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# Energy distributions and effective temperatures in the packing of elastic sheets 

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#### Abstract

The packing of elastic sheets is investigated in a quasi two-dimensional experimental setup: a sheet is pulled through a rigid hole acting as a container, so that its configuration is mostly prescribed by the cross-section of the sheet in the plane of the hole. The geometrical properties and energies of the branches forming the cross-section are broadly distributed. The distributions of energy have exponential tails yielding effective temperatures. Two sub-systems can be defined: in contact with the container and within the bulk. While the geometrical properties differ between the sub-systems, their energy distributions are identical, indicating that 'thermal equilibration' occurs.


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The challenges raised by out-of-equilibrium systems are exemplified by granular materials [1] and glasses [2, 3], featuring complex energy landscapes and aging. Energy flow and thermal equilibration in such systems can be characterised by various effective temperatures [4. 5. 5 ]; however, previous experimental studies [7], 8, 9, 10, 11, 12] only measured a temperature based on the ratio between fluctuations and response of the system. Here we present experments on an singular and macroscopic out-of-equilibrium ystem, namely the packing of elastic sheets into quasi two-dimensional containers [13] and focus on the statistial properties of the configurations. We show that ther4nal equilibration occurs within the system although its geometrical properties are not uniform, enabling the defOinition of effective temperatures from the distributions of energy. Thus we obtain a macroscopic experimental sys'tem that could be used to test out-of-equilibrium statistical physics. Our results bear on the packing of flexible Structures such as elastic rods 14, 15, 16, crumpled pa. Per [17, 18, 19, 20, folded leaves in buds 21], chromatin vin cell nuclei [22] or DNA in viral capsids [15, 23].
At equilibrium, systems with a large number of degrees of freedom are characterised by a single temperature $T$. On the one hand, the energy of one degree of freedom follows Boltzmann's distribution, the mean energy being proportional to $T$. On the other hand, $T$ might be meaJsured using the fluctuation-dissipation theorem (FDT), relating fluctuations of an observable to its response to an xternal field. Two main effective temperatures were introduced for systems out of equilibrium. The approach of IEdwards \#4 amounts to the replacement of $T$ by an effecdive temperature in the distribution of energies; it can be Cxtended to intensive thermodynamic parameters associated with global conserved quantities [6, 24, 25, 26]. The generalisation of the FDT [5] gives another effective temperature, which can be measured $77,8,9,10,11,12,27$. In many models, Edwards' and FDT temperatures are equal [28, 29, 30, 31] or proportional [32. An experimental measurement of Edwards' temperature seems to be lacking as it is difficult to obtain energy distributions. Here we make this possible by investigating the packing of elastic sheets.

Fig. Ia represents the experimental set-up 13], in-


FIG. 1: The experiment. a Schematic of the set-up showing the radius of the sheet $r$, its thickness $h$, the radius of the hole $R$ and the control parameter $Z$; the force $F$ is measured with a dynamometer. b Thresholded picture of a horizontal crosssection from set $i$ of experiments. c Analysed cross-section, showing the existence of multi-branches stacks delimited by two junction points. The number of branches is indicated near each stack. d 3D reconstruction assuming exact self-similarity of shape.
spired by the study of single d-cones [33]. We use circular polyester (polyethylene terephtalate) sheets of Young's modulus measured as $E=5 \mathrm{GPa}$, density $1.4 \mathrm{~g} / \mathrm{cm}^{3}$, various radii $r \sim 30 \mathrm{~cm}$ and thicknesses $h \sim 0.1 \mathrm{~mm}$. At each realisation, a sheet is pulled from its center through a circular rigid hole of radius $R \sim 2 \mathrm{~cm}$. The values of the parameters $(r, h, R)$ for each set of experiments are given in Table [i. The hole is machined through a Plexiglas plate and its edges are rounded to form a toroidal convex shape, to avoid damaging the sheet. The center of

| set | $h(\mu \mathrm{~m})$ | $r(\mathrm{~cm})$ | $B(\mathrm{~J})$ | $R(\mathrm{~mm})$ | $Z_{\mathrm{m}}(\mathrm{cm})$ | $p$ | $\# \mathcal{R}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $i$ | 50 | 33 | $710^{-5}$ | 16.5 | 30 | $11 \%$ | 33 |
| $i i$ | 50 | 33 | $710^{-5}$ | 22.5 | 30 | $6 \%$ | 16 |
| iii | 125 | 22 | $110^{-3}$ | 27 | 19 | $7 \%$ | 16 |

TABLE I: Material parameters for the sheets used in experiments: thickness $h$, radius $r$ and bending stiffness $B$; control parameters: hole radius $R$, maximal pulling distance $Z_{\mathrm{m}}$, and packing ratio $p=2 h Z_{\mathrm{m}} / R^{2}$; number of realisations $\# \mathcal{R}$.
the sheet is pierced and fixed to a dynamometer by means of a threaded mount of radius $R_{c}=0.8 \mathrm{~cm}$. The sheet is pulled at a velocity of $0.5 \mathrm{~mm} / \mathrm{s}$, so that the distance $Z$, between the pulling point and the plane of the hole is our main control parameter. The measurement of the pulling force $F$ during the compaction directly yields the work injected in the system $W=\int_{0}^{Z} F \mathrm{~d} z$.

The sheet might undergo two modes of deformation: bending and stretching. As bending is favoured energetically, a self-similar conical shape is expected [34], so that one cross-section approximately prescribes the whole shape of the sheet. A virtual cut across the sheet in the plane of the hole yields a one-dimensional rod of length $2 \pi Z$, that grows within a disk of radius $R$ as $Z$ is increased. The experiment allows isotropic confinement to packing ratios $p$ as high as $11 \%$, where $p=2 Z h / R^{2}$ is the ratio of cross-sectional area of the sheet $2 \pi Z h$ to the area of the hole $\pi R^{2}$.

In principle, configurations can be visualised from below. However this turns out to be inconvenient as parts of the sheet assemble into thick bundles whereas the edge of the sheet does not lie in a single plane. Therefore we resort to a hot wire cutting tool to obtain cross-sections for one value of the control parameter $Z_{\mathrm{m}}$ (given in Table. [i]). With great care, one obtains neat cuts without perturbing the configuration. The cross-section is digitised with a scanner at a resolution of 50 pixels per mm , which yields 5 pixels for the thickness of the thinner sheets. A thresholding results in a binary image, from which empty spaces of surface area larger than $(10 h)^{2}$ are kept, which removes light noise from the raw image (Fig. 1]b. The binary image is skeletonized (reduced to a one pixel thick skeleton); junction points are then defined as pixels with at least 3 neighbours. Two neighbouring junction points delimit a stack of branches in close contact. The next step is to determine the number of branches in each of the $M$ stacks. The conservation of the number of layers at each junction point yields $2 M / 3$ equations; the remaining $M / 3$ equations are found from the thickness of the stacks in the binary image as follows. The heating by the cutting tool thickens (about twice) a stack nonlinearly, which was calibrated by separately cutting stacks of sheets. We keep the $M / 3$ stacks with the best estimation of the thickness as given by the calibration. The solution of the linear $M \times M$ system yields the number of branches in each stack. We reopened a few configurations ( 5 per set of experiments) and checked by counting the number of branches in each


FIG. 2: Total elastic energy $E$ (measured from the geometry) and injected work $W$ for the three sets of experiments: $i$ (circles), $i i$ (squares) and $i i i$ (diamonds). The straight lines are fits to each set.
stack; we found no error for sets $i i$ and $i i i$, and an error of $\pm 1$ for a part of the thicker stacks ( $20 \%$ ) in the more compact set $i$; these errors are small thanks to the fact that the number of layers is an integer. Thus, we obtain both the geometry and the topology of the sheet (Fig.1c,d). When repeating the experiment with the same experimental parameters, a whole variety of shapes is generated, which calls for a statistical approach. We systematically performed and analysed three sets of experiments (Table. II).

We first consider the global energetic quantities, injected work $W$ and elastic energy $E$. Assuming the shape of the sheet to be exactly self-similar, a cross-section prescribes the energy of the whole sheet. Using $(\rho, \theta)$ the polar coordinates on the initially plane sheet, the branches, located in the plane $\rho \simeq Z_{m}$, have a local curvature $\kappa(\theta)$, and correspond to an angular sector on the sheet, where the curvature is $c(\rho, \theta)=Z_{m} \kappa(\theta) / \rho$, assuming the hole to be small $R \ll Z_{m}$. The bending energy $E$ is

$$
\begin{equation*}
\frac{B}{2} \int_{R_{c}}^{r} \int_{0}^{2 \pi} c^{2} \rho \mathrm{~d} \theta \mathrm{~d} \rho=\frac{B Z_{m}}{2} \ln \left(\frac{r}{R_{c}}\right) \int_{0}^{2 \pi Z_{m}} \kappa^{2}(t) \mathrm{d} t \tag{1}
\end{equation*}
$$

where we introduced $t=Z_{m} \theta$, the curvilinear coordinate in the hole cross-section. The logarithmic prefactor known for d-cones [34] contains as cutoffs the radii of the mount $R_{c}$, and of the sheet $r$. In actual experiments, the selfsimilarity is not exact as some generators end below the mount; however this only slightly affects the logarithmic prefactor through the effective value of $R_{c}$. In order to account for plastic softening of the sheets, the quadratic $\kappa^{2}$ dependence of the energy was replaced by a linear dependance $\kappa_{c}\left(2 \kappa-\kappa_{c}\right)$ for curvatures greater than the plastic threshold $\kappa_{c}$, measured as in $18\left(\kappa_{c}=0.54 \mathrm{~mm}^{-1}\right.$, $0.24 \mathrm{~mm}^{-1}$ for $h=0.05 \mathrm{~mm}, 0.125 \mathrm{~mm}$ respectively). Fig. 2 shows the correlation between the bending energy $E$ and the injected work $W$. It can be seen that the global quantities $E$ and $W$ fluctuate over the realisations as the system explores its configurational space. Energy dissipation occurs by friction between layers or with the container, and through discontinuous reorganisations when increasing the confinement (see [16]). The fluctuations in $E$ and $W$ can be ascribed to the differences in reorganisations according to realisations. $E$ is roughly proportional


FIG. 3: The statistics of the geometrical properties for the three sets of experiments. a Length $\ell$ of branches and exponential distributions (Eq. 22). Circles for set $i$, squares for $i i$ and diamonds for $i i i$, empty for the periphery and full for the bulk. For the periphery $\rho(\ell)$ is multiplied by $10^{2}$ for clarity. Means $\langle\ell\rangle=3.3,4.5 \mathrm{~mm}$ for set $i ; 4.6,6.8 \mathrm{~mm}$ for set $i i$; and $9.6,16$ mm for set $i i i$, for the bulk and the periphery, respectively. The inset shows branches in the bulk (green) and at the periphery (dark). c Mean curvature of branches $\kappa_{m}$ (same symbols as in b. For the bulk (main panel), the Gamma distribution (Eq. ©) with the same mean and variance is plotted; its exponent is $\alpha=0.43,0.51$ and 0.62 and its mean is $\left\langle\kappa_{m}\right\rangle=0.16,0.12$ and $0.08 \mathrm{~mm}^{-1}$, for sets $i, i i$ and $i i i$, respectively. For the periphery (inset), the distribution are peaked at the curvature of the containers (shown by vertical lines).
to $W$, with a prefactor $a \lesssim 1$, suggesting that our geometrical estimation of the energy is consistent. ( $a<1$ because of dissipation.)

In the following we detail the main statistical properties measured over all realisations of a given set. Branches are good candidates to be elementary particles of the system, as elastic equilibrium imposes their shape given the boundary conditions, whereas the interaction between neighbouring branches is mediated by their extremities where contact forces and friction come into play.

For reasons which will become clear below, we split the system into two sub-systems (inset in Fig. 3bb): branches with/without an extremity in contact with the container, which we will refer to as periphery and bulk, respectively. The lengths $\ell$ of branches follow exponential distributions (Fig. 3b)

$$
\begin{equation*}
f_{\mathrm{E}}(\ell)=1 / \mu \exp (-\ell / \mu) . \tag{2}
\end{equation*}
$$

It appears that the value of the mean length $\langle\ell\rangle=\mu$ is larger for branches at the periphery than in the bulk, for

| set | $\langle e\rangle(\mathrm{mJ})$ | $\chi_{e}(\mathrm{~mJ})$ | $\beta^{-1}(\mathrm{~mJ})$ | $\left\langle N_{b r}\right\rangle$ | $\langle E\rangle(\mathrm{J})$ |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $i$ | 6.5 | 39 | 31 | 490 | 2.5 |
| $i i$ | 6.6 | 35 | 28 | 360 | 2.0 |
| $i$ iii | 37 | 90 | 86 | 110 | 3.6 |

TABLE II: Temperatures: $\langle e\rangle$ is the mean energy per elementary particle, i.e. per branch; $\chi_{e}$ and $\beta^{-1}$ are given by the tail of the distributions of energy in Fig. 4 . Global quantities: total number of branches $\left\langle N_{b r}\right\rangle$ and total energy $\langle E\rangle$ averaged over all realizations.
each set of experiments. Next, we consider the absolute value of the average curvature $\kappa_{\mathrm{m}}$ of each branch (Fig. 3c). For the bulk, its distribution is well described by a Gamma law with density

$$
\begin{equation*}
f_{\mathrm{G}}^{\alpha, \chi}\left(\kappa_{\mathrm{m}}\right)=\frac{\left(\kappa_{\mathrm{m}} / \chi\right)^{\alpha}}{\Gamma(\alpha) \kappa_{\mathrm{m}}} \exp \left(-\frac{\kappa_{\mathrm{m}}}{\chi}\right) \tag{3}
\end{equation*}
$$

where $\Gamma$ stands for Euler's Gamma function. In contrast, for the periphery, it is peaked at the value $1 / R$ imposed by the container. Thus, the geometrical properties of the periphery and the bulk are significantly different.

However, the distribution of the energy of the branches is the same for the two sub-systems as seen in Fig. [日. The energy $e$ of a branch corresponds to that of an angular sector on the sheet and is calculated using equation it, with limits of integration $t \in(0, \ell)$. The distributions of energy $e$ are characterized by a power-law divergence at small values and by exponential tails (Fig. (1). They can be well described by Gamma laws $f_{\mathrm{G}}^{\alpha_{e}, \chi_{e}}(e)$ (Eq. 3) with intriguing values $\alpha_{e}<1$, not trivialy interpretable as a number of subsystems as usually the case for values greater than 1 (see 19). As many branches may be in the same state (when in the same stack), we also compared the distributions of energy to Bose-Einstein statistics

$$
\begin{equation*}
f_{\mathrm{BE}}(e)=\frac{A}{\exp (\beta e)-1} \tag{4}
\end{equation*}
$$

with zero chemical potential (the number of particles is unprescribed). The distributions of energy allow to define effective temperatures for each set of experiments: the mean energy per branch $\langle e\rangle$; and the characteristic energy given by the exponential tails $\chi_{e} \simeq \beta^{-1}$. The effective temperatures are ordered as $\langle e\rangle<\chi_{e}$ for each set of experiments (Table II); the sets of temperatures are close for the two sets of experiments with the same thickness $h$. Note that the ambient temperature $k_{\mathrm{B}} T=410^{-21} \mathrm{~J}$ is negligible with respect to all temperatures defined here.

The identity of the distributions of energy between the bulk and the periphery, even though the geometrical properties differ, is our central result. Energy has contributions from both length and curvature. These two geometrical variables compensate so that the energy is statistically uniform. This means that thermal equilibration occurs between the two sub-systems. This equilibration justifies a description of the system in terms of statistical physics. Besides, our system is obviously not ergodic, as


FIG. 4: Probability density functions of the energy $e$ of the branches (elementary particles) for the three sets of experiments: $i$ (a), ii (b) and iii (c). The distributions are given separately for the two sub-systems: bulk (full symbols) and periphery (open symbols); the fact that they are the same means that thermal equilibration occurs between the two sub-systems. The lines are Gamma distributions (continuous lines, Eq. 3) and Bose-Einstein distributions (dotted lines, Eq. 4) with the same mean and variance as the energy $e$. Gamma distributions have exponents $\alpha_{e}=0.16,0.23$ and 0.41 , and Bose-Einstein distributions have prefactors $A=4.0,5.1$ and $3.0 \mathrm{~J}^{-1}$, for sets $i$, $i i$ and $i i i$, respectively. The insets are log-log plots of the same data.
it must be driven by injecting work in order to explore the phase space. This driving has some similarities with the slow shearing of colloidal glasses [27] or granular materials 10, 29; however, it is not stationary and restricts the accessible phase space at each reconfiguration of the sheet. As in other glassy systems, two different time scales characterise the dynamics: a very slow one associated with the driving and a quick one corresponding to the reconfiguration to local mechanical equilibrium. Finally, further experimental and theoretical work is needed to explain our observations. How universal are the distributions of energy? What controls the effective temperatures measured here?

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