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Impact of prosthesis-patient mismatch in the mitral position on left atrial and pulmonary arterial pressures: a numerical study

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Introduction
Prosthesis-patient mismatch (PPM) occurs when the effective orifice area (EOA) of the prosthesis is too small in relation to the body size and thus to the cardiac output requirement of the patient. A recent retrospective study from our group suggests that mitral PPM defined as an indexed EOA ≤ 1.2 cm²/m² is associated with lesser regression of pulmonary hypertension after mitral valve replacement.

Materials and methods
We used a mathematical model of closed-loop blood circulation previously developed and validated by Thomas and al. (Thomas, 1997). The equation governing blood flow through all cardiac valves was a simplified Bernoulli equation with both resistive and inertial terms. Normalized elastance functions of ventricles and atria were used to generate realistic pressure-volume curves. The mitral valve EOA indexed for body surface area was varied between 0.7 (severe PPM) and 1.9 (no PPM) cm²/m², assuming a normal cardiac index of 3.3 L/min/m² at rest, normal LV diastolic pressures, and a normal pulmonary vascular resistance of 250 dyne.s/cm⁵. Heart rate (HR) was varied between 70 and 130 b/min and stroke volume (SV) was varied between 70 and 120 mL to simulate different flow levels as generally observed in humans at rest and during mild, moderate, and strenuous exercise.

Results and discussion
The figure shows the results for mean gradient (Panel A), mean left atrial (LA) pressure (Panel B), and mean pulmonary arterial (PA) pressure (Panel C) at rest (HR=70 b/min, SV=70 ml), mild (HR=90 b/min, SV=95 ml), moderate (HR=110 b/min, SV=110 ml), and strenuous (HR=130 b/min, SV=120 ml) exercise. An indexed EOA < 1.1-1.2 cm²/m² is generally associated with abnormally high transmural gradient (>5 mmHg), mean LA pressure (>12 mmHg), and mean PA pressure (>30 mmHg) at rest and/or mild exercise. At moderate and intense levels of exercise, the threshold value below which LA and PA pressures become abnormally high is rather close to 1.5-1.6 cm²/m².

Conclusion
This numerical study corroborates the results of our previous in vivo study suggesting that the threshold value of indexed EOA that should be used to define PPM in the mitral position at rest is < 1.2 cm²/m². This study also suggests that in athlete patients, the objective should rather be to provide an indexed EOA of at least 1.5 cm²/m².

References