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# GENERAL CURVATURE ESTIMATES FOR STABLE $H$-SURFACES IN 3-MANIFOLDS AND APPLICATIONS 

HAROLD ROSENBERG \& RABAH SOUAM \& ERIC TOUBIANA


#### Abstract

We prove an estimate for the norm of the second fundamental form of stable $H$-surfaces in Riemannian 3-manifolds with bounded geometry, that is, with bounded sectional curvature and injectivity radius bounded from below. Our estimate depends on the distance to the boundary of the surface and on the bounds on the geometry of the ambient manifold but not on the manifold itself. We give some applications, in particular we obtain an interior gradient estimate for H sections in Killing submersions.


## 1. Introduction

Let $(M, g)$ be a smooth Riemannian 3-manifold. Consider an immersed surface $\Sigma \leftrightarrow M$ with trivial normal bundle. Call $B$ its second fundamental form and $N$ a global unit normal on it. We denote by $H$ the length of the mean curvature vector of $\Sigma$. When $\Sigma$ has constant mean curvature $H$, we say that $\Sigma$ is an $H$-surface.

Recall that an $H$-surface $\Sigma$ is said strongly stable if for any $u \in C_{0}^{\infty}(\Sigma)$ we have

$$
\int_{\Sigma}|\nabla u|^{2} d A \geq \int_{\Sigma}\left(|B|^{2}+\operatorname{Ric}(N)\right) u^{2} d A
$$

where $d A$ and $\nabla$ stand respectively for the area element and the gradient on $\Sigma$, and Ric denotes the Ricci curvature of $M$. Throughout this paper, we will use the term stable to mean strongly stable.

Curvature estimates for stable $H$-surfaces in 3-manifolds are an important tool in the study of $H$-surfaces, see for instance [10]. Graphs are stable and more generally, surfaces transverse to an ambient Killing field are stable. Curvature estimates for graphs were obtained in 1952 by E. Heinz [9]. In 1983, R. Schoen (17) obtained an estimate for the norm of the second fundamental form of stable minimal surfaces in a 3-manifold $M$ depending on the distance to the boundary on the surface and an upper bound on the curvature tensor of $M$ and its covariant derivative. In particular, in $\mathbb{R}^{3}$, he showed the existence of a constant $C>0$ such that for any stable and orientable minimal surface $\Sigma$ one has

$$
\begin{equation*}
|B(p)| \leq \frac{C}{d_{\Sigma}(p, \partial \Sigma)} \tag{1}
\end{equation*}
$$

for any $p \in \Sigma$, where $d_{\Sigma}$ denotes the intrinsic distance on $\Sigma$.
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In 1999, P. Bérard and L. Hauswirth [1] extended Schoen's work to stable $H$ surfaces with trivial normal bundle in space forms. In 2005, using different methods based on ideas of T. Colding and W. Minicozzi [3], S. Zhang 21] extended Schoen's result to stable $H$-surfaces (with trivial normal bundle) in a general 3-manifold, again the estimate depends on an upper bound on the curvature tensor of $M$ and its covariant derivative.

In this paper we obtain an estimate for the norm of the second fundamental fo rm of stable $H$-surfaces in Riemannian 3-manifolds with bounded geometry, that is, with bounded sectional curvature and injectivity radius bounded from below. Our estimate depends on the distance to the boundary of the surface and only on the bounds on the geometry of the ambient manifold. More precisely, our main result is the following:

Main Theorem. Let $(M, g)$ be a complete smooth Riemannian 3-manifold of bounded geometry, that is, with injectivity radius $\geq r>0$ and bounded sectional curvature $|K| \leq \Lambda<+\infty$, and let $H_{0} \geq 0$.

Then for any $C_{1}>0$ there exists a constant $C_{2}=C_{2}\left(C_{1}, r, \Lambda, H_{0}\right)>0$, depending only on $C_{1}, r, \Lambda, H_{0}$ and not on $M$, satisfying the following:

For any immersed stable $H$-surface $\Sigma \rightarrow M, 0 \leq H \leq H_{0}$, with trivial normal bundle, and for any $p \in \Sigma$ such that $d_{\Sigma}(p, \partial \Sigma)>C_{1}$ we have $|B(p)|<C_{2}$.

We also obtain a local version of our result, see Theorem 2.4. Our method of proof is completely different from the above mentioned works and is based on a blow-up argument. For the readers convenience we sketch the idea of the proof.

Assuming by contradiction the result is not true, we have for each $n$ a stable $H_{n^{-}}$ surface $\Sigma_{n}, 0 \leq H_{n} \leq H_{0}$, in some 3 -manifold $M_{n}$ with bounded geometry admitting a point $p_{n}^{*} \in \Sigma_{n}$ satisfying $\left|B_{n}\left(p_{n}^{*}\right)\right|>n^{2}$. In addition, there exists a real number $r_{n}>0$ such that the geodesic disk $D_{n}^{*}$ on $\Sigma_{n}$ centered at $p_{n}^{*}$ with radius $r_{n}$ lies in the domain of some chart of $M_{n}$ which allows us to treat this disk as a surface in a Euclidean ball of fixed radius in $\mathbb{R}^{3}$ endowed with the pull-back metric, with $p_{n}^{*}$ at the origin. Furthermore in our construction we can make $r_{n}\left|B_{n}\left(p_{n}^{*}\right)\right| \rightarrow+\infty$. We then blow-up the latter metric multiplying by the factor $\left|B_{n}\left(p_{n}^{*}\right)\right|$. This sequence of new metrics converges to the Euclidean metric on compact sets of $\mathbb{R}^{3}$. The sequence ( $D_{n}^{*}$ ) gives rise to a new sequence of surfaces still denoted by $\left(D_{n}^{*}\right)$ with controlled geometry and second fundamental form at the origin of norm 1 . We can then construct a complete surface $S$, passing through the origin, in the accumulation set of the sequence $\left(D_{n}^{*}\right)$. As the mean curvature of $D_{n}^{*}$ tends to $0, S$ is a complete minimal surface in the Euclidean space $\mathbb{R}^{3}$. Finally, since the surfaces $\left(D_{n}^{*}\right)$ are stable we can show that the universal cover $\widetilde{S}$ of $S$ is stable. It is well-known that $S$ is then a plane which contradicts the fact that the second fundamental form of $S$ has norm 1 at the origin.

However, this blow-up argument requires some care because of technical difficulties we explain in the proof.

It is worth noticing that an estimate of the type (1) cannot be expected in general, even for minimal surfaces, as such an estimate would imply that a complete stable $H$ surface is totally geodesic. For example, in $\mathbb{H}^{3}$ for any $0<H \leq 1$ there is a complete stable $H$-surface, see A. Silveira [18]. Also in $\mathbb{H}^{2} \times \mathbb{R}$, for any $0 \leq H \leq 1 / 2$ there is an entire vertical $H$-graph, and therefore stable, see B. Nelli and H. Rosenberg, 11] and 12 .

As an immediate consequence of the Main Theorem we have the following:
Corollary 1.1. Let $(M, g)$ be a complete smooth Riemannian 3-manifold of bounded geometry, that is, with injectivity radius $\geq r>0$ and bounded sectional curvature $|K| \leq \Lambda<+\infty$ and let $H_{0} \geq 0$.

Then there exists a constant $C=C\left(r, \Lambda, H_{0}\right)>0$, depending only on $r, \Lambda, H_{0}$ and not on $M$, such that for any immersed complete and non compact stable $H$-surface $\Sigma \rightarrow M, 0 \leq H \leq H_{0}$, with trivial normal bundle, we have $|B(p)|<C$ for any $p \in \Sigma$.

This corollary was enunciated by A. Ros [16] for minimal surfaces (even with non trivial normal bundle) with the additional hypothesis that the derivatives of the curvature tensor are bounded.

The corollary is also valid for compact stable $H$-surfaces without boundary. To see this it is enough to check that the diameter of a compact $H$-surface, $0 \leq H \leq H_{0}$, without boundary in $(M, g)$ is bounded from below by a constant $d=d\left(r, \Lambda, H_{0}\right)>0$. By usual comparison theorems, there is a uniform lower bound $h_{\Lambda}(\rho)$ for the mean curvature function of the geodesic spheres of radius $\rho<r$ in $(M, g)$, with $h_{\Lambda}(\rho) \rightarrow+\infty$ as $\rho \rightarrow 0$. Now, a compact $H$-surface, without boundary, in $(M, g)$ of diameter $\rho<r$, curves more than a geodesic sphere of smallest radius (necessarily $<\rho$ ) enclosing it. A lower bound for the diameter follows.

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## 2. Proof of the Main Theorem

In the blow-up argument we sketched before, the first idea which comes to mind is to use a chart given by the exponential map, that is, to use geodesic normal coordinates. However in those coordinates bounded geometry guarantees only a $C^{0}$-control of the metric. For example consider the metrics $g_{n}, n \in \mathbb{N}$, on $\mathbb{R}^{2}$ given in polar coordinates by

$$
g_{n}=d r^{2}+G_{n}^{2}(r, \theta) d \theta^{2}
$$

with

$$
G_{n}(r, \theta)=r\left(1+a r^{2}+e^{-1 / r^{2}} \cos n \theta\right)
$$

where $a>0$ is big enough. In Cartesian coordinates $x=r \cos \theta, y=r \sin \theta$, we have

$$
\begin{aligned}
g_{n}= & \left(\frac{x^{2}}{x^{2}+y^{2}}+\frac{y^{2} G_{n}^{2}}{\left(x^{2}+y^{2}\right)^{2}}\right) d x^{2}+2 x y\left(\frac{1}{x^{2}+y^{2}}-\frac{G_{n}^{2}}{\left(x^{2}+y^{2}\right)^{2}}\right) d x d y \\
& \quad+\left(\frac{y^{2}}{x^{2}+y^{2}}+\frac{x^{2} G_{n}^{2}}{\left(x^{2}+y^{2}\right)^{2}}\right) d y^{2} \\
= & g_{11}^{n} d x^{2}+2 g_{12}^{n} d x d y+g_{22}^{n} d y^{2} .
\end{aligned}
$$

It is easily seen that $g_{n}$ is a complete and smooth metric on $\mathbb{R}^{2}$ and that $g_{i j}^{n}(0)=\delta_{i j}$ for any $n \in \mathbb{N}$, so that, $(x, y)$ are geodesic normal coordinates at the origin for the metrics $g_{n}$. The Gauss curvature of $g_{n}$ is given by $K_{n}=-\frac{1}{G_{n}} \frac{\partial^{2} G_{n}}{\partial r^{2}}$. Thus, a computation shows that

$$
K_{n}=-\frac{6 a+\left(\frac{4}{r^{6}}-\frac{2}{r^{4}}\right) e^{-1 / r^{2}} \cos n \theta}{1+a r^{2}+e^{-1 / r^{2}} \cos n \theta}
$$

Therefore, for $a>0$ big enough, the Gaussian curvatures $K_{n}$ are negative and uniformly bounded on $\mathbb{R}^{2}$ with respect to $n$. Consequently, the injectivity radius of $\left(\mathbb{R}^{2}, g_{n}\right)$ is infinite for any $n \in \mathbb{N}$. We can show directly (or as a consequence of Rauch comparaison theorem) that for any $r>0$ there exists $Q_{0}>0$ depending on $r, a$ and not on $n$ such that on the geodesic balls of $\left(\mathbb{R}^{2}, g_{n}\right)$ centered at the origin with radius $r$ we have

$$
Q_{0}^{-1} \delta_{i j} \leq g_{i j}^{n} \leq Q_{0} \delta_{i j}, \quad \text { as quadratic forms },
$$

this gives a uniform $C^{0}$-control of the metrics $g_{n}$. Nevertheless we do not have uniform $C^{1}$-control. Indeed, consider for example the coefficient $g_{11}^{n}$, we have

$$
\frac{\partial g_{11}^{n}}{\partial x}=\frac{\partial}{\partial x}\left(\frac{x^{2}}{x^{2}+y^{2}}\right)+\frac{\partial}{\partial x}\left(\frac{y^{2}}{\left(x^{2}+y^{2}\right)^{2}}\right) G_{n}^{2}+2 G_{n} \frac{y^{2}}{\left(x^{2}+y^{2}\right)^{2}} \frac{\partial G_{n}}{\partial x} .
$$

Observe that at any fixed point $(x, y)$, there is only one term which is not uniformly bounded with respect to $n$ : the one involving the partial derivative of $G_{n}$ with respect to $x$. In coordinates $(x, y)$ we have

$$
G_{n}(x, y)=\sqrt{x^{2}+y^{2}}+a\left(x^{2}+y^{2}\right)^{3 / 2}+\sqrt{x^{2}+y^{2}} e^{-1 /\left(x^{2}+y^{2}\right)} \frac{\operatorname{Re}(x+i y)^{n}}{\left(x^{2}+y^{2}\right)^{n / 2}} .
$$

Also, at any fixed point $(x, y) \neq(0,0)$, in the partial derivative $\partial G_{n} / \partial x$, the only term which is not uniformly bounded with respect to $n$ is the one involving the derivative of $\operatorname{Re}(x+i y)^{n} /\left(x^{2}+y^{2}\right)^{n / 2}$. We have, using the relations $x=r \cos \theta, y=r \sin \theta$,

$$
\begin{aligned}
\frac{\partial}{\partial x} \frac{\operatorname{Re}(x+i y)^{n}}{\left(x^{2}+y^{2}\right)^{n / 2}} & =n \frac{\operatorname{Re}(x+i y)^{n-1}}{\left(x^{2}+y^{2}\right)^{n / 2}}-n x \frac{\operatorname{Re}(x+i y)^{n}}{\left(x^{2}+y^{2}\right)^{1+n / 2}} \\
& =\frac{n}{r} \cos (n-1) \theta-\frac{n}{r} \cos \theta \cos (n-1) \theta \\
& =\frac{n}{r} \sin \theta \sin n \theta .
\end{aligned}
$$

This shows that at any fixed point $(x, y) \neq(0,0)$ whose argument $\theta$ is not rational with $\pi$ the partial derivative $\left(\partial g_{11}^{n} / \partial x\right)(x, y)$ is not uniformly bounded with respect to $n$. Consequently uniform estimates of the Gaussian curvature do not imply a local $C^{1}$-control of the metric in geodesic normal coordinates.

For this reason we will instead use harmonic coordinates. More precisely, we will need the following result which can be deduced from [8, Corollary to Theorem 6].

Theorem 2.1. Let $(M, g)$ be a complete smooth Riemannian 3-manifold of bounded geometry, that is, with injectivity radius $\geq r>0$ and bounded sectional curvature $|K| \leq \Lambda<+\infty$.

Then, for any $\alpha \in(0,1)$, there exists a constant $Q_{0}>1$ and a real number $r_{0}>0$, depending only on $r, \Lambda$ and $\alpha$, and not on $M$, such that for any $x \in M$, there exists a harmonic coordinate chart $\left(U, \varphi, B\left(x, r_{0}\right)\right), U$ being an open subset of $\mathbb{R}^{3}$ containing the origin and $B\left(x, r_{0}\right)$ the geodesic ball centered at $x$ of radius $r_{0}$, with $\varphi(0)=x$, and such that the metric tensor $g$ is $C^{1, \alpha}$-controlled. Namely the components $g_{i j}$, $i, j=1,2,3$ of $g$ satisfy:

$$
\begin{array}{r}
Q_{0}^{-1} \delta_{i j} \leq g_{i j} \leq Q_{0} \delta_{i j}, \quad \text { as quadratic forms, } \\
\sum_{k=1}^{3} \sup _{y \in U}\left|\partial_{k} g_{i j}(y)\right|+\sum_{k=1}^{3} \sup _{y \neq z} \frac{\left|\partial_{k} g_{i j}(y)-\partial_{k} g_{i j}(z)\right|}{d_{g}(y, z)^{\alpha}} \leq Q_{0}, \tag{3}
\end{array}
$$

where $d_{g}$ is the distance associated to $g$.

We now start the proof of our main theorem.
Assume by contradiction that there exists a constant $C_{1}>0$ such that for any $n \in \mathbb{N}^{*}$ there are: a complete smooth Riemannian 3-manifold $\left(M_{n}, g_{n}\right)$ satisfying the hypotheses of the theorem, a stable $H_{n}$-surface $\Sigma_{n} \leftrightarrow M_{n}$ with $0 \leq H_{n} \leq H_{0}$, and a point $p_{n} \in \Sigma_{n}$ satisfying

$$
\begin{equation*}
d_{\Sigma_{n}}\left(p_{n}, \partial \Sigma_{n}\right)>C_{1} \quad \text { and } \quad\left|B_{n}\left(p_{n}\right)\right| \geq n^{2} \tag{4}
\end{equation*}
$$

$B_{n}$ being the second fundamental form of $\Sigma_{n}$.
Let $\alpha \in(0,1)$ be a fixed number. Consider the constants $Q_{0}>1$ and $r_{0}$ given in Theorem 2.1 and set $C_{3}=\min \left(r_{0}, C_{1}\right)$. We denote by $D_{n}=D\left(p_{n}, C_{3}\right) \subset \Sigma_{n}$ the geodesic disk of radius $C_{3}$ centered at $p_{n}$. Note that $\bar{D}_{n} \cap \partial \Sigma_{n}=\emptyset$. Let $p_{n}^{*} \in D_{n}$ be a point where the function $f: D_{n} \rightarrow \mathbb{R}$ defined by $f(x)=\left|B_{n}(x)\right|^{1 / 2} d_{\Sigma_{n}}\left(x, \partial D_{n}\right)$ reaches its maximum. Note that $p_{n}^{*}$ is an interior point of $D_{n}$ since $f \equiv 0$ on $\partial D_{n}$. Since for any $n \in \mathbb{N}^{*}$

$$
\left|B_{n}\left(p_{n}\right)\right|^{1 / 2} d_{\Sigma_{n}}\left(p_{n}, \partial D_{n}\right) \leq\left. B_{n}\left(p_{n}^{*}\right)\right|^{1 / 2} d_{\Sigma_{n}}\left(p_{n}^{*}, \partial D_{n}\right)
$$

we get

$$
\begin{equation*}
n C_{3} \leq\left|B_{n}\left(p_{n}^{*}\right)\right|^{1 / 2} d_{\Sigma_{n}}\left(p_{n}^{*}, \partial D_{n}\right) . \tag{5}
\end{equation*}
$$

Put $\rho_{n}=d_{\Sigma_{n}}\left(p_{n}^{*}, \partial D_{n}\right)$, as $\rho_{n} \leq C_{3}$ we get

$$
\begin{equation*}
n \leq\left|B_{n}\left(p_{n}^{*}\right)\right|^{1 / 2} . \tag{6}
\end{equation*}
$$

Consider the geodesic disk $D_{n}^{*}=D\left(p_{n}^{*}, \rho_{n} / 2\right) \subset D_{n}$ of radius $\rho_{n} / 2$ centered at $p_{n}^{*}$. By construction we have

$$
\begin{equation*}
\left|B_{n}(x)\right|^{1 / 2} \leq 2\left|B_{n}\left(p_{n}^{*}\right)\right|^{1 / 2} \tag{7}
\end{equation*}
$$

for any $x \in D_{n}^{*}$.
Consider for any $n \in \mathbb{N}^{*}$ the harmonic chart of $M_{n},\left(U_{n}, \varphi_{n}, B\left(p_{n}^{*}, r_{0}\right)\right)$, given by Theorem 2.1, where $U_{n} \subset \mathbb{R}^{3}$ is an open neighborhood of the origin and $\varphi_{n}(0)=$ $p_{n}^{*}$. By the property (2) the Euclidean ball of radius $r_{0} / Q_{0}$ centered at the origin, $B_{e}\left(0, r_{0} / Q_{0}\right)$, is contained in $U_{n}$ for any $n$.

Call $\lambda_{n}=\left|B_{n}\left(p_{n}^{*}\right)\right|$, by (6) we have $\lambda_{n} \geq n^{2}$ for any $n \in \mathbb{N}^{*}$. As $\lambda_{n} \rightarrow+\infty$, up to taking a subsequence we can assume that $\left(\lambda_{n}\right)$ is nondecreasing. Let $F_{n}$ be the homothety of $\mathbb{R}^{3}$ of ratio $1 / \lambda_{n}$. Put $V_{n}=F_{n}^{-1}\left(U_{n}\right)$ and observe that $B_{e}\left(0, \lambda_{n} r_{0} / Q_{0}\right) \subset$ $V_{n} \subset B_{e}\left(0, Q_{0} \lambda_{n} r_{0}\right)$ for any $n$. Therefore $\cup_{n} V_{n}=\mathbb{R}^{3}$ and, up to taking a subsequence, we can assume that the sequence $\left(V_{n}\right)$ is monotone for the inclusion.

We call $\left(x_{1}, x_{2}, x_{3}\right)$ the cartesian coordinates of $x \in U_{n}$ and ( $y_{1}, y_{2}, y_{3}$ ) those of $y=F_{n}^{-1}(x) \in V_{n}$. Now we use a blow-up argument, we endow $V_{n}$ with the metric $h_{n}=\lambda_{n}^{2} F_{n}^{*}\left(\varphi_{n}^{*} g_{n}\right)$. In the coordinates $\left(x_{1}, x_{2}, x_{3}\right)$ the metric $\varphi_{n}^{*} g_{n}$ reads as

$$
\left(\varphi_{n}^{*} g_{n}\right)(x)=\sum_{i, j} g_{i j}^{n}(x) d x_{i} d x_{j} .
$$

For any $C^{1, \alpha}$-function $w$ on an open set $\Omega \subset \mathbb{R}^{3}$ we set:

$$
\|w\|_{C^{1, \alpha}(\Omega)}=\|w\|_{\infty}+\sum_{k=1}^{3} \sup _{y \in \Omega}\left|\partial_{k} w(y)\right|+\sum_{k=1}^{3} \sup _{y \neq z} \frac{\left|\partial_{k} w(y)-\partial_{k} w(z)\right|}{|y-z|^{\alpha}} .
$$

Observe that, because of property (2) of Theorem 2.1, up to passing to a subsequence, we can assume that the sequence of inner products $\left(g_{i j}^{n}(0)\right)$ converges to some inner product on $\mathbb{R}^{3}$. Up to a linear change of coordinates we can assume that this limit is the Euclidean inner product $\left(\delta_{i j}\right)$.

From properties (2) and (3) of Theorem 2.1, there exists a constant $Q>1$ such that:

$$
\begin{equation*}
\left\|g_{i j}^{n}\right\|_{C^{1, \alpha}\left(U_{n}\right)} \leq Q \tag{8}
\end{equation*}
$$

For each $n$ and each $y \in V_{n}$ we have

$$
h_{n}(y)=\sum_{i, j} g_{i j}^{n}\left(\frac{y}{\lambda_{n}}\right) d y_{i} d y_{j} .
$$

Thus the components $h_{i j}^{n}$ of $h_{n}$ in the coordinates $y=\left(y_{1}, y_{2}, y_{3}\right)$ are given by $h_{i j}^{n}(y)=$ $g_{i j}^{n}\left(\frac{y}{\lambda_{n}}\right)$ for any $y \in V_{n}$. Observe that $\frac{\partial h_{i j}^{n}}{\partial y_{k}}(y)=\frac{1}{\lambda_{n}} \frac{\partial g_{i j}^{n}}{\partial x_{k}}\left(\frac{y}{\lambda_{n}}\right)$, so we get on $V_{n}$ :

$$
\begin{equation*}
\left|\frac{\partial h_{i j}^{n}}{\partial y_{k}}\right| \leq \frac{Q}{\lambda_{n}}, \quad k=1,2,3 \tag{9}
\end{equation*}
$$

Therefore we have for any $y \in V_{n}$

$$
\begin{equation*}
\left|h_{i j}^{n}(y)-\delta_{i j}\right| \leq \sqrt{3} \frac{Q}{\lambda_{n}}|y|+\left|h_{i j}^{n}(0)-\delta_{i j}\right| . \tag{10}
\end{equation*}
$$

Thus on any Euclidean ball $B_{R} \subset V_{n}$ of radius $R>0$ centered at the origin, we get

$$
\begin{equation*}
\left\|h_{i j}^{n}-\delta_{i j}\right\|_{C^{1, \alpha}\left(B_{R}\right)} \leq \sqrt{3} \frac{Q}{\lambda_{n}} R+3 \frac{Q}{\lambda_{n}}+\frac{Q^{1+\alpha}}{\lambda_{n}^{1+\alpha}}+\left|h_{i j}^{n}(0)-\delta_{i j}\right| . \tag{11}
\end{equation*}
$$

It follows that the sequence $\left(V_{n}, h_{n}\right)$ converges uniformly on compact subsets of $\mathbb{R}^{3}$ for the $C^{1, \alpha}$-Euclidean topology to ( $\mathbb{R}^{3}, g_{e u c}$ ), where $g_{\text {euc }}$ stands for the Euclidean metric.

Composing with the diffeomorphism $\left(\varphi_{n} \circ F_{n}\right)^{-1}$ we view $D_{n}^{*}$ as immersed in $V_{n}$. Note that the image $\left(\varphi_{n} \circ F_{n}\right)^{-1}\left(p_{n}^{*}\right)=0 \in \mathbb{R}^{3}$ for any $n$ and that $D_{n}^{*}$ is a geodesic disk of radius $\lambda_{n} \rho_{n} / 2$ centered at $p_{n}^{*}$ for the metric induced by $h_{n}$. It follows from (5) that $\lambda_{n} \rho_{n} \geq n^{2} C_{3}$ for any $n$ and so

$$
\begin{equation*}
\lambda_{n} \rho_{n} \rightarrow+\infty \tag{12}
\end{equation*}
$$

We deduce from (7) that the second fundamental form $B_{n}^{*}$ of $D_{n}^{*}$ in $\left(V_{n}, h_{n}\right)$ satisfies

$$
\begin{equation*}
\left|B_{n}^{*}(x)\right|=\frac{\left|B_{n}(x)\right|}{\lambda_{n}} \leq 4 \tag{13}
\end{equation*}
$$

for any $x \in D_{n}^{*}$. It is important to observe that

$$
\begin{equation*}
\left|B_{n}^{*}\left(p_{n}^{*}\right)\right|=1 \tag{14}
\end{equation*}
$$

for any $n \in \mathbb{N}^{*}$.
Let us call $A_{n}$ the second fundamental form of $D_{n}^{*}$ in $\left(\mathbb{R}^{3}, g_{\text {euc }}\right)$.
Given $m \in \mathbb{N}^{*}$ denote by $\Delta_{n, m}$ the connected component of $D_{n}^{*} \cap B_{m}$ passing through 0 (that is, containing $p_{n}^{*}$ ). As the sequence of metrics $h_{n}$ converges on compact sets of $\mathbb{R}^{3}$ to $g_{\text {euc }}$ for the $C^{1, \alpha}$-Euclidean topology, we deduce from Proposition 4.1 in the appendix that there exists $n_{m} \in \mathbb{N}^{*}$ such that for any $n \geq n_{m}$ and any $x \in \Delta_{n, m}$, we have

$$
\left|\left|A_{n}(x)\right|-\left|B_{n}^{*}(x)\right|\right| \leq \frac{1}{m} .
$$

Furthermore we have $d_{\Delta_{n, m}}\left(p_{n}^{*}, \partial \Delta_{n, m}\right) \geq m$, if $n_{m}$ is big enough, since $\lambda_{n} \rho_{n} \rightarrow+\infty$. Observe that if $m^{\prime}>m$ then $\Delta_{n, m} \subset \Delta_{n, m^{\prime}}$. Moreover we can assume that the sequence $\left(n_{m}\right)$ is increasing. We set $\Delta_{m}=\Delta_{n_{m}, m}$. Thus, we have constructed in this
way a sequence of connected surfaces $\Delta_{n} \rightarrow \mathbb{R}^{3}$ passing through 0 (that is, containing $\left.p_{n}^{*}\right)$ with the following property: for any $k \in \mathbb{N}^{*}$ there exists $n_{k}$ such that for any $n \geq n_{k}$ and any $x \in \Delta_{n} \cap B_{k}$ we have

$$
\begin{equation*}
\left|\left|A_{n}(x)\right|-\left|B_{n}^{*}(x)\right|\right| \leq \frac{1}{k} \quad \text { and } \quad d_{\Delta_{n}}\left(p_{n}^{*}, \partial \Delta_{n}\right) \geq k \tag{15}
\end{equation*}
$$

In particular we get for $n \geq n_{k}$

$$
\begin{equation*}
\left|\left|A_{n}\left(p_{n}^{*}\right)\right|-1\right| \leq \frac{1}{k} . \tag{16}
\end{equation*}
$$

Furthermore, for any $k$, any $n \geq n_{k}$ and any $x \in \Delta_{n} \cap B_{k}$ we get from (13) and (15):

$$
\begin{equation*}
\left|A_{n}(x)\right| \leq 5 . \tag{17}
\end{equation*}
$$

We will use the following well known result which can be deduced from [2] or [13].
Proposition 2.2. Let $\Sigma \rightarrow \mathbb{R}^{3}$ be an immersed surface whose second fundamental form $A$ satisfies $|A|<\frac{1}{4 \delta}$ for some constant $\delta>0$. Then for any $x \in \Sigma$ with $d_{\Sigma}(x, \partial \Sigma)>4 \delta$ there is a neighborhood of $x$ in $\Sigma$ which is a graph of a function $u$ over the Euclidean disk of radius $\sqrt{2} \delta$ centered at $x$ in the tangent plane of $\Sigma$ at $x$. Moreover u satisfies

$$
\begin{equation*}
|u|<2 \delta, \quad|\nabla u|<1 \quad \text { and } \quad\left|\nabla^{2} u\right|<\frac{1}{\delta} . \tag{18}
\end{equation*}
$$

We deduce from the estimate (17) and Proposition 2.2 that for each $n$ big enough, a part of the surface $\Delta_{n}$ is the graph of a function $u_{n}$ over a Euclidean disk of radius $\sqrt{2} \delta$, with $\delta=1 / 20$, centered at the origin in the tangent plane of $\Delta_{n}$ at the origin. Furthermore the functions $u_{n}$ satisfy the uniform estimates (18). Up to passing to a subsequence, still denoted $\Delta_{n}$, and up to a rotation in $\mathbb{R}^{3}$, we can assume that the tangent planes $T_{0} \Delta_{n}$ converge to the horizontal plane $P$ through the origin. Consequently, for $n$ big enough, a part of $\Delta_{n}$ is the graph of a function still denoted $u_{n}$, over the Euclidean disk $D_{\delta}$ of radius $\delta$ centered at the origin in $P$. By continuity, note that the new functions $u_{n}$ satisfy the following uniform estimates for $n$ big enough:

$$
\begin{equation*}
\left|u_{n}\right|<3 \delta, \quad\left|\nabla u_{n}\right|<2 \quad \text { and } \quad\left|\nabla^{2} u_{n}\right|<\frac{1}{\delta} \quad\left(\text { with } \delta=\frac{1}{20}\right) . \tag{19}
\end{equation*}
$$

Thus we have obtained uniform $C^{2}$-estimates for the functions $u_{n}$ on $D_{\delta}$. To go further we need $C^{2, \alpha}$-estimates, $0<\alpha<1$. This is the content of the next lemma.

Lemma 2.3. For any $\delta^{\prime} \in(0, \delta)$ there exits a constant $C$ which does not depend on $n$ such that for $n$ big enough we have

$$
\begin{equation*}
\left\|u_{n}\right\|_{C^{2, \alpha}\left(D_{\delta^{\prime}}\right)}<C \tag{20}
\end{equation*}
$$

where $D_{\delta^{\prime}}$ denotes the disk in $P$ of radius $\delta^{\prime}$ centered at the origin.

Proof. Since the mean curvature of $\Delta_{n}$ for the metric $h_{n}$ is $H_{n} / \lambda_{n}$, we infer, see for instance [2, p. 99-100], that the function $u_{n}$ is solution of an elliptic PDE of the form:
$L(u):=a^{i j}\left(u, \nabla u, h_{n}\right) u_{i j}+b^{i}\left(u, \nabla u, h_{n}, \partial_{m} h_{n}\right) u_{i}=2 \frac{H_{n}}{\lambda_{n}} W\left(\nabla u, h_{n}\right)+c\left(u, \nabla u, h_{n}, \partial_{m} h_{n}\right)$,
where by $h_{n}$ we mean the components $\left(h_{n}\right)_{\alpha \beta}$ of the metric $h_{n}$ and by $\partial_{m} h_{n}$ we mean the partial derivatives $\frac{\partial\left(h_{n}\right)_{\alpha \beta}}{\partial y_{m}}, 1 \leq \alpha, \beta, m \leq 3$. Moreover the functions $a^{i j}, b^{i}, W$ and $c$ depend in a smooth way on their arguments.

Recall that the sequence ( $u_{n}$ ) has uniform $C^{2}$-estimates on $D_{\delta}$ and so has uniform $C^{1, \alpha}$-estimates. Moreover the sequence of metrics $\left(h_{n}\right)$ converges to the Euclidean metric $g_{\text {euc }}$ for the $C^{1, \alpha_{-}}$topology on compact sets. Furthermore the sequence $H_{n} / \lambda_{n}$ is bounded (since it converges to 0 ). Thus the functions $a^{i j}\left(u, \nabla u, h_{n}\right)$, $b^{i}\left(u, \nabla u, h_{n}, \partial_{m} h_{n}\right)$ and $2\left(H_{n} / \lambda_{n}\right) W\left(\nabla u, h_{n}\right)+c\left(u, \nabla u, h_{n}, \partial_{m} h_{n}\right)$ have uniform $C^{0, \alpha_{-}}$ estimates on $D_{\delta}$, that is, $C^{0, \alpha}$-estimates independant on $n$.

By Schauder estimates, [6, Chapter 6] or [14, Chapter 10], for any $\delta^{\prime} \in(0, \delta)$, there exists a constant $C_{0}>0$ which does not depend on $n$ such that:

$$
\begin{equation*}
\left\|u_{n}\right\|_{C^{2, \alpha}\left(D_{\delta^{\prime}}\right)}<C_{0}\left(\left\|L\left(u_{n}\right)\right\|_{C^{\alpha}\left(D_{\delta}\right)}+\left\|u_{n}\right\|_{C^{\alpha}\left(D_{\delta}\right)}\right) . \tag{22}
\end{equation*}
$$

Consequently, there exists a constant $C>0$ which does not depend on $n$ such that:

$$
\begin{equation*}
\left\|u_{n}\right\|_{C^{2, \alpha}\left(D_{\delta^{\prime}}\right)}<C \tag{23}
\end{equation*}
$$

which concludes the proof of the lemma.
Fix some $\delta^{\prime} \in(0, \delta)$. As the sequence $\left(u_{n}\right)$ is $C^{2, \alpha}$-bounded on the disk $D_{\delta^{\prime}}$, by Arzela-Ascoli's theorem there is some subsequence, still denoted ( $u_{n}$ ), which converges to a $C^{2}$-function $u$ in the $C^{2}$-topology. Since the mean curvature, $H_{n} / \lambda_{n}$, of the graph of $u_{n}$ for the metric $h_{n}$ tends to 0 , thanks to the Proposition 4.1 we know that the mean curvature of the graph of $u_{n}$ for the Euclidean metric also tends to 0 . We deduce that the graph of $u$, denoted by $S$, is minimal for the Euclidean metric.

Note that this graph contains the origin and that its second fundamental form $A$ verifies: $|A(0)|=1$ and $|A|<5$ on $D_{\delta^{\prime}}$ (by (13), (14) and Proposition 4.1).

Let $x_{0} \in D_{\delta^{\prime}}$ at Euclidean distance $\delta^{\prime} / 2$ from 0 and fix once for all some $\delta^{\prime \prime} \in\left(\delta^{\prime}, \delta\right)$. Note that for $n$ big enough, a part of the surface $\Delta_{n}$ is the graph of a function $v_{n}$ over the Euclidean disk $D_{\delta^{\prime \prime}}\left(x_{0}\right)$ centered at $\left(x_{0}, u\left(x_{0}\right)\right) \in S$ in the tangent plane $T_{\left(x_{0}, u\left(x_{0}\right)\right)} S$. Using the same arguments as before, we can extract a subsequence of $\left(v_{n}\right)$ whose graphs converge to a minimal graph over the disk $D_{\delta^{\prime}}\left(x_{0}\right)$. Observe that this new graph is not contained in $S$ because $|\nabla u| \leq 1$. We have in this way obtained a new minimal surface extending $S$. We will still denote this extended minimal surface by $S$.

As $d_{\Delta_{n}}\left(0, \partial \Delta_{n}\right) \rightarrow+\infty$, using a standard diagonal process, we obtain a complete minimal surface $S$ immersed in $\mathbb{R}^{3}$, passing through the origin and whose second fundamental form $A$ satisfies:

$$
\begin{equation*}
|A(0)|=1 \quad \text { and } \quad|A| \leq 5 \tag{24}
\end{equation*}
$$

Consider the universal covering $\widetilde{S}$ of $S$, observe that $\widetilde{S}$ is naturally immersed in $\mathbb{R}^{3}$ and its second fundamental form is bounded. Consequently, there exists an $\varepsilon>0$ such that the map $\Pi: W:=\widetilde{S} \times(-\varepsilon,+\varepsilon) \rightarrow \mathbb{R}^{3}$ given by $\Pi(p, t)=p+t \widetilde{N}(p)$ is an immersion, where $\widetilde{N}$ is the Gauss map of $\widetilde{S}$. Therefore we can endow $W$ with a flat metric which makes $\Pi$ a local isometry. Note that $\widetilde{S}$ is a complete minimal surface in $W$.

Claim: $\widetilde{S}$ is stable in $W$.
For any geodesic disk in $S$ of radius $\delta^{\prime}$, for $n$ big enough, a piece of $\Delta_{n}$ is a graph over this geodesic disk of $S$. By construction of $S$, using this fact, for any compact and simply connected domain $U$ in $S$, a piece of $\Delta_{n}$ will be a graph over $U$ for $n$ big enough. Using a continuation argument, for any compact and simply connected domain $\widetilde{U}$ in $\widetilde{S}$, we can lift a part $G_{n}$ of $\Delta_{n}, n$ big enough, to get a surface $\widetilde{G}_{n}$ in $W$ which will be a graph over $\widetilde{U}$. Moreover the graphs $\widetilde{G}_{n}$ converge to $\widetilde{U}$ in the $C^{2}$-topology.

Observe that each graph $\widetilde{G}_{n}$ is a stable $H$-surface (with $H=H_{n} / \lambda_{n}$ ) in (a part of) $W$ endowed with the metric $\Pi^{*}\left(h_{n}\right)$. Indeed, since $G_{n}$ is two-sided and stable for the metric $h_{n}$, by a result of Fischer-Colbrie and Schoen [馴, there exists a positive Jacobi function $v_{n}$ on $G_{n}$. The function $\widetilde{v}_{n}=v_{n} \circ \Pi$ is thus a positive Jacobi function on $\widetilde{G}_{n}$ for the metric $\Pi^{*}\left(h_{n}\right)$. Again by [5] this implies that $\widetilde{G}_{n}$ is stable.

For $n$ big enough, $\widetilde{G}_{n}$ is the graph over $\widetilde{U}$ of a function which tends to 0 in the $C^{2}$-norm as $n$ goes to $+\infty$. In this way we may see the stability operator of $\widetilde{G}_{n}$ : $J_{n}=\Delta_{n}+\left|\widetilde{B}_{n}^{*}\right|^{2}+\operatorname{Ric}_{n}(\nu)$ as an operator on $\widetilde{U}$. Here $\widetilde{B}_{n}^{*}$ stands for the second fundamental form of $\widetilde{G}_{n}, \Delta_{n}$ denotes the Laplacian on $\widetilde{G}_{n}$ and $\operatorname{Ric}_{n}(\nu)$ denotes the Ricci curvature in the direction of the unit normal field $\nu$ to $\widetilde{G}_{n}$, all of them with respect to the metric $\Pi^{*}\left(h_{n}\right)$.

As the metrics $\Pi^{*}\left(h_{n}\right)$ converge to the flat metric $\Pi^{*}\left(g_{\text {euc }}\right)$ in the $C^{1, \alpha}$-topology and $\left|\operatorname{Ric}_{n}(\nu)\right| \leq 2 \Lambda / \lambda_{n}^{2}$, it follows that the domain $\widetilde{U}$ is stable for the flat metric. This implies that $\widetilde{S}$ is stable in $W$ for the flat metric as claimed.

As the immersion $\Pi$ is a local isometry we infer that the minimal and complete immersion $\widetilde{S} \rightarrow S \subset \mathbb{R}^{3}$ is stable. By a result proved independently by Do CarmoPeng [4], Fischer-Colbrie and Schoen (5] and Pogorelov (15], we know that $S$ is a plane. This contradicts the fact that $|A(0)|=1$, see (24), and concludes the proof of the Main Theorem.

Using a local version of Theorem 2.1, see [8, Theorem 6], it is readily seen that the same proof gives the following local result.

Theorem 2.4. Let $(M, g)$ be a smooth Riemannian 3-manifold (not necessarily complete), with bounded sectional curvature $|K| \leq \Lambda<+\infty$ and let $H_{0} \geq 0$ and $r>0$. Let $\Omega \subset M$ be an open subset of $M$ such that the injectivity radius in $M$ at any $x \in \Omega$ is $\geq r$.

Then for any $C_{1}>0$ there exists a constant $C_{2}=C_{2}\left(C_{1}, r, \Lambda, H_{0}\right)>0$ depending only on $C_{1}, r, \Lambda, H_{0}$ and neither on $M$ nor on $\Omega$, satisfying the following:

For any immersed stable $H$-surface $\Sigma \rightarrow \Omega, 0 \leq H \leq H_{0}$, and for any $p \in \Sigma$ such that $d_{\Sigma}(p, \partial \Sigma)>C_{1}$ we have $|B(p)|<C_{2}$.

## 3. Applications

In this section we consider Riemannian 3 -manifolds $\left(M^{3}, g\right)$ which fiber over a Riemannian surface $\left(M^{2}, h\right)$. We assume that the fibration $\Pi:\left(M^{3}, g\right) \rightarrow\left(M^{2}, h\right)$ is a Riemannian submersion with the following properties.
(1) Each fiber is a complete geodesic of infinite length.
(2) The fibers of the fibration are the integral curves of a unit Killing vector field $\xi$ on $M^{3}$.
A fibration satisfying (11) and (2) will be called a Killing submersion. It can be shown that such a fibration is (topologically) trivial. Indeed, there always exists a global section $s: M^{2} \rightarrow M^{3}$ (see Steenrod 20, Theorem 12.2]). Considering the flow $\varphi_{t}$ of $\xi$, a trivialization of the fibration is given by the diffeomorphism: $(p, t) \in M^{2} \times \mathbb{R} \rightarrow \varphi_{t}(s(p)) \in M^{3}$.

Notice that there are many such 3-manifolds, including $\mathbb{R}^{3}, ~ \widetilde{\operatorname{PSL}(2, \mathbb{R})}$ (which fibers over the hyperbolic plane $\mathbb{H}^{2}$ ), the Heisenberg space $\mathrm{Nil}_{3}$ (which fibers over the Euclidean plane $\mathbb{R}^{2}$ ) and the metric product spaces $M^{2} \times \mathbb{R}$ for any Riemannian surface $\left(M^{2}, h\right)$.

Definition 3.1. Let $\Pi:\left(M^{3}, g\right) \rightarrow\left(M^{2}, h\right)$ be a Killing submersion.
(1) Let $\Omega \subset M^{2}$ be a domain and let $\Sigma \subset M^{3}$ be a $H$-surface. An $H$-section over $\Omega$ is an $H$-surface in $M^{3}$ which is the image of a section $s: \bar{\Omega} \rightarrow M^{3}$, with $s$ of class $C^{2}$ on $\Omega$ and $C^{0}$ on $\bar{\Omega}$.
(2) Let $\gamma \subset M^{2}$ be a smooth curve with geodesic curvature $2 H$. Observe that the surface $\Pi^{-1}(\gamma) \subset M^{3}$ has mean curvature $H$. We call such a surface a vertical $H$-cylinder.
We may also consider $H$-sections $\Sigma \subset M^{3}$ without boundary.
Remark 3.2. Let $s: \bar{\Omega} \rightarrow \Sigma \subset \Omega$ be a $H$-section where $\Omega \subset M^{2}$ is a relatively compact domain. We make the following observations.
(1) For any interior point $p \in \Omega$ the $H$-surface $\Sigma$ is transversal at $s(p)$ to the fiber. Indeed, assume by contradiction that $\Sigma$ is tangent to the fiber at the
interior point $s(p)$. Let $S \subset M^{3}$ be the vertical $H$-cylinder tangent to $\Sigma$ at $s(p)$ with the same mean curvature vector. Then, in a neighborhood of $s(p)$, the intersection $\Sigma \cap S$ is composed of $n \geq 2$ smooth curves passing through $s(p)$. But the union of those curves cannot be a graph, contradicting the assumption that $\Sigma$ is a graph over $\bar{\Omega}$.
(2) Let $s_{1}: \bar{\Omega} \rightarrow \Sigma_{1} \subset \Omega$ be another $H$-section over $\bar{\Omega}$ such that the mean curvature vector field $\vec{H}_{1}$ points in the same direction as the mean curvature vector field $\vec{H}$ of $\Sigma$, that is, the scalar products $g(\vec{H}, \xi)$ and $g\left(\vec{H}_{1}, \xi\right)$ have the same sign. Assume that there exists a constant $C>0$ such that $\left|s(p)-s_{1}(p)\right|<$ $C$ at any $p \in \partial \Omega$ where $\left|s(p)-s_{1}(p)\right|$ denotes the distance on the fiber over $p$ between the points $s(p)$ and $s_{1}(p)$. As $\xi$ is a Killing field, the translated copies of $\Sigma$ along the fibers are also $H$-surfaces whose mean curvature vector has the same orientation as that of $\Sigma$. Then applying the maximum principle to $\Sigma_{1}$ and a translation of $\Sigma$ by $\xi$, we deduce that we have also $\left|s(p)-s_{1}(p)\right|<C$ at any $p \in \bar{\Omega}$.

This gives for any such $H$-section $\Sigma_{1}$ height estimates, relative to $\Sigma$, depending on the vertical distance between the boundaries of $\Sigma$ and $\Sigma_{1}$.

Our first application is as follows.
Theorem 3.3. Let $\Pi:\left(M^{3}, g\right) \rightarrow\left(M^{2}, h\right)$ be a Killing submersion and let $s: \Omega \rightarrow$ $\Sigma \subset M^{3}$ be an $H$-section over a domain $\Omega \subset M^{2}$. Let $U_{0}$ be a neighborhood of an arc $\gamma \subset \partial \Omega$ and $s_{0}: U_{0} \rightarrow M^{3}$ a section.

Assume that for any sequence $\left(p_{n}\right)$ of $\Omega$ which converges to a point $p \in \gamma$, the height of $s\left(p_{n}\right)$ goes to $+\infty$, that is $s\left(p_{n}\right)-s_{0}\left(p_{n}\right) \rightarrow+\infty$.

Then, $\gamma$ is a smooth curve with geodesic curvature $2 H$. If $H>0$ then $\gamma$ is convex with respect to $\Omega$ if, and only if, the mean curvature vector $\vec{H}$ of $\Sigma$ points up, that is, if $g(\vec{H}, \xi)>0$ along $\Sigma$. Moreover, $\Sigma$ converges to the vertical $H$-cylinder $\Pi^{-1}(\gamma)$ with respect to the $C^{k}$-topology for any $k \in \mathbb{N}$; this convergence will be made precise in the proof.

Proof. Let $p \in \gamma$ and $\left(p_{n}\right)$ a sequence in $\Omega$ converging to $p$. Let $\overline{B(p, \rho)}$ be a compact geodesic disc of $M^{2}$ centered at $p$, with the radius $\rho$ small so that $s(\Omega \cap B(p, \rho))$ is far from $\partial \Sigma$.

Let $\widetilde{\Sigma}_{n}$ be the $H$-section obtained by translating $\Sigma$ by the integral curves of $\xi$ so that $s\left(p_{n}\right)$ goes to $s_{0}\left(p_{n}\right)=\widetilde{p}_{n}$. After passing to a subsequence, we can assume the tangent planes $T_{\widetilde{p}_{n}} \widetilde{\Sigma}_{n}$ converge to a 2 -plane $P_{\widetilde{p}}$ of the tangent space $T_{\widetilde{p}} M^{3}$; here $\tilde{p}=s_{0}(p)$.

We deduce from the Main Theorem, Proposition 4.3 ( $H$-sections are stable) and a continuity argument that there exist two real numbers $\delta, \delta_{0}>0$ such that for $n$ big enough, a part of $\widetilde{\Sigma}_{n}$ is the Euclidean graph (in the sense of Remark 4.2) of some function $\widetilde{u}_{n}$ over the disk of $P_{\widetilde{p}}$ centered at $\widetilde{p}$ with Euclidean radius $\delta$. Furthermore
this part of $\widetilde{\Sigma}_{n}$ contains the geodesic disk, denoted by $\widetilde{D}_{n}$, centered at $\widetilde{p}_{n}$ with radius $\delta_{0}$.

Since the mean curvature of each $\widetilde{D}_{n}$ is constant and equal to $H$, the functions $\widetilde{u}_{n}$ satisfy an elliptic PDE. Therefore, using the Schauder theory, we can find a subsequence of the previous subsequence converging for the $C^{k}$-topology, for any $k \in \mathbb{N}$, to some $H$-surface $D_{\widetilde{p}}$ passing through $\widetilde{p}$ with tangent plane $P_{\widetilde{p}}, T_{\widetilde{p}} D_{\widetilde{p}}=P_{\widetilde{p}}$. Since $D_{\widetilde{p}}$ is the limit of vertical graph and $p=\Pi(\widetilde{p})$ is a boundary point of $\Omega$, the tangent plane at $\widetilde{p}$ must be vertical. Furthermore $D_{\widetilde{p}}$ contains the geodesic disk centered at $\widetilde{p}$ with radius $\delta_{0} / 2$. Denoting by $N$ the unit normal field along $D_{\widetilde{p}}$ given by the limit of the unit normal fields along the disks $\widetilde{D}_{n}$, observe that the function $g(N, \xi)$ is a Jacobi function on $D_{\widetilde{p}}$. As each $\widetilde{D}_{n}$ is a vertical graph, this function has a sign, but it vanishes at an interior point of $D_{\widetilde{p}}: \widetilde{p}$. Therefore, the maximum principle 19, Chapter 10, Addendum 2, Corollary 19] shows that $g(N, \xi)$ is the null function. This means that the normal field $N$ is horizontal. Clearly, this implies that the limit surface $D_{\widetilde{p}}$ is a part of the vertical cylinder over some curve $\widetilde{\alpha} \subset M^{2}$. Since $D_{\widetilde{p}}$ has mean curvature $H$ and the fibers are geodesic lines of $M^{3}$, the curve $\widetilde{\alpha}$ must be smooth and must have geodesic curvature $2 H$ in $M^{2}$.

Since each $\widetilde{D}_{n}$ is, up to a translation along the fibers, part of the graph $\Sigma$ over $\Omega$, we deduce that:
(1) $\widetilde{\alpha} \subset \bar{\Omega} \subset M^{2}$.
(2) Each converging subsequence of $\widetilde{D}_{n}$ must converge to the same $H$-surface $D_{\widetilde{p}}$.
(3) The limit surface $D_{\widetilde{p}}$ doest not depend on the sequence $\left(p_{n}\right)$ of $\Omega$ converging to $p \in \gamma$.

Now we show that we have $\widetilde{\alpha} \subset \gamma \subset \partial \Omega$, that is, the arc $\gamma$ is smooth and has geodesic curvature $2 H$.

Assume by contradiction that there is an interior point $q \in \widetilde{\alpha} \cap \Omega$. Take any point $\widetilde{q} \in D_{\widetilde{p}}$ in the fiber over $q, \Pi(\widetilde{q})=q$. By construction, $\widetilde{q}$ is the limit of some sequence $\left(\widetilde{q}_{n}\right)$ with $\widetilde{q}_{n} \in \widetilde{D}_{n}$. Since the sequence $\left(\widetilde{D}_{n}\right)$ converges to (a part of) the vertical cylinder $\Pi^{-1}(\widetilde{\alpha})$ with the $C^{k}$-topology for any $k \in \mathbb{N}$, the surface $\Sigma$ must be vertical at $s(q)$, contradicting the fact that $\Sigma$ is transversal to the fibers, see Remark (3.2-(1).

The assertion about the convexity of the arc $\gamma$ is obvious.
Remark 3.4. In the case where $M^{3}$ is the metric product space $\mathbb{H}^{2} \times \mathbb{R}$ or $\mathbb{S}^{2} \times \mathbb{R}$, the result above was shown in an analytic way by L. Hauswirth, H. Rosenberg and J. Spruck [7].

Remark 3.5. In a Riemannian product $\left(M^{3}, g\right)=\left(M^{2}, h\right) \times \mathbb{R}$, consider a domain $\Omega \subset M^{2}$ and a smooth surface $\Sigma \subset M^{3}$ which is the vertical graph of a function $u$ on $\Omega$. Let $N$ be a unit normal field on $\Sigma$ and let $\xi=\frac{\partial}{\partial t}$ be the unit vertical field. Then
we have

$$
|g(N, \xi)|=\frac{1}{\sqrt{1+\left|\nabla_{h} u\right|^{2}}}
$$

Therefore, bounding $\left|\nabla_{h} u\right|$ from above is equivalent to bounding $|g(N, \xi)|$ from below away from 0 .

As a second application we obtain interior gradient estimates, see Remark 3.5, for $H$-sections.

Theorem 3.6. Let $\Pi:\left(M^{3}, g\right) \rightarrow\left(M^{2}, h\right)$ be a Killing submersion. Let $H \geq 0$ be a fixed real number, $\Omega \subset M^{2}$ a relatively compact domain and $s_{0}: \bar{\Omega} \rightarrow \Sigma_{0}$ a $C^{0}$-section over $\bar{\Omega}$.

Then, for any $C_{1}, C_{2}>0$, there exists a constant $\alpha=\alpha\left(C_{1}, C_{2}, H, \Omega\right)$ such that for any $p \in \Omega$ with $d(p, \partial \Omega)>C_{2}$ and for any $H$-section $s: \bar{\Omega} \rightarrow \Sigma \subset M^{3}$ over $\bar{\Omega}$ satisfying $\left|s-s_{0}\right|<C_{1}$ on $\Omega$, we have

$$
\begin{equation*}
|g(N, \xi)(s(p))|>\alpha, \tag{25}
\end{equation*}
$$

where $N$ is a unit normal field along $\Sigma$.
Proof. Assume by contradiction that there exist positive constants $C_{1}$ and $C_{2}$ such that for any $n \in \mathbb{N}^{*}$ there exists a $H$-section $s_{n}: \bar{\Omega} \rightarrow \Sigma_{n} \subset M^{3}$ over $\bar{\Omega}$, and there exists a point $p_{n} \in \Omega$ such that $d\left(p_{n}, \partial \Omega\right)>C_{2}$ and verifying

$$
\begin{equation*}
\left|g\left(N_{n}, \xi\right)\left(s_{n}\left(p_{n}\right)\right)\right| \leq \frac{1}{n} \tag{26}
\end{equation*}
$$

where $N_{n}$ is the unit normal field along $\Sigma_{n}$ oriented by $\vec{H}_{n}$.
Since $\bar{\Omega}$ is compact, there exists a subsequence of $\left(p_{n}\right)$ converging to a point $p \in \Omega$, with $d(p, \partial \Omega) \geq C_{2}$. For each $n \in \mathbb{N}^{*}$ we denote by $\widetilde{\Sigma}_{n}$ the vertically translated copy of $\Sigma_{n}$ passing through $\widetilde{p}_{n}:=s_{0}\left(p_{n}\right)$. Observe that the sequence $\left(\widetilde{p}_{n}\right)$ converges to $\widetilde{p}:=s_{0}(p)$.

Since each $H$-surface $\widetilde{\Sigma}_{n}$ is a vertical graph, $\widetilde{\Sigma}_{n}$ is stable. Thus we can apply our Main Theorem and Proposition 4.3. Therefore, there exist positive constants $\delta$ and $\delta_{0}$ such that for each $n \in \mathbb{N}^{*}$ a part $\widetilde{S}_{n}$ of $\widetilde{\Sigma}_{n}$ is a Euclidean graph over the disk of $T_{\widetilde{p}_{n}} \widetilde{\Sigma}_{n}$ centered at $\widetilde{p}_{n}$ with Euclidean radius $\delta_{0}$, furthermore $\widetilde{S}_{n}$ contains the geodesic disk $\widetilde{D}_{n}$ of $\widetilde{\Sigma}_{n}$ centered at $\widetilde{p}_{n}$ with radius $\delta$.

As usual, up to choosing a subsequence, we can assume that the sequence of tangent planes $\left(T_{\widetilde{p}_{n}} \widetilde{\Sigma}_{n}\right)$ converges to a 2-plane $P_{\widetilde{p}} \subset T_{\widetilde{p}} M^{3}$ at $\widetilde{p}$.

Taking into account (26), we deduce that $P_{\widetilde{p}}$ is vertical. Thus, there exists a positive number $\delta_{0}^{\prime}<\delta_{0}$ such that for $n$ big enough, a part of $\widetilde{S}_{n}$ is a Euclidean graph over the disk of $P_{\widetilde{p}}$ centered at $\widetilde{p}$ with Euclidean radius $\delta_{0}^{\prime}$ and this part contains the geodesic disk of $\widetilde{\Sigma}_{n}$ centered at $\widetilde{p}_{n}$ with radius $\delta / 2$.

As in the proof of the Main Theorem, using the Schauder theory, we can prove that a subsequence of $\left(\widetilde{S}_{n}\right)$ converges in the $C^{k}$-topology, for any $k \in \mathbb{N}$, to a $H$ surface $\widetilde{S}$ passing through $\widetilde{p}$ with vertical tangent plane $P_{\widetilde{p}}=T_{\widetilde{p}} \widetilde{S}$. As in the proof of Theorem 3.3, the maximum principle [19, Chapter 10, Addendum 2, Corollary 19] shows that $g(N, \xi)$ is the null function on $\widetilde{S}$, where $N$ is the limit unit normal field on $\widetilde{S}$. This means that $\widetilde{S}$ is part of a vertical $H$-cylinder over some curve $\widetilde{\gamma} \subset \Omega$, that is, $\widetilde{S} \subset \Pi^{-1}(\widetilde{\gamma})$. Since $\widetilde{S}$ is a $H$-surface, $\widetilde{\gamma}$ is a smooth curve with geodesic curvature $2 H$. Finally, $\widetilde{S}$ contains the geodesic disk of $\Pi^{-1}(\widetilde{\gamma})$ centered at $\widetilde{p}$ with radius $\delta / 2$.

Let us call $\widetilde{q} \in \Pi^{-1}(p) \subset M^{3}$ the point in the same fiber than $\widetilde{p}$ with vertical distance $\delta / 4$, lying over $\widetilde{p}$. Observe that, by construction, $\widetilde{q}$ is the limit of some sequence $\left(\widetilde{q}_{n}\right)$, with $\widetilde{q}_{n} \in \widetilde{D}_{n} \subset \widetilde{\Sigma}_{n}$. Observe that $\Pi(\widetilde{q}) \in \Omega$ and $d(\Pi(\widetilde{q}), \partial \Omega) \geq C_{2}$ since $\Pi(\widetilde{q})=p$. Therefore, the same arguments used above show that the geodesic disk of the vertical $H$-cylinder $\Pi^{-1}(\widetilde{\gamma})$ centered at $\widetilde{q}$ with radius $\delta / 2$ is the limit of a sequence $\left(\Sigma_{n}^{\prime}\right), \Sigma_{n}^{\prime} \subset \widetilde{\Sigma}_{n}$, extending in this way the part $\widetilde{S}$ of $\Pi^{-1}(\widetilde{\gamma})$.

Repeating this argument, we can show that a connected part of the vertical $H$ cylinder $\Pi^{-1}(\widetilde{\gamma})$, which is as high as we want, is contained in the limit set of the sequence $\left(\widetilde{\Sigma}_{n}\right)$. This gives a contradiction since the vertical distance between $\Sigma_{0}$ and $\Sigma_{n}$ is uniformly bounded by $C_{1}$ by hypothesis.

## 4. Appendix

Proposition 4.1. Let $U \subset \mathbb{R}^{3}$ be an open set and let $S \subset U$ be an immersed $C^{2}$ surface without boundary. Let $g$ be a metric on $U$, denote by $g_{\text {euc }}$ the Euclidean metric. Let respectively $A$ and $\bar{A}$ be the second fundamental forms of $S$ for the metrics $g_{\text {euc }}$ and $g$. Assume that $|\bar{A}|<C$ for some constant $C>0$.

Then, for any $n \in \mathbb{N}^{*}$, there exists a constant $C_{n}>0$ which does not depend on $S$ such that if $\left\|g_{i j}-g_{\text {euc, }, j}\right\|_{C^{1}(U)}<C_{n}, 1 \leq i, j \leq 3$, then for any $p \in S$ and any nonzero tangent vector $v \in T_{p} S$ we have:

$$
\begin{equation*}
\left|\bar{\lambda}_{p}(v)-\lambda_{p}(v)\right|<\frac{1}{n} \quad \text { and } \quad|H-\bar{H}|(p)<\frac{1}{n}, \tag{27}
\end{equation*}
$$

where $\lambda_{p}(v)$, resp. $\bar{\lambda}_{p}(v)$, denotes the normal curvature of $S$ at $p$ in the tangent direction $v$ with respect to the metric $g_{\text {euc }}$, resp. $g$, and $H$, resp. $\bar{H}$, denotes the mean curvature of $S$ at $p$ for the metric $g_{\text {euc }}$, resp. $g$, (the curvatures of both surfaces being computed with respect to normals inducing the same transversal orientation).

Consequently, for any $n \in \mathbb{N}^{*}$, there exists a constant $C_{n}^{\prime}>0$ which does not depend on $S$ such that if $\left\|g_{i j}-g_{\text {euc }, i j}\right\|_{C^{1}(U)}<C_{n}^{\prime}, 1 \leq i, j \leq 3$, then we have:

$$
\begin{equation*}
||A|-|\bar{A}||<\frac{1}{n} . \tag{28}
\end{equation*}
$$

Proof. Let us denote the normal curvatures by $\lambda(v)$ and $\bar{\lambda}(v)$.

Observe that if we have $\left\|g_{i j}-g_{e u c, i j}\right\|_{C^{1}(U)}<C$ for some constant $C>0$ then, for any Euclidean change of coordinates we certainly have $\left\|g_{i j}-g_{e u c, i j}\right\|_{C^{1}(U)}<9 C$ in the new coordinates.

We can choose Euclidean coordinates $\left(x_{1}, x_{2}, x_{3}\right)$ of $\mathbb{R}^{3}$ such that the origin coincides with $p$, the tangent plane $T_{p} S$ coincides with the plane $\left\{x_{3}=0\right\}$ and $v$ is tangent to the $x_{1}$-axis. Thus, a neighborhood $S_{p}$ of $p$ in $S$ is the graph of a function $x_{3}=u\left(x_{1}, x_{2}\right)$ defined in a neighborhood $V$ of the origin in the plane $\left\{x_{3}=0\right\}$. Therefore a parametrization of $S_{p}$ is given by $\left(x_{1}, x_{2}\right) \mapsto F\left(x_{1}, x_{2}\right)=\left(x_{1}, x_{2}, u\left(x_{1}, x_{2}\right)\right)$, $\left(x_{1}, x_{2}\right) \in V \subset\left\{x_{3}=0\right\}$.

Let us set $F_{i}=\frac{\partial F}{\partial x_{i}}, u_{i}=\frac{\partial u}{\partial x_{i}}, i=1,2$. We have

$$
\begin{equation*}
u_{i}(0)=0, \quad i=1,2 . \tag{29}
\end{equation*}
$$

We denote by $\bar{N}$ the Gauss map of $S$ for the metric $g$ and by $N$ the Gauss map of $S$ for the metric $g_{\text {euc }}$, both oriented so that at 0 we have $N(0)=(0,0,1)$ and $g_{\text {euc }}(N, \bar{N})(0)>0$.

We have by definition:

$$
\bar{\lambda}(v)=\frac{g\left(\bar{N}, \bar{\nabla}_{F_{1}} F_{1}\right)}{g\left(F_{1}, F_{1}\right)}(0) \quad \text { and } \quad \lambda(v)=\frac{u_{11}}{1+u_{1}^{2}}(0)
$$

where $\bar{\nabla}$ stands for the Levi-Civita connection with respect to the metric $g$.
Using (29) we get $F_{1}(0)=\partial_{x_{1}}$. Furthermore a straightforward computation shows that:
$\bar{N}(0)=\frac{1}{\sqrt{g^{33}}}\left(g^{13} \partial_{x_{1}}+g^{23} \partial_{x_{2}}+g^{33} \partial_{x_{3}}\right)(0) \quad$ and $\quad\left(\bar{\nabla}_{F_{1}} F_{1}\right)(0)=\left(\bar{\nabla}_{\partial_{x_{1}}} \partial_{x_{1}}\right)(0)+u_{11}(0) \partial_{x_{3}}$,
Therefore we deduce that

$$
\begin{align*}
& \bar{\lambda}(v)=\frac{1}{g_{11} \sqrt{g^{33}}}\left(g\left(\bar{\nabla}_{\partial_{x_{1}}} \partial_{x_{1}}, g^{13} \partial_{x_{1}}+g^{23} \partial_{x_{2}}+g^{33} \partial_{x_{3}}\right)(0)+u_{11}(0)\right),  \tag{30}\\
& \lambda(v)=u_{11}(0) . \tag{31}
\end{align*}
$$

Observe that if the metrics $g$ and $g_{\text {euc }}$ are close enough on $U$ in the $C^{1}$-topology then the expression $g\left(\bar{\nabla}_{\partial_{x_{1}}} \partial_{x_{1}}, g^{13} \partial_{x_{1}}+g^{23} \partial_{x_{2}}+g^{33} \partial_{x_{3}}\right)(0)$ is as close to 0 as we want and the expression $\frac{1}{g_{11} \sqrt{g^{33}}}$ is as close to 1 as we want. Observe that these expressions are independant of $u$, that is, independant of the surface $S$. By hypothesis, we have $|\bar{\lambda}(v)|<C$. Therefore there exists a constant $D_{n}>0$ which does not depend on $S$ such that $\left\|g_{i j}-g_{e u c, i j}\right\|_{C^{1}(U)}<D_{n}, 1 \leq i, j \leq 3$, implies that $\left|u_{11}(0)\right|<2 C$. Consequently we have:

$$
|\bar{\lambda}(v)-\lambda(v)|<2 C\left|1-\frac{1}{g_{11} \sqrt{g^{33}}}\right|+\frac{1}{g_{11} \sqrt{g^{33}}}\left|g\left(\bar{\nabla}_{\partial_{x_{1}}} \partial_{x_{1}}, g^{13} \partial_{x_{1}}+g^{23} \partial_{x_{2}}+g^{33} \partial_{x_{3}}\right)(0)\right| .
$$

For the same reasons as before, there exists a constant $C_{n}>0$, with $C_{n}<D_{n}$, which does not depend on $S$ such that $\left\|g_{i j}-g_{e u c, i j}\right\|_{C^{1}(U)}<C_{n}, 1 \leq i, j \leq 3$, implies that

$$
|\bar{\lambda}(v)-\lambda(v)|<\frac{1}{n} .
$$

Let us denote by $\bar{\lambda}_{\text {max }}, \bar{\lambda}_{\text {min }}, \lambda_{\text {max }}$ and $\lambda_{\text {min }}$ the principal curvatures of $S$ at $P$ for the metrics $g$ and $g_{\text {euc }}$ respectively. It follows that:

$$
\left|\bar{\lambda}_{\max }-\lambda_{\max }\right|<\frac{1}{n} \quad \text { and } \quad\left|\bar{\lambda}_{\min }-\lambda_{\min }\right|<\frac{1}{n} .
$$

Therefore:

$$
|H-\bar{H}|<\frac{1}{n} .
$$

Let $k>0$ be some integer and let $C_{k}$ be the constant given in the first part of the proposition. Thus, if $\left\|g_{i j}-g_{e u c, i j}\right\|_{C^{1}(U)}<C_{k}, 1 \leq i, j \leq 3$, then we have:

$$
\left|\bar{\lambda}_{\max }-\lambda_{\max }\right|<\frac{1}{k} \quad \text { and } \quad\left|\bar{\lambda}_{\text {min }}-\lambda_{\text {min }}\right|<\frac{1}{k}
$$

on $S$. Therefore we get

$$
\begin{aligned}
\left||A|^{2}-|\bar{A}|^{2}\right| & =\left|\left(\lambda_{\max }^{2}+\lambda_{\min }^{2}\right)-\left(\bar{\lambda}_{\max }^{2}+\bar{\lambda}_{\min }^{2}\right)\right| \\
& \leq \frac{1}{k}\left(2\left|\bar{\lambda}_{\max }\right|+\frac{1}{k}+2\left|\bar{\lambda}_{\min }\right|+\frac{1}{k}\right) \\
& <\frac{1}{k}\left(4 C+\frac{2}{k}\right) .
\end{aligned}
$$

To conclude the proof just observe that $\left||A|-|\bar{A}|^{2} \leq\left||A|^{2}-|\bar{A}|^{2}\right|\right.$.
Remark 4.2. Let $(M, g)$ be a smooth Riemannian 3-manifold and let $S \rightarrow M$ be an immersed surface. Let $p \in S$ be an interior point of $S$. Let $\left(U, \varphi, B\left(p, r_{0}\right)\right)$ be a harmonic coordinate chart at $p$, where $B\left(p, r_{0}\right)$ is the geodesic ball in $M$ centered at $p$ with radius $r_{0}$ such that $B\left(p, r_{0}\right) \cap \partial S=\emptyset$. Let us denote the harmonic coordinates on $U$ by $\left(x_{1}, x_{2}, x_{3}\right)$ and let us consider the Euclidean metric $d x_{1}^{2}+d x_{2}^{2}+d x_{3}^{2}$ on $U$. Viewing the connected component of $B\left(p, r_{0}\right) \cap S$ through $p$ in $U$ observe that a neighborhood of $p$ in $S$ is a Euclidean graph over a Euclidean disk in the tangent plane $T_{p} S$ centered at $p$.

The arguments of the proof of the Proposition 4.1 can be used to show the following result which is very useful for the applications.

Proposition 4.3. Let $(M, g)$ be a smooth Riemannian 3-manifold (not necessarily complete), with bounded sectional curvature $|K| \leq \Lambda<+\infty$ and let $r>0$. Let $\Omega \subset M$ be an open subset of $M$ such that the injectivity radius in $M$ at any $x \in \Omega$ is $\geq r$.

Then for any $C_{1}>0$ and $C_{2}>0$ there exist constants $\delta, \delta_{0}>0$ depending only on $C_{1}, C_{2}, \Lambda$ and $r$ and neither on $M$ nor on $\Omega$ satisfying the following:

For any immersed surface $S \leftrightarrow \Omega$ whose second fundamental form $\bar{A}$ satisfies $|\bar{A}|<C_{1}$ and for any $p \in S$ such that $d_{S}(p, \partial S)>C_{2}$ then a part $S_{0}$ of $S$ is contained in the image of a harmonic chart and is a Euclidean graph (see Remark 4.2) over the disk of $T_{p} S$ centered at $p$ with Euclidean radius $\delta$. Furthermore, the subset $S_{0}$ contains the geodesic disk of $S$ centered at $p$ with radius $\delta_{0}$.

Proof. Let us fix some constants $\alpha \in(0,1)$ and $Q_{0}>1$. The Theorem 6 in [8] shows that there exists some $r_{0}=r_{0}\left(Q_{0}, \alpha, r, \Lambda\right)>0$ such that for any $x \in \Omega$ there exists a harmonic coordinate chart $\left(U, \varphi, B\left(x, r_{0}\right)\right)$ satisfying the assumption of the Theorem 2.1 where $B\left(x, r_{0}\right)$ is the geodesic ball in $M$ centered at $x$ with radius $r_{0}$.

Let $C_{1}, C_{2}, S$ and $p \in S$ be as stated. Consider a harmonic coordinate chart $\left(U, \varphi, B\left(p, r_{0}\right)\right)$ at $p$, and call $x=\left(x_{1}, x_{2}, x_{3}\right)$ the coordinates on $U \subset \mathbb{R}^{3}$, we have

$$
\sum_{k=1}^{3} \sup _{x \in U}\left|\partial_{k} g_{i j}(x)\right| \leq Q_{0} \quad \text { and } \quad Q_{0}^{-1} \delta_{i j} \leq g_{i j} \leq Q_{0} \delta_{i j} \quad \text { as quadratic forms. }
$$

We want to show that there exists a constant $C_{3}=C_{3}\left(C_{1}\right)$ which does not depend on $p \in S$ or on $S$ such that $|A(p)|<C_{3}$ where $A$ denotes the second fundamental form of $S \cap B\left(p, r_{0}\right)$ for the Euclidean metric $d x_{1}^{2}+d x_{2}^{2}+d x_{3}^{2}$. Let $v \in T_{p} S$ be a nonzero tangent vector. Choose Euclidean coordinates $y=\left(y_{1}, y_{2}, y_{3}\right)$ in $U$ such that the tangent plane $T_{p} S$ coincides with the plane $\left\{y_{3}=0\right\}$ and $v$ is tangent to the $y_{1}$-axis. In those new coordinates we have
(32) $\quad \sum_{k=1}^{3} \sup _{y \in U}\left|\partial_{k} g_{i j}(y)\right| \leq 9 Q_{0} \quad$ and $\quad Q_{0}^{-1} \delta_{i j} \leq g_{i j} \leq Q_{0} \delta_{i j} \quad$ as quadratic forms.
where $\partial_{k}$ stands for the partial derivative with respect to $y_{k}$.
Let us denote by $\lambda_{p}(v)$, resp. $\bar{\lambda}_{p}(v)$, the normal curvature of $S$ at $p$ in the tangent direction $v$ with respect to the Euclidean metric $g_{\text {euc }}$, resp. $g$. We get from the formulae (30) and (31) established in the proof of the Proposition 4.1 that

$$
\lambda_{p}(v)=\left(g_{11} \sqrt{g^{33}}\right)(0) \bar{\lambda}(v)-g\left(\bar{\nabla}_{\partial_{y_{1}}} \partial_{y_{1}}, g^{13} \partial_{y_{1}}+g^{23} \partial_{y_{2}}+g^{33} \partial_{y_{3}}\right)(0) .
$$

Taking into account the formulae (32) we get that the expressions $\left(g_{11} \sqrt{g^{33}}\right)(0)$ and $\left|g\left(\bar{\nabla}_{\partial_{y_{1}}} \partial_{y_{1}}, g^{13} \partial_{y_{1}}+g^{23} \partial_{y_{2}}+g^{33} \partial_{y_{3}}\right)(0)\right|$ are bounded by a constant $Q_{1}$ which only depends on $Q_{0}$. Therefore the expression $\left|\lambda_{p}(v)\right|$ is bounded by a constant $C_{4}$ which depends only on $C_{1}$ and $Q_{0}$ and which does not depend on $p \in S$ or on $S$. Consequently we have $|A|<2 C_{4}$ on $S$. Now the proof follows from the Proposition 2.2 setting $\delta=1 / 8 C_{4}$. The second part of the estimates (32) shows that we can choose $\delta_{0}=\delta / Q_{0}$.

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