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# SQUARE FUNCTION AND HEAT FLOW ESTIMATES ON DOMAINS 

O.IVANOVICI AND F.PLANCHON


#### Abstract

The first purpose of this note is to provide a proof of the usual square function estimate on $L^{p}(\Omega)$. It turns out to follow directly from a generic Mikhlin multiplier theorem obtained by Alexopoulos, which mostly relies on Gaussian bounds on the heat kernel. We also provide a simple proof of a weaker version of the square function estimate, which is enough in most instances involving dispersive PDEs. Moreover, we obtain, by a relatively simple integration by parts, several useful $L^{p}(\Omega ; H)$ bounds for the derivatives of the heat flow with values in a given Hilbert space $H$.


## 1. Introduction

Let $\Omega$ be a domain in $\mathbb{R}^{n}, n \geq 2$, with smooth boundary $\partial \Omega$. Let $\Delta_{D}$ denote the Laplace operator on $\Omega$ with Dirichlet boundary conditions, acting on $L^{2}(\Omega)$, with domain $H^{2}(\Omega) \cap H_{0}^{1}(\Omega)$.

The first result reads as follows:
Theorem 1.1. Let $f \in C^{\infty}(\Omega)$ and $\Psi \in C_{0}^{\infty}\left(\mathbb{R}^{*}\right)$ such that

$$
\begin{equation*}
\sum_{j \in \mathbb{Z}} \Psi\left(2^{-2 j} \lambda\right)=1, \quad \lambda \in \mathbb{R} . \tag{1.1}
\end{equation*}
$$

Then for all $p \in(1, \infty)$ we have

$$
\begin{equation*}
\|f\|_{L^{p}(\Omega)} \approx C_{p}\left\|\left(\sum_{j \in \mathbb{Z}}\left|\Psi\left(-2^{-2 j} \Delta_{D}\right) f\right|^{2}\right)^{1 / 2}\right\|_{L^{p}(\Omega)} \tag{1.2}
\end{equation*}
$$

where the operator $\Psi\left(-2^{-2 j} \Delta_{D}\right)$ is defined by (3.20) below.
Readers who are familiar with functional spaces'theory will have recognized the equivalence $\dot{F}_{p}^{0,2} \approx L^{p}$, where the Triebel-Lizorkin space is defined using the right hand-side of (1.2) as a norm. In other words, $L^{p}(\Omega)$ and the Triebel-Lizorkin space $\dot{F}_{p}^{0,2}(\Omega)$ coincide. Such an equivalence (and much more !) is proven in 25, 26, 27, though one has to reconstruct it from several different sections (functional spaces are defined differently, only the inhomogeneous ones are treated, among other things). As such, the casual user with mostly a PDE background might find it difficult to reconstruct the argument for his own sake without digesting the whole theory. It turns out that the proof of (1.2) follows directly from the classical argument (in $\mathbb{R}^{n}$ ) involving Rademacher functions, provided that an appropriate Mikhlin-Hörmander multiplier theorem is available. We will provide details below.

A weaker version of Theorem 1.1 is often used in the context of dispersive PDEs:

[^0]Theorem 1.2. Let $f \in C^{\infty}(\Omega)$, then for all $p \in[2, \infty)$ we have

$$
\begin{equation*}
\|f\|_{L^{p}(\Omega)} \leq C_{p} \mid\left(\sum_{j \in \mathbb{Z}}\left\|\Psi\left(-2^{-2 j} \Delta_{D}\right) f\right\|_{L^{p}(\Omega)}^{2}\right)^{1 / 2} \tag{1.3}
\end{equation*}
$$

The second part of the present note aims at giving a self-contained proof of (1.3), with "acceptable" black boxes, namely complex interpolation and spectral calculus. In fact, if one accepts to replace the spectral localization by the heat flow, the proof can be made entirely self-contained, relying only on integration by parts. Our strategy to prove Theorem 1.2 is indeed to reduce matters to an estimate involving the heat flow, by proving almost orthogonality between spectral projectors and heat flow localization; this only requires basic parabolic estimates in $L^{p}(\Omega)$, together with a little help from spectral calculus.

Remark 1.3. For compact manifolds without boundaries, one may find a direct proof of (1.3) (with $\Delta_{D}$ replaced by the Laplace-Beltrami operator) in (7], which proceeds by reduction to the $\mathbb{R}^{n}$ case using standard pseudo-differential calculus. Our elementary approach provides an alternative direct proof. However, the true square function bound (1.2) holds on such manifolds, as one has a Mikhlin-Hörmander theorem from 21.

Remark 1.4. One can also adapt all proofs to the case of Neumann boundary conditions, provided special care is taken of the zero frequency (note that on an exterior domain, a decay condition at infinity solves the issue). The Gaussian bound which is required later holds in the Neumann case, see 10, 9].

Remark 1.5. As mentioned before, Theorem 1.2 is useful, among other things, when dealing with $L^{p}$ estimates for wave or dispersive evolution equations. For such equations, one naturally considers initial data in Sobolev spaces, and spectral localization conveniently reduces matters to data in $L^{2}$, and helps with finite speed of propagation arguments. One however wants to sum eventually over all frequencies in $l^{2}$, if possible without loss. Recent examples on domains may be found in 16) or 20, as well as in 17.

We now state estimates involving directly the heat flow, which will be proved by direct arguments. It should be noted that for nonlinear applications, it is quite convenient to have bounds on derivatives of spectral multipliers, and such bounds do not follow immediately from the multiplier theorem from [2]. We consider the linear heat equation on $\Omega$ with Dirichlet boundary conditions and initial data $f$

$$
\begin{equation*}
\partial_{t} u-\Delta_{D} u=0, \text { on } \Omega \times \mathbb{R}_{+} ;\left.\quad u\right|_{t=0}=f \in C^{\infty}(\Omega) ;\left.\quad u\right|_{\partial \Omega}=0 \tag{1.4}
\end{equation*}
$$

We denote the solution $u(t, x)=S(t) f(x)$, where we set $S(t)=e^{t \Delta_{D}}$. For the sake of simplicity $\Delta_{D}$ has constant coefficients, but the same method applies in the case when the coefficients belong to a bounded set of $C^{\infty}$ and the principal part is uniformly elliptic (one may lower the regularity requirements on both the coefficients and the boundary, and a nice feature of the proofs which follow is that counting derivatives is relatively straightforward).

Let us define two operators which are suitable heat flow versions of $\Psi\left(-2^{-2 j} \Delta_{D}\right)$ :

$$
\begin{equation*}
Q_{t}=\sqrt{t} \nabla S(t) \text { and } \mathbf{Q}_{t} \stackrel{\text { def }}{=} t \partial_{t} S(t) . \tag{1.5}
\end{equation*}
$$

Theorem 1.6. Let $1<p<+\infty$, then we have

$$
\begin{equation*}
\|f\|_{L^{p}(\Omega)} \approx c_{, p}\left\|\left(\int_{0}^{\infty}\left|Q_{t} f\right|^{2} \frac{d t}{t}\right)^{1 / 2}\right\|_{L^{p}(\Omega)} \tag{1.6}
\end{equation*}
$$

which implies, for $p \in[2,+\infty)$,

$$
\begin{equation*}
\|f\|_{L^{p}(\Omega)} \leq C_{p}\left(\int_{0}^{\infty}\left\|Q_{t} f\right\|_{L^{p}(\Omega)}^{2} \frac{d t}{t}\right)^{1 / 2} \tag{1.7}
\end{equation*}
$$

and $Q_{t}$ may be replaced by $\mathbf{Q}_{t}$ in both statements.
Notice that there is no difficulty to define $Q_{t} f$ or $\mathbf{Q}_{t} f$ as distributional derivatives for $f \in L^{p}(\Omega)$, while simply defining $\Psi\left(-2^{-2 j} \Delta_{D}\right)$ on $L^{p}(\Omega)$ is already a non trivial task. The purpose of the next Proposition is to prove that both operators are in fact bounded on $L^{p}(\Omega)$.

Proposition 1.7. Let $1<p<+\infty$. The operators $Q_{t}, \mathbf{Q}_{t}$ are bounded on $L^{p}(\Omega)$, uniformly in $t \geq 0$. Moreover $\mathbf{Q}_{t}$ is bounded on $L^{1}(\Omega)$ and $L^{\infty}(\Omega)$.

For practical applications, one may need a vector valued version of Proposition 1.8. Let us consider now $u=\left(u_{l}\right)_{l \in\{1, . ., N\}}$ for $N \geq 2$, where each $u_{l}$ solves (1.4) with Dirichlet condition and initial data $f_{l}$. Let $H$ be the Hilbert space with norm $\|u\|_{H}^{2}=\sum_{l}\left|u_{l}\right|^{2}$, and $L^{p}(\Omega ; H)$ the Hilbert valued Lebesgue space. Then we have

Proposition 1.8. Let $1<p<+\infty$. The operators $Q_{t}, \mathbf{Q}_{t}$ are bounded on $L^{p}(\Omega ; H)$, uniformly in $t \geq 0$ and $N$. Moreover $\mathbf{Q}_{t}$ is bounded on $L^{1}(\Omega ; H)$ and $L^{\infty}(\Omega ; H)$.

Remark 1.9. One may therefore extend the finite dimensional case to any separable Hilbert space. The typical setting would be to consider the solution $u$ to the heat equation with initial data $f(x, \theta) \in L_{\theta}^{2}=H$. Notice that the Hilbert valued bound does not follow from the previous scalar bound; however the argument is essentially the same, replacing $|\cdot|$ norms by Hilbert norms.
Remark 1.10. A straightforward consequence of Propositions 1.8 and 1.7 is that the Riesz transforms $\partial_{j}\left(-\Delta_{D}\right)^{-\frac{1}{2}}$ are continuous on Besov spaces defined by the RHS of (1.7); these spaces are equivalent to the ones defined by the RHS of (1.3), see Remark 3.5 later on.

Alternatively, one can derive all the (scalar, at least) results on the heat flow from adapting to the domain case the theory which ultimately led to the proof of the Kato conjecture ( $[6,5])$. Such a possible development is pointed out by P. Auscher in [4] (chap. 7, p. 66) and was originally our starting point; eventually we were led to the elementary approach we present here, but we provide a sketch of an alternate proof in the next remark, which was kindly outlined to us by Pascal Auscher.

Remark 1.11. The main drawback from (1.7) is the presence of $\nabla S(t)$ on the right hand-side: one is leaving the functional calculus of $\Delta_{D}$, and in fact for domains with Lipschitz boundaries the operator $\nabla S(t)$ may not even be bounded. As such, a suitable alternative is to replace $\nabla S(t)$ by $\sqrt{\partial_{t}} S(t)$. Then the square function estimate may be obtained following $\|$ as follows:

- prove that the associated square function in time is bounded by the $L^{p}$ norm, for all $1<p \leq 2$, essentially following step 3 in chapter 6 , page 55
in 4 . This requires very little on the semi-group, and Gaussian bounds on $S(t)$ and $\partial_{t} S(t)(11)$ are more than enough to apply the weak $(1,1)$ criterion from (Theorem 1.1, chapter 1). Moreover, the argument can be extended to domains with Lipschitz boundaries, assuming the Laplacian is defined through the associated Dirichlet form;
- by duality, we get the square function bound for $p>2$ (step 5 , page 56 in [4]);
- from now on one proceeds as in the remaining part of our paper to obtain the bound with spectral localization, and almost orthogonality (3.7) is even easier because we stay in the functional calculus. One has, however, to be careful if one is willing to extend this last step to Lipschitz boundaries, as this would most likely require additional estimates on the resolvent to deal with the $\Delta_{j}$.


## 2. From a Mikhlin multiplier theorem to the square function

The following "Fourier multiplier" theorem is obtained in [2] under very weak hypothesis on the underlying manifold (see also [3] for a specific application to Markov chains, and [23] for a version closer to the sharp Hörmander's multiplier theorem, under suitable additional hypothesis, all of which are verified on domains). For $m \in L^{\infty}\left(\mathbb{R}^{+}\right)$, one usually defines the operator $m\left(-\Delta_{D}\right)$ on $L^{2}(\Omega)$ through the spectral measure $d E_{\lambda}$ :

$$
\begin{equation*}
m\left(-\Delta_{D}\right)=\int_{0}^{+\infty} d E_{\lambda}, \tag{2.1}
\end{equation*}
$$

and $m\left(-\Delta_{D}\right)$ is bounded on $L^{2}$.
Remark 2.1. One may alternatively use the Dynkin-Helffer-Sjöstrand formula as in the Appendix, and both definitions are known to coincide on $L^{2}(\Omega)$. However, the Dynkin-Helffer-Sjöstrand formula seems to be restricted to defining $m\left(-\Delta_{D}\right)$ for functions $m$ which exhibit slightly more decay than required in the next theorem, at least if one proceeds as exposed in the Appendix.

Theorem 2.2 ( $[2])$. Let $m \in C^{N}\left(\mathbb{R}^{+}\right), N \in \mathbb{N}$ and $N \geq n / 2+1$, such that

$$
\begin{equation*}
\sup _{\xi, k \leq N}\left|\xi \partial_{\xi}^{k} m(\xi)\right|<+\infty \tag{2.2}
\end{equation*}
$$

Then the operator defined by (2.1) extends to a continuous operator on $L^{p}(\Omega)$, and sends $L^{1}(\Omega)$ to weak $L^{1}(\Omega)$.

In order to use the argument of [2], we need the Gaussian upper bound on the heat kernel, which is provided in our case by 10]. Once we have Theorem 2.2, all we need to do to prove Theorem 1.1 is to follow Stein's classical proof from 22$]$ and we recall it briefly for the convenience of the reader. Let us introduce the Rademacher functions, which are defined as follows:

- the function $r_{0}(t)$ is defined by $r_{0}(t)=1$ on $[0,1 / 2]$ and $r_{0}(t)=-1$ on $(1 / 2,1)$, and then extended to $\mathbb{R}$ by periodicity;
- for $m \in \mathbb{N} \backslash\{0\}, r_{m}(t)=r_{0}\left(2^{m} t\right)$.

[^1]Their importance is outlined by the following inequalities (see the Appendix in (22),

$$
\begin{equation*}
c_{p}\left\|\sum_{m} a_{m} r_{m}(t)\right\|_{L_{t}^{p}} \leq\left(\sum_{m}\left|a_{m}\right|^{2}\right)^{\frac{1}{2}} \leq C_{p}\left\|\sum_{m} a_{m} r_{m}(t)\right\|_{L_{t}^{p}} \tag{2.3}
\end{equation*}
$$

Now, define

$$
m^{ \pm}(t, \xi)=\sum_{j=0}^{+\infty} r_{j}(t) \Psi_{ \pm j}(\xi)
$$

where $\Psi_{j}$ was defined in the introduction. A straightforward computation proves that the bound (2.2) holds for $m^{ \pm}(t, \xi)$. Therefore,

$$
\left\|m^{ \pm}\left(t,-\Delta_{D}\right) f\right\|_{L^{p}(\Omega)} \lesssim\|f\|_{L^{p}(\Omega)}
$$

integrating in time over $[0,1]$, exchanging space and time norms, and using (2.3),

$$
\left\|m^{ \pm}\left(t,-\Delta_{D}\right) f\right\|_{L^{p}(\Omega) L^{2}(0,1)} \approx\left\|\left(\sum_{j=0}^{ \pm \infty}\left|\Psi\left(-2^{-2 j} \Delta_{D}\right) f\right|^{2}\right)^{\frac{1}{2}}\right\|_{L^{p}(\Omega)} \lesssim\|f\|_{L^{p}(\Omega)}
$$

This proves one side of the equivalence in (1.2): the other side follows from duality, once we see the above estimate as an estimate from $L^{p}(\Omega)$ to $L^{p}\left(\Omega ; l^{2}\right)$, which maps $f$ to $\left(\Psi\left(-2^{-2 j} \Delta_{D}\right) f\right)_{j \in \mathbb{Z}}$.

## 3. Heat flow estimates

In order to prove Proposition 1.6 we need the following lemma.
Lemma 3.1. For all $1 \leq p \leq+\infty$, we have

$$
\begin{align*}
\|S(t) f\|_{L^{p}(\Omega)} & \rightarrow_{t \rightarrow \infty} 0  \tag{3.1}\\
\sup _{t \geq 0}\|S(t) f\|_{L^{p}(\Omega)} & \lesssim\|f\|_{L^{p}(\Omega)} \tag{3.2}
\end{align*}
$$

Moreover,

$$
\begin{equation*}
\left\|\sup _{t \geq 0} \mid S(t) f\right\|_{L^{p}(\Omega)} \lesssim\|f\|_{L^{p}(\Omega)} \lesssim\|f\|_{L^{p}(\Omega)} \tag{3.3}
\end{equation*}
$$

Proof: The estimate (3.2) clearly follows from (3.3), which in turn is a direct consequence of the Gaussian nature of the Dirichlet heat kernel, see 10. The same Gaussian estimate implies (3.1). However we do not need such a strong fact to prove (3.2), which will follow from the next computation as well (see (3.4)) when $1<p<+\infty$. Estimate (3.1) can also be obtained through elementary arguments. We defer such a proof to the end of the section.
3.1. Proof of Theorem 1.6. If $p=2$ the proof is nothing more than the energy inequality, combined with (3.1). In fact, for $p=2$, we have equality in (1.6) with $C_{2}=2$. We now take $p=2 m$ where $m \geq 2$. Multiplying equation (1.4) by $\bar{u}|u|^{p-1}$ and taking the integral over $\Omega$ and $[0, T], T>0$ yields, taking advantage of the Dirichlet boundary condition,

$$
\begin{align*}
& \frac{1}{p} \int_{0}^{T} \partial_{t}\|u\|_{L^{p}(\Omega)}^{p} d t+\int_{0}^{T} \int_{\Omega}|\nabla u|^{2}|u|^{p-2} d x d t+  \tag{3.4}\\
& \quad+\frac{(p-2)}{2} \int_{0}^{T} \int_{\Omega}\left(\nabla\left(|u|^{2}\right)\right)^{2}|u|^{p-4} d x d t=0
\end{align*}
$$

from which we can estimate either $\|u\|_{L^{p}(\Omega)}^{p}(T) \leq\|f\|_{L^{p}(\Omega)}^{p}$ (which is (3.2)) or

$$
\|f\|_{L^{p}(\Omega)}^{p} \leq\|u\|_{L^{p}(\Omega)}^{p}(T)+p(p-1) \int_{0}^{T} \int_{\Omega}|\nabla u|^{2}|u|^{p-2} d x d t
$$

Letting $T$ go to infinity and using (3.1) from Lemma 3.1 and Hölder inequality we find

$$
\|f\|_{L^{p}(\Omega)}^{p} \leq p(p-1)\left(\int_{\Omega}\left(\int_{0}^{\infty}|\nabla u|^{2} d t\right)^{\frac{p}{2}} d x\right)^{\frac{2}{p}}\left(\int_{\Omega}\left(\sup _{t}|u|^{p-2}\right)^{\frac{p}{p-2}} d x\right)^{\frac{p-2}{p}}
$$

The proof follows using again Lemma 3.1, as

$$
\|f\|_{L^{p}(\Omega)}^{p} \leq C_{p}\left\|\left(\int_{0}^{\infty}|\nabla u|^{2} d t\right)^{\frac{1}{2}}\right\|_{L^{p}(\Omega)}\left(\left\|\sup _{t \geq 0}|u|\right\|_{L^{p}(\Omega)}\right)^{p-2}
$$

Note that we may prove the weaker part, (1.7), without assuming the maximal in time bound, by reversing the order of integration in our argument. This would keep the argument for heat square functions essentially self-contained, without any need for Gaussian bounds on the heat kernel.

Remark 3.2. We do not claim novelty here: our argument follows closely (a dual version of) the proof of a classical square function bound for the Poisson kernel in the whole space, see [22].

We have proved one side of the equivalence in (1.6) involving the $Q_{t}$ square function, in the range $2 \leq p<+\infty$; we now prove the other side, by duality. Let $\phi \in L^{q}(\Omega)$, with $1 / q=1-2 / p$, and consider

$$
I=\int_{\Omega}\left(\int_{0}^{+\infty}|\nabla u|^{2} d t\right) \phi(x) d x
$$

Without any loss of generality, we may assume $\phi \geq 0$. On the other hand, let $v=|\nabla u|^{2}$, then

$$
\partial_{t} v-\Delta v=-2\left|\nabla^{2} u\right|^{2},
$$

and one checks easily that $\partial_{n} v=0$ on $\partial \Omega$. Let $S_{n}(t)$ be the solution to the heat equation on $\Omega$ with Neumann boundary condition, by comparing $v$ and $S_{n}(t / 2) v(t / 2)$ (formally, take the difference, multiply by the positive part and integrate by parts) we have

$$
0 \leq v \leq S_{n}(t / 2) v(t / 2)=S_{n}(t / 2)|\nabla u(t / 2)|^{2}
$$

and therefore

$$
\begin{equation*}
I \leq 2 \int_{\Omega} \int_{0}^{+\infty}|\nabla u|^{2} S_{n}(t) \phi d x d t \tag{3.5}
\end{equation*}
$$

Now, we also have

$$
\partial_{t} u^{2}-\Delta_{D} u^{2}=-2|\nabla u|^{2},
$$

and therefore

$$
I \leq-\int_{\Omega} \int_{0}^{+\infty}\left(\partial_{t}-\Delta\right)\left(u^{2}\right) S_{n}(t) \phi d x d t
$$

From $\left(\partial_{t}-\Delta\right)\left(u^{2} S_{n}(t) \phi\right)=-2 \nabla\left(u^{2}\right) \cdot \nabla S_{n}(t) \phi$, we get

$$
I \leq \int_{\Omega} 4 \sup _{t}|u|\left(\int_{0}^{+\infty}\left|Q_{t} u\right|^{2} \frac{d t}{t}\right)^{\frac{1}{2}}\left(\int_{0}^{+\infty}\left|\nabla S_{n}(t) \phi\right|^{2} d t\right)^{\frac{1}{2}} .
$$

The bound we already proved with $Q_{t}$ can easily be reproduced with $S(t)$ replaced by $S_{n}(t)$, and therefore, provided $q \leq 2$, we may use the dual bound on the square function of $\phi \in L^{q}(\Omega)$ and conclude by Hölder, using (3.3) on the first factor. The condition on $q$ translates into $p \geq 4$, and the remaining $2<p<4$ are handled by interpolation.

Remark 3.3. Actually, we may directly bound $S_{n}(t)$ by a Gaussian in (3.5), extend $\phi$ by 0 outside $\Omega$, and use the heat square function bounds in $\mathbb{R}^{n}$. This provides a direct argument, irrespective of the value of $p$.

It remains to prove the equivalence between the $Q_{t}$ square function and the $\mathbf{Q}_{t}$ square function. For this, we repeat the duality argument but we replace $|\nabla u|^{2}$ by $t\left|\partial_{t} u\right|^{2}$. Notice that $\partial_{t} u$ is also a solution to the heat equation with Dirichlet boundary condition, and if $w=\left|\partial_{t} u\right|^{2}$,

$$
\left(\partial_{t}-\Delta\right) w=-2\left|\nabla \partial_{t} u\right|^{2}
$$

Therefore, comparing $w$ and $S(t / 2) w(t / 2)$,

$$
0 \leq\left|\partial_{t} u\right|^{2} \leq S(t / 2)\left|\partial_{t} u(t / 2)\right|^{2}
$$

and

$$
J=\int_{\Omega} \int_{0}^{+\infty}\left|\partial_{t} u\right|^{2} t \phi d x d t \leq 2 \int_{\Omega} \int_{0}^{+\infty}\left|\partial_{t} u\right|^{2} t S(t) \phi d x d t
$$

Now,

$$
\begin{aligned}
J & \leq 2 \int_{\Omega} \int_{0}^{+\infty} t \partial_{t} u \Delta u S(t) \phi d x d t \\
& \leq-\int_{\Omega} \int_{0}^{+\infty} t \partial_{t}|\nabla u|^{2} S(t) \phi d x d t-2 \int_{\Omega} \int_{0}^{+\infty} t \partial_{t} u \nabla u \nabla S(t) \phi d x d t \\
& \leq \int_{\Omega} \int_{0}^{+\infty}|\nabla u|^{2}\left(1+t \partial_{t}\right) S(t) \phi d x d t+2 \int_{\Omega} \int_{0}^{+\infty}\left|\mathbf{Q}_{t} u Q_{t} u Q_{t} \phi\right| \frac{d t}{t} d x
\end{aligned}
$$

from which we can easily conclude by Hölder (using Lemma 1.8 to bound $t \partial_{t} S(t) \phi$ ). Duality takes care of the reverse bound, and this concludes the proof of Theorem 1.6. except for the equivalence between the $Q_{t}$ and $\mathbf{Q}_{t}$ Besov norms in (1.7); we defer this to the end of the next subsection.

Notice that, at this point, we proved Theorem 1.2, but with the $\Psi$ operator replaced by the gradient heat kernel and the discrete parameter $2^{-2 j}$ by the continuous parameter $t$. The rest of this section is devoted to proving the equivalence between the Besov norms which are defined by the heat kernel or the spectral localization.

Lemma 3.4. Let $1 \leq p \leq+\infty$. We have the following equivalence between dyadic and continuous versions of the Besov norm:

$$
\frac{3}{4} \sum_{k \in \mathbb{Z}}\left\|Q_{2^{-2 k}} f\right\|_{L^{p}(\Omega)}^{2} \leq \int_{0}^{\infty}\left\|Q_{t} f\right\|_{L^{p}(\Omega)}^{2} \frac{d t}{t} \leq 3 \sum_{k \in \mathbb{Z}}\left\|Q_{2^{-2 k}} f\right\|_{L^{p}(\Omega)}^{2}
$$

This follows at once from factoring the semi-group: for $2^{-2 j} \leq t \leq 2^{-2(j-1)}$, write $S(t)=S\left(t-2^{-2 j}\right) S\left(2^{-2 j}\right)$ and use (3.2). We now turn to the direct proof of Theorem 1.2 from the heat flow version. Let $\Psi \in C_{0}^{\infty}\left(\mathbb{R}^{*}\right)$ satisfying (1.1) and
denote $\Delta_{j} f \stackrel{\text { def }}{=} \Psi\left(2^{-2 j} \Delta_{D}\right) f$, where $\Psi\left(2^{-2 j} \Delta_{D}\right) f$ is given by the Dynkin-HelfferSjöstrand formula (see the Appendix, (3.20)). From Proposition 1.6 and Lemma 3.4 we have

$$
\begin{equation*}
\|f\|_{L^{p}(\Omega)} \leq 3 C_{p}\left(\sum_{k \in \mathbb{Z}}\left\|Q_{2^{-2 k}} f\right\|_{L^{p}(\Omega)}^{2}\right)^{1 / 2} \tag{3.6}
\end{equation*}
$$

and we will show that (3.6) implies (1.2): it suffices to prove the following almost orthogonality property between localization operators $\Delta_{j}$ and $Q_{2^{-2 k}}$ :

$$
\begin{equation*}
\forall k, j \in \mathbb{Z}, \quad\left\|Q_{2^{-2 k}} \Delta_{j} f\right\|_{L^{p}(\Omega)} \lesssim 2^{-|j-k|}\left\|\Delta_{j} f\right\|_{L^{p}(\Omega)} \tag{3.7}
\end{equation*}
$$

Then, from $\left(2^{-|j-k|}\right)_{k} \in l^{1}$ and $\left(\left\|\Delta_{j} f\right\|_{L^{p}(\Omega)}\right)_{j} \in l^{2}$ we estimate

$$
\begin{equation*}
\sum_{k \in \mathbb{Z}}\left\|Q_{2^{-2 k}} f\right\|_{L^{p}(\Omega)}^{2}=\sum_{k \in \mathbb{Z}}\left\|\sum_{j \in \mathbb{Z}} Q_{2^{-2 k}} \Delta_{j} f\right\|_{L^{p}(\Omega)}^{2} \tag{3.8}
\end{equation*}
$$

as an $l^{1} * l^{2}$ convolution and conclude using Lemma 1.8. It remains to show (3.7):

- for $k<j$ we write

$$
\begin{aligned}
Q_{2^{-2 k}} \Delta_{j} f=2^{3 / 2} 2^{-2(j-k)} & \left(2^{-(2 k+1) / 2} \nabla S\left(2^{-(2 k+1)}\right)\right) \\
& \left(2^{-(2 k+1)} \Delta_{D} S\left(2^{-(2 k+1)}\right)\right) \breve{\Psi}\left(-2^{-2 j} \Delta_{D}\right) \Psi\left(-2^{-2 j} \Delta_{D}\right) f
\end{aligned}
$$

where we set $\breve{\Psi}(\lambda) \stackrel{\text { def }}{=} \frac{1}{\lambda} \tilde{\Psi}(\lambda)$, and $\tilde{\Psi} \in C_{0}^{\infty}, \tilde{\Psi}=1$ on $\operatorname{supp} \Psi$. By Lemma 1.8, the operators $Q_{2-(2 k+1)}=2^{-(2 k+1) / 2} \nabla S\left(2^{-(2 k+1)}\right)$ and $\mathbf{Q}_{2-(2 k+1)}=$ $2^{-(2 k+1)} \Delta_{D} S\left(2^{-(2 k+1)}\right)$ are bounded on $L^{p}(\Omega)$ and we obtain (3.7) using Corollary 3.12 for $\breve{\Psi}$.

- for $k \geq j$ we set $\Psi_{1}(\xi)=\tilde{\Psi}(\xi) \exp (\xi), \Psi_{2}(\xi)=\Psi(\xi)$, and we use again Lemma 3.15 to write (slightly abusing the notation as $2^{-2 k}-2^{-2 j}<0$ )

$$
\begin{equation*}
S\left(2^{-2 k}-2^{-2 j}\right) \Delta_{j} f=S\left(2^{-2 k}\right) \Psi_{1}\left(-2^{-2 j} \Delta_{D}\right) \Psi_{2}\left(-2^{-2 j} \Delta_{D}\right) f \tag{3.9}
\end{equation*}
$$

Then

$$
Q_{2^{-2 k}} \Delta_{j} f=2^{-(k-j)}\left(2^{-j} \nabla S\left(2^{-2 j}\right)\right)\left(S\left(2^{-2 k}-2^{-2 j}\right) \Delta_{j} f\right)
$$

and using again Lemma 1.8 we see that the operator $2^{-j} \nabla S\left(2^{-2 j}\right)$ is bounded while the remaining operator (3.9) is bounded by Corollary 3.12. This ends the proof.

Remark 3.5. One may prove a similar bound with $Q_{2-2 k}$ and $\Delta_{j}$ reversed, either directly or by duality. Hence Besov norms based on $\Delta_{j}$ or $Q_{2^{-2 k}}$ are equivalent.
3.2. Proof of Proposition 1.8. For $\mathbf{Q}_{t}$, boundedness on all $L^{p}$ spaces, including $p=1,+\infty$, follows once again from a Gaussian upper bound on $\partial_{t} S(t)$ (see 11 or [13). However the subsequent Gaussian bound on the gradient $\nabla_{x} S(t)$ in 11] is a direct consequence of the Li-Yau inequality, which holds only inside convex domains. We were unable to find a reference which would provide the desired bound for $Q_{t}$ in the context of the exterior domain. Therefore we provide an elementary detailed proof for $Q_{t}$. Furthermore, we only deal with $1<p<2$ or powers of two, $p=2^{m}$, $m \in \mathbb{N}^{*}$ : complex interpolation takes care of remaining values of $p$, though one could adapt the following argument to generic values $p>2$, at the expense of lengthier computations.

Set $v(x, t)=\left(v_{1}, . ., v_{n}\right)(x, t):=Q_{t} f=t^{1 / 2} \nabla u(x, t)$ and assume without loss of generality that $v_{j}$ are real: we multiply the equation satisfied by $v$ by $v|v|^{p-2}$, where $|v|^{2}=\sum_{j=1}^{n} v_{j}^{2}$, and integrate over $\Omega$,

$$
\begin{align*}
& \partial_{t}\left(\frac{1}{p}\|v\|_{L^{p}(\Omega)}^{p}\right)-\sum_{j=1}^{n} \int_{\partial \Omega}\left((\vec{\nu} \cdot \nabla) v_{j}\right) \cdot v_{j}|v|^{p-2} d \sigma+  \tag{3.10}\\
& \quad+\int_{\Omega}|\nabla v|^{2}|v|^{p-2} d x+\frac{(p-2)}{2} \int_{\Omega} \nabla\left(|v|^{2}\right)|v|^{p-4} d x=\frac{1}{2 t}\|v\|_{L^{p}(\Omega)}^{p}
\end{align*}
$$

where $\vec{\nu}$ is the outgoing unit normal vector to $\partial \Omega$ and $d \sigma$ is the surface measure on $\partial \Omega$. We claim that the second term in the left hand side vanishes: in fact we write

$$
\begin{align*}
\sum_{j=1}^{n} \int_{\partial \Omega} & \left(\vec{\nu} \cdot \nabla v_{j}\right) \cdot v_{j}|v|^{p-2} d \sigma=  \tag{3.11}\\
& =\frac{t^{p / 2}}{2} \int_{\partial \Omega} \partial_{\nu}\left(\left|\partial_{\nu} u\right|^{2}+\left|\nabla_{\text {tang }} u\right|^{2}\right)\left(\left|\partial_{\nu} u\right|^{2}+\left|\nabla_{\text {tang }} u\right|^{2}\right)^{(p-2) / 2} d \sigma
\end{align*}
$$

and from $\left.u\right|_{\partial \Omega}=0$ the time and tangential derivative $\left.\left(\partial_{t}, \nabla_{\operatorname{tang}}\right) u\right|_{\partial \Omega}$ vanishes; furthermore, using the equation, $\partial_{\nu}^{2} u=0$ on $\partial \Omega$.

Remark 3.6. Notice that while this term does not vanish with Neumann boundary conditions, it will be a lower order term (like $|\nabla u|^{2}$ on $\partial \Omega$ ) which can be controled by the trace theorem.

Now, if $1<p<2$, multiply by $\|v\|_{L^{p}(\Omega)}^{2-p}$ and integrate over $[0, T]$,

$$
\|v\|_{L^{p}(\Omega)}^{2}(T) \lesssim \int_{0}^{T}\left\|Q_{t} f\right\|_{L^{p}(\Omega)}^{2} \frac{d t}{t} \lesssim\|f\|_{p}^{2}
$$

where the last inequality is the dual of (1.6). Hence we are done with $1<p<2$.
Remark 3.7. We ignored the issue of $v$ vanishing in the third term in (3.10). This is easily fixed by replacing $|v|^{p-2}$ by $\left(\sqrt{\varepsilon+|v|^{2}}\right)^{p-2}$ and proceeding with the exact same computation. Then let $\varepsilon$ go to 0 after dropping the positive term on the left handside of (3.10).

Now let $p=2^{m}$ with $m \geq 1$ : we proceed directly by integrating (3.10) over $[0, T]$, to get

$$
\begin{align*}
\frac{1}{p}\|v\|_{L^{p}(\Omega)}^{p}(T) & +\int_{0}^{T} \int_{\Omega}|\nabla v|^{2}|v|^{p-2} d x d t+  \tag{3.12}\\
& +\frac{(p-2)}{2} \int_{0}^{T} \int_{\Omega}\left|\nabla\left(|v|^{2}\right)\right|^{2}|v|^{p-4} d x d t=\int_{0}^{T} \frac{1}{2 t}\|v\|_{L^{p}(\Omega)}^{p} d t
\end{align*}
$$

On the other hand (recall (3.4)),

$$
\begin{equation*}
\frac{1}{p}\|u\|_{L^{p}(\Omega)}^{p}(T)+(p-1) \int_{0}^{T} \int_{\Omega}|\nabla u|^{2}|u|^{p-2} d x d t=\frac{1}{p}\|f\|_{L^{p}(\Omega)}^{p} \tag{3.13}
\end{equation*}
$$

If $p=2$ the estimates are trivial since from (3.12), (3.13),

$$
\frac{1}{2}\|v\|_{L^{2}(\Omega)}^{2}(T) \leq \int_{0}^{T} \frac{1}{2 t}\|v\|_{L^{2}(\Omega)}^{2} d t=\frac{1}{2} \int_{0}^{T}\|\nabla u\|_{L^{2}(\Omega)}^{2} d t \leq \frac{1}{4}\|f\|_{L^{2}(\Omega)}^{2}
$$

Now, let $p \geq 4$; for convenience, denote by $J$ the second integral in the left hand-side of (3.12) (notice that the third integral is bounded from above by $J$ ), hence

$$
J=\int_{0}^{T} \int_{\Omega}\left|\nabla^{2} u\right|^{2}|\nabla u|^{p-2} t^{\frac{p}{2}} d x d t=\int_{0}^{T} \int_{\Omega}\left(\sum_{i, j}\left|\partial_{i, j}^{2} u\right|^{2}\right)\left(\sum_{j}\left|\partial_{j} u\right|^{2}\right)^{\frac{(p-2)}{2}} t^{\frac{p}{2}} d x d t
$$

and set

$$
\begin{equation*}
I_{k}=\int_{0}^{T} \int_{\Omega}|\nabla u|^{2 k}|u|^{p-2 k} t^{k-1} d x d t \text { where } 2 \leq 2 k \leq p \tag{3.14}
\end{equation*}
$$

For our purposes, it suffices to estimate the right hand-side of (3.12), which rewrites

$$
\begin{equation*}
\frac{1}{2} \int_{0}^{T} t^{\frac{p}{2}-1}\|\nabla u\|_{L^{p}(\Omega)}^{p} d t=\frac{1}{2} I_{\frac{p}{2}} \tag{3.15}
\end{equation*}
$$

Integrate by parts the inner (space) integral in $I_{k}$, the boundary term vanishes and collecting terms,

$$
\begin{equation*}
\int_{\Omega} \nabla u \nabla u|\nabla u|^{2(k-1)}|u|^{p-2 k} d x \leq \frac{(2 k-1)}{(p-2 k+1)} \int_{\Omega}\left|\nabla^{2} u\right||\nabla u|^{2 k-2}|u|^{p-2 k+1} d x . \tag{3.16}
\end{equation*}
$$

By Cauchy-Schwarz the integral in the right hand side of (3.16) is bounded by

$$
\left(\int_{\Omega}\left|\nabla^{2} u\right|^{2}|\nabla u|^{p-2} d x\right)^{1 / 2}\left(\int_{\Omega}|\nabla u|^{4 k-4-(p-2)}|u|^{2 p+2-4 k} d x\right)^{1 / 2}
$$

therefore for $k \geq \frac{p}{4}+1$ we have

$$
I_{k} \lesssim \frac{(2 k-1)}{(p-2 k+1)} J^{\frac{1}{2}} I_{2 k-\frac{p}{2}-1}^{\frac{1}{2}}
$$

We aim at controlling $I_{m}$ by $J^{1-\eta} I_{1}^{\eta}$, for some $\eta>0$ which depends on $m$ (notice that when $p=4$, which is $m=2$, we are already done, using $k=2!$ ). Set $k=\frac{p}{2}-\left(2^{j}-1\right)$ with $j \leq m-2$,

$$
I_{2^{m-1}-\left(2^{j}-1\right)} \leq \frac{\left(2^{m}-\left(2^{j+1}-1\right)\right)}{\left(2^{j+1}-1\right)} J^{\frac{1}{2}} I_{2^{m-1}-\left(2^{j+1}-1\right)}^{\frac{1}{2}}
$$

and iterating $m-2$ times, we finally control $I_{\frac{p}{2}}$ by $J^{1-\eta} I_{1}^{\eta}$, which proves that $Q_{t}$ is bounded on $L^{p}(\Omega)$.

We now proceed to obtain boundedness of $\mathbf{Q}_{t}$ on $L^{p}(\Omega)$ from the $Q_{t}$ bound; this is worse than using the Gaussian properties of its kernel, as the constants blow up when $p \rightarrow 1,+\infty$. It is, however, quite simple. By duality $Q_{t}^{\star}$ is bounded on $L^{p}(\Omega)$, and

$$
\mathbf{Q}_{t}=t \partial_{t} S(t)=t S\left(\frac{t}{2}\right) \Delta S\left(\frac{t}{2}\right)=2 \sqrt{\frac{t}{2}} S\left(\frac{t}{2}\right) \nabla \cdot \sqrt{\frac{t}{2}} \nabla S\left(\frac{t}{2}\right)=2 Q_{\frac{t}{2}}^{\star} Q_{\frac{t}{2}}
$$

and we are done with Lemma 1.8 .
From the previous decomposition, we also obtain

$$
\left\|\mathbf{Q}_{t} f\right\|_{L^{p}(\Omega)} \lesssim\left\|Q_{t} f\right\|_{L^{p}(\Omega)}
$$

which implies that any Besov norm defined with $\mathbf{Q}_{t}$ is bounded by the corresponding norm for $Q_{t}$. The reverse bound is true as well, though slightly more involved. We
provide the proof for completeness. Consider $f, h \in C_{0}^{\infty}(\Omega)$ and $\langle f, g\rangle=\int_{\Omega} f g$. Then

$$
\begin{aligned}
\langle f, g\rangle & =-\int_{0}^{+\infty}\left\langle\partial_{t} S(t) f, h\right\rangle d t=-2 \int_{0}^{+\infty}\left\langle\partial_{t} S(t) f, S(t) h\right\rangle d t \\
& =2 \int_{t<s}\left\langle\partial_{t} S(t) f, \partial_{s} S(s) h\right\rangle d t d s=4 \int_{0}^{+\infty}\left\langle\nabla S(s) \partial_{t} S(t) f, \nabla S(s) h\right\rangle d t d s \\
& \lesssim \int_{s}\left\|\int_{0}^{s} \nabla S(t) \partial_{s} S(s) f d t\right\|_{p}\|\nabla S(s) h\|_{p^{\prime}} d s \lesssim \int_{s} \sqrt{s}\left\|\partial_{s} S(s) f\right\|_{p}\|\nabla S(s) h\|_{p^{\prime}} d s
\end{aligned}
$$

where we used our bound on $\sqrt{t} \nabla S(t)$ at fixed $t$. Then

$$
\langle f, h\rangle \lesssim \int_{s}\left\|\mathbf{Q}_{s} f\right\|_{p}\left\|Q_{s} h\right\|_{p^{\prime}} \frac{d s}{s}
$$

from which we are done by Hölder.
3.3. Proof of Proposition 1.7. Let us consider now the vector valued case $u=$ $\left(u_{l}\right)_{l \in\{1, \ldots, N\}}$ for $N \geq 2$, where each $u_{l}$ solves (1.4) with Dirichlet condition and initial data $f_{l}$. For the sake of simplicity we consider only real valued $u_{l}$, and write

$$
|u|^{2}=\sum_{l=1}^{N} u_{l}^{2},\left|\nabla u_{l}\right|^{2}=\sum_{j=1}^{n}\left(\partial_{j} u_{l}\right)^{2},|\nabla u|^{2}=\sum_{j=1}^{n} \sum_{l=1}^{N}\left(\partial_{j} u_{l}\right)^{2}
$$

Notice that $n$ is the spatial dimension and is fixed through the argument: hence all constants may depend implicitely on $n$, while $N$ is the dimension of $H$. For $p=1,+\infty$, the boundedness of $\mathbf{Q}_{t}$ follows from the Gaussian character of the time derivative heat kernel, which is diagonal on $H$.

We proceed with $Q_{t}$. Multiplying the equation satisfied by $u_{l}$ by $u_{l}|u|^{p-2}$, integrating over $\Omega$ and summing up we immediately get (3.4). We now proceed to obtain bounds for $v(x, t)=\left(v_{l}(x, t)\right)_{l}$, where $v_{l}(x, t)=t^{1 / 2} \nabla u_{l}(x, t)$. Multiplying the equation satisfied by $v_{l}$ by $v_{l}|v|^{p-2}$ where $|v|^{2}=t|\nabla u|^{2}$, summing up over $l$ and taking the integral over $\Omega$ yields

$$
\begin{align*}
& \text {.17) } \frac{1}{p}\|v\|_{L^{p}(\Omega)}^{p}(T)+\sum_{l=1}^{N} \sum_{j=1}^{n} \int_{0}^{T} \int_{\Omega}\left|\nabla\left(\partial_{j} u_{l}\right)\right|^{2}|\nabla u|^{p-2} d x d t+  \tag{3.17}\\
& +\left.\left.\frac{(p-2)}{4} \int_{0}^{T} \int_{\Omega}|\nabla| \nabla u\right|^{2}\right|^{2}|\nabla u|^{p-4} t^{p / 2} d x d t=\int_{0}^{T}\|\nabla u\|_{L^{p}(\Omega)}^{p} t^{p / 2-1} d t=\frac{1}{2} I_{\frac{p}{2}},
\end{align*}
$$

where $\left|\nabla\left(\partial_{j} u_{l}\right)\right|^{2}=\sum_{i=1}^{n}\left(\partial_{i, j}^{2} u_{l}\right)^{2},|\nabla u|^{2}=\sum_{l=1}^{N} \sum_{j=1}^{n}\left(\partial_{j} u_{l}\right)^{2}$. Notice again that the boundary term vanishes. Denote the last two integrals in the left hand side by $J_{1}, J_{2}$. Like before, we perform integrations by parts in $I_{k}$ defined in (3.14) to
obtain

$$
\begin{align*}
& \int_{\Omega}|\nabla u|^{2 k}|u|^{p-2 k} d x=- \sum_{l=1}^{N} \int_{\Omega} u_{l} \Delta u_{l}|\nabla u|^{2(k-1)}|u|^{p-2 k} d x-  \tag{3.18}\\
&-(k-1) \sum_{l=1}^{N} \int_{\Omega} u_{l} \nabla u_{l} \nabla\left(|\nabla u|^{2}\right)|\nabla u|^{2(k-2)}|u|^{p-2 k} d x- \\
& \quad(p-2 k) \sum_{i=1}^{n} \int_{\Omega}\left(\sum_{l=1}^{N} \partial_{i} u_{l} u_{l}\right)^{2}|u|^{p-2 k-2} d x .
\end{align*}
$$

For $k \geq \frac{p}{4}+1$ we estimate the first term in the right hand side of (3.18) by

$$
\begin{aligned}
& \int_{\Omega}\left(\sum_{l=1}^{N} u_{l}^{2}\right)^{1 / 2}\left(\sum_{l=1}^{N}\left(\Delta u_{l}\right)^{2}\right)^{1 / 2}|\nabla u|^{2(k-1)}|u|^{p-2 k} d x \leq \\
& \quad\left(\sum_{l=1}^{N} \sum_{j=1}^{n} \int_{\Omega} \int_{\Omega}\left|\nabla\left(\partial_{j} u_{l}\right)\right|^{2}|\nabla u|^{p-2} d x\right)^{1 / 2}\left(\int_{\Omega}|\nabla u|^{4 k-p-2}|u|^{2 p-4 k+2} d x\right)^{1 / 2}
\end{aligned}
$$

and the second term in the right hand side of (3.18) by

$$
(k-1)\left(\int_{\Omega} \sum_{i=1}^{n}\left(\partial_{i}\left(|\nabla u|^{2}\right)\right)^{2}|\nabla u|^{p-4} d x\right)^{1 / 2}\left(\int_{\Omega}|\nabla u|^{4 k-p-2}|u|^{2 p-4 k+2} d x\right)^{1 / 2}
$$

where we used that
$\sum_{l=1}^{N} u_{l} \nabla u_{l} \nabla\left(|\nabla u|^{2}\right) \leq \sum_{i=1}^{n}\left(\sum_{l=1}^{N} u_{l}^{2}\right)^{1 / 2}\left(\sum_{l=1}^{N}\left(\partial_{i} u_{l}\right)^{2}\right)^{1 / 2}\left|\partial_{i}\left(|\nabla u|^{2}\right)\right| \lesssim|u||\nabla u|\left|\nabla\left(|\nabla u|^{2}\right)\right|$.
Since the last term in $(3.18)$ is negative, while the quantity we want to estimate is positive we obtain from the last inequalities

$$
\begin{equation*}
\int_{0}^{T} \int_{\Omega}|\nabla u|^{2 k}|u|^{p-2 k} t^{k-1} d x d t \lesssim\left(J_{1}^{1 / 2}+J_{2}^{1 / 2}\right) I_{2 k-\frac{p}{2}-1} \lesssim\left(J_{1}+J_{2}\right)^{1 / 2} I_{2 k-\frac{p}{2}-1} \tag{3.19}
\end{equation*}
$$

From now on we proceed exactly like in the scalar case iterating sufficiently many times to obtain the desired result, since we control $I_{p / 2}$ which is the RHS term of (3.18) using (3.19).
3.4. A simple argument for (3.1). We now return to the first estimate in Lemma 3.1: while we only deal with $p=2$, there is nothing specific to the $L^{2}$ case in what follows. Let $\chi$ be a smooth cut-off near the boundary $\partial \Omega$. Then $v=(1-\chi) u$ solves the heat equation in the whole space, with source term $[\chi, \Delta] u$ :

$$
(1-\chi) u=S_{0}(t)(1-\chi) u_{0}+\int_{0}^{t} S_{0}(t-s)[\chi, \Delta] u(s) d s
$$

where $S_{0}$ is the free heat semi-group. We have, taking advantage of the localization near the boundary,

$$
\|[\chi, \Delta] u\|_{L_{t}^{2}\left(L^{\left.\frac{2 n}{n+2}\right)}\right.} \lesssim C\left(\chi, \chi^{\prime}\right)\|\nabla u\|_{L_{t}^{2}\left(L^{2}\right)}<+\infty
$$

by the energy inequality (3.4). The integral equation on $(1-\chi) u$ features $S_{0}$ for which we have trivial Gaussian estimates, and both the homogeneous and inhomogeneous terms are $C_{t}\left(L^{2}\right)$ and go to zero as time goes to $+\infty$. On the other hand, by Poincaré inequality (or Sobolev),

$$
\int_{0}^{t}\|\chi u\|_{2}^{2} d s \lesssim \int_{0}^{t}\|\nabla u\|_{2}^{2} d s
$$

which ensures that $\|\chi u\|_{2}$ goes to zero as well at $t=+\infty$.

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## Appendix: functional calculus

We start by recalling the Dynkin-Helffer-Sjöstrand formula ( 114,15$]$ ) and refer to the appendix of 18 for a nice presentation of the use of almost-analytic extensions in the context of functional calculus. In what follows we will also rely on Davies'presentation ( $[12]$ ) from which we will use a couple of useful lemma.
Definition 3.8. (see [18, Lemma A.1]) Let $\Psi \in C_{0}^{\infty}(\mathbb{R})$, possibly complex valued. We assume that there exists $\tilde{\Psi} \in C_{0}^{\infty}(\mathbb{C})$ such that $|\bar{\partial} \tilde{\Psi}(z)| \leq C|\operatorname{Im} z|$ and $\left.\tilde{\Psi}\right|_{\mathbb{R}}=\Psi$. Then we have (as a bounded operator in $L^{2}(\Omega)$ )

$$
\begin{equation*}
\Psi\left(-h^{2} \Delta_{D}\right)=\frac{i}{2 \pi} \int_{\mathbb{C}} \bar{\partial} \tilde{\Psi}(z)\left(z+h^{2} \Delta_{D}\right)^{-1} d \bar{z} \wedge d z \tag{3.20}
\end{equation*}
$$

The next result ensures the existence of $\tilde{\Psi}$ in the previous definition ( see 18 , Lemma A.2] and [24], where it is linked with Hadamard's problem of finding a smooth function with prescribed derivatives at a given point):
Lemma 3.9. If $\Psi$ belongs to $C_{0}^{\infty}(\mathbb{R})$ there exists $\tilde{\Psi} \in C_{0}^{\infty}(\mathbb{C})$ such that $\left.\tilde{\Psi}\right|_{\mathbb{R}}=\Psi$ and

$$
\begin{equation*}
|\bar{\partial} \tilde{\Psi}(z)| \leq C_{N, \Psi}|\operatorname{Im} z|^{N}, \quad \forall z \in \mathbb{C}, \quad \forall N \in \mathbb{N} \tag{3.21}
\end{equation*}
$$

Moreover, if $\Psi$ belongs to a bounded subset of $C_{0}^{\infty}(\mathbb{R})$ (elements of $\mathcal{B}$ are supported in a given compact subset of $\mathbb{R}$ with uniform bounds), then the mapping $\mathcal{B} \ni \Psi \rightarrow$ $\tilde{\Psi} \in C_{0}^{\infty}(\mathbb{C})$ is continuous and $C_{N, \Psi}$ can be chosen uniformly w.r.t $\Psi \in \mathcal{B}$.
Remark 3.10. Estimate (3.21) simply means that $\bar{\partial} \tilde{\Psi}(z)$ vanishes at any order on the real axis. Precisely, if $z=x+i y$

$$
\left.\partial_{y}^{N} \tilde{\Psi}\right|_{\mathbb{R}}=\left.\left(i \partial_{x}\right)^{N} \tilde{\Psi}\right|_{\mathbb{R}}=\left.\left(i \partial_{x}\right)^{N} \Psi\right|_{\mathbb{R}}
$$

In particular if $\langle x\rangle=\left(1+x^{2}\right)^{1 / 2}$ then for any given $N \geq 0$, a useful example of an almost analytic extension of $\Psi \in C_{0}^{\infty}(\mathbb{R})$ is given by

$$
\tilde{\Psi}(x+i y)=\left(\sum_{m=0}^{N} \partial^{m} \Psi(x)(i y)^{m} / m!\right) \tau\left(\frac{y}{\langle x\rangle}\right)
$$

where $\tau$ is a non-negative $C^{\infty}$ function such that $\tau(s)=1$ if $|s| \leq 1$ and $\tau(s)=0$ if $|s| \geq 2$. For later purposes, we also set

$$
\|\Psi\|_{N} \stackrel{\text { def }}{=} \sum_{m=0}^{N} \int_{\mathbb{R}}\left|\partial^{m} \Psi(x)\right|\langle x\rangle^{m-1} d x .
$$

Our next lemma lets us deal with Lebesgue spaces.
Lemma 3.11. Let $z \notin \mathbb{R}$ and $|\operatorname{Im} z| \lesssim|\operatorname{Re} z|$, then $\Delta_{D}$ satisfies

$$
\begin{equation*}
\left\|\left(z-\Delta_{D}\right)^{-1}\right\|_{L^{p}(\Omega) \rightarrow L^{p}(\Omega)} \leq \frac{c}{|\operatorname{Im} z|}\left(\frac{|z|}{|\operatorname{Im} z|}\right)^{\alpha}, \quad \forall z \notin \mathbb{R} \tag{3.22}
\end{equation*}
$$

for $1 \leq p \leq+\infty$, with a constant $c=c(p)>0$ and $\alpha=\alpha(n, p)>n\left|\frac{1}{2}-\frac{1}{p}\right|$.
Remark that, for all $h \in(0,1]$, the operator $h^{2} \Delta_{D}$ satisfies (3.22) with the same constants $c$ and $\alpha$ (this is nothing but scale invariance).

For $p=2$ the proof of Lemma 3.11 is trivial by multiplying the resolvent equation $-\Delta_{D} u+z u=f$ by $\bar{u}$ and we get $\alpha=0$; however for $p \neq 2$ it requires a non trivial argument which we postpone to the end of this Appendix.
Corollary 3.12. For $N \geq \alpha+1$ the integral (3.20) is norm convergent and $\forall h \in$ $(0,1]$

$$
\begin{equation*}
\left\|\Psi\left(-h^{2} \Delta_{D}\right)\right\|_{L^{p}(\Omega) \rightarrow L^{p}(\Omega)} \leq c\|\Psi\|_{N+1} \tag{3.23}
\end{equation*}
$$

for some constant c independent of $h$.
Remark 3.13. Notice how the Mikhlin multiplier condition (2.2) on $\Psi$ does not imply boundedness of $\|\Psi\|_{N+1}$ : we need extra decay at infinity.

Proof: By scale invariance it is enough to prove (3.23) for $h=1$. The integrand in (3.20) is norm continuous for $z \notin \mathbb{R}$. If we set

$$
U \stackrel{\text { def }}{=}\{z=x+i y|\langle x\rangle<|y|<2\langle x\rangle\}, \quad V \stackrel{\text { def }}{=}\{z=x+i y|0<|y|<2\langle x\rangle\}
$$

then the norm of the integrand is dominated by

$$
\begin{aligned}
& c \sum_{m=0}^{N}\left|\partial^{m} \Psi(x)\right| \frac{2^{m}}{m!}\langle x\rangle^{m-2}\|\partial \tau\|_{L^{\infty}([1,2])} 1_{U}(x+i y)+ \\
& +c\left|\partial^{N+1} \Psi(x)\right| \frac{2^{N}}{N!}|y|^{N}\left(\frac{\langle x\rangle}{|y|}\right)^{\alpha}\|\tau\|_{L^{\infty}([0,2])} 1_{V}(x+i y) .
\end{aligned}
$$

Integrating with respect to $y$ for $N \geq \alpha+1$ yields the bound

$$
\begin{aligned}
&\left\|\Psi\left(-\Delta_{D}\right)\right\|_{L^{p}(\Omega) \rightarrow L^{p}(\Omega)} \lesssim \int_{\mathbb{R}}\left(\sum_{m=0}^{N}\left|\partial^{m} \Psi(x)\right|\langle x\rangle^{m-1}+\right. \\
&\left.+\left|\partial^{N+1} \Psi(x)\right|\langle x\rangle^{N}\right) d x=\|\Psi\|_{N+1}
\end{aligned}
$$

One may then prove that the operator $\Psi\left(-\Delta_{D}\right)$, acting on $L^{p}(\Omega)$, is independent of $N \geq 1+n / 2$ and of the cut-off function $\tau$ in the definition of $\Psi$, see 12].

We now recall two lemma which will be useful when composing operators.
Lemma 3.14 (Lemma 2.2.5, 12]). If $\Psi \in C_{0}^{\infty}(\mathbb{R})$ has support disjoint from the spectrum of $-h^{2} \Delta_{D}$ then $\Psi\left(-h^{2} \Delta_{D}\right)=0$.

Lemma 3.15 (Lemma 2.2.6, 12). If $\Psi_{1}, \Psi_{2} \in C_{0}^{\infty}(\mathbb{R})$, then $\left(\Psi_{1} \Psi_{2}\right)\left(-h^{2} \Delta_{D}\right)=$ $\Psi_{1}\left(-h^{2} \Delta_{D}\right) \Psi_{2}\left(-h^{2} \Delta_{D}\right)$.

For the remaining part of the Appendix we prove the resolvent estimate (3.22) from Lemma 3.11. If $\operatorname{Re} z>0$, this is nothing but a standard elliptic estimate. The trouble comes with $\operatorname{Re} z<0$ and getting close to the spectrum. In $\mathbb{R}^{n}$, one may evaluate directly the convolution operator by proving its kernel to be in $L^{1}$ : this follows from

$$
\left|z+|\xi|^{2}\right|^{2}=\sin ^{2} \frac{(\pi-\theta)}{2}\left(|z|+|\xi|^{2}\right)^{2}+\cos ^{2} \frac{(\pi-\theta)}{2}\left(|\xi|^{2}-|z|\right)^{2}, \quad \text { with } \quad z=|z| e^{i \theta}
$$

and a direct computation of $L^{2}$ norms of $\partial^{\alpha}\left(z+|\xi|^{2}\right)^{-1}$. By reflection, one then extends this estimate to the half-space case, with both Dirichlet and Neumann boundary conditions. By localizing $L^{p}$ estimates close to the boundary and flattening, one may then obtain the desired estimate (3.22); such an approach is carried out in [1] in a greater generality (systems of Laplace equations, mixed boundary conditions), at the expense of fixing the angle $\theta$ and not tracking explicit dependances on $|z|$ and $\theta$. While (relatively) elementary, such a proof is, out of necessity, filled with lenghty calculations and most certainly does not provide the sharpest constant. It is worth noting, however, that it relies on standard elliptic techniques.

To keep in line with the parabolic approach, we present a short proof, relying on the holomorphic nature of $S(w)$ in the half-plane Rew $>0$. Remark that by our $L^{p}$ bound on $S(t), t \in \mathbb{R}_{+}$, the trivial $L^{2}$ bound on $S(w)$, Rew $\geq 0$, and Stein's parameter version of complex interpolation, one may easily derive that $S(w)$ is holomorphic in a sector around the positive real axis; but its angle will narrow with large or small $p$. However the argument may be refined and $S(w)$ was proved to be holomorphic in the whole right half-plane in 19], using in a crucial way the Gaussian nature of the heat kernel on domains (10]). This was extented to more general settings in [8], where an explicit bound is stated:

$$
\begin{equation*}
\|S(w)\|_{L^{p} \rightarrow L^{p}} \leq C_{\varepsilon}\left(\frac{|w|}{|\operatorname{Re} w|}\right)^{n\left|\frac{1}{2}-\frac{1}{p}\right|+\varepsilon} \tag{3.24}
\end{equation*}
$$

Then (3.22) is a direct consequence of the following standard computation: recall the following formula, which is simply a Laplace transform,

$$
\begin{equation*}
\left(z-\Delta_{D}\right)^{-1}=\int_{L} e^{w \Delta_{D}-w z} d w \tag{3.25}
\end{equation*}
$$

where $L$ can be chosen to be a half ray from the origin. Set $z=r e^{i \theta}, w=\rho e^{i \phi}$, then

$$
\left(z-\Delta_{D}\right)^{-1}=\int_{0}^{+\infty} e^{\rho \exp (i \phi) \Delta_{D}-r \rho \exp i(\theta+\phi)} d \rho
$$

Now, if $\operatorname{Re} z>0$, we may take $\phi=0$ and use estimates for the semi-group $S(\rho)$. We would like to extend the range to the $\operatorname{Re} z<0$ region, up to a thin sector around the negative real axis $(|\pi-\theta|<\epsilon)$; getting close to the spectrum is required if we want to define $\Psi\left(-\Delta_{D}\right)$ with $\Psi \in C_{0}^{\infty}(] 0,+\infty[)$. One picks $\phi$ such that $2|\theta+\phi|<\pi$, which ensures a decaying exponential in 3.25, provided we bound $S(w)$ in $L^{p}$. But the condition on $\phi$ yields $|\phi|<\pi / 2$, and the bound amounts to the holomorphy of $S(w)$. The constant in (3.24) translates into a $(|z| /|\operatorname{Im} z|)^{\alpha}$ factor, while integration over $\rho$ provides the remaining $1 /|\operatorname{Im} z|$ in (3.22). This concludes the proof.

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[^1]:    $1_{\text {we thank Hart Smith for bringing this to our attention }}$

