this end, we measured cytokine mRNA expression levels, and used immunohistochemistry to identify subsets of immune cells, in the footpad tissues in a previously validated model for inducing FPD in turkeys (Mayne *et al.*, 2007b).

In previous experiments a marked inflammatory response was observed by 48 hours

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after exposure to wet litter and we chose this time point to ensure that a severe immune repose was observed and also to avoid any secondary reparative changes. Footpad tissue sections stained for specific immune cell subsets showed that birds housed on wet litter had increased levels of macrophages and CD4⁺ and CD8⁺ T lymphocytes, but no detectable B cells. Also, mRNA expression levels for the pro-inflammatory cytokines IL-1 β , IL-6 and CXCLi2 were all highly upregulated in these tissues, with CXCLi2 increasing by more than 1900-fold. Pro-inflammatory reactions commonly lead to a Th1, IFN- γ -mediated response that results in an influx of CD8⁺ cytotoxic T cells whereas only 25 % of birds housed on dry litter showed positive staining for CD8⁺ T lymphocytes. This was not unexpected, however, as naïve T lymphocytes only respond in substantial numbers to an inflammatory reaction 4-5 days post initial inflammation. For the Th signature cytokines, both IFN- γ and IL-13 mRNA expression levels were upregulated, the former by more than 30-fold, whereas IL-13 only increased 2-fold, a difference that would not normally be considered of biological significance.

In contrast to our results for macrophage staining, Igyarto et al (2006) reported that 50 % of epidermal dentritic cells were positive for the KuL01 antibody in featherless skin of 8-week-old chickens. We failed to detect macrophage cells in the footpad of birds on the dry treatment and the differences between the two data sets may be a consequence of different housing, age, tissue or species and warrant further research.

The results are consistent with the conclusion that FPD in these turkeys was a nonspecific inflammatory reaction. Although an allergic reaction, perhaps to a water-soluble antigen in the litter released when the litter was wet, could have occurred, it is unlikely that this would have happened in 48 h unless the turkeys had been previously exposed to the

allergen causing the reaction. Damp patches are inevitably present in normal dry litter and it is likely that the skin of the foot pads of these turkeys was exposed to water soluble allergens in the period before the experiment. If sensitisation to these allergens had occurred, exposure to the experimental treatment should induce a secondary allergic response in 48 hours which we did not observe: the cytokines that would be indicative of an allergic response (IL-10 and IL-13) were not recorded at high levels.

In conclusion, these data suggest that there was a rapidly occurring inflammatory response in the foot pads of birds housed on wet litter for 48 hours and that an allergic response was unlikely. Further research is required to clarify the mode of action of litter moisture in the aetiology of turkey FPD.

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Figure legends

Figure 1 Presence of macrophages in footpad tissue sections from turkeys housed on (a) dry or (b, c) wet litter for 48 h. Original magnification x 10 (a, b) or x 20 (c). External footpad scores were 0 (a) and 7 (b, c). Key: A = keratin, B = lost surface keratin, C = epidermis, D= dermis and E = positively stained cells in epidermis and dermis; Bar -100µm (a, b) or 50 µm (c).

Figure 2. Presence of $CD4^+$ T lymphocytes in footpad tissue sections from turkeys housed on (a) dry or (b, c) wet litter for 48 h. Original magnification x 10 (a, b) or x 20 (c). External footpad scores were 0 (a) and 7 (b, c). Key: A = keratin, B = lost surface keratin, C = epidermis, D = dermis and E = positively stained cells in epidermis and dermis; bar is 100 μm (a, b) or 50 μm (c).

Figure 3. Presence of $CD8^+$ T lymphocytes in footpad tissue sections from turkeys housed on (a) dry or (b, c) wet litter for 48 h. Original magnification x 10 (a, b) or x 20 (c). External footpad scores were 3 (a) and 6 (b, c). Key: A = keratin, B = lost surface keratin, C = epidermis, D = dermis and E = positively stained cells in epidermis and dermis; bar is 100µm (a, b) or 50µm (c).

Figure 4. Absence of B lymphocytes in footpad tissue sections from turkeys housed on (a) dry or (b) wet litter for 48 h. Original magnification x 10. External footpad scores were 0 (a) and 7 (b). Key: A = keratin, B = lost surface keratin, C = epidermis and D = dermis; bar is

100µm (a, b).

RNA		Probe/primer sequence	Specific	Accession	Exon	
target			for	No.	boundaries ^c	
	Probe	5'-(FAM)-AGGACCGCTACGGACCTCCACCA-(TAMRA)-3'	Chicken			
28S	F^{a}	5'-GGCGAAGCCAGAGGAAACT-3'	and	X59733	-	
	R^{b}	5'-GACGACCGATTTGCACGTC-3'	turkey			
	Probe	5'-(FAM)-CCACACTGCAGCTGGAGGAAGCC-(TAMRA)-3'	Chicken			
IL-1β	F	5'-GCTCTACATGTCGTGTGTGATGAG-3'	and	AJ245728	5/6	
	R	5'-TGTCGATGTCCCGCATGA-3'	turkey			
	Probe	5'-(FAM)-AGGAGAAATGCCTGACGAAGCTCTCCA-(TAMRA)-3'	Chicken			
IL-6	F	5'-GCTCGCCGGCTTCGA-3'	and	AJ250838	3/4	
	R	5'-GGTAGGTCTGAAAGGCGAACAG-3'	turkey			
	Probe	5'-(FAM)-CAGCTCTGTCACAAGGTAGGACCCTGGT-(TAMRA)-3'				
CXCLi2	F	5'-TGGCTCTCCTCGGTTTCA-3'	Turkey	AM493430	1/2	
	R	5'-GCAGCTCGTTCCCCATCTT-3'				
	Probe	5'-(FAM)-AAAGATATCATGGACCTGGCCAAGCTTCA-(TAMRA)-3'				
IFN-γ	F	5'-AACCTTCCTGATGGCGTGAA-3'	Turkey	AJ000725	3/4	
	R	5'-CTTGCGCTGGATTCTCAAGTC-3'				
	Probe	5'-(FAM)-TGCCAGCTGAGCACCGACAACG-(TAMRA)-3'				
IL-13	F	5'-CCTGCACGGCCAGATGA-3'	Turkey	AM493431	3/4	
	R	5'-GGCAAGAAGTTCCGCAGGTA-3'				
	Probe	5'-(FAM)-CCTGAAGATGACAATGAAGCGCTGTCA-(TAMRA)-3'				
IL-10	F	5'-CGACCTGGGCAACATGCT-3'	Turkey	AM493432	3/4	
	R	5'-CCTCTCGCAGGTGAAGAAGTG-3'				
^a Forward primer.						
^b Revers	^b Reverse primer.					

Table 1. Real-time quantitative RT-PCR probes and primers.

^cExon boundaries in the chicken gene (gene structures have not yet been determined for the turkey genes).

Table 2. Corrected cytokine 40- C_t values for foot pad tissue of turkeys raised on dry litter and exposed to dry or wet litter for 48 h at 28 d of age.

Cytokine/chemokine		Corrected 4	40-Ct value	SED	Р	Fold change ^a
		Dry litter	Wet litter			
	IL-1β	3.66	12.97	0.854	<0.001	+635
Pro-inflammatory	IL-6	7.50	10.51	1.057	0.019	+65
	CXCLi2	10.10	21.01	1.014	< 0.001	+1924
Th1	IFN-γ	1.44	6.45	0.563	< 0.001	+32
Th2	IL-13	7.43	8.52	0.262	0.002	+2
Treg	IL-10	4.02	2.51	0.780	0.086	-

^aCalculated as 2^(wet litter 40-Ct value - dry litter 40-Ct value)











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5	
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12	Short title: Inflammatory responses in foot pad dermatitis
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23 Abstract

24 Cell and cytokine responses during the development of foot pad dermatitis (FPD) in growing 25 turkeys were studied in a model system. The objective was to evaluate the hypothesis that 26 FPD is an allergic response to material in the environment. Hybrid female turkeys at 28 d of 27 age were exposed to wet litter for 48 h in a randomised block experiment. Expression levels 28 of pro-inflammatory (IL-1 β , IL-6, and CXCLi2) and signature Th1 (IFN- γ), Th2 (IL-13) and 29 Treg (IL-10) cytokines were measured in the foot pad tissues using real-time quantitative 30 RT-PCR. Sections of foot pad tissue were stained for CD4⁺ and CD8⁺ T lymphocytes, B 31 lymphocytes and macrophages using antibodies which specifically recognise the relevant cell 32 types in the turkey. In the footpads of birds suffering from FPD, there were large fold 33 increases in mRNA expression levels for the pro-inflammatory cytokines IL-1 β (+ 635), IL-6 34 (+ 65), and CXCLi2 (+ 1924), and IFN- γ (+ 32) whereas there was only a small increase in 35 IL-13 mRNA (+2) and no change in IL-10 mRNA expression levels. CD4⁺ and CD8[±] T 36 lymphocytes were present in the footpads of more than 90 % of birds housed on wet litter 37 compared with 25 % or less on dry litter. Macrophages were observed in the footpads of 38 approximately 85 % of birds housed on wet litter compared with none in birds housed on dry 39 litter. B lymphocytes were not detected in tissue from any of the birds. The data suggest that 40 FPD is associated with a rapidly occurring inflammatory response, rather than a Th2-41 mediated allergic reaction.

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42 Introduction

44	Foot pad dermatitis (FPD) is very common in flocks of growing turkeys and is a potential	
15	walfare and economic machlem in intensive machation systems. EDD develops maidly in	Deleted: in growing turkeys
43	wenare and economic problem in intensive production systems. FPD develops rapidly $\underline{\mu}$	
46	commercial flocks where fully developed lesions occur by 3 weeks of age and from 6 weeks	
47	lesions simply increase in size (Mayne <i>et al.</i> 2006: Mayne <i>et al.</i> 2007a) EPD is associated	Deleted: and
ч /	<u>restons simply increase in size (Mayne et u., 2000, Mayne et u., 2007a). 1 TD is associated</u>	Field Code Changed
48	with redness, swelling and tissue necrosis and may also be accompanied by pain (Martland,	
49	1984, 1985; Mayne, 2005; Mayne et al., 2007b). Histopathologically FPD is associated with	(
50	a massive increase in heterophils and macrophages and the loss of surface keratin (Mayne et	Field Code Changed
51	<u>al., 2006)</u>	Deleted: FPD develops rapidly and fully developed lesions occur by 3 weeks of age and from 6 weeks lesions simply increase in size (Mayne <i>et al.</i> , 2007a;
52	We have developed a simple model for inducing FPD in turkeys that consists of	Mayne <i>et al.</i> , 2007b). FPD is very common in flocks of growing turkeys and is a potential walfare and economia
53	exposing 6 birds at 28 d of age to clean wet wood shavings in large floor pens for 6 to 8 d	problem in intensive production systems.
54	(Mayne <i>et al.</i> 2007b). We have also shown that the presence of excreta is not necessary for	Field Code Changed
54	Xindyne er un, 2007b). We have also shown that the presence of excicut is not necessary for	
55	the development of FDP and that wet litter alone causes similarly severe lesions as wet dirty	
56	litter (Mayne et al., 2007b). The rate of progression and extent of lesions are variable both	Field Code Changed
57	within and between different experiments but external signs of FPD are evident as soon as 24	
58	h after initial exposure. Similar responses to those on wood shavings litter were obtained	
59	with paper and cardboard litters, and FPD was worse in birds housed on long barley straw,	
60	suggesting that any putative causal factor is not specific to wood shavings (Mayne et al.,	
61	2007b), What is not clear is whether FPD in this model represents an inflammatory immune	Deleted:
62	response or an allergic reaction to an environmental stimulus.	
63	Inflammatory responses are driven by pro-inflammatory cytokines and chemokines	
64	(typically IL-1β, IL-6 and IL-8) produced mainly by macrophages. The cytokines cause	

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65 dilation of local small blood vessels and changes in the endothelial cells lining their walls. 66 This leads to the extravasation of leukocytes, initially <u>heterophils</u> and monocytes but 67 followed by T and B lymphocytes, into the inflamed tissue, guided by the chemokines 68 produced by the activated macrophages. Plasma proteins and fluids also leak into the tissues 69 as the blood vessels become more permeable. In mammals, dermatitis is typically caused by 70 an inflammatory response, although allergic dermatitis is caused by a Th2 cytokine-driven 71 immunological reaction following previous exposure (sensitisation) to an allergen.

72 Cytokines and chemokines are soluble chemical messengers that regulate all aspects 73 of immune responses. Measurement of the change in levels of specific cytokines can be 74 indicative of the level of inflammation and potential tissue damage. CD4⁺ T lymphocytes are 75 helper cells (Th) that, through the production of specific cytokine subsets, drive either 76 inflammatory, cell-mediated immune responses (Th1, for which the signature cytokine is 77 IFN- γ) or humoral (allergic) immune responses (Th2, for which the signature cytokines are 78 IL-4 and IL-13) or act as regulatory cells (Treg, for which the signature cytokines are IL-10 79 and TGF-β1).

80 We recently characterised the chicken genome's full complement of cytokines and 81 chemokines (Kaiser et al., 2005). The chicken genome encodes orthologues of mammalian 82 IL-1 β , IL-6, IFN- γ , IL-4, IL-13, IL-10 and TGF- β 1 (called TGF- β 4 in the chicken). 83 However, it has a different repertoire of pro-inflammatory chemokines, for which we 84 proposed a simple nomenclature until their biological functions and ligand-receptor 85 relationships are better characterised. For example, in human IL-8 is a single copy gene. By 86 contrast, the chicken genome contains two genes, CXCLi1 (K60: Sick et al., 2000) and 87

CXCLi2 ((IL-8/CAF: Martins-Green and Feugate 1998; Kaiser et al., 1999), both of which

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88	have high	identity	with	human	IL-8	and	share	similar	biological	properties.	We have	e also

89 cloned many of these cytokines and chemokines, and developed reagents to them, to measure

90 their expression in the turkey (Lawson *et al.*, 2001/ F. Powell, M. Clarkson and P. Kaiser,
91 unpublished results),

The hypothesis tested in this experiment was that the reaction to wet litter in FPD was caused by an allergy rather than an <u>inflammatory response</u>. Cellular and cytokine responses were evaluated in foot pad tissue from turkeys that were housed on wet or dry wood shavings litter for 48 h. Immunohistochemistry of turkey foot pad sections was carried out to identify $CD4^+$ and $CD8^+$ T lymphocytes, macrophages and B lymphocytes and the expression of proinflammatory (IL-1 β , IL-6, and CXCLi2), signature Th1 (IFN- γ), Th2 (IL-13) and Treg (IL-10) cytokines was measured using real-time quantitative RT-PCR.

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100 Materials and Methods

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102 Birds and husbandry. 72 newly-hatched female T8 Large White Broad Breasted turkeys 103 (British United Turkeys, Chester, UK) were obtained from a commercial hatchery. The birds 104 were housed in a single large pen for 7 d and then equally distributed to 12 pens measuring 2 105 m by 3 m. The pens were littered with clean white wood shavings that had been polythene 106 wrapped by the suppliers but had not been sterilised. Excreta were removed from all pens 107 daily to maintain clean litter. Each pen contained a hanging bell drinker, a feeder and a 108 suspended heat lamp. The air temperature was maintained at 28 °C by controlled ventilation 109 and heating. The daily photoperiod was 14 h of light with 10 h of darkness and light intensity 110 was 20 lux throughout the experiment.

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112	Experimental treatments. Starting at 28 d, approximately 10 l of tap water was added to the
113	litter of 6 pens to achieve a litter score of at least 4 on the Tucker and Walker (1999) scale.
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114	After 24 h a further 5 l were applied to the wet pens and excreta and soiled litter were Deleted: was
115	removed. The remaining 6 pens were kept dry (score 1) and clean by removing excreta and
116	soiled litter.
117	
118	Observations. At 48 h post-treatment all turkeys were assessed for FPD and assigned an
119	external foot_pad_score on a 7-point scale (Mayne <i>et al.</i> , 2007b). Three birds, two for the Field Code Changed
120	experiments and one as a back-up, were randomly selected from each pen and killed with an
121	overdose of sodium pentabarbitone and the remaining birds were used for another
122	experiment (Mayne <i>et al.</i> , 2007b). The dissecting table, instruments and gloves were cleaned Field Code Changed
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125	with KNAzap (Ambion, Cambridgeshire, OK). and <u>mese procedures was repeated between</u>
124	bird dissections. The skin of the foot_pad was removed and cut into 2 pieces. One small piece
125	(approximately 5 mm x 5 mm) was placed on a round cork tile (20 mm x 3 mm), covered in
126	OTC (BDH Laboratory Supplies, Dorset, UK), snap-frozen in liquid nitrogen and placed in a
127	zip-lock bag in liquid nitrogen until it could be stored in a -80 °C freezer. The second part of
128	the skin of the foot pad was stored in RNAlater (Ambion, Cambridgeshire, UK) in a sterile
129	15 ml centrifuge tube and kept on ice until being transferred to a refrigerator at 4 °C.
130	
131	Preparation of tissue sections. Sections, 6 µm thick, were cut from the frozen tissue and
132	cork blocks_in a Leica CM 1900 cryostat (Leica Microsystems, Wetzlar, Germany) and
133	mounted on slides. After fixation in ice-cold acetone for 10 min, they were air-dried and then

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134 stored at -80 °C until used.

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136 Immunohistochemistry. Processed sections were circled with a hydrophobic pen and 137 allowed to dry for 2 min. Foot pad sections were rehydrated with 200 µl of PBS pipetted onto 138 each sample and left for 5 min. Processed sections were stained using a Vectastain ABC α -139 mouse IgG HPR staining kit (Vector Laboratories, Burlingham, CA, USA), following the 140 manufacturer's instructions. Staining for the different cells used the following murine anti-141 chicken antibodies, previously demonstrated to cross-react with the equivalent turkey cells 142 (Lawson et al., 2001): CD4+ (AV29; 1:5 dilution), CD8+ (11-39, 1:5), macrophage 143 (KuL01,1:500) and B lymphocytes (AV10, 1:5). NovaRed (200 µl) was pipetted onto each 144 sample and left for 30 s to 3 min depending on the colour intensity required (Vector 145 NovaRED substrate kit SK-4800, Vector Laboratories, Burlingham, CA, USA). Slides were 146 allowed to dry overnight before mounting with a cover slip using Surgipath Clearium 147 Mounting Medium (Surgipath, Illinois, USA). Slides stained for specific cell types, and foot 148 pad sections stained with haematoxylin and eosin, were examined under a light microscope 149 and samples with positive staining were recorded.

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151 RNA extraction and real-time quantitative RT-PCR. Approximately 30 mg foot pad 152 tissue was homogenised in 600 µl lysis buffer (RLT, Qiagen, Crawley, UK) using a bead mill 153 (Retsch MM300, Retsch UK Ltd, Leeds, UK). Complete disruption of tissue was ensured by 154 using a QIAshredder (Qiagen, Crawley, UK) following the manufacturer's instructions. Total 155 RNA was prepared from the homogenised tissues using an RNeasy mini kit (Qiagen, 156 Crawley, UK), again following the manufacturer's instructions. Purified RNA was eluted in Field Code Changed

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157 50 μ l RNase-free water and stored at -70 °C.

158 Cytokine and chemokine mRNA levels in foot pad tissues were quantified using a 159 previously described method (Kaiser et al., 2000; Kaiser et al., 2003; Kogut et al., 2003a; Kogut 160 et al., 2003b; Peters et al., 2003; Sijben et al., 2003). Turkey IFN-γ had been cloned previously 161 (Lawson et al., 2001). The remaining turkey cytokine and chemokine cDNAs (except IL-6) 162 were cloned and sequenced (F. Powell and P. Kaiser, unpublished). For IL-1 β , IL-6 and the 163 housekeeping gene 28S the previously described chicken primer-probe sets could be used. 164 For others (CXCLi2, IL-10 and IL-13) turkey-specific primer-probe sets were developed. 165 Primers and probes were designed using the Primer Express software program 166 (Applied Biosystems, Foster City, CA) and details are given in Table 1. For all cytokines and 167 chemokines, either a primer or probe was designed, from the sequence of the relevant genes, 168 to lie across intron: exon boundaries. All probes were labelled with the fluorescent reporter 169 dye 5-carboxyfluorescein (FAM) at the 5' end and the quencher N, N, N, N'-tetramethyl-6-170 carboxyrhodamine (TAMRA) at the 3' end.

171 Real-time quantitative RT-PCR was performed using the Reverse Transcriptase 172 qPCR Master Mix RT-PCR kit (Eurogentec, Seraing, Belgium). Amplification and detection 173 of specific products were performed using the ABI PRISM 7700 Sequence Detection System 174 (Applied Biosystems) with the following cycle profile: one cycle of 50 °C for 2 min, 60 °C 175 for 30 min, and 95 °C for 5 min, and 40 cycles of 94 °C for 20 sec, 59 °C for 1 min. 176 Quantification was based on the increased fluorescence detected due to hydrolysis of the 177 target-specific probes by the 5'-exonuclease activity of the rTth DNA polymerase during 178 PCR amplification. The passive reference dye 6-carboxy-c-rhodamine, which is not involved 179 in amplification, was used for normalization of the reporter signal. Results are expressed in

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terms of the threshold cycle value (Ct), the cycle at which the change in the reporter dye passes a significance threshold (ΔR_n).

182 To account for variation in sampling and RNA preparation, the Ct values for 183 cytokine- or chemokines-specific product for each sample were standardised using the Ct 184 value of 28S rRNA product for the same sample. To normalise RNA levels between samples 185 within an experiment, the mean Ct value for 28S rRNA-specific product was calculated by 186 pooling values from all samples in that experiment. Tube to tube variations in 28S rRNA Ct 187 values about the experimental mean were calculated. The slope of the 28S rRNA \log_{10} 188 dilution series regression line was used to calculate differences in input total RNA. Using the 189 slopes of the respective cytokine, chemokine or 28S rRNA log₁₀ dilution series regression 190 lines, the difference in input total RNA, as represented by the 28S rRNA, was then used to 191 adjust cytokine- and chemokine-specific Ct values, as follows: Corrected Ct value = Ct + 192 (Nt-Ct')* S/S' where Ct = mean sample Ct, Nt = experimental 28S mean, Ct'= mean 28S of 193 sample, S = cytokine or chemokine slope, S'= 28S slope. Results were expressed as 40-Ct 194 values and each sample was assayed in triplicate.

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196 Statistical analysis. The experiment was a randomised block design with 2 blocks of 6 pens 197 and 2 treatments (wet and dry litter). External foot pad scores were analysed with a one-way 198 ANOVA of pen means (n=3). Cellular responses were compared by maximum likelihood χ^2 199 of the number of birds with or without positive staining in the two treatments (n=12). Results 190 for qRT-PCR were analysed using a split plot ANOVA of pen means (n=2).

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202 Results

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Cell staining. <u>Typical sections stained for macrophages, CD4⁺ and CD8⁺ T lymphocytes and</u> B lymphocytes respectively for birds on wet and dry litter with different external footpad scores are presented in Figures 1 to 4. Positively stained cells are dark red-brown. Artefacts of processing, likely to be contaminants, were present in most sections and appeared as large black particles, greater in size and darker in colour than positively stained cells. Artefacts of processing also had an uneven edge, whilst cells were more regularly shaped. The pale brown background stain on all sections was non-specific.

216 Positive staining for macrophages (Fig. 1) was seen in 85 % of birds (10 of 12) 217 housed on wet litter within the uppermost layer of the epidermis just below the keratin layer 218 (surface keratin had been lost), whereas there was no staining for macrophages in birds housed on dry litter ($\chi^2 = 21.8$, P<0.001). CD4⁺ T lymphocytes (Fig. 2) were evident 219 220 throughout the upper and lower dermis of all birds housed on wet litter compared with only 15 % (2 of 12) housed on dry litter (χ^2 = 15.5, P<0.001). Positive staining for CD8⁺ T 221 222 lymphocytes (Fig. 3) was present in over 90 % of birds (11 of 12) housed on wet litter 223 compared with 25 % of birds (3 of 12) housed on dry litter ($\chi^2 = 13.7$, P<0.001). No staining 224 for B lymphocytes was observed in any of the sections (Fig. 4).

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226 **qRT-PCR.** Means, standard errors and fold changes of corrected $40-C_t$ values for each 227 cytokine and chemokines are presented in Table 2. There was a significant difference 228 (P<0.05) between the mRNA expression levels of the majority of cytokines and chemokines 229 measured in the foot pad tissues of birds housed on wet and dry litter after 48 h, the only 230 exception being the Treg cytokine IL-10, for which there was no significant difference in 231 mRNA expression levels. For the pro-inflammatory cytokines, mRNA expression levels 232 were upregulated dramatically in foot pad tissues from birds housed on wet litter, as opposed 233 to those housed on dry litter, from 65-fold for IL-6 to 1924-fold for CXCLi2. IFN-γ mRNA 234 expression levels were also greatly increased (32-fold). IL-13 mRNA expression levels, 235 although significantly different, were only increased 2-fold.

236

237 Discussion

238	Our primary objective was to determine whether the inflammation associated with FPD in
239	turkeys was due to an allergic reaction to an allergen in the litter, or a classical inflammatory
240	response. To this end, we measured cytokine mRNA expression levels, and used
241	immunohistochemistry to identify subsets of immune cells, in the footpad tissues in a
242	previously validated model for inducing FPD in turkeys (Mayne et al., 2007b),
243	In previous experiments a marked inflammatory response was observed by 48 h after
244	exposure to wet litter and we chose this time point to ensure that a severe immune repose
245	was observed and also to avoid any secondary reparative changes. Footpad tissue sections
246	stained for specific immune cell subsets showed that birds housed on wet litter had increased
247	levels of macrophages and CD4 ⁺ and CD8 ⁺ T lymphocytes, but no detectable B cells. Also,
248	mRNA expression levels for the pro-inflammatory cytokines IL-1β, IL-6 and CXCLi2 were

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Mean external scores of FPD of turkeys after 48 h on wet and dry litter respectively were 6.2 and 1.2 on a 7-point scale (Mayne *et al.*, 2007b), illustrating the inflammation caused by housing birds on wet litter. We wished **Formatted:** Font: Not Bold **Deleted:** this

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249	all highly upregulated in these tissues, with CXCLi2 increasing by more than 1900-fold. Pro-
250	inflammatory reactions commonly lead to a Th1, IFN-7-mediated response that results in an
251	influx of CD8^+ cytotoxic T cells whereas only 25 % of birds housed on dry litter showed
252	positive staining for CD8 ⁺ T lymphocytes. This was not unexpected, however, as naïve T
253	lymphocytes only respond in substantial numbers to an inflammatory reaction 4-5 days post
254	initial inflammation. For the Th signature cytokines, both IFN- γ and IL-13 mRNA
255	expression levels were upregulated, the former by more than 30-fold, whereas IL-13 only
256	increased 2-fold, a difference that would not normally be considered of biological
257	significance.
258	In contrast to our results for macrophage staining, Igyarto et al (2006) reported that
259	50 % of epidermal dentritic cells were positive for the KuL01 antibody in featherless skin of
260	8 wk old chickens. We failed to detect macrophage cells in the footpad of birds on the dry
261	treatment and the differences between the two data sets may be a consequence of different
262	housing, age, tissue or species and warrant further research.
263	The results are consistent with the conclusion that FPD in these turkeys was a non-
264	specific inflammatory reaction. Although an allergic reaction, perhaps to a water-soluble
265	antigen in the litter released when the litter was wet, could have occurred, it is unlikely that
266	this would have happened in 48 h unless the turkeys had been previously exposed to the
267	allergen causing the reaction. <u>Damp patches are inevitably present in normal dry litter and it</u>
268	is likely that the skin of the foot pads of these turkeys was exposed to water soluble allergens
269	in the period before the experiment. If sensitisation to these allergens had occurred, exposure
270	to the experimental treatment should induce a secondary allergic response in 48 h which we
271	did not observe: the cytokines that would be indicative of an allergic response (IL-10 and IL-

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272	13) were not recorded at high levels.	
273	In conclusion, these data suggest that there was a rapidly occurring inflammatory	
274	response in the foot pads of birds housed on wet litter for 48 h and that an allergic response	
275	was unlikely. Further research is required to clarify the mode of action of litter moisture in	
276	the aetiology of turkey FPD.	
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278	Acknowledgements	
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283	Animal Health are supported by the BBSRC.	
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345 Figure legends

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Figure 1. Presence of macrophages in footpad tissue sections from turkeys housed on (a) dry or (b, c) wet litter for 48 h. Original magnification x 10 (a, b) or x 20 (c). External footpad scores were 0 (a) and 7 (b,c). Key: A = keratin, B = lost surface keratin, C = epidermis, D = dermis and E = positively stained cells in epidermis and dermis; bar is 100 μ m (a, b) or 50 μ m (c).

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Figure 2. Presence of CD4⁺ T lymphocytes in footpad tissue sections from turkeys housed on (a) dry or (b, c) wet litter for 48 h. Original magnification x 10 (a, b) or x 20 (c). External footpad scores were 0 (a) and 7 (b,c). Key: A = keratin, B = lost surface keratin, C = epidermis, D = dermis and E = positively stained cells in epidermis and dermis; bar is 100 μ m (a, b) or 50 μ m (c).

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Figure 3. Presence of CD8⁺ T lymphocytes in footpad tissue sections from turkeys housed on (a) dry or (b, c) wet litter for 48 h. Original magnification x 10 (a, b) or x 20 (c). External footpad scores were 3 (a) and 6 (b,c). Key: A = keratin, B = lost surface keratin, C = epidermis, D = dermis and E = positively stained cells in epidermis and dermis; bar is 100 μ m (a, b) or 50 μ m (c).

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- 364 Figure 4. Absence of B lymphocytes in footpad tissue sections from turkeys housed on (a)
- 365 dry or (b) wet litter for 48 h. Original magnification x 10. External footpad scores were 0 (a)
- and 7 (b). Key: A = keratin, B = lost surface keratin, C = epidermis and D = dermis; bar is
- 367 100 µm (a, b).

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368 **Table 1.** Real-time quantitative RT-PCR probes and primers.

RNA		Probe/primer sequence	Specific	Accession	Exon
target			for	No.	boundaries ^c
28S	Probe	5'-(FAM)-AGGACCGCTACGGACCTCCACCA-(TAMRA)-3'	Chicken	X59733	-
	\mathbf{F}^{a}	5'-GGCGAAGCCAGAGGAAACT-3'	and		
	\mathbf{R}^{b}	5'-GACGACCGATTTGCACGTC-3'	turkey		
IL-1β	Probe	5'-(FAM)-CCACACTGCAGCTGGAGGAAGCC-(TAMRA)-3'	Chicken	AJ245728	5/6
	F	5'-GCTCTACATGTCGTGTGTGATGAG-3'	and		
	R	5'-TGTCGATGTCCCGCATGA-3'	turkey		
IL-6	Probe	5'-(FAM)-AGGAGAAATGCCTGACGAAGCTCTCCA-(TAMRA)-3'	Chicken	AJ250838	3/4
	F	5'-GCTCGCCGGCTTCGA-3'	and		
	R	5'-GGTAGGTCTGAAAGGCGAACAG-3'	turkey		
CXCLi2	Probe	5'-(FAM)-CAGCTCTGTCACAAGGTAGGACCCTGGT-(TAMRA)-3'	Turkey	AM493430	1/2
	F	5'-TGGCTCTCCTCGGTTTCA-3'			
	R	5'-GCAGCTCGTTCCCCATCTT-3'			
IFN-γ	Probe	5'-(FAM)-AAAGATATCATGGACCTGGCCAAGCTTCA-(TAMRA)-3'	Turkey	AJ000725	3/4
	F	5'-AACCTTCCTGATGGCGTGAA-3'			
	R	5'-CTTGCGCTGGATTCTCAAGTC-3'			
IL-13	Probe	5'-(FAM)-TGCCAGCTGAGCACCGACAACG-(TAMRA)-3'	Turkey	AM493431	3/4
	F	5'-CCTGCACGGCCAGATGA-3'			
	R	5'-GGCAAGAAGTTCCGCAGGTA-3'			
IL-10	Probe	5'-(FAM)-CCTGAAGATGACAATGAAGCGCTGTCA-(TAMRA)-3'	Turkey	AM493432	3/4
	F	5'-CGACCTGGGCAACATGCT-3'			
	R	5'-CCTCTCGCAGGTGAAGAAGTG-3'			
^a Forwa	rd.				
bn					
Rever	se.				

- 372 ^cExon boundaries in the chicken gene (gene structures have not yet been determined for the
- turkey genes).

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- 374 Table 2. Corrected cytokine 40-C_t values for foot pad tissue of turkeys raised on dry litter
- 375 and exposed to dry or wet litter for 48 h at 28 d of age.

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	Cytokine/chemokin	ne	Corrected	40-Ct value	SED	Р	Fold change ^a		
			Dry litter	Wet litter					
	Pro-inflammatory	IL-1β	3.66	12.97	0.854	< 0.001	+635		
		IL-6	7.50	10.51	1.057	0.019	+65		
		CXCLi2	10.10	21.01	1.014	<0.001	+1924		
	Th1	IFN-γ	1.44	6.45	0.563	<0.001	+32		
	Th2	IL-13	7.43	8.52	0.262	0.002	+2		
	Treg	IL-10	4.02	2.51	0.780	0.086	÷	 Deleted: NS)
3	^a Calculated as 2 ^{(w}	vet litter 40-Ct	value - dry litter	40-Ct value)					

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^aCalculated as 2^(wet litter 40-Ct value - dry litter 40-Ct value) 378

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