HAL
open science

# Porous materials with two populations of voids under internal pressure: I. Instantaneous constitutive relations <br> Pierre-Guy Vincent, Yann Monerie, Pierre Suquet 

## To cite this version:

Pierre-Guy Vincent, Yann Monerie, Pierre Suquet. Porous materials with two populations of voids under internal pressure: I. Instantaneous constitutive relations. International Journal of Solids and Structures, 2009, 46 (3-4), pp.480-506. 10.1016/j.ijsolstr.2008.09.003 . hal-00320833

HAL Id: hal-00320833

## https://hal.science/hal-00320833

Submitted on 11 Sep 2008

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire HAL, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

# Porous materials with two populations of voids under internal pressure: I. Instantaneous constitutive relations 

Pierre-Guy Vincent ${ }^{\text {a,b }}$, Yann Monerie ${ }^{\text {a,c }}$, Pierre Suquet ${ }^{\text {b, } 1}$<br>${ }^{a}$ Institut de Radioprotection et de Sûreté Nucléaire, B.P. 3, 13115<br>Saint-Paul-lez-Durance Cedex, France<br>${ }^{\mathrm{b}}$ Laboratoire de Mécanique et d'Acoustique, 31, Chemin Joseph Aiguier, 13402 Marseille Cedex 20, France<br>${ }^{\text {c }}$ Laboratoire de Micromécanique et d'Intégrité des Structures, IRSN-CNRS-UMII, B.P. 3, 13115 Saint-Paul-lez-Durance Cedex, France


#### Abstract

This study is devoted to the mechanical behavior of uranium dioxide $\left(\mathrm{UO}_{2}\right)$ which is a porous material with two populations of voids of very different size subjected to internal pressure. The smallest voids are intragranular and spherical in shape whereas the largest pores located at the grain boundary are ellipsoidal and randomly oriented. In this first part of the study, attention is focused on the effective properties of these materials with fixed microstructure. In a first step the poroelastic properties of these doubly voided materials are studied. Then two rigorous upper bounds are derived for the effective poro-plastic constitutive relations of these materials. The first bound, obtained by generalizing the approach of Gologanu et al. (1994) to compressible materials, is accurate at high stress-triaxiality. The second one, which derives from the variational method of Ponte Castañeda (1991), is accurate when the stress triaxiality is low. A $N$-phase model, inspired by Bilger et al. (2002), is proposed which matches the best of the two bounds at low and high triaxiality. The effect of internal pressures is discussed. In particular it is shown that when the two internal pressures coincide, the effective flow surface of the saturated biporous material is obtained from that of the drained material by a shift along the hydrostatic axis. However, when the two pressures are different, the modifications brought to the effective flow surface in the drained case involve not only a shift along the hydrostatic axis but also a change in shape and size of the surface.


Key words: Damage, Plasticity, Micromechanics

## 1 Introduction

This study is devoted to the mechanical behavior of uranium dioxide $\left(\mathrm{UO}_{2}\right)$ to assess the safety of nuclear fuel rods under accident conditions. $\mathrm{UO}_{2}$ is a polycrystalline material with grain size of about $10 \mu \mathrm{~m}$, depending on the compaction process at fabrication and on the burn-up (irradiation level) (Olander, 1976; Dherbey et al., 2002; Kashibe and Une, 1991). When highly irradiated, its microstructure shows two populations of cavities of rather different sizes and shapes (Fig. 1). At the smallest scale (microscopic scale), a first population of cavities, almost spherical in shape with a typical diameter of a few nanometers can be found in the interior of the grains (they are referred to as intragranular voids). At a larger scale (mesoscopic scale), a second population of cavities, roughly oblate spheroids with typical size of a few microns, can be observed at the grain boundaries (more information about the formation and growth of intragranular and intergranular fission gas bubbles in $\mathrm{UO}_{2}$ can be found in Kashibe et al. 1993, Lösönen 2000, and Kashibe and Une 1991). These voids are referred to as intergranular voids. Both types of cavities contain


Fig. 1. Left: micrography of irradiated $U O_{2}(33 G W j / T)$ after heat treatment at $2000^{0} \mathrm{~K}$ during 3 hours (Dubourg et al., 2005). Right: swelling of UO2 during an accident. Development of thermal strains and internal pressures inside the cavities.
fission gases, with possibly different pressures in the intergranular and in the intragranular populations. Under postulated accident condition, the temperature in the material increases suddenly, resulting in a thermal dilatation of the material and in a sudden raise of the pressure of the gases contained in the cavities. At such high temperatures the polycrystalline ceramic is ductile and the two populations of cavities start growing until they eventually coalesce to form a macro-crack through which the fission gases find their way to the outer envelope (as schematically depicted in Fig. 1 right). The question addressed in the present study is the prediction of the critical overall thermal dilatation and critical

Email addresses: pierre-guy.vincent@irsn.fr (Pierre-Guy Vincent), yann.monerie@irsn.fr (Yann Monerie), suquet@lma.cnrs-mrs.fr (Pierre Suquet).
${ }^{1}$ Corresponding author.
internal pressures in the voids which can be sustained by the material before the formation of a macro-crack.

This problem bears a strong ressemblence with ductile rupture in metals and our study has several common points with earlier work in this domain. In particular relations describing void growth by diffuse plasticity are obtained as an outcome of a constitutive model for elastoplastic materials containing two populations of voids, whereas coalescence is seen as the transition from a diffuse mode of plastic deformation into a localized mode. Therefore the program of our study follows closely that of more classical studies in ductile fracture. In the first part of the study (this paper), the effective behavior of voided materials with two populations of pores of different size subjected to internal pressure is derived, the geometry and size of the pores being fixed. In the terminology of Ponte Castañeda and Zaidman (1996); Zaidman and Ponte Castañeda (1996), we are interested here in instantaneous constitutive relations. In a second step (companion paper), we will be interested in the evolution of the microstructure described by differential equations for the geometrical parameters describing the shape and distribution of the voids in terms of the applied loading consisting of overall stresses and internal pressures.

There exists a huge body of literature devoted to the effective behavior of ductile voided materials originating from the seminal work of Gurson (1977) (see for instance Tvergaard 1990, Pardoen and Hutchinson 2000, Benzerga 2002 and references therein for a review). However several features of the present problem remain either untouched or only partially covered in the existing literature:
(1) First, two populations of voids of different size co-exist in our material. The presence of a second population of voids, has been experimentally observed by Marini, Mudry, and Pineau (1985) to influence the growth of larger voids in metals. From the standpoint of modelling, Perrin and Leblond (1990) gave an analytical solution for the response of a spherical void surrounded by a Gurson material under hydrostatic tension. Tvergaard (1998) assessed numerically the effect of a second population of void on the coalescence of a primary population whereas Fabrègue and Pardoen (2008) extended the constitutive model of Pardoen and Hutchinson (2000) to voided materials with two populations of voids.
(2) Second, both populations of voids are subjected to internal pressures which can be different in the secondary and in the primary population. Consideration of internal pressure in plastically deforming voided materials is rather seldom in the literature with the noticeable exception of Dormieux et al. (2002). These authors make use of a micromechanical modelling which differs from the Gurson's line of thought and is based on the so-called modified secant method which is another name for the earlier variational procedure of Ponte Castañeda (1991).
(3) Third, the larger voids are spheroidal, oblate and randomly oriented, rather than spherical in shape. The Gurson's model, initially developed for spherical voids, has been extended to aligned spheroidal cavities, either prolate or oblate, by Gologanu, Leblond, and Devaux $(1993,1994)$ who proposed improved velocity fields for ellip-
soidal cavities generalizing the fields used by Gurson in his initial variational analysis. These improved velocity fields are used in the constitutive models of Pardoen and Hutchinson (2000) and Benzerga (2002) in the regime of void growth by generalized plasticity (generalized is to be understood here by contrast with localized plasticity). However the matrix incompressibility plays a crucial role in these earlier analysis, since these velocity fields are divergence-free by construction. The presence of secondary voids requires the introduction of a compressible velocity fields around the larger ellipsoidal voids and the present study shows how to combine these earlier incompressible fields with a dilatational field. Finally the random orientation of the voids is also accounted for by means of averaging over orientation.

The present paper is organized as follows. Notations and more specific data about the material and its microstructure are given in section 2. Then estimates for the poro-elastic properties of doubly voided materials are given in terms of the primary and secondary void volume-fractions in section 3. The influence of the internal pressure in each population of voids is reflected in the overall stress through two Biot's tensors (one for each population of voids). The poro-plastic properties of doubly voided materials are investigated in section 4 and 5 . Upper bounds for the effective poro-plastic properties of doubly voided materials are derived in section 4 using two classical approaches of the problem of voided materials, the Gurson-like approach and the variational procedure. The velocity fields proposed by Gologanu et al. (1994) are slightly modified to account for the matrix compressibility. To fill the gap between the two approaches, a $N$-phase model is proposed in section 5 . It is presented first in the case of two populations of spherical voids and extended to randomly oriented spheroidal voids. The accuracy of this $N$-phase model is assessed by comparison with FEM simulations.

Again, all microstructural information is assumed to be fixed in this first paper. The evolution of the microstructural parameters describing the arrangement of the voids (volume fraction, distribution and aspect ratio) will be discussed in the second part of the study.

## 2 Material and microstructural data

### 2.1 Matrix constitutive relations

The mechanical properties of non irradiated $\mathrm{UO}_{2}$ have been studied by Martin (1989) (linear elastic properties) and Canon et al. (1971) (nonlinear range up to failure). Martin (1989) gives the Young modulus and the Poisson ratio of non irradiated $\mathrm{UO}_{2}$ as a function of the initial porosity and temperature. Regarding the full stress-strain curve of $\mathrm{UO}_{2}$, experimental results reported in Canon et al. (1971) show that $\mathrm{UO}_{2}$ exhibits a quasibrittle behavior at low temperature (below $1000^{\circ} \mathrm{C}$ ), associated with a quasi-linear stressstrain curve up to failure. In this range of temperature the maximal elongation (shown in


Fig. 2. Ultimate tensile stress (UTS) and maximal elongation (ME) versus temperature for non irradiated $\mathrm{UO}_{2}$ with $3 \%$ of initial porosity and $8 \mu \mathrm{~m}$ grain size (after Canon et al. 1971).

Fig. 2 right) is small. The material ductility increases significantly above $1500^{\circ} \mathrm{C}$ where the maximal elongation reaches several percents (see again Fig. 2 right). The stress-strain curve above $1500^{\circ} \mathrm{C}$ reported in Canon et al. (1971) (not shown here) is typical of ideal plasticity with a flat stress-strain curve after yielding which can be idealized as a plateau. Further experiments by Guerin (1975) (in compression) have shown that above $1100^{\circ} \mathrm{C}$ the ultimate stress in non irradiated $\mathrm{UO}_{2}$ is only $5 \%$ to $10 \%$ larger than its initial yield stress, confirming the fact that in this range of temperature the material exhibits almost no hardening. In accident conditions, the temperature raises above $1500^{\circ} \mathrm{C}$ and $\mathrm{UO}_{2}$ can be considered as a ductile material with negligible hardening. It is idealized in this study as an ideally plastic von Mises material.

Although ceramics at high temperature exhibit rate-sensitivity effects in creep, viscoplasticity has been neglected in the present study for several reasons. It is indeed a common practice in the community of nuclear materials to consider that $\mathrm{UO}_{2}$ has the same ultimate stress under accident conditions and under creep conditions at low strain-rate, meaning that rate-sensitivity effects are not significant. To give more substance to this approximation, we emphasize that the major problem addressed in the first part of the paper is the assessment of the maximal internal pressure in the voids which can be sustained by $\mathrm{UO}_{2}$ before loosing its carrying capacity. It is therefore a limit load problem for which it is well known that the details of the material behavior prior to the ultimate stress do not matter. However, in the second part of the paper we develop a constitutive model and the question of rate-sensitivity arises again. As is well-known, viscous deformation at high temperature has two possible origins, vacancy diffusion and dislocation motion. Vacancy diffusion, which is the dominant mechanism in steady-state creep at high temperature corresponds to a rate sensitivity exponent $n=1$ (where the uniaxial viscous strain-rate $\dot{\varepsilon}^{v p}$ varies as $\sigma^{n}$ ). This mechanism is ruled out here by the very small time scale in accident conditions (about $30 \mu \mathrm{~s}$ ). The only active mechanism is dislocation motion for which the rate-sensitivity exponent $n$ is found in the literature to range between 4.5 and 17 (Guerin, 1975). A commonly accepted value is $n=8$ (Monerie and Gatt, 2006) which, compared to $n=1$ for diffusion, allows us to consider that viscosity effects are small. This observation has been summarized in Sauter and Leclercq (2003) by saying that "the behavior of uranium dioxide tends to be more plastic than viscous".

Let us finally add that most of the methods used in the present study can be extended to cover nonlinear viscous behaviors of power-type just as Leblond et al. (1994) extended the analysis of Gurson to viscoplastic power-law materials. The local dissipation potentials as well as the final expressions of the effective potentials would be significantly different but the methods would be similar. Therefore, neglecting rate-sensitivity effects is admittedly an approximation, which, however, can be overcome using the methods put forward in this paper.

### 2.2 Scales and microstructure

The present problem with primary and secondary voids involves three different scales. The smallest (or microscopic) scale corresponds to the intragranular level (Fig. 1). The intermediate (or mesoscopic) scale corresponds to the scale of a single grain or of a couple of grains (Fig. 1). At this intermediate scale, the intragranular voids are small and their number is large. The intergranular voids are typically of mesoscopic size. The largest (or macroscopic) scale corresponds to a large representative volume element containing a sufficiently large number of grains and of intergranular voids and an even larger number of secondary voids. The difference in size of the two populations of voids (nanometers versus microns) is sufficient to consider the two scales as well-separated. Therefore, the up-scaling (or homogenization) procedure can be performed in two successive steps (see Fig. 3), first from the microscopic to the mesoscopic scale, smearing out all the small spherical voids, and second from the mesoscopic to the macroscopic scale, smearing out the details of the grain boundaries and the intergranular ellipsoidal voids. For conciseness

$$
\begin{array}{cc}
\text { Intragranular voids } \omega_{b} & \text { Intergranular voids } \omega_{e} \\
\text { porosity } f_{b} & \text { porosity } f_{e}
\end{array}
$$



Fig. 3. Up-scaling (or homogenization) procedure.
the sound matrix at the microscopic scale will be denoted generically as $M_{0}$. This matrix contains spherical intragranular cavities with local porosity $f_{b}$. The first transition, from the microscopic to the mesoscopic scale, yields an effective medium corresponding to ' $M_{0}+$ spherical voids' and denoted by $M_{1}$. The second transition from the mesoscopic scale to the macroscopic scale yields the effective properties of a heterogeneous material made of $M_{1}$ weakened by randomly oriented oblate (flat) spheroidal cavities with porosity $f_{e}$ (intergranular cavities). The effective medium corresponding to ' $M_{1}+$ oblate voids' is
denoted by $M_{2}$. In most of this study the intergranular cavities are assumed to be randomly located in space and randomly oriented. As can be seen in Fig. 1 their actual orientation is in fact not completely decorrelated from their spatial position, since they follow the grain boundaries. A more specific geometrical model, where each single grain is surrounded by a shell of softer material containing ellipsoidal voids, is investigated in the second part of this study.

Let us consider a representative volume element at the larger scale $V ; \omega_{e}$ is the domain occupied by the intergranular cavities and $\omega_{b}$ is the domain occupied by the intragranular cavities. With these notations the porosities $f_{b}, f_{e}$ and the total porosity $f$ write as:

$$
\begin{equation*}
f_{b}=\frac{\left|\omega_{b}\right|}{\left|V-\omega_{e}\right|}, \quad f_{e}=\frac{\left|\omega_{e}\right|}{|V|}, \quad f=\frac{\left|\omega_{e}\right|+\left|\omega_{b}\right|}{|V|}=f_{e}+f_{b}\left(1-f_{e}\right) . \tag{1}
\end{equation*}
$$

### 2.3 Loading conditions

A sudden raise in pressure in the material results in three different components of the loading. First the material is subjected to a thermal strain $\boldsymbol{E}$ which is usually an isotropic dilatation but which can be kept general. Then the intragranular and intergranular voids are subjected to an internal pressure $p_{b}$ and $p_{e}$ respectively, due to fission gases accumulated in these cavities. $p_{b}$ and $p_{e}$ depend on several parameters (such as the volume of the voids) and can be different. To fix the terminology, when there is no internal pressure in the pores $\left(p_{b}=p_{e}=0\right)$ the material is said to be drained. In all the other cases ( $p_{b}$ or $p_{e}$ different from 0 ) the material is said to be saturated.

### 2.4 Average stress and strain in voided materials

In the presence of voids, the definition of overall mechanical quantities usually defined as averages of microscopic ones, must be explicited. Since the homogenization procedure is performed in two steps, it is sufficient to consider here a single change of scales. Let $V$ denote a representative volume element and $\omega$ denote the domain occupied by the voids (which could be $\omega_{e}$ or $\omega_{b}$ depending on the scale under consideration). The voids are subjected to a uniform internal pressure $p$. It is classical in all homogenization procedures to define the overall stress and strain as the volume averages of the corresponding local stress and strain fields over a representative volume element $V$ :

$$
\begin{equation*}
\boldsymbol{\Sigma}=\langle\boldsymbol{\sigma}\rangle=\frac{1}{|V|}\left(\int_{V-\omega} \boldsymbol{\sigma} d \boldsymbol{x}+\int_{\omega} \boldsymbol{\sigma} d \boldsymbol{x}\right), \boldsymbol{E}=\langle\boldsymbol{\varepsilon}\rangle=\frac{1}{|V|}\left(\int_{V-\omega} \boldsymbol{\varepsilon} d \boldsymbol{x}+\int_{\omega} \boldsymbol{\varepsilon} d \boldsymbol{x}\right) . \tag{2}
\end{equation*}
$$

However the local stress and strain (or strain-rate) fields $\boldsymbol{\sigma}$ and $\boldsymbol{\varepsilon}$ are well defined only in the matrix $V-\omega$. The actual stress field, which is in equilibrium in the matrix and is in equilibrium with the pressure on the voids boundary can be continued inside $\omega$ by
${ }_{-p \boldsymbol{i}}$ where $\boldsymbol{i}$ stands for the second-order identity tensor. The corresponding overall stress reads as:

$$
\begin{equation*}
\boldsymbol{\Sigma}=\langle\boldsymbol{\sigma}\rangle=-p f \boldsymbol{i}+\frac{1}{|V|} \int_{V-\omega} \boldsymbol{\sigma} d \boldsymbol{x} \tag{3}
\end{equation*}
$$

where $f=|\omega| /|V|$. Similarly the displacement field $\boldsymbol{u}$, which is well-defined in $V-\omega$, can be continued (in a nonunique manner) in a continuous displacement field inside $\omega$. By doing so the strain field in the matrix is continued in the voids by a compatible strain field. It remains to check that the average strain given by the second relation in (2) does not depend on the continuation chosen for $\boldsymbol{u}$. This is readily seen by integrating by part the integral over $\omega$ to get:

$$
\begin{equation*}
\boldsymbol{E}=\langle\varepsilon\rangle=\frac{1}{|V|}\left(\int_{V-\omega} \boldsymbol{\varepsilon} d \boldsymbol{x}-\int_{\partial \omega} \boldsymbol{u} \otimes_{s} \boldsymbol{n} d s\right) . \tag{4}
\end{equation*}
$$

where $\boldsymbol{n}$ is the unit normal vector on the boundary of the voids pointing from the bulk material towards the interior of the void and where the symmetric tensorial product of $\boldsymbol{a} \otimes_{s} \boldsymbol{b}$ of the two vectors $\boldsymbol{a}$ and $\boldsymbol{b}$ is defined as $\left(a \otimes_{s} b\right)_{i j}=\frac{1}{2}\left(a_{i} b_{j}+a_{j} b_{i}\right)$. The relation (4) shows that the average strain $\boldsymbol{E}$ depends only on quantities (strain and displacement) defined in the matrix only, and does not depend on the choice of the continuation of $\boldsymbol{u}$ in $\omega$.

## 3 Effective poro-elastic properties

This section is devoted to the effective elastic properties of voided materials subjected to internal pressure. Although the ultimate goal of this study is the modelling of a strongly nonlinear problem, it is useful to begin with a linear problem for two reasons. First, because effective elastic moduli are required anyway for a complete modelling of the full process including both the elastic and the plastic response of the material. Second, because part of the nonlinear theory which will be developed in the sequel makes use of a linear comparison composite and of its effective properties.

### 3.1 Biot tensor and Biot modulus for $N$-phase porous materials

This section presents more or less standard results about effective poro-elastic properties of $N$-phase voided materials (some of them can be found for two-phase materials in Dormieux et al. 2002).

Consider a representative volume element $V$ consisting of a matrix, itself subdivided into $N-1$ subphases with stiffness $\boldsymbol{C}^{(i)}$, occupying domains $V_{i}, i=2, \ldots N$ with volume fraction $f^{(i)}$ and saturated cavities occupying a domain $V_{1}=\omega$ with volume fraction $f^{(1)}=f$ and subjected to a pressure $p$. Only one population of voids is considered at this stage but the
procedure can be re-iterated if needed. Uniform strain conditions (among other possible boundary conditions, see Suquet 1987 for a review) are applied on the boundary of $V$. The so-called local problem to be solved for the stress and displacement fields $\boldsymbol{\sigma}$ and $\boldsymbol{u}$ reads as:

$$
\left.\begin{array}{lll}
\boldsymbol{\sigma}=\boldsymbol{C}^{(i)}: \boldsymbol{\varepsilon} & \text { in } V_{i}, & \operatorname{div}(\boldsymbol{\sigma})=\mathbf{0}  \tag{5}\\
\boldsymbol{\sigma} \cdot \boldsymbol{n}=-p \cdot \boldsymbol{n} & \text { on } \partial \omega, & \boldsymbol{u}=\boldsymbol{E} \cdot \boldsymbol{x}
\end{array} \quad \text { on } \partial V . \quad\right\}
$$

$\boldsymbol{n}$ is the unit normal vector on the boundary of the voids pointing from the bulk material towards the interior of the void. Upon continuation of the local stress field $\boldsymbol{\sigma}$ by $-p \boldsymbol{i}$ inside $\omega$, the extended field, still denoted by $\boldsymbol{\sigma}$, satisfies the equilibrium equations over the whole domain $V$. The constitutive equations of the phases

$$
\boldsymbol{\sigma}=-p \boldsymbol{i} \text { in phase } 1, \quad \boldsymbol{\sigma}=\boldsymbol{C}^{(i)}: \boldsymbol{\varepsilon} \text { in phase } r, 2 \leq r \leq N
$$

can be re-written as

$$
\begin{equation*}
\boldsymbol{\sigma}=\boldsymbol{C}^{(i)}: \boldsymbol{\varepsilon}+\boldsymbol{\tau}^{(i)}, 1 \leq i \leq N, \text { with } \quad \boldsymbol{C}^{(1)}=\mathbf{0}, \boldsymbol{\tau}^{(1)}=-p \boldsymbol{i}, \boldsymbol{\tau}^{(i)}=\mathbf{0}, 2 \leq i \leq N . \tag{6}
\end{equation*}
$$

With the above notations, a $N$-phase voided material subjected to internal pressure can be considered as a $N$-phase thermoelastic composite with energy:

$$
\boldsymbol{\sigma}=\frac{\partial w^{(i)}}{\partial \boldsymbol{\varepsilon}}(\boldsymbol{\varepsilon}), \quad w^{(i)}(\boldsymbol{\varepsilon})=\frac{1}{2} \boldsymbol{\varepsilon}: \boldsymbol{C}^{(i)}: \boldsymbol{\varepsilon}+\boldsymbol{\tau}^{(i)}: \boldsymbol{\varepsilon}
$$

The general expression of the corresponding effective energy can be obtained by a general result about $N$-phase thermoelastic composites (Willis, 1981), that we recall here with standard notations:

$$
\begin{equation*}
w^{h o m}(\boldsymbol{E})=\frac{1}{2} \boldsymbol{E}: \boldsymbol{C}^{h o m}: \boldsymbol{E}+\boldsymbol{\tau}^{h o m}: \boldsymbol{E}+\frac{1}{2} g^{h o m} \tag{7}
\end{equation*}
$$

where:

$$
\begin{align*}
& \boldsymbol{C}^{h o m}=\sum_{i=1}^{N} f^{(i)} \boldsymbol{C}^{(i)}: \boldsymbol{A}^{(i)}=\boldsymbol{C}^{(N)}+\sum_{i=1}^{N-1} f^{(i)}\left(\boldsymbol{C}^{(i)}-\boldsymbol{C}^{(N)}\right): \boldsymbol{A}^{(i)},  \tag{8}\\
& \boldsymbol{\tau}^{h o m}=\sum_{i=1}^{N} f^{(i)} \boldsymbol{A}^{(i)^{T}}: \boldsymbol{\tau}^{(i)},  \tag{9}\\
& g^{h o m}=\sum_{i=1}^{N} f^{(i)} \boldsymbol{\tau}^{(i)}: \boldsymbol{a}^{(i)} . \tag{10}
\end{align*}
$$

In the above relations $\boldsymbol{I}$ is the fourth-order tensor representing the identity among symmetric second-order tensors, $f^{(i)}$ is the volume-fraction of phase $i, \boldsymbol{A}^{(i)}$ is the (fourth-order) strain-localization tensor which relates the average strain in $i$-th phase to the macroscopic strain $\boldsymbol{E}$ in the absence of thermal stresses $\left(\boldsymbol{\tau}^{(i)}=0, i=1, \ldots N\right)$ and $\boldsymbol{a}^{(i)}$ is the average strain in phase $i$ due to the thermal stresses only $(\boldsymbol{E}=\mathbf{0})$.

Upon use of the expressions (6) in these relations, one obtains (with the change of notations $f^{(1)}=f$ ):

$$
\begin{equation*}
\boldsymbol{\tau}^{h o m}=-p f \boldsymbol{i}: \boldsymbol{A}^{(1)}, \quad g^{h o m}=-p f \boldsymbol{i}: \boldsymbol{a}^{(1)} . \tag{11}
\end{equation*}
$$

Therefore the effective energy of the $N$-phase composite can be put in the form

$$
\begin{equation*}
w^{h o m}(\boldsymbol{E}, p)=\frac{1}{2} \boldsymbol{E}: \boldsymbol{C}^{h o m}: \boldsymbol{E}-p \boldsymbol{B}: \boldsymbol{E}-\frac{1}{2} \frac{p^{2}}{M}, \tag{12}
\end{equation*}
$$

where the second-order tensor $\boldsymbol{B}$ (Biot tensor) and the scalar $M$ (Biot modulus) are given by:

$$
\begin{equation*}
\boldsymbol{B}=f \boldsymbol{i}: \boldsymbol{A}^{(1)}, \quad \frac{1}{M}=\frac{f}{p} \boldsymbol{i}: \boldsymbol{a}^{(1)} . \tag{13}
\end{equation*}
$$

The overall stress $\boldsymbol{\Sigma}$ being defined through (2) as the average stress (the stress field being extended by $-p i$ in the voids), it can be shown by standard arguments to derive from the effective energy (12):

$$
\begin{equation*}
\boldsymbol{\Sigma}=\frac{\partial w^{h o m}}{\partial \boldsymbol{E}}(\boldsymbol{E}, p)=\boldsymbol{C}^{h o m}: \boldsymbol{E}-\boldsymbol{B} p \tag{14}
\end{equation*}
$$

### 3.2 Poro-elasticity of two-phase voided materials

The above expressions simplify further for two-phase composites $(N=2)$, phase 1 being the void phase, whereas the second phase is the homogeneous matrix. The localization operators can be explicitly expressed in terms of the effective stiffness $C^{h o m}$ of the composite:

$$
\begin{gathered}
\boldsymbol{A}^{(1)}=\frac{1}{f^{(1)}}\left(\boldsymbol{C}^{(1)}-\boldsymbol{C}^{(2)}\right)^{-1}:\left(\boldsymbol{C}^{h o m}-\boldsymbol{C}^{(2)}\right) \\
\boldsymbol{a}^{(1)}=\frac{1}{f^{(1)}}\left(\boldsymbol{C}^{(1)}-\boldsymbol{C}^{(2)}\right)^{-1}:\left(\boldsymbol{C}^{h o m}-\langle\boldsymbol{C}\rangle\right):\left(\boldsymbol{C}^{(1)}-\boldsymbol{C}^{(2)}\right)^{-1}:\left(\boldsymbol{\tau}^{(1)}-\boldsymbol{\tau}^{(2)}\right)
\end{gathered}
$$

and in the particular case of voided materials they reduce to:

$$
\boldsymbol{A}^{(1)}=\frac{1}{f}\left(\boldsymbol{I}-\boldsymbol{C}^{-1}: \boldsymbol{C}^{h o m}\right), \quad \boldsymbol{a}^{(1)}=-\frac{p}{f} \boldsymbol{C}^{-1}:\left(\boldsymbol{C}^{h o m}: \boldsymbol{C}^{-1}-(1-f) \boldsymbol{I}\right): \boldsymbol{i}
$$

where $f$ is the void volume-fraction $f^{(1)}$ and $\boldsymbol{C}$ is the matrix stiffness. The corresponding expressions of the Biot tensor $\boldsymbol{B}$ and of the Biot modulus $M$ for two-phase voided materials are:

$$
\begin{equation*}
\boldsymbol{B}=\left(\boldsymbol{I}-\boldsymbol{C}^{h o m}: \boldsymbol{C}^{-1}\right): \boldsymbol{i}=\boldsymbol{i}:\left(\boldsymbol{I}-\boldsymbol{C}^{-1}: \boldsymbol{C}^{h o m}\right), \frac{1}{M}=\boldsymbol{i}: \boldsymbol{C}^{-1}:(\boldsymbol{B}-f \boldsymbol{i}) \tag{15}
\end{equation*}
$$

These relations (which can also be found in Dormieux et al. 2006) show that for two-phase materials the Biot modulus is related to the Biot tensor. This is no longer the case in $N$-phase materials where we will have to resort to the general result (13).

When both the microstructure and the matrix are isotropic, the Biot tensor is an isotropic second-order tensor which reads as:

$$
\begin{equation*}
\boldsymbol{B}=b \boldsymbol{i} \quad b=1-\frac{k^{h o m}}{k} \text { and consequently } \frac{1}{M}=\frac{b-f}{k}, \tag{16}
\end{equation*}
$$

where $k$ and $k^{\text {hom }}$ denote the bulk modulus of the matrix and of the effective medium respectively.

### 3.3 First transition from the microscopic to the mesoscopic scale

The above general results can be applied successively to the two scale-transitions described in section 2. Regarding the first transition, the specific material under consideration consists, at the microscopic scale, of an isotropic linear elastic matrix (with bulk and shear moduli denoted by $k$ and $\mu$ respectively) containing spherical voids (with porosity $f_{b}$ ) randomly distributed in the matrix. These voids are subjected to an internal pressure $p_{b}$. The relation (14) writes at the mesoscopic scale as:

$$
\begin{equation*}
\boldsymbol{\Sigma}=\boldsymbol{C}_{1}^{h o m}: \boldsymbol{E}-\boldsymbol{B}_{1} p_{b}, \quad \boldsymbol{B}_{1}=b_{1} \boldsymbol{i}, \quad b_{1}=1-\frac{k_{1}^{h o m}}{k} \tag{17}
\end{equation*}
$$

where $k$ and $k_{1}^{\text {hom }}$ are the bulk moduli of the matrix $M_{0}$ at the microscopic scale and of the effective medium $M_{1}$ at the mesoscopic scale respectively. It should be emphasized that the stress $\boldsymbol{\Sigma}$ in the relation (17) is the stress at the mesoscopic scale.

The effective stiffness $\boldsymbol{C}_{1}^{h o m}$ of voided materials containing an isotropic distribution of spherical voids is known to be reasonably well-described by the Hashin-Shtrikman upper bound (Hashin and Shtrikman, 1963):

$$
\begin{equation*}
\frac{k_{1}^{H S}}{k}=\frac{\left(1-f_{b}\right) 4 \mu}{3 k f_{b}+4 \mu}, \quad \frac{\mu_{1}^{H S}}{\mu}=\frac{\left(1-f_{b}\right)(9 k+8 \mu)}{\left(9+6 f_{b}\right) k+4\left(2+3 f_{b}\right) \mu}, \quad b_{1}=1-\frac{k_{1}^{H S}}{k} . \tag{18}
\end{equation*}
$$

### 3.4 Second transition from the mesoscopic scale to the macroscopic scale

In the second scale transition, the domain $V$ consists of a matrix whose constitutive relations are those of the mesoscopic effective medium $M_{1}$, weakened by randomly oriented oblate ellipsoidal cavities (domain $\omega_{e}$, porosity $f_{e}$, aspect ratio $w$ ). $V$ is subjected to uniform strain boundary conditions on its boundary $\partial V$ and the voids are subjected to an internal pressure $p_{e}$. The local stress and strain fields solve the local problem:

$$
\left.\begin{array}{lll}
\boldsymbol{\sigma}=\boldsymbol{C}_{1}^{h o m}: \boldsymbol{\varepsilon}-b_{1} p_{b} \boldsymbol{i} \quad \text { in } V-\omega_{e}, & \operatorname{div}(\boldsymbol{\sigma})=\mathbf{0} \quad \text { in } V,  \tag{19}\\
\boldsymbol{\sigma} \cdot \boldsymbol{n}=-p_{e} \cdot \boldsymbol{n} \text { on } \partial \omega_{e}, & \boldsymbol{u}=\boldsymbol{E} \cdot \boldsymbol{x} \quad \text { on } \partial V .
\end{array}\right\}
$$

Note that, in these relations, the local stress field $\boldsymbol{\sigma}$ is the stress field at the mesoscopic scale (and therefore corresponds to $\boldsymbol{\Sigma}$ in the relation (17). The change of variables

$$
\boldsymbol{\sigma}^{*}=\boldsymbol{\sigma}+b_{1} p_{b} \boldsymbol{i}
$$

leads to:

$$
\left.\begin{array}{ll}
\boldsymbol{\sigma}^{*}=\boldsymbol{C}_{1}^{h o m}: \boldsymbol{\varepsilon} \text { in } V-\omega_{e}, & \operatorname{div}\left(\boldsymbol{\sigma}^{*}\right)=\mathbf{0} \quad \text { in } V,  \tag{20}\\
\boldsymbol{\sigma}^{*} \cdot \boldsymbol{n}=\left(b_{1} p_{b}-p_{e}\right) \cdot \boldsymbol{n} \text { on } \partial \omega_{e}, & \boldsymbol{u}=\boldsymbol{E} \cdot \boldsymbol{x} \quad \text { on } \partial V .
\end{array}\right\}
$$

A second use of the generic result (14) yields the following expression of $\boldsymbol{\Sigma}^{*}=\left\langle\boldsymbol{\sigma}^{*}\right\rangle_{V}$ (where the field $\boldsymbol{\sigma}^{*}$ has been extended by a uniform pressure field in $\omega_{e}$ ):

$$
\begin{equation*}
\Sigma^{*}=\boldsymbol{C}_{2}^{h o m}: \boldsymbol{E}-\boldsymbol{B}_{2}\left(p_{e}-b_{1} p_{b}\right) \tag{21}
\end{equation*}
$$

The macroscopic stress $\boldsymbol{\Sigma}$, defined as $\langle\boldsymbol{\sigma}\rangle_{V}$ (where $\boldsymbol{\sigma}$ has been suitably extended by a uniform pressure field in $\omega_{e}$ ) can consequently be expressed as:

$$
\begin{equation*}
\boldsymbol{\Sigma}=\boldsymbol{C}_{2}^{\text {hom }}: \boldsymbol{E}-\boldsymbol{B}_{2}\left(p_{e}-b_{1} p_{b}\right)-b_{1} p_{b} \boldsymbol{i} \tag{22}
\end{equation*}
$$

The effective stiffness $\boldsymbol{C}_{2}^{\text {hom }}$ is estimated by a predictive scheme describing accurately the effective elastic properties of an isotropic matrix containing a random distribution of ellipsoidal voids. For this purpose, the upper bound of Ponte Castañeda and Willis (1995) will be adopted. The corresponding expressions of the bulk and shear moduli are given in Appendix A (where $k$ and $\mu$ have to be replaced by $k_{1}^{H S}$ and $\mu_{1}^{H S}$ ). By virtue of the isotropy of the voided material at the macroscopic scale, the Biot tensor $\boldsymbol{B}_{2}$ is itself isotropic:

$$
\begin{equation*}
\boldsymbol{B}_{2}=b_{2} \boldsymbol{i}, \quad b_{2}=1-\frac{k_{2}^{P C W}}{k_{1}^{H S}} \tag{23}
\end{equation*}
$$

where $k_{2}^{P C W}$ is the bulk modulus given by the upper bound of Ponte Castañeda and Willis (1995). Finally the relation (22) reduces to:

$$
\boldsymbol{\Sigma}=\boldsymbol{C}_{2}^{P C W}: \boldsymbol{E}-\left[b_{2}\left(p_{e}-b_{1} p_{b}\right)+b_{1} p_{b}\right] \boldsymbol{i}
$$

To conclude this section about the poro-elastic properties of porous materials with two populations of voids, we note that the present model requires the determination of two elastic moduli $k_{1}^{H S}$ and $\mu_{1}^{H S}$ given by the relations (18), from which two other elastic moduli $k_{2}^{P C W}$ and $\mu_{2}^{P C W}$ are given by the relations (A.3) and (A.6). The two Biot's coefficients $b_{1}$ and $b_{2}$ are given by the relations (18) and (23). Finally, in the elastic regime, the overall hydrostatic stress and the overall stress deviator can be expressed as:

$$
\begin{equation*}
\Sigma_{m}=3 k_{2}^{P C W} E_{m}-b_{2} p_{e}+\left(b_{2}-1\right) b_{1} p_{b}, \quad \boldsymbol{\Sigma}^{d e v}=2 \mu_{2}^{P C W} \boldsymbol{E}^{d e v} \tag{24}
\end{equation*}
$$

where

$$
\Sigma_{m}=\frac{1}{3} \Sigma_{i i}, \quad E_{m}=\frac{1}{3} E_{i i}, \quad \boldsymbol{\Sigma}^{d e v}=\boldsymbol{\Sigma}-\Sigma_{m} \boldsymbol{i}, \quad \boldsymbol{E}^{d e v}=\boldsymbol{E}-E_{m} \boldsymbol{i}
$$

For further use, it is also useful to introduce the equivalent stress and strain:

$$
\Sigma_{e q}=\left(\frac{3}{2} \Sigma_{i j}^{d e v} \Sigma_{i j}^{d e v}\right)^{1 / 2}, \quad E_{e q}=\left(\frac{2}{3} E_{i j}^{d e v} E_{i j}^{d e v}\right)^{1 / 2}
$$

## 4 Poro-plasticity: upper bounds

### 4.1 Effective dissipation potential and effective flow surface

In the present section, the material is, at the microscopic scale, an incompressible, rigid ideally-plastic matrix (von Mises criterion with yield stress $\sigma_{0}$ ). Elastic deformations are neglected and the question addressed here is the determination of the effective flow surface of porous materials containing two populations of voids. At this stage of the study the microstructure is fixed, in other words the two void volume-fractions $f_{b}$, and $f_{e}$, the void aspect ratio $w$ and the distribution of the voids are fixed.

Due to the difference in size of the two populations of voids, the homogenization process is performed into two successive steps. The smaller spherical voids are homogenized first and the resulting homogenized medium, denoted by $M_{1}$, corresponds to a compressible rigid-plastic material. This problem has been extensively studied in the literature and we shall rely on existing results for this first transition of scale (see section 4.3) by adopting the Gurson-Tvergaard-Needleman model for $M_{1}$. Then a second transition of scales is performed, where the effective properties of a compressible rigid-plastic material $M_{1}$ containing randomly oriented ellipsoidal voids are estimated. Most of this section is devoted to this second scale transition. Our derivation is a combination of the two main lines of thought for the derivation of the effective properties of plastic porous materials from a micromechanical approach.

Both approaches are based on the minimization of the average plastic dissipation in a representative volume element under an imposed macroscopic strain-rate and the corresponding variational principle reads as:

$$
\begin{equation*}
\boldsymbol{\Sigma}=\frac{\partial \Phi}{\partial \dot{\boldsymbol{E}}}(\dot{\boldsymbol{E}}, p), \Phi(\dot{\boldsymbol{E}}, p)=\inf _{\boldsymbol{u} \in \mathcal{K}(\dot{\boldsymbol{E}})} \frac{1}{|V|} \int_{V-\omega} \varphi(\boldsymbol{\varepsilon}(\dot{\boldsymbol{u}})) d \boldsymbol{x}+p \int_{\partial \omega} \dot{\boldsymbol{u}} \cdot \boldsymbol{n} d s \tag{25}
\end{equation*}
$$

where usually in the literature $p=0$ (but not here). $\boldsymbol{\Sigma}$ and $\dot{\boldsymbol{E}}$ denote respectively the stress and strain-rate at the largest scale, $\mathcal{K}(\dot{\boldsymbol{E}})$ denotes the set of velocity fields $\dot{\boldsymbol{u}}$ satisfying $\dot{\boldsymbol{u}}=\dot{\boldsymbol{E}} . \boldsymbol{x}$ on $\partial V$, and $\varphi$ is the dissipation potential of the matrix. The scale is not specified, as the variational principle (25) applies to both changes of scale (from the microscopic scale to the mesoscopic one, or from the mesoscopic scale to the macroscopic one). It should be noted that the dissipation potential $\varphi$, whose detailed expression depends on
the problem at hand, is positively homogeneous of degree 1, i.e. satisfies

$$
\varphi(\lambda \dot{\varepsilon})=\lambda \varphi(\dot{\varepsilon}) \quad \text { for all positive } \lambda .
$$

It can be readily checked that the overall potential $\Phi$ exhibits the same homogeneity of degree 1 as the local potential $\varphi$. As a result, an effective plasticity domain $P^{h o m}(p)$ in which the macroscopic stress $\boldsymbol{\Sigma}$ is constrained to stay can be associated to the effective dissipation potential is $\Phi(., p)$. $P^{h o m}(p)$ is defined by:

$$
\begin{equation*}
P^{\text {hom }}(p)=\{\boldsymbol{\Sigma} \text { such that } \boldsymbol{\Sigma}: \dot{\boldsymbol{E}} \leq \Phi(\dot{\boldsymbol{E}}, p) \quad \text { for all } \dot{\boldsymbol{E}}\} . \tag{26}
\end{equation*}
$$

The boundary of $P^{\text {hom }}(p)$ is the effective flow surface of the material and consists of all stresses deriving from the potential $\Phi$ :

$$
\begin{equation*}
\text { when } \dot{\boldsymbol{E}} \neq \mathbf{0}, \quad \boldsymbol{\Sigma}=\frac{\partial \Phi}{\partial \dot{\boldsymbol{E}}}(\dot{\boldsymbol{E}}, p) \text { belongs to the effective flow surface. } \tag{27}
\end{equation*}
$$

### 4.2 On bounding techniques for the effective potential

Two different approaches are classically followed in drained materials to obtain bounds or estimates for the effective potential of voided materials. The first approach finds its roots in the seminal paper of Gurson (1977) and consists in using the nonlinear variational principle (25) with suitably chosen velocity fields. This procedure leads to an upper bound for the effective flow surface of the porous material under consideration, sharp bounds being obtained when the velocity fields used in the analysis are close approximations to the actual velocity fields in the volume element. The velocity fields originally used in Gurson's study of a single hollow sphere, were split into two contributions, one corresponding to a change of volume of the void without change in shape and the other part corresponding to a change in shape without change in volume. Gurson's velocity field has been generalized to more general geometries, but still sufficiently simple to be amenable to analytical calculations, to take advantage of, for instance, the incompressibility condition. To the best of the authors' knowledge the most general geometry for which accurate analytical velocity fields have been constructed is a hollow spheroidal domain delimited by two confocal spheroids (Gologanu et al., 1993, 1994).

The second line of thought follows the variational method of Ponte Castañeda (1991) which proceeds by transforming the nonlinear variational problem into a variational problem for a linear comparison composite ( $L C C$ ) with a corrective term accounting for the difference between the actual nonlinear composite and the LCC. This variational method has been later interpreted by Suquet (1995) as a modified secant method where the effective strain in each individual phase is not the average strain over this phase but is related to its second moment (note that similar models based on second moments may also be found in Qiu and Weng 1992, Hu 1996 and Buryachenko 1996, with, however, no mention of the upper bound character of this modified secant method). The variational method
can be easily extended to porous materials containing aligned, or randomly oriented, ellipsoidal voids and in fact to any microstructure for which an accurate predictive scheme is available for linear properties. This flexibility has allowed Ponte Castañeda and Zaidman (1996); Zaidman and Ponte Castañeda (1996) to model microstructure evolution (change in void shape, orientation and distribution) in nonlinearly viscous porous materials.

The two methods have different merits and different ranges of application. In the Gurson model, the first contribution to the velocity field is the exact velocity field in a hollow sphere under hydrostatic tension whereas the second contribution corresponds to a uniform strain-rate and is therefore far from reality. Not surprisingly, the Gurson model is accurate under hydrostatic stress, in the sense that its prediction coincides with the exact limit load of a hollow sphere (or any hollow sphere assemblage) under hydrostatic tension, $-\frac{2}{3} \sigma_{0} \log f$ where $f$ is the porosity, which can be considered as sharp. However its prediction under purely deviatoric loading conditions, $\sigma_{0}(1-f)$, is the Voigt upper bound and is therefore likely to be a rather poor upper bound.

The situation for the variational method is opposite. The predictions, which have an upper bound character at all stress triaxialities, are accurate under purely deviatoric loading conditions (at least more accurate than that of the Gurson model) but are excessively high for hydrostatic loadings. In order to improve on these predictions for hydrostatic stress, Bilger et al. (2002) have proposed to consider the matrix as composed of $N$ different phases, each phase corresponding to a thin spherical shell. In the LCC, each shell is assigned secant moduli which are different from those of the neighbouring shells. This procedure improves significantly on the predictions of the variational method (where the matrix is treated as a single phase). It recovers (when $N$ is large enough) the exact result under hydrostatic loading (exact for a hollow sphere) and satisfies at all stress triaxialities the upper bound given by the variational method. The subdivision of the matrix into $N$ subdomains, which accounts better for the strain heterogeneity in the matrix, will play an important role in our analysis.

### 4.3 First transition: von Mises matrix containing spherical voids

The problem considered in this first change of scale is that of a von Mises matrix containing a random distribution of spherical cavities subjected to an internal pressure $p_{b}$. In this first upscaling the dissipation potential corresponds to the von Mises criterion:

$$
\varphi^{V M}(\dot{\varepsilon})=\sigma_{0} \dot{\varepsilon}_{e q} \text { when } \dot{\varepsilon}_{m}=0, \quad \varphi^{V M}(\dot{\varepsilon})=+\infty \text { otherwise }
$$

### 4.3.1 Drained materials

In the case of drained materials where $p_{b}=0$ (stress-free voids), the effective (mesoscopic) potential can be bounded from above by the potential

$$
\begin{equation*}
\varphi^{G u r}(\dot{\varepsilon})=\sigma_{0} \int_{q_{1} f_{b}}^{1} \sqrt{\frac{4 \dot{\varepsilon}_{m}^{2}}{y^{2}}+\frac{\dot{\varepsilon}_{e q}^{2}}{q_{3}}} d y \tag{28}
\end{equation*}
$$

and the corresponding flow surface is given (see Gărăjeu and Suquet 1997 or Leblond 2002) by the Gurson-Tvergaard-Needleman criterion (Gurson, 1977; Koplik and Needleman, 1988; Tvergaard, 1990):

$$
\begin{equation*}
q_{3}\left(\frac{\Sigma_{e q}}{\sigma_{0}}\right)^{2}+2 q_{1} f_{b} \cosh \left(\frac{3}{2} \frac{\Sigma_{m}}{\sigma_{0}}\right)-1-\left(q_{1} f_{b}\right)^{2}=0 \tag{29}
\end{equation*}
$$

where $\boldsymbol{\Sigma}$ is the mesoscopic stress. The coefficients $q_{1}$ and $q_{3}$, equal to 1 in the original analysis of Gurson, have been introduced by Needleman and Tvergaard to better reproduce unit-cell simulations. The parameter $q_{1}$ governs the critical porosity at which the material looses its carrying capacity and a range of recommended values for $q_{1}$ has been determined by Koplik and Needleman (1988) based on numerical simulations of the response of a cylindrical unit-cell containing an initially spherical void. The parameter $q_{3}$ determines the maximal shear which can be sustained by the voided material. A good agreement with Finite Element simulations and with existing bounds is obtained with:

$$
\begin{equation*}
q_{1}=1.25, \quad q_{3}\left(f_{b}\right)=\left(1+\frac{2}{3} f_{b}\right) \frac{\left(1-q_{1} f_{b}\right)^{2}}{\left(1-f_{b}\right)^{2}} \tag{30}
\end{equation*}
$$

Leblond et al. (1994) have introduced the pre-factor $1+\frac{2}{3} f_{b}$ in the expression of $q_{3}$ to satisfy the upper bound of Ponte Castañeda (1991) for a purely deviatoric loading $\left(\Sigma_{e q} \leq\right.$ $\left.\sigma_{0}\left(1-f_{b}\right) / \sqrt{1+\frac{2}{3} f_{b}}\right)$. Although the values (30) are recommended, most of the present analysis remains valid with arbitrary $q_{1}$ and $q_{3}$.

### 4.3.2 Saturated materials

When the voids are saturated and subjected to an internal pressure $p_{b}$ (identical in all voids), and when the matrix is incompressible, the mesoscopic flow surface of the medium $M_{1}$ is obtained from the flow surface of the drained case by a shift along the axis of hydrostatic stresses, $\Sigma_{m}$ being replaced by $\Sigma_{m}+p_{b}$ :

$$
\begin{equation*}
q_{3}\left(\frac{\Sigma_{e q}}{\sigma_{0}}\right)^{2}+2 q_{1} f_{b} \cosh \left(\frac{3}{2} \frac{\Sigma_{m}+p_{b}}{\sigma_{0}}\right)-1-\left(q_{1} f_{b}\right)^{2}=0 \tag{31}
\end{equation*}
$$

There are several possible proofs of (31). For instance, starting from the variational principle (25) with $\omega=\omega_{b}$ and $p=p_{b}$, one can note that the overall (mesoscopic) dilatation-rate
reads as:

$$
3 \dot{E}_{m}=\frac{1}{|V|} \int_{\partial V} \dot{\boldsymbol{u}} \cdot \boldsymbol{n} d s=\frac{1}{|V|}\left(\int_{V-\omega_{b}} 3 \dot{\varepsilon}_{m} d \boldsymbol{x}-\int_{\partial \omega_{b}} \dot{\boldsymbol{u}} \cdot \boldsymbol{n} d s\right) .
$$

It follows from this relation and from the matrix incompressibility that the last integral in (25) can be replaced by $-\operatorname{tr} \dot{\boldsymbol{E}}$. Finally the overall (mesoscopic) stress in the drained case reads as:

$$
\begin{equation*}
\boldsymbol{\Sigma}=\frac{\partial}{\partial \dot{\boldsymbol{E}}}\left(\inf _{\boldsymbol{u} \in \mathcal{K}(\dot{\boldsymbol{E}})} \frac{1}{|V|} \int_{V-\omega_{b}} \varphi(\varepsilon(\dot{\boldsymbol{u}})) d \boldsymbol{x}-3 p_{b} \dot{E}_{m}\right)=\frac{\partial \Phi}{\partial \dot{\boldsymbol{E}}}(\dot{\boldsymbol{E}}, 0)-p_{b} \boldsymbol{i}, \tag{32}
\end{equation*}
$$

where $\Phi(\dot{\boldsymbol{E}}, 0)$ is the effective potential in the drained case. In other words, when the matrix is incompressible at the microscopic scale, the stress $\boldsymbol{\Sigma}$ in the saturated material is such that $\boldsymbol{\Sigma}+p_{b} \boldsymbol{i}$ satisfies the effective constitutive equations for the drained material. In particular, in the case of a rigid-plastic matrix $\boldsymbol{\Sigma}+p_{b} \boldsymbol{i}$ satisfies the criterion (29). In addition, it follows from (32) that the mesoscopic effective potential satisfies:

$$
\begin{equation*}
\Phi\left(\dot{\boldsymbol{E}}, p_{b}\right)=\Phi(\dot{\boldsymbol{E}}, 0)-3 p_{b} \dot{E}_{m} . \tag{33}
\end{equation*}
$$

### 4.4 Second scale transition: randomly oriented spheroidal voids in a Gurson matrix

In the second transition of scales, the domain $V$ consists of a matrix, which obeys the constitutive law $M_{1}$ derived by the first scale transition with a potential $\varphi\left(\dot{\varepsilon}, p_{b}\right)$ and a random distribution of oblate ellipsoidal cavities with random orientation. The mesoscopic potential $\varphi$ is obtained by the first scale transition and, according to the relation (33) satisfies:

$$
\begin{equation*}
\varphi\left(\dot{\varepsilon}, p_{b}\right)=\varphi(\dot{\varepsilon}, 0)-3 p_{b} \dot{\varepsilon}_{m}=\varphi^{G u r}(\dot{\varepsilon})-3 p_{b} \dot{\varepsilon}_{m} \tag{34}
\end{equation*}
$$

The domain occupied by the voids is $\omega_{e}$ with total porosity $f_{e}$, the void aspect-ratio (ratio between the vertical and the horizontal axis of the voids as shown in Fig. B.1) is $w$ and the internal pressure is $p_{e}$. The variational principle (25) then reads:

$$
\boldsymbol{\Sigma}=\frac{\partial \Phi}{\partial \dot{\boldsymbol{E}}}\left(\dot{\boldsymbol{E}}, p_{b}, p_{e}\right),
$$

with

$$
\Phi\left(\dot{\boldsymbol{E}}, p_{b}, p_{e}\right)=\inf _{\dot{u} \in \mathcal{K}(\dot{\boldsymbol{E}})} \frac{1}{|V|}\left(\int_{V-\omega_{e}} \varphi\left(\boldsymbol{\varepsilon}(\dot{\boldsymbol{u}}), p_{b}\right) d \boldsymbol{x}+p_{e} \int_{\partial \omega_{e}} \dot{\boldsymbol{u}} \cdot \boldsymbol{n} d s\right) .
$$

The effective potential $\Phi$ can be expressed by means of (34) and of the relation:

$$
\frac{1}{|V|} \int_{V-\omega_{e}} 3 \dot{\varepsilon}_{m} d \boldsymbol{x}=3 \dot{E}_{m}+\frac{1}{|V|} \int_{\partial \omega_{e}} \dot{\boldsymbol{u}} \cdot \boldsymbol{n} d s
$$

as:

$$
\Phi\left(\dot{\boldsymbol{E}}, p_{b}, p_{e}\right)=\left[\inf _{\boldsymbol{u} \in \mathcal{K}(\dot{\boldsymbol{E}})} \frac{1}{|V|}\left(\int_{V-\omega_{e}} \varphi^{G u r}\left(\varepsilon(\dot{\boldsymbol{u}}) d \boldsymbol{x}+\left(p_{e}-p_{b}\right) \int_{\partial \omega_{e}} \dot{\boldsymbol{u}} \cdot \boldsymbol{n} d s\right)\right]-3 p_{b} \dot{E}_{m} .\right.
$$

or equivalently:

$$
\begin{equation*}
\Phi\left(\dot{\boldsymbol{E}}, p_{b}, p_{e}\right)=\Phi\left(\dot{\boldsymbol{E}}, 0, p_{e}-p_{b}\right)-3 p_{b} \dot{E}_{m} . \tag{35}
\end{equation*}
$$

In other words:

When the two populations of voids are saturated, with pressure $p_{b}$ in the small voids and $p_{e}$ in the large voids, and when the matrix is incompressible at the microscopic scale, it is sufficient to perform the second scale transition for a drained porous matrix ( $p_{b}=0$ ), provided that the pressure in the larger voids is set equal to $p^{*}=p_{e}-p_{b}$.

Regarding the local fields, the mesoscopic strain field in the actual saturated matrix is exactly that in the fictitious drained matrix whereas the stress field is shifted uniformly by $-p_{b} \boldsymbol{i}$ (as can be seen by inspecting the Euler-Lagrange equations associated with the variational principles defining $\Phi\left(\dot{\boldsymbol{E}}, p_{b}, p_{e}\right)$ and $\left.\Phi\left(\dot{\boldsymbol{E}}, 0, p_{e}-p_{b}\right)\right)$. The same shift applies to the overall macroscopic stress. Assuming that the second scale transition can be performed for a drained matrix and that the macroscopic stress $\boldsymbol{\Sigma}^{*}$ corresponding to an overall strainrate $\dot{\boldsymbol{E}}$ is known, then the macroscopic stress in the actual saturated material is

$$
\begin{equation*}
\boldsymbol{\Sigma}=\boldsymbol{\Sigma}^{*}-p_{b} \boldsymbol{i}, \quad \boldsymbol{\Sigma}^{*}=\frac{\partial \Phi}{\partial \dot{\boldsymbol{E}}}\left(\dot{\boldsymbol{E}}, 0, p_{e}-p_{b}\right) . \tag{36}
\end{equation*}
$$

It is readily seen that the effective dissipation potential $\Phi\left(\dot{\boldsymbol{E}}, p_{b}, p_{e}\right)$ is a positively homogeneous function of degree 1 of the strain-rate $\dot{\boldsymbol{E}}$, independently of the internal pressures $p_{b}$ or $p_{e}$. Thanks to the general result leading to (26) there exists an effective plasticity domain $P^{\text {hom }}\left(p_{b}, p_{e}\right)$ depending on the two pressures $p_{b}$ and $p_{e}$. The relation (36) implies that the plasticity domain $P^{h o m}\left(p_{b}, p_{e}\right)$ is obtained from the plasticity domain $P^{h o m}\left(0, p_{e}-p_{b}\right)$ corresponding to a drained matrix at the microscopic scale by a translation $-p_{b} \boldsymbol{i}$.

Another calculation, similar to that leading to (35), yields:

$$
\Phi\left(\dot{\boldsymbol{E}}, p_{b}, p_{e}\right)=\Phi\left(\dot{\boldsymbol{E}}, p_{b}-p_{e}, 0\right)-3 p_{e} \dot{E}_{m} .
$$

Therefore, one could determine the potential $\Phi\left(\dot{\boldsymbol{E}}, p_{b}-p_{e}, 0\right)$ corresponding to a saturated matrix (at the microscopic scale) weakened by drained ellipsoidal voids.

### 4.5 Second scale transition: an upper bound à la Gologanu

Thanks to the result (35), the small voids can be considered as stress-free in the rest of this section whereas the large voids are subjected to an internal pressure $p^{*}=p_{e}-p_{b}$, without loss of generality. It is sufficient to consider from now on the variational problem:

$$
\begin{equation*}
\Phi\left(\dot{\boldsymbol{E}}, 0, p^{*}\right)=\inf _{\boldsymbol{u} \in \mathcal{K}(\dot{E})} \frac{1}{|V|}\left(\int_{V-\omega_{e}} \varphi^{G u r}(\varepsilon(\dot{\boldsymbol{u}})) d \boldsymbol{x}+p^{*} \int_{\partial \omega_{e}} \dot{\boldsymbol{u}} \cdot \boldsymbol{n} d s\right) . \tag{37}
\end{equation*}
$$

When $p^{*}=0$ and when the matrix is a von Mises matrix, Gologanu et al. (1994) have proposed an incompressible velocity field for a special geometry of the elementary volume element in which the matrix occupies an ellipsoidal domain containing at its center an ellipsoidal void, the inner and outer surfaces being confocal ellipsoids. This velocity field, denoted by $\dot{\boldsymbol{u}}^{\text {Gol }}$, satisfies the boundary condition $\dot{\boldsymbol{u}}=\dot{\boldsymbol{E}} \cdot \boldsymbol{x}$ on its outer boundary. Therefore it can be extended to any volume $V$ filled-in with an arbitrary assemblage of such self-similar hollow ellipsoids identical to the reference ellipsoid up to an arbitrary rotation and dilatation (the filling-in process requires an infinite number of ellipsoids with smaller and smaller size). This velocity field is constructed sequentially as follows. First the field $\dot{\boldsymbol{u}}$ is set equal to $\dot{\boldsymbol{E}} \cdot \boldsymbol{x}$ in the whole domain $V$. Then a first ellipsoid is considered and the field is prescribed to be Gologanu et al. (1994)'s velocity field inside the ellipsoid and $\boldsymbol{E} \cdot \boldsymbol{x}$ outside. This field is continuous across the outer boundary of the ellipsoid. Then a second ellipsoid is considered and the same construction is repeated sequentially until the field is defined in all ellipsoids in the assemblage. The limit field (in the limit as all ellipsoids are taken into account) is continuous and satisfies $\dot{\boldsymbol{u}}=\dot{\boldsymbol{E}} \cdot \boldsymbol{x}$ on the outer boundary $\partial V$. However, the extended velocity fields inherit the incompressibility


Fig. 4. Assemblage of self-similar randomly oriented hollow ellipsoids. Unit pattern (left). Rotated and dilated hollow ellipsoid (center). Representative volume element (right).
constraint present, by construction, in the field of Gologanu et al. (1994). Compressibility is introduced by adding to the incompressible velocity field $\dot{\boldsymbol{u}}^{\text {Gol }}$ another contribution corresponding to a pure and uniform dilatation in the matrix:

$$
\dot{\boldsymbol{u}}=\dot{\boldsymbol{u}}^{G o l}+A \boldsymbol{x}, \quad \dot{\boldsymbol{\varepsilon}}=\dot{\boldsymbol{\varepsilon}}^{G o l}+A \boldsymbol{i}
$$

$A$ is a scalar parameter which captures the average dilatation rate in the matrix (it is unlikely that the dilatation rate is uniform in the matrix, but it is expected that its average can be reasonably determined by using this type of trial field). $A$ is determined through the variational property (37). The mean strain-rate and the equivalent strain-rate of the fields are related to those of Gologanu et al. (1994) by:

$$
\dot{\varepsilon}_{m}=A, \quad \dot{\varepsilon}_{e q}=\dot{\varepsilon}_{e q}^{G o l},
$$

and the corresponding expressions can be incorporated in (37) with (28). The computations, which follow in part the work of Gologanu et al. (1994) are a bit tedious and the reader is referred to Vincent et al. (2008) for more details. The result is that the effective
potential can be bounded from above by:

$$
\begin{equation*}
\Phi\left(\dot{\boldsymbol{E}}, 0, p^{*}\right) \leq \inf _{A}\left[\sigma_{0} \int_{q_{1} f_{b}}^{1} \int_{\lambda_{1}}^{\lambda_{2}} H\left(\lambda, A, y, \dot{E}_{m}, \dot{E}_{e q}\right) d \lambda d y-3 p^{*} \dot{E}_{m}+3\left(1-f_{e}\right) p^{*} A\right], \tag{38}
\end{equation*}
$$

where

$$
\begin{equation*}
H\left(\lambda, A, y, \dot{E}_{m}, \dot{E}_{e q}\right)=\sqrt{J^{2}(\lambda) \frac{4 A^{2}}{y^{2}}+\frac{J(\lambda)}{q_{3}}\left(3 Q_{J}(\lambda)\left(\dot{E}_{m}-A\right)^{2}+J(\lambda) \dot{E}_{e q}^{2}\right)}, \tag{39}
\end{equation*}
$$

where the functions $J, Q_{J}$ are given in Appendix B. $\lambda$ is a geometric parameter attached to a continuous family of confocal ellipsoids varying between the outer and the inner boundaries of the hollow spheroid of reference defined respectively by $\lambda=\lambda_{1}$ and $\lambda=\lambda_{2}$ (see Fig. B. 1 in Appendix B). Again $A$ represents the hydrostatic strain rate in the matrix and is determined by minimization of the plastic dissipation. Let us denote by $A_{\text {sol }}$ the solution of this minimization problem. Using the relation (36), the effective flow surface for the saturated material with two pressure $p_{b}$ and $p_{e}$ is defined by the parametric equations:

$$
\left.\begin{array}{l}
\Sigma_{m}=-p_{e}+\frac{\sigma_{0}}{q_{3}} \int_{q_{1} f_{b}}^{1} \int_{\lambda_{1}}^{\lambda_{2}} \frac{J(\lambda) Q_{J}(\lambda)}{H\left(\lambda, A_{\text {sol }}, y, \dot{E}_{m}, \dot{E}_{e q}\right)} d \lambda d y\left(\dot{E}_{m}-A_{\text {sol }}\right)  \tag{40}\\
\Sigma_{e q}=\quad \frac{\sigma_{0}}{q_{3}} \int_{q_{1} f_{b}}^{1} \int_{\lambda_{1}}^{\lambda_{2}} \frac{J^{2}(\lambda)}{H\left(\lambda, A_{\text {sol }}, y, \dot{E}_{m}, \dot{E}_{e q}\right)} d \lambda d y \dot{E}_{e q}
\end{array}\right\}
$$

As will be shown below, this upper bound is sharp for a purely hydrostatic loading but is rather inaccurate for purely deviatoric stresses. In the next section, an improved upper bound for purely deviatoric loadings is derived.

Remark: In the drained case ( $p_{b}=p_{e}=0$ ), Vincent et al. (2008) have obtained an accurate analytical estimate of the yield criterion with $A=\frac{q_{1} f_{b}}{f_{e}+q_{1} f_{b}} \dot{E}_{m}$ (any choice of $A$ delivers an upper bound).

### 4.6 Second scale transition: an upper bound based on the variational procedure of Ponte Castañeda

The second way to obtain bounds and estimates on the effective properties of porous media follows the variational approach of Ponte Castañeda (1991). Central to this technique is the notion of a linear comparison composite (LCC) (see Ponte Castañeda and Suquet 1998) which, here, exhibits the same geometry as the original nonlinear material and whose properties are determined (optimally) by a nonlinear closure condition. The LCC is composed of a linear matrix phase with stiffness $\boldsymbol{C}_{0}$ and its effective energy is added
and substracted to the effective dissipation potential:

$$
\begin{equation*}
\Phi\left(\dot{\boldsymbol{E}}, 0, p^{*}\right) \leq \inf _{\boldsymbol{C}_{0} \geq 0}\left(w_{0}^{h o m}\left(\dot{\boldsymbol{E}}, p^{*}\right)+\left(1-f_{e}\right) \mathcal{V}_{0}\left(\boldsymbol{C}_{0}\right)\right) \tag{41}
\end{equation*}
$$

where $w_{0}^{\text {hom }}\left(\dot{\boldsymbol{E}}, p^{*}\right)$ is the overall energy in the LCC whose expression is similar to (12) (with the strain replaced by the strain-rate):

$$
\begin{align*}
w_{0}^{h o m}\left(\dot{\boldsymbol{E}}, p^{*}\right) & =\inf _{\boldsymbol{u} \in \mathcal{K}(\boldsymbol{E})} \frac{1}{|V|}\left(\int_{V-w_{e}} \frac{1}{2} \varepsilon(\dot{\boldsymbol{u}}): \boldsymbol{C}_{0}: \boldsymbol{\varepsilon}(\dot{\boldsymbol{u}}) d \boldsymbol{x}+p^{*} \int_{\partial \omega_{e}} \dot{\boldsymbol{u}} \cdot \boldsymbol{n} d s\right) \\
& =\frac{1}{2} \dot{\boldsymbol{E}}: \boldsymbol{C}_{0}^{h o m}: \dot{\boldsymbol{E}}-p^{*} \boldsymbol{B}: \dot{\boldsymbol{E}}-\frac{1}{2} \frac{\left(p^{*}\right)^{2}}{M} \tag{42}
\end{align*}
$$

and $\mathcal{V}_{0}\left(\boldsymbol{C}_{0}\right)$ is defined as

$$
\mathcal{V}_{0}\left(\boldsymbol{C}_{0}\right)=\sup _{\dot{\boldsymbol{\varepsilon}} \in \mathbb{R}_{3}^{3 \times 3}}\left(\varphi^{\text {Gur }}(\dot{\boldsymbol{\varepsilon}})-\frac{1}{2} \dot{\varepsilon}: \boldsymbol{C}_{0}: \dot{\boldsymbol{\varepsilon}}\right) .
$$

Two properties of the effective properties of the LCC are worth noting. First, the Euler equations associated with the variational problem defining $w_{0}^{h o m}$ read as:

$$
\left.\begin{array}{lll}
\boldsymbol{\sigma}^{*}=\boldsymbol{C}_{0}: \dot{\boldsymbol{\varepsilon}} & \text { in } V-\omega_{e}, & \operatorname{div}\left(\boldsymbol{\sigma}^{*}\right)=\mathbf{0} \quad \text { in } V,  \tag{43}\\
\boldsymbol{\sigma}^{*} \cdot \boldsymbol{n}=-p^{*} \boldsymbol{n} & \text { on } \partial \omega_{e}, & \dot{\boldsymbol{u}}=\dot{\boldsymbol{E}} \cdot \boldsymbol{x}
\end{array} \quad \text { on } \partial V .\right\}
$$

Second, the second-moment of the strain-rate field on the matrix $M=V-\omega_{e}$ in the LCC can be computed from $w_{0}^{\text {hom }}$ thanks to a general result for linear composites (Kreher and Pompe, 1985; Ponte Castañeda and Suquet, 1998):

$$
\begin{equation*}
\frac{1}{2}\langle\dot{\boldsymbol{\varepsilon}} \otimes \dot{\boldsymbol{\varepsilon}}\rangle_{M}=\frac{1}{\left|V-\omega_{e}\right|} \int_{V-\omega_{e}} \frac{1}{2} \dot{\boldsymbol{\varepsilon}} \otimes \dot{\boldsymbol{\varepsilon}} d \boldsymbol{x}=\frac{1}{1-f_{e}} \frac{\partial w_{0}^{h o m}}{\partial \boldsymbol{C}_{0}}\left(\dot{\boldsymbol{E}}, p^{*}\right) . \tag{44}
\end{equation*}
$$

Note that, in the expression of $w_{0}^{h o m}$ not only $\boldsymbol{C}_{0}^{h o m}$ but also $\boldsymbol{B}$ and $M$ depend on $\boldsymbol{C}_{0}$ (this dependence is implicit). To obtain a more explicit form of $\mathcal{V}_{0}\left(\boldsymbol{C}_{0}\right)$ note that the Gurson potential, which is a function of $\dot{\varepsilon}_{m}^{2}$ and $\dot{\varepsilon}_{e q}^{2}$ can be written in terms of the fourth-order tensor $\dot{\boldsymbol{e}}$ :

$$
\dot{\boldsymbol{e}}=\frac{1}{2} \dot{\boldsymbol{\varepsilon}} \otimes \dot{\boldsymbol{\varepsilon}}, \quad \dot{\varepsilon}_{m}^{2}=\frac{2}{3} \boldsymbol{J}:: \dot{\boldsymbol{e}}, \quad \dot{\varepsilon}_{e q}^{2}=\frac{4}{3} \boldsymbol{K}:: \dot{\boldsymbol{e}} \quad \text { where } \quad \boldsymbol{J}=\frac{1}{3} \boldsymbol{i} \otimes \boldsymbol{i}, \quad \boldsymbol{K}=\boldsymbol{I}-\boldsymbol{J},
$$

and therefore

$$
\begin{equation*}
\varphi^{G u r}(\dot{\varepsilon})=\phi^{G u r}(\dot{\boldsymbol{e}}), \tag{45}
\end{equation*}
$$

where $\phi^{\text {Gur }}$ is a convex function of $\dot{\boldsymbol{e}}$. Introducing the concave dual $\left(\phi^{\text {Gur }}\right)^{*}$ of $\phi^{\text {Gur }}$ one obtains that

$$
\mathcal{V}_{0}\left(\boldsymbol{C}_{0}\right)=\left(\phi^{G u r}\right)^{*}\left(\boldsymbol{C}_{0}\right)
$$

Then the optimality condition over $\boldsymbol{C}_{0}$ contained in (41) reads as

$$
\frac{\partial w_{0}^{h o m}}{\partial \boldsymbol{C}_{0}}\left(\dot{\boldsymbol{E}}, p^{*}\right)=-\left(1-f_{e}\right) \frac{\partial \mathcal{V}_{0}}{\partial \boldsymbol{C}_{0}}\left(\boldsymbol{C}_{0}\right)=-\left(1-f_{e}\right) \frac{\partial\left(\phi^{G u r}\right)^{*}}{\partial \boldsymbol{C}_{0}}\left(\boldsymbol{C}_{0}\right)
$$

In other words the optimal moduli for the LCC are given by:

$$
\begin{equation*}
\boldsymbol{C}_{0}=\frac{\partial \phi^{G u r}}{\partial \dot{\boldsymbol{e}}}\left(\frac{1}{1-f_{e}} \frac{\partial w_{0}^{\text {hom }}}{\partial \boldsymbol{C}_{0}}\left(\dot{\boldsymbol{E}}, p^{*}\right)\right)=\frac{\partial \phi^{\text {Gur }}}{\partial \dot{\boldsymbol{e}}}\left(\frac{1}{2}\langle\dot{\boldsymbol{\varepsilon}} \otimes \dot{\boldsymbol{\varepsilon}}\rangle_{M}\right) . \tag{46}
\end{equation*}
$$

To interpret the operator $\partial \phi^{G u r} / \partial \dot{\boldsymbol{e}}$, note that upon differentiation of the relation (45), one can write the stress-strain relation in the nonlinear composite as with respect to $\dot{\boldsymbol{\varepsilon}}$ one obtains that:

$$
\boldsymbol{\sigma}=\frac{\partial \varphi^{G u r}}{\partial \dot{\boldsymbol{\varepsilon}}}(\dot{\boldsymbol{\varepsilon}})=\frac{\partial \phi^{G u r}}{\partial \dot{\boldsymbol{e}}}(\dot{\boldsymbol{e}}): \dot{\boldsymbol{\varepsilon}} .
$$

Therefore $\partial \phi^{G u r} / \partial \dot{\boldsymbol{e}}$ is the fourth-order tensor of the secant moduli for a Gurson material. The final interpretation of the optimal elastic moduli in the LCC is that they are given by the secant moduli in a Gurson material, computed at the second moments of the strainrate field in the LCC, which depend themselves on the elastic moduli of the LCC through (44). The consistency between (46) and (44) defines precisely the closure conditions for the elastic moduli. In practice, the resulting nonlinear problem is solved using a fixed-point algorithm,
$\dot{\boldsymbol{E}}$ being prescribed:

$$
\text { Initialization: } \quad\langle\dot{\boldsymbol{e}}\rangle_{M}^{0}=\frac{1}{2} \dot{\boldsymbol{E}} \otimes \dot{\boldsymbol{E}} .
$$

Iterate $k$ : Do until convergence:

$$
\begin{equation*}
\left.\boldsymbol{C}_{0}^{k}=\frac{\partial \varphi^{G u r}}{\partial \dot{\boldsymbol{e}}}\left(\langle\dot{\boldsymbol{e}}\rangle_{M}^{k-1}\right),\langle\dot{\boldsymbol{e}}\rangle_{M}^{k}=\frac{1}{1-f_{e}} \frac{\partial w_{0}^{\text {hom }}}{\partial \boldsymbol{C}_{0}^{k}}\left(\dot{\boldsymbol{E}}, p^{*}\right)\right\} \tag{47}
\end{equation*}
$$

## Enddo

$$
\text { Output } \quad: \quad \boldsymbol{\Sigma}^{*}=\boldsymbol{C}_{0}^{h o m}: \dot{\boldsymbol{E}}-\boldsymbol{B} p^{*}
$$

Convergence is reached when the difference between two iterates is small $\left\|\langle\dot{\boldsymbol{e}}\rangle_{M}^{k}-\langle\dot{\boldsymbol{e}}\rangle_{M}^{k-1}\right\| \leq$ $\delta \|\left\langle\left\langle{ }_{\boldsymbol{e}}\right\rangle_{M}^{k} \|\right.$ with $\delta=10^{-2}$.

Once the secant modulus $\boldsymbol{C}_{0}$ of the matrix in the LCC is determined (after convergence of the above algorithm), the effective stiffness $\boldsymbol{C}_{0}^{h o m}$ of the LCC is estimated by means of the linear upper bound of Ponte Castañeda and Willis (1995). The resulting prediction is a rigorous upper bound for the effective nonlinear behavior of the material (Ponte Castañeda and Suquet, 1998).

Owing to the matrix isotropy and to the random orientation of the ellipsoidal voids, the LCC is isotropic and this has two consequences. First its Biot tensor $\boldsymbol{B}$ and its Biot modulus $1 / M$ read as:

$$
\boldsymbol{B}=b \boldsymbol{i}=\left(1-\frac{k_{0}^{P C W}}{k_{0}}\right) \boldsymbol{i}, \quad \frac{1}{M}=\frac{b-f_{e}}{k_{0}} .
$$

Second, the only second-moments which matter for the determination of the LCC are the
two invariants:

$$
\frac{2}{3}\langle\dot{\boldsymbol{e}}\rangle_{M}:: \boldsymbol{J}=\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{M}, \quad \frac{4}{3}\langle\dot{\boldsymbol{e}}\rangle_{M}:: \boldsymbol{K}=\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{M} .
$$

The relation (44) reduces to:

$$
\left.\begin{array}{l}
\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{M}=\frac{1}{1-f_{e}} \frac{\partial k_{0}^{h o m}}{\partial k_{0}} \dot{E}_{m}^{2}+\frac{1}{3\left(1-f_{e}\right)} \frac{\partial \mu_{0}^{h o m}}{\partial k_{0}} \dot{E}_{e q}^{2}-\frac{2 p^{*}}{3\left(1-f_{e}\right)} \dot{E}_{m} \frac{\partial b}{\partial k_{0}}-\frac{\left(p^{*}\right)^{2}}{9\left(1-f_{e}\right)} \frac{\partial M^{-1}}{\partial k_{0}}, \\
\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{M}=\frac{3}{1-f_{e}} \frac{\partial k_{0}^{h o m}}{\partial \mu_{0}} \dot{E}_{m}^{2}+\frac{1}{1-f_{e}} \frac{\partial \mu_{0}^{h o m}}{\partial \mu_{0}} \dot{E}_{e q}^{2}-\frac{2 p^{*}}{1-f_{e}} \dot{E}_{m} \frac{\partial b}{\partial \mu_{0}}-\frac{\left(p^{*}\right)^{2}}{3\left(1-f_{e}\right)} \frac{\partial M^{-1}}{\partial \mu_{0}} . \tag{48}
\end{array}\right\}
$$

Similarly, owing to the matrix isotropy, the fourth-order tensor $\boldsymbol{C}_{0}$ of secant moduli is characterized by a bulk and a shear modulus:

$$
\begin{align*}
& k_{0}=\frac{2}{9} \frac{\sigma_{0}}{\sqrt{\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{M}}}\left(-\operatorname{Arcsinh}\left(2 \sqrt{\frac{\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{M}}{\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{M}} q_{3}}\right)+\operatorname{Arcsinh}\left(\frac{2}{q_{1} f_{b}} \sqrt{\frac{\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{M}}{\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{M}} q_{3}}\right)\right),  \tag{49}\\
& \mu_{0}=\frac{1}{3} \frac{\sigma_{0}}{\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{M}}\left(\sqrt{4\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{M}+\frac{\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{M}}{q_{3}}}-q_{1} f_{b} \sqrt{\frac{4\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{M}}{\left(q_{1} f_{b}\right)^{2}}+\frac{\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{M}}{q_{3}}} .\right.
\end{align*}
$$

The fixed-point algorithm (47) takes a simpler form where the unknown fourth-order tensor $\langle\dot{\boldsymbol{e}}\rangle_{M}$ is replaced by the two scalars $\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{M}$ and $\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{M}$ and the two tensorial relations in (47) are replaced by the two sets of scalar equations (49) and (48).

Finally the overall stress $\boldsymbol{\Sigma}^{*}$ in the drained material is given by (47) and the actual stress in the saturated material $\boldsymbol{\Sigma}=\boldsymbol{\Sigma}^{*}-p_{b} \boldsymbol{i}$ reads as:

$$
\begin{equation*}
\boldsymbol{\Sigma}=\Sigma_{m} \boldsymbol{i}+\frac{2}{3} \Sigma_{e q} \frac{\dot{\boldsymbol{E}}^{d e v}}{\dot{E}_{e q}}, \quad \Sigma_{m}=3 k_{0}^{P C W} \dot{E}_{m}+\left(p_{e}-p_{b}\right) \frac{k_{0}^{P C W}}{k_{0}}-p_{e}, \quad \Sigma_{e q}=3 \mu_{0}^{P C W} \dot{E}_{e q} . \tag{50}
\end{equation*}
$$

The moduli $k_{0}^{P C W}$ and $\mu_{0}^{P C W}$ are given in Appendix A. The derivatives of these moduli with respect to the elastic moduli of the matrix can be obtained explicitly using a symbolic computation software but are too complicated to be given in this document.

We emphasize the fact that, once convergence is reached, the expression (42) is a rigorous upper bound for the potential (37).


Fig. 5. Spherical voids in a Gurson matrix. $f_{e}=0.1, f_{b}=0.01, q_{3}=q_{1}=1$. Drained case ( $p_{b}=p_{e}=0$ ). Comparison between different predictions: upper bound (40) (dotted line), upper bound (50) (solid line), $N$-phase model $(N=11$, dashed line), exact result (D.7) for hydrostatic loading (diamond).

### 4.7 Comparison between the two upper bounds. Orientation of the next section

The two upper bounds (40) and (50) are compared in Fig. 5 for a drained porous material $\left(p_{b}=p_{e}=0\right)$ containing two populations of spherical voids $\left(f_{e}=0.1, f_{b}=0.01\right)$. They are also compared with the exact result of Perrin (1992) (which is recalled in Appendix D and extended to saturated pores). As already observed by different authors (in particular Leblond et al. 1994; Bilger et al. 2002) the bound given by the variational method is too large for hydrostatic loadings whereas the bound given by a suitably chosen velocity field (in the spirit of Gurson's analysis) is sharp in this case. The situation is opposite for purely deviatoric loadings where the upper bound derived from the variational method is more accurate than the bound given by the Gurson-like approach. This is not surprising since the Gurson-like bound coincides with the crude Voigt bound for purely deviatoric loadings. To improve on both bounds, a $N$-phase model is presented in the next section in the spirit of the N-phase model of Bilger et al. (2002).

## 5 Poro-plasticity: a N-phase model

### 5.1 Voided materials with two populations of spherical voids

### 5.1.1 Coated spheres

When both the intragranular and intergranular voids are spherical in shape, an improvement on the prediction of the preceding section can be brought by considering the LCC as a $N$-phase composite, rather than as a two-phase medium. This is in line with the work of

Bilger et al. (2002). Consider a hollow sphere (or an assemblage of hollow spheres) where the matrix is subdivided into $N-1$ concentric spherical shells $\Omega_{i}, 2 \leq i \leq N$ surrounding the central cavity (phase 1). Each subdomain $\Omega_{i}$ with volume fraction $f_{i}$ is occupied by an elastic material with different moduli $k_{0}^{(i)}$ and $\mu_{0}^{(i)}$ (see Fig. 6 left).

The nonlinear problem which is to be solved to determine the optimal LCC consists in solving a set of 4 N nonlinear equations in each phase using a fixed-point algorithm similar to (47). The 4 equations in each phase are very similar to the equations (48) and (49). In the interest of space these equations are not explicitly given here but they consist in replacing the elastic moduli of the matrix $k_{0}$ and $\mu_{0}$ by $k_{0}^{(i)}$ and $\mu_{0}^{(i)}$ in each layer $(i=2, \ldots, N)$ and the second moments $\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{M}$ and $\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{M}$ by $\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{i}$ and $\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}$ where $\langle.\rangle_{i}$ denotes the volume averaging over $\Omega_{i}$. The secant moduli $k_{0}^{(i)}$ and $\mu_{0}^{(i)}$ are deduced from the second moments $\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{i}$ and $\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}$ by the relation (49), whereas the second moments in phase $i$ of the strain-rate field $\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{i}$ and $\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}$ are obtained by derivation of the overall effective energy with respect to the elastic moduli of phase $i$. The nonlinear equations to be solved read as:

$$
\begin{align*}
& k_{0}^{(i)}=\frac{2}{9} \sigma_{0} \frac{1}{\sqrt{\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{i}}}\left(-\operatorname{Arcsinh}\left(2 \sqrt{\frac{\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{i}}{\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}} q_{3}}\right)+\operatorname{Arcsinh}\left(\frac{2}{q_{1} f_{b}} \sqrt{\frac{\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{i}}{\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}} q_{3}}\right)\right) \\
& \mu_{0}^{(i)}=\frac{1}{3} \frac{\sigma_{0}}{\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}}\left(\sqrt{4\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{i}+\frac{\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}}{q_{3}}}-q_{1} f_{b} \sqrt{\frac{4\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{i}}{\left(q_{1} f_{b}\right)^{2}}+\frac{\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}}{q_{3}}}\right)  \tag{51}\\
& \left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{i}=\frac{1}{f_{i}} \frac{\partial k_{0}^{h o m}}{\partial k_{0}^{(i)}} \dot{E}_{m}^{2}+\frac{1}{3 f_{i}} \frac{\partial \mu_{0}^{h o m}}{\partial k_{0}^{(i)}} \dot{E}_{e q}^{2}-\frac{2 p^{*}}{3 f_{i}} \dot{E}_{m} \frac{\partial b}{\partial k_{0}^{(i)}}-\frac{\left(p^{*}\right)^{2}}{9 f_{i}} \frac{\partial M^{-1}}{\partial k_{0}^{(i)}}, \\
& \left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}=\frac{3}{f_{i}} \frac{\partial k_{0}^{h o m}}{\partial \mu_{0}^{(i)}} \dot{E}_{m}^{2}+\frac{1}{f_{i}} \frac{\partial \mu_{0}^{h o m}}{\partial \mu_{0}^{(i)}} \dot{E}_{e q}^{2}-\frac{2 p^{*}}{f_{i}} \dot{E}_{m} \frac{\partial b}{\partial \mu_{0}^{(i)}}-\frac{\left(p^{*}\right)^{2}}{3 f_{i}} \frac{\partial M^{-1}}{\partial \mu_{0}^{(i)}} .
\end{align*}
$$

The overall poro-elastic moduli $k_{0}^{\text {hom }}, \mu_{0}^{\text {hom }}, b$ and $M$ can be estimated by the N -phase self-consistent scheme of Hervé and Zaoui (1993) recalled and extended to poro-elastic constituents in Appendix C. The effective moduli are denoted by $k_{0}^{H Z}$ and $\mu_{0}^{H Z}, b$ and $M$. With these, the coupled nonlinear equations (51) are solved using a fixed-point algorithm which is a straightforward generalization of (47) to a $N$-phase composite.

### 5.1.2 Influence of the number $N$ of subdomains

The predictions of the model depend on the number $N$ of phases. The results for $N=2$ (almost) coincide with the variational upper bound of section 4.6 (the only difference being that here the self-consistent scheme is used instead of the PCW upper bound) and are therefore inaccurate under hydrostatic loadings (see Fig. 6). At the other end, $N=\infty$ reproduces exactly the analytical limit load of a single hollow sphere under hydrostatic loading.

To assess the effect of the number $N$ of layers, all layers are assigned the same thickness and $N$ is varied. As can be seen in Fig. 6, the predictions for $N=6,11,21$ fall almost on top of each other and are in very good agreement with the analytical solution (Perrin, 1992) for a Gurson matrix containing a stress-free central void and subjected to hydrostatic tension. In view of these results, it can be considered that $N=6$ achieves a good compromise between accuracy and computational cost when the computational cost is a concern. In other cases, any $N$ larger than 6 yields accurate results. Similarly, when the voids are



Fig. 6. Left: multi-layered inclusion in an infinite matrix. Right: influence of the number of subdomains on the accuracy of the $N$-phase model. $f_{e}=0.1, f_{b}=0.01, q_{3}=q_{1}=1$. Drained case ( $p_{b}=p_{e}=0$ ). Diamond: exact result (D.7).
saturated, the predictions of the the $N$-phase model can be compared to the two analytical results (D.7) for hydrostatic loading. The agreement is again excellent as can be seen in Fig. 7 even when the number of layers is moderate ( $N=6$ in the results shown).


Fig. 7. Effective flow surface of porous materials containing two populations of spherical voids. Influence of the internal pressures on the effective yield surface. $N$-phase estimate ( $N=6$ ), $f_{e}=0.02, f_{b}=0.01, q_{3}=q_{1}=1$. Diamond: exact result (D.7). Drained case ( $p_{b}=p_{e}=0$ ) and saturated cases: $p_{b}=(2 / 5) \sigma_{0}, p_{e}=(1 / 5) \sigma_{0}$, and $p_{b}=\sigma_{0}, p_{e}=(2 / 5) \sigma_{0}$.

### 5.1.3 Comparison with the upper bounds and with Finite Element simulations

Fig. 5 shows that the predictions of the $N$-phase model respect the two upper bounds (40) and (50) coinciding with the best bound at zero or infinite stress-triaxiality ratio. Therefore the N -phase model is a good compromise at arbitrary stress-triaxiality ratio.

The predictions of the $N$-phase estimate for the effective yield surface of a bi-porous material are compared in Fig. 9 with full-field numerical simulations performed with the Finite Element Method. Attention is limited here to axisymmetric deformations, one quarter of a hollow sphere is meshed and boundary conditions corresponding to uniform deformations are imposed on the outer boundary of the hollow sphere. The matrix is a Gurson material (with $q_{1}=q_{3}=1$ ) and simulations have been carried out with two different values of the porosity $f_{b}=0.01$ and $f_{b}=0.1$. Two different values of the porosity $f_{e}$ have been considered: $f_{e}=0.01$ and $f_{e}=0.1$. The meshes used in the simulations are shown in Fig. 8 (quadratic elements).

(b)

Fig. 8. Finite element meshes used in the unit-cell calculations: (a) $f_{e}=0.01$, (b) $f_{e}=0.1$.

Different radial paths in the space of macroscopic stress are followed using a stress-driven method similar to that described in Michel et al. (1999). Briefly, the outer boundary of the hollow sphere is subjected to an imposed displacement corresponding to a uniform strain-rate $\dot{\boldsymbol{u}}=\dot{\boldsymbol{E}} . \boldsymbol{x}$ on $\partial \Omega$ where the overall strain-rate $\dot{\boldsymbol{E}}$ is unknown and is determined iteratively by requesting the overall stress to be aligned with the imposed stress direction.

Fig. 9 shows a good agreement between the estimate (with $N=21$ ) and the numerical simulations. The shapes of the yield surfaces are similar and the predictions under purely hydrostatic and purely deviatoric stress are almost on top of each other.

### 5.2 Gurson matrix weakened by randomly oriented ellipsoidal voids

### 5.2.1 A N-phase model

When the intergranular voids are oblate ellipsoids characterized by their volume fraction $f_{e}$ and their aspect-ratio $w$ (see Appendix B), and when the microstructure is an assemblage


Fig. 9. : Spherical voids in a Gurson matrix. Finite elements simulations (black squares) and $N$-phase estimate ( $N=21$, solid line), $q_{3}=q_{1}=1$. Drained case ( $p_{b}=p_{e}=0$ ).
of such self-similar ellipsoids with random orientation, the most natural generalization of the $N$-phase model would be to consider a subdivision of the matrix in a single hollow ellipsoid into $N-1$ ellipsoidal shells, as schematized in Fig. 10 left. Unfortunately the exact solution to the elasticity problem for the $N$-phase LCC with embedded ellipsoids is not known to the best of the authors' knowledge and we must resort to an approximate resolution. The approximation that will be retained in the rest of this study is based on the


Fig. 10. "Equivalent porosities": the effective elastic properties of the actual configuration (left, porosity $f_{e}$ ) are identical to the effective properties of the virtual configuration with spherical voids (right, porosity $f_{s}$ ).
following idea of "equivalent spherical porosities". Suppose that the LCC with ellipsoidal voids (porosity $f_{e}$, aspect-ratio $w$, Fig. 10 left) can be replaced by an "equivalent" LCC with spherical voids (porosity $f_{s}$, Fig. 10 right). The $N$-phase model can be applied to the equivalent LCC instead of the real one. The two composites (the one with ellipsoidal voids and the one with spherical voids) will be considered as equivalent if all the poro-elastic effective moduli coincide in the two composites.

To define more precisely this equivalence, let us go back to the case $N=2$ where the matrix is considered as a single phase. In the case of the actual composite with ellipsoidal voids the effective moduli denoted by $k_{\text {ellips }}^{\text {hom }}\left(f_{e}, w\right), \mu_{\text {ellips }}^{\text {hom }}\left(f_{e}, w\right), b_{\text {ellips }}\left(f_{e}, w\right)$ and $M_{\text {ellips }}\left(f_{e}, w\right)$ for clarity, are estimated by a linear scheme appropriate for voided ma-
terials containing randomly oriented (spheroidal) ellipsoidal voids with the actual void volume-fraction $f_{e}$ (such as the PCW scheme described in Appendix A). In the case of the fictitious composite with spherical voids, the void volume-fraction $f_{e}$ is replaced by $f_{s}$ (which is the equivalent porosity to be determined) and the effective moduli, now denoted by $k_{s p h}^{h o m}\left(f_{s}\right), \mu_{s p h}^{h o m}, b_{s p h}\left(f_{s}\right)$ and $M_{s p h}\left(f_{s}\right)$ for clarity, are estimated by a linear scheme appropriate for voided materials with spherical voids. The identification of the effective elastic moduli in the two composites (with ellipsoidal and spherical voids) leads to the following two equations for a single unknown $f_{s}$ :

$$
\begin{equation*}
k_{\text {ellips }}^{\text {hom }}\left(f_{e}, w\right)=k_{\text {sph }}^{\text {hom }}\left(f_{s}\right), \quad \mu_{\text {ellips }}^{\text {hom }}\left(f_{e}, w\right)=\mu_{\text {sph }}^{\text {hom }}\left(f_{s}\right) . \tag{52}
\end{equation*}
$$

Thanks to (16), the first equality in (52) implies the equality of the two Biot coefficients $b_{\text {ellips }}\left(f_{e}, w\right)=b_{s p h}\left(f_{s}\right)$. As for the Biot modulus $1 / M$, there remains a small difference in the two moduli $1 / M_{\text {ellips }}\left(f_{e}, w\right)$ and $1 / M_{\text {sph }}\left(f_{s}\right)$ of the order of $\left(f_{e}-f_{s}\right) / k_{0}$ which is negligible in the examples that we have in mind (small void volume fraction and quasiincompressible materials). Therefore, the equality of the two elastic moduli implies, with a very good accuracy, the equality of the four poro-elastic moduli.

Unfortunately the two equations in (52) cannot be satisfied by a single porosity $f_{s}$. Two "equivalent porosities" must be introduced, $f_{s}^{k}$ to meet the first relation in (52) and $f_{s}^{\mu}$ to meet the second relation:

$$
\begin{equation*}
k_{\text {ellips }}^{\text {hom }}\left(f_{e}, w\right)=k_{s p h}^{h o m}\left(f_{s}^{k}\right), \quad \mu_{\text {ellips }}^{h o m}\left(f_{e}, w\right)=\mu_{s p h}^{h o m}\left(f_{s}^{\mu}\right) . \tag{53}
\end{equation*}
$$

The effective moduli in the LCC containing ellipsoidal voids can be estimated by the upper bound of Ponte Castañeda and Willis (1995), whereas the effective moduli in the equivalent LCC can be estimated by the Hashin and Shtrikman (1963) upper bound (superscript HS). With these choices, analytical expressions for $f_{s}^{k}$ and $f_{s}^{\mu}$ as functions of $f_{e}$ and $w$ can be obtained (see Appendix E). To summarize, the mechanical problem for randomly oriented ellipsoidal voids is now translated into a problem for spherical voids which is more amenable to analytical calculations. However, the aspect-ratio $w$ of the oblate cavities is not lost in this translation, since $f_{s}^{k}$ and $f_{s}^{\mu}$ both depend on $w$ which remains one of the micromechanical parameters of the model.

A $N$-phase extension of the model can be proposed for ellipsoidal cavities. First the equivalent porosities $f_{s}^{k}$ and $f_{s}^{\mu}$ defined as in (53) are used. Second the effective poro-elastic moduli of the fictitious voided material with spherical voids are now estimated using the $N$-phase estimate of Hervé and Zaoui (1993) and denoted by $k_{0}^{H Z}, \mu_{0}^{H Z}, b$ and $1 / M$. To be specific, the effective moduli $k_{0}^{H Z}, b$ and $1 / M$ are estimated by the $N$-phase self-consistent scheme where a sphere containing a central void with porosity $f_{s}^{k}$ is subdivided into $N$ different phases. The volume fraction of the $i$-th phase is denoted by $f_{i}^{k}$. Similarly the effective shear modulus $\mu_{0}^{H Z}$ is estimated by the $N$-phase self-consistent scheme where a sphere containing a central void with porosity $f_{s}^{\mu}$ is subdivided into $N$ different phases with volume fraction $f_{i}^{\mu}$. The secant moduli and the second moments of the strain-rate field in the phases are obtained by the relations (49) and (51). Finally, the (approximate)
$N$-phase model for randomly distributed ellipsoidal voids in a Gurson matrix can be summarized in the form of the following algorithm:

Initialization : $\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{i}=\dot{E}_{m}^{2}, \quad\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}=\dot{E}_{e q}^{2}, i=2, . ., N$
Iterations : Do until convergence on $\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{i}$ and $\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}, i=2 \ldots N$ :

$$
\left.\begin{array}{c}
k_{0}^{(i)} \text { and } \mu_{0}^{(i)} \text { as in (51) } \\
\left\langle\dot{\varepsilon}_{m}^{2}\right\rangle_{i}=\frac{1}{f_{i}^{k}} \frac{\partial k_{0}^{H Z}\left(f_{s}^{k}\right)}{\partial k_{0}^{(i)}} \dot{E}_{m}^{2}+\frac{1}{3 f_{i}^{\mu}} \frac{\partial \mu_{0}^{H Z}\left(f_{s}^{\mu}\right)}{\partial k_{0}^{(i)}} \dot{E}_{e q}^{2}-\frac{2 p^{*}}{3 f_{i}^{k}} \dot{E}_{m} \frac{\partial b\left(f_{s}^{k}\right)}{\partial k_{0}^{(i)}}-\frac{\left(p^{*}\right)^{2}}{9 f_{i}^{k}} \frac{\partial M^{-1}\left(f_{s}^{k}\right)}{\partial k_{0}^{(i)}} \\
\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}= \\
\frac{3}{f_{i}^{k}} \frac{\partial k_{0}^{H Z}\left(f_{s}^{k}\right)}{\partial \mu_{0}^{(i)}} \dot{E}_{m}^{2}+\frac{1}{f_{i}^{\mu}} \frac{\partial \mu_{0}^{H Z}\left(f_{s}^{\mu}\right)}{\partial \mu_{0}^{(i)}} \dot{E}_{e q}^{2}-\frac{2 p^{*}}{f_{i}^{k}} \dot{E}_{m} \frac{\partial b\left(f_{s}^{k}\right)}{\partial \mu_{0}^{(i)}}-\frac{\left(p^{*}\right)^{2}}{3 f_{i}^{k}} \frac{\partial M^{-1}\left(f_{s}^{k}\right)}{\partial \mu_{0}^{(i)}}
\end{array}\right\}
$$

Enddo

As previously, a fixed point algorithm is used to solve this system of equations. The derivatives are computed numerically (by difference quotients). All layers have the same thickness. The final result is clearly an estimate and the accuracy of this estimate is discussed in the next section. Let us just mention that it has been checked in a separate study that this estimate does not violate the two upper bounds (40) and (50).

Once convergence is reached the overall stress $\boldsymbol{\Sigma}$ can be expressed as:

$$
\boldsymbol{\Sigma}=\Sigma_{m} \boldsymbol{i}+\frac{2}{3} \Sigma_{e q} \frac{\dot{\boldsymbol{E}}^{d e v}}{\dot{E}_{e q}}
$$

with

$$
\Sigma_{m}=3 k_{0}^{H Z}\left(f_{s}^{k}\right) \dot{E}_{m}-\left(p_{e}-p_{b}\right)\left(b\left(f_{s}^{k}\right)-1\right)-p_{e}, \quad \Sigma_{e q}=3 \mu_{0}^{H Z}\left(f_{s}^{\mu}\right) \dot{E}_{e q} .
$$

### 5.2.2 Comparison with upper bounds, saturated case

Fig. 11 shows that the predictions of the $N$-phase model does not violate the two upper bounds (40) and (50) at least with the choice of parameters used in this Fig.. This was confirmed in a separate and more systematic study. Moreover Fig. 11 and Fig. 12 show that, for purely deviatoric loadings, the $N$-phase estimate with $N$ arbitrary is close to the upper to the two-phase estimate $(N=2)$ which coincides with the variational upper bound. Similarly, for a purely hydrostatic loading it is close to the upper bound obtained with the Gurson-like approach (40). Therefore, the $N$-phase model is close to the best upper bound at all stress triaxialities.


Fig. 11. Gurson matrix containing randomly oriented ellipsoidal voids. $f_{e}=0.02, f_{b}=0.01$, $q_{3}=q_{1}=1, w=1 / 5$. Drained case $\left(p_{b}=p_{e}=0\right)$. Comparison between different predictions: upper bound (40) (dotted line), upper bound (50) (solid line), $N$-phase estimate ( $N=21$, dashed line).


Fig. 12. Gurson matrix containing randomly oriented ellipsoidal voids. $f_{e}=0.02, f_{b}=0.01$, $q_{3}=q_{1}=1, w=1 / 5$. Saturated case $p_{b}=\sigma_{0}, p_{e}=\frac{1}{2} \sigma_{0}$. Comparison between different predictions: upper bound (40) (dotted line), upper bound (50) (solid line), $N$-phase estimate ( $N=6$, dashed line).

### 5.2.3 Comparison with Finite Element calculations, drained case

The use of Finite Element simulations to assess the accuracy of the estimate (54) for general loading conditions would require full three-dimensional computations performed on a unit-cell containing a large number of randomly oriented ellipsoids. Such calculations are beyond our present computational capabilities. However, when the loading is purely hydrostatic an accurate lower bound can be obtained by means of a simplified unit-cell calculation. Consider an assemblage of self-similar randomly oriented hollow ellipsoids which are identical copies, up to a dilatation and a rotation of a unit-cell $\Omega$. Assume that this volume element $V$ is subjected to a uniform hydrostatic stress $\Sigma_{m}$ on its boundary. It is claimed that a lower bound for the limit load for $\Sigma_{m}$ can be obtained from the limit
load for a single hollow ellipsoid to a uniform hydrostatic stress. Indeed the stress field in the single hollow ellipsoid $\Omega$ can be continued by a uniform field $\Sigma_{m} \boldsymbol{i}$ in $V-\Omega$ and the resulting stress field is in equilibrium over $V$. The procedure can be repeated for all hollow ellipsoids in the assemblage, resulting in a stress field which is in equilibrium in the whole volume element $V$ and which satisfies the yield criterion in each hollow ellipsoid. Therefore the limit load for a single ellipsoid is a lower bound for the problem posed on the entire volume $V$. Furthermore, the stress field is the same in each ellipsoid of the assemblage (after dilatation and rotation of the coordinates) since the applied hydrostatic stress is the same in all frames attached to the ellipsoids. All self-similar ellipsoids have the same limit load under hydrostatic stress, no matter their size and orientation. It is therefore sufficient to solve the problem for one single hollow ellipsoid under hydrostatic stress and the corresponding limit load will be a lower bound for the limit load for the whole volume $V$. The analysis of a single ellipsoid is further simplified by the rotational invariance of the problem and can be reduced to an axisymmetric calculations. Typical meshes used in the FEM analysis of this problem are shown in Fig. 13.

For simplicity, the FEM analysis is performed with a Von Mises matrix $\left(f_{b}=0\right)$ to concentrate the attention on randomly oriented ellipsoidal voids. The estimate of the section 5.1.1 is carried out with the following coefficients for the LCC:

$$
\begin{equation*}
k_{0}^{(i)}=+\infty \quad \text { and } \quad \mu_{0}^{(i)}=\frac{\sigma_{0}}{3\left(\sqrt{\left\langle\dot{\varepsilon}_{e q}^{2}\right\rangle_{i}}\right)} . \tag{55}
\end{equation*}
$$

Fig. 14 shows a reasonably good agreement between the FEM results and the model (estimate based on the $N$-phase model). The FEM simulations are lower bounds to the predictions of the model except when the volume fraction of the large voids becomes very small.


Fig. 13. Meshes used in the unit-cell calculations (a) $f_{e}=0.001, w=1 / 5$, (b) $f_{e}=0.01$, $w=1 / 5$, (c) $f_{e}=0.1, w=1 / 5$.

### 5.2.4 Effect of the two internal pressures on the effective flow surface

When the two populations of voids contain gases with two different pressures $p_{b}$ and $p_{e}$ in the small and large voids respectively, the effective flow surface undergoes a change


Fig. 14. : Randomly oriented ellipsoidal voids $(w=1 / 5)$ in a von Mises matrix ( $f_{b}=0$ ). Drained case ( $p_{b}=p_{e}=0$ ). Comparison between different predictions: upper bound (40) (dotted line), upper bound (50) (solid line), $N$-phase estimate ( $N=21$, dashed line), FEM simulations (diamond).
in center and in shape by comparison with that of the drained material with same microstructure (but with $p_{b}=p_{e}=0$ ). Very little is actually known on these pressures, both on their dependence on the void size and on their scatter. Even their order of magnitude seems to be a subject of debate. Our model allows for a parametric study to be conducted to assess the influence of these pressures.

When the two pressures are identical, $p_{b}=p_{e} \neq 0$ it has been shown in section 4.4 that the effective flow surface of the saturated biporous material is simply obtained from that of the drained material by a shift $-p_{e} \boldsymbol{i}$ along the hydrostatic axis. The predictions of our model shown in Fig. 15 are consistent with this exact result.


Fig. 15. Gurson matrix containing randomly oriented ellipsoidal voids $f_{e}=0.02, f_{b}=0.01$, $q_{3}=q_{1}=1, w=1 / 5$. Estimate of the effective flow surface based on the $N$-phase model ( $N=6$ ). Comparison between the drained case ( $p_{b}=p_{e}=0$, dashed line) and the saturated case with $p_{b}=p_{e}=\sigma_{0}$ (solid line).

However this is no longer the case when the two internal pressures are different. Fig. 16 shows that in addition to a shift along the hydrostatic axis, the effective flow surface undergoes a change in shape and in size. A similar effect has also been observed by Dormieux et al. (2006). In particular the maximal shear (or equivalent stress) which can be sustained by the material is lowered by difference in internal pressures.


Fig. 16. Gurson matrix containing randomly oriented ellipsoidal voids $f_{e}=0.02, f_{b}=0.01$, $q_{3}=q_{1}=1, w=1 / 5$. N-phase estimate of the effective flow surface $(N=6)$. Comparison between the drained case ( $p_{b}=p_{e}=0$, solid line) and two saturated cases $p_{b}=2 \sigma_{0}, p_{e}=\frac{1}{2} \sigma_{0}$ (dotted line) and $p_{b}=3 \sigma_{0}, p_{e}=\frac{1}{2} \sigma_{0}$ (dashed line).

## 6 Conclusion

This study is devoted to a class of porous materials containing two populations of voids subjected to internal pressure. The smallest intragranular voids are spherical in shape whereas the largest, intergranular, pores, are ellipsoidal and randomly oriented. In this first part of the study, attention has been focused on the effective properties of these materials with fixed microstructure. Our main findings can be summarized as follows:
(1) The analysis of Gologanu et al. (1994) devoted to aligned ellipsoidal voids in a von Mises matrix has been extended to randomly oriented ellipsoidal voids in a Gurson matrix. The corresponding result is a rigorous upper bound for the effective flow surface of the biporous material. This bound is sharp under hydrostatic loading.
(2) The variational procedure of Ponte Castañeda (1991) has been applied with a linear comparison composite with only one phase for the matrix. The corresponding result is again an upper bound for the effective flow surface of the biporous material. This bound is sharp under deviatoric loadings.
(3) A $N$-phase model where the matrix is subdivided in subdomains has been proposed which matches closely the predictions of the two above upper bounds in the range of stress triaxialities where they are separately sharp.
(4) The effect of internal pressures has been discussed. It has been shown that when the two internal pressures coincide, the effective flow surface of the saturated biporous
material is obtained from that of the drained material by a shift along the hydrostatic axis. However, when the two pressures are different, the modifications brought to the effective flow surface in the drained case involve not only a translation along the hydrostatic axis but also a change in shape and size of the surface.

## Acknowledgements:

This work was supported by the grant IRSN-LMA 31002799 from the French Institut de Radioprotection et de Sûreté Nucléaire and by Electricité de France. This paper was completed during the post-doctoral stay of one of the authors (P-G.V.) at the Laboratoire de Mécanique et d'Acoustique (CNRS).

## References

Benzerga, A., 2002. Micromechanics of coalescence in ductile fracture. J. Mech. Phys. Solids 50, 1331-1362.
Bilger, N., Auslender, F., Bornert, M., Masson, R., 2002. New bounds and estimates for porous media with rigid perfectly plastic matrix. Comptes Rendus Mécanique 330, 127-132.
Buryachenko, V., 1996. The overall elastoplastic behavior of multiphase materials with isotropic components. Acta Mechanica 119, 93-117.
Canon, R., Roberts, J., Beals, R., 1971. Deformation of $U O_{2}$ at high temperatures. J. American Ceramic Society 54 (2), 105-112.
Dherbey, F., Louchet, F., A. Mocellin, A., Leclercq, S., 2002. Elevated temperature creep of polycrystalline uranium dioxide: from microscopic mechanisms to macroscopic behaviour. Acta Materialia 50, 1495-1505.
Dormieux, L., Kondo, D., Ulm, F., 2006. Microporomechanics. Wiley, England.
Dormieux, L., Molinari, A., Kondo, D., 2002. Micromechanical approach to the behavior of poroelastic materials. J. Mech. Phys. Solids 50, 2203-2231.
Dubourg, R., Faure-Geors, H., Nicaise, G., Barrachin, M., 2005. Fission product release in the first two PHEBUS tests FPT0 and FPT1. Nuclear Engineering and Design 235, 2183-2208.
Fabrègue, D., Pardoen, T., 2008. A constitutive model for elastoplastic solids containing primary and secondary voids. J. Mech. Phys. Solids, in press.
Gatt, J., Monerie, Y., Laux, D., Baron, D., 2005. Elastic behavior of porous ceramics: application to nuclear fuel materials. J. Nuclear Materials 336, 145-155.
Gologanu, M., Leblond, J., Devaux, J., 1993. Approximate models for ductile metals containing non-spherical voids-case of axisymmetric prolate ellipsoidal cavities. J. Mech. Phys. Solids 41, 1723-1754.
Gologanu, M., Leblond, J., Devaux, J., 1994. Approximate models for ductile metals
containing non-spherical voids-case of axisymmetric oblate ellipsoidal cavities. ASME J. Engng. Mater. Technol. 116, 290-297.

Gărăjeu, M., Suquet, P., 1997. Effective properties of porous ideally plastic or viscoplastic materials containing rigid particles. J. Mech. Phys. Solids 45, 873-902.
Guerin, Y., 1975. Etude par compression à hautes températures de la déformation plastique du bioxyde d'uranium polycristallin. J. Nuclear Materials 56, 61-75.
Gurson, A., 1977. Continuum theory of ductile rupture by void nucleation and growth: Part I - yield criteria and flow rules for porous ductile media. J. Eng. Mat. Tech 99, 1-15.
Hashin, Z., Shtrikman, S., 1963. A variational approach to the theory of the elastic behavior of multiphase materials. J. Mech. Phys. Solids 11, 127-140.
Hervé, E., Zaoui, A., 1993. N-layered inclusions-based micromechanical modelling. Int. J. Engng Sci. 31 (1), 1-10.
$\mathrm{Hu}, \mathrm{G} ., 1996$. A method of plasticity for general aligned spheroidal void or fiber-reinforced composites. Int. J. Plasticity 12, 439-449.
Kashibe, S., Une, K., 1991. Effects of temperature cycling and heating rate on fission gas release of bwr fuels. Journal of Nuclear Science and Technology 28, 1090-1099.
Kashibe, S., Une, K., Nogita, K., 1993. Formation and growth of intragranular fission gas bubbles in $U O_{2}$ fuels with burnup of $6-83 \mathrm{GWd} / \mathrm{t}$. J. Nuclear Materials 206, 22-34.
Koplik, J., Needleman, A., 1988. Void growth and coalescence in porous plastic solids. Int. J. Solids Structures 24, 835-853.
Kreher, W., Pompe, W., 1985. Field fluctuations in a heterogeneous elastic material - An information theory approach. J. Mech. Phys. Solids 33, 419-445.
Leblond, J., 2002. Mécanique de la Rupture fragile et ductile. Hermès, Paris.
Leblond, J., Perrin, G., Suquet, P., 1994. Exact results and approximate models for porous viscoplastic solids. Int. J. Plasticity 10, 213-235.
Lösönen, P., 2000. On the behaviour of intragranular fission gas in $\mathrm{UO}_{2}$ fuel. J. Nuclear Materials 280, 56-72.
Marini, B., Mudry, F., Pineau, A., 1985. Experimental study of cavity growth in ductile rupture. Engng. Fracture Mech. 22, 989-996.
Martin, D., 1989. The elastic constants of polycrystalline $\mathrm{uo}_{2}$ and $\mathrm{u}, \mathrm{pu}$ mixed oxides: a review and recommendations. High Temperatures-High Pressures 21, 13-24.
Michel, J., Moulinec, H., Suquet, P., 1999. Effective properties of composite materials with periodic microstructure: a computational approach. Comp. Meth. Appl. Mech. Engng. 172, 109-143.
Monerie, Y., Gatt J.M., 2006. Overall viscoplastic behavior of non-irradiated porous nuclear ceramics. Mechanics of Materials 38, 608-619.
Mura, T., 1987. Micromechanics of Defects in Solids. Martinus Nijhoff Publishers, Dordrecht.
Olander, D., 1976. Fundamental Aspects of Nuclear Reactor Fuel Elements. Technical Information Center, U.S. Department of Energy.
Pardoen, T., Hutchinson, J., 2000. An extended model for void growth and coalescence. J. Mech. Phys. Solids 48, 2467-2512.

Perrin, G., 1992. Contribution à l'étude théorique et numérique de la rupture ductile des métaux. Ph.D. thesis, Ecole Polytechnique, Paris.

Perrin, G., Leblond, J., 1990. Analytical study of a hollow sphere made of plastic porous material and subjected to hydrostatic tension. Application to some problems in ductile fracture of metals. Int. J. of Plasticity 6, 677-699.
Ponte Castañeda, P., 1991. The effective mechanical properties of nonlinear isotropic composites. J. Mech. Phys. Solids 39, 45-71.
Ponte Castañeda, P., Suquet, P., 1998. Nonlinear composites. Advances in applied mechanics 34, 171-302.
Ponte Castañeda, P., Willis, J., 1995. The effect of spatial distribution on the effective behaviour of composite materials and cracked media. J. Mech. Phys. Solids 43, 19191951.

Ponte Castañeda, P., Zaidman, M., 1996. The finite deformation of nonlinear composite materials. I. instantaneous constitutive relations. Int. J. Solids Struct. 33, 1271-1286.
Qiu, Y., Weng, G., 1992. A theory of plasticity for porous materials and particle-reinforced composites. J. Appl. Mech. 59, 261-268.
Sauter, F., Leclercq, S., 2003. Modeling of the non-monotonous viscoplastic behavior of uranium dioxide. J. Nuclear Materials 322, 1-14.
Suquet, P., 1987. Elements of Homogenization for Inelastic Solid Mechanics. In: SanchezPalencia, E., Zaoui, A. (Eds.), Homogenization Techniques for Composite Media. Vol. 272 of Lecture Notes in Physics. Springer Verlag, New York, pp. 193-278.
Suquet, P., 1995. Overall properties of nonlinear composites : a modified secant moduli theory and its link with Ponte Castañeda's nonlinear variational procedure. C.R. Acad. Sc. Paris 320, Série IIb, 563-571.
Tvergaard, V., 1990. Material failure by void growth to coalescence. In: Hutchinson, J., Wu, T. (Eds.), Advances in Applied Mechanics. Vol. 27. Academic Press, New-York, pp. 83-151.
Tvergaard, V., 1998. Interaction of very small voids with larger voids. Int. J. Solids Struct. 35, 3989-4000.
Vincent, P., Monerie, Y., Suquet, P., 2008. Ductile damage of porous materials with two populations of voids. C. R. Mecanique 336, 245-259.
Willis, J., 1981. Variational and related methods for the overall properties of composites. In: Yih, C. (Ed.), Advances in Applied Mechanics 21. Academic Press, New-York, pp. 1-78.
Zaidman, M., Ponte Castañeda, P., 1996. The finite deformation of nonlinear composite materials. II evolution of the microstructure. Int. J. Solids Struct. 33, 1287-1303.

## A Ponte Castañeda and Willis (1995) linear upper bound for porous materials with randomly oriented ellipsoidal voids

Ponte Castañeda and Willis (1995) have derived an upper bound for composite materials composed of a linear-elastic matrix containing linear-elastic inclusions with a (spheroidal) ellipsoidal shape and whose centers are arranged in space according to an ellipsoidal distribution. This bound involves two different $\boldsymbol{P}$ tensors, $\boldsymbol{P}^{i}$ and $\boldsymbol{P}^{d}$, corresponding
respectively to the shape of the inclusions and to their distribution (see Ponte Castañeda and Willis 1995 for more details). When specialized to porous materials (matrix with stiffness $\boldsymbol{C}$ containing ellipsoidal voids with porosity $f_{e}$ ) this bound reads as:

$$
\begin{equation*}
\boldsymbol{C}^{P C W}=\boldsymbol{C}+f_{e}\left(\boldsymbol{I}-f_{e} \oint\left[\left(\boldsymbol{P}^{i}-\boldsymbol{C}^{-1}\right)^{-1}\right]: \boldsymbol{P}^{d}\right)^{-1}: \oint\left[\left(\boldsymbol{P}^{i}-\boldsymbol{C}^{-1}\right)^{-1}\right] \tag{A.1}
\end{equation*}
$$

where the following notations have been used:
(1) $\boldsymbol{I}$ is the fourth-order identity tensor in the vector space of symmetric second-order tensors.
(2) The two $\boldsymbol{P}$ tensors are related to the Eshelby tensors $\boldsymbol{S}^{i}$ and $\boldsymbol{S}^{d}$ associated respectively with the ellipsoidal shape and with the ellipsoidal distribution of the voids:

$$
\boldsymbol{P}^{i}=\boldsymbol{S}^{i}(w): \boldsymbol{C}^{-1}, \quad \boldsymbol{P}^{d}=\boldsymbol{S}^{d}\left(w^{d}\right): \boldsymbol{C}^{-1}
$$

where $w$ and $w^{d}$ denote the aspect ratio of the inclusions and of the distribution respectively. Detailed expressions of the Eshelby tensors can be found in Mura (1987).
(3) The symbol $\oint$ denotes the average over all possible orientations. As shown by Gatt et al. (2005), this averaging corresponds to a projection on the fourth-order tensors $\boldsymbol{J}$ and $\boldsymbol{K}$ which extract from any symmetric second-order tensor its hydrostatic part and its deviator:

$$
\begin{equation*}
\oint \boldsymbol{C}=P_{J K}(\boldsymbol{C})=\frac{\boldsymbol{C}:: \boldsymbol{J}}{\boldsymbol{J}:: \boldsymbol{J}} \boldsymbol{J}+\frac{\boldsymbol{C}:: \boldsymbol{K}}{\boldsymbol{K}:: \boldsymbol{K}} \boldsymbol{K} . \tag{A.2}
\end{equation*}
$$

When the void distribution is isotropic ( $w^{d}=1, \boldsymbol{P}^{d}$ corresponding to spherical symmetry), the bulk and shear moduli $k^{P C W}$ and $\mu^{P C W}$ are given by:

$$
\begin{equation*}
k^{P C W}=-\frac{k_{n}}{k_{d}} \tag{A.3}
\end{equation*}
$$

with

$$
\begin{align*}
k_{n}= & 2 k \mu\left\{k\left(2 f_{e}+\left(-3+4 f_{e}\right) w^{2}\right)\left(-2+w^{2}+w^{4}\right)+2\left(-1+f_{e}\right) w^{2}\left(-1-w^{2}+2 w^{4}\right) \mu+\right. \\
& w \arccos (w)\left[2 \sqrt{1-w^{2}}\left(3 k\left(1+f_{e}+\left(-1+2 f_{e}\right) w^{2}\right)+\left(-1+f_{e}\right)\left(-1+4 w^{2}\right) \mu\right)-\right. \\
& 9 k w \arccos (w)]\}, \\
k_{d}= & (-1+w)(1+w)\left\{3 f_{e} k\left(1+2 w^{2}\right)\left[k\left(2+w^{2}\right)+w^{2} \mu\right]+2 w^{2} \mu\left[3 k\left(2+w^{2}\right)+2 \mu+4 w^{2} \mu\right]\right\}+ \\
& w \arccos (w)\left\{\sqrt { 1 - w ^ { 2 } } \left[9 f_{e} k^{2}\left(1+2 w^{2}\right)+3 k\left(-4-f_{e}+4\left(1+f_{e}\right) w^{2}\right) \mu+\right.\right. \\
& \left.\left.4\left(-1+4 w^{2}\right) \mu^{2}\right]+18 k w \mu \arccos (w)\right\} . \tag{A.4}
\end{align*}
$$

The analytical expression of $\mu^{P C W}$ is too complicated to be given here. Since we are interested in rather flat intergranular voids, a Taylor expansion at first order in $w$ (for $w$ small) can be performed. It should be noted that, for small $w, f_{e}$ is of the same order as
$w$. A change of variable can be done setting $f_{e}=\alpha_{c} w$ with

$$
\begin{equation*}
\alpha_{c}=\frac{4}{3} \frac{\pi\left(b_{1}\right)^{3} N_{c}}{|V|}, \tag{A.5}
\end{equation*}
$$

where $N_{c}$ denotes the number of cavities contained in $V$, and $b_{1}$ is the long semi-axe of the ellipsoidal void (see Appendix B). Then the Taylor expansion of $\mu^{P C W}$ at first-order in $w$ reads as:

$$
\begin{align*}
& \mu^{P C W}=\left(\mu \left(5625 \pi^{2} w^{2}(3 k+\mu)^{2}(3 k+2 \mu)^{2}-96 f_{e}^{2}(k+2 \mu)(9 k+4 \mu)^{2}(9 k+8 \mu)+\right.\right. \\
& 25 f_{e} w\left(-81 k^{4}(800 w+9 \pi(4+15 \pi w))-108 k^{3}\left(3 \pi+5\left(304+45 \pi^{2}\right) w\right) \mu-\right. \\
& 54 k^{2}\left(-68 \pi+5\left(496+69 \pi^{2}\right) w\right) \mu^{2}-24 k\left(-96 \pi+5\left(368+45 \pi^{2}\right) w\right) \mu^{3}- \\
& \left.\left.\left.8\left(-48 \pi+640 w+45 \pi^{2} w\right) \mu^{4}\right)\right)\right) /\left(9\left(25 \pi w(3 k+\mu)(3 k+2 \mu)+8 f_{e}(k+2 \mu)(9 k+4 \mu)\right)^{2}\right) . \tag{A.6}
\end{align*}
$$

Remark: The prediction (A.1) is an upper bound for the actual effective stiffness of the composite as long as $f_{e} \leq w$.

## B Hollow ellipsoids



Fig. B.1. Notations for the hollow spheroid of reference.
The inner and the outer boundary of the reference volume are two confocal spheroids (ellipsoids which are rotation invariant around the $z$ axis). Denoting by $a_{1}$ and $b_{1}$ the horizontal and the vertical semi-axes of the inner spheroid (similar notation for the outer spheroid with index 2), the void volume-fraction and the void aspect-ratio can be expressed as:

$$
f_{e}=\frac{a_{1} b_{1}^{2}}{a_{2} b_{2}^{2}} \text { (volume fraction), } w=\frac{a_{1}}{b_{1}} \quad \text { (aspect ratio). }
$$

Since the inner and the outer ellipsoids are confocal, their foci are located on a circle of radius $c$ given by:

$$
c=\sqrt{b_{1}^{2}-a_{1}^{2}}=\sqrt{b_{2}^{2}-a_{2}^{2}} .
$$

A family of confocal ellipsoids with horizontal axis $a$ and vertical axis $b$, parameterized by a scalar $\lambda$, is introduced through the following relations:

$$
a=c \sinh \lambda, \quad b=c \cosh \lambda,
$$

where $\lambda$ varies between $\lambda_{1}$ and $\lambda_{2}$ :

$$
a_{1}=c \sinh \lambda_{1}, \quad b_{1}=c \cosh \lambda_{1}, \quad a_{2}=c \sinh \lambda_{2}, \quad b_{2}=c \cosh \lambda_{2} .
$$

Then, one defines

$$
\begin{gather*}
R(\lambda)=-\frac{a c}{b^{2}}+\operatorname{Arcsin}\left(\frac{c}{b}\right), \quad Z(\lambda)=\frac{2 c}{a}-2 \operatorname{Arcsin}\left(\frac{c}{b}\right), \quad R_{2}=R\left(\lambda_{2}\right), \quad Z_{2}=Z\left(\lambda_{2}\right), \\
|\Omega|=\frac{4}{3} \pi a_{2} b_{2}^{2}, \quad \tilde{\alpha}=\frac{a_{2} b_{2}^{2}}{2 c^{3}}, \quad J(\lambda)=\frac{4}{3} \frac{\pi b\left(2 a^{2}+b^{2}\right)}{|\Omega|}, \\
Q_{J}(\lambda)=\frac{4}{9} \frac{b \pi}{|\Omega|}\left\{b^{2}\left[-1+6 R(\lambda) \tilde{\alpha}+3 Z_{2} \tilde{\alpha}\right]^{2}+2 a^{2}\left[1-6 Z_{2} \tilde{\alpha}\right.\right.  \tag{B.1}\\
\left.\left.+12 R^{2}(\lambda) \tilde{\alpha}^{2}+12 Z^{2}(\lambda) \tilde{\alpha}^{2}+9 Z_{2}^{2} \tilde{\alpha}^{2}+6 Z(\lambda) \tilde{\alpha}\left(1+2 R(\lambda) \tilde{\alpha}-3 Z_{2} \tilde{\alpha}\right)\right]\right\} .
\end{gather*}
$$

## C Generalized N-phase self-consistent scheme

## C. 1 Linear elastic effective properties

Hervé and Zaoui (1993) have proposed a generalized N-phase self-consistent scheme where a spherical inclusion is surrounded by $N-1$ concentric spherical shells (see Fig. 6 left). The outer infinite medium, indexed by $N+1$, is subjected to an applied strain $\boldsymbol{E}$ at infinity. All phases are linear elastic and isotropic. The overall bulk and shear overall moduli are determined in a self consistent way, but assigning to the outer medium the (unknown) effective properties of the composite. This scheme can be applied to the problem of a central void surrounded by $N-1$ spherical elastic layers. The effective elastic properties of the composite and the strain localization tensors $\boldsymbol{A}^{(i)}$ can be explicitly expressed in terms of the elastic moduli of the individual constituents and of the volume fraction of the phases. The reader is referred to Hervé and Zaoui (1993) for full details, we limit ourself here to the derivation of the effective bulk modulus which turns out to be very similar to the derivation of the effective Biot tensor and Biot modulus. The following notations will be used: the central void is phase $1(i=1), R_{i}$ denotes the external radius of the $i$-th layer, $1 \leq i \leq N, R_{N}$ is arbitrary, so that it can chosen equal to 1 . Consequently $f=c^{(1)}=R_{1}^{3}$. The moduli of the $i$-th phase $(1 \leq i \leq N)$ are denoted by $k_{0}^{(i)}$ and $\mu_{0}^{(i)}$.

In a first stage, the part of the localization tensor $\boldsymbol{A}^{(1)}$ corresponding to hydrostatic deformation is determined by subjecting the infinite medium depicted in Fig. 6 right to a hydrostatic deformation $\boldsymbol{i}$ at infinity, the void being stress-free. In view of the spherical symmetry of the problem, the displacement is radial in each spherical shell, $\boldsymbol{u}=u_{r}(r) \boldsymbol{e}_{r}$ where $u_{r}$ is classically (in linear, isotropic elasticity) in the form $u_{r}=A_{i} r+B_{i} / r^{2}$. The unknowns $\left(A_{i}, B_{i}\right)$ in each layer solve an algebraic system obtained by requiring continuity
of the radial displacement and of the traction across the interface between the layers, by imposing an internal pressure $p=1$ in the void and a linear displacement at infinity.

$$
\begin{align*}
& A_{i} R_{i}+\frac{B_{i}}{R_{i}^{2}}=A_{i+1} R_{i}+\frac{B_{i+1}}{R_{i}^{2}}, \quad 2 \leq i \leq N,  \tag{C.1}\\
& 3 k_{0}^{(i)} A_{i}-\frac{4 \mu_{0}^{(i)} B_{i}}{R_{i}^{3}}=3 k_{0}^{(i+1)} A_{i+1}-\frac{4 \mu_{0}^{(i+1)} B_{i+1}}{R_{i}^{3}}, \quad 2 \leq i \leq N,  \tag{C.2}\\
& 3 k_{0}^{(2)} A_{2}-\frac{4 \mu_{0}^{(2)} B_{2}}{R_{1}^{3}}=-p,  \tag{C.3}\\
& 3 k_{0}^{(N)} A_{N}-\frac{4 \mu_{0}^{(N)} B_{N}}{R_{N}^{3}}=3 k_{0}^{H Z} A_{N+1}-\frac{4 \mu_{0}^{H Z} B_{N+1}}{R_{N}^{3}}-b_{0}^{H Z} p,  \tag{C.4}\\
& A_{N+1}=E_{m} . \tag{C.5}
\end{align*}
$$

where $k_{0}^{H Z} \mu_{0}^{H Z}$ and $b_{0}^{H Z}$ are unknown and where in the purely elastic case (drained case) considered in this subsection $p=0$ and $E_{m}=1$. The continuity relations in the solid phase (C.1) and (C.2) can be re-written as:

$$
\boldsymbol{J}_{i}\left(R_{i}\right) \boldsymbol{M}_{i}=\boldsymbol{J}_{i+1}\left(R_{i}\right) \boldsymbol{M}_{i+1}, \quad \text { with } \boldsymbol{M}_{i}=\binom{A_{i}}{B_{i}}, \quad \boldsymbol{J}_{i}(r)=\left(\begin{array}{cc}
r, & \frac{1}{r^{2}}  \tag{C.6}\\
3 k_{0}^{(i)}, & \frac{-4 \mu_{0}^{(i)}}{r^{3}}
\end{array}\right) .
$$

Therefore the unknowns $\boldsymbol{M}_{i}, 2 \leq i \leq N$ are related by:

$$
\boldsymbol{M}_{i+1}=\boldsymbol{H}_{i} \boldsymbol{M}_{2}, \quad \boldsymbol{H}_{i}=\boldsymbol{N}_{i} \cdot \ldots \cdot \boldsymbol{N}_{2}, \quad \boldsymbol{N}_{i}=\boldsymbol{J}_{i+1}\left(R_{i}\right)^{-1} \boldsymbol{J}_{i}\left(R_{i}\right) .
$$

Similarly, the three remaining relations can be written as (with $R_{1}^{3}=f$ ):

$$
\begin{equation*}
\boldsymbol{J}_{N}\left(R_{N}\right) \cdot \boldsymbol{H}_{N-1} \cdot\binom{\frac{4 \mu_{0}^{(2)} B_{2}}{3 f k_{0}^{(2)}}}{B_{2}}=\boldsymbol{J}_{N+1}\left(R_{N}\right) \cdot\binom{1}{B_{N+1}} \tag{C.7}
\end{equation*}
$$

The above relations give 2 equations for the 4 unknowns $B_{2}, B_{N+1}$ and $k_{0}^{H Z}$ and $\mu_{0}^{H Z}$ (which enter the definition of $\boldsymbol{J}_{N+1}\left(R_{N}\right)$ ). The missing equations are given by the self consistent condition. Hervé and Zaoui (1993) have shown that the condition of self-consistency is equivalent to imposing that the average strain in the first $N$ layers (sphere of radius $R_{N}$ ) coincides with the strain at infinity. In the present situation self-consistency implies $\left\langle\varepsilon_{m}\right\rangle=E_{m}=1$, or equivalently:

$$
\begin{equation*}
\frac{1}{\frac{4}{3} \pi R_{N}^{3}} \int_{r=R_{N}} \boldsymbol{u} \cdot \boldsymbol{n} d s=3 E_{m}=3 \tag{C.8}
\end{equation*}
$$

Taking into account the form of $\boldsymbol{u}$ and the fact that $R_{N}=1$ and $A_{N+1}=1$, the above relation gives that $B_{N+1}=0$. Defining $\boldsymbol{L}=\boldsymbol{J}_{N}\left(R_{N}\right) \cdot \boldsymbol{H}_{N-1}$ the solution of (C.7) reads
as:

$$
B_{2}=\frac{1}{L_{11} \frac{4 \mu_{0}^{(2)}}{3 f k_{0}^{(2)}}+L_{12}} .
$$

Finally the effective bulk modulus can be deduced from the relation (C.4):

$$
3 k_{0}^{H Z}=\frac{L_{21} \frac{4 \mu_{0}^{(2)}}{3 f k_{0}^{(2)}}+L_{22}}{L_{11} \frac{4 \mu_{0}^{(2)}}{3 f k_{0}^{(2)}}+L_{12}} .
$$

The expression of the effective shear modulus $\mu_{0}^{H Z}$ can be found in Hervé and Zaoui (1993).

It should be noted for further use in the computation of the Biot tensor that the localization tensor $\boldsymbol{A}^{(1)}$ in phase 1 satisfies:

$$
\boldsymbol{i}: \boldsymbol{A}^{(1)}=A_{1} \boldsymbol{i}, \quad A_{1}=A_{2}+\frac{B_{2}}{R_{1}^{3}}=\frac{3 k_{0}^{(2)}+4 \mu_{0}^{(2)}}{3 f k_{0}^{(2)}\left(L_{11} \frac{4 \mu_{0}^{(2)}}{3 f k_{0}^{(2)}}+L_{12}\right)} .
$$

## C. 2 Linear poro-elastic phases

The $N$-phase self-consistent scheme can be extended to linear poro-elastic phases. The Biot tensor $\boldsymbol{B}$ is given by the first relation in (13):

$$
\begin{equation*}
\boldsymbol{B}=b_{0}^{H Z} \boldsymbol{i}, \quad b_{0}^{H Z}=\frac{3 k_{0}^{(2)}+4 \mu_{0}^{(2)}}{3 k_{0}^{(2)}\left(L_{11} \frac{4 \mu_{0}^{(2)}}{3 f k_{0}^{(2)}}+L_{12}\right)} . \tag{C.9}
\end{equation*}
$$

The evaluation of the Biot modulus $M$ requires the evaluation of $\boldsymbol{i}: \boldsymbol{a}^{(1)}$ which is the change in volume of the void when it is subjected to an internal unit pressure with zero displacement at infinity. Due to the spherical symmetry of the problem, the displacement is radial with the same form as in the previous subsection with two unknowns $\left(A_{i}, B_{i}\right)$ in phase $i$. These unknowns solve the system (C.1)-(C.5) where now $E_{m}=0$ and $p \neq 0$ and finally one obtains the following two equations, for the three unknowns $B_{2}, B_{N+1}$ and $b_{0}^{h o m}\left(b_{0}^{h o m}\right.$ is considered as unknown at this stage but it will be checked that its final expression coincides with (C.9)):

$$
\begin{equation*}
\boldsymbol{J}_{N}\left(R_{N}\right) \cdot \boldsymbol{H}_{N-1} \cdot\binom{\frac{-p}{3 k_{0}^{(2)}}+\frac{4 \mu_{0}^{(2)} B_{2}}{3 R_{1}^{3} k_{0}^{(2)}}}{B_{2}}=\boldsymbol{J}_{N+1}\left(R_{N}\right) \cdot\binom{0}{B_{N+1}}+\binom{0}{-b_{0}^{H Z} p} . \tag{C.10}
\end{equation*}
$$

The self-consistency condition implies $B_{N+1}=0$. Finally:

$$
\begin{equation*}
B_{2}=\frac{L_{11} p}{3 k_{0}^{(2)}\left(L_{11} \frac{4 \mu_{0}^{(2)}}{3 f k_{0}^{(2)}}+L_{12}\right)}, \quad b_{0}^{\text {hom }}=\frac{L_{21} L_{12}-L_{11} L_{22}}{3 k_{0}^{(2)}\left(L_{11} \frac{4 \mu_{0}^{(2)}}{3 f k_{0}^{(2)}}+L_{12}\right)} . \tag{C.11}
\end{equation*}
$$

For consistency, the expression of $b_{0}^{H Z}$ given in (C.11) should coincide with that given in (C.9). This is a consequence of the following relations:

$$
\begin{gathered}
\operatorname{det}\left(\boldsymbol{J}_{i}(r)\right)=-\frac{3 k_{0}^{(i)}+4 \mu_{0}^{(i)}}{r^{2}}, \quad \operatorname{det}\left(\boldsymbol{N}_{i}\right)=\frac{3 k_{0}^{(i)}+4 \mu_{0}^{(i)}}{3 k_{0}^{(i+1)}+4 \mu_{0}^{(i+1)}}, \\
\operatorname{det}\left(\boldsymbol{H}_{N-1}\right)=\frac{3 k_{0}^{(2)}+4 \mu_{0}^{(2)}}{3 k_{0}^{(N)}+4 \mu_{0}^{(N)}}, \quad L_{21} L_{12}-L_{11} L_{22}=-\operatorname{det}(\boldsymbol{L})=\left(3 k_{0}^{(2)}+4 \mu_{0}^{(2)}\right) .
\end{gathered}
$$

Finally:

$$
\boldsymbol{a}^{(1)}=A_{1} \boldsymbol{i}, \quad A_{1}=A_{2}+\frac{B_{2}}{R_{1}^{3}}=-\frac{p}{3 k_{0}^{(2)}}+\frac{3 k_{0}^{(2)}+4 \mu_{0}^{(2)}}{3 f k_{0}^{(2)}} \frac{L_{11} p}{\left(L_{11} \frac{4 \mu_{0}^{(2)}}{3 f k_{0}^{(2)}}+L_{12}\right)} \frac{1}{3 k_{0}^{(2)}},
$$

and

$$
\frac{1}{M}=-\frac{f}{k_{0}^{(2)}}+\frac{3 k_{0}^{(2)}+4 \mu_{0}^{(2)}}{k_{0}^{(2)}} \frac{L_{11}}{\left(L_{11} \frac{4 \mu_{0}^{(2)}}{3 f k_{0}^{(2)}}+L_{12}\right)} \frac{1}{3 k_{0}^{(2)}}
$$

## D Hollow sphere made of a Gurson material under hydrostatic loading and internal pressure.

The problem of a hollow sphere $\Omega$ made of a Gurson matrix, containing a stress-free central void (i.e. $\boldsymbol{\sigma} \cdot \boldsymbol{n}=\mathbf{0}$ on the inner boundary of $\Omega$ ) and subjected to hydrostatic tension $\boldsymbol{\sigma} \cdot \boldsymbol{n}=\Sigma_{m} \boldsymbol{n}$ on its outer boundary has been solved by Perrin (1992). An extension of this problem to the saturated case is proposed here. A hollow sphere $\Omega$ made of a Gurson matrix with pressure $p_{b}$, contains a central void with pressure $p_{e}$ and is subjected to hydrostatic stress. By the change of variable $\boldsymbol{\sigma}^{*}=\boldsymbol{\sigma}+p_{\boldsymbol{i}} \boldsymbol{i}$, the boundary conditions read as:

$$
\frac{\sigma_{r r}^{*}}{\sigma_{0}}(r=a)=\frac{p_{b}-p_{e}}{\sigma_{0}}, \quad \frac{\sigma_{r r}^{*}}{\sigma_{0}}(r=b)=\frac{\Sigma_{m}}{\sigma_{0}}+\frac{p_{b}}{\sigma_{0}},
$$

where $a$ and $b$ denote the inner and outer radii of the hollow sphere. Using the same change of variables as Perrin (1992), $u(r)=\sigma_{r r}^{*} / \sigma_{0}$ and $v(r)=\left(\sigma_{\theta \theta}^{*}-\sigma_{r r}^{*}\right) / \sigma_{0}$, the yield function in the matrix can be re-written as:

$$
\begin{equation*}
v^{2}+2 f_{b} \cosh \left(\frac{3}{2} u+v\right)-1-f_{b}^{2}=0 \tag{D.1}
\end{equation*}
$$

The boundary conditions and the radial equilibrium read as:

$$
\begin{equation*}
u(a)=\frac{p_{b}-p_{e}}{\sigma_{0}}, \quad u(b)=\frac{\Sigma_{m}}{\sigma_{0}}+\frac{p_{b}}{\sigma_{0}}, \quad \frac{d u}{d r}=\frac{2 v}{r} . \tag{D.2}
\end{equation*}
$$

Assuming that the matrix is everywhere in the plastic regime, the yield condition (D.1) can be differentiated to obtain:

$$
\begin{equation*}
2 v d v+2 f_{b}\left(\frac{3}{2} d u+d v\right) \sinh \left(\frac{3}{2} u+v\right)=0 . \tag{D.3}
\end{equation*}
$$

It follows from the equation of radial equilibrium that $d u=\frac{2 v}{r} d r$ and from the yield condition (D.1) that $\sinh \left(\frac{3}{2} u+v\right)= \pm \sqrt{\left(1+f_{b}^{2}-v^{2}\right)^{2}-4 f_{b}^{2}} /\left(2 f_{b}\right)$. The sign $\pm$ is the sign of the hydrostatic stress $\left(\frac{3}{2} u+v\right)$ in the matrix. This sign is assumed to be the same throughout the matrix. Finally (D.3) writes:

$$
\begin{equation*}
\frac{3 d r}{r}=\mp \frac{2 d v}{\sqrt{\left(1+f_{b}^{2}-v^{2}\right)^{2}-4 f_{b}^{2}}}-\frac{d v}{v} \tag{D.4}
\end{equation*}
$$

which gives by integration between the inner and outer radii:

$$
\begin{equation*}
\frac{b^{3}}{a^{3}} \frac{v(b)}{v(a)}=\exp \left(\mp 2 \int_{v(a)}^{v(b)} \frac{d v}{\sqrt{\left(1+f_{b}^{2}-v^{2}\right)^{2}-4 f_{b}^{2}}}\right) \tag{D.5}
\end{equation*}
$$

The boundary condition and the yield criterion at $r=a$ give:

$$
\begin{equation*}
v^{2}(a)+2 f_{b} \cosh \left(\frac{3}{2} \frac{p_{b}-p_{e}}{\sigma_{0}}+v(a)\right)-1-f_{b}^{2}=0 \tag{D.6}
\end{equation*}
$$

Similarly, the boundary conditions and the yield criterion at $r=b$ gives:

$$
\begin{equation*}
\frac{\Sigma_{m}}{\sigma_{0}}=-\frac{p_{b}}{\sigma_{0}}+\frac{2}{3}\left( \pm \operatorname{arccosh}\left(\frac{1+f_{b}^{2}-v^{2}(b)}{2 f_{b}}\right)-v(b)\right) \tag{D.7}
\end{equation*}
$$

The sign $\pm$ in (D.7) is opposite to the undetermined sign in (D.5). The indeterminacy is resolved in the following way. First equation (D.6) is solved and has two possible roots $v(a)$. Then (D.5) is solved with these two values for $v(a)$, this gives four possible values for $v(b)$ which, when incorporated in equation (D.7), give four values for the hydrostatic stress $\Sigma_{m}$. Only two of them are consistent with the assumption that $\frac{3}{2} u+v$ does not change sign in the matrix. The two admissible roots give the two purely hydrostatic points on the yield surface. One of them is such that $\frac{3}{2} u(b)+v(b)$ and $\frac{3}{2} u(a)+v(a)$ are both positive and $v(b)$ is solution of (D.5) with $\pm=+$. The other one is such that $\frac{3}{2} u(b)+v(b)$ and $\frac{3}{2} u(a)+v(a)$ are both negative and $v(b)$ is solution of (D.5) with $\pm=-$.

## E Equivalent porosities

When the Ponte Castañeda and Willis (1995) and the Hashin and Shtrikman (1963) upper bounds are chosen to estimate the linear effective moduli of the composite with ellipsoidal voids and of the composite with spherical voids, the two equivalent porosities $f_{s}^{k}$ and $f_{s}^{\mu}$ solve the two equations:

$$
\begin{equation*}
k_{0}^{P C W}\left(f_{e}\right)=k_{0}^{H S}\left(f_{s}^{k}\right), \quad \mu_{0}^{P C W}\left(f_{e}\right)=\mu_{0}^{H S}\left(f_{s}^{\mu}\right) . \tag{E.1}
\end{equation*}
$$

These equivalent porosities depend not only on $f_{e}$ but also on the void aspect-ratio $w$ and on the moduli of the matrix $k_{0}$ and $\mu_{0}$. The matrix being almost incompressible (at least for small $f_{b}$ which is the case in the practical applications which we have in mind), an additional approximation is introduced by considering $k_{0}$ to be infinite. Under this approximation, the equivalent porosities $f_{s}^{k}$ and $f_{s}^{\mu}$ depend only on $f_{e}$ and $w$ and write:

$$
\begin{equation*}
f_{s}^{k}=\frac{2 f_{e}\left(1+2 w^{2}\right)\left[-2+w^{2}+w^{4}+3 w \sqrt{1-w^{2}} \arccos (w)\right]}{3 w\left[-2 w+w^{3}+w^{5}-2\left(1-w^{2}\right)^{3 / 2} \arccos (w)+3 w(\arccos (w))^{2}\right]}, \quad f_{s}^{\mu}=\frac{f_{s n}^{\mu}}{f_{s d}^{\mu}}, \tag{E.2}
\end{equation*}
$$

with:

$$
\begin{gather*}
f_{s n}^{\mu}=4 f_{e}\left(-1+w^{2}\right)^{2}\left[w\left(-1+w^{2}\right)^{2}\left(-4-65 w^{2}-44 w^{4}+14 w^{6}\right)\right. \\
-3 \sqrt{1-w^{2}}\left(-12+40 w^{2}-83 w^{4}+55 w^{6}\right) \arccos (w)  \tag{E.3}\\
+9 w\left(-3+21 w^{2}-26 w^{4}+8 w^{6}\right)(\arccos (w))^{2} \\
\left.-27 w^{2} \sqrt{1-w^{2}}\left(1+2 w^{2}\right)(\arccos (w))^{3}\right] \\
f_{s d}^{\mu}=25 w\left[w^{2}\left(-1+w^{2}\right)^{2}\left(-56+22 w^{2}-9 w^{4}-13 w^{6}+2 w^{8}\right)\right. \\
-2 w \sqrt{1-w^{2}}\left(16-99 w^{2}+119 w^{4}-58 w^{6}+21 w^{8}+w^{10}\right) \arccos (w) \\
+6\left(-1+w^{2}\right)^{2}\left(4+19 w^{2}-8 w^{4}+3 w^{6}\right)(\arccos (w))^{2} \\
-18 w \sqrt{1-w^{2}}\left(3+4 w^{2}-2 w^{4}+w^{6}\right)(\arccos (w))^{3} \\
\left.+27\left(w^{2}+w^{4}\right)(\arccos (w))^{4}\right]
\end{gather*}
$$

