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Site-specific features influence sediment stability of intertidal flats

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Abstract

The factors that influence the sediment stability and the transport of estuarine mudflats are not yet fully understood but knowledge of them is essential in coastal engineering applications and pollution ecology studies. The suggestion that variation in predictive models of sediment stability might be due to site-specific characteristics is investigated using data from four estuarine mudflats (Eden Estuary, Scotland, the Biezelingsche Ham, Zandkreek, and Molenplaat mudflats in The Netherlands). These estuaries differ in their environmental conditions, macrofaunal species composition and local features (e.g. *Enteromorpha* mats, migratory biofilms). *Stable* and *unstable* sediments were compared, and mean chlorophyll-*a* concentrations and granulometry of the sediments were significantly different between the two groups. Step-wise multiple linear regressions were applied to the sediment stability data of all sites to establish the influences on erosion threshold of microphytobenthic biomass, water content, granulometry, organic carbon content and the abundance of dominant macrofaunal species. The stability of each site was influenced by different factors. Sediment stability of the Eden Estuary was affected by the *Enteromorpha* bloom; Biezelingsche Ham was influenced by the highly migratory nature of the diatom biofilms and the abundance of *Corophium volutator*; the polychaete worm *Arenicola marina* had a net negative effect on sediment stability of the Zandkreek; and the Molenplaat was influenced by microphytobenthic biomass. This research highlights the need for site-specific calibration of models and suggests that a universal proxy parameter for sediment stability is unlikely to be obtained.

Keywords: sediment stability; erosion threshold; cohesive strength meter; microphytobenthos; *Enteromorpha* spp.

Introduction

Estuarine mudflats are areas of both ecological and economic importance and are under increasing threat from climatic and anthropogenic pressures (Bryant, 1997; Pew Center, 2002). As a result, the factors that influence sediment stability and transport need to be understood. Sediment transport is governed by a combination of physical, chemical and biological properties and processes (Black *et al.*, 2002). Physical factors include bulk density, mineralogy, water content, bed roughness, tidal currents, wave forcing and disturbance by intermittent events such as storms and increased rainfall, whilst chemical properties include salinity, pH and the adsorption and cation exchange capacity (Dade *et al.*, 1992). The impact of biology on the sediment can be stabilising and/or destabilising. Microphytobenthos are well known for their stabilising effects as a result of the secretion of extracellular polymeric substances (EPS) that are produced during locomotion (Underwood and Paterson,

1993; Riethmüller *et al.*, 1998; Austin *et al.*, 1999; Tolhurst *et al.*, 2002), whilst macrofaunal species can destabilise the sediment via processes such as bioturbation and grazing (i.e. Daborn *et al.*, 1993; Gerdol and Hughes, 1994; Widdows *et al.*, 1998a; Willows *et al.*, 1998; de Deckere *et al.*, 2001) or stabilise the sediment due to the construction of mucus-lined burrows (Meadows *et al.*, 1990; Mouritsen *et al.*, 1998).

The interactions between these processes are, for the most part, poorly quantified and understood (Widdows *et al.*, 2000), making it difficult for predictive models of sediment stability to be sufficiently accurate. In past studies, chlorophyll-*a* was found to be an important variable correlating with sediment stability (Hakvoort *et al.*, 1998; Riethmüller *et al.*, 1998; Austin *et al.*, 1999; Paterson *et al.*, 2000; Riethmüller *et al.*, 2000; Defew *et al.*, in press). However, the relationships detected are often weak, suggesting that important interactions are being missed.

This paper investigates some of the factors that influence the stability of intertidal surface sediment through field investigations designed to maintain the natural condition of the sediment. Riethmüller *et al.* (2000) have suggested that variation in sediment stability cited in the literature might reflect site-specific differences and this hypothesis is examined by investigating four estuarine mudflats, covering a broad range of conditions, species composition and local features.

Materials and methods

STUDY SITES

Four intertidal systems were examined: The Eden Estuary (Scotland), Biezelingsche Ham and Zandkreek mudflats and the Molenplaat (all in The Netherlands).

Eden Estuary Mudflats

Two large-scale grids (with grid nodes spaced 100 m apart) were established and sampled on the intertidal mudflats of the Eden Estuary (56° 22' N, 2° 51' W) during August 1999. The Estuary has a total area of 8 km², an average exposure period of 6–7.25 hours and tidal currents dominate the hydrodynamics. Sediment grain size decreases up the Estuary, with the sampled sites containing mud and silty sands that exhibited cohesive behaviour (Taylor, 1998). Dominant sediment infauna found in this study included *Cerastoderma edule*, *Corophium volutator*, *Eteone longa*, *Hydrobia ulvae*, *Macoma balthica*, *Mytilus edulis*, *Nereis diversicolor*, *Oligochaete* spp., *Scrobicularia plana*, *Spio filicornis* and *Tubificoides* spp.

Eden Grid A ran from the top shore down to the channel of the river Eden. One of the local features of this site is the large-scale bloom of the opportunistic macrophyte, *Enteromorpha* spp., that forms in the spring and lasts until late autumn. Grid B was further upstream and was bisected by the channel of the river Eden. Local features of this site included a small bloom of *Enteromorpha* on the north bank and some minor drainage channels.

Netherlands mudflats

In June 2000, the three mudflats in The Netherlands were sampled extensively, using a grid design on the Biezelingsche Ham and Zandkreek mudflats and a line transect on the Molenplaat. Transect nodes were spaced 100 m apart.

The Biezelingsche-Ham mudflat is a protected embayment located on the north shore of the turbid, eutrophic and well-mixed Westerschelde Estuary (51° 26' N, 3° 55' E). It has an area of about 1.5 km² and a mean tidal range of

approximately 4 m. The mudflat surface is mostly level with some minor drainage channels, and major bedforms are generally absent (de Brouwer *et al.*, 2000). Dominant macrofauna found at this site during this study were *C. edule*, *C. volutator*, *E. longa*, *Heteromastus filiformis*, *H. ulvae*, *M. balthica*, *Oligochaete* spp., *S. plana*, and *S. filicornis*. One of the local features of this site was a thick, confluent, migratory biofilm found on the top-shore.

Zandkreek is a small mudflat (<1.5 km²) situated on the south shore of the oligotrophic Oosterschelde Estuary (51° 32' N, 3° 54' E). Dominant macrofauna of this study were *Arenicola marina*, *C. edule*, *C. volutator*, *E. longa*, *H. filiformis*, *H. ulvae*, *M. balthica*, *Oligochaete* spp., *Scoloplos armiger*, *S. plana*, *S. filicornis* and *Tharyx marioni*.

The Molenplaat (51° 26' N, 3° 57' E) is a small intertidal flat (~1.5 km²) situated in the Westerschelde Estuary. Most of the tidal flat is located between –1 and +1 m relative to mean tidal level. The mean tidal range is approximately 5 m with the average emersion period ranging between 4.5–8 hours (Herman *et al.*, 2001). Diatoms dominate the microphytobenthic assemblage for most of the year, with the occasional occurrence of cyanobacteria and euglenoids (Sabbe and Vyverman, 1991; Sabbe, 1993; Barranguet *et al.*, 1997). At the time the measurements were taken, the dominant macrofaunal species were *Bathyporeia* spp., *C. edule*, *C. volutator*, *H. filiformis*, *H. ulvae*, *M. balthica*, *Pygospio elegans* and *T. marioni*. This mudflat is well known for the seasonal appearance in the summer months of a centralised area where silt and diatoms interact and accumulate (Lucas and Holligan, 1999; Herman *et al.*, 2001).

SAMPLING

The data presented here are from a number of field campaigns carried out during the BIOPTIS (EU MAS3-CT97-0158) and CLIMEROD (EU MAS3-CT98-0166) projects between August 1999 and April 2001. Each measurement of erosion threshold was matched with a measurement of microphytobenthic biomass (chlorophyll-*a* and minimum fluorescence), macrofaunal density, sediment grain size, water content and organic content.

The top 3–5 mm of the sediment surface was sampled using the contact core method described by Honeywill *et al.* (2002) and used for sediment analyses. Water content of the sediment was determined from freeze-dried contact cores and was expressed as a percentage of the original sediment wet weight. The concentration of chlorophyll-*a* in the sediment was measured from freeze-dried sediment, extracted using dimethylformamide (DMF) and measured with high performance liquid chromatography (HPLC) (Wiltshire *et al.*, 1998). Some contact cores from the Eden

Estuary contained *Enteromorpha*. Surface organic matter was calculated using the ash-free dry weight method. Samples were dried to a constant weight in an oven at 100°C. A sub-sample of known weight was ashed at 550°C for 6 hours and then re-weighed after being allowed to cool at room temperature in a desiccator.

Macrofauna were sampled from the top 15 cm using a 19 cm (diameter) stovepipe core (0.028 m²). Samples were sieved over a 1 mm-grade sieve, fixed with 4% formalin and stained with Rose-Bengal. Macrofauna were identified to species level whenever possible.

Minimum fluorescence (F_0^{15}) was determined using non-invasive fluorescence from cells that had been dark-adapted for 15 minutes, and was used as a proxy for biomass (Barranguet and Kromkamp, 2000; Honeywill *et al.*, 2002) and to follow the migration of diatom cells towards and away from the sediment surface (e.g. Serôdio *et al.*, 1997; 2001).

In April 2001, sediment stability and biomass at the sediment surface (F_0^{15}) was mapped (i.e. coupled measurements taken on the same patch of sediment at each time period) for the duration of a tidal exposure period, on a thick confluent biofilm situated at a high shore site on the Biezelingsche Ham mudflat.

Water content and colloidal carbohydrate concentration were determined from contact cores taken as close as possible to the sediment stability measurement. Colloidal carbohydrate was measured using the phenol-sulphuric acid assay (Dubois *et al.*, 1956). Absorbance was measured on a spectrophotometer against a reagent blank at 485nm, and concentration was calibrated against a glucose standard curve. Results were expressed as microgram glucose equivalents per gram of sediment (µg glucose eq. g⁻¹) (Underwood *et al.*, 1995).

SEDIMENTOLOGY

Granulometry samples were collected with a 70 mm (diameter) core to a depth of 0.1 m. Samples were oven-dried for 48 hours at 100°C. 25 g dried samples were treated with sodium hexametaphosphate solution and left to stand overnight. Sediment was stirred for 15 mins and wet sieved through a 63 µm sieve. The residue was re-dried at 100°C for a further 48 hrs before sediments were dry sieved with a stacked shaker (ranging from 2.0 mm to 0.063 mm) (method modified from Buchanan and Kain, 1971). For convenience, grain size distribution was split among five groups: gravel (>2 mm), coarse sand (1–2 mm), medium sand (0.250–1 mm), fine sand (0.063–0.250 mm) and silt-clay fraction (<0.063 mm).

MEASUREMENTS OF SEDIMENT STABILITY

Sediment stability was measured *in situ* using the Cohesive Strength Meter (CSM) (Tolhurst *et al.*, 1999). The device consists of a water-filled chamber 30 mm in diameter, pushed into the sediment. A jet of water is released from the top of the chamber and directed at the sediment surface. The velocity of the jet pulse is increased systematically over time. Sediment stability is expressed as a threshold for sediment erosion, determined when the light transmission across the test chamber dropped below 90% (approximately equal to an erosion rate of 0.01 kg m⁻²) as the bed fails. During this investigation, sediments whose erosion thresholds were >2 Nm⁻² were considered to be 'stable' and sediments whose erosion thresholds were <2 Nm⁻² were considered to be 'unstable'. At *Enteromorpha*-dominated sites, this macrophyte was carefully moved off the sediment surface before making CSM measurements.

STATISTICS

Using SPSS (version 10.05), stepwise multiple linear regressions were applied to the sediment stability data to establish the influences of chlorophyll-*a*, minimum fluorescence, water content, % gravel, % coarse sand, % medium sand, % fine sand, % silt-clay, organic content and the abundance of dominant macrofaunal species on erosion threshold. Prior to analysis, all necessary transformations were applied to the data to conform to normality of distribution and homogeneity of variances. In the analysis of the entire data set, a total of 321 measurements was considered. Significant differences in mean values between 'stable' and 'unstable' sediments, and between sites in the presence and absence of *Enteromorpha* spp., were examined using the T-test and one-way ANOVA (Zar, 1999).

Results

Eden Estuary mudflats

All measured variables were compared between sites in the presence and absence of the *Enteromorpha* for both of the grids (Table 1a). Water content of the sediments was significantly higher under *Enteromorpha* on both grids (one-way ANOVA; $P \leq 0.001$). Chlorophyll-*a* concentration was significantly higher at *Enteromorpha* sites on Grid A but not on Grid B (one-way ANOVA; $P \leq 0.001$). The percentage of medium sand was greater on *Enteromorpha* sites at Grid B but not significantly different on Grid A (one-way ANOVA; $P \leq 0.001$). The percentage of silt-clay and organic carbon, as well as minimum fluorescence, was greater on *Enteromorpha* sites at Grid A but not significantly different on Grid B (one-way ANOVAs; $P \leq 0.001$).

Table 1a. Descriptive statistics of erosion threshold, water content, algal biomass, granulometry and organic carbon for Eden Estuary sites, with and without *Enteromorpha*. Mean $\pm$ Standard Error, with minimum and maximum values in parentheses.

	<i>Grid A: no Enteromorpha</i>	<i>Grid A: with Enteromorpha</i>	<i>Grid B: no Enteromorpha</i>	<i>Grid B: with Enteromorpha</i>
Number of samples	106	53	65	25
Erosion Threshold (Nm ⁻²)	2.9 $\pm$ 0.2 (0.6 – 9.1)	2.3 $\pm$ 0.2 (0.1 – 5.9)	2.0 $\pm$ 0.2 (0.6 – 9.0)	2.1 $\pm$ 0.3 (0.6 – 6.2)
Water Content (%)	34.2 $\pm$ 1.7 (11.5 – 93.5)	80.7 $\pm$ 2.4 (30.8 – 95.0)	42.2 $\pm$ 1.2 (25.4 – 67.3)	53.9 $\pm$ 4.1 (25.1 – 94.7)
Chlorophyll <i>a</i> (mg m ⁻²)	172.8 $\pm$ 17.4 (18.5 – 303.0)	456.5 $\pm$ 53.4 (19.5 – 2091.4)	79.8 $\pm$ 3.6 (27.0 – 151.0)	83.1 $\pm$ 10.2 (27.0 – 207.0)
Gravel (%)	3.0 $\pm$ 0.6 (0.0 – 31.5)	4.4 $\pm$ 1.1 (0.0 – 31.5)	0.8 $\pm$ 0.2 (0.0 – 8.2)	1.5 $\pm$ 0.4 (0.1 – 5.2)
Coarse Sand (%)	1.2 $\pm$ 0.2 (0.0 – 8.6)	1.2 $\pm$ 0.2 (0.0 – 4.7)	0.2 $\pm$ 0.02 (0.0 – 1.0)	0.7 $\pm$ 0.2 (0.2 – 3.2)
Medium Sand (%)	7.2 $\pm$ 0.5 (0.1 – 18.6)	6.6 $\pm$ 0.6 (0.1 – 18.2)	3.9 $\pm$ 0.4 (0.9 – 16.4)	12.3 $\pm$ 1.1 (4.0 – 23.2)
Fine Sand (%)	78.4 $\pm$ 1.7 (0.2 – 98.3)	72.5 $\pm$ 2.2 (0.2 – 93.6)	69.1 $\pm$ 1.4 (41.8 – 83.5)	61.6 $\pm$ 3.6 (23.1 – 82.1)
Silt-Clay (%)	8.4 $\pm$ 0.7 (0.1 – 37.3)	13.4 $\pm$ 1.0 (0.8 – 37.3)	26.0 $\pm$ 1.5 (12.9 – 55.8)	24.0 $\pm$ 4.2 (10.2 – 72.5)
Organic Carbon (%)	5.7 $\pm$ 0.9 (0.4 – 65.7)	24.5 $\pm$ 1.5 (2.8 – 53.6)	3.6 $\pm$ 0.1 (1.9 – 5.4)	3.5 $\pm$ 0.3 (1.6 – 6.9)
Minimum fluorescence	187 $\pm$ 28 (7 – 2166)	636 $\pm$ 67 (12 – 1818)	140 $\pm$ 24 (7 – 960)	158 $\pm$ 31 (14 – 628)

Table 1b. Descriptive statistics of dominant macrofaunal species for Eden Estuary sites, with and without *Enteromorpha*. Mean $\pm$ Standard Error, with minimum and maximum values in parentheses (individuals 0.028 m⁻²).

	<i>Grid A: no Enteromorpha</i>	<i>Grid A: with Enteromorpha</i>	<i>Grid B: no Enteromorpha</i>	<i>Grid B: with Enteromorpha</i>
<i>Macoma balthica</i>	4.0 $\pm$ 0.4 (0.0 – 16.0)	5.0 $\pm$ 0.6 (0.0 – 15.0)	2.0 $\pm$ 0.2 (0.0 – 6.0)	3.0 $\pm$ 0.6 (0.0 – 10.0)
<i>Cerastoderma edule</i>	7.0 $\pm$ 1.1 (0.0 – 48.0)	8.0 $\pm$ 1.2 (0.0 – 38.0)	0.3 $\pm$ 1.07 (0.0 – 2.0)	0.6 $\pm$ 0.3 (0.0 – 4.0)
<i>Scrobicularia plana</i>	2.0 $\pm$ 0.4 (0.0 – 16.0)	5.0 $\pm$ 0.5 (0.0 – 16.0)	3.0 $\pm$ 0.5 (0.0 – 13.0)	2.0 $\pm$ 0.5 (0.0 – 8.0)
<i>Eteone longa</i>	1.0 $\pm$ 0.2 (0.0 – 6.0)	0.2 $\pm$ 0.08 (0.0 – 2.0)	3.0 $\pm$ 0.8 (0.0 – 29.0)	3.0 $\pm$ 1.1 (0.0 – 17.0)
<i>Spio filicornis</i>	13.0 $\pm$ 2.7 (0.0 – 188.0)	15.0 $\pm$ 5.0 (0.0 – 188.0)	6.0 $\pm$ 1.4 (0.0 – 41.0)	54.0 $\pm$ 26.2 (0.0 – 401.0)
<i>Oligochaete</i> spp.	3.0 $\pm$ 0.6 (0.0 – 35.0)	15.0 $\pm$ 5.3 (0.0 – 160.0)	132.0 $\pm$ 13.0 (24.0 – 444.0)	200.0 $\pm$ 36.5 (11.0 – 518.0)
<i>Corophium volutator</i>	0.2 $\pm$ 0.04 (0.0 – 1.0)	0.0 $\pm$ 0.0 (0.0 – 0.0)	104.0 $\pm$ 10.8 (0.0 – 230.0)	140.0 $\pm$ 29.0 (1.0 – 473.0)
<i>Hydrobia ulvae</i>	139.0 $\pm$ 20.8 (0.0 – 752.0)	227.0 $\pm$ 30.6 (0.0 – 840.0)	13.0 $\pm$ 3.3 (0.0 – 114.0)	11.0 $\pm$ 4.3 (0.0 – 64.0)
<i>Nereis diversicolor</i>	10.0 $\pm$ 1.4 (0.0 – 88.0)	2.0 $\pm$ 0.8 (0.0 – 28.0)	10.0 $\pm$ 1.3 (0.0 – 50.0)	9.0 $\pm$ 2.5 (0.0 – 40.0)
<i>Mytilus edulis</i>	5.0 $\pm$ 3.6 (0.0 – 383.0)	18.0 $\pm$ 10.1 (0.0 – 383.0)	0.0 $\pm$ 0.0 (0.0 – 0.0)	0.0 $\pm$ 0.0 (0.0 – 0.0)
<i>Tubificoides</i> spp.	63.0 $\pm$ 12.1 (0.0 – 606.0)	799.0 $\pm$ 151.0 (0.0 – 4000.0)	0.0 $\pm$ 0.0 (0.0 – 0.0)	0.0 $\pm$ 0.0 (0.0 – 0.0)

On Grid A, the abundances of *S. plana*, *H. ulvae* and *Tubificoides* spp. were significantly greater at *Enteromorpha* sites, while the abundance of *N. diversicolor* was significantly lower (one-way ANOVA; $P \leq 0.001$). On Grid B, the abundances of *S. filiformis* and *Oligochaete* spp. were significantly greater at *Enteromorpha* sites (one-way ANOVA; $P \leq 0.001$) (Table 1b).

Stepwise multiple linear regressions were carried out on all data from the Eden Estuary. Three variables were found to be significant predictors of erosion threshold at the 1%

level: percentage gravel (a), abundance of *N. diversicolor* (b) and percentage silt-clay fraction (c) ($r^2 = 0.12$; $P < 0.001$; S.E. = 1.50 Nm⁻²; $y = 0.069a + 0.026b - 0.018c + 2.37$). Since this was a poor predictive model, data were split according to site and whether *Enteromorpha* was present or absent (Table 2). The predictive model explaining the greatest amount of variation was for Grid B in the absence of *Enteromorpha*, with water content, chlorophyll-*a* concentration and abundance of *M. balthica* explaining 77% of the variation. Mean erosion thresholds were significantly

Table 2. Results of stepwise multiple linear regressions on Eden Estuary data.

	Variance explained	Significance	Standard Error	Significant Predictors
Eden Estuary Grid A (All sites)	R = 0.45	P = 0.022	1.46 Nm ⁻²	Y = -0.09a + 0.065b + 0.029c - 0.0052d + 2.59 Where a = <i>Scrobicularia plana</i> abundance, b = % gravel, c = <i>Nereis diversicolor</i> abundance and d = <i>Mytilus edulis</i> abundance
Eden Estuary Grid A (<i>Enteromorpha</i> sites excluded)	R = 0.35	P = 0.006	1.60 Nm ⁻²	Y = 0.09a + 0.031b + 2.40 Where a = % gravel and b = <i>Nereis diversicolor</i> abundance
Eden Estuary Grid A (<i>Enteromorpha</i> sites only)	R = 0.67	P = 0.048	1.01Nm ⁻²	Y = 0.11a - 0.59b - 0.85c - 0.026d + 0.0007e + 4.33 Where a = % gravel, b = % coarse sand, c = <i>Eteone longa</i> abundance, d = water content and e = minimum fluorescence
Eden Estuary Grid B (All sites)	R = 0.63	P = 0.041	1.13 Nm ⁻²	Y = 0.014a + 0.0014b + 0.14c + 0.022d - 0.58 Where a = chlorophyll-a concentration, b = minimum fluorescence, c = <i>Macoma balthica</i> abundance and d = water content
Eden Estuary Grid B (<i>Enteromorpha</i> sites excluded)	R = 0.77	P = 0.001	0.94 Nm ⁻²	Y = 0.081a + 0.017b + 0.22c - 3.20 Where a = water content, b = chlorophyll-a concentration and c = <i>Macoma balthica</i> abundance
Eden Estuary Grid B (<i>Enteromorpha</i> sites only)	R = 0.54	P = 0.005	1.21 Nm ⁻²	Y = 0.133a + 0.47 Where a = % medium sand

higher for sediments without *Enteromorpha* (Fig. 1; T-test; P = 0.013). This difference was also grid-specific, since the two types of site were significantly different for Grid A but not for Grid B (one-way ANOVA; P < 0.001).

Biezelingsche Ham mudflat

Step-wise multiple linear regressions were carried out on the data (excluding the dominant macrofaunal species), and minimum fluorescence was found to be a significant predictor of erosion threshold at the 1% level ($r^2 = 0.34$; P < 0.014; S.E. = 0.71 Nm⁻²; $y = 0.0026x + 0.61$). When dominant macrofauna were included in the analysis, the abundance of *C. volutator* was a significant predictor of erosion threshold at the 1% level ($r^2 = 0.35$; P < 0.013; S.E. = 0.71 Nm⁻²; $y = -0.0048x + 1.63$). *C. volutator* density and diatom biomass were inversely related at high erosion thresholds (Fig. 2).

Over a tidal exposure period, both biological and physical processes controlled stability of a thick biofilm. At the beginning of the exposure period, surface stability was

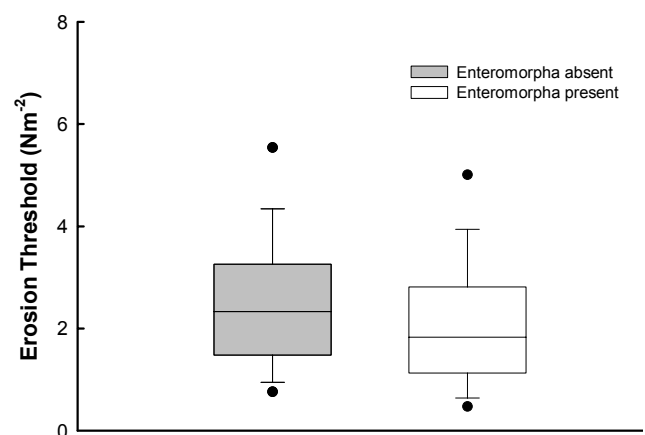


Fig. 1. Erosion thresholds (Nm⁻²) for sediments in the presence and absence of an *Enteromorpha* spp. bloom. The boundary of the box closest to zero indicates the 25th percentile, a line within the box marks the median, and the boundary of the box farthest from zero indicates the 75th percentile. Whiskers above and below the box indicate the 90th and 10th percentiles. Black circles represent the 5th and 95th percentiles.

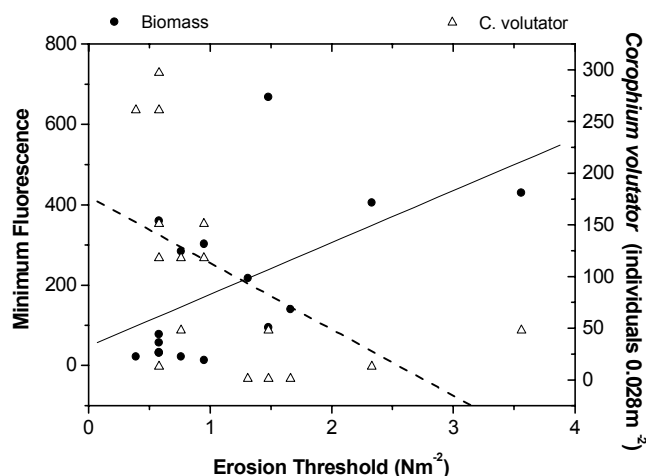


Fig. 2. *Diatom* biomass and *Corophium volutator* density at the Biezelingsche Ham site were inversely correlated at high erosion thresholds, with opposing effects on sediment stability. Solid line represents minimum fluorescence ($r^2 = 0.31$; $y = 129.07x + 47.96$) and dashed line represents *C. volutator* density ($r^2 = 0.29$; $y = -64.26x + 177.43$).

unstable ($<2 \text{ Nm}^{-2}$) and surface biomass was low. For 1.5 hours after the tidal emersion, surface stability and biomass increased at similar rates. This was followed by a decrease in stability and biomass, although the rate of decrease for stability was less than the rate of decrease for surface biomass (Fig. 3a). During the exposure period, water content gradually decreased whilst colloidal carbohydrate increased (Fig. 3b).

Zandkreek mudflat

Step-wise multiple linear regressions were applied to the Zandkreek data set. In the absence of macrofaunal abundance data, erosion threshold was not predicted significantly by grain size, algal biomass or water content. When macrofaunal abundance was included, the abundance of *A. marina* was a significant predictor of erosion threshold at the 1% level ($r^2 = 0.14$; $P = 0.039$; S.E. = 0.88 Nm^{-2} ; $y = -0.14x + 1.33$). Increasing abundance of *A. marina* had a negative effect on sediment stability, although all measured stabilities were below 2 Nm^{-2} , indicating that all the sediments were 'unstable' according to the criteria used in this study (Fig. 4).

Molenplaat mudflat

Step-wise multiple linear regressions were applied to the Molenplaat data set. Minimum fluorescence was a significant predictor of erosion threshold at the 1% level ($r^2 = 0.27$; $P = 0.011$; S.E. = 2.15 Nm^{-2} ; $y = 0.0063x + 1.81$) (Fig. 5).

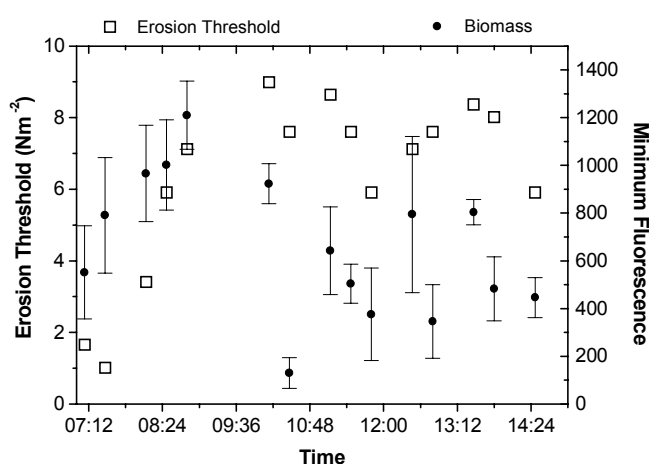


Fig. 3a. Erosion threshold and sediment surface biomass measured at regular intervals during a tidal emersion period on the Biezelingsche Ham mudflat. Erosion threshold ($n = 1$) at each time interval matched with minimum fluorescence measurements ($n = 3$).

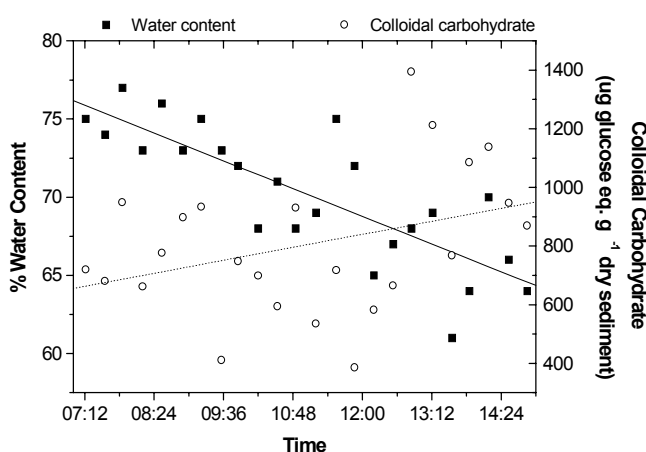


Fig. 3b. Water content (%) and colloidal carbohydrate ($\mu\text{g glucose eq. g}^{-1}$ dry sediment) measured at regular intervals during a tidal emersion period on the Biezelingsche Ham mudflat ($n = 1$ at each time interval). Solid line represents water content ($r^2 = 0.65$; $y = -35.49x + 86.53$) and dashed line represents colloidal carbohydrate ($r^2 = 0.13$; $y = 886.57x + 396.75$).

Complete data set

Step-wise multiple linear regressions were applied to the complete data set. Seven variables were found to be significant predictors of erosion threshold at the 1% level: percentage fine sand (a), percentage gravel (b), *N. diversicolor* (c), *M. balthica* (d), minimum fluorescence (e), water content (f) and *C. edule* (g) ($r^2 = 0.19$; $P < 0.001$; S.E. = 1.51 Nm^{-2} ; $y = 0.013a + 0.072b + 0.027c + 0.009d + 0.001e - 0.013f - 0.022g + 1.48$). However, these seven variables described less than half the total variation in the data, highlighting that certain site-specific features (such as

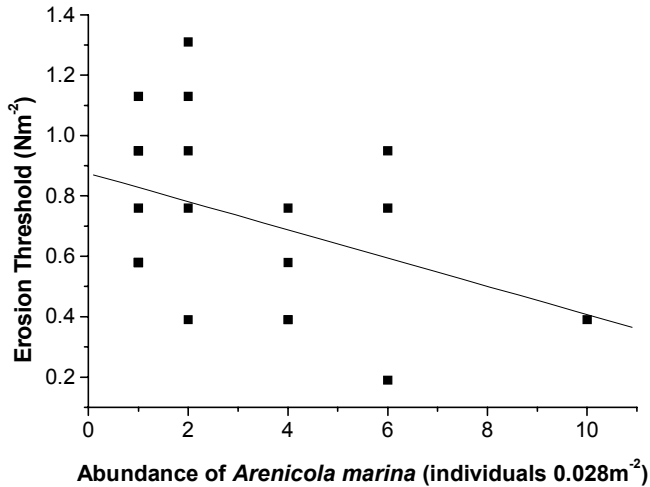


Fig. 4. Erosion threshold (Nm^{-2}) decreases with increasing abundance of *Arenicola marina* (individuals 0.028m^{-2}) on the Zandkreek mudflat ($r^2 = 0.16$; $y = 0.047x + 0.88$).

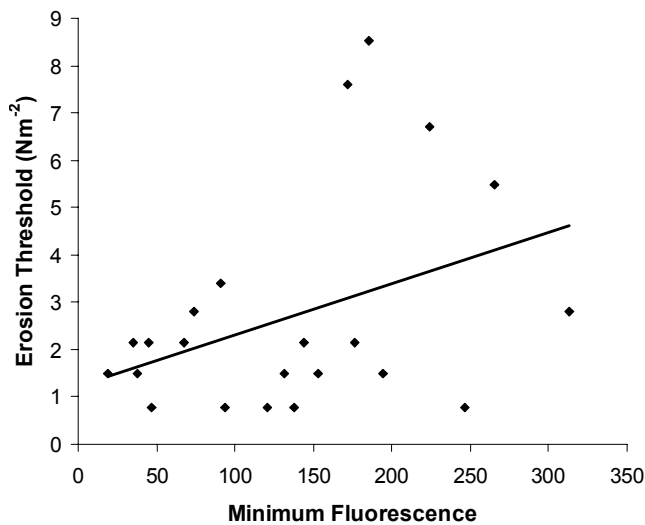


Fig. 5. Erosion threshold (Nm^{-2}) increases with increasing sediment surface diatom biomass described by minimum fluorescence on the Molenplaat ($r^2 = 0.15$; $y = 0.011x + 1.23$).

Enteromorpha beds, migratory biofilms and dominant macrofauna) may be having an influential role and need to be investigated more closely. Data from all sites were pooled, and ‘stable’ (erosion threshold $>2 \text{ Nm}^{-2}$) and ‘unstable’ sediments (erosion threshold $<2 \text{ Nm}^{-2}$) were compared. Mean chlorophyll-*a* concentration was significantly higher for stable sediments. Mean percent of gravel, coarse sand and fine sand were significantly higher in stable sediments, whilst the mean percent of medium sand and silt-clay fraction were significantly lower for stable sediments.

Discussion

The results of this study, in which multiple variables were measured in conjunction with sediment stability, highlight the complexity of the factors controlling the stability of intertidal sediments. For example, the presence of *Enteromorpha* had a major influence on both the biological (species present) and physical (water content) properties of the sediment bed. However, few studies have investigated these effects (Bolam *et al.*, 2000). Sediment stability of the Eden Grid A was significantly lower under the *Enteromorpha* bloom. Since the mat on Grid A was much thicker, and covered a larger area than the mat on Grid B, it may have different ecological effects compared with the smaller, spatially heterogeneous mat (Bolam *et al.*, 2000). In agreement with the results of Bolam *et al.* (2000), water content, organic carbon content and silt-clay fraction increased significantly in the sediments under *Enteromorpha* on Grid A (Table 1a). The stability of sediment without a biofilm would be expected to decrease with increasing water content, as found when mats of *Enteromorpha* were lifted away from the sediment surface, revealing pools of surface water. This suggests that the sediment below the mat had a highly mobile unconsolidated surface floc layer, which was disturbed when the mat was lifted away for sediment stability measurements. This undoubtedly caused a reduction in the measured erosion threshold, and may have accounted for the observed differences. The overall effect of an *Enteromorpha* bloom on sediment transport is complex since *Enteromorpha* will act to retard water flow, reduce near-bed shear stress and, thus, will trap fine-grained material (Paterson and Black, 2000). The protection afforded by the mat means that these areas are more likely to be depositional than erosional, highlighting the importance of considering data within the context of such settings.

Different macrofaunal assemblages are known to affect sediment stability in different ways (Meadows *et al.*, 1990; Blanchard *et al.*, 1997; Meadows *et al.*, 1998; Widdows *et al.*, 1998b, 2000; Willows *et al.*, 1998; Austin *et al.*, 1999; Riethmüller *et al.*, 2000; Andersen, 2001; de Deckere *et al.*, 2001). For example, on Eden Grid A, *N. diversicolor* had a net positive association with sediment stability, possibly due to the secretions produced during burrow formation and increased drainage of the sediment. However, on the Zandkreek mudflat, *A. marina* (also a polychaete worm) had a net negative effect on sediment stability. This may have been due to bioturbation effects such as a change in the particle size composition and an increase in the water content, or grazing pressure reducing the number of diatoms and consequently the EPS production (de Deckere *et al.*, 2001). The presence of macroalgal mats impact significantly

on the invertebrate assemblages, causing declines in some species and increases in others (Hull, 1987; Raffaelli *et al.*, 1991; Everett, 1994; Raffaelli *et al.*, 1998; Bolam *et al.*, 2000; Raffaelli, 2000). A change in macrofaunal assemblage structure may affect sediment stability, due to a change in bioturbatory/feeding behaviour and/or mode of living. On Eden Grid A, the abundance of *N. diversicolor* decreased under *Enteromorpha* mats, whilst the abundance of *H. ulvae* increased (Table 2b). *H. ulvae* can reduce stability by reducing cohesiveness through faecal pelletisation, and by moving through the surface sediment (Blanchard *et al.*, 1997; Austin *et al.*, 1999).

At Biezelingsche Ham, *C. volutator* reduced sediment stability by grazing on diatom biomass and via bioturbation; however, stability may also have been enhanced due to the mucus-lined burrows and increased drainage (Meadows *et al.*, 1990). As diatom biomass and *C. volutator* density are inversely related, it is likely that sediment stability of a *Corophium*-dominated site will lie along a continuum, with areas of high stability having high diatom biomass and a low density of *C. volutator*, and easily eroded areas having low diatom biomass and a high density of *C. volutator* (Fig. 2). Site-specific features, such as migratory bird populations may influence sediment stability by altering the stable state of the system. For example, Daborn *et al.* (1993) documented an ecological cascade effect, where migratory birds preyed upon *C. volutator*, reducing their density and altering their behaviour, which allowed a diatom biofilm to develop and the stability of the sediment to increase significantly.

Matched measurements taken on a diatom biofilm at Biezelingsche Ham provided an excellent example of the complex, and in this case synergistic, interactions between physical and biological processes. Initially upon exposure, biological processes were the predominant influence on sediment stability, which increased with increasing surface diatom biomass. This phenomenon has been described previously by Paterson (1989) although a greater time lag between diatoms appearing at the sediment surface and increased sediment stability was found in the present field study. After diatoms migrated away from the sediment surface (probably as a result of a tidal rhythm; Serôdio *et al.*, 2001) and for the remainder of the emersion period, sediment stability decreased slightly, but remained high. This was probably due to the additive effects of the sediment becoming more consolidated and compacted as the water content of the sediment decreased, and also due to the residual EPS pool on the sediment surface. A reduction in water content during the exposure period may result in an increased secretion of EPS by the diatoms to prevent desiccation (Decho, 1990; Hoagland *et al.*, 1993) or

migration; such feedbacks may alter relationships (i.e. from linear to non-linear) and increase the scatter in the data.

The presence of a biofilm can have implications for studies that employ a unified erosion formula which predicts increasing sediment stability with depth, related to increased sediment density (e.g. Sanford and Maa, 2001). These studies still fail to recognise the importance of the spatial scale of biological effects. For example, biofilms result in an inversion in the stability/density relationship, with highly stable low-density sediments at the surface and denser, less stable sediments below the surface. Even over a tidal cycle, diatom migration can alter, significantly, the density-depth stability relationship of the surface few millimetres (e.g. Hay *et al.*, 1993). If a site has a highly migratory biofilm (such as Biezelingsche Ham mudflat), then variations found along a grid or transect could be the result of migratory behaviour linked to the time of day and/or tidal cycle. Surface diatom biomass was found to be a significant predictor of erosion threshold for the Molenplaat, although the relationship was weak. This could have been due to the different mud and sand sedimentation patterns across the flat (Herman *et al.*, 2001).

The nature of the sediment, microphytobenthic biomass and the sediment water content have traditionally been considered the primary controls of stability on cohesive sediments, and all were found to be significant predictors in the model that incorporated all the data. The fact that a significant predictive relationship for use on all study sites was not possible, could be due to the complex interaction of factors, particularly local features such as migratory biofilms and *Enteromorpha* blooms, together with temporal and spatial variation.

It has become obvious that there is large scatter in the data on factors that control sediment stability. However, effective models still require a 'minimum' parameter subset of the factors responsible for controlling sediment stability (EstProc, 2002). Table 3 provides a preliminary attempt at this, comparing 'stable' and 'unstable' sediments. Whilst the mean values of sediment granulometry and chlorophyll-*a* concentration were significantly different between the two groups, the large range in values will increase the difficulty of producing a definitive model.

The results presented here reinforce those of Mitchener and Torfs (1996) who highlighted that there are major gaps in understanding the stability and thus sediment transport of mixed cohesive and non-cohesive sediments. Seasonal deposition cycles on intertidal flats are likely to be site-specific and may be a significant factor in the mud balance of an estuary (Herman *et al.*, 2001). This is likely to be a factor on the Molenplaat, and future models will need to incorporate a seasonality factor.

Table 3. Descriptive statistics for the combined data set (i.e. all sites) of water content, microalgal biomass, granulometry and organic carbon of ‘stable’ ($>2 \text{ Nm}^{-2}$; $n = 158$) and ‘unstable’ ($<2 \text{ Nm}^{-2}$; $n = 163$) sediments. Mean values compared using the t-test; n.s. defined as not significant.

		Mean	Median	Std. Deviation	Std. Error	Minimum	Maximum
Water content (%)	Unstable	46.7	39.1	22.6	1.8	21.9	95.0
	Stable	43.6 n.s.	32.1	22.9	1.8	11.5	94.7
Minimum Fluorescence (Fo^{15})	Unstable	210	114	276	22	3	1768
	Stable	274 n.s.	121	388	31	7	2166
Chlorophyll a (mg m^{-2})	Unstable	135.3	81.5	189.5	14.8	14.0	1524.9
	Stable	214.5	124.6	268.7	21.4	18.5	2091.4
		$P \leq 0.002$					
% Gravel ($>2 \text{ mm}$)	Unstable	1.2	0.2	2.4	0.2	0.0	20.3
	Stable	3.0	0.5	6.5	0.5	0.0	31.5
		$P \leq 0.001$					
% Coarse sand (1-2 mm)	Unstable	0.4	0.2	0.8	0.06	0.0	4.7
	Stable	1.0	0.3	1.6	0.1	0.0	8.6
		$P < 0.001$					
% Medium sand (250-1000 μm)	Unstable	29.7	7.0	37.6	3.0	0.05	97.5
	Stable	17.3	7.2	27.0	2.2	0.8	99.0
		$P < 0.001$					
% Fine sand (63-250 μm)	Unstable	50.7	68.0	33.2	2.6	0.16	97.9
	Stable	67.0	76.2	25.6	2.0	0.6	98.3
		$P < 0.001$					
% Silt-clay ($<63 \mu\text{m}$)	Unstable	16.2	12.3	16.6	1.3	0.1	72.5
	Stable	11.7	9.5	9.1	0.7	0.1	41.1
		$P \leq 0.003$					
Organic carbon (%)	Unstable	7.1	3.3	9.7	0.8	0.4	53.6
	Stable	7.8 n.s.	3.2	11.1	0.9	0.9	65.7

Experimental studies provide only a snapshot of the ecosystem, so that significant weather events (e.g. storms) and longer-term seasonal changes that influence the current state of the ecosystem are often overlooked. Spatial and temporal variation is an intrinsic part of the estuarine environment and it is important, therefore, that this is reflected in measurement programmes. If components are measured inappropriately, then relationships or effects may be weakened, masked or may even disappear. However, it is possible that the relationships that govern sediment stability are too complex to be modelled easily in the current state of knowledge.

Conclusions

Since the living and abiotic elements vary temporally and spatially, it is not surprising that the functions and importance of these various factors in determining sediment stability also vary, resulting in apparently idiosyncratic relationships. Whilst some factors will be similar between estuaries, this research highlights the need for site-specific calibration of models, and suggests that a universal proxy parameter for sediment stability is unlikely to be obtained. The sediment stability of all the sites in this investigation was controlled by different forcing variables, and appeared to be associated with the seasonal influence and difference in local features. The challenge now is to bridge the gap

between understanding of the fine scale and the larger scale properties and processes to produce system-wide models.

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