# A direct proof of the functional Santaló inequality 

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#### Abstract

We give a simple proof of a functional version of the BlaschkeSantaló inequality due to Artstein, Klartag and Milman. The proof is by induction on the dimension and does not use the Blaschke-Santaló inequality.


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## 1 Introduction

For $x, y \in \mathbb{R}^{n}$, we denote their inner product by $\langle x, y\rangle$ and the Euclidean norm of $x$ by $|x|$. If $A$ is a subset of $\mathbb{R}^{n}$, we let $A^{\circ}=\left\{x \in \mathbb{R}^{n} \mid \forall y \in\right.$ $A,\langle x, y\rangle \leq 1\}$ be its polar body. The Blaschke-Santaló inequality states that any convex body $K$ in $\mathbb{R}^{n}$ with center of mass at 0 satisfies

$$
\begin{equation*}
\operatorname{vol}_{n}(K) \operatorname{vol}_{n}\left(K^{\circ}\right) \leq \operatorname{vol}_{n}(D) \operatorname{vol}_{n}\left(D^{\circ}\right)=v_{n}^{2}, \tag{1}
\end{equation*}
$$

where $\operatorname{vol}_{n}$ stands for the volume, $D$ for the Euclidean ball and $v_{n}$ for its volume. Let $g$ be a non-negative Borel function on $\mathbb{R}^{n}$ satisfying $0<\int g<\infty$ and $\int|x| g(x) d x<\infty$, then $\operatorname{bar}(g)=\left(\int g\right)^{-1}\left(\int g(x) x d x\right)$ denotes its center of mass (or barycenter). The center of mass (or centroid) of a measurable subset of $\mathbb{R}^{n}$ is by definition the barycenter of its indicator function.

Let us state a functional form of (1) due to Artstein, Klartag and Milman [1]. If $f$ is a non-negative Borel function on $\mathbb{R}^{n}$, the polar function of $f$ is the log-concave function defined by

$$
f^{\circ}(x)=\inf _{y \in \mathbb{R}^{n}}\left(\mathrm{e}^{-\langle x, y\rangle} f(y)^{-1}\right)
$$

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Theorem 1 (Artstein, Klartag, Milman). If $f$ is a non-negative integrable function on $\mathbb{R}^{n}$ such that $f^{\circ}$ has its barycenter at 0 , then

$$
\int_{\mathbb{R}^{n}} f(x) d x \int_{\mathbb{R}^{n}} f^{\circ}(y) d y \leq\left(\int_{\mathbb{R}^{n}} \mathrm{e}^{-\frac{1}{2}|x|^{2}} d x\right)^{2}=(2 \pi)^{n}
$$

In the special case where the function $f$ is even, this result follows from an earlier inequality of Keith Ball [2]; and in [4], Fradelizi and Meyer prove something more general (see also [5]). In the present note we prove the following:

Theorem 2. Let $f$ and $g$ be non-negative Borel functions on $\mathbb{R}^{n}$ satisfying the duality relation

$$
\begin{equation*}
\forall x, y \in \mathbb{R}^{n}, \quad f(x) g(y) \leq \mathrm{e}^{-\langle x, y\rangle} . \tag{2}
\end{equation*}
$$

If $f$ (or g) has its barycenter at 0 then

$$
\begin{equation*}
\int_{\mathbb{R}^{n}} f(x) d x \int_{\mathbb{R}^{n}} g(y) d y \leq(2 \pi)^{n} . \tag{3}
\end{equation*}
$$

This is slightly stronger than Theorem 1 in which the function that has its barycenter at 0 should be log-concave. The point of this note is not really this improvement, but rather to present a simple proof of Theorem 1. Theorem 2 yields an improved Blaschke-Santaló inequality, obtained by Lutwak in [6], with a completely different approach.

Corollary 3. Let $S$ be a star-shaped (with respect to 0) body in $\mathbb{R}^{n}$ having its centroid at 0 . Then

$$
\begin{equation*}
\operatorname{vol}_{n}(S) \operatorname{vol}_{n}\left(S^{\circ}\right) \leq v_{n}^{2} \tag{4}
\end{equation*}
$$

Proof. Let $N_{S}(x)=\inf \{r>0 \mid x \in r S\}$ be the gauge of $S$ and $\phi_{S}=$ $\exp \left(-\frac{1}{2} N_{S}^{2}\right)$. Integrating $\phi_{S}$ and the indicator function of $S$ on level sets of $N_{S}$, it is easy to see that $\int_{\mathbb{R}^{n}} \phi_{S}=c_{n} \operatorname{vol}_{n}(S)$ for some constant $c_{n}$ depending only on the dimension. Replacing $S$ by the Euclidean ball in this equality yields $c_{n}=(2 \pi)^{n / 2} v_{n}^{-1}$. Therefore it is enough to prove that

$$
\begin{equation*}
\int \phi_{S} \int \phi_{S^{\circ}} \leq(2 \pi)^{n} . \tag{5}
\end{equation*}
$$

Similarly, it is easy to see that $\operatorname{bar}\left(\phi_{S}\right)=c_{n}^{\prime} \operatorname{bar}(S)=0$. Besides, we have $\langle x, y\rangle \leq N_{S}(x) N_{S^{\circ}}(y) \leq \frac{1}{2} N_{S}(x)^{2}+\frac{1}{2} N_{S^{\circ}}(y)^{2}$, for all $x, y \in \mathbb{R}^{n}$. Thus $\phi_{S}$ and $\phi_{S^{\circ}}$ satisfy (2), then by Theorem 2 we get (5).

## 2 Main results

Theorem 4. Let $f$ be a non-negative Borel function on $\mathbb{R}^{n}$ having a barycenter. Let $H$ be an affine hyperplane splitting $\mathbb{R}^{n}$ into two half-spaces $H_{+}$and $H_{-}$. Define $\lambda \in[0,1]$ by $\lambda \int_{\mathbb{R}^{n}} f=\int_{H_{+}} f$. Then there exists $z \in \mathbb{R}^{n}$ such that for every non-negative Borel function $g$

$$
\begin{equation*}
\left(\forall x, y \in \mathbb{R}^{n}, f(z+x) g(y) \leq \mathrm{e}^{-\langle x, y\rangle}\right) \quad \Rightarrow \quad \int_{\mathbb{R}^{n}} f \int_{\mathbb{R}^{n}} g \leq \frac{1}{4 \lambda(1-\lambda)}(2 \pi)^{n} \tag{6}
\end{equation*}
$$

In particular, in every median $H \quad\left(\lambda=\frac{1}{2}\right)$ there is a point $z$ such that for all g

$$
\begin{equation*}
\left(\forall x, y \in \mathbb{R}^{n}, f(z+x) g(y) \leq \mathrm{e}^{-\langle x, y\rangle}\right) \quad \Rightarrow \quad \int_{\mathbb{R}^{n}} f \int_{\mathbb{R}^{n}} g \leq(2 \pi)^{n} \tag{7}
\end{equation*}
$$

A similar result concerning convex bodies (instead of functions) was obtained by Meyer and Pajor in [7].

Let us derive Theorem 2 from the latter. Let $f, g$ satisfy (2). Assume for example that $\operatorname{bar}(g)=0$, then 0 cannot be separated from the support of $g$ by a hyperplane, so there exists $x_{1}, \ldots, x_{n+1} \in \mathbb{R}^{n}$ such that 0 belongs to the interior of $\operatorname{conv}\left\{x_{1} \ldots x_{n+1}\right\}$ and $g\left(x_{i}\right)>0$ for $i=1 \ldots n+1$. Then (2) implies that $f(x) \leq C \mathrm{e}^{-\|x\|}$, for some $C>0$, where $\|x\|=\max \left(\left\langle x, x_{i}\right\rangle \mid i \leq\right.$ $n+1)$. Assume also that $\int f>0$, then $f$ has a barycenter. Apply the " $\lambda=1 / 2$ " part of Theorem 4 to $f$. There exists $z \in \mathbb{R}^{n}$ such that (7) holds. On the other hand, by (2)

$$
f(z+x) g(y) \mathrm{e}^{\langle y, z\rangle} \leq \mathrm{e}^{-\langle z+x, y\rangle} \mathrm{e}^{\langle y, z\rangle}=\mathrm{e}^{-\langle x, y\rangle}
$$

for all $x, y \in \mathbb{R}^{n}$. Therefore

$$
\begin{equation*}
\int_{\mathbb{R}^{n}} f(x) d x \int_{\mathbb{R}^{n}} g(y) \mathrm{e}^{\langle y, z\rangle} d y \leq(2 \pi)^{n} \tag{8}
\end{equation*}
$$

Integrating with respect to $g(y) d y$ the inequality $1 \leq \mathrm{e}^{\langle y, z\rangle}-\langle y, z\rangle$ we get

$$
\int_{\mathbb{R}^{n}} g(y) d y \leq \int_{\mathbb{R}^{n}} g(y) \mathrm{e}^{\langle y, z\rangle} d y-\int_{\mathbb{R}^{n}}\langle y, z\rangle g(y) d y .
$$

Since $\operatorname{bar}(g)=0$, the latter integral is 0 and together with (8) we obtain (3). Observe also that this proof shows that Theorem 4 in dimension $n$ implies Theorem 2 in dimension $n$.

In order to prove Theorem 4, we need the following logarithmic form of the Prékopa-Leindler inequality. For details on Prékopa-Leindler, we refer to [3].

Lemma 5. Let $\phi_{1}, \phi_{2}$ be non-negative Borel functions on $\mathbb{R}_{+}$. If $\phi_{1}(s) \phi_{2}(t) \leq$ $\mathrm{e}^{-s t}$ for every $s, t$ in $\mathbb{R}_{+}$, then

$$
\begin{equation*}
\int_{\mathbb{R}_{+}} \phi_{1}(s) d s \int_{\mathbb{R}_{+}} \phi_{2}(t) d t \leq \frac{\pi}{2} \tag{9}
\end{equation*}
$$

Proof. Let $f(s)=\phi_{1}\left(\mathrm{e}^{s}\right) \mathrm{e}^{s}, g(t)=\phi_{2}\left(\mathrm{e}^{t}\right) \mathrm{e}^{t}$ and $h(r)=\exp \left(-\mathrm{e}^{2 r} / 2\right) \mathrm{e}^{r}$. For all $s, t \in \mathbb{R}$ we have $\sqrt{f(s) g(t)} \leq h\left(\frac{t+s}{2}\right)$, hence by Prékopa-Leindler $\int_{\mathbb{R}} f \int_{\mathbb{R}} g \leq\left(\int_{\mathbb{R}} h\right)^{2}$. By change of variable, this is the same as $\int_{\mathbb{R}_{+}} \phi_{1} \int_{\mathbb{R}_{+}} \phi_{2} \leq$ $\left(\int_{\mathbb{R}_{+}} \mathrm{e}^{-u^{2} / 2} d u\right)^{2}$ which is the result.

## 3 Proof of Theorem 4

Clearly we can assume that $\int f=1$. Let $\mu$ be the measure with density $f$. In the sequel we let $f_{z}(x)=f(z+x)$ for all $x, z$.

We prove the theorem by induction on the dimension. Let $f$ be a nonnegative Borel function on the line, let $r \in \mathbb{R}$ and $\lambda=\mu([r, \infty)) \in[0,1]$. Let $g$ satisfy $f(r+s) g(t) \leq \mathrm{e}^{-s t}$, for all $s, t$. Apply Lemma 5 twice: first to $\phi_{1}(s)=f(r+s)$ and $\phi_{2}(t)=g(t)$ then to $\phi_{1}(s)=f(r-s)$ and $\phi_{2}(t)=g(-t)$. Then

$$
\int_{\mathbb{R}_{+}} f_{r} \int_{\mathbb{R}_{+}} g \leq \frac{\pi}{2} \quad \text { and } \quad \int_{\mathbb{R}_{-}} f_{r} \int_{\mathbb{R}_{-}} g \leq \frac{\pi}{2}
$$

Therefore $\int_{\mathbb{R}_{+}} g \leq \frac{\pi}{2 \lambda}$ and $\int_{\mathbb{R}_{-}} g \leq \frac{\pi}{2(1-\lambda)}$, which yields the result in dimension 1.
Assume the theorem to be true in dimension $n-1$. Let $H$ be an affine hyperplane splitting $\mathbb{R}^{n}$ into two half-spaces $H_{+}$and $H_{-}$and let $\lambda=\mu\left(H_{+}\right)$. Provided that $\lambda \neq 0,1$ we can define $b_{+}$and $b_{-}$to be the barycenters of $\mu_{\mid H_{+}}$and $\mu_{\mid H_{-}}$, respectively. Since $\mu(H)=0$, the point $b_{+}$belongs to the interior of $H_{+}$, and similarly for $b_{-}$. Hence the line passing through $b_{+}$and $b_{-}$intersects $H$ at one point, which we call $z$. Let us prove that $z$ satisfies (6), for all $g$. Clearly, replacing $f$ by $f_{z}$ and $H$ by $H-z$, we can assume that $z=0$. Let $g$ satisfy

$$
\begin{equation*}
\forall x, y \in \mathbb{R}^{n}, \quad f(x) g(y) \leq \mathrm{e}^{-\langle x, y\rangle} \tag{10}
\end{equation*}
$$

Let $e_{1}, \ldots, e_{n}$ be an orthonormal basis of $\mathbb{R}^{n}$ such that $H=e_{n}^{\perp}$ and $\left\langle b_{+}, e_{n}\right\rangle>$ 0 . Let $v=b_{+} /\left\langle b_{+}, e_{n}\right\rangle$ and $A$ be the linear operator on $\mathbb{R}^{n}$ that maps $e_{n}$ to $v$ and $e_{i}$ to itself for $i=1 \ldots n-1$ and let $B=\left(A^{-1}\right)^{t}$. Define
$F_{+}: y \in H \mapsto \int_{\mathbb{R}_{+}} f(y+s v) d s \quad$ and $\quad G_{+}: y^{\prime} \in H \mapsto \int_{\mathbb{R}_{+}} g\left(B y^{\prime}+t e_{n}\right) d t$.

By Fubini, and since $A$ has determinant $1, \int_{H} F_{+}=\int_{H_{+}} f \circ A=\mu\left(H_{+}\right)=\lambda$. Also, letting $P$ be the projection with range $H$ and kernel $\mathbb{R} v$, we have

$$
\operatorname{bar}\left(F_{+}\right)=\frac{1}{\lambda} \int_{H_{+}} P(A x) f(A x) d x=\frac{1}{\lambda} P\left(\int_{H_{+}} x f(x) d x\right)=P\left(b_{+}\right)
$$

and this is 0 by definition of $P$. Since $\left\langle A x, B x^{\prime}\right\rangle=\left\langle x, x^{\prime}\right\rangle$ for all $x, x^{\prime} \in \mathbb{R}^{n}$, we have $\left\langle y+s v, B y^{\prime}+t e_{n}\right\rangle=\left\langle y, y^{\prime}\right\rangle+s t$ for all $s, t \in \mathbb{R}$ and $y, y^{\prime} \in H$. So (10) implies

$$
f(y+s v) g\left(B y^{\prime}+t e_{n}\right) \leq \mathrm{e}^{-s t-\left\langle y, y^{\prime}\right\rangle}
$$

Applying Lemma 5 to $\phi_{1}(s)=f(y+s v)$ and $\phi_{2}(t)=g\left(B y^{\prime}+t e_{n}\right)$ we get $F_{+}(y) G_{+}\left(y^{\prime}\right) \leq \frac{\pi}{2} \mathrm{e}^{-\left\langle y, y^{\prime}\right\rangle}$ for every $y, y^{\prime} \in H$. Recall that $\operatorname{bar}\left(F_{+}\right)=0$, then by the induction assumption (which implies Theorem 2 in dimension $n-1$ )

$$
\begin{equation*}
\int_{H} F_{+} \int_{H} G_{+} \leq \frac{\pi}{2}(2 \pi)^{n-1} \tag{11}
\end{equation*}
$$

hence $\int_{H_{+}} g(B x) d x \leq \frac{1}{4 \lambda}(2 \pi)^{n}$. In the same way $\int_{H_{-}} g(B x) d x \leq \frac{1}{4(1-\lambda)}(2 \pi)^{n}$, adding these two inequalities, we obtain

$$
\int_{\mathbb{R}^{n}} g(B x) d x \leq \frac{1}{4 \lambda(1-\lambda)}(2 \pi)^{n}
$$

which is the result since $B$ has determinant 1 .

## References

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