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RECURRENCE RATE IN RAPIDLY MIXING DYNAMICAL SYSTEMS

BENOIT SAUSSOL

ABSTRACT. For measure preserving dynamical systems on metric spaces we study the time needed by a typical orbit to return back close to its starting point. We prove that when the decay of correlation is super-polynomial the recurrence rates and the pointwise dimensions are equal. This gives a broad class of systems for which the recurrence rate equals the Hausdorff dimension of the invariant measure.

1. INTRODUCTION

1.1. Decay of correlations. Let (X, f, μ) be a measure preserving dynamical system. Recall that the system is said to be *mixing* if for any functions φ , ψ in L^2 the covariance

$$\operatorname{Cov}(\varphi \circ f^n, \psi) := \int \varphi \circ f^n \psi d\mu - \int \varphi d\mu \int \psi d\mu \to 0 \quad \text{as } n \to \infty.$$
(1)

The decay of the correlation function is, in great generality, arbitrarily slow. The notion of rapid mixing needs a little more structure.

Assume that X is a metric space with metric d, and consider the space $\operatorname{Lip}(X)$ of real Lipschitz functions on X. For many dynamical systems an upper bound for (1) of the form $\|\varphi\|\|\psi\|\theta_n$ has been computed, where $\theta_n \to 0$ with some rate, and $\|\cdot\|$ is a norm on a space of functions with some regularity. Without loss of generality we are considering in this paper the rate of decay of correlations for Lipschitz observables¹.

A broad class of systems enjoy exponential decay of correlations. The main result of the paper (Theorem 3) applies to systems with super-polynomial decay of correlation. This includes for example Axiom A systems with equilibrium states, hyperbolic systems with singularities with their SBR measures such as those considered by chernov in [7], many systems with a Young tower [16, 17], expanding maps with singularities such as in [13], some non-uniformly expanding maps [1], etc. The main reference for these questions is certainly the book by Baladi [2]. The reader will also find in the review by Luzzatto [11] an exposition of the recent methods for non-uniformly expanding systems and an extensive bibliography on this active field.

1.2. Recurrence rate and dimensions. The return time of a point $x \in X$ under the map f in its r-neighborhood is

$$\tau_r(x) = \inf\{n \ge 1 \colon d(f^n x, x) < r\}.$$

We are interested in the behavior as $r \to 0$ of the return time. We define the recurrence rate as the limits

$$\underline{R}(x) = \liminf_{r \to 0} \frac{\log \tau_r(x)}{\log(1/r)} \quad \text{and} \quad \overline{R}(x) = \limsup_{r \to 0} \frac{\log \tau_r(x)}{\log(1/r)}.$$

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¹For example an immediate approximation argument allows easily to go from Holder or class C^{k} to Lipschitz.

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Whenever $\underline{R}(x) = \overline{R}(x)$ we denote by R(x) the value of the limit.

From now on we assume that X is a finite dimensional Euclidean space. Denote by HD(Y) the Hausdorff dimension of a set $Y \subset X$. We define the Hausdorff dimension of a probability measure μ by

$$HD(\mu) = \inf\{HD(Y) \colon \mu(Y) = 1\}$$

We also define a local version of the dimension, namely

$$\underline{d}_{\mu}(x) = \liminf_{r \to 0} \frac{\log \mu(B(x, r))}{\log r} \quad \text{and} \quad \overline{d}_{\mu}(x) = \limsup_{r \to 0} \frac{\log \mu(B(x, r))}{\log r}$$
(2)

It is well known that the Hausdorff dimension satisfies the relation

$$HD(\mu) = \text{ess-sup } \underline{d}_{\mu}.$$
 (3)

Barreira and Saussol established in [4] the following relation

Proposition 1. Let f be a measurable map and μ be an invariant measure for f. The recurrence rates are bounded from above by the pointwise dimensions :

$$\underline{R} \leq \underline{d}_{\mu} \quad and \quad \overline{R} \leq \overline{d}_{\mu} \quad \mu\text{-}a.e.$$

We refer to the works by Boshernitzan [6] and Ornstein and Weiss [12] for pioneering related results.

In this paper we are giving conditions under which the opposite inequalities will hold, establishing the equalities

 $\underline{R} = \underline{d}_{\mu}$ and $\overline{R} = \overline{d}_{\mu}$ μ -a.e. (4)

1.3. Statement of the results.

Definition 2. We say that (X, f, μ) has super-polynomial decay of correlations if we have

$$\left| \int \varphi \circ f^{n} \psi d\mu - \int \varphi d\mu \int \psi d\mu \right| \le \|\varphi\| \|\psi\| \theta_{n} \tag{5}$$

with $\lim_{n \to \infty} \theta_n/n^p = 0$ for all p > 0, where $\|\cdot\|$ is the Lipschitz norm.

We say that the local decay of correlations is super-polynomial if there exists a partition (modulo μ) into open sets V_i and sequences θ_n^i such that (5) holds whenever $\operatorname{supp} \varphi \subset V_i$ and $\operatorname{supp} \psi \subset V_i$, where $\lim_n \theta_n^i / n^p = 0$ for all p > 0.

The main result of the paper is the following.

Theorem 3. Let (X, f, μ) be a measure preserving dynamical system. If the entropy $h_{\mu}(f) > 0$, f is Lipschitz (or piecewise Lipschitz with finite average Lipschitz exponent; see Definition 15) and the (local) decay of correlation is super-polynomial then

$$\underline{R} = \underline{d}_{\mu}$$
 and $\overline{R} = \overline{d}_{\mu}$ μ -a.e.

We postpone the proof at the end of Section 3. This extends some results by Barreira and Saussol in [4, 5], including the case of Axiom A systems with equilibrium states. The theorem also applies to loosely Markov dynamical systems and we recover Urbanski's result in [15]. The hypotheses in Theorem 3 are satisfied in a number of systems such as those already quoted in the introduction. All these systems have in common some hyperbolic behavior. We now give an example of a relatively different nature, due to the possibility of zero Lyapunov exponents, where one can still apply Theorem 3.

Example 4 (Ergodic toral automorphisms). Recall that any matrix $A \in Sl(k,\mathbb{Z})$ (i.e. the entries of A are in \mathbb{Z} and $|\det A| = 1$) gives rise to an automorphism f of the torus \mathbb{T}^k by $f(x) = Ax \mod \mathbb{Z}^k$ which preserves the Lebesgue measure. The map f is ergodic if and only if the matrix A has no eigenvalue root of unity. Lind's established [10] the exponential decay of correlations (using the algebraic nature and Fourier transform) which is more than enough to apply Theorem 3 and get

$$R(x) = k$$
 for Lebesgue a.e. $x \in \mathbb{T}^k$.

for any ergodic automorphism of the torus, even non-hyperbolic.

Let f be a diffeomorphism of a compact manifold M and μ be an invariant measure. By Oseledec's multiplicative ergodic Theorem the Lyapunov exponents

$$\lambda(x,v) = \lim \frac{1}{n} \log |d_x f^n v|$$

are well defined for all nonzero $v \in T_x M$ for a.e. $x \in M$. Recall that a measure μ is said to be hyperbolic if none of its Lyapunov exponents are zero. Barreira, Pesin and Schmeling [3] prove the following.

Proposition 5. Let f be a diffeomorphism of a compact manifold and μ be an ergodic hyperbolic measure. Then we have

$$\underline{d}_{\mu} = \overline{d}_{\mu} = HD(\mu) \quad \mu\text{-}a.e$$

The case of an hyperbolic measure with zero entropy is completely understood.

Proposition 6. let f be a diffeomorphism of a compact manifold and μ be an hyperbolic invariant measure. If $h_{\mu}(f) = 0$ then $R = 0 = HD(\mu) \mu$ -a.e.

Proof. Barreira and Saussol established in [4] the inequality $\overline{R} \leq \overline{d}_{\mu} \mu$ -a.e. and it follows from Ledrappier and Young's work [9] that $HD(\mu) = 0$ if $h_{\mu}(f) = 0$, which allows to conclude by Proposition 5.

Corollary 7. Let f be a diffeomorphism of a compact manifold and μ be an hyperbolic measure with super-polynomial rate of decay of correlation. Then we have

$$R = HD(\mu) \quad \mu\text{-}a.e.$$

Proof. If the entropy is zero then this is the content of Proposition 6. If the entropy is non-zero then this is the content of Theorem 3. \Box

We point out that in the case of interval maps with nonzero Lyapunov exponent, Saussol, Troubetzkoy and Vaienti prove that $R = HD(\mu) \mu$ -a.e. for ergodic measures, under very weak regularity conditions [14]. See Remark 17-(i) for related results.

We now give a sketch of the strategy adopted in this paper.

Theorem 8 states that under sufficiently rapid mixing the recurrence rates equal the pointwise dimensions a.e. on the set where $\underline{R} > 0$. Indeed, mixing implies that $\mu(B \cap f^{-n}B) \to \mu(B)^2$ as $n \to \infty$. Thus we have $\mu(B \cap f^{-n}B) \leq 2\mu(B)^2$ for large n. If now we consider the set $B \cap f^{-n}B \cap f^{-n-1}B \cap \cdots \cap f^{-n-\ell}B$ then its measure is bounded by $2\ell\mu(B)^2$. If $\ell \leq \mu(B)^{-1+\varepsilon}$ then we get that the proportion of points inside B that never enter in B in the time interval $[n, n + \ell]$ is bounded by $2\mu(B)^{\varepsilon}$. Using the decay of correlations we are able to prove that this

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last statement is true for *n* of the order diam $(B)^{-\delta}$ for some small $\delta > 0$, whenever *B* is a ball. This is what we call the *long fly property*. A Borel Cantelli argument then shows that typical points do have long flies (see Lemma 9 for precise statement). If in addition we also have $\underline{R} > \delta$ then it immediately shows that the return time into small neighborhoods *B* cannot be much less (at an exponential scale) than $\mu(B)^{-1}$, establishing Equation (4).

On the other hand, for systems which are not too wild (e.g. finite Lyapunov exponents, see Lemma 16) and with nonzero metric entropy, a symbolic coding (see Lemma 14) allows to use Ornstein-Weiss' theorem on repetition time of symbolic sequences to prove that the return time of a typical point in a ball B is not less than diam $(B)^{-\delta}$; see Lemma 12.

The structure of the paper is as follows. We state and prove in Section 2 the core result, Theorem 8. In Section 3 we provide some conditions under which the recurrence rate is nonzero.

2. Rapid mixing implies long flies

Theorem 8. Assume that the local rate of decay of correlations is super-polynomial. Then on the set $\{\underline{R} > 0\}$ we have

$$\underline{R} = \underline{d}_{\mu}$$
 and $\overline{R} = \overline{d}_{\mu}$ μ -a.e.

Proof. By Proposition 1 we know that $\underline{R} \leq \underline{d}_{\mu}$ and $\overline{R} \leq \overline{d}_{\mu}$. Furthermore, the first inequality implies that $\{\underline{R} > a\} \subset \{\underline{d}_{\mu} > a\}$ μ -a.e. But on the set $\{\underline{R} > a\}$ we have $\tau_r(x) \geq r^{-a}$ provided r is sufficiently small. By Lemma 9 below with $\delta = a$ and $\varepsilon > 0$ we get that $\tau_r(x) \geq \mu(B(x,r))^{-1+\varepsilon}$ provided r is sufficiently small, for μ -a.e. $x \in \{\underline{R} > a\}$. Thus $\underline{R} \geq (1 - \varepsilon)\underline{d}_{\mu}$ and $\overline{R} \geq (1 - \varepsilon)\overline{d}_{\mu}$ μ -a.e. on $\{\underline{R} > a\}$. The conclusion follows by taking $\varepsilon > 0$ arbitrary small.

The following lemma expresses that the orbit of a typical point has the long fly property.

Lemma 9. Let $X_a = \{\underline{d}_{\mu} > a\}$ for some a > 0. For any $\delta, \varepsilon > 0$, for μ -a.e. $x \in X_a$ there exists r(x) > 0 such that for any $r \in (0, r(x))$ and any integer n in $[r^{-\delta}, \mu(B(x, r))^{-1+\varepsilon}]$ we have $d(f^n x, x) \ge r$.

Proof. For clarity we assume that the (global) rate of decay of correlation is super-polynomial. The obvious modifications in the proof would consits essentially in considering separately each sets $G \cap \{x \in V_i : d(x, \partial V_i) > \nu\}$ for arbitrarily small $\nu > 0$ in place of the unique set G defined below.

Let $D = \dim(X)$. Fix b > 0, $c = a\varepsilon/3$ and consider for $r_0 > 0$ the set $G = G_1 \cap G_2 \cap G_3$ where

$$G_{1} = \{x \in X_{a} \colon \forall r \leq r_{0}, \mu(B(x,r)) \leq r^{a}\}$$

$$G_{2} = \{x \in X \colon \forall r \leq r_{0}, \mu(B(x,r)) \geq r^{D+b}\}$$

$$G_{3} = \{x \in X \colon \forall r \leq r_{0}, \mu(B(x,r/2)) \geq \mu(B(x,4r))r^{c}\}.$$

We claim that $\mu(G) \to \mu(X_a)$ as $r_0 \to 0$. Indeed, by definition of the lower pointwise dimension we have $\mu(G_1) \to \mu(X_a)$. In addition since $\overline{d}_{\mu} \leq D$ a.e. we have $\mu(G_2) \to 1$ and since X is Euclidean the measure μ is weakly diametrically regular (see Lemma 1 in [4]), thus $\mu(G_3) \to 1$ as well. Let $r \leq r_0$ and define the set

$$A_{\varepsilon}(r) = \{ y \in X \colon \exists n \in [r^{-\delta}, \mu(B(y, 3r))^{-1+\varepsilon}], d(f^n y, y) < r \}.$$

Let $x \in G$. By the triangle inequality we get the inclusions

$$B(x,r) \cap A_{\varepsilon}(r) \subset \{y \in B(x,r) \colon \exists n \in [r^{-\delta}, \mu(B(x,2r))^{-1+\varepsilon}], d(f^n y, x) < 2r\}$$
$$\subset \bigcup_{r^{-\delta} \le n \le \mu(B(x,2r))^{-1+\varepsilon}} B(x,r) \cap f^{-n}B(x,2r).$$

Let $\eta_r \colon [0,\infty) \to \mathbb{R}$ be the r^{-1} -Lipschitz map such that $1_{[0,r]} \leq \eta_r \leq 1_{[0,2r]}$ and set $\varphi_{x,r}(y) = \eta_r(d(x,y))$. Clearly $\varphi_{x,r}$ is also r^{-1} -Lipschitz. By the assumption on the decay of correlation we obtain

$$\mu(B(x,r) \cap f^{-n}B(x,2r)) \leq \int \varphi_{x,2r}\varphi_{x,2r} \circ f^n d\mu$$
$$\leq \|\varphi_{x,2r}\|^2 \theta_n + \left(\int \varphi_{x,2r} d\mu\right)^2$$
$$\leq r^{-2} \theta_n + \mu(B(x,4r))^2.$$

Choose p > 1 such that $\delta(p-1) - 2 \ge D + 2b$ and take r_0 so small that $n \ge r_0^{-\delta}$ implies $\theta_n \le (p-1)n^{-p}$. Since $\sum_{n\ge q} n^{-p} \le \frac{1}{p-1}q^{1-p}$ we obtain

$$\mu(B(x,r) \cap A_{\varepsilon}(r)) \leq r^{\delta(p-1)-2} + \mu(B(x,2r))^{-1+\varepsilon} \mu(B(x,4r))^2$$
$$\leq \mu(B(x,r/2)) \left(r^b + r^{\varepsilon a - 2c}\right).$$

Let $B \subset G$ be a maximal r-separated set². Since $(B(x,r))_{x \in B}$ covers G we have

$$\mu(G \cap A_{\varepsilon}(r)) \leq \sum_{x \in B} \mu(B(x, r) \cap A_{\varepsilon}(r))$$
$$\leq \sum_{x \in B} \mu(B(x, r/2))(r^{b} + r^{\varepsilon a - 2c})$$
$$< r^{b} + r^{\varepsilon a - 2c}$$

since by the balls $(B(x, r/2))_{x \in B}$ are disjoints. This implies that

$$\sum_{m} \mu(A_{\varepsilon}(\mathrm{e}^{-m})) < \infty_{\varepsilon}$$

thus by Borel-Cantelli Lemma we obtain that for μ -a.e. $y \in G$ there exists m(y) such for every m > m(y) there exists no $n \in [e^{-\delta m}, \mu(B(y, 3e^{-m}))^{-1+\varepsilon}]$ such that $d(f^n y, y) < e^{-m}$. By weak diametric regularity (and changing slightly if necessary the values of ε and δ), this proves the lemma.

Remark 10. Observe that we only use that the decay of correlation is at least n^{-p} for some $p > \frac{D+2}{\delta} + 1$. If in addition (5) holds with the first norm $\|\varphi\|$ taken to be the $L^1(\mu)$ norm (e.g. expanding maps) then $p > \frac{D+1}{\delta} + 1$ suffices.

²that is if $x \neq x' \in B$ then $d(x, x') \geq r$ and maximal in the sense that for any $y \in G$ there exists $x \in B$ such that d(x, y) < r.

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3. Non-zero recurrence rate

We proceed now to find conditions under which the recurrence rate does not vanish. Denote by $\xi(x)$ the unique element of a partition ξ containing the point x and by $\xi^n = \xi \vee f^{-1}\xi \vee \cdots \vee f^{-n+1}\xi$ the dynamical partition, for any integer n.

3.1. Coding by symbolic systems : partitions with large interior.

Definition 11. We say that a partition ξ has large interior if for μ -a.e. x there exists $\chi = \chi(x) < \infty$ such that $B(x, e^{-\chi n}) \subset \xi^n(x)$ for all n sufficiently large.

Next lemma, which proof is fairly simple, is the key-observation which gives to Theorem 8 all its interest.

Lemma 12. If there exists a partition with large interior and nonzero entropy then $\underline{R} > 0 \mu$ -a.e.

Proof. Let ξ be such a partition. Define

$$R_n(x,\xi) = \min\{k > 0 \colon f^k x \in \xi^n(x)\}.$$

Ornstein and Weiss [12] prove that if ξ is a finite partition with entropy $h_{\mu}(f,\xi)$ then

$$\lim_{n \to \infty} \frac{1}{n} \log R_n(x,\xi) = h_\mu(f,\xi) \quad \mu\text{-a.e.}$$

Since ξ has large interior, for μ -a.e. $x \in X$ there exists a number $\chi = \chi(x)$ such that $B(x, e^{-\chi n}) \subset \xi^n(x)$. Thus

$$\underline{R}(x) = \liminf_{n \to \infty} \frac{\log \tau_{e^{-n}}(x)}{n\chi(x)} \ge \liminf_{n \to \infty} \frac{\log R_n(x,\xi)}{n\chi(x)} = \frac{h_\mu(f,\xi)}{\chi(x)} > 0 \quad \mu\text{-a.e.}$$

Combining Lemma 12 and Theorem 8 we get that if we have local super-polynomial decay of correlations and a partition of positive entropy with large interior then $\underline{R} = \underline{d}_{\mu}$ and $\overline{R} = \overline{d}_{\mu}$. The rest of the section consists in finding sufficient conditions for the existence of such a partition.

3.2. Reasonable dependence on initial condition.

Definition 13. We say that a system (X, f, μ) is reasonably sensitive if for μ -a.e. x there exists $\gamma, \lambda > 0$ such that f^n is $e^{\lambda n}$ -Lipschitz on the ball $B(x, e^{-\gamma n})$ for all n sufficiently large.

Lemma 14. If the system (X, f, μ) is reasonably sensitive and the entropy $h_{\mu}(f) > 0$ then there exists a partition with large interior and nonzero entropy.

Proof. Claim : For any $x \in X$, s > 0 there exists $\rho \in (s, 2s)$ such that

$$\mu(\{y \in X \colon \rho - 4^{-n}s < d(x,y) < \rho + 4^{-n}s\}) \le \frac{1}{2^{n-1}}\mu(B(x,2s)).$$
(6)

Indeed, let m be the measure on the interval (0,2) defined by $m([0,t)) = \mu(B(x,st))$. We construct a sequence of open intervals I_n starting from $I_0 = (1,2)$. If I_n is an interval of length 4^{-n} we divide it into 4 pieces of equal length and choose I_{n+1} the left of the right central piece of smallest measure. We have $m(I_{n+1}) \leq \frac{1}{2}m(I_n)$. I_n is a decreasing sequence of intervals with $\overline{I}_{n+1} \subset I_n$ thus $\bigcap_n I_n$ contains one point, say $\overline{\rho}$. Since $\overline{\rho} \in I_n$ we have $\overline{\rho} \pm 4^{-n} \in I_{n-1}$ thus

 $m((\bar{\rho} - 4^{-n}, \bar{\rho} + 4^{-n})) \le m(I_{n-1}) \le \frac{1}{2^{n-1}} m(I_0)$. Proving the claim with $\rho = s\bar{\rho}$.

Fix s > 0 so small that any partition made by sets of diameter less than 2s has nonzero entropy. Choose a maximal s-separated set E. For any $x \in E$ take $\rho_x \in (s, 2s)$ such that (6) in the claim holds. Let $E = \{x_1, x_2, \ldots\}$ be an enumeration of the (at most) countable set E. Put $B_i = B(x_i, \rho_{x_i})$ and define $Q_1 = B_1, Q_2 = B_2 \setminus Q_1, Q_3 = B_3 \setminus (Q_1 \cup Q_2), \ldots$ By maximality the collection of sets $\xi = \{Q_1, Q_2, \ldots\}$ is a partition of X (modulo μ) and since $\partial \xi \subset \bigcup_i \partial B_i$ we get

$$\mu(\{x \in X : d(x, \partial \xi) < 4^{-n}s\}) \le \mu(\bigcup_i \{x \in X : \rho_{x_i} - 4^{-n} < d(x_i, x) < \rho_{x_i} + 4^{-n}\})$$
$$\le \frac{1}{2^{n-1}} \sum_i \mu(B(x_i, 2s)).$$

Since the x_i are s-separated and X is Euclidean there are at most $c(X) = c(\dim X)$ balls of radius 2s that can intersect, thus the last sum is bounded by $\frac{c(X)}{2^{n-1}}$. This proves that for some constants a, c > 0 and all $\varepsilon > 0$

$$\mu(x \in X \colon d(x, \partial \xi) < \varepsilon) < c\varepsilon^a.$$

Thus for any b > 0 we have by the invariance of μ

$$\sum_{n} \mu(\{x \in X \colon d(f^n x, \xi) < e^{-bn}\}) \le \sum_{n} c e^{-abn} < \infty.$$

This implies by Borel-Cantelli Lemma that for μ -a.e. x there exists $n(x) < \infty$ such that $d(f^n x, \partial \xi) \geq e^{-bn}$, hence $B(f^n x, e^{-bn}) \subset \xi(f^n x)$, for any $n \geq n(x)$. Taking $c(x) \in (0, 1)$ sufficiently small we have $B(f^n x, c(x)e^{-bn}) \subset \xi(f^n x)$ for all integer n.

Fix $x \in X$ where the reasonable sensitivity condition holds. Without loss of generality, and changing if necessary c(x) into a smaller constant we assume that f^n is $e^{\lambda n}$ -Lipschitz on the ball $B(x, c(x)e^{-\gamma}n)$ for all integer n and that $\lambda > \gamma + b$.

We show then by induction that $B(x, c(x)e^{-\lambda n}) \subset \xi^k(x)$ for any $k \leq n$. Indeed, this is trivially true for k = 1, and if this holds for some $k \leq n - 1$ then we have

$$f^{k}(B(x,c(x)^{2}e^{-\gamma n}) \subset B(f^{k}x,c(x)e^{\lambda k-\gamma n}) \subset B(f^{k}x,e^{-bn}) \subset \xi(f^{k}x).$$

Hence $B(x,c(x)^{2}e^{-\gamma n}) \subset \xi^{k+1}(x).$

We finally provide a sufficient condition for reasonable sensitivity.

Definition 15. If there exists a partition \mathcal{A} (modulo μ) into open sets such that on each $A \in \mathcal{A}$ the map f is Lipschitz with constant $L_f(A)$ and the singularity set $\partial \mathcal{A} = \bigcup_{A \in \mathcal{A}} \partial A$ is such that $\mu(\{x \in X : d(x, \partial \mathcal{A}) < \epsilon\}) \leq c\epsilon^a$ for some constants c > 0 and a > 0 then we say that f is piecewise Lipschitz with average Lipschitz exponent $\log L_f = \int \log^+ L_f(\mathcal{A}(x)) d\mu(x) =$ $\sum_{A \in \mathcal{A}} \log^+ L_f(A)\mu(A).$

Lemma 16. If f is Lipschitz, or piecewise Lipschitz with finite Lipschitz exponent then (X, f, μ) is reasonably sensitive.

Proof. We prove the piecewise case, the other one is obvious. Let $\lambda > \log L_f$. By the Birkhoff Ergodic Theorem, for μ -a.e. x there exists m(x) such that

$$L_f(\mathcal{A}(x))L_f(\mathcal{A}(fx))\cdots L_f(\mathcal{A}(f^{n-1}x)) \le e^{\lambda n}$$

for all $n \ge m(x)$. Replacing if necessary the upper bound by $e^{\lambda n}/c(x)$ for some constant $c(x) \ge 1$ the inequality will hold for any integer n. Proceeding as in the last part of the proof of Lemma 14 we get that for any b > 0, changing c(x) if necessary, we have $B(f^n x, c(x)e^{-bn}) \subset \mathcal{A}(f^n x)$ for any integer n. We then conclude similarly that $B(x, c(x)^2 e^{-bn} e^{-\lambda n}) \subset \mathcal{A}^n(x)$. This concludes the proof taking $\gamma = b + \lambda$.

The proof of Theorem 3 follows now easily from the preceding results.

Proof of Theorem 3. By Lemma 16 the map is reasonably sensitive. This implies by Lemma 14 the existence of a partition with large interior. By Lemma 12 we find that $\underline{R} > 0$ a.e. and the conclusion follows from Theorem 8.

Remark 17. (i) We remark that if f is C^1 on a compact manifold, or more generally if f is piecewise $C^{1+\alpha}$ with reasonable singularity set such as in [8], then the exponents λ and γ in Definition 13 can be taken arbitrarily close to the largest Lyapunov exponent λ_{μ}^+ . Thus the exponent χ in Lemma 12 may also be taken arbitrarily close to λ_{μ}^+ . This readily implies that $\underline{R} \geq h_{\mu}/\lambda_{\mu}^+$. This is optimal in dimension one or more generally for conformal maps, where under mild assumptions we have $HD(\mu) = h_{\mu}/\lambda_{\mu}$.

(ii) Combining the above observation with Remark 10 shows that the assumption on the superpolynomial decay of correlations in Theorem 8 may be reduced to a decay at a rate n^{-p} for some $p > \frac{D+2}{h_{\mu}}\lambda_{\mu}^{+} + 1$.

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³to see this, consider a Lyapunov chart whose local chart at x has a diameter $\rho(x)$, where ρ is η -slowly varying. A choice like $\lambda = \lambda_{\mu}^{+} + 2\eta$ and $\gamma = \lambda + \eta$ would do the job.

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