

# Tight bounds for rational sums of squares over totally real fields

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#### BOUNDING THE RATIONAL SUMS OF SQUARES OVER TOTALLY REAL FIELDS

#### RONAN QUAREZ

ABSTRACT. Let K be a totally real Galois number field. C. J. Hillar proved that if  $f \in \mathbb{Q}[x_1, \ldots, x_n]$  is a sum of m squares in  $K[x_1, \ldots, x_n]$ , then f is a sum of N(m) squares in  $\mathbb{Q}[x_1, \ldots, x_n]$ , where  $N(m) \leq 2^{[K:\mathbb{Q}]+1} \cdot \binom{[K:\mathbb{Q}]+1}{2} \cdot 4m$ , the proof being constructive.

We show in fact that  $N(m) \leq (4[K:\mathbb{Q}]-3) \cdot m$ , the proof being constructive as well.

#### 1. INTRODUCTION

In the theory of semidefinite linear programming, there is a question by Sturmfels

Question 1.1 (Sturmfels). If  $f \in \mathbb{Q}[x_1, \ldots, x_n]$  is a sum of squares in  $\mathbb{R}[x_1, \ldots, x_n]$ , then is f also a sum of squares in  $\mathbb{Q}[x_1, \ldots, x_n]$ ?

Hillar ([3]) answers the question in the case where the sum of squares has coefficients in a totally real Galois number field :

**Theorem 1.2** (Hillar). Let  $f \in \mathbb{Q}[x_1, \ldots, x_n]$  be a sum of m squares in  $K[x_1, \ldots, x_n]$ where K is a totally real Galois extension of  $\mathbb{Q}$ . Then, f is a sum of

$$2^{[K:\mathbb{Q}]+1} \cdot \binom{[K:\mathbb{Q}]+1}{2} \cdot 4m$$

squares in  $\mathbb{Q}[x_1,\ldots,x_n]$ .

The aim of this note is to show, modifying a little bit Hillar's proof, that only  $(4[K : \mathbb{Q}] - 3) \cdot m$  squares are needed (that is Theorem 3.1). Moreover, as in [3], the argument is constructive.

#### 2. HILLAR'S METHOD

Having in mind the Lagrange's four squares Theorem, we focus ourselves on *rational sum of squares* i.e. linear combination of squares with positive rationnal coefficients.

Let K be a totally real Galois extension of  $\mathbb{Q}$  which we write  $K = \mathbb{Q}(\theta)$  with  $\theta$ a real algebraic number, all of whose conjugates are also real. We set  $r = [K : \mathbb{Q}]$ and  $G = \operatorname{Gal}(K/\mathbb{Q})$ .

Let  $f \in \mathbb{Q}[x_1, \ldots, x_n]$  be a sum of m squares in  $K[x_1, \ldots, x_n]$ , namely  $f = \sum_{k=1}^m f_k^2$ , with  $f_k \in K[x_1, \ldots, x_n]$ . Summing over all actions of G (i.e. "averaging"), we get

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(1) 
$$f = \frac{1}{\mid G \mid} \sum_{k=1}^{m} \sum_{\sigma \in G} (\sigma f_k)^2$$

Next, we write each  $f_k$  in the form

$$f_k = \sum_{i=0}^{r-1} q_i \theta^i$$

where  $q_i \in \mathbb{Q}[x_1, \ldots, x_n]$ . Then,

(2) 
$$\sum_{\sigma \in G} (\sigma f_k)^2 = \sum_{j=1}^r \left( \sum_{i=0}^{r-1} q_i (\sigma_j \theta)^i \right)^2$$

We may write this sum of squares as the following product of matrices

$$\begin{pmatrix} q_0 \\ \vdots \\ q_{r-1} \end{pmatrix}^T \begin{pmatrix} 1 & \sigma_1\theta & \dots & (\sigma_1\theta)^{r-1} \\ \vdots & \vdots & \ddots & \vdots \\ 1 & \sigma_r\theta & \dots & (\sigma_r\theta)^{r-1} \end{pmatrix}^T \begin{pmatrix} 1 & \sigma_1\theta & \dots & (\sigma_1\theta)^{r-1} \\ \vdots & \vdots & \ddots & \vdots \\ 1 & \sigma_r\theta & \dots & (\sigma_r\theta)^{r-1} \end{pmatrix} \begin{pmatrix} q_0 \\ \vdots \\ q_{r-1} \end{pmatrix}$$

We obtain what is called a Gram matrix (cf [1]) associated to the sum of squares in (2). Let

$$G = \begin{pmatrix} 1 & \sigma_1 \theta & \dots & (\sigma_1 \theta)^{r-1} \\ \vdots & \vdots & \ddots & \vdots \\ 1 & \sigma_r \theta & \dots & (\sigma_r \theta)^{r-1} \end{pmatrix}^T \begin{pmatrix} 1 & \sigma_1 \theta & \dots & (\sigma_1 \theta)^{r-1} \\ \vdots & \vdots & \ddots & \vdots \\ 1 & \sigma_r \theta & \dots & (\sigma_r \theta)^{r-1} \end{pmatrix}$$

Note that the entries of G are in  $\mathbb{Q}$  since they are invariant under the  $\sigma_j$ 's.

Now, we come to the slight modification of the proof of Hillar that will improve the bound.

#### 3. LU-decomposition of the Gram matrix

If u(x) denotes the minimal polynomial of the Galois extension K over  $\mathbb{Q}$ , then the (i, j)-th entry of the matrix G is the i + j - 2-th Newton sum of  $(\sigma_1, \ldots, \sigma_r)$ the roots of u(x). It is well known that the rank of G is equal to r and its signature (the difference between the positive eigenvalues and the negative ones) is equal to the number of real roots of u(x) (see for instance [2, Theorem 4.57]). In our case, we readily deduce that G is a positive definite matrix since K is totally real. Thus, all its principal minors are different from zero (they are strictly positive !) and Gadmits a LU-decomposition which we may put in a symmetric form

$$G = U^T D U$$

where D is diagonal and U is upper triangular with diagonal identity, and U, D have rational entries.

We may view this decomposition as a matricial realization of the Gauss algorithm which reduce the quadratic form given by G.

Now, if we denote by  $f_1, \ldots, f_r$  the polynomials in  $\mathbb{Q}[x_1, \ldots, x_r]$  appearing as the rows of the matrix  $U \times \begin{pmatrix} q_0 \\ \vdots \\ q_{r-1} \end{pmatrix}$  and by  $d_1, \ldots, d_r$  the rational entries onto the diagonal of D, then we get from (2) the identity :

(3) 
$$\frac{1}{|G|} \sum_{\sigma \in G} (\sigma f_k)^2 = \frac{d_1}{|G|} g_1^2 + \ldots + \frac{d_r}{|G|} g_r^2$$

This construction leads to

**Theorem 3.1.** Let  $f \in \mathbb{Q}[x_1, \ldots, x_n]$  be a sum of m squares in  $K[x_1, \ldots, x_n]$ , where K is a totally real Galois extension of  $\mathbb{Q}$ . Then, f is a sum of  $(4[K : \mathbb{Q}] - 3) \cdot m$  squares in  $\mathbb{Q}[x_1, \ldots, x_n]$ .

*Proof.* By (1) and (3), it suffices to apply Lagrange's four squares Theorem to get that f is a sum of  $4[K:\mathbb{Q}] \cdot m$  squares in  $\mathbb{Q}[x_1, \ldots, x_n]$ .

But let us note that the first diagonal entry of D is always  $d_1 = r = [K : \mathbb{Q}]$ . Then, by the averaging process the first coefficient appearing in the rational sum of squares in (3) is  $\frac{d_1}{|G|} = 1$ : already a square in  $\mathbb{Q}$ ! Whereas the others coefficients  $\frac{d_i}{|G|}$  in the rational sum of squares could be any positive rational which we rewrite as a sum of 4 squares. This concludes the proof.

Remark 3.2. Beware that if we perform the Cholesky algorithm to the matrix G instead of the LU-decomposition, it yields a factorisation  $G = U^T U$  where U is lower triangular but with entries in  $\mathbb{Q}[\sqrt{d_1}, \ldots, \sqrt{d_r}]$  for some integers  $d_1, \ldots, d_r$ . Then, an averaging argument would produce identities over  $\mathbb{Q}$  but will raise the number of squares by an unexpected multiplicative factor  $2^{[K:\mathbb{Q}]}$ .

Let us consider as an example, the simple case of quadratic extensions :

**Example 3.3.** Let  $K = \mathbb{Q}(\sqrt{d})$  where  $d \in \mathbb{Q}$  is not a square. The extension K is always Galois, and it is totally real if  $d \ge 0$ .

Let  $f \in \mathbb{Q}(x_1, \ldots, x_n)$  be such that  $f = \sum_{k=1}^m (a_k + b_k \sqrt{d})^2$  with  $a_k, b_k \in \mathbb{Q}(x_1, \ldots, x_n)$ . Since f has rational coefficients, by averaging we get

$$f = \frac{1}{2} \sum_{k=1}^{m} (a_k + b_k \sqrt{d})^2 + (a_k - b_k \sqrt{d})^2 = \sum_{k=1}^{m} (a_k^2 + db_k^2)^2$$

It remains to write d as a sum of  $l \leq 4$  squares of rationals, and we get that f is a sum of at most  $(1+l) \cdot m$  squares in  $\mathbb{Q}(x_1, \ldots, x_n)$ .

As another illustration, we apply our method to [3, Example 1.7]:

Example 3.4. Consider the polynomial

 $f = 3 - 12y - 6x^3 + 18y^2 + 3x^6 + 12x^3y - 6xy^3 + 6x^2y^4$ 

which is the following sum of squares

 $f = (x^3 + \alpha^2 y + \beta x y^2 - 1)^2 + (x^3 + \beta^2 y + \gamma x y^2 - 1)^2 + (x^3 + \gamma^2 y + \alpha x y^2 - 1)^2$ in  $\mathbb{Q}(\alpha)[x, y]$  where  $\alpha, \beta, \gamma$  are the real roots of the polynomial  $u(x) = x^3 - 3x + 1$ .

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We do not need to average and directly compute the matrix  ${\cal G}$  and its symmetric LU-decompositon

$$\begin{pmatrix} 3 & 0 & 6 \\ 0 & 6 & -3 \\ 6 & -3 & 18 \end{pmatrix} = \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 2 & -\frac{1}{2} & 1 \end{pmatrix} \begin{pmatrix} 3 & 0 & 0 \\ 0 & 6 & 0 \\ 0 & 0 & \frac{9}{2} \end{pmatrix} \begin{pmatrix} 1 & 0 & 2 \\ 0 & 1 & -\frac{1}{2} \\ 0 & 0 & 1 \end{pmatrix}$$

Because of the relations  $\beta = 2 - \alpha - \alpha^2$  and  $\gamma = \alpha^2 - 2$ , the vector of polynomials  $q = (q_0, q_1, q_2)^T$  is  $q = (x^3 + 2xy^2 - 1, -xy^2, y - xy^2)^T$  and hence

$$f = 3\left((x^3 + 2xy^2 - 1) + 2(y - xy^2)\right)^2 + 6\left(-xy^2 - \frac{1}{2}(y - xy^2)\right)^2 + \frac{9}{2}\left(y - xy^2\right)^2$$

a rationnal sum of 3 squares, to compare with the rational sum of 6 squares obtained in [3].

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