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WINDINGS OF PLANAR RANDOM WALKS AND AVERAGED DEHN FUNCTION

BRUNO SCHAPIRA AND ROBERT YOUNG

ABSTRACT. We prove sharp estimates on the expected number of windings of a simple random walk on the square or triangular lattice. This gives new lower bounds on the averaged Dehn function, which measures the expected area needed to fill a random curve with a disc.

1. INTRODUCTION

The isoperimetric problem is a classical problem in geometry which asks for largest area that can be bounded by a loop of a given length. This question can be asked for a variety of spaces, and is particularly important in geometric group theory, where the growth rate of this area as a function of the length of the loop is known as the Dehn function and carries information on the geometry of a group (see [Bri02] for a survey). Gromov [Gro93, 5.A₆'] proposed studying the distribution of areas of random curves as an alternative to studying the supremal area of a curve; in this paper, we will study the area of random curves in \mathbb{R}^n .

We define the filling area of a curve to be the infimal area of a disc bounded by the curve. The filling area of a curve in \mathbb{R}^2 is bounded from below by its winding number. If $\gamma : S^1 \rightarrow \mathbb{R}^2$ is a PL (smooth) closed curve, $f : D^2 \rightarrow \mathbb{R}^2$ is a PL (smooth) map such that $f|_{S^1} = \gamma$, and $i_\gamma(x)$ is the index of x with respect to γ , then $\#f^{-1}(x) \geq |i_\gamma(x)|$ except for a set of measure zero, so

$$\int_{\mathbb{R}^2} |i_\gamma(x)| dx \leq \text{area } f.$$

We will find bounds on the winding numbers of random curves which can be used to find bounds on their filling areas.

Results on the winding number of Brownian motion suggest that the filling area of a loop based on Brownian motion is infinite. Werner [Wer94] showed that if $\theta_t(z)$ is the angular part of a Brownian motion with respect to z , then

$$(1) \quad k^2 \text{ area}\{z \in \mathbb{C} \mid \theta_t(z) - \theta_0(z) \in [2\pi k, 2\pi(k+1))\} \rightarrow t/2\pi$$

in L^2 as $k \rightarrow +\infty$. Thus if γ is the loop formed by connecting the ends of a Brownian motion by a straight line, then

$$\mathbb{E} \left[\int_{\mathbb{R}^2} |i_\gamma(x)| dx \right] = \infty.$$

Similarly, Yor [Yor80] explicitly computed the law of the index of a point $z \in \mathbb{C}$ with respect to a Brownian loop. Using this result, one can show that there is

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equality in (1) for all $k \neq 0$, so as above, if γ is a Brownian loop, then

$$\mathbb{E} \left[\int_{\mathbb{R}^2} |i_\gamma(x)| dx \right] = \infty.$$

This infinite area is due to the presence of small regions with arbitrarily large winding number. From the perspective of geometric group theory, it is natural to consider curves derived from random walks, which have finite filling areas. Windings of random walks have been studied less than windings of Brownian curves. One result is an analogue of Spitzer's theorem for the random walk, due to Béliisle [Bél189], who proved that for any fixed $z \in \mathbb{C}$, the distribution of $i_n(z)/\ln n$ converges to the hyperbolic secant distribution as $n \rightarrow +\infty$.

In this paper, we will prove

Theorem 1.1. *Let $(S_n, n \geq 0)$ be the simple random walk on the unit square lattice in the complex plane. Let \mathcal{S} be the loop joining the points $S_0, S_1, \dots, S_n, S_0$ in order by straight lines and for $z \in \mathbb{C}$, let $i_n(z)$ be the index of z with respect to \mathcal{S} . Then*

$$\mathbb{E} \left[\int_{\mathbb{C}} |i_n(z)| dz \right] \sim \frac{1}{2\pi} n \ln \ln n,$$

when $n \rightarrow +\infty$.

The same asymptotic holds for the simple random walk on the unit triangular lattice, and we will sketch the proof for the triangular lattice in Section 4.

The basic idea of the proof is to use strong approximation to relate windings of the random walk to windings of Brownian motion. The main effect of replacing a Brownian curve with a random walk is to eliminate points with very high winding numbers, and the replacement does not affect points which are far from the Brownian motion. We thus find a lower bound on the expected winding number by considering points which are far from the random walk (Prop. 3.3). We find an upper bound by bounding the number of points with high winding numbers (Prop. 3.4). Windings around a point can be broken into classes depending on their distance from the point, and we bound the number of windings in each class separately.

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2. PRELIMINARIES AND NOTATION

We start by laying out some of the background and notation for the rest of the paper. We will recall some standard notation and describe results of Zaitsev on approximating random walks by Brownian motion and of Werner on winding numbers of Brownian motion.

We first describe some notation for the growth of functions. Recall that $f(x) = O(g(x))$ if and only if $\limsup_{x \rightarrow \infty} |f(x)/g(x)| < \infty$. We define a class of quickly-decaying functions:

$$(2) \quad \mathcal{G} = \{g : \mathbb{R}^+ \rightarrow \mathbb{R}^+ \mid g(k) = O(k^{-c}) \quad \forall c > 0\}.$$

We next describe some notation for planar random walks and winding numbers. Throughout this paper, we will identify \mathbb{R}^2 with \mathbb{C} . Let $(S_i, i \geq 0)$ be a random walk on \mathbb{R}^2 with i.i.d. bounded increments, $\mathbb{E}[S_i - S_{i-1}] = 0$, and $\text{cov}(S_i - S_{i-1}) = \kappa I$,

for example, the simple random walk on the unit square lattice, for which $\kappa = 1/2$. For any n , we can consider a process $(X_t, 0 \leq t \leq 1)$ defined by:

$$X_t := \frac{S_{\lfloor nt \rfloor} + (t - \frac{\lfloor nt \rfloor}{n})(S_{\lfloor nt \rfloor + 1} - S_{\lfloor nt \rfloor})}{\sqrt{\kappa n}},$$

for all $t \geq 0$ (the dependence on n in the notations will often be implicit). Here, $\lfloor x \rfloor$ represents the largest integer which does not exceed x . Denote by \mathcal{C} the loop made of the curve $(X_t, 0 \leq t \leq 1)$ and the segment joining X_0 and X_1 . This curve connects the points of the random walk in order and joins the endpoints.

If Y_t is a continuous function of t and z is not in its image, let $\psi_Y^z(t)$ be the unique continuous lift of $\text{Im}(\ln(Y_t - z))$ such that $\psi_Y^z(0) \in [0, 2\pi)$. If $T = \bigcup_i I_i$ is a finite disjoint union of intervals I_i with endpoints x_i and y_i , let $w_Y^z(T) = \sum_i \psi_Y^z(y_i) - \psi_Y^z(x_i)$. If z is in the image of Y_t , let $w_Y^z(T) = 0$. Let

$$j_n(z) = \left\lceil \frac{w_X^z([0, 1])}{2\pi} \right\rceil,$$

where $\lceil x \rceil$ represents the closest integer to x ; this is the index of z with respect to \mathcal{C} . Note that if $w_X^z([0, 1])$ is an odd multiple of π , then z is on the line connecting X_0 and X_1 , so if z is not on \mathcal{C} , then $j_n(z)$ is well-defined.

One of our main tools is the fact that a random walk can be approximated by a Brownian motion. A strong approximation theorem due to Zaitsev [Zai98], which improves bounds of Einmahl [Ein89] and generalizes results of Komlós, Major and Tusnády [KMT75], implies the following:

Theorem 2.1 ([Zai98]). *If $(X_t, 0 \leq t \leq 1)$ is defined as above, then there is a constant $c > 0$ such that for any $n > 1$, there exists a coupling of $(X_t, 0 \leq t \leq 1)$ with a Brownian motion $(\beta_t, 0 \leq t \leq 1)$ such that*

$$\mathbb{P} \left[\sup_{k \leq n, k \in \mathbb{N}} |X_{k/n} - \beta_{k/n}| \geq c \frac{\ln n}{\sqrt{n}} \right] \leq \frac{1}{n^4}.$$

Standard properties of the Brownian motion imply that there is a constant $c' > 0$ such that

$$\mathbb{P} \left[\sup_{t \leq 1} \sup_{h \leq 1/n} |\beta_t - \beta_{t+h}| \geq \frac{\ln n}{\sqrt{n}} \right] \leq \frac{c'}{n^4},$$

for all $n > 1$, so there are constants $c_0 > 0$ and $c'' > 0$ such that

$$(3) \quad \mathbb{P} \left[\sup_{t \leq 1} |X_t - \beta_t| \geq c_0 \frac{\ln n}{\sqrt{n}} \right] \leq \frac{c''}{n^4},$$

for all $n \geq 1$. Let

$$\epsilon_n := c_0 \frac{\ln n}{\sqrt{n}}$$

and let Ω be the event

$$(4) \quad \Omega := \left\{ \sup_{t \leq 1} |X_t - \beta_t| \leq \epsilon_n \right\}.$$

Observe that Ω depends on n .

Let $(\beta_t, t \geq 0)$ be a complex Brownian motion starting from 0. As with the random walk, we can connect the endpoints of the Brownian motion by a line

segment to form a closed curve $\tilde{\mathcal{C}}$. If we define

$$\tilde{j}(z) = \left[\frac{w_\beta^z([0, 1])}{2\pi} \right],$$

then $\tilde{j}(z)$ is the index of z with respect to $\tilde{\mathcal{C}}$.

We will need to consider the number of times that β winds around a point, especially the windings which occur outside a ball of radius ϵ . Let $B(z, r)$ denote the closed disc with center $z \in \mathbb{C}$ and radius r . For $m \geq 0$, let

$$\begin{aligned} T_m(z) &:= \inf\{s \geq 0 \mid \beta_s \notin B(z, m)\} \\ t_m(z) &:= \inf\{s \geq 0 \mid \beta_s \in B(z, m)\}. \end{aligned}$$

For any $z \neq 0$, we have the following skew-product representation (see for instance [LG92] or [RY99]):

$$\beta_t - z = \exp(\rho_{A_t^z}^z + i\theta_{A_t^z}^z),$$

where $((\rho_t^z, \theta_t^z), t \geq 0)$ is a two-dimensional Brownian motion, and

$$A_t^z = \int_0^t \frac{1}{|\beta_s - z|^2} ds \quad \forall t \geq 0.$$

For $\epsilon > 0$ and $t \geq 0$, let

$$Z_\epsilon(t) := \left(\int_0^t \frac{1_{\{|\beta_s - z| \geq \epsilon\}}}{|\beta_s - z|^2} ds \right)^{1/2}$$

and let $Z_\epsilon := Z_\epsilon(1)$. This Z_ϵ controls the amount of winding around z which occurs while the Brownian motion is outside $B(z, \epsilon)$. The next lemma is essentially taken from [Spi64] and Lemma 2 and Corollary 3 (ii) of [Wer94]. It shows, among other things, that Z_ϵ is not likely to be much larger than $|\ln \epsilon|$.

Lemma 2.2.

- (1) *There is a $g \in \mathcal{G}$, such that for all $\epsilon \in (0, 1/2)$ and all $k \geq 1$,*

$$\mathbb{P}[Z_\epsilon \geq k] \leq g(k/|\ln \epsilon|).$$

- (2) *There exists a function $\phi \in L^1$, such that for all $\epsilon \in (0, 1/2)$ and all $z \neq 0$,*

$$\mathbb{P}[t_\epsilon(z) \leq 1] \leq \frac{\phi(z)}{|\ln \epsilon|}.$$

- (3) *There exists a function $\phi \in L^1$, such that for all $\epsilon \in (0, 1/2)$, all $z \neq 0$ and all $k \geq 1$,*

$$\mathbb{P}[Z_\epsilon \geq k] \leq \frac{\phi(z)}{k}.$$

Proof. We start with part (1). The proof is essentially contained in the proof of Lemma 2 in [Wer94]. Let $M = e^{\sqrt{k}}$. Consider first the case where $|z| \leq M/2$. The skew-product decomposition shows that $Z_\epsilon(T_M(z))^2$ has the distribution of the exit time of $[0, \ln(M/\epsilon)]$ by a reflected Brownian motion starting from $\ln |z| - \ln \epsilon$ if $|z| > \epsilon$, or from 0 if $|z| \leq \epsilon$. The Markov property implies that this exit time is

dominated by the exit time $\sigma_{\ln(M/\epsilon)}$ of $[0, \ln(M/\epsilon)]$ by a reflected Brownian motion starting from 0. Thus

$$\begin{aligned} \mathbb{P}[Z_\epsilon(T_M(z)) \geq k] &\leq \mathbb{P}[\sigma_{\ln(M/\epsilon)} \geq k^2] \\ &\leq \mathbb{P}\left[\sigma_1 \geq \frac{k^2}{(\sqrt{k} + |\ln \epsilon|)^2}\right] \\ &\leq c \exp\left(-c' \frac{k^2}{(\sqrt{k} + |\ln \epsilon|)^2}\right), \end{aligned}$$

where c and c' are positive constants. For the last inequality see for instance [PS78] Proposition 8.4. If $k/|\ln \epsilon| > 1$,

$$\begin{aligned} \mathbb{P}[Z_\epsilon(T_M(z)) \geq k] &\leq c \exp\left(-c' \frac{k/|\ln \epsilon|}{(|\ln \epsilon|^{-1/2} + \sqrt{|\ln \epsilon|/k})^2}\right) \\ &\leq c \exp\left(-c' \frac{k}{10|\ln \epsilon|}\right) \leq g(k/|\ln \epsilon|) \end{aligned}$$

for some $g \in \mathcal{G}$.

Since $|z| \leq M/2$, by the maximal inequality, there is a $g \in \mathcal{G}$ such that

$$\mathbb{P}[T_M(z) \leq 1] \leq \mathbb{P}[T_{M/2}(0) \leq 1] \leq g(k).$$

The case follows from the inequality

$$\mathbb{P}[Z_\epsilon \geq k] \leq \mathbb{P}[T_M(z) \leq 1] + \mathbb{P}[Z_\epsilon(T_M(z)) \geq k].$$

Now assume $|z| > M/2$. Then

$$\begin{aligned} \mathbb{P}[Z_\epsilon \geq k] &\leq \mathbb{P}\left[\inf_{s \leq 1} |\beta_s - z| \leq k^{-1}\right] \\ &\leq \mathbb{P}[T_{M/2}(0) \leq 1] \leq g'(k), \end{aligned}$$

for some function $g' \in \mathcal{G}$.

The second claim is essentially due to Spitzer [Spi64] (see also [LG92] for a precise statement). The third claim is a special case of Corollary 3 (ii) in [Wer94]. \square

Corollary 2.3. *For any $c > 0$, there exists a function $\phi \in L^1$, such that for all $z \neq 0$ and sufficiently large n ,*

$$\mathbb{P}[\inf\{t \geq 0 \mid X_t \in B(z, c\epsilon_n)\} \leq 1] \leq \frac{\phi(z)}{\ln n}.$$

Proof. By Lemma 2.2.(2), there is a $\phi \in L^1$ and a $c' > 0$ such that for sufficiently large n ,

$$\begin{aligned} \mathbb{P}[\inf\{t \geq 0 \mid X_t \in B(z, c\epsilon_n)\} \leq 1] &\leq \mathbb{P}[t_{(c+1)\epsilon_n}(z) \leq 1, \Omega] + \mathbb{P}[\Omega^c] \\ &\leq \frac{\phi(z)}{\ln n} + c'n^{-4} \end{aligned}$$

Since the length of a step of the random walk is bounded, if n is sufficiently large and $|z| > n$, then $\mathbb{P}[\inf\{t \geq 0 \mid X_t \in B(z, c\epsilon_n)\} \leq 1] = 0$. We thus find

$$\mathbb{P}[\inf\{t \geq 0 \mid X_t \in B(z, c\epsilon_n)\} \leq 1] \leq \frac{\phi(z)}{\ln n} + c' \min\left\{n^{-4}, \frac{|z|^{-3}}{n}\right\} \leq \frac{\phi'(z)}{\ln n}$$

as desired. \square

3. PROOF OF THEOREM 1.1

Let $D \subset \mathbb{C}$ be given by

$$D = \{z_1 + iz_2 \mid z_1\sqrt{n/2}, z_2\sqrt{n/2} \notin \mathbb{Z} \text{ for any } n\}.$$

This is the set of points which are not on any of the edges of the rescaled lattices for the random walk, and $\mathbb{C} \setminus D$ has measure 0.

Theorem 1.1 follows by dominated convergence from the following:

Proposition 3.1. *Let $(S_n, n \geq 0)$ be the simple random walk on the unit square lattice in the complex plane. Let \mathcal{S} be the loop joining the points $S_0, S_1, \dots, S_n, S_0$ in order by straight lines and for $z \in \mathbb{C}$, let $i_n(z)$ be the index of z with respect to \mathcal{S} . Then for any $z \in D$,*

$$\lim_{n \rightarrow +\infty} \frac{\mathbb{E}[|i_n(z\sqrt{n/2})|]}{\ln \ln n} = \frac{\int_0^1 p_s(0, z) ds}{\pi},$$

where $p_s(0, z) = (2\pi s)^{-1} \exp(-|z|^2/2s)$, and there is a function $\phi \in L^1$ such that for sufficiently large n ,

$$\frac{\mathbb{E}[|i_n(z\sqrt{n/2})|]}{\ln \ln n} \leq \phi(z)$$

for all z .

This section is devoted to the proof of this proposition. Note that by summation by parts,

$$\begin{aligned} \mathbb{E}[|i_n(z\sqrt{n/2})|] &= \sum_{k=-\infty}^{+\infty} |k| \mathbb{P}[j_n(z) = k] \\ &= \sum_{k=1}^{+\infty} \mathbb{P}[|j_n(z)| \geq k] \end{aligned}$$

and

$$\mathbb{E}[|i_n(z\sqrt{n/2})|] = \sum_{k=1}^n \mathbb{P}[|j_n(z)| \geq k],$$

since $j_n(z) < n/2$. We thus focus on bounding $\mathbb{P}[|j_n(z)| \geq k]$.

Werner showed

Lemma 3.2 ([Wer94], Lemma 5).

(1) For all $t > 0$ and all $z \in D$,

$$x^2 \mathbb{P}[w_\beta^z([0, t]) \in [x, x + 2\pi]] \xrightarrow{x \rightarrow \infty} 2\pi \int_0^t p_s(0, z) ds$$

(2) For all $t > 0$, there is a function $\phi_t \in L^1$ and a real $x_1(t)$ such that for all $z \in D$ and all $x > x_1(t)$,

$$x^2 \mathbb{P}[w_\beta^z([0, t]) \in [x, x + 2\pi]] < \phi_t(z).$$

In particular, as $n \rightarrow \infty$,

$$\sum_{k=1}^{\ln n} \mathbb{P}[|\tilde{j}(z)| \geq k] \sim \frac{\int_0^t p_s(0, z) ds}{\pi} \ln \ln n.$$

Werner's proof shows that large indices are generally due to many small windings around a point. We will see that the main difference between windings of random walks and of Brownian motion is the absence of these small windings and thus the absence of points with index larger than $(\ln n)^{1+\epsilon}$.

Our proof has two parts. First, we will show that $\tilde{j}(z)$ and $j_n(z)$ are often equal. This uses strong approximation; since the random walk is close to the Brownian motion, they can differ only if z is close to the Brownian motion. Using Spitzer's estimate of the area of the Wiener sausage, we will show that this probability is small.

Second, we will show that $\mathbb{P}[|j_n(z)| \geq k]$ drops sharply for $k > (\ln n)^{1+\epsilon}$. This relies on decomposing the random walk into pieces that are close to and far from a given point z ; this technique is similar to that used by Bélisle [Bél89]. We bound the amount of winding accumulated during the faraway pieces using strong approximation and Lemma 2.2. We bound the winding of the nearby pieces by noting that the random walk usually spends little time near z , and so does not accumulate a large winding number while close to z . This is different from the case of the Brownian motion, in which most of the winding around a point with high winding number occurs very close to the point.

We will show the following two propositions, which imply Proposition 3.1.

Proposition 3.3 (Points with low index). *Let $(S_i, i \geq 0)$ be a random walk on \mathbb{C} with i.i.d. bounded increments, $\mathbb{E}[S_i - S_{i-1}] = 0$, and $\text{cov}(S_i - S_{i-1}) = \kappa I$. Then*

$$\lim_{n \rightarrow +\infty} \frac{1}{\ln \ln n} \sum_{k=1}^{\ln n} \mathbb{P}[|j_n(z)| \geq k] = \frac{1}{\pi} \int_0^1 p_s(0, z) ds,$$

and there is a $\phi \in L^1$ such that

$$\frac{1}{\ln \ln n} \sum_{k=1}^{\ln n} \mathbb{P}[|j_n(z)| \geq k] \leq \phi(z).$$

Proposition 3.4. *Let $(S_i, i \geq 0)$ be the simple random walk on the unit square lattice in \mathbb{C} and $(X_t, t \geq 0)$ a rescaling of S as in Section 2. There is a function $\phi \in L^1$ such that for all $z \in D$ and all $k \geq \ln n$,*

$$\mathbb{P}[|j_n(z)| \geq k] \leq \frac{\phi(z)}{k}.$$

Furthermore, there is a $\phi'(z)$ such that for any $\epsilon > 0$, there is an $N > 0$ such that for any $n > N$, $k \geq (\ln n)^{1+\epsilon}$, and $z \in D$, we have

$$\mathbb{P}[|j_n(z)| \geq k] \leq \frac{\ln n}{k^2} \phi(z).$$

and thus for $n > N$,

$$\frac{1}{\ln \ln n} \sum_{k=\ln n}^n \mathbb{P}[|j_n(z)| \geq k] \leq \epsilon \phi'(z) + \frac{\phi(z)}{\ln \ln n}.$$

We will prove Proposition 3.3 in the next section, then prove Proposition 3.4 in sections 3.2–3.5.

3.1. Points with low index. We concentrate here on Proposition 3.3. The proof combines strong approximation [Zai98], Spitzer's estimate on the area of the Wiener sausage [Spi64], and Werner's estimate of $\mathbb{P}[\tilde{j}(z) = k]$ [Wer94].

Proof of Proposition 3.3: For $\epsilon > 0$, let W_ϵ be the ϵ -neighborhood of the loop $\tilde{\mathcal{C}}$ formed by connecting the endpoints of the Brownian motion. Since W_ϵ is mostly made up of the Wiener sausage of β , Spitzer's estimate [Spi64] (see also [LG92]) shows that for all z ,

$$(5) \quad \lim_{\epsilon \rightarrow 0} |\ln \epsilon| \mathbb{P}[z \in W_\epsilon] = \pi \int_0^1 p_s(0, z) ds.$$

and that there is a $\phi \in L^1$ such that

$$(6) \quad \mathbb{P}[z \in W_\epsilon] \leq \frac{\phi(z)}{|\ln \epsilon|}$$

Observe that on the set Ω , the straight-line homotopy between $\tilde{\mathcal{C}}$ and \mathcal{C} lies entirely in W_{ϵ_n} , so if $z \notin W_{\epsilon_n}$, then $j_n(z) = \tilde{j}(z)$. Thus

$$|\mathbb{P}[|j_n(z)| \geq k, \Omega] - \mathbb{P}[|\tilde{j}(z)| \geq k, \Omega]| \leq \mathbb{P}[z \in W_\epsilon]$$

On the other hand, if $j_n(z) \neq \tilde{j}(z)$, then one of them is non-zero, so $|z| \leq \sup_{0 \leq t \leq 1} |X_t|$ or $|z| \leq \sup_{0 \leq t \leq 1} |\beta_t|$, and

$$\begin{aligned} |\mathbb{P}[|j_n(z)| \geq k, \Omega^c] - \mathbb{P}[|\tilde{j}(z)| \geq k, \Omega^c]| &\leq \mathbb{P}[\sup_{0 \leq t \leq 1} |X_t| > |z|, \Omega^c] + \mathbb{P}[\sup_{0 \leq t \leq 1} |\beta_t| > |z|, \Omega^c] \\ &\leq \mathbb{P}[\Omega^c] 1_{|z| < n} + \min\{\mathbb{P}[\sup_{0 \leq t \leq 1} |\beta_t| > |z|], \mathbb{P}[\Omega^c]\} \end{aligned}$$

and since $\mathbb{P}[\Omega^c] = O(n^{-4})$, there is a $\phi' \in L^1$ such that

$$|\mathbb{P}[|j_n(z)| \geq k, \Omega^c] - \mathbb{P}[|\tilde{j}(z)| \geq k, \Omega^c]| < \frac{\phi'(z)}{n}.$$

Thus

$$|\mathbb{P}[|j_n(z)| \geq k] - \mathbb{P}[|\tilde{j}(z)| \geq k]| \leq \mathbb{P}[z \in W_{\epsilon_n}] + \frac{\phi'(z)}{n},$$

and by (5),

$$\left| \sum_{k=1}^{\ln n} \mathbb{P}[|j_n(z)| \geq k] - \sum_{k=1}^{\ln n} \mathbb{P}[|\tilde{j}(z)| \geq k] \right| \leq (\ln n) \mathbb{P}[z \in W_{\epsilon_n}] + \frac{\phi'(z) \ln n}{n}$$

is bounded.

Thus, using Lemma 3.2,

$$\begin{aligned} \lim_{n \rightarrow +\infty} \frac{1}{\ln \ln n} \sum_{k=1}^{\ln n} \mathbb{P}[|j_n(z)| \geq k] &= \lim_{n \rightarrow \infty} \frac{1}{\ln \ln n} \sum_{k=1}^{\ln n} \mathbb{P}[|\tilde{j}(z)| \geq k] \\ &= \frac{1}{\pi} \int_0^1 p_s(0, z) ds, \end{aligned}$$

as desired. Finally, by Lemma 3.2 and (6), there is a $\phi'' \in L^1$ such that

$$\mathbb{P}[|j_n(z)| \geq k] \leq \frac{\phi''(z)}{k} + \frac{\phi''(z)}{\ln n}$$

and so

$$\sum_{k=1}^{\ln n} \mathbb{P}[|j_n(z)| \geq k] \leq \phi''(z) \ln \ln n + \phi''(z).$$

3.2. Decomposing the winding number. In the next subsections, we will prove Proposition 3.4; for the rest of the proof, $(S_i, i \geq 0)$ will denote the simple random walk on the unit square lattice.

To bound the probability that a point will have large index, we will introduce a decomposition of the winding number into small, medium, and large windings, depending on their distance from the point. We will then use different methods to bound the number of windings. During large windings, the random walk stays away from the point and is well-approximated by the Brownian motion. The number of medium and small windings is bounded by the fact that the random walk spends little time near the point.

Define the stopping times $(\tau_i, i \geq 0)$ and $(\sigma_i, i \geq 1)$ by

$$\begin{aligned} \tau_0 &:= 0, \\ \sigma_i &:= \inf\{t \geq \tau_{i-1} \mid |\beta_t - z| < 2\epsilon_n\} \quad \forall i \geq 1, \\ \tau_i &:= \inf\{t \geq \sigma_i \mid |\beta_t - z| > 4\epsilon_n\} \quad \forall i \geq 1. \end{aligned}$$

These times divide the curve into pieces close to z and far from z . If $t \in [\sigma_i, \tau_i)$, then $|\beta_t - z| \leq 4\epsilon_n$; if $t \in [\tau_i, \sigma_{i+1})$, then $|\beta_t - z| \geq 2\epsilon_n$. Let

$$(7) \quad \mathcal{T} := \bigcup_{i \geq 0} [\tau_i, \sigma_{i+1}) \cap [0, 1];$$

this is a.s. a finite union of intervals during which $|\beta_t - z| \geq 2\epsilon_n$.

We also break the random walk into excursions with winding number $\pm 1/2$; this decomposition relies on the fact that $(S_i, i \geq 0)$ is a nearest-neighbor walk on a square lattice. Let \hat{z} be the center of the square in the rescaled lattice containing z ; since $z \in D$, this is unique. Let

$$\Delta_z^\pm := \hat{z} \pm (1+i)\mathbb{R}^+$$

be the halves of the diagonal line through \hat{z} . If the random walk hits Δ_z^+ before Δ_z^- , define

$$\begin{aligned} e_0 &:= \inf\{t \geq 0 \mid X_t \in \Delta_z^+\} \\ e_{2i+1} &:= \inf\{t \geq e_{2i} \mid X_t \in \Delta_z^-\} \\ e_{2i} &:= \inf\{t \geq e_{2i-1} \mid X_t \in \Delta_z^+\}; \end{aligned}$$

otherwise, define the e_i 's with $+$ and $-$ switched. Note that $e_i \in \mathbb{Z}/n$ for all i . We call intervals of the form $[e_i, e_{i+1}]$ excursions and let \mathcal{E} be the set of all excursions which are subsets of $[0, 1]$. If $e = [t_1, t_2]$ is an excursion, then define $w(e) := w_X^z([t_1, t_2])/2\pi = \pm 1/2$. Then

$$\left| \frac{w_X^z([0, 1])}{2\pi} - \sum_{e \in \mathcal{E}} w(e) \right| \leq 2.$$

We will classify these excursions as small, medium, or large. Let

$$\mathcal{E}_{\text{sm}} := \{[u, v] \in \mathcal{E} \mid |X_u - z| \leq \epsilon_n\}$$

be the set of excursions starting close to z ; we call them *small excursions*. Let

$$\mathcal{E}_{\text{lg}} := \{[u, v] \in \mathcal{E} \mid [u, v] \subset \mathcal{T}\}.$$

These *large excursions* stay far from z . On the set Ω , these two sets are disjoint. Let

$$\mathcal{E}_{\text{md}} := \mathcal{E} \setminus (\mathcal{E}_{\text{sm}} \cup \mathcal{E}_{\text{lg}})$$

be the set of *medium excursions*, so that every excursion is either small, medium, or large.

Proposition 3.4 follows from the following lemmas.

Lemma 3.5. *There exists a function $\phi \in L^1$, such that for all sufficiently large n , all $k \geq 1$, and all $z \in D$,*

$$(1) \mathbb{P} \left[\left| \sum_{e \in \mathcal{E}_{\text{sm}}} w(e) \right| \geq k \right] \leq \frac{\ln n}{k^2} \phi(z).$$

$$(2) \mathbb{P} \left[\left| \sum_{e \in \mathcal{E}_{\text{md}}} w(e) \right| \geq k \right] \leq \frac{\ln n}{k^2} \phi(z).$$

Lemma 3.6.

- (1) *There is a function $\phi \in L^1$, such that for any $\epsilon > 0$, there is an $N > 0$ such that if $n > N$, $k \geq (\ln n)^{1+\epsilon}$, and $z \in D$, then*

$$\mathbb{P} \left[\left| \sum_{e \in \mathcal{E}_{\text{lg}}} w(e) \right| \geq k \right] \leq \frac{\ln n}{k^2} \phi(z).$$

- (2) *There exists a function $\phi \in L^1$, such that for all sufficiently large n , all $z \in D$, and all $k \geq 1$,*

$$\mathbb{P} \left[\left| \sum_{e \in \mathcal{E}_{\text{lg}}} w(e) \right| \geq k \right] \leq \frac{\phi(z)}{k}.$$

We will prove these lemmas in the next three sections.

3.3. Small excursions. In this section, we will prove Lemma 3.5.1 by using results on the occupation times of points by a random walk on a lattice.

We first show that the symmetry of the random walk implies that excursions are equally likely to go clockwise or counterclockwise. For the simple random walk, this follows from the fact that reflecting an excursion across the line $\Delta_z^+ \cup \Delta_z^-$ results in an equally probable excursion which winds in the opposite direction, but there is also an argument which relies only on the random walk being symmetric. Let $[e_i, e_{i+1}]$ be an excursion from Δ_z^+ to Δ_z^- and let

$$t_0 = \max\{t \in [e_i, e_{i+1}] \mid X_t \in \Delta_z^+\}.$$

The portion of the excursion between t_0 and e_{i+1} travels between $p_1 = X_{t_0}$ and $p_2 = X_{e_{i+1}}$. Its time reversal travels from p_2 to p_1 . Rotating this curve by 180 degrees and translating gives a curve going from p_1 to p_2 which winds around z in the opposite direction of the original. Replacing the section of the excursion between t_0 and e_{i+1} by this rotated curve is a measure-preserving map on the space of random walk paths. This map doesn't change \mathcal{E} or \mathcal{E}_{sm} and changes the direction of the excursion from clockwise to counterclockwise or vice versa, so the

variables $w([e_i, e_{i+1}])$ are independent and take values from $\{-1/2, 1/2\}$ with equal probability. Furthermore,

$$\mathbb{E}\left[\left(\sum_{e \in \mathcal{E}_{\text{sm}}} w(e)\right)^2\right] = \frac{1}{4}\mathbb{E}[\#\mathcal{E}_{\text{sm}}].$$

Many points have no small excursions; if the random walk never comes close to z , then $\mathcal{E}_{\text{sm}} = \emptyset$. Let $\tau = \inf\{t \geq 0 \mid X_t \in B(z, 2\epsilon_n)\}$. Then by Corollary 2.3,

$$\mathbb{P}[\tau \leq 1] \leq \frac{\phi(z)}{\ln n}.$$

for some $\phi \in L^1$. Applying the Markov property, this gives

$$(8) \quad \mathbb{P}\left[\left|\sum_{e \in \mathcal{E}_{\text{sm}}} w(e)\right| \geq k\right] \leq \frac{1}{4} \frac{\mathbb{E}[\#\mathcal{E}_{\text{sm}}] \phi(z)}{k^2 \ln n},$$

where the expectation on the right hand side is taken conditionally on the past before time τ . Since each small excursion starts at a point in $(\Delta_z^+ \cup \Delta_z^-) \cap B(z, \epsilon_n)$, the number $\#\mathcal{E}_{\text{sm}}$ of small excursions is bounded by the number of visits to such points; it is well known that the mean number of visits to each site is bounded by $c \ln n$ for some constant c . Since the number of lattice points in $(\Delta_z^+ \cup \Delta_z^-) \cap B(z, \epsilon_n)$ is of order $\ln n$, we get

$$\mathbb{E}[\#\mathcal{E}_{\text{sm}}] \leq c(\ln n)^2$$

for some constant c , which establishes the lemma.

3.4. Medium excursions. On the set Ω , medium excursions start outside of $B(z, \epsilon_n)$ and enter $B(z, 5\epsilon_n)$ at some point. We will divide the medium excursions into two classes, depending on whether they start inside or outside the ball $B(z, 8\epsilon_n)$, and bound the number in each class.

Let

$$\mathcal{E}'_{\text{md}} := \{[t_1, t_2] \in \mathcal{E}_{\text{md}} \mid |X_{t_1} - z| > 8\epsilon_n\}$$

be the set of medium excursions starting outside $B(z, 8\epsilon_n)$ and

$$\mathcal{E}''_{\text{md}} := \{[t_1, t_2] \in \mathcal{E}_{\text{md}} \mid |X_{t_1} - z| \leq 8\epsilon_n\}$$

be its complement. Given $0 < a < b$, define the sequences of stopping times

$$\begin{aligned} \tau_0^{a,b} &:= 0, \\ \sigma_i^{a,b} &:= \inf\{t \geq \tau_{i-1}^{a,b} \mid |\beta_t - z| < a\epsilon_n\} \quad \forall i \geq 1, \\ \tau_i^{a,b} &:= \inf\{t \geq \sigma_i^{a,b} \mid |\beta_t - z| > b\epsilon_n\} \quad \forall i \geq 1. \end{aligned}$$

These stopping times record the number of times that the Brownian motion crosses the annulus $B(z, b\epsilon_n) \setminus B(z, a\epsilon_n)$. Using the skew-product decomposition, we can bound the number of such crossings that occur before time 1:

Lemma 3.7. *For any $0 < a < b$, there are a $c > 0$ and functions $\phi \in L^1, g \in \mathcal{G}$ such that for sufficiently large n and all $z \in \mathbb{C}$,*

$$\mathbb{P}[\sigma_i^{a,b} < 1] \leq \frac{\phi(z)}{\ln n} \left(1 - \frac{c}{\ln n}\right)^i + g(n) \leq \frac{\phi(z)}{\ln n} e^{-ci/\ln n} + g(n).$$

Proof. Let $r = n$. By the skew-product decomposition, there is a constant c such that a Brownian motion starting on the circle of radius $b\epsilon_n$ around z has probability $p \leq 1 - c/\ln n$ of entering $B(z, a\epsilon_n)$ before escaping $B(z, r)$. Thus, if $\sigma_i^{a,b} < T_r(z)$, then a.s. $\tau_i^{a,b} < T_r(z)$ and

$$\mathbb{P}[\sigma_{i+1}^{a,b} < T_r(z) \mid \sigma_i^{a,b} < T_r(z)] = p.$$

Thus

$$\mathbb{P}[\sigma_i^{a,b} < T_r(z)] \leq p^i.$$

Furthermore, $\sigma_1^{a,b} = t_{a\epsilon_n}(z)$, and

$$\mathbb{P}[t_{a\epsilon_n}(z) < 1, T_r(z) < 1] \leq g(n).$$

Thus if $i \geq 1$,

$$\mathbb{P}[\sigma_i^{a,b} < 1] \leq p^i + g(n).$$

There is a $\phi \in L^1$ such that for sufficiently large n ,

$$\mathbb{P}[\sigma_1^{a,b} < 1] = \mathbb{P}[t_{a\epsilon_n}(z) < 1] \leq \frac{\phi(z)}{\ln n}.$$

By the Markov property applied at time $\sigma_1^{a,b}$,

$$\mathbb{P}[\sigma_i^{a,b} < 1] \leq \mathbb{P}[\sigma_i^{a,b} < T_r(z), \sigma_1^{a,b} < 1] \leq \frac{\phi(z)}{\ln n} p^i$$

as desired. \square

On Ω , the Brownian motion crosses the annulus $B(z, 7\epsilon_n) \setminus B(z, 6\epsilon_n)$ during each excursion in \mathcal{E}'_{md} . Thus, there are $\phi, \phi' \in L^1$ such that for sufficiently large n ,

$$\begin{aligned} \mathbb{P}[\#\mathcal{E}'_{\text{md}} > k] &\leq \mathbb{P}[\sigma_k^{6,7} < 1] + \mathbb{P}[\Omega^c] \\ &\leq \frac{\phi(z)}{\ln n} e^{-ck/\ln n} + O(n^{-4}) \\ &\leq \phi'(z) \frac{\ln n}{k^2} + O(n^{-4}). \end{aligned}$$

for all k .

To bound the size of $\mathcal{E}''_{\text{md}}$, we will show that if $\mathcal{E}''_{\text{md}}$ is large, then the rescaled random walk likely crosses the annulus

$$B(z, 11\epsilon_n) \setminus B(z, 8\epsilon_n)$$

many times before time 1. First note that, on Ω ,

$$\mathcal{E}''_{\text{md}} \subset \bar{\mathcal{E}} := \{[t_1, t_2] \in \mathcal{E} \mid \epsilon_n \leq |X_{t_1} - z| \leq 8\epsilon_n\}.$$

Using strong approximation and the skew-product decomposition, one can show that the probability that a random walk started in

$$(B(z, 8\epsilon_n) \setminus B(z, \epsilon_n)) \cap \Delta_z^+$$

leaves $B(z, 11\epsilon_n)$ before hitting Δ_z^- is bounded away from zero, say by $p > 0$. Let η be the number of times the random walk crosses from inside $B(z, 8\epsilon_n)$ to outside $B(z, 11\epsilon_n)$. Let $\{x_i\}$ be a sequence of independent random variables with $\mathbb{P}[x_i = 1] = p$, $\mathbb{P}[x_i = 0] = 1 - p$. Since the starting times of excursions in $\bar{\mathcal{E}}$ form a sequence of stopping times,

$$\mathbb{P}[\bar{\mathcal{E}} \geq 2k/p, \eta \leq k] \leq \mathbb{P}\left[\sum_{i=1}^{2k/p} x_i \leq k\right] \leq e^{-ck}$$

for some $c > 0$, so

$$\begin{aligned} \mathbb{P}[\bar{\mathcal{E}} \geq 2k/p] &= \mathbb{P}[\bar{\mathcal{E}} \geq 2k/p, \eta > k] + \mathbb{P}[\bar{\mathcal{E}} \geq 2k/p, \eta \leq k] \\ &\leq \mathbb{P}[\eta > k] + e^{-ck} \\ &\leq \mathbb{P}[\sigma_{k-1}^{9,10} < 1] + \mathbb{P}[\Omega^c] + e^{-ck} \\ &\leq \phi(z) \frac{\ln n}{k^2} + O(n^{-4}) \end{aligned}$$

for some $\phi \in L^1$.

Combining the bounds on $\#\mathcal{E}'_{\text{md}}$ and $\#\mathcal{E}''_{\text{md}}$, we see that there is some $\phi \in L^1$ such that

$$\mathbb{P}\left[\left|\sum_{e \in \mathcal{E}_{\text{md}}} w(e)\right| \geq \left(1 + \frac{2}{p}\right)k\right] \leq \mathbb{P}\left[\#\mathcal{E}_{\text{md}} \geq \left(1 + \frac{2}{p}\right)k\right] \leq \phi(z) \frac{\ln n}{k^2} + O(n^{-4}).$$

We can eliminate the $O(n^{-4})$ term using an argument like that in Corollary 2.3. That is, the number of medium excursions is at most n , and if $|z| > \sqrt{n/\kappa}$, then the random walk does not come near z , so

$$\begin{aligned} \mathbb{P}\left[\left|\sum_{e \in \mathcal{E}_{\text{md}}} w(e)\right| \geq \left(1 + \frac{2}{p}\right)k\right] &\leq \frac{\ln n}{k^2} + 1_{|z| \leq \sqrt{n/\kappa}} 1_{(1+2/p)k \leq n} cn^{-4} \\ &\leq \phi'(z) \frac{\ln n}{k^2}, \end{aligned}$$

for some $c > 0$ and $\phi' \in L^1$, as desired. This, combined with the results of the previous subsection, proves Lemma 3.5.

3.5. Large excursions. In this section, we will prove Lemma 3.6 using strong approximation.

Note first that on the set Ω , the winding of the Brownian motion during \mathcal{T} is approximated by the winding number of the large excursions. The difference between the two arises from excursions which intersect the beginning or end of an interval of \mathcal{T} ; each such interval can thus increase the difference by at most 1. Thus on the set Ω ,

$$\left|\sum_{e \in \mathcal{E}_{\text{lg}}} w(e)\right| \leq \left|\frac{w_{\beta}^z(\mathcal{T})}{2\pi}\right| + \#\{i \mid \tau_i \leq 1\} + 1,$$

and

$$(9) \quad \mathbb{P}\left[\left|\sum_{e \in \mathcal{E}_{\text{lg}}} w(e)\right| > 2k + 1\right] \leq \mathbb{P}\left[\left|\frac{w_{\beta}^z(\mathcal{T})}{2\pi}\right| \geq k\right] + \mathbb{P}[\#\{i \mid \tau_i \leq 1\} > k] + \mathbb{P}[\Omega^c].$$

By Lemma 3.7, we have

$$\mathbb{P}[\#\{i \mid \tau_i \leq 1\} > k] \leq \frac{\ln n}{k^2} \phi(z) + g(n),$$

for some $\phi \in L^1, g \in \mathcal{G}$. To prove Lemma 3.6, it suffices to bound

$$\mathbb{P}\left[\left|\frac{w_{\beta}^z(\mathcal{T})}{2\pi}\right| \geq k\right].$$

Let

$$\tilde{Z} := \left(\int_{\mathcal{T}} \frac{ds}{|\beta_s - z|^2}\right)^{1/2}.$$

Since \mathcal{T} is a finite union of intervals whose endpoints are stopping times for the Brownian motion, $w_\beta^z(\mathcal{T} \cap [0, t])$ is a continuous local martingale whose quadratic variation at time 1 is \tilde{Z}^2 . Thus $w_\beta^z(\mathcal{T})$ is equal in law to $\gamma\tilde{Z}$, with γ a standard normal variable. Since $\tilde{Z} \leq Z_{\epsilon_n}$, we get

$$\mathbb{P}[|w_\beta^z(\mathcal{T})| \geq k] \leq \mathbb{P}[|\gamma|Z_{\epsilon_n} \geq k].$$

We first show part (1) of the lemma. Let $\delta > 0$ be such that $(1 - \delta)(1 + \epsilon) > 1$. Then for n sufficiently large depending on ϵ and $k \geq (\ln n)^{1+\epsilon}$, there are $c, c', \epsilon' > 0$ and $g', g'' \in \mathcal{G}$ such that

$$\begin{aligned} \mathbb{P}[|\gamma|Z_{\epsilon_n} \geq k] &\leq \mathbb{P}[|\gamma| \geq k^\delta] + \mathbb{P}[Z_{\epsilon_n} \geq k^{1-\delta}] \\ &\leq c'e^{-k^{2\delta}/2} + g(k^{1-\delta}/|\ln \epsilon_n|) \\ &\leq c'e^{-k^{2\delta}/2} + g'(ck^{\epsilon'}) \leq g''(k) \end{aligned}$$

Thus for sufficiently large n and for $k \geq (\ln n)^{1+\epsilon}$.

$$\mathbb{P}[|w_\beta^z(\mathcal{T})| \geq k] \leq k^{-4}.$$

Moreover, if $|w_\beta^z(\mathcal{T})| \geq \pi$, then we must have $T_0(|z|/2) \leq 1$; this has probability less than $e^{-d|z|^2}$ for some constant $d > 0$. By interpolation this gives

$$\mathbb{P}[|w_\beta^z(\mathcal{T})| \geq k] \leq k^{-2}e^{-d|z|^2/2}.$$

Thus there is a $\phi \in L^1$, independent of ϵ , such that for sufficiently large n and $k \geq (\ln n)^{1+\epsilon}$,

$$\mathbb{P}\left[\left|\sum_{e \in \mathcal{E}_{1g}} w(e)\right| \geq k\right] \leq \frac{\ln n}{k^2}\phi(z) + O(n^{-4})$$

As in the previous section, we can eliminate the $O(n^{-4})$ term by changing ϕ . This proves part (1) of Lemma 3.6.

For part (2), we use Lemma 2.2.(3). If n is sufficiently large, we have

$$\begin{aligned} \mathbb{P}[|\gamma|Z_{\epsilon_n} \geq k] &= \int_0^\infty \frac{2}{\sqrt{2\pi}}e^{-x^2/2}\mathbb{P}\left[Z_{\epsilon_n} \geq \frac{k}{x}\right] dx \\ &\leq \int_0^\infty \frac{2}{\sqrt{2\pi}}e^{-x^2/2}\frac{\phi(z)x}{k} dx = \frac{2}{\sqrt{2\pi}}\frac{\phi(z)}{k} \end{aligned}$$

for some $\phi \in L^1$. Thus

$$\mathbb{P}\left[\left|\sum_{e \in \mathcal{E}_{1g}} w(e)\right| > k\right] \leq \frac{\phi'(z)}{k} + O(n^{-4})$$

for some $\phi' \in L^1$, and as above, the $O(n^{-4})$ term can be absorbed into ϕ' .

4. OTHER RANDOM WALKS, BRIDGES AND APPLICATIONS

One motivation for studying the winding numbers of random walks comes from geometric group theory, namely the study of Dehn functions. For an introduction to Dehn functions with rigorous definitions, see [Bri02]; we will only sketch the definitions. Given a closed curve γ in a space X , one can ask for the infimal area of a disc with boundary γ . We call this the filling area of γ , denoted $\delta(\gamma)$, and define a function δ so that $\delta(n)$ is the supremal filling area of curves in X with length at most n ; this is the Dehn function of X .

Gromov noted that when a group G acts properly discontinuously and cocompactly on a connected, simply connected space X , the filling area of curves can be described in terms of G [Gro93]. Roughly, formal products of generators of G (words) correspond to curves in X and conversely, curves in X can be approximated by words. For example, if X is the universal cover of a compact space M and $G = \pi_1(M)$, generators of G correspond to closed curves in M . A formal product w of generators corresponds to a concatenation of these curves, and if w represents the identity in G , this concatenation lifts to a closed curve in X . A disc whose boundary is this curve corresponds to a way of using the relators of G to show that w represents the identity. We define the Dehn function of a group similarly to that of a space; if w is a word, let \bar{w} be the element of G represented by w , and if \bar{w} is the identity, let the *filling area* $\delta(w)$ of w be the minimal number of applications of relators necessary to reduce w to the identity. Define the *Dehn function* δ of G so that $\delta(n)$ is the maximal filling area of words with length at most n . The Dehn function of a group depends *a priori* on the presentation of the group, but one can show that the growth rate of δ is a group invariant and that the Dehn function of G grows at the same rate as that of X .

The Dehn function measures maximal filling area; Gromov [Gro93, 5.A'_6] also proposed studying the distribution of $\delta(w)$ when w is a random word of length n . This has led to multiple versions of an averaged Dehn function or mean Dehn function; see [VB] for some alternatives to our definition. We will give definitions based on random walks. Given a random walk on G supported on the generators, paths of the random walk correspond to words; in particular, the random walk induces a measure on the set of words of length n . We can thus define the *averaged Dehn function* $\delta_{\text{avg}}(n)$ to be the expectation of $\delta(w)$ with respect to this measure, conditioned on the event that w represents the identity in G . If the random walk has a nonzero probability of not moving at each step, this is defined for all n . The averaged Dehn function is not known to be a group invariant and it is possible that its growth depends on the transition probabilities of the random walk.

The averaged Dehn function often behaves differently than the Dehn function. For example, in \mathbb{Z}^2 , the Dehn function is quadratic, corresponding to the fact that a curve of length n in \mathbb{R}^2 encloses an area at most quadratic in n . On the other hand, random walks in \mathbb{Z}^2 enclose much less area, and the averaged Dehn function is at most $O(n \ln n)$ for a wide variety of random walks. A similar phenomenon occurs in nilpotent groups; if $\delta(n) = O(n^k)$ for some $k > 2$, then $\delta_{\text{avg}}(n) = O(n^{k/2})$ for many random walks [You08].

Since the averaged Dehn function involves bridges of random walks on groups, it is often difficult to work with. M. Sapir has proposed an alternative, the *random Dehn function* [VB], which depends on a choice of a random walk and a choice of a word v_x for every element $x \in G$ so that v_x represents x^{-1} . If w is a word, $wv_{\bar{w}}$ is a word representing the identity; essentially, the v_x give a way to close up any path. One can then define

$$\delta_{\text{rnd}}(n) = \mathbb{E}[\delta(wv_{\bar{w}})]$$

where w is chosen from the set of words of length n with measure corresponding to the random walk. This function depends on the choice of v_x , but if the v_x are short enough, the choice may not affect the function. In particular, Proposition 3.3 implies the following:

Proposition 4.1. *For every $x \in \mathbb{Z}^d$, $d \geq 2$, let v_x be a word of minimal length representing x^{-1} . Then there is a $c > 0$ such that the random Dehn function of \mathbb{Z}^d with respect to the v_x and any random walk on \mathbb{Z}^d with i.i.d. bounded increments, $\mathbb{E}[S_i - S_{i-1}] = 0$, and whose support generates \mathbb{Z}^d satisfies*

$$\delta_{rd}(n) \geq cn \ln \ln n$$

for sufficiently large n .

Proof. To use Proposition 3.3, we need to use the correspondence between words in \mathbb{Z}^d and curves in \mathbb{R}^d . If $w = w_1 \dots w_n$ is a word in some generating set for \mathbb{Z}^d , let \tilde{w} be the curve in \mathbb{R}^d connecting

$$\overline{w_1}, \overline{w_1 w_2}, \dots, \overline{w_1 \dots w_n} \in \mathbb{Z}^d \subset \mathbb{R}^d$$

by straight lines.

It suffices to show that

$$\mathbb{E}[\delta(\tilde{w}v_{\tilde{w}})] \geq cn \ln \ln n.$$

Winding numbers provide a lower bound on the filling area of curves in the plane; if $\gamma : S^1 \rightarrow \mathbb{R}^2$, and $f : D^2 \rightarrow \mathbb{R}^2$ is a PL or smooth map with boundary γ , then $\#f^{-1}(x) \geq |i_n(x)|$ away from a set of measure zero and thus

$$\text{area } f \geq \int_{\mathbb{R}^2} |i_\gamma(x)| dx.$$

Indeed, $\int_{\mathbb{R}^2} |i_\gamma(x)| dx$ is the abelianized area of $wv_{\tilde{w}}$, a function defined in [BMS93] as a lower bound for the filling area.

As in the 2-dimensional case, we can define a random closed curve \mathcal{S} in \mathbb{R}^d which consists of a random walk and a line connecting the endpoints. Let $p : \mathbb{R}^d \rightarrow \mathbb{R}^2$ be the projection onto the first two coordinates; since this map is area-decreasing,

$$\delta(\mathcal{S}) \geq \int_{\mathbb{R}^2} |i_{p(\mathcal{S})}(x)| dx.$$

The curve \mathcal{S} can be obtained from $\tilde{w}v_{\tilde{w}}$ by replacing $\tilde{v}_{\tilde{w}}$ with a straight line. For every $x \in \mathbb{Z}^d$, let $f_x : D^2 \rightarrow \mathbb{R}^d$ be a disc whose boundary consists of v_x and a straight line connecting 0 and x and such that $\text{area}(f_x) \leq 4\ell(v_x)^2$. If $h : D^2 \rightarrow \mathbb{R}^d$ is a disc with boundary $\tilde{w}v_{\tilde{w}}$, we can construct a disc with boundary \mathcal{S} by adjoining $f_{\tilde{w}}$ to h , and so

$$\delta(\tilde{w}v_{\tilde{w}}) \geq \int_{\mathbb{R}^2} |i_{p(\mathcal{S})}(x)| dx - 4\ell(v_w)^2.$$

Then Proposition 3.3 implies that

$$\mathbb{E}[\delta(\tilde{w}v_{\tilde{w}})] \geq cn \ln \ln n - 4\mathbb{E}[\ell(v_w)^2] \geq \frac{c}{2}n \ln \ln n$$

for sufficiently large n , as desired. \square

We can prove a similar result for the averaged Dehn function of \mathbb{Z}^2 by extending Proposition 3.3 to the random walk bridge. To prove Proposition 3.3, it suffices to have strong approximation of the random walk bridge by a Brownian bridge, estimates of $\mathbb{E}[\tilde{j}(z)]$, and estimates of the probability of lying near the loop; all of these results exist in the literature. Borisov [Bor78] has proven a strong approximation theorem which applies to the simple random walk bridge in \mathbb{Z}^2 , and the analogue of Werner's result for the Brownian loop is a consequence of Yor [Yor80]. As Werner has informed us, the upper bound on the probability of being close to

the Brownian loop is a consequence of the fact that the law of the Brownian loop for $t \in [0, 1/2]$ or $t \in [1/2, 1]$ is absolutely continuous with respect to the law of the Brownian motion. More precisely, for $\epsilon > 0$, denote by W'_ϵ the Wiener sausage associated to the Brownian loop. Denote by \mathbb{P} the law of the Brownian motion and by \mathbb{P}' the law of the Brownian loop. Now if $p_t(x, y)$ is the heat kernel, then one has

$$\mathbb{P}'[z \in W'_\epsilon] \leq 2 \frac{p_{1/2}(0, \beta_{1/2})}{p_1(0, 0)} \mathbb{P}[z \in W_\epsilon],$$

for all $\epsilon > 0$. Since $p_{1/2}(0, x)$ is bounded, (5) implies that

$$\mathbb{P}'[z \in W'_\epsilon] \leq \phi(z)/|\ln \epsilon|$$

for some $\phi \in L^1$ as desired. Thus there is a $c > 0$ such that $\delta_{\text{avg}}(n) \geq cn \ln \ln n$ for sufficiently large n . We suspect that neither of these lower bounds is sharp and conjecture that in fact $\delta_{\text{avg}}(n)$ and $\delta_{\text{rnd}}(n)$ grow like $n \ln n$. The integral $\int_{\mathbb{R}^2} |i_\gamma(x)| dx$ is the area necessary to fill γ with a chain or an arbitrary manifold with boundary, and requiring that the filling be a disc should increase the necessary area.

Extending Theorem 1.1 to more general situations seems difficult, but it can be extended to the simple random walk on a triangular lattice. We will sketch the necessary changes to the proof. The main change is the definition of \mathcal{E} ; instead of letting \hat{z} be the center of a rescaled square and letting Δ^+ and Δ^- be paths going between halves of a diagonal line, let s be an edge of the triangle containing z . Let Δ^+ and Δ^- be opposite sides of the straight line containing s and define e_i and \mathcal{E} as before. Define $w(e)$ to be 0 if X_t traverses s during e . If this does not happen, then X_t goes around s in either the positive or negative direction; let $w(e) = \pm 1/2$ depending on the direction. Then

$$\left| j_n(z) - \sum_{e \in \mathcal{E}} w(e) \right| \leq 2 + \frac{f(s)}{2}$$

where $f(s)$ is the number of times that X_t traverses s . Standard results show that $\mathbb{E}[f(s)] \leq \frac{\phi(z)}{n}$, and the proofs of Proposition 3.3, Lemma 3.5, and Lemma 3.6 carry over, proving Proposition 3.1 for the simple triangular walk.

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