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# A step towards the Bermond-Thomassen conjecture about disjoint cycles in digraphs 

Nicolas Lichiardopol ${ }^{*}$ Attila Pór ${ }^{\dagger}$ Jean-Sébastien Sereni ${ }^{\ddagger}$


#### Abstract

In 1981, Bermond and Thomassen conjectured that every digraph with minimum out-degree at least $2 k-1$ contains $k$ disjoint cycles. This conjecture is trivial for $k=1$, and was established for $k=2$ by Thomassen in 1983 . We verify it for the next case, by proving that every digraph with minimum out-degree at least five contains three disjoint cycles. To show this, we improve Thomassen's result by proving that every digraph whose vertices have out-degree at least three, except at most two with out-degree two, indeed contains two disjoint cycles.


## 1 Introduction

Our notations mainly follow that of Bang-Jensen and Gutin [2]. By cycle we mean oriented cycle, that is an oriented path starting and ending at the same vertex. A cycle of length $d$ is a $d$-cycle. A 1 -cycle is a loop and a 3 -cycle is also called a triangle. All digraphs contained in this paper can have loops and 2 -cycles but no parallel arcs. A digraph without cycles of length at most two is an oriented graph.

Fix a digraph $D=(V, A)$. Its order is the size of the vertex-set $V$. Given a subset $X$ of $V$, the sub-digraph of $D$ induced by $X$ is the digraph

[^0]$D[X]:=\left(X, A^{\prime}\right)$ where $A^{\prime}$ is the set of all arcs in $A$ that start and end in $X$. Two sub-digraphs $D_{1}$ and $D_{2}$ of $D$ are disjoint if their vertex-sets are. We write $v \rightarrow u$ to mean an arc from the vertex $v$ to the vertex $u$.

We let $D^{*}$ be the digraph obtained from $D$ by reversing the direction of every arc. For every vertex $v \in V$ let $N_{D}^{+}(v):=\{x \in V: v \rightarrow x \in A\}$ be the out-neighbourhood of $v$ in $D$, and let $d_{D}^{+}(v):=\left|N_{D}^{+}\right|$be the out-degree of $v$ in $D$. The vertices of $N_{D}^{+}(v)$ are the out-neighbours of $v$. The in-neighbourhood of $v$ in $D$ is $N_{D}^{-}(v):=N_{D^{*}}^{+}(v)$, and its in-degree is $d_{D}^{-}(v):=\left|N_{D}^{-}(v)\right|$. The vertices of $N_{D}^{-}(v)$ are the in-neighbours of $v$. If the context is clear, we may omit the subscript and just write $N^{+}(v)$ and $N^{-}(v)$.

Given two disjoint subsets $X, X^{\prime} \subset V$, the set $X$ dominates $X^{\prime}$ if $X^{\prime}$ is contained in the out-neighbourhood of each vertex of $X$. If the set $X$ is composed of only one vertex $v$ we simply say that $v$ dominates $X^{\prime}$. The set $X^{\prime}$ is dominated if there exists a vertex dominating it. The set $X$ dominates a sub-digraph $D^{\prime}$ of $D$ if it dominates its vertex-set $V\left(D^{\prime}\right)$.

An arc is $d$-dominated if it is dominated by a vertex of out-degree $d$.
We are interested in the following conjecture stated by Bermond and Thomassen in 1981.

Conjecture 1 ([3]). For every positive integer $k$, every digraph with minimum out-degree at least $2 k-1$ contains $k$ disjoint cycles.

It is an obvious observation if $k$ is one, and Thomassen gave a nice and simple proof of it when $k$ is two in 1983.

Theorem 1 ([6]). Every digraph with minimum out-degree at least three contains two disjoint cycles.

Thomassen [6] also established the existence of a finite integer $f(k)$ such that every digraph of minimum out-degree at least $f(k)$ contains $k$ disjoint cycles. As noted by Bermond and Thomassen [3], such an integer cannot be less than $2 k-1$, so the bound offered by Conjecture 1 is optimal. Alon [1] proved that for every integer $k$, the value $64 k$ is suitable for $f(k)$ in 1996. Recently, Conjecture 1 has been verified for tournaments with minimum indegree at least $2 k-1[4,5]$.

Our main result is the following theorem, which proves Conjecture 1 when $k$ is three.

Theorem 2. Every digraph with minimum out-degree at least five contains three disjoint cycles.

We note that the method used by Alon [1] yields an upper bound on the order of a minimum counter-example to Conjecture 1. For instance,
when $k$ is three the order of a minimum counter example is at most 42 . However, as pointed out by Alon [1], this bound is out of reach for a bruteforce attack. Thus we need to develop new tools to study this conjecture and prove Theorem 2. One of them is to strengthen Theorem 1.

Theorem 3. Let $D$ be a digraph whose vertices have out-degree at least three, except at most two which have out-degree two. The digraph $D$ contains two disjoint cycles.

The paper is organised as follows. In the next section we slightly improve Thomassen's result by proving Theorem 3 which is a crucial ingredient in our proof of Theorem 2. Section 3 is devoted to the proof of a property of a certain class of digraphs, which may be of independent interest. In Section 4 we establish Theorem 2. The proof proceeds by contradiction: we consider a minimum counter-example $D$-with respect to the number of vertices-to the statement of the theorem, and exhibit some of its structural properties. Then, the argument is split into two cases: in Sub-section 4.1 we suppose that $D$ does not contain a triangle while in Sub-section 4.2 we establish the result if $D$ contains a triangle.

## 2 Improving Theorem 1

As mentioned earlier, Thomassen proved that Conjecture 1 is true if $k$ is two, namely every digraph with minimum out-degree three contains two disjoint cycles. The goal of this section is to strengthen this result, by proving Theorem 3.

Proof of Theorem 3. Contrary to the statement, let $D=(V, A)$ be a minimum counter-example with respect to the number of vertices. We also assume that each vertex has out-degree at most three. First, observe that $D$ cannot contain a loop. If $C$ is a loop, the digraph obtained from $D$ by removing the vertex of $C$ has minimum out-degree at least one, thus it contains a cycle $C^{\prime}$. The cycles $C$ and $C^{\prime}$ of $D$ are disjoint, a contradiction. So the order of $D$ is at least four. We now establish two properties of $D$. Recall that a sub-digraph is 2 -dominated if there exists a vertex of out-degree two dominating it.
(A) Every 2-cycle of $D$ is 2-dominated. In particular $D$ contains at most two 2-cycles.
Suppose that $C:=u v$ is a 2 -cycle. Let $D^{\prime}$ be the digraph obtained from $D$ by removing $u$ and $v$. Then $D^{\prime}$ cannot have minimum out-degree at least one, otherwise it would contain a cycle which would be disjoint from $C$, a contradiction. Therefore there exists a vertex of $D$ of out-degree two
dominating $C$, as asserted. From this fact it directly follows that $D$ does not contain more than two 2-cycles, since each vertex of out-degree two can dominate at most one 2-cycle and $D$ contains at most two vertices of outdegree two.

The next property, proved by Thomassen [6], is still valid under our weaker assumptions.

## (B) Every arc of $D$ is dominated.

Suppose that $u \rightarrow v \in A$ is not dominated. By Property $(A)$, we can assume that $v \rightarrow u$ is not an arc of $D$. Let $D^{\prime}$ be the digraph obtained from $D$ by first removing all arcs out-going from $u$ except $u \rightarrow v$, and then contracting the arc $u \rightarrow v$ into a new vertex $w$. The out-degree of $w$ in $D^{\prime}$ is equal to the out-degree of $v$ in $D$. Moreover, the out-degree of each other vertex of $D^{\prime}$ is the same as its out-degree in $D$. Hence, by the minimality of $D$, the digraph $D^{\prime}$ contains two disjoint cycles, which yield two disjoint cycles in $D$, a contradiction.

Fix a vertex $v$ and let $x$ be an in-neighbour of $v$. Note that $d_{D}^{-}(v) \geq 1$ by the minimality of $D$. As the arc $x \rightarrow v$ is dominated, there exists a vertex $y \in V$ with $\{x, v\} \subseteq N^{+}(y)$. Consequently the digraph $D\left[N^{-}(v)\right]$ has in-degree at least one and thus contains a cycle. In particular the size of the in-neighbourhood of each vertex is at least two. Observe now that if $d_{D}^{-}(v) \geq 3$ for every $v \in V$, then $D$ indeed contains two disjoint cycles: just apply Theorem 1 to $D^{*}$.

Therefore, there exists a vertex of in-degree two in $D$, and hence a 2-cycle $C_{1}:=u v$. By Property $(A)$, let $z$ be a vertex of out-degree two dominating $u$ and $v$. The sub-digraph $D\left[N^{-}(z)\right]$ contains a cycle, which must intersect $C_{1}$. So we can assume that $u \rightarrow z \in A$, and we let $C_{2}$ be the cycle $z u$. Again by Property $(A)$, there exists a vertex $z^{\prime}$ of out-degree two that dominates $C_{2}$. Note that $z^{\prime} \neq v$, otherwise $D$ would contain three 2 -cycles, thereby contradicting Property $(A)$. Observe also that neither $z$ nor $u$ can dominate $z^{\prime}$, otherwise $D$ would contain three 2 -cycles. Therefore the cycle contained in $D\left[N^{-}\left(z^{\prime}\right)\right]$ is disjoint from the 2-cycle $u z$, a contradiction. This contradiction concludes the proof.

We note that this result is optimal, since a symmetrically oriented triangle - i.e. three vertices $x_{1}, x_{2}, x_{3}$ with an arc from $x_{i}$ to $x_{j}$ whenever $i \neq$ $j$ - does not have two disjoint cycles. It is also optimal if we restrict ourselves to oriented graphs, since there exist oriented graphs on seven vertices with three vertices of out-degree two, four vertices of out-degree three and no two disjoint cycles. See Figure 1(a) for an example. Moreover, the oriented graph of Figure $1(b)$ has no two disjoint cycles, yet every vertex has out-degree three except one which has out-degree one.


Figure 1: (a) An oriented graph with three vertices of out-degree two, four vertices of out-degree three and no two disjoint cycles, and (b) an oriented graph whose vertices all have out-degree three, except one which has outdegree one, and yet without two disjoint cycles. An arc from/to a box goes from/to every vertex of the box.

## 3 Arc-dominated oriented graphs

We say that a digraph $D=(V, A)$ is arc-dominated if every arc of $A$ is dominated. As we will see, a minimum counter-example to Theorem 2 -and more generally, to Conjecture 1-must be arc-dominated, and it must be an oriented graph-i.e. it contains neither a loop nor a 2 -cycle. We put the following proposition in a dedicated section because we believe that it might be of independent interest.

Proposition 4. Let $D=(V, A)$ be an arc-dominated oriented graph, and let $X \subset V$ such that $D[X]$ is either acyclic or an induced cycle of $D$. There exists a cycle $C$ disjoint from $D[X]$ such that every vertex of $C$ has at least one out-neighbour in $X$.

Proof. We set $X^{\prime}:=V \backslash X$. Let $S$ be the set of vertices of $X^{\prime}$ having at least one out-neighbour in $X$. Observe that it is enough to prove that $D[S]$ contains a cycle. To this end, it suffices to establish that every vertex of $S$ has at least one in-neighbour in $S$. Suppose on the contrary that there exists a vertex $v \in S$ with no in-neighbour in $S$. We set $Y:=\left(N_{D}^{-}(v) \cup N_{D}^{+}(v)\right) \cap X$. By the definition of $S$, the vertex $v$ has an out-neighbour $x$ in $X$, so in particular $Y \neq \emptyset$. Since for every $y \in Y$ there is an arc between $v$ and $y$, and since $D$ is arc-dominated, there exists a vertex $z$ which dominates $\{v, y\}$. It follows that $z \in X \cap N_{D}^{-}(v) \subset Y$. In particular this proves that $D[Y]$ and hence $D[X]$ contains a cycle. This is not possible if $D[X]$ is acyclic and concludes the proof in this case. If $D[X]$ is an induced cycle $C^{\prime}$ of $D$, then $D[X]=D[Y]=C^{\prime}$. Consider the out-neighbour $y$ of $x$ in $C^{\prime}$. By what
precedes, it is dominated by a vertex of $N_{D}^{-}(v) \cap X$, which must be $x$ since $C^{\prime}$ is induced. This is a contradiction since $\{v, x\}$ would induce a 2 -cycle in $D$.

Corollary 5. Let $D=(V, A)$ be an arc-dominated oriented graph. Suppose that $C$ is a cycle of $D$, and $C^{\prime}$ an induced cycle disjoint from $C$. If there is no arc from a vertex of $C$ to a vertex of $C^{\prime}$ then $D$ contains three disjoint cycles.

Proof. We apply Proposition 4 with $X$ being $V\left(C^{\prime}\right)$. We deduce that there exists a cycle $C_{1}$ disjoint from $C^{\prime}$ such that every vertex of $C_{1}$ has an outneighbour in $C^{\prime}$. As there is no arc from $C$ to $C^{\prime}$, the cycle $C_{1}$ is certainly disjoint from $C$. Thus, $C, C^{\prime}$ and $C_{1}$ are three disjoint cycles of $D$.

## 4 Proof of Theorem 2

Our goal in this section is to establish Theorem 2. We proceed by contradiction: we suppose that the statement of the theorem is false, and consider a counter-example with the minimum number of vertices. We first establish some fundamental properties of such a digraph, which will be extensively used in the sequel. Until the end, we let $D=(V, A)$ be a counter-example to the statement of Theorem 2 with the smallest number of vertices, and subject to this with the smallest number of arcs. In particular, every vertex has out-degree exactly five. We let $n$ be the order of $D$. Note that $n \geq 5$.

Lemma 6. The following hold.
(i) The digraph $D$ is an oriented graph, i.e. it has no loop and no 2-cycle.
(ii) Every arc of $D$ is dominated. In particular, the in-neighbourhood of every vertex contains a cycle.
(iii) Every triangle of $D$ is dominated by three different vertices.
(iv) If a vertex $v$ dominates a cycle $C$, there exists a triangle vuw with $u \in V(C)$ and $w \notin V(C)$.

Proof. (i) Suppose that $C$ is a cycle of $D$ of length at most two. Note that the induced sub-digraph $D^{\prime}$ of $D$ obtained by removing the vertices of $C$ has minimum degree at least three. Thus, by Theorem 1, $D^{\prime}$ contains two disjoint cycles, which are certainly disjoint from the cycle $C$. Hence, $D$ contains three disjoint cycles, a contradiction.
(ii) It is proved exactly as Property ( $B$ ) in the proof of Theorem 3, so we do not repeat it here.
(iii) Let $C$ be a triangle of $D$, and consider the digraph $D^{\prime}$ obtained from $D$ by removing the vertices of $C$. The digraph $D^{\prime}$ has minimum out-degree at least two. Moreover every vertex of $D^{\prime}$ that does not dominate $C$ in $D$ has out-degree at least three in $D^{\prime}$. As $D^{\prime}$ cannot contain two disjoint cycles-otherwise $D$ would contain three disjoint cycles-the contrapositive of Theorem 3 implies that at least three vertices of $D^{\prime}$ have out-degree two, and hence these vertices dominate $C$ in $D$.
(iv) Let $C^{\prime}$ be an induced cycle contained in $N^{-}(v)$. As $v$ dominates a cycle $C$, by $(i)$ the cycles $C$ and $C^{\prime}$ are disjoint. According to Corollary 5, there exists an arc from $C$ to $C^{\prime}$, which yields the sought triangle.

According to Item $(i)$ of the preceding lemma, $D$ is actually an oriented graph. So, as every vertex has out-degree five, we deduce that the order $n$ of $D$ is at least 11. The proof is now split into two parts, regarding whether $D$ contains a triangle.

### 4.1 The digraph $D$ does not contain a triangle

In this sub-section, we assume that $D$ does not contain a triangle. In particular, every 4-cycle of $D$ is induced. We first establish some useful properties of $D$.

Lemma 7. For every vertex $v$ of $D$ the sub-digraph induced by the outneighbours of $v$ is acyclic.

Proof. Since $D$ has no triangle this follows directly by Lemma 6(iv).
We define a spanning sub-digraph $D^{\prime}$ of $D$ as follows. Recall that, by Lemma 6(ii), the in-neighbourhood of every vertex $u$ of $D$ contains an induced cycle $C_{u}$. We let $D^{\prime}=\left(V, A^{\prime}\right)$ be the spanning sub-digraph of $D$ where $A^{\prime}$ is comprised of all arcs $v \rightarrow u$ of $D$ with $v \in V\left(C_{u}\right)$. The obtained digraph $D^{\prime}$ has some useful properties, stated in the next lemma.

Lemma 8. The following hold.
(i) If $v \rightarrow u$ belongs to $A^{\prime}$ then $N_{D}^{+}(v) \cap N_{D^{\prime}}^{-}(u) \neq \emptyset$.
(ii) The digraph $D^{\prime}$ is 4-regular, i.e. $d_{D^{\prime}}^{+}(v)=4=d_{D^{\prime}}^{-}(v)$ for every vertex $v$. In particular, $D$ contains a 4-cycle.
(iii) If the arc $v \rightarrow u$ belongs to $A \backslash A^{\prime}$ then $N_{D}^{+}(v) \cap N_{D}^{-}(u)=\emptyset$.

Proof. (i) Let $v \in V\left(C_{u}\right)$. By the definition of $C_{u}$, the out-neighbour of $v$ in $C_{u}$ dominates $u$ in $D^{\prime}$ and belongs to $N_{D}^{+}(v)$.
(ii) By Lemma 6(ii), for every vertex $v$ we have $d_{D^{\prime}}^{-}(v) \geq 4$ since $D$ contains no triangle. Therefore, to prove the statement we only need to show that $d_{D^{\prime}}^{+}(v) \leq 4$ for every vertex $v$. Suppose on the contrary that $v$ is a vertex of $D$ with out-degree five in $D^{\prime}$. Hence, $N_{D}^{+}(v)=N_{D^{\prime}}^{+}(v)$. Let $u \in N_{D^{\prime}}^{+}(v)$. By $(i), N_{D^{\prime}}^{+}(v) \cap N_{D^{\prime}}^{-}(u) \neq \emptyset$. So the sub-digraph of $D^{\prime}$ induced by the out-neighbours of $v$ has minimum in-degree at least one, and hence it contains a cycle. This contradicts Lemma 7.
(iii) Suppose that $v \rightarrow u$ is an arc of $D$ contradicting the statement. Again, we shall prove that the out-neighbourhood of $v$ in $D$ contains a cycle, thereby contradicting Lemma 7. Let $z \in N_{D}^{+}(v)$, it suffices to prove that $z$ is dominated by a vertex of $N_{D}^{+}(v)$. If $z=u$ this is clear by the definition of $v$ and $u$, so suppose that $z \neq u$. By (ii), the vertex $v$ has out-degree four in $D^{\prime}$, thus $v \rightarrow z \in A^{\prime}$ and hence ( $i$ ) yields the conclusion.

We prove a last preliminary lemma before turning to the proof of Theorem 2.

Lemma 9. Let $C$ be a 4-cycle of $D$. The following hold.
(i) There exist at least three vertices with each exactly three out-neighbours in $C$;
(ii) at least one of the arcs of $C$ is not in $D^{\prime}$.

Proof. (i) By Lemma 7 every vertex of $D$ has at most three out-neighbours in $C$. Suppose that at most two vertices of $D$ have three out-neighbours in $C$. Then, every vertex of the sub-digraph of $D$ obtained by removing $C$ has out-degree at least three, except at most two vertices that have out-degree two. By Theorem 3, it contains two disjoint cycles. These two cycles together with $C$ yield three disjoint cycles in $D$, a contradiction.
(ii) Suppose on the contrary that $C:=x y z t$ is a 4 -cycle of $D^{\prime}$. By the preceding item, there exist three vertices $a, b$ and $c$ with each three outneighbours in $C$. Note that no vertex of $C$ can dominate a vertex of $\{a, b, c\}$, otherwise $D$ would contain a triangle or a 2-cycle. As there are

9 arcs from $\{a, b, c\}$ to $C$, at least one vertex of $C$, say $y$, is dominated by $\{a, b, c\}$. Furthermore, one of the arcs $a \rightarrow y, b \rightarrow y, c \rightarrow y$ is not in $D^{\prime}$. Otherwise, as $x \rightarrow y \in A^{\prime}$ and $d_{D^{\prime}}^{-}(y)=4$ by Lemma $8(i i)$, the cycle $C_{y}$ would be comprised of the vertices $a, b, c$ and $x$. This is not possible since there is no arc from $x$ to $\{a, b, c\}$. Without loss of generality we can assume that $a \rightarrow y \notin A^{\prime}$. By Lemma $8(i i i)$, we deduce that the vertex $x$ is not an out-neighbour of $a$ in $D$. It follows that $a \rightarrow z$ and $a \rightarrow t$ are in $A$, and hence in $A^{\prime}$ by Lemma $8(i i i)$ since $a$ dominates $\{y, z\}$.
We assert that $\{b, c\}$ dominates $\{x, t\}$ in $D$. By symmetry it is enough to prove that $b$ dominates $\{x, t\}$. If it is not the case then $b$ dominates $z$ in $D$. As $y \in N_{D}^{+}(b) \cap N_{D}^{-}(z)$, Lemma $8(i i i)$ implies that $b \rightarrow z \in A^{\prime}$. Hence the induced cycle $C_{z}$ contains the vertices $a, y$ and $z$, which is a contradiction since $\{a, y\}$ dominates $z$. This proves the assertion.
Now, note that the arcs $b \rightarrow x$ and $c \rightarrow x$ must belong to $A^{\prime}$ by Lemma $8(i i i)$. Consequently, the induced cycle $C_{x}$ contains the vertices $b, c$ and $t$, which is a contradiction since $\{b, c\}$ dominates $t$ in $D$. This concludes the proof.

We now switch to the proof of Theorem 2. We shall obtain a contradiction by proving that $D^{\prime}$ contains a 4 -cycle. To this end, we first prove Property ( $C$ ) below, which states that $D$ contains a 4 -cycle with two consecutive arcs in $D^{\prime}$. As we shall see, this implies that $D^{\prime}$ contains a 4 -cycle.
(C) There exists a 4-cycle of $D$ with two consecutive arcs belonging to $A^{\prime}$.

By Lemmas $8(i i)$ and $9(i i)$, let $C:=x y z t$ be a 4 -cycle of $D$ with $x \notin V\left(C_{y}\right)$. Consequently, $C$ and $C_{y}$ are disjoint. Let us write $C_{y}=a b c d$ with $a \notin V\left(C_{b}\right)$. So, the cycles $C_{y}$ and $C_{b}$ are disjoint. As $D$ does not have three disjoint cycles, we deduce that $C_{b}$ must contain a vertex of $C$. This vertex cannot be $x$, since by Lemma $8($ iii $) x$ has no out-neighbour in $N_{D}^{-}(y)$. Moreover, it can be neither $y$ nor $z$-otherwise $D$ would contain a 2 -cycle or a triangle. Hence $t \in V\left(C_{b}\right)$. The situation is depicted in Figure 2(a). Note that tbyz is a 4 -cycle with two consecutive arcs in $D^{\prime}$, namely $t \rightarrow b$ and $b \rightarrow y$. This establishes Property $(C)$.

We are now in position to conclude the proof, by showing that there exists a 4 -cycle of $D$ included in $D^{\prime}$ and thereby contradicting Lemma $8(i i)$. By Property $(C)$ let $C:=x y z t$ be a 4 -cycle of $D$ with two consecutive arcs in $D^{\prime}$. By Lemma $9(i i)$ at least one of the arcs of $C$ is not in $D^{\prime}$. Therefore, up to renaming the vertices, we can assume that $t \rightarrow x \in A, x \rightarrow y \in A$ and $z \rightarrow t \notin A^{\prime}$. Thus $C$ and $C_{t}:=a b c d$ are disjoint. By Lemma $9(i i)$, assume


Figure 2: The arcs belonging to $A^{\prime}$ are drawn in bold, and the arcs not in $A^{\prime}$ are dashed. The remaining ones are only known to be in $A$.
that $a \notin C_{b}$. The cycles $C_{t}$ and $C_{b}$ being disjoint, $C_{b}$ must intersect the cycle $C$. As none of $x, z$ and $t$ has an out-neighbour in $C_{b}$, we infer that $y \in V\left(C_{b}\right)$. Therefore txyb is a 4-cycle of $D$ which is included in $D^{\prime}$, see Figure $2(b)$. This contradiction concludes the proof when $D$ does not contain a triangle.

### 4.2 The digraph $D$ contains a triangle

For every vertex $u \in V$, we let $\varphi(u)$ be the greatest integer $r$ for which there exist triangles $T_{1}, T_{2}, \ldots, T_{r}$ such that

- the intersection of every two triangles is the vertex $u$; and
- the in-neighbour of $u$ in $T_{i}$ dominates $T_{i-1}$ for every $i \in\{2,3, \ldots, r\}$.

Thus, $\varphi(u)=0$ if and only if $u$ is not contained in a triangle, and $1 \leq \varphi(u) \leq$ 5 otherwise.

Lemma 10. Either $D$ contains two disjoint triangles, or all the triangles of $D$ share a common vertex $x$. In the latter case $\varphi(x) \geq 3$.

Proof. Let $\Phi:=\max _{u \in V} \varphi(u)$. As $D$ contains a triangle, we deduce from Lemma 6 (iii) and (iv) that $\Phi \geq 2$.

We suppose first that $\Phi=2$. We shall establish that $D$ contains two disjoint triangles. Suppose on the contrary that it is not the case. Then, the following holds.
(D) Every vertex $x \in V$ such that $\varphi(x)=2$ is dominated by a triangle.

By the definition of $\varphi$, there exist four vertices $y_{1}, y_{2}, z_{1}, z_{2}$ such that $T_{1}:=$ $x y_{1} z_{1}$ and $T_{2}:=x y_{2} z_{2}$ are two triangles and $z_{2}$ dominates $T_{1}$. According to Lemma $6(i i i)$, there exists a vertex $z_{3} \notin\left\{y_{1}, z_{1}\right\}$ dominating $T_{2}$. Thus, Lemma 6(iv) implies that there exists a triangle $T_{3}:=z_{3} a_{1} b_{1}$, with $a_{1} \in$


Figure 3: Configuration obtained when $\varphi(x)=2$.
$V\left(T_{2}\right)$ and $b_{1} \notin V\left(T_{2}\right)$. There are three distinct vertices that dominate $T_{3}$. Among the vertices so far defined, only $y_{1}$ and $z_{1}$ may dominate $T_{3}$. Thus, there exists $z_{4} \notin\left\{y_{1}, z_{1}\right\}$ that dominates $T_{3}$. Moreover, there exists a triangle $T_{4}:=z_{4} a_{2} b_{2}$ with $a_{2} \in V\left(T_{3}\right)$ and $b_{2} \notin V\left(T_{3}\right)$. The situation is depicted in Figure 3. We set $X:=\left\{x, y_{1}, z_{1}, y_{2}, z_{2}, z_{3}, z_{4}\right\}$.

If $z_{1} \rightarrow z_{3} \in A$, then $z_{3} z_{2} z_{1}$ is a triangle which dominates $x$, which would establish Property $(D)$. We thus assume in the remaining that $z_{1}$ does not dominate $z_{3}$. The vertex $b_{1}$ dominates $z_{3}$, thus either $b_{1}=y_{1}$ or $b_{1} \notin X$. We consider these two cases separately.
$b_{1} \notin X$. Then $a_{1}$ must be $x$, otherwise $z_{3} a_{1} b_{1}$ and one of $T_{1}, T_{2}$ are disjoint. Now, $T_{1}, T_{2}$ and $z_{3} x b_{1}$ show that $\varphi(x) \geq 3$, a contradiction.
$b_{1}=y_{1}$. Consider $T_{4}=z_{4} a_{2} b_{2}$. Note that $z_{4}$ dominates $b_{1}=y_{1}$. Notice also that the vertex $b_{2}$ does not lie in $\left\{y_{2}, z_{2}\right\}$, otherwise $z_{4} z_{3} b_{2}$ and $T_{1}$ would be two disjoint triangles. If $b_{2}=x$ then $T_{1}, T_{2}$ and $z_{4} z_{3} x$ show that $\varphi(x) \geq 3$, a contradiction. If $b_{2}=z_{1}$, then $z_{4} y_{1} z_{1}$ and $T_{2}$ are two disjoint triangles. Thus, as $b_{2} \neq b_{1}=y_{1}$ (since $b_{2} \notin V\left(T_{3}\right)$ ), we deduce that $b_{2} \notin X$. As $T_{4}$ must intersect $T_{1}, T_{2}$ and $T_{3}$, we infer that $a_{2}=x$. Consequently, $z_{3} z_{2} y_{1}$ and $T_{4}$ are two disjoint triangles, a contradiction.

This establishes Property $(D)$. Note that we also have showed that $z_{1}$ must indeed dominate $z_{3}$. Hence, $\varphi\left(z_{2}\right) \geq 2$, by considering the triangles $T_{2}$ and $z_{3} z_{2} z_{1}$.

Now consider a vertex $x$ such that $\varphi(x)=2$, and let $T_{1}$ and $T_{2}$ be two triangles as before. In particular, we can assume that the vertex $z_{2}$ satisfies $\varphi\left(z_{2}\right)=2$, thus is dominated by a triangle $T$. Observe that $T_{1}$ and $T$ are two disjoint triangles, a contradiction.

In conclusion, we have proved that $D$ contains two disjoint triangles if $\Phi$ is two.

We assume now that $\Phi \geq 3$, and we let $x$ be a vertex such that $\varphi(x)=\Phi$. By contradiction, suppose that $D$ does not contain two disjoint triangles,


Figure 4: Configuration obtained when $\varphi(x) \geq 3$ and $b=y_{1}$.
and yet contains a triangle $T$ not containing $x$. There exist three triangles $T_{i}:=x y_{i} z_{i}, i \in\{1,2,3\}$, such that $V\left(T_{i}\right) \cap V\left(T_{j}\right)=\{x\}$ if $i \neq j$, and $z_{i}$ dominates $T_{i-1}$ if $i>1$. As $D$ does not contain two disjoint triangles, we deduce that $T$ contains a vertex from each set $\left\{y_{i}, z_{i}\right\}$, for $i \in\{1,2,3\}$.

According to Lemma $6(i i i)$, there exists a vertex $z_{4}$, distinct from all the vertices defined so far, that dominates the triangle $T_{3}$. Thus, there exists a triangle $T_{4}:=z_{4} a b$, with $a \in V\left(T_{3}\right)$ and $b \notin V\left(T_{3}\right)$. Notice that $b \neq x$. Hence, if $a \neq x$, we obtain two disjoint triangles; indeed, the triangle $T_{4}$ intersects at most two triangles among $T_{1}, T_{2}$ and $T_{3}$, because $x \notin V\left(T_{4}\right)$ and $z_{4} \notin V\left(T_{1}\right) \cup V\left(T_{2}\right) \cup V\left(T_{3}\right)$. Thus, among the triangles $T_{i}, i \in\{1,2,3,4\}$, at least two are disjoint, a contradiction.

Therefore, $a=x$. Let $X:=\left\{x, y_{1}, z_{1}, y_{2}, z_{2}, y_{3}, z_{3}, z_{4}\right\}$. Note that $b$ either belongs to $\left\{y_{2}, y_{1}\right\}$ or does not belong to $X$. The latter case is not possible, since $T_{4}$ and $T$ would then be two disjoint triangles-because, as noted earlier, $V(T) \subset\left\{y_{1}, z_{1}, y_{2}, z_{2}, y_{3}, z_{3}\right\}$. If $b=y_{2}$, then $T_{1}$ and $z_{4} z_{3} y_{2}$ are two disjoint triangles. Therefore, we infer that $b$ is $y_{1}$, so $T_{4}=z_{4} x y_{1}$. The situation is depicted in Figure 4.

As $D$ does not contain two disjoint triangles, $V(T)$ must intersect the set $\left\{y_{1}, z_{4}\right\}$. So, $y_{1}$ is a vertex of $T$. Now, observe that the triangles $T_{2}, T_{3}$ and $T_{4}$ fulfil the same conditions as do $T_{1}, T_{2}$ and $T_{3}$. Consequently, we deduce as previously that $y_{2} \in V(T)$. So, the triangle $T$ either is $z_{3} y_{2} y_{1}$ or is comprised of the vertices $y_{1}, y_{2}$ and $y_{3}$. If the former case, let $u \notin X$ be a vertex dominating $T_{4}$. This is possible since at least three vertices dominate $T_{4}$. There exists a triangle $T_{5}$ comprised of $u$, a vertex $u_{1} \in V\left(T_{4}\right)$ and a vertex $u_{2} \notin V\left(T_{4}\right)$. If $u_{1} \in\left\{y_{1}, z_{4}\right\}$, then $T_{5}$ and either $T_{2}$ or $T_{3}$ are two disjoint triangles, since $x \notin V\left(T_{5}\right)$. So, $u_{1}=x$ and $u_{2}$ is either $y_{2}, y_{3}$ or a new vertex. In all cases, $T_{5}$ and $z_{3} z_{2} y_{1}$ are two disjoint triangles, a contradiction. Consequently, $V(T)=\left\{y_{1}, y_{2}, y_{3}\right\}$. Thus, none of the vertices $z_{i}, i \in\{1,2,3,4\}$, dominates $T$. As $T$ is dominated by at least three vertices, we can choose a vertex $u$ that dominates $T$ and is different from $x$. Now,
there exists a triangle $T^{\prime}:=u u_{1} u_{2}$ with $u_{1} \in\left\{y_{1}, y_{2}, y_{3}\right\}$, and $u_{2} \notin V(T)$. Note that $u_{2} \neq x$. Consequently, $T^{\prime}$ and one triangle among $T_{1}, T_{2}$ and $T_{3}$ are disjoint, a contradiction. This concludes the proof.

We define now two subsets of $V$. Let $Y$ be the set of vertices contained in a triangle, and $Z$ the set of vertices dominating a triangle. We set $D_{Y}:=D[Y]$, and $D_{Z}:=D[Z]$. From Lemma $6(i v)$ we deduce that $D_{Z}$ is an induced subdigraph of $D_{Y}$. The following lemma will prove to be useful.

Lemma 11. The following hold.
(i) Every vertex of $Y$ has at least five in-neighbours in $D$, with at least four lying in $D_{Y}$;
(ii) the minimum in-degree of the digraph $D_{Z}$ is at least three.

Proof. (i) Let $T:=x y z$ be a triangle containing $x$. By Lemma 6(iii), there exist three vertices $u, v$ and $w$ that dominate $T$. By the definition of $Y$, the vertices $u, v, w$ and $z$, which are all in-neighbours of $x$, belong to $Y$. Thus, it only remains to show that there exists a fifth in-neighbour of $x$ in $D$. To this end, suppose on the contrary that $d_{D}^{-}(x)=4$. Consider the cycle $C_{x}$. Since $z$ is dominated by $\{u, v, w\}$, it cannot belong to $C_{x}$. Thus, $C_{x}$ is a triangle whose vertices are $u, v$ and $w$. In particular $T$ and $C_{x}$ are two disjoint cycles, and there is no arc from the triangle $T$ to the cycle $C_{x}$, which contradicts Corollary 5.
(ii) Let $x$ be a vertex of $D_{Z}$. By Lemma 6(iv) there exists a triangle $T:=$ $x y z$, along with three vertices $u, v, w$ dominating $T$. Thus, $\{u, v, w\} \subseteq$ $N_{D_{Z}}^{-}(x)$, which proves the desired statement.

We finish the proof of Theorem 2 right after having established the following bound.

Lemma 12. Suppose that $T$ and $T^{\prime}$ are two disjoint triangles of $D$. If $\ell$ is the number of arcs between $T$ and $T^{\prime}$ then $n \leq 22-\ell$.

Proof. Let $X:=V(T) \cup V\left(T^{\prime}\right)$ and $X^{\prime}:=V \backslash X$. We shall obtain the desired inequality by counting the number $L$ of arcs from a vertex of $X$ to a vertex of $X^{\prime}$. Since every vertex has out-degree five, $L$ is $4 \times 6-\ell=24-\ell$. We now prove that $L \geq n+2$, which will imply that $n+2 \leq 24-\ell$, and hence $n \leq 22-\ell$. Note that every vertex of $X^{\prime}$ has an in-neighbour in $X$, otherwise $D$ would contain three disjoint cycles by Lemma 6(ii). As the digraph $D\left[X^{\prime}\right]$ is acyclic (and of order at least $n-6 \geq 5$ ), there exists a
vertex $v \in X^{\prime}$ having no in-neighbour in $X^{\prime}$, and another vertex $w$ with at most one in-neighbour in $X^{\prime}$. All together, these two vertices have at least $3+2=5$ in-neighbours in $X$. Now, note that $T$ and $T^{\prime}$ are two disjoint triangles in $D_{Y}$. By Lemma $11(i), D_{Y}$ has minimum in-degree at least four-and so its order is at least nine. Consequently, there exists three vertices $a, b$ and $c$ of $Y \backslash X$ having at least four, three and two in-neighbours in $X$, respectively - otherwise $D_{Y}$, and hence $D$, would contain three disjoint cycles, a contradiction. According to Lemma $11(i)$, every vertex of $Y$ has in-degree at least five in $D$. If $\{v, w\} \subset Y$, we infer from what precedes that $L \geq 5+4+2+n-6-3=n+2$. If only one of $v, w$ lies in $Y$, we deduce that $L \geq 5+3+2+2+n-6-4=n+2$, while if none of them is in $Y$, we have $L \geq 3+2+4+3+2+n-6-5=n+3$.

We now obtain a contradiction by proving that $D$ indeed contains three disjoint cycles. Recall that the order of $D$ is at least 11. According to Lemma 10, either all the triangles of $D$ share a common vertex, or $D$ contains two disjoint triangles. We consider the two cases separately.

Case 1: $D$ does not contain two disjoint triangles. In this case, all triangles of $D$ share a common vertex, say $x$, and we have $\varphi(x) \geq 3$. All the vertices of $D_{Z}$ are in-neighbours of $x$, since $x$ is contained in every triangle. By Lemma $11(i i)$, the digraph $D_{Z}$ has minimum in-degree at least three. We assert that $D_{Z}$ has also minimum out-degree at least three. To see this, suppose the contrary, and let $z$ be a vertex with out-degree at most two in $D_{Z}$. Note that $x \notin Z$, so $z \neq x$. We set $D_{1}:=D_{Z}-z$. Observe that the digraph $D_{1}^{*}$ fulfils the hypothesis of Theorem 3, since all its vertices have outdegree at least three (by Lemma 11(ii)) except at most two vertices which have out-degree two. Thus, the digraph $D_{1}^{*}$ contains two disjoint cycles. They yield two disjoint cycles of $D_{1}$, say $C_{1}$ and $C_{2}$. As $z \in D_{Z}$, there exists a triangle $T:=z u v$ in $D$. By the definition of $x$, we have $u=x$. As noticed earlier, $Z \subseteq N_{D}^{-}(x)$, hence the triangle $T$ is disjoint from both $C_{1}$ and $C_{2}$, a contradiction. Therefore $D_{Z}$ has minimum out-degree at least three. Let us set $m:=|Z|$. We shall lower bound $m$ as a function of $n$. As $D_{Z}$ has minimum out-degree three, every vertex of $Z$ has at least four out-neighbours in $Z \cup\{x\}$, and thus at most one in $Z^{\prime}:=V \backslash(Z \cup\{x\})$. So the following holds.
(E) The number of arcs from a vertex of $Z$ to a vertex of $Z^{\prime}$ is at most $m$.

Furthermore, by Theorem $1, D$ contains two disjoint cycles $C_{1}$ and $C_{2}$ comprised of vertices of $Z$. Observe that every vertex of $Z^{\prime}$ has at least one
in-neighbour in $Z$ : otherwise, by Lemma $6(i i), D$ would contain a cycle comprised of vertices of $Z^{\prime} \cup\{x\}$, which together with $C_{1}$ and $C_{2}$ would yield three disjoint cycles, a contradiction. As $\varphi(x) \geq 3$, there exist three outneighbours $y_{1}, y_{2}$ and $y_{3}$ of $x$ in $Z^{\prime}$, each having at least three in-neighbours in $Z$, by Lemma $6(i i i)$. Consequently, the following is true.
(F) The number of arcs from a vertex of $Z$ to a vertex of $Z^{\prime}$ is at least $9+(n-1-m-3)=n-m+5$.

It follows from Properties $(E)$ and $(F)$ that

$$
\begin{equation*}
2 m \geq n+5 . \tag{1}
\end{equation*}
$$

We now aim at bounding $|A|$, the number of arcs of $D$, in terms of $m$. Recall that $|A|=5 n$, since every vertex of $D$ has out-degree five. We partition $V$ into the sets $Z, Z^{\prime}$ and $\{x\}$. Recall that every vertex has in-degree at least three, by Lemma $6(i i)$. As $Z \subseteq Y$, each vertex of $Z$ has at least five in-neighbours in $D$ by Lemma 11(ii). So

$$
\begin{equation*}
\sum_{v \in Z} d_{D}^{-}(v) \geq 5 m \tag{2}
\end{equation*}
$$

Recall also that $Z \subseteq N_{D}^{-}(x)$, thus

$$
\begin{equation*}
\left|N_{D}^{-}(x)\right| \geq m \tag{3}
\end{equation*}
$$

Moreover, according to Lemma $11(i)$, every vertex of $Y$ has in-degree at least five in $D$, and $\left|Y \cap Z^{\prime}\right| \geq 3$ since $\varphi(x) \geq 3$. In particular, $x$ has at most two out-neighbours not in $Z$. As $x$ belongs to every triangle of $D$, every vertex not in $N_{D}^{+}(x)$ has in-degree at least four in $D$, by Lemma 6(ii). Therefore we obtain

$$
\begin{equation*}
\sum_{v \in Z^{\prime}} d_{D}^{-}(v) \geq 3 \times 5+2 \times 3+(n-1-m-5) \times 4=4 n-4 m-3 . \tag{4}
\end{equation*}
$$

By Equations (2), (3) and (4), we infer that the number of arcs of $D$ is at least $5 m+m+4 n-4 m-3=4 n+2 m-3$. As $|A|=5 n$, we obtain

$$
\begin{equation*}
2 m \leq n+3 . \tag{5}
\end{equation*}
$$

Equations (1) and (5) are contradictory, which concludes the first case of our proof.

Case 2: $D$ has two disjoint triangles. Let $T:=x y z$ and $T^{\prime}:=x^{\prime} y^{\prime} z^{\prime}$ be two disjoint triangles. Consider the sub-digraph $D_{1}$ of $D$ obtained by


Figure 5: The sub-digraph $F$ of $D$.
removing $T$ and $T^{\prime}$. As $D$ does not contain three disjoint cycles, $D_{1}$ is acyclic, thus has a vertex $u$ of out-degree zero. Hence, the vertex $u$ has five out-neighbours among $x, y, z, x^{\prime}, y^{\prime}$ and $z^{\prime}$. Without loss of generality, let $N_{D}^{+}(u)=V(T) \cup\left\{x^{\prime}, z^{\prime}\right\}$. Necessarily, $y^{\prime} \in N_{D}^{-}(u)$, otherwise $T, T^{\prime}$ and $C_{u}$ would be three disjoint cycles of $D$, a contradiction. So $T$ and $T_{1}:=u x^{\prime} y^{\prime}$ are two disjoint triangles of $D$. By Lemma 6(iii), there exists an arc from a vertex of $T$ to a vertex of $T_{1}$. Moreover, there are at least three $\operatorname{arcs}$ from a vertex of $T_{1}$ to a vertex of $T$, since the vertex $u$ dominates $T$. So Lemma 12 implies that $n \leq 22-4=18$. By Lemma $6(i i i)$, there exist three vertices $a_{1}, a_{2}$ and $a_{3}$ that dominate $T_{1}$. Clearly, none of these vertices belongs to $V(T) \cup V\left(T_{1}\right)$. Moreover at least one of them, say $a_{1}$, has no in-neighbour in $\left\{a_{1}, a_{2}, a_{3}\right\}$, since otherwise $T, T_{1}$ and $D\left[\left\{a_{1}, a_{2}, a_{3}\right\}\right]$ would be three disjoint cycles of $D$. By Lemma $6(i i)$, the vertex $a_{1}$ must have an in-neighbour in $T$, otherwise $T, T_{1}$ and $C_{a_{1}}$ would be disjoint, a contradiction. Without loss of generality, we assume that $z \in N_{D}^{-}\left(a_{1}\right)$. The triangle $T_{2}:=u z a_{1}$ is dominated by three vertices $a_{4}, a_{5}$ and $a_{6}$. Clearly, none of these vertices belongs to $V(T) \cup V\left(T_{1}\right) \cup\left\{a_{1}, a_{2}, a_{3}\right\}$. More precisely, among the vertices not in $T_{2}$, only $y^{\prime}, a_{2}$ and $a_{3}$ dominate $u$, and none of them dominates $a_{1}$. Thus, we obtain the sub-digraph $F$ of $D$, depicted in Figure 5. For convenience, every vertex of $D$ not in $F$ is called extern.

Note that all the vertices of $F$ belong to $Y$, and hence have in-degree at least five in $D$ by Lemma $11(i)$. As $D$ does not contain three disjoint cycles, there exists $i \in\{2,3, \ldots, 6\}$ such that the vertex $a_{i}$ does not have an in-neighbour in $\left\{a_{1}, a_{2}, \ldots, a_{6}\right\}$. Observe that a vertex dominating the arc $a_{i} \rightarrow u$ is either $y^{\prime}$ or extern, the former begin possible only if $i \geq 4$. We now consider two cases, regarding the value of $i$.
$i \in\{2,3\}$. Without loss of generality, let $i=2$. The vertex $a_{2}$ has at least one in-neighbour in $T$, otherwise $T, T_{1}$ and $C_{a_{2}}$ would be three disjoint cycles of $D$. We consider two cases regarding whether $z$ dominates $a_{2}$.
$z$ dominates $a_{2}$. In this case, the triangle $z a_{2} u$ is dominated by three vertices, which must be extern. These three vertices belong to $Y$, as do the vertices of $F$. Thus, by Lemma $11(i)$, all have in-degree at least five in $D$. Furthermore, among them the vertex $u$ has in-degree at least 10 , and $z$ at least 8 . We deduce that

$$
|A|=5 n=\sum_{v \in V} d_{D}^{-}(v) \geq 10+8+13 \times 5+(n-15) \times 3,
$$

which implies that $n$ is at least 19 , a contradiction.
$z$ does not dominate $a_{2}$. So at least one vertex among $x, y$ dominates $a_{2}$. By symmetry of the roles played by $x$ and $y$ in what follows, we assume that $x$ dominates $a_{2}$. The triangle $T_{3}:=x a_{2} u$ is dominated by three vertices, which must be extern. These three vertices belong to $Z$, and hence to $Y$. The vertices of $F$ also belong to $Y$, and every vertex of $Y$ has in-degree at least five in $D$ by Lemma $11(i)$. Furthermore the in-degree of $u$ is at least 10 . Thus we obtain

$$
|A|=5 n \geq 10+14 \times 5+(n-15) \times 3,
$$

which yields $n \geq \frac{35}{2}$. As $n \leq 18$, we have $n=18$. Notice that $T$ is dominated by two vertices distinct from $u$. So, we infer that $d_{D}^{-}(x)+d_{D}^{-}(z) \geq 5+5+2=12$. Hence, we obtain

$$
|A|=5 n \geq 10+12+12 \times 5+(n-15) \times 3,
$$

from which it follows that $n \geq \frac{37}{2}$, a contradiction.
$i \in\{4,5,6\}$. Without loss of generality, let $i=4$. As $D$ does not have three disjoint cycles, $N_{D}^{-}\left(a_{4}\right) \cap\left\{x, y, x^{\prime}, y^{\prime}\right\} \neq \emptyset$. We split this case according to the corresponding sub-cases.
$x$ dominates $a_{4}$. We set $T_{3}:=a_{4} u x$. Among the vertices of $F$, only $y^{\prime}$ may dominate $T_{3}$. Supposing first that it is not the case, we obtain a contradiction by counting the number of arcs in $D$. The triangle $T_{3}$ is dominated by three extern vertices. These vertices belong to $Z$, and thus to $Y$. Moreover, recall that all the vertices of $F$ also belong to $Y$, and that every vertex of $Y$ has in-degree five, by

Lemma $11(i)$. Thus, there are at least 15 vertices of in-degree five and, among them, $u$ has in-degree at least 10. Also, the vertex $z$ has in-degree at least 8 , because the triangle $x a_{4} z$ is dominated by three vertices, none of them lying in $\left\{y, u, a_{4}, a_{5}, a_{6}\right\}$. Therefore we obtain

$$
|A|=5 n \geq 10+8+13 \times 5+(n-15) \times 3
$$

which yields $n \geq 19$, a contradiction.
Hence, the vertex $y^{\prime}$ dominates the triangle $T_{3}$. We seek a contradiction by counting the number of $\operatorname{arcs}$ in $D$. Note that there are at least five arcs between $T$ and $T_{1}$, since $u$ dominates $T_{1}, y^{\prime}$ dominates $x$ and there is at least one arc from $T$ to $T_{1}$ by Corollary 5 . So, by Lemma $12, n$ is at most 17 .
We now bound the number of arcs in $D$. As $a_{4}$ has no in-neighbours among the other vertices $a_{i}$, there exist two extern vertices dominating the triangle $T_{3}$. Recalling that all the vertices of $F$ belong to $Y$, we obtain $|Y| \geq 14$. By Lemma $11(i)$, each of these vertices has in-degree at least five in $D$. Moreover, $u$ has in-degree at least 9 , since it has already in-degree at least 7 in $F$. Also, the in-degree of $z$ is at least 8 , because $z$ is dominated by $\left\{u, a_{4}, a_{5}, a_{6}, y\right\}$, and by the three vertices dominating the triangle $a_{4} z x$, which cannot be any of the preceding ones. Therefore we infer that

$$
|A|=5 n \geq 9+8+12 \times 5+(n-14) \times 3,
$$

and hence $n \geq \frac{35}{2}$, contradicting the conclusion of the preceding paragraph.
$y$ dominates $a_{4}$. Let $T_{3}:=a_{4} u y$. This triangle is dominated by three vertices. Among the vertices of $F$, only $y^{\prime}$ may dominate it. Suppose first that it is not the case, i.e. $T_{3}$ is dominated by three extern vertices, which hence belong to $Y$. Furthermore, the triangle $T$ is dominated by two vertices different from $u$. Thus we deduce that $d_{D}^{-}(y)+d_{D}^{-}(z) \geq 5+5+2=12$. Note also that $u$ has in-degree at least 10. So, recalling that all the vertices of $F$ belong to $Y$, it follows that

$$
|A|=5 n \geq 10+12+12 \times 5+(n-15) \times 3,
$$

i.e. $n \geq \frac{37}{2}$, a contradiction. Consequently, we infer that $y^{\prime}$ dominates $T_{3}$. As in the previous case, we note that there are at least five arcs between $T$ and $T_{1}$, and thus the Lemma 12 implies that
$n$ is at most 17 . As $T_{3}$ is dominated by two extern vertices, notice that $u$ has in-degree at least 9 (since its in-degree in $F$ is at least 7). Moreover the triangle $a_{4} a_{1} y^{\prime}$ is dominated by three vertices, and none of them belongs to $\left\{x^{\prime}, a_{2}, a_{3}, a_{5}, a_{6}, z\right\}$. Hence, we deduce that both $a_{1}$ and $y^{\prime}$ have in-degree at least 7 in $D$. Therefore, we obtain

$$
|A|=5 n \geq 9+7+7+11 \times 5+(n-14) \times 3,
$$

so $n \geq 18$, a contradiction.
$x^{\prime}$ dominates $a_{4}$. Then the triangle $T_{3}:=a_{4} u x^{\prime}$ is dominated by three extern vertices. So there are at least 15 vertices of in-degree at least five, and among them $u$ has in-degree at least 10 (since its in-degree in $F$ is at least 7 ), and $x^{\prime}$ has in-degree at least 7 (since its in-degree in $F$ is at least 4). Therefore, we deduce that

$$
|A|=5 n \geq 10+7+13 \times 5+(n-15) \times 3,
$$

which yields $n \geq \frac{37}{2}$, a contradiction.
None of $x, y$ and $x^{\prime}$ dominates $a_{4}$ in $D$. In this case the vertex $y^{\prime}$ must dominate $a_{4}$. We consider three vertices dominating the triangle $T_{3}:=a_{4} a_{1} y^{\prime}$. Among the vertices of $F$, only $x$ and $y$ can dominate $T_{3}$, but none of them does since none of them is an in-neighbour of $a_{4}$. Thus, $T_{3}$ is dominated by three extern vertices. Consequently, $Y$ contains at least 15 vertices, and $u, a_{1}$ and $y^{\prime}$ all have in-degree at least 7. It follows that

$$
|A|=5 n \geq 3 \times 7+12 \times 5+(n-15) \times 3,
$$

and hence, $n \geq 18$. As we know that $n \leq 18$, we have $n=18$. In particular, there are exactly 6 extern vertices $r, s, t, r^{\prime}, s^{\prime}$ and $t^{\prime}$, with $\{r, s, t\}$ dominating the triangle $T_{3}$.
Now observe that, for every $i \in\{1,2,3,4\}, a_{i} \notin N_{D}^{+}\left(x^{\prime}\right)$. Moreover, $V(T) \cap N_{D}^{+}\left(x^{\prime}\right)=\emptyset$ otherwise there would be at least five arcs between $T$ and $T^{\prime}$, which would imply that $n \leq 17$ by Lemma 12 , a contradiction. We assert that the in-degree of $x^{\prime}$ in $D$ is at least 7. Recalling that $u, a_{1}$ and $y^{\prime}$ also have in-degree at least 7 , we would deduce that

$$
|A|=5 n=90 \geq 4 \times 7+11 \times 5+3 \times 3=92,
$$

a contradiction. So it only remains to prove the assertion. If $\left\{a_{5}, a_{6}\right\} \cap N_{D}^{+}\left(x^{\prime}\right) \neq \emptyset$, we assume without loss of generality that
$x^{\prime}$ dominates $a_{5}$. Then, the triangle $a_{5} a_{1} x^{\prime}$ is dominated by three vertices, which cannot be any of $u, a_{1}, a_{2}, a_{3}$. So $x^{\prime}$ has at least 7 in-neighbours in $D$. If $\left\{a_{5}, a_{6}\right\} \cap N_{D}^{+}\left(x^{\prime}\right)=\emptyset$, the vertex $x^{\prime}$ has at least four out-neighbours lying in $\left\{r, s, t, r^{\prime}, s^{\prime}, t^{\prime}\right\}$. So it dominates at least one of $r, s$ and $t$, say $r$. The triangle $r a_{1} x^{\prime}$ is dominated by three vertices, none of them lying in $\left\{u, a_{1}, a_{2}, a_{3}\right\}$. Thus, we again conclude that the vertex $x^{\prime}$ has in-degree at least 7 , which proves the assertion.

The proof of Theorem 2 is complete.

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