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# BOUNDING THE RATIONAL SUMS OF SQUARES OVER TOTALLY REAL FIELDS 

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#### Abstract

Let $K$ be a totally real Galois number field. C. J. Hillar proved that if $f \in \mathbb{Q}\left[x_{1}, \ldots, x_{n}\right]$ is a sum of $m$ squares in $K\left[x_{1}, \ldots, x_{n}\right]$, then $f$ is a sum of $N(m)$ squares in $\mathbb{Q}\left[x_{1}, \ldots, x_{n}\right]$, where $N(m) \leq 2^{[K: \mathbb{Q}]+1} \cdot(\underset{2}{[K: \mathbb{Q}]+1}) \cdot 4 m$, the proof being constructive.

We show in fact that $N(m) \leq(4[K: \mathbb{Q}]-3) \cdot m$, the proof being constructive as well.


## 1. Introduction

In the theory of semidefinite linear programming, there is a question by Sturmfels
Question 1.1 (Sturmfels). If $f \in \mathbb{Q}\left[x_{1}, \ldots, x_{n}\right]$ is a sum of squares in $\mathbb{R}\left[x_{1}, \ldots, x_{n}\right]$, then is $f$ also a sum of squares in $\mathbb{Q}\left[x_{1}, \ldots, x_{n}\right]$ ?

Hillar ([3]) answers the question in the case where the sum of squares has coefficients in a totally real Galois number field :
Theorem 1.2 (Hillar). Let $f \in \mathbb{Q}\left[x_{1}, \ldots, x_{n}\right]$ be a sum of $m$ squares in $K\left[x_{1}, \ldots, x_{n}\right]$ where $K$ is a totally real Galois extension of $\mathbb{Q}$. Then, $f$ is a sum of

$$
2^{[K: \mathbb{Q}]+1} \cdot\binom{[K: \mathbb{Q}]+1}{2} \cdot 4 m
$$

squares in $\mathbb{Q}\left[x_{1}, \ldots, x_{n}\right]$.
The aim of this note is to show, modifying a little bit Hillar's proof, that only $(4[K: \mathbb{Q}]-3) \cdot m$ squares are needed (that is Theorem 3.1). Moreover, as in [3], the argument is constructive.

## 2. Hillar's method

Having in mind the Lagrange's four squares Theorem, we focus ourselves on rational sum of squares i.e. linear combination of squares with positive rationnal coefficients.

Let $K$ be a totally real Galois extension of $\mathbb{Q}$ which we write $K=\mathbb{Q}(\theta)$ with $\theta$ a real algebraic number, all of whose conjugates are also real. We set $r=[K: \mathbb{Q}]$ and $G=\operatorname{Gal}(K / \mathbb{Q})$.

Let $f \in \mathbb{Q}\left[x_{1}, \ldots, x_{n}\right]$ be a sum of $m$ squares in $K\left[x_{1}, \ldots, x_{n}\right]$, namely $f=$ $\sum_{k=1}^{m} f_{k}^{2}$, with $f_{k} \in K\left[x_{1}, \ldots, x_{n}\right]$. Summing over all actions of $G$ (i.e. "averaging"), we get

[^0]\[

$$
\begin{equation*}
f=\frac{1}{|G|} \sum_{k=1}^{m} \sum_{\sigma \in G}\left(\sigma f_{k}\right)^{2} \tag{1}
\end{equation*}
$$

\]

Next, we write each $f_{k}$ in the form

$$
f_{k}=\sum_{i=0}^{r-1} q_{i} \theta^{i}
$$

where $q_{i} \in \mathbb{Q}\left[x_{1}, \ldots, x_{n}\right]$. Then,

$$
\begin{equation*}
\sum_{\sigma \in G}\left(\sigma f_{k}\right)^{2}=\sum_{j=1}^{r}\left(\sum_{i=0}^{r-1} q_{i}\left(\sigma_{j} \theta\right)^{i}\right)^{2} \tag{2}
\end{equation*}
$$

We may write this sum of squares as the following product of matrices

$$
\left(\begin{array}{c}
q_{0} \\
\vdots \\
q_{r-1}
\end{array}\right)^{T}\left(\begin{array}{cccc}
1 & \sigma_{1} \theta & \ldots & \left(\sigma_{1} \theta\right)^{r-1} \\
\vdots & \vdots & \ddots & \vdots \\
1 & \sigma_{r} \theta & \ldots & \left(\sigma_{r} \theta\right)^{r-1}
\end{array}\right)^{T}\left(\begin{array}{cccc}
1 & \sigma_{1} \theta & \ldots & \left(\sigma_{1} \theta\right)^{r-1} \\
\vdots & \vdots & \ddots & \vdots \\
1 & \sigma_{r} \theta & \ldots & \left(\sigma_{r} \theta\right)^{r-1}
\end{array}\right)\left(\begin{array}{c}
q_{0} \\
\vdots \\
q_{r-1}
\end{array}\right)
$$

We obtain what is called a Gram matrix (cf [1]) associated to the sum of squares in (2). Let

$$
G=\left(\begin{array}{cccc}
1 & \sigma_{1} \theta & \ldots & \left(\sigma_{1} \theta\right)^{r-1} \\
\vdots & \vdots & \ddots & \vdots \\
1 & \sigma_{r} \theta & \ldots & \left(\sigma_{r} \theta\right)^{r-1}
\end{array}\right)^{T}\left(\begin{array}{cccc}
1 & \sigma_{1} \theta & \ldots & \left(\sigma_{1} \theta\right)^{r-1} \\
\vdots & \vdots & \ddots & \vdots \\
1 & \sigma_{r} \theta & \ldots & \left(\sigma_{r} \theta\right)^{r-1}
\end{array}\right)
$$

Note that the entries of $G$ are in $\mathbb{Q}$ since they are invariant under the $\sigma_{j}$ 's.
Now, we come to the slight modification of the proof of Hillar that will improve the bound.

## 3. LU-decomposition of the Gram matrix

If $u(x)$ denotes the minimal polynomial of the Galois extension $K$ over $\mathbb{Q}$, then the $(i, j)$-th entry of the matrix $G$ is the $i+j-2$-th Newton sum of $\left(\sigma_{1}, \ldots, \sigma_{r}\right)$ the roots of $u(x)$. It is well known that the rank of $G$ is equal to $r$ and its signature (the difference between the positive eigenvalues and the negative ones) is equal to the number of real roots of $u(x)$ (see for instance [2. Theorem 4.57]). In our case, we readily deduce that $G$ is a positive definite matrix since $K$ is totally real. Thus, all its principal minors are different from zero (they are strictly positive!) and $G$ admits a LU-decomposition which we may put in a symmetric form

$$
G=U^{T} D U
$$

where $D$ is diagonal and $U$ is upper triangular with diagonal identity, and $U, D$ have rational entries.

We may view this decomposition as a matricial realization of the Gauss algorithm which reduce the quadratic form given by $G$.

Now, if we denote by $f_{1}, \ldots, f_{r}$ the polynomials in $\mathbb{Q}\left[x_{1}, \ldots, x_{r}\right]$ appearing as the rows of the matrix $U \times\left(\begin{array}{c}q_{0} \\ \vdots \\ q_{r-1}\end{array}\right)$ and by $d_{1}, \ldots, d_{r}$ the rational entries onto the diagonal of $D$, then we get from (2) the identity :

$$
\begin{equation*}
\frac{1}{|G|} \sum_{\sigma \in G}\left(\sigma f_{k}\right)^{2}=\frac{d_{1}}{|G|} g_{1}^{2}+\ldots+\frac{d_{r}}{|G|} g_{r}^{2} \tag{3}
\end{equation*}
$$

This construction leads to
Theorem 3.1. Let $f \in \mathbb{Q}\left[x_{1}, \ldots, x_{n}\right]$ be a sum of $m$ squares in $K\left[x_{1}, \ldots, x_{n}\right]$, where $K$ is a totally real Galois extension of $\mathbb{Q}$. Then, $f$ is a sum of $(4[K: \mathbb{Q}]-3) \cdot m$ squares in $\mathbb{Q}\left[x_{1}, \ldots, x_{n}\right]$.
Proof. By (1) and (3), it suffices to apply Lagrange's four squares Theorem to get that $f$ is a sum of $4[K: \mathbb{Q}] \cdot m$ squares in $\mathbb{Q}\left[x_{1}, \ldots, x_{n}\right]$.

But let us note that the first diagonal entry of $D$ is always $d_{1}=r=[K: \mathbb{Q}]$. Then, by the averaging process the first coefficient appearing in the rational sum of squares in (3) is $\frac{d_{1}}{|G|}=1$ : already a square in $\mathbb{Q}!$ Whereas the others coefficients $\frac{d_{i}}{|G|}$ in the rational sum of squares could be any positive rational which we rewrite as a sum of 4 squares. This concludes the proof.

Remark 3.2. Beware that if we perform the Cholesky algorithm to the matrix $G$ instead of the LU-decomposition, it yields a factorisation $G=U^{T} U$ where $U$ is lower triangular but with entries in $\mathbb{Q}\left[\sqrt{d_{1}}, \ldots, \sqrt{d_{r}}\right]$ for some integers $d_{1}, \ldots, d_{r}$. Then, an averaging argument would produce identities over $\mathbb{Q}$ but will raise the number of squares by an unexpected multiplicative factor $2^{[K: \mathbb{Q}]}$.

Let us consider as an example, the simple case of quadratic extensions :
Example 3.3. Let $K=\mathbb{Q}(\sqrt{d})$ where $d \in \mathbb{Q}$ is not a square. The extension $K$ is always Galois, and it is totally real if $d \geq 0$.

Let $f \in \mathbb{Q}\left(x_{1}, \ldots, x_{n}\right)$ be such that $f=\sum_{k=1}^{m}\left(a_{k}+b_{k} \sqrt{d}\right)^{2}$ with $a_{k}, b_{k} \in$ $\mathbb{Q}\left(x_{1}, \ldots, x_{n}\right)$. Since $f$ has rational coefficients, by averaging we get

$$
f=\frac{1}{2} \sum_{k=1}^{m}\left(a_{k}+b_{k} \sqrt{d}\right)^{2}+\left(a_{k}-b_{k} \sqrt{d}\right)^{2}=\sum_{k=1}^{m}\left(a_{k}^{2}+d b_{k}^{2}\right)
$$

It remains to write $d$ as a sum of $l \leq 4$ squares of rationals, and we get that $f$ is a sum of at most $(1+l) \cdot m$ squares in $\mathbb{Q}\left(x_{1}, \ldots, x_{n}\right)$.

As another illustration, we apply our method to [33, Example 1.7] :
Example 3.4. Consider the polynomial

$$
f=3-12 y-6 x^{3}+18 y^{2}+3 x^{6}+12 x^{3} y-6 x y^{3}+6 x^{2} y^{4}
$$

which is the following sum of squares

$$
f=\left(x^{3}+\alpha^{2} y+\beta x y^{2}-1\right)^{2}+\left(x^{3}+\beta^{2} y+\gamma x y^{2}-1\right)^{2}+\left(x^{3}+\gamma^{2} y+\alpha x y^{2}-1\right)^{2}
$$

in $\mathbb{Q}(\alpha)[x, y]$ where $\alpha, \beta, \gamma$ are the real roots of the polynomial $u(x)=x^{3}-3 x+1$.

We do not need to average and directly compute the matrix $G$ and its symmetric LU-decompositon

$$
\left(\begin{array}{rrr}
3 & 0 & 6 \\
0 & 6 & -3 \\
6 & -3 & 18
\end{array}\right)=\left(\begin{array}{rrr}
1 & 0 & 0 \\
0 & 1 & 0 \\
2 & -\frac{1}{2} & 1
\end{array}\right)\left(\begin{array}{rrr}
3 & 0 & 0 \\
0 & 6 & 0 \\
0 & 0 & \frac{9}{2}
\end{array}\right)\left(\begin{array}{rrr}
1 & 0 & 2 \\
0 & 1 & -\frac{1}{2} \\
0 & 0 & 1
\end{array}\right)
$$

Because of the relations $\beta=2-\alpha-\alpha^{2}$ and $\gamma=\alpha^{2}-2$, the vector of polynomials $q=\left(q_{0}, q_{1}, q_{2}\right)^{T}$ is $q=\left(x^{3}+2 x y^{2}-1,-x y^{2}, y-x y^{2}\right)^{T}$ and hence $f=3\left(\left(x^{3}+2 x y^{2}-1\right)+2\left(y-x y^{2}\right)\right)^{2}+6\left(-x y^{2}-\frac{1}{2}\left(y-x y^{2}\right)\right)^{2}+\frac{9}{2}\left(y-x y^{2}\right)^{2}$
a rationnal sum of 3 squares, to compare with the rational sum of 6 squares obtained in [3].

## References

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