

# Effects of caprylic acid and triacylglycerols of both caprylic and capric acid in rabbits experimentally infected with enteropathogenic O103

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- Effects of caprylic acid and triacylglycerols of both caprylic and
- 2 capric acid in rabbits experimentally infected with enteropathogenic
- 3 Escherichia coli O103
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#### Abstract

Eighty-eight rabbits weaned at the age of 35 days were divided into 4 groups. Rabbits of the first two groups were fed a granulated feed, free of antimicrobials. Rabbits of the  $3^{rd}$  and the  $4^{th}$  group were fed the same diet, supplemented with caprylic acid at 5 g/kg, and with triacylglycerols (TAG) of caprylic and capric acid at 10 g/kg, respectively. Rabbits of the  $2^{nd}$ ,  $3^{rd}$  and  $4^{th}$  group were challenged orally with  $10^9$  cells of *Escherichia coli* of the O103 serogroup. Numbers of coliform bacteria in faeces of non-infected rabbits averaged 4.66  $\log_{10}$  cfu/g. Six days after inoculation, caprylic acid and TAG of caprylic and capric acid decreased faecal output of coliforms from  $10.18 \pm 0.62 \log_{10}$  cfu/g to  $7.79 \pm 0.48$  and  $8.04 \pm 0.50 \log_{10}$  cfu/g, respectively. In the  $2^{nd}$ ,  $3^{rd}$  and  $4^{th}$  group 15, 11 and 9 infected rabbits died, respectively. However, the differences in mortality rate were not statistically significant. Surviving rabbits were slaughtered at 53 days of age. In caecal contents of infected rabbits, numbers of coliform bacteria were significantly reduced from 8.71  $\log_{10}$  cfu/g to  $5.55 - 5.83 \log_{10}$  cfu/g in treated groups. It can be concluded that both antimicrobial lipids are active against coliform bacteria, and may improve the resistance of weaned rabbits to enterocolitis.

21 Keywords: Rabbits; Escherichia coli; EPEC; Diarrhoea; Caprylic acid; Capric acid

#### 1. Introduction

- Diarrhoea is the major cause of high morbidity and mortality of young rabbits after weaning, and consequent economic losses, in commercial rabbitries. Enteropathogenic *Escherichia coli* (EPEC) strains of the O103 serogroup have frequently been identified as a causative agent of diarrheal disease (Blanco et al., 1996; D'Incau et al., 2006; Agnoletti et al., 2006). The pathogenicity of *E. coli* O103 strains in rabbits has been demonstrated experimentally (Camguilhem and Milon, 1990; Licois et al., 1992; Heczko et al., 2001; Tsalie et al., 2006). Gidenne and Licois (2005) reported that a high fibre intake improved the resistance of rabbits to the *E. coli* O103.
- Several authors have shown that growth of *E. coli* was inhibited by medium-chain fatty acids containing 8 to 12 carbon atoms (Hassinen et al., 1951; Sprong et al., 2001; Marounek et al., 2003). In the presence of fatty acids the transport of protons through microbial membranes becomes uncontrolled. Consequently, fatty acids dissipate the electrochemical

- proton gradient and disturb the energy metabolism in the cell (Galbraith and Miller, 1973).
- Caprylic acid  $(C_8)$  and triacylglycerols (TAG) of caprylic and capric acid  $(C_{10})$  were tested in
- our previous experiments with rabbits (Skřivanová et al., 2002, 2006), however only effects
- on zootechnical parameters and digestibility coefficients were investigated. Therefore, the aim
- 39 of the present study was to evaluate the effect of both additives on health status and shedding
- of E. coli in faeces of rabbits challenged with a strain of E. coli serotype O103.

#### 41 **2. Materials and methods**

- 42 *2.1. E. coli strain*
- 43 Strain E22 of E. coli O103:H2:K-, rhamnose negative, was kindly provided by Dr. A.
- 44 Milon (National Veterinary College, Toulouse, France). The strain was isolated from the
- caecal content of a diarrheic rabbit (Camguilheim and Milon, 1989). E. coli E22 was grown in
- Wilkins-Chalgren broth (Oxoid) and maintained in 20% glycerol (v/v) at -70°C.
- 47 2.2. Animals diets, and challenge protocol
- Eighty-eight Hyplus rabbits of both sexes, weaned at 35 days of age, were used in the
- 49 experiment. Rabbits were healthy and free of coccidia. Animals were housed individually in
- 50 0.4 m x 0.5 m all-wire cages and randomly divided into four groups of 22 animals each.
- Rabbits of the 1<sup>st</sup> (live weight of  $1061 \pm 38$  g) and the 2<sup>nd</sup> (live weight of  $1130 \pm 65$  g) group
- 52 were fed a granulated feed, free of antimicrobials, containing crude protein and crude fibre at
- 166 and 161 g/kg, respectively. Rabbits of the  $3^{rd}$  group (live weight of  $1095 \pm 35$  g) were fed
- 54 the same diet supplemented with caprylic acid (Sigma-Aldrich, Ltd, Prague, Czech Rep.) at 5
- 55 g/kg. Rabbits of the  $4^{th}$  group (live weight of 1076 ± 47 g) received the basal diet
- 56 supplemented with Akomed R (Karlshamns, Sweden) at 10 g/kg. Akomed R is a
- 57 commercially available oil, containing caprylic, capric and lauric acid at 60.8, 38.7 and 0.3 g
- per 100 g of fatty acids, respectively. Supplements were added at the expense of rapeseed oil
- in the basal diet. Cages of rabbits of the 1<sup>st</sup> group (negative control) were separated with a
- 60 plastic barrier from other cages. The experiment was performed in accordance with the Czech

law no. 207/2004 Sb. and approved by the Ethical Committee of the Institute of Animal Science.

On the third day of the experiment rabbits of the 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> group were challenged orally with 0.5 ml of an overnight culture of E. coli E22 (ca 10<sup>9</sup> bacteria per a rabbit). Rabbits were checked daily for morbidity and mortality, weighed individually once a week, and feed consumption was recorded daily. Two, six, nine and thirteen days after infection faecal samples of randomly selected rabbits (5 per each group) were taken for bacteriological analyses (see the experimental scheme below). Number of coliform bacteria was determined by a plating technique. Faecal samples were serially diluted with sterile saline and four dilutions from each sample plated on MacConkey agar (Oxoid) plates. After incubation (aerobically, at 37°C for 48 h) 10 typical colonies were isolated from each plate (4 plates per a group), and the proportion of E. coli O103 serotype was determined by the agglutination method (Salajka et al., 1992). Dead rabbits were examined using standard pathological, bacteriological and parasitological methods in the State Veterinary Institute (Prague). Survivors were slaughtered at 53 days of age, and gastric and caecal samples were taken. Serial dilutions were prepared and 0.1 ml aliquots were plated on MacConkey and Wilkins-Chalgren agar plates to determine counts of coliform bacteria and total anaerobic bacteria, respectively. Inoculated plates were incubated at 37°C for 48 h. Plates with MacConkey agar were incubated aerobically.

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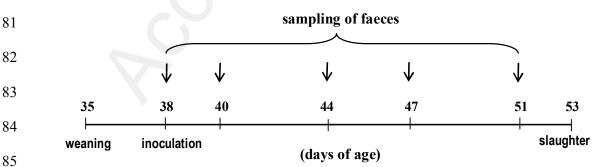
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- Data on mortality and the ratio of *E. coli* O103 to total coliforms were analyzed using the Fisher's exact test. To compare numbers of total anaerobic and coliform bacteria in control and infected rabbits, analysis of variance followed by Tukey's test was applied. All data were analyzed using the SAS programme (SAS, 2001).
  - 3. Results

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91 Forty-two of 66 infected rabbits suffered from diarrhoea and most of them died (Fig. 1). The mortality level was higher in the 2<sup>nd</sup> group, which was a positive control, than in rabbits 92 93 receiving caprylic acid or Akomed R. Differences between groups of infected rabbits were not 94 statistically significant (P > 0.05). Necropsy of dead rabbits revealed colibacillosis, in four 95 rabbits accompanied with the occurrence of Bordetella bronchiseptica and Pasteurella 96 multocida. Most rabbits were free of coccidia, in two rabbits sporadic occurrence of Eimeria magna was observed. The average daily gain of rabbits of the 1<sup>st</sup> group (non-infected rabbits) 97 was  $44.2 \pm 4.6$  g. Average daily gains of survivals of the  $2^{nd}$ ,  $3^{rd}$  and the  $4^{th}$  group were  $40.8 \pm$ 98 6.6 g,  $38.4 \pm 7.3$  g and  $41.3 \pm 5.9$  g, respectively, with weight gains of rabbits of the 1<sup>st</sup> and 99 the  $3^{rd}$  group significantly different (P = 0.025). 100 101 Numbers of coliform bacteria in faeces of non-infected rabbits varied from 4.13 to 5.28 log<sub>10</sub> cfu per g (Table 1). In faeces of infected rabbits numbers of coliform bacteria were 102 103 significantly higher (P < 0.001), reaching the maximum at day 6 (group 3 and 4) or 9 (group 104 2) post inoculation. Caprylic acid and Akomed R significantly (P < 0.001) decreased faecal 105 output of coliform bacteria. At the end of the experiment numbers of coliform bacteria in 106 treated groups were decreased to values by four digit places lower than those in rabbits of the 107 positive control. In faeces of non-inoculated rabbits bacteria belonging to the O103 serogroup 108 were not detected. After inoculation, their proportion in total coliforms ranged from 67.5% to 109 95.0%. 110 After slaughter, numbers of coliform bacteria in the caecal content were significantly (P < 0.01) higher in infected than in non-infected rabbits (Table 2). Numbers of caecal 111

coliform bacteria were significantly (P < 0.001) reduced in rabbits fed diets supplemented with caprylic acid and Akomed R. Counts of total anaerobic bacteria were marginally, but significantly increased in all groups of infected rabbits.

#### 4. Discussion

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The present experiment confirmed the antimicrobial activity of caprylic acid and TAG of caprylic and capric acid added to the feed against EPEC in experimentally infected rabbits. In rabbits, caprylic and capric acid are synthesized de novo in the mammary gland and represent approximately one half of the total fatty acids in milk (Jones and Parker, 1981). Caprylic and capric acid thus contribute to a defence of sucklings against infection till weaning. Free medium-chain fatty acids, but not their TAG, are effective antimicrobial agents (Kabara et al., 1972). In the digestive tract of rabbits fatty acids are released from their ester bonds by gastric and pancreatic lipase. According to Skřivanová and Marounek (2002, 2006) both caprylic acid and TAG of caprylic and capric acid significantly decreased mortality of growing rabbits under practical field conditions, without affecting the rate of growth, feed intake and feed conversion. TAG of medium-chain fatty acids added to diets of piglets, together with lipolytic enzymes, reduced bacterial load in the upper part of the digestive tract and increased weight gain (Dierick et al., 2002). Caprylic acid and TAG of caprylic and capric acid thus may improve a non-specific defence of young rabbits after weaning against enteropathogenic bacteria. Most of coliform bacteria in faeces of infected rabbits belonged to the inoculated E.coli O103 serotype. Its proportion in total coliforms was relatively constant in the course of the experiment (data not shown). This implies that the infection was accompanied by proliferation of other coliform bacteria. The kinetics of faecal shedding of coliform bacteria, mortality of infected rabbits, and the relative proportion of inoculated strain in total coliforms observed in this study were similar to that reported by Marchès et al. (2000), who used the same E22 strain of E. coli O103. Numbers of coliform bacteria in the caecum of non-

138	inoculated rabbits (2.5 x $10^4$ cfu/g) were in agreement to those found by Camguilhem and				
139	Milon (1990).				
140	Conclusion				
141	Caprylic acid and TAG of caprylic and capric acid significantly reduced numbers of				
142	coliform bacteria in the caecum and faeces of rabbits experimentally infected with the				
143	enteropathogenic strain of E. coli O103. Although mortality of infected rabbits was decreased				
144	in treated groups, differences were non-significant. This could probably be attributed to a low				
145	number of rabbits in control and experimental groups.				
146	Acknowledgement				
147	This study was supported by the Czech Science Foundation (project no. 523/07/P340).				
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209	Figure legend
210	Fig. 1. Survival of rabbits from the $1^{st}$ , $2^{nd}$ , $3^{rd}$ and $4^{th}$ group: ( $\circ$ ) negative control, ( $\bullet$ ) positive
211	control, (∆) rabbits receiving the diet with 5 g/kg caprylic acid, and (▲) rabbits receiving the

diet with 10 g/kg Akomed R.

Table 1. Mean numbers ( $\log_{10}$  cfu.g<sup>-1</sup>) of coliform bacteria in faeces of rabbits before and after infection with *Escherichia coli* O103, strain E22

Treatment	Diet	Infection	Before infection	Days after infection			
group				2	6	9	13
1	Basal	No	4.70 <sup>a</sup>	5.28 <sup>a</sup>	5.24 <sup>a</sup>	4.79 <sup>a</sup>	4.50 <sup>a</sup>
2	Basal	Yes	4.21 <sup>a</sup>	7.53 <sup>b</sup>	$10.18^{b}$	10.53 <sup>b</sup>	9.68 <sup>b</sup>
3	Caprylic acid	Yes	$4.47^{a}$	6.44 <sup>b</sup>	7.79°	7.33°	5.70°
4	Akomed R	Yes	$4.13^{a}$	$6.21^{ab}$	8.04°	7.67°	5.13°
R.M.S.E.			0.29	0.60	0.56	0.56	0.68

R.M.S.E., Root mean square error.

<sup>&</sup>lt;sup>abc</sup> Values in the same column with different superscripts differ (P < 0.05).

Table 2. Mean numbers ( $\log_{10} \text{ cfu.g}^{-1}$ ) of coliform and anerobic bacteria in contents of stomach and caecum of rabbits before and after infection with *Escherichia coli* O103, strain E22

Treatment	Diet	Infection	Coliform bacteria		Anaerobic	bacteria
group			Stomach	Caecum	Stomach	Caecum
1	Basal	No	< 2	4.39 <sup>a</sup>	3.94 <sup>a</sup>	8.44 <sup>a</sup>
2	Basal	Yes	< 2	8.71 <sup>b</sup>	5.46 <sup>b</sup>	9.81 <sup>b</sup>
3	Caprylic acid	Yes	< 2	5.83°	3.73 <sup>a</sup>	9.50 <sup>b</sup>
4	Akomed R	Yes	< 2	5.55°	$3.96^{a}$	9.37 <sup>b</sup>
R.M.S.E.			-	0.59	0.78	0.41

R.M.S.E., Root mean square error

<sup>&</sup>lt;sup>ab</sup> Values in the same column with different superscripts differ (P < 0.05)

